

EASTERN PROVINCE ROAD RUNNING RECORDS AS AT 15/11/2018**LADIES 10KM**

CATEGORY	NAME	TIME	EVENT	YEAR	CITY
SENIOR LADIES	Treloar Childs	0.34.34	Goodyear	10.11.1990	Port Elizabeth
JUNIOR LADIES	Ncumisa James	0.36.43	Diva Run	09.08.2016	Port Elizabeth
LADIES 40 - 49	Treloar Childs	0.36.21	NPA	25.08.2004	Port Elizabeth
LADIES 50 - 59	Margie Saunders	0.39.56	Algoa	20.09.2003	Port Elizabeth
LADIES 60 - 69	Margie Saunders	0.41.31	Motherwell	28.02.2015	Port Elizabeth
LADIES 70 - 79	Liz Jenkerson	0.54.43	Spar Ladies	06.05.2017	Port Elizabeth
LADIES 80+	Jane Geldenhuys	1.30.11	Clover	25.07.2008	Port Elizabeth