

EASTERN PROVINCE ROAD RUNNING RECORDS AS AT 15/11/2018**MEN 10KM**

CATEGORY	NAME	TIME	EVENT	YEAR	CITY
SENIOR MEN	Abner Chipu	0.28.13	Peachtree	04.07.1999	Atlanta, USA
JUNIOR MEN	Terry Thornton	0.28.42	Goodyear	15.11.1986	Port Elizabeth
MEN 40 - 49	David Chawane	0.29.33	SA Champs	27.11.1999	Port Elizabeth
MEN 50 - 59	Desmond Zibi	0.33.19	Volkswagen	30.06.2018	Uitenhage
MEN 60 - 69	Tamsanqa Jusayi	0.35.48	Clover	19.07.2003	Port Elizabeth
MEN 70 - 79	Tamsanqa Jusayi	0.40.43	Motherwell	21.04.2012	Port Elizabeth
MEN 80+	Henry Botha	1.03.36	Tops Mens	01.05.2007	Port Elizabeth