

**CASSIES SAPS 15KM - EP CHAMPIONSHIPS - 1 FEBRUARY 2002**

<b>POS</b>	<b>NAME</b>	<b>SURNAME</b>	<b>CLUB</b>	<b>AGE</b>	<b>CAT</b>	<b>HMS</b>	<b>PTS</b>	<b>PRES</b>
1	LAWRENCE	NTANTISO	ABERDARE CABLES	26	SM	0.45.32	5	25
2	WAYNE	GALLANT	LIBNIKE	27	SM	0.45.37	5	24
3	GEORGE	NTSHILIZA	NEW BALANCE	22	SM	0.45.47	5	23
4	SIMPHIWE	NTANTISO	TEMP	29	SM	0.46.08	0	0
5	MAXWELL	GOODMAN	LIBNIKE	29	SM	0.47.03	5	22
6	ZANDISILE	TSHUNUNGWA	LIBNIKE	25	SM	0.47.41	5	21
7	DESMOND	ZIBI	LIBNIKE	38	SVM	0.47.54	5	20
8	ERIC	SIGXASHE	NEW BALANCE	23	SM	0.47.59	5	19
9	JOSEPH	MOLABA	NEW BALANCE	29	SM	0.48.07	5	18
10	MICHAEL	SCOUT	MR PRICE UPE	39	SVM	0.48.10	5	17
11	ZAMUBUNTU	TEYISE	NEW BALANCE	25	SM	0.48.17	5	16
12	ANTHONY	HERMANUS	LIBNIKE	19	JM	0.48.20	5	15
13	ROBERLTUIS	MATTHYS	MR PRICE UPE	25	SM	0.48.26	5	14
14	MILA	PASIYA	LIBNIKE	22	SM	0.48.29	5	13
15	KEVIN	GASEBO	LIBNIKE	21	SM	0.48.38	5	12
16	MABOYISANA	MAZWAYI	MR PRICE UPE	33	SM	0.48.43	5	11
17	RICARDO	PLAATJIES	ELITE A C	19	JM	0.48.45	5	10
18	AYANDA	MAYI	MR PRICE UPE	22	SM	0.48.47	5	9
19	MOTSILE	MPOTOANE	NEW BALANCE	31	SM	0.49.32	5	8
20	MASIXOLE	DLAKU	NEW BALANCE	23	SM	0.49.33	5	7
21	XOLILE	ZAKE	NEW BALANCE	26	SM	0.49.34	5	6
22	PHUMZILE	SIKAWUTI	RISE A C	22	SM	0.49.35	5	5
23	BONGANI	CLEMENE	RISE A C	17	JM	0.49.43	5	4
24	MAXWELL	QUSHEKA	WILLARD BATT	26	SM	0.50.00	5	3
25	DERRICK	DUBASE	MR PRICE UPE	27	SM	0.50.26	5	2
26	MPUMELELO	NDLUMBINI	LIBNIKE	26	SM	0.50.31	5	1
27	CHRISTOPHER	GOUWS	NOKIA ALGOA AC	25	SM	0.50.32	5	0
28	SIZWE	NGCETANE	NEW BALANCE	37	SVM	0.50.33	5	0
29	ZUZILE	NTSINIYAYABO	RISE A C	27	SM	0.50.37	5	0
30	DARRELL	WICHT	NEW BALANCE	38	SVM	0.50.38	5	0
31	AYANDA	PANA	WILLARD BATT	29	SM	0.50.39	5	0
32	BASIE	BONEPARTE	ALBANY R R	36	SVM	0.50.41	5	0
33	QUENTIN	JEWATZCHEWITZ	NOKIA ALGOA AC	21	SM	0.50.41	5	0
34	PHUMELELE	SANGO	LIBNIKE	24	SM	0.51.00	5	0
35	DAVID	DAVIDS	LIBNIKE	29	SM	0.51.03	5	0
36	MHLANGABEZI	NTLABATHI	NEW BALANCE	17	JM	0.51.04	5	0
37	LUVUYO	STEPHEN	MR PRICE UPE	31	SM	0.51.21	5	0
38	DESMOND	WITBOOI	LIBNIKE	29	SM	0.51.26	5	0
39	MICHAEL	NONOYI	NOKIA ALGOA AC	40	VM	0.51.31	5	0
40	HANS	JACOBS	LIBNIKE	33	SM	0.51.40	5	0
41	THOBILE	XATA	TEMP	27	SM	0.52.02	0	0
42	LUYANDA	TSHANGANA	LIBNIKE	18	JM	0.52.14	5	0
43	LUVUYO	DYANI	ABERDARE CABLES	31	SM	0.52.15	5	0
44	THOZAMILE	BOKOLO	P E TECHNIKON	39	SVM	0.52.19	5	0
45	THOZAMILE	VAKAZA	E C LUBRICANTS	26	SM	0.52.22	5	0
46	CHASLIN	PETERS	LIBNIKE	25	SM	0.52.24	5	0
47	GCOBANI	BEKWAPI	TEMP	22	SM	0.52.30	0	0
48	THABISO	MBOTSHELWA	MR PRICE UPE	24	SM	0.52.32	5	0
49	SHADRICK	FLIP	ELITE A C	22	SM	0.52.34	5	0
50	SIZWE	SOLANI	E C LUBRICANTS	26	SM	0.52.49	5	0
51	CHARLES	BAATJIES	ELITE A C	45	VM	0.52.51	5	0
52	CRAIG	WILSON	ACHILLES AAA	33	SM	0.52.55	5	0
53	HENRY	RADEMEYER	TEMP	29	SM	0.53.01	0	0
54	SIDWEL	ROBOSHI	NOKIA ALGOA AC	42	VM	0.53.03	5	0
55	SIYANDA	SIHAMBABA	MR PRICE UPE	16	JM	0.53.11	5	0
56	VIVIAN	LUTWEYI	RUN FOR LIFE EP	37	SVM	0.53.14	5	0
57	ANDILE	GO	ST ALBANS CSEP	30	SM	0.53.16	5	0
58	COLLIN	DANI	ST ALBANS CSEP	34	SM	0.53.22	5	0
59	ALFRED	SPIERS	ELITE A C	41	VM	0.53.25	5	0
60	MZUKISI	NAMBA	MR PRICE UPE	26	SM	0.53.40	5	0
61	AUGUST	ESAU	SAP M C EP	31	SM	0.53.46	5	0
62	EFESE	PETER	LIBNIKE	41	VM	0.53.49	5	0
63	RAYMOND	MGWAYI	MR PRICE UPE	27	SM	0.53.51	5	0

POS	NAME	SURNAME	CLUB	AGE	CAT	HMS	PTS	PRES
64	DEON	APPOLLIS	NOKIA ALGOA AC	22	SM	0.53.52	5	0
65	BULELANI	VENA	TEMP	22	SM	0.54.11	0	0
66	MOYISILE	WANA	ABERDARE CABLES	30	SM	0.54.13	5	0
67	MERVYN	JOHNSON	WILLARD BATT	28	SM	0.54.15	5	0
68	JOHN	RAFANI	MR PRICE UPE	34	SM	0.54.26	5	0
69	WILLEM	BOUWERS	LIBNIKE	30	SM	0.54.30	5	0
70	THEMBINKOSI	SPEELMAN	SAP M C EP	18	JM	0.54.37	5	0
71	NDUMISO	MATCHES	LIBNIKE	29	SM	0.54.37	5	0
72	GILROY	DOMINGO	VWAC	29	SM	0.54.37	5	0
73	COLBEN	NGCUPE	P.E.A.A.C.	38	SVM	0.54.38	5	0
74	VUYANI	KULA	LIBNIKE	25	SM	0.54.51	5	0
75	TRESH	JAVU	ABERDARE CABLES	28	SM	0.54.51	5	0
76	KAASHIF	PIETERSEN	WILLARD BATT	25	SM	0.54.56	5	0
77	ERROL	KOERT	WILLARD BATT	25	SM	0.54.57	5	0
78	ANDRE	DALTON	TEMP	40	VM	0.55.05	0	0
79	CYRIL	NIIT	RUN FOR LIFE EP	42	VM	0.55.23	5	0
80	NTSIKELELO	SEBE	ABERDARE CABLES	17	JM	0.55.24	4	0
81	AARON	MATYUMZA	BLUEWATER BAY	34	SM	0.55.27	4	0
82	BENNIE	MATTHEUS	WALMER AC	32	SM	0.55.36	4	0
83	JOHN	LESHALABE	SANDF EP	27	SM	0.55.36	4	0
84	ANTHONY	GREEN	NOKIA ALGOA AC	20	SM	0.55.37	4	0
85	NEIL	DE MEILLON	NEW BALANCE	38	SVM	0.55.41	5	0
86	ANTHONY	BUTTON	ELITE A C	40	VM	0.55.41	5	0
87	GERT	HOLTZHAUSEN	ELITE A C	26	SM	0.55.43	4	0
88	STEVEN	FANELLA	RUN FOR LIFE EP	38	SVM	0.55.44	5	0
89	BILLY BOY	KIETAS	NOKIA ALGOA AC	27	SM	0.55.44	4	0
90	MICHAEL	KLEINBOOI	RUN FOR LIFE EP	39	SVM	0.55.45	5	0
91	CHARLIE	ZOKOBE	NOKIA ALGOA AC	42	VM	0.55.46	5	0
92	MDUMISO	MTHI	ABERDARE CABLES	36	SVM	0.55.46	5	0
93	MNCEDISI	YAWA	MR PRICE UPE	36	SVM	0.55.48	5	0
94	XOLILE	FULELO	ABERDARE CABLES	33	SM	0.55.49	4	0
95	SIMPHIWE	MAY	E C LUBR	24	SM	0.55.52	4	0
96	TAMSANQA	JUSAYI	NOKIA ALGOA AC	59	MM	0.55.54	5	0
97	JOHANNES	JONCK	ST ALBANS CSEP	28	SM	0.55.56	4	0
98	FERDINAND	GROBLER	NOKIA ALGOA AC	43	VM	0.56.00	5	0
99	ALAN	TAYLOR	RUN FOR LIFE EP	44	VM	0.56.00	5	0
100	CHRIS	ANTONIE	ST ALBANS CSEP	33	SM	0.56.12	4	0
101	NKOSINATHI	GCAKASI	BLUEWATER BAY	31	SM	0.56.15	4	0
102	ANDREW	SCHEEPERS	NEW BALANCE	28	SM	0.56.19	4	0
103	CEDRIC	LIBERTY	LIBNIKE	24	SM	0.56.22	4	0
104	RANDALL	CUNNINGHAM	ELITE A C	40	VM	0.56.29	5	0
105	ZUKILE	PIPE	TEMP	23	SM	0.56.37	0	0
106	ANDREW	MACKENZIE	ACHILLES AAA	28	SM	0.56.51	4	0
107	MOEGAMAT	BEYDON	ELITE A C	42	VM	0.56.52	5	0
108	MBULELO	SAMPIES	ST ALBANS CSEP	34	SM	0.57.04	4	0
109	JACOB	ABRAHAM	BODY CONCEPT	35	SVM	0.57.10	4	0
110	CHRIS	SULLIVAN	X-CEL A C	30	SM	0.57.11	4	0
111	ASHLEY	VAN DER WATT	NOKIA ALGOA AC	37	SVM	0.57.12	4	0
112	PATRICK	KLAAS	MR PRICE UPE	37	SVM	0.57.15	4	0
113	NELSON	VLAKBOK	SANDF EP	37	SVM	0.57.16	4	0
114	JOSEPH	SKEI	LIBNIKE	43	VM	0.57.18	5	0
115	ZONWABELE	NYIKI	VWAC	24	SM	0.57.24	4	0
116	GLADMAN	MSHWESHWE	NOKIA ALGOA AC	44	VM	0.57.25	5	0
117	ROBIN	FOURIE	ACHILLES AAA	38	SVM	0.57.28	4	0
118	XOLILE	SOMBALO	MR PRICE UPE	29	SM	0.57.37	4	0
119	MAKHAYA	MAGADA	NOKIA ALGOA AC	37	SVM	0.57.41	4	0
120	MICHAEL	HENDRICKS	ST ALBANS CSEP	25	SM	0.57.43	4	0
121	FANIE	CLAASSEN	NOKIA ALGOA AC	44	VM	0.57.49	5	0
122	KENNETH	MABOKELA	E C LUBRICANTS	26	SM	0.58.03	3	0
123	ANTONIA	SECONDS	TEMP	22	SM	0.58.19	0	0
124	LEONARD	CARELS	ELITE A C	35	SVM	0.58.20	4	0
125	JEREMY	LANGEVELD	X-CEL A C	33	SM	0.58.22	3	0
126	ANTHONY	HAYWARD	ELITE A C	41	VM	0.58.25	5	0
127	EMIL	HOUGAARD	MR PRICE UPE	38	SVM	0.58.26	4	0

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128	TERENCE	TITUS	VWAC	18	JM	0.58.31	3	0
129	JOSEPH	BAIN	TEMP	42	VM	0.58.34	0	0
130	MAUREEN	DLADLA	LIBNIKE	22	SF	0.58.39	5	25
131	EDGAR	VAN REENEN	LIBNIKE	25	SM	0.58.44	3	0
132	ANTON	CLOTZ	ELITE A C	36	SVM	0.58.48	4	0
133	KEVIN	GILLMER	ELITE A C	41	VM	0.58.48	4	0
134	TIMOTHY	NJOKWENI	ATALANTA A C	31	SM	0.58.53	3	0
135	MARTIN	ADAMS	WILLARD BATT	38	SVM	0.58.54	4	0
136	IVAN	SLABBERT	ELITE A C	37	SVM	0.59.03	4	0
137	IGGY	FERREIRA	NOKIA ALGOA AC	29	SM	0.59.04	3	0
138	HENDRIK	VAN WYK	NOKIA ALGOA AC	37	SVM	0.59.06	4	0
139	RAYMOND	WEITZ	ELITE A C	47	VM	0.59.16	4	0
140	JAN	VAN EEDEN	BODY CONCEPT	43	VM	0.59.22	4	0
141	STEPHEN	PENNEY	ALBANY R R	27	SM	0.59.23	3	0
142	ANDREW	JONAS	WILLARD BATT	37	SVM	0.59.27	4	0
143	PRINCE	PHILLIPS	TEMP	38	SVM	0.59.27	0	0
144	BARON	NAUDE	CRUSADERS A C	24	SM	0.59.29	3	0
145	HAMILTON	MAZOMBA	ABERDARE CABLES	48	VM	0.59.30	4	0
146	MZIWABANTU	NYATI	ST ALBANS CSEP	28	SM	0.59.31	3	0
147	THANDEKA	HIGA	LIBNIKE	28	SF	0.59.34	5	24
148	WELLINGTON	TYEKE	RUN FOR LIFE EP	47	VM	0.59.35	4	0
149	THEUNS	HATTINGH	FIT2000 A C	39	SVM	0.59.44	3	0
150	DUANE	LERM	NOKIA ALGOA AC	31	SM	0.59.45	3	0
151	HELGARD	POTGIETER	NOKIA ALGOA AC	29	SM	0.59.46	3	0
152	KENNETH	MABOKELA	E C LUBRICANTS	26	SM	0.59.49	3	0
153	TRELOAR	CHILDS	MR PRICE UPE	38	VF	0.59.50	5	23
154	DANNY	MINNIES	ELITE A C	38	SVM	0.59.53	3	0
155	LORNA	LUMB	MR PRICE UPE	33	SVF	1.00.00	5	22
156	ABETHNEK	JACOBS	TEMP	19	JM	1.00.00	0	0
157	SHELDRID	CANNON	SAP M C EP	17	JM	1.00.02	3	0
158	CISCE	COETZEE	SAP M C EP	32	SM	1.00.26	3	0
159	NELSON	MGUBASI	NOKIA ALGOA AC	44	VM	1.00.33	4	0
160	WILLIAM	JULIUS	LIBNIKE	29	SM	1.00.37	3	0
161	STEPHEN	KLUE	ELITE A C	43	VM	1.00.37	4	0
162	FIKILE	SEYA	SANDF EP	49	VM	1.00.40	4	0
163	LEANNE	FINLAY	ELITE A C	34	SVF	1.00.45	5	21
164	PROMISE	NTAME	TEMP	27	SF	1.00.46	0	0
165	THEMBISILE	DANSTER	TEMP	39	SVM	1.00.48	0	0
166	COWAN	CANNON	SAP M C EP	34	SM	1.00.50	3	0
167	WELLINGTON	MATISO	TEMP	45	VM	1.00.53	0	0
168	CLIFFORD	HICKEN	ELITE A C	44	VM	1.00.55	4	0
169	LEONARD	ERASMUS	WILLARD BATT	43	VM	1.00.59	4	0
170	WYNAND	DE GOEDE	ELITE A C	26	SM	1.01.07	3	0
171	GRAHAM	BUBB	ST ALBANS CSEP	34	SM	1.01.07	3	0
172	PETER	VAN RENSBURG	ELITE A C	43	VM	1.01.11	4	0
173	GEORGE	BUKA	MR PRICE UPE	31	SM	1.01.14	3	0
174	REG	FRIDEY	ACHILLES AAA	37	SVM	1.01.16	3	0
175	TONY	BECK	LIBNIKE	41	VM	1.01.16	3	0
176	LLEWELLYN	CLACK	CRUSADERS A C	37	SVM	1.01.17	3	0
177	JOSEPH	HOTATA	NOKIA ALGOA AC	52	MM	1.01.24	5	0
178	CHRISTELLE	DE JAGER	BODY CONCEPT	40	VF	1.01.30	5	20
179	MICHAEL	MAGSON	FIT2000 A C	25	SM	1.01.31	3	0
180	CHARLES	ROSE	FIT2000 A C	48	VM	1.01.33	3	0
181	PATRICK	GCAKASI	BLUEWATER BAY	31	SM	1.01.36	3	0
182	DONALD	MANCASA	NOKIA ALGOA AC	47	VM	1.01.39	3	0
183	ADRIAN	GOUWS	NEW BALANCE	28	SM	1.01.42	3	0
184	FRED	VERRALL	WILLARD BATT	53	MM	1.01.43	5	0
185	CELESTE	SWART	NEW BALANCE	32	SVF	1.01.43	5	19
186	DEREK	PRICE	ELITE A C	46	VM	1.01.44	3	0
187	KEITH	WRIGHT	ACHILLES AAA	44	VM	1.01.50	3	0
188	PUMZILE	FANI	X-CEL A C	16	JM	1.01.51	3	0
189	DAVID	SWANEPOEL	X-CEL A C	42	VM	1.02.02	3	0
190	SHAUN	KORKIE	ACHILLES AAA	18	JM	1.02.05	3	0
191	WELLINGTON	TSHINGANE	SANDF EP	31	SM	1.02.07	3	0

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192	RONALD	JACOBS	E C LUBRICANTS	32	SM	1.02.12	3	0
193	ROY	CARTMEL	ACHILLES AAA	60	GM	1.02.13	5	0
194	CLIVE	WEWERS	ELITE A C	41	VM	1.02.14	3	0
195	PETER	BASHELA	WILLARD BATT	49	VM	1.02.15	3	0
196	HANNES	ELS	FIT2000 A C	52	MM	1.02.15	5	0
197	PIET	MEYER	NOKIA ALGOA AC	52	MM	1.02.21	5	0
198	MARGIE	SAUNDERS	NEW BALANCE	48	MF	1.02.24	5	18
199	NKOSINATH	VLAKBOK	SANDF EP	24	SM	1.02.29	3	0
200	WAYNE	DE LANGE	RUN FOR LIFE EP	27	SM	1.02.30	3	0
201	ANDRE	VAN COLLER	ELITE A C	36	SVM	1.02.31	3	0
202	ANDRE	OWNHOUSE	WILLARD BATT	34	SM	1.02.33	3	0
203	CYRIL	UITHALER	WILLARD BATT	39	SVM	1.02.36	3	0
204	SHARON	ZEELIE	SAP M C EP	30	SVF	1.02.38	4	17
205	SIZINZO	KAMA	WILLARD BATT	50	MM	1.02.40	5	0
206	TOMMY	FALTAIN	X-CEL A C	39	SVM	1.02.42	3	0
207	DENZIL	RUITERS	X-CEL A C	28	SM	1.02.43	3	0
208	HANSIE	VAN WYNGAARDT	TEMP	36	SVM	1.02.48	0	0
209	LAWRENCE	PRINCE	ELITE A C	34	SM	1.02.54	3	0
210	MONWABISI	MPULU	MR PRICE UPE	42	VM	1.02.55	3	0
211	ELLIOT	NDESI	TEMP	30	SM	1.02.56	0	0
212	PERCY	DALTON	ACHILLES AAA	53	MM	1.02.56	5	0
213	KEITH	WATTRUS	BODY CONCEPT	43	VM	1.03.00	3	0
214	LEANDRE	PRETORIUS	NEW BALANCE	22	SF	1.03.01	4	16
215	MICHAEL	UITHALER	WILLARD BATT	35	SVM	1.03.06	3	0
216	GRAHAM	CHANNON	ACHILLES AAA	52	MM	1.03.11	5	0
217	ANDRE	LOOTS	BODY CONCEPT	39	SVM	1.03.12	3	0
218	ANDREW	PORTER	ACHILLES AAA	30	SM	1.03.14	3	0
219	SHANE	NORRIS	FIT2000 A C	27	SM	1.03.15	3	0
220	JANE	LEVY	FIT2000 A C	27	SF	1.03.17	4	15
221	FRANCOIS	MYBURGH	NOKIA ALGOA AC	15	JM	1.03.24	3	0
222	FREDDIE	MICHAELS	ELITE A C	42	VM	1.03.27	3	0
223	CHARLES	BARMAN	WILLARD BATT	43	VM	1.03.29	3	0
224	ARTHUR	GROOTBOOM	X-CEL A C	46	VM	1.03.33	3	0
225	DESMOND	FOUCHE	ELITE A C	36	SVM	1.03.35	3	0
226	ROGER	TRADER	ACHILLES AAA	48	VM	1.03.39	3	0
227	ANDRE	BARNARD	NOKIA ALGOA AC	40	VM	1.03.41	3	0
228	SIYABONGA	HONNIE	X-CEL A C	17	JM	1.03.51	2	0
229	TONY	BOARDMAN	ACHILLES AAA	42	VM	1.03.56	3	0
230	ERIC	MAPARA	TEMP	54	MM	1.03.57	0	0
231	WILLIAM	REINTJIES	X-CEL A C	48	VM	1.04.01	3	0
232	MICHAEL	WITTHUHN	ALBANY R R	40	VM	1.04.02	3	0
233	BENITA	BARTON	CRUSADERS A C	31	SVF	1.04.09	4	14
234	TONY	KLAASEN	TEMP	40	VM	1.04.14	0	0
235	THANDO	OLIPHANT	TEMP	24	SM	1.04.15	0	0
236	COENIE	KUKKUK	NOKIA ALGOA AC	39	SVM	1.04.19	3	0
237	QHAYISA	NKWENKWEZI	SAP M C EP	27	SM	1.04.22	2	0
238	PAUL	STEFFENS	NOKIA ALGOA AC	50	MM	1.04.24	4	0
239	EDDIE	GILLMORE	BLUEWATER BAY	44	VM	1.04.26	3	0
240	WINSTON	MALGAS	WILLARD BATT	40	VM	1.04.27	3	0
241	RICHARD	MAZUMGULA	TEMP	25	SM	1.04.34	0	0
242	HERMAN	VAN JAARVELDT	SAP M C EP	42	VM	1.04.37	3	0
243	BASIL	MC LEAN	FIT2000 A C	42	VM	1.04.39	3	0
244	WILFRED	FRASER	VWAC	45	VM	1.04.39	3	0
245	LUVUYO	MILIHU	CADBURY A C	23	SM	1.04.41	2	0
246	NEIL	BROOKS	TEMP	28	SM	1.04.47	0	0
247	MARIUS	VAN EYK	BODY CONCEPT	37	SVM	1.04.49	3	0
248	GIDEON	VAN ZYL	ELITE A C	50	MM	1.04.51	4	0
249	JOHAN	BARNARD	ST ALBANS CSEP	46	VM	1.04.53	3	0
250	ZOLEKA	DONDASHE	ABERDARE CABLES	16	JF	1.04.56	3	0
251	MICHAEL	MBAMBANI	ABERDARE CABLES	27	SM	1.04.56	2	0
252	DANIE	NEL	NOKIA ALGOA AC	64	GM	1.04.59	5	0
253	KURT	ARENDS	DOLPHINS A C	28	SM	1.04.59	0	0
254	MARYKE	DOUBELL	MR PRICE UPE	35	VF	1.05.04	4	13
255	MARIETTE	HATTINGH	ST ALBANS CSEP	36	VF	1.05.06	4	12

POS	NAME	SURNAME	CLUB	AGE	CAT	HMS	PTS	PRES
256	LINDILE	VEZILE	MR PRICE UPE	34	SM	1.05.11	2	0
257	WAYNE	BOTHA	CRUSADERS A C	29	SM	1.05.12	2	0
258	BRUCE	MCEWAN	ACHILLES AAA	48	VM	1.05.21	3	0
259	VERNON	NEWFELDT	WILLARD BATT	35	SVM	1.05.28	2	0
260	MICHAEL	SALE	TEMP	22	SM	1.05.28	0	0
261	SITHEMBILE	MPAKO	RISE A C	41	VM	1.05.29	3	0
262	IAN	KNOTT-CRAIG	ALBANY R R	43	VM	1.05.29	3	0
263	JOHN	WINDVOGEL	SAP M C EP	36	SVM	1.05.33	2	0
264	ALLAN	BRIDGETT	FIT2000 A C	34	SM	1.05.40	2	0
265	PAUL	PEREL	P E TECHNIKON	31	SM	1.05.45	2	0
266	BRENTON	ASHBY	BODY CONCEPT	32	SM	1.05.52	2	0
267	DAVID	PELLS	RISE A C	41	VM	1.06.01	3	0
268	HERBERT	HUTTON	WILLARD BATT	49	VM	1.06.02	3	0
269	RIAN	SMALBERGER	SAP M C EP	47	VM	1.06.11	3	0
270	ALFY	PETRUS	VWAC	39	SVM	1.06.15	2	0
271	SHANE	BROWN	P.E.A.A.C.	41	VM	1.06.18	3	0
272	GERHARD	LEMMER	WALMER AC	35	SVM	1.06.20	2	0
273	BASIL	MC LEAN	FIT2000 A C	42	VM	1.06.24	3	0
274	ROLAND	DACE	WILLARD BATT	47	VM	1.06.24	3	0
275	MFUNDO	MUSA	X-CEL A C	34	SM	1.06.28	2	0
276	ALAN	CANNON	TEMP	31	SM	1.06.29	0	0
277	NEVILLE	MULLER	ST ALBANS CSEP	35	SVM	1.06.40	2	0
278	DENVER	BAATJIES	SAP M C EP	27	SM	1.06.42	2	0
279	GERARD	VON LEVETZOW	MR PRICE UPE	45	VM	1.06.45	2	0
280	CLIVE	VAN RAYNER	NOKIA ALGOA AC	34	SM	1.06.47	2	0
281	PETER	GROOTBOOM	WILLARD BATT	34	SM	1.06.50	2	0
282	DANIEL	PIETERSE	NOKIA ALGOA AC	39	SVM	1.06.53	2	0
283	NINO	MANXOYI	X-CEL A C	16	JM	1.06.55	2	0
284	KERNEELS	MEINTJIES	ST ALBANS CSEP	42	VM	1.06.55	2	0
285	PIETER	DRAGHOENDER	ELITE A C	55	MM	1.06.56	3	0
286	BETHUEL	NOMKHALA	SANDF EP	39	SVM	1.06.58	2	0
287	LINDSAY	PILLAY	ACHILLES AAA	48	VM	1.07.00	2	0
288	TONY	KILROE	ACHILLES AAA	46	VM	1.07.04	2	0
289	CHRISTOPHER	COCKCROFT	NOKIA ALGOA AC	45	VM	1.07.11	2	0
290	ROGER	HANDLEY	TEMP	27	SM	1.07.18	0	0
291	DAVID	ENSLIN	MR PRICE UPE	43	VM	1.07.18	2	0
292	PAULETTE	FRASER	BODY CONCEPT	36	VF	1.07.19	3	11
293	DEAN	KIVIDO	X-CEL A C	30	SM	1.07.24	2	0
294	DUANE	HARTLIEF	X-CEL A C	32	SM	1.07.34	2	0
295	JOHANN	POSTMA	ELITE A C	36	SVM	1.07.36	2	0
296	MICKEY	NTWANAMBI	TEMP	34	SM	1.07.38	0	0
297	EVERT	VAN TONDER	TEMP	24	SM	1.07.43	0	0
298	PLAAITJIE	DAMONS	VWAC	38	SVM	1.07.45	2	0
299	LINDA	BUDAZA	CADBURY A C	46	VM	1.07.54	2	0
300	RONALD	COLEMAN	ST ALBANS CSEP	32	SM	1.07.56	2	0
301	JOHN	PEO	ST ALBANS CSEP	52	MM	1.08.03	3	0
302	JULIUS	SHOGOLE	ABERDARE CABLES	49	VM	1.08.04	2	0
303	MARIUS	PRINCE	WILLARD BATT	27	SM	1.08.05	2	0
304	LES	BRIGHTMAN	RUN FOR LIFE EP	53	MM	1.08.06	3	0
305	HUBERT	OLIVIER	ELITE A C	42	VM	1.08.06	2	0
306	LESLEY	WOOD	ELITE A C	44	VF	1.08.07	3	10
307	HERMANN	ZEELIE	ELITE A C	29	SM	1.08.07	2	0
308	KEN	BARWOOD	ACHILLES AAA	46	VM	1.08.13	2	0
309	ZOLILE	POTI	ABERDARE CABLES	40	VM	1.08.15	2	0
310	BEYERS	LAMPRECHT	NOKIA ALGOA AC	33	SM	1.08.15	2	0
311	GERALD	STRUWIG	NOKIA ALGOA AC	33	SM	1.08.16	2	0
312	WERNER	CLAASSEN	NOKIA ALGOA AC	37	SVM	1.08.16	2	0
313	CHARLES	CAMPHER	SAP M C EP	45	VM	1.08.20	2	0
314	WARREN	GRIFFITHS	MUIRITE STRIDER	36	SVM	1.08.23	2	0
315	ANDRE	FOURIE	ELITE A C	54	MM	1.08.28	3	0
316	HANS	KOCK	LIBNIKE	34	SM	1.08.31	2	0
317	JEROME	MAY	X-CEL A C	35	SVM	1.08.33	2	0
318	GERALD	ARMOED	LIBNIKE	43	VM	1.08.35	2	0
319	PETRA	STRYDOM	ELITE A C	48	VM	1.08.39	2	0

POS	NAME	SURNAME	CLUB	AGE	CAT	HMS	PTS	PRES
320	NANDIPHA	ZAKHE	LIBNIKE	24	SF	1.08.48	3	9
321	GRANT	BREETZKE	CRUSADERS A C	44	VM	1.08.48	2	0
322	VURDEN	VAN NIEKERK	RUN FOR LIFE EP	33	SM	1.08.49	2	0
323	PETER	STOCKWELL	ALBANY R R	54	MM	1.08.50	3	0
324	PIERRE	DU PLESSIS	SANDEP	39	SVM	1.08.51	2	0
325	FREDERIK	SWANEPOEL	NOKIA ALGOA AC	34	SM	1.08.55	2	0
326	CONRAD	SIAS	WORD OF FAITH	31	SM	1.08.57	2	0
327	LAURENCE	STONE	ACHILLES AAA	44	VM	1.08.58	2	0
328	ARTHUR	WILLIAMS	NOKIA ALGOA AC	39	SVM	1.09.01	2	0
329	ADELE	NEL	NOKIA ALGOA AC	28	SF	1.09.06	3	8
330	FRANKLIN	MOODALEY	TEMP	27	SM	1.09.08	0	0
331	STAVIE	VAN AARDT	ALBANY R R	54	MM	1.09.10	3	0
332	IAN	ROSS	BODY CONCEPT	45	VM	1.09.13	2	0
333	MARK	BERRY	BODY CONCEPT	41	VM	1.09.14	2	0
334	CHESTER	BROOKS	X-CEL A C	43	VM	1.09.17	2	0
335	HENDRIK	LOUW	ST ALBANS CSEP	38	SVM	1.09.20	2	0
336	KEITH	PRINSLOO	MR PRICE UPE	51	MM	1.09.23	3	0
337	CONRAD	BOSCH	BODY CONCEPT	33	SM	1.09.26	2	0
338	SHAUN	ROBERTSON	BLUEWATER BAY	26	SM	1.09.28	2	0
339	DUNCAN	BOEZAAK	LIBNIKE	33	SM	1.09.32	2	0
340	JOHN	KOTZE	ACHILLES AAA	50	MM	1.09.34	3	0
341	ELVIDGE	WHITEHEAD	NOKIA ALGOA AC	52	MM	1.09.39	3	0
342	BRETT	SCHEEPERS	MR PRICE UPE	29	SM	1.09.52	2	0
343	TYRONE	RENSBURG	WILLARD BATT	30	SM	1.09.54	2	0
344	GREGORY	BAUER	CHARLO R R	42	VM	1.09.57	2	0
345	ATHWEEL	DASHE	TEMP	29	SM	1.09.58	0	0
346	CHRISTINE	SENEKAL	ACHILLES AAA	37	VF	1.09.58	3	7
347	PAUL	JOHNSON	BODY CONCEPT	34	SM	1.10.05	2	0
348	DAVID	O'RIELLY	X-CEL A C	54	MM	1.10.08	3	0
349	TREMAINE	WESSON	ACHILLES AAA	41	VM	1.10.13	2	0
350	JOHAN	KRIEL	P.E.A.A.C.	60	GM	1.10.14	4	0
351	REAN	CLASEN	TEMP	45	VM	1.10.14	0	0
352	MICHAEL	COLLINS	P.E.A.A.C.	63	GM	1.10.17	4	0
353	TOMMY	SATCHWELL	ACHILLES AAA	42	VM	1.10.18	2	0
354	DEON	ZEELIE	RUN FOR LIFE EP	33	SM	1.10.19	2	0
355	BUSISWA	MANISI	LIBNIKE	19	JF	1.10.20	2	6
356	HUMAN	VAN GENT	WILLARD BATT	37	SVM	1.10.23	2	0
357	GERALD	BOUWER	ACHILLES AAA	58	MM	1.10.24	3	0
358	COLIN	HERMANUS	SAP M C EP	43	VM	1.10.34	2	0
359	ANDRE	SWART	NOKIA ALGOA AC	36	SVM	1.10.37	2	0
360	LEAN	NOWERS	BODY CONCEPT	39	SVM	1.10.39	2	0
361	STUART	ALLEN	ACHILLES AAA	48	VM	1.10.41	2	0
362	CHRIS	MULLER	ST ALBANS CSEP	46	VM	1.10.47	2	0
363	LIZ	GRUNDLINGH	MUIRITE STRIDER	55	GF	1.10.48	5	5
364	BRUCE	BARKER	BODY CONCEPT	43	VM	1.10.51	2	0
365	CAREL	BOSHOF	ACHILLES AAA	53	MM	1.10.56	3	0
366	RONALD	STURGISS	ST ALBANS CSEP	35	SVM	1.10.58	2	0
367	WERNER	GERBER	ACHILLES AAA	34	SM	1.10.59	2	0
368	GERRIT	WELGEMOED	ST ALBANS CSEP	38	SVM	1.11.05	2	0
369	FRANS	VAN HEUSDEN	BODY CONCEPT	52	MM	1.11.06	2	0
370	JAMES	LAMONT	BODY CONCEPT	42	VM	1.11.06	2	0
371	BOB	STEDMAN	ACHILLES AAA	52	MM	1.11.10	2	0
372	DEAN	FINLAY	ELITE A C	36	SVM	1.11.13	2	0
373	BERES	GOLIATH	VWAC	37	SVM	1.11.13	2	0
374	LIONEL	EKSTEEN	VWAC	31	SM	1.11.14	2	0
375	STEPHEN	FRASER	BODY CONCEPT	37	SVM	1.11.16	2	0
376	AVRIL	BEYLEVELD	KOWIE STRIDERS	50	MF	1.11.20	4	4
377	BARNEY	KRUGER	NOKIA ALGOA AC	49	VM	1.11.20	2	0
378	HERBERT	GILLSON	ELITE A C	63	GM	1.11.21	4	0
379	NOLEEN	ACTION	KOWIE STRIDERS	36	VF	1.11.32	2	3
380	GRANT	FORBES	MUIRITE STRIDER	32	SM	1.11.33	2	0
381	MERVYN	MALGAS	SAP M C EP	40	VM	1.11.34	2	0
382	SELWYN	CANNON	SAP M C EP	42	VM	1.11.34	2	0
383	SEAN	BILLSON	BODY CONCEPT	38	SVM	1.11.36	2	0

POS	NAME	SURNAME	CLUB	AGE	CAT	HMS	PTS	PRES
384	GEOFF	ROBERTS	ACHILLES AAA	49	VM	1.12.00	2	0
385	JAN	BEKKER	P.E.A.A.C.	69	GM	1.12.00	3	0
386	PETER	SMITH	SAP M C EP	47	VM	1.12.01	2	0
387	HEINZ	HASCH	ST ALBANS CSEP	25	SM	1.12.01	2	0
388	ANDRE	PIENAAR	ELITE A C	39	SVM	1.12.02	2	0
389	MUBIN	PEERBHAI	MALABAR	37	SVM	1.12.04	2	0
390	CHRISTOFF	OPPERMAN	CRUSADERS A C	31	SM	1.12.04	2	0
391	RICHARD	LIBERTY	TEMP	22	SM	1.12.06	0	0
392	GODFREY	KARIEM	FORD M C	61	GM	1.12.08	0	0
393	PETER	NEWTON	CRUSADERS A C	44	VM	1.12.09	2	0
394	DEON	DOUBELL	P.E.A.A.C.	48	VM	1.12.09	2	0
395	SIMON	MATEBESE	WORD OF FAITH	38	SVM	1.12.21	2	0
396	CHRISTO	NEL	KOWIE STRIDERS	24	SM	1.12.24	2	0
397	MARIA	MILNE	CRUSADERS A C	43	VF	1.12.24	2	2
398	KONRAD	VON HAGEN	TEMP	29	SM	1.12.25	0	0
399	GRAHAM	ELBOURNE	BODY CONCEPT	49	VM	1.12.27	2	0
400	GREG	SCOTT	ELITE A C	39	SVM	1.12.36	2	0
401	JAKKIE	GERBER	ELITE A C	41	VM	1.12.37	2	0
402	JAN	LE ROUX	ELITE A C	42	VM	1.12.37	2	0
403	KENNETH	BREDA	TEMP	34	SM	1.12.38	0	0
404	LIZELLE	NORRIS	FIT2000 A C	25	SF	1.12.39	2	1
405	TYRONE	RUITERS	WILLARD BATT	27	SM	1.12.40	2	0
406	DONALD	WOOD	TEMP	25	SM	1.12.41	0	0
407	DORIS	LIBERTY	NOKIA ALGOA AC	41	VF	1.12.42	2	0
408	DAVID	LITTLE	CHARLO R R	31	SM	1.12.42	1	0
409	KENNETH	MANLEY	NOKIA ALGOA AC	29	SM	1.12.46	1	0
410	PAUL	GELDENHUYS	RUN FOR LIFE EP	47	VM	1.12.52	2	0
411	MICHAEL	SLATER	MR PRICE UPE	31	SM	1.12.53	1	0
412	ROLF	KORDES	BODY CONCEPT	61	GM	1.12.55	3	0
413	BASIL	TYLER	ACHILLES AAA	40	VM	1.12.57	2	0
414	JOHANNES	GESWINDT	X-CEL A C	42	VM	1.13.07	2	0
415	BUYILE	PETROS	E C LUBRICANTS	49	VM	1.13.11	2	0
416	NICK	MULLINS	BODY CONCEPT	45	VM	1.13.12	2	0
417	CHARLES	JANTJIES	X-CEL A C	41	VM	1.13.13	2	0
418	JONATHAN	JENNIKER	TEMP	28	SM	1.13.14	0	0
419	LESLIE	KRETZMANN	TEMP	32	SM	1.13.17	0	0
420	GUSTAV	GRASMAN	NOKIA ALGOA AC	41	VM	1.13.21	2	0
421	PIERRE	STANDER	NOKIA ALGOA AC	38	SVM	1.13.22	2	0
422	MANEZELI	DAYI	TEMP	42	VM	1.13.25	0	0
423	KEITH	NAZER	WILLARD BATT	43	VM	1.13.30	2	0
424	DONOVAN	SCHUIN	NOKIA ALGOA AC	15	JM	1.13.31	1	0
425	BRATO	MALGAS	WILLARD BATT	42	VM	1.13.31	2	0
426	CHARLENE	KENNEDY	BODY CONCEPT	28	SF	1.13.32	2	0
427	BRIAN	MCKAY	BODY CONCEPT	47	VM	1.13.32	2	0
428	SUZANNA	TERBLANCHE	CRUSADERS A C	40	VF	1.13.48	2	0
429	REON	VAN RENSBURG	ST ALBANS CSEP	29	SM	1.13.49	1	0
430	GRAHAM	NELL	ACHILLES AAA	50	MM	1.13.51	2	0
431	JAMES	BOLTON	ACHILLES AAA	42	VM	1.13.55	2	0
432	RUBERTO	MAY	X-CEL A C	24	SM	1.13.58	1	0
433	KLAAS	SCHALL	TEMP	60	GM	1.14.00	0	0
434	JAN	VON MOLLENDORF	ELITE A C	56	MM	1.14.06	2	0
435	LEILANI	DANIELL	TEMP	25	SF	1.14.07	0	0
436	SHAWN	WILKE	TEMP	30	SM	1.14.07	0	0
437	BELINDA	McFADEAN	BODY CONCEPT	31	SVF	1.14.08	2	0
438	JOHN	FACEY	WORD OF FAITH	44	VM	1.14.14	2	0
439	RUBIN	CLAASSEN	NOKIA ALGOA AC	50	MM	1.14.16	2	0
440	DEON	DOBSON	NOKIA ALGOA AC	39	SVM	1.14.19	1	0
441	PHILIP	BARNARD	TEMP	21	SM	1.14.20	0	0
442	RUSSELL	WESTERMAN	CRUSADERS A C	38	SVM	1.14.21	1	0
443	PIETER	VOGES	ELITE A C	36	SVM	1.14.26	1	0
444	GAIL	KLICHOWICZ	ACHILLES AAA	35	VF	1.14.34	2	0
445	WILLIAM	GROBLER	ELITE A C	53	MM	1.14.42	2	0
446	HANSIE	CLAASSEN	NOKIA ALGOA AC	46	VM	1.14.46	2	0
447	ALBERT	KLEYN	ST ALBANS CSEP	37	SVM	1.14.48	1	0

POS	NAME	SURNAME	CLUB	AGE	CAT	HMS	PTS	PRES
448	CHARL	DU TOIT	CERES ATHLETIC	49	VM	1.14.52	0	0
449	ANNELIE	NEL	WORD OF FAITH	27	SF	1.14.57	2	0
450	DIRK	JANSEN	NOKIA ALGOA AC	52	MM	1.15.02	2	0
451	GLEN	KLOPPER	BODY CONCEPT	39	SVM	1.15.04	1	0
452	TIMOTHY	HEWITT-COLEMAN	CRUSADERS A C	33	SM	1.15.04	1	0
453	GRIZELDA	JAFTHA	WILLARD BATT	33	SVF	1.15.05	2	0
454	DANIEL	FERREIRA	NOKIA ALGOA AC	43	VM	1.15.07	1	0
455	WEMIEN	BRAND	BLUEWATER BAY	35	VF	1.15.07	2	0
456	AMANDA	VAN WYK	ST ALBANS CSEP	32	SVF	1.15.09	2	0
457	LOYNES	JENKERSON	WALMER AC	60	GM	1.15.10	3	0
458	ERNIE	VERRALL	P E TECHNIKON	67	GM	1.15.10	3	0
459	GERALD	HOXLEY	ACHILLES AAA	61	GM	1.15.13	3	0
460	WILLEMEN	DU RANDT	NOKIA ALGOA AC	27	SF	1.15.14	2	0
461	YOLANDA	BAATJES	X-CEL A C	27	SF	1.15.30	2	0
462	EUGENE	VAN WYK	X-CEL A C	30	SM	1.15.31	1	0
463	NESBITT	CANNON	SAP M C EP	37	SVM	1.15.31	1	0
464	TOM	D'ARCY	ACHILLES AAA	55	MM	1.15.34	2	0
465	ADRIAN	PILZ	P.E.A.A.C.	39	SVM	1.15.34	1	0
466	SHARON	SMUTS	ST ALBANS CSEP	35	VF	1.15.35	2	0
467	WILMA	STANDER	NOKIA ALGOA AC	37	VF	1.15.38	2	0
468	PETER	LUMB	TEMP	62	GM	1.15.42	0	0
469	JACOBUS	WYATT	NOKIA ALGOA AC	38	SVM	1.15.42	1	0
470	LIZ	AUSTIN	ACHILLES AAA	43	VF	1.15.43	2	0
471	BERNETT	JANSE VAN RENSBURG	MR PRICE UPE	45	VM	1.15.44	1	0
472	ROBIN	CLARK	BODY CONCEPT	61	GM	1.15.45	2	0
473	HERMIEN	KEYSER	ST ALBANS CSEP	36	VF	1.15.47	2	0
474	CHRIS	VILJOEN	P.E.A.A.C.	54	MM	1.15.54	2	0
475	SHIRLEY	BRENT	ST ALBANS CSEP	37	VF	1.15.55	2	0
476	MARLENE	WIESE	KOWIE STRIDERS	55	GF	1.15.56	5	0
477	ROLAN	LOTTERING	SAP M C EP	34	SM	1.15.59	1	0
478	ROB	LYALL	TEMP	45	VM	1.16.02	0	0
479	ASHLEY	ARTHUR	ACHILLES AAA	41	VM	1.16.08	1	0
480	PETRA	ZIKMAN	ELITE A C	32	SVF	1.16.09	2	0
481	TERRI	HURN	ALBANY R R	24	SF	1.16.11	2	0
482	LARRY	RICHARDSON	ACHILLES AAA	59	MM	1.16.13	2	0
483	CHRISTIE	KLUE	TEMP	45	VM	1.16.20	0	0
484	YUSUF	SAMUELS	X-CEL A C	42	VM	1.16.23	1	0
485	MICHELLE	O'HALLORAN	TEMP	27	SF	1.16.26	0	0
486	FAIEK	ISMAIL	TEMP	23	SM	1.16.28	0	0
487	EGBERT	OOSTHUIZEN	NOKIA ALGOA AC	43	VM	1.16.31	1	0
488	DAVID	GALLANT	ELITE A C	48	VM	1.16.32	1	0
489	LUCELLE	JAFTHA	WILLARD BATT	41	VF	1.16.37	2	0
490	JOANNA	HUGHES	BODY CONCEPT	33	SVF	1.16.38	2	0
491	PETER	POHLMANN	ACHILLES AAA	38	SVM	1.16.42	1	0
492	GERT	DEYZEL	NOKIA ALGOA AC	52	MM	1.16.45	2	0
493	GAVIN	VAN VLIET	CHARLO R R	44	VM	1.16.46	1	0
494	THOMAS	MATTHEWS	TEMP	37	SVM	1.16.50	0	0
495	RINA	BARNARD	ELITE A C	48	MF	1.16.51	2	0
496	DANIEL	SCHUIN	NOKIA ALGOA AC	38	SVM	1.16.54	1	0
497	FRANCIOS	PETERSE	X-CEL A C	36	SVM	1.16.59	1	0
498	CISCO	STRYDOM	HUMANSDORP A C	31	SM	1.17.02	1	0
499	JACQUES	KLEYNHANS	TEMP	32	SM	1.17.02	0	0
500	HERMIE	FISHER	FIT2000 A C	34	SVF	1.17.04	2	0
501	ADRIAN	JANSEN	ACHILLES AAA	39	SVM	1.17.05	1	0
502	HEIDI	JANSEN	ACHILLES AAA	35	VF	1.17.11	2	0
503	MICHELLE	SMITH	FIT2000 A C	32	SVF	1.17.14	2	0
504	MARIUS	SNYMAN	ST ALBANS CSEP	37	SVM	1.17.15	1	0
505	GERARD	RADEMEYER	JEFFREYS BAY	38	SVM	1.17.20	1	0
506	PATRICK	FERGUSON	BODY CONCEPT	63	GM	1.17.21	2	0
507	KEITH	LASKEY	BODY CONCEPT	59	MM	1.17.32	2	0
508	JAN	MEIRING	ELITE A C	33	SM	1.17.35	1	0
509	DAYALAN	PADAYACHEY	TEMP	36	SVM	1.17.35	0	0
510	HENDRIK	DE BEER	P.E.A.A.C.	34	SM	1.17.40	1	0
511	DIMPIE	VERWEY	NOKIA ALGOA AC	42	VM	1.17.44	1	0



POS	NAME	SURNAME	CLUB	AGE	CAT	HMS	PTS	PRES
512	MORNE	BOTHA	TEMP	16	JM	1.17.46	0	0
513	MORNE	RUDMAN	TEMP	15	JM	1.17.47	0	0
514	DORA	DE BRUIN	ST ALBANS CSEP	51	MF	1.17.50	2	0
515	TSEPISO	JOHNSON	TEMP	24	SM	1.17.50	0	0
516	FREDDIE	JONES	NOKIA ALGOA AC	41	VM	1.18.00	1	0
517	JAQUES	BARNARD	ELITE A C	26	SM	1.18.01	1	0
518	IMTIAZ	AYOOB	MALABAR	44	VM	1.18.02	1	0
519	NICO	DE WET	BLUEWATER BAY	27	SM	1.18.03	1	0
520	CHANTEL	VAN NIEKERK	TEMP	20	SF	1.18.10	0	0
521	JAMES	BRIGHTMAN	RUN FOR LIFE EP	57	MM	1.18.11	2	0
522	ROZELLE	VON MOLENDORFF	ELITE A C	37	VF	1.18.12	2	0
523	WELCOME	KALIPA	CADBURY A C	35	SVM	1.18.16	1	0
524	LECLUE	LOURENS	NOKIA ALGOA AC	17	JM	1.18.17	1	0
525	WARREN	COLLIER	BODY CONCEPT	43	VM	1.18.21	1	0
526	EUGENE	MULDER	SAP M C EP	56	MM	1.18.24	1	0
527	DOMINIC	RIMMER	TEMP	40	VM	1.18.27	0	0
528	RUSSELL	MOORE	RUN FOR LIFE EP	31	SM	1.18.28	1	0
529	THERESE	BOULLE	TEMP	41	VF	1.18.30	0	0
530	MORGAN	FORBES	MUIRITE STRIDER	38	SVM	1.18.54	1	0
531	MILKA	BOSHOFF	ACHILLES AAA	48	MF	1.18.59	2	0
532	JACKIE	HUTTON	BODY CONCEPT	44	VF	1.19.00	1	0
533	SCOTT	VERWEY	NOKIA ALGOA AC	51	MM	1.19.07	1	0
534	LIZ	BIRCH	MUIRITE STRIDER	36	VF	1.19.07	1	0
535	DERICK	BIRCH	MUIRITE STRIDER	47	VM	1.19.12	1	0
536	ANTONIE	GROBLER	ELITE A C	49	VM	1.19.19	1	0
537	JOHN	BUTER	TEMP	33	SM	1.19.19	0	0
538	JOHN	MARTIN	P.E.A.A.C.	67	GM	1.19.19	2	0
539	NEVEL	SMITH	WILLARD BATT	41	VM	1.19.21	1	0
540	JENNY	PARKER	TEMP	39	VF	1.19.21	0	0
541	BRENDAN	BOSMAN	MUIRITE STRIDER	51	MM	1.19.22	1	0
542	NICOLAAS	CLAASSEN	NOKIA ALGOA AC	48	VM	1.19.22	1	0
543	MIEMSIE	SWANEPOEL	ELITE A C	40	VF	1.19.23	1	0
544	JOHAN	NEL	NOKIA ALGOA AC	45	VM	1.19.29	1	0
545	JONATHAN	HAYLOCK-LYONS	P E TECHNIKON	25	SM	1.19.29	1	0
546	FRED	ALLIBONE	CRUSADERS A C	32	SM	1.19.30	1	0
547	BRENDAN	CREIGHTON	CRUSADERS A C	27	SM	1.19.30	1	0
548	GIDION	VAN DER MERWE	ELITE A C	35	SVM	1.19.32	1	0
549	TERSIA	RADEMEYER	JEFFREYS BAY	37	VF	1.19.46	1	0
550	COLIN	MURRAY	BODY CONCEPT	46	VM	1.19.46	1	0
551	HELEN	FOURIE	ELITE A C	32	SVF	1.19.50	1	0
552	PETER	SALE	TEMP	51	MM	1.19.54	0	0
553	LYN	SYMONS	RUN FOR LIFE EP	56	GF	1.19.56	3	0
554	JAN	FUNDE	P.E.A.A.C.	43	VM	1.19.57	1	0
555	CHRIS	BEKKER	NOKIA ALGOA AC	49	VM	1.19.58	1	0
556	VERNA	CLAASSEN	NOKIA ALGOA AC	39	VF	1.19.58	1	0
557	HILARY	PRITCHARD	CRUSADERS A C	67	GM	1.20.01	2	0
558	RODNEY	FRIESLAAR	WILLARD BATT	41	VM	1.20.02	1	0
559	CHRIS	LOVEMORE	TEMP	34	SM	1.20.06	0	0
560	JONTY	DANIEL	TEMP	34	SM	1.20.08	0	0
561	ANTHONY	HORNABROOK	WALMER AC	35	SVM	1.20.12	1	0
562	VIV	BULLOCK	CRUSADERS A C	34	SVF	1.20.13	1	0
563	LEON	OELOFSE	TEMP	27	SM	1.20.14	0	0
564	NIKKI	VAN NIEKERK	NOKIA ALGOA AC	47	MF	1.20.14	2	0
565	DONALD	FLYNN	WORD OF FAITH	64	GM	1.20.17	2	0
566	LYDIA	POTGIETER	NOKIA ALGOA AC	27	SF	1.20.20	1	0
567	REYNIER	STANDER	ST ALBANS CSEP	35	SVM	1.20.21	1	0
568	JACQUES	VORSTER	ST ALBANS CSEP	35	SVM	1.20.22	1	0
569	M P	VAN ZYL	TEMP	33	SM	1.20.27	0	0
570	PETER	WOODS	TEMP	44	VM	1.20.30	0	0
571	GRAHAM	BOTHA	CRUSADERS A C	42	VM	1.20.30	1	0
572	LOUISA	JANSEN	NOKIA ALGOA AC	49	MF	1.20.32	2	0
573	MARK	KAHN	TEMP	38	SVM	1.20.33	0	0
574	EDDIE	NEL	WORD OF FAITH	30	SM	1.20.36	1	0
575	ERICA	FOREMAN	ST ALBANS CSEP	31	SVF	1.20.37	1	0

POS	NAME	SURNAME	CLUB	AGE	CAT	HMS	PTS	PRES
576	JOHAN	WASSERMAN	TEMP	42	VM	1.20.38	0	0
577	ISABEAU	BRÖNN	SAP M C EP	40	VF	1.20.39	1	0
578	KEVIN	BRITO	WORD OF FAITH	44	VM	1.20.42	1	0
579	NOLEEN	NORRIS	CADBURY A C	44	VF	1.20.43	1	0
580	NEOLYN	CANNON	TEMP	15	JM	1.20.51	0	0
581	BENNY	HARMSE	BODY CONCEPT	36	SVM	1.20.57	1	0
582	FREDERICK	ALLERS	NOKIA ALGOA AC	17	JM	1.21.13	1	0
583	NICO	GROENEWALD	ELITE A C	53	MM	1.21.13	1	0
584	JOMINE	LE ROUX	ACHILLES AAA	30	SVF	1.21.14	1	0
585	GESINA	OOSTHUIZEN	P.E.A.A.C.	43	VF	1.21.25	1	0
586	HENNIE	OOSTHUIZEN	P.E.A.A.C.	44	VM	1.21.26	1	0
587	RONALD	FIELD	TEMP	54	MM	1.21.30	0	0
588	MIKE	BURGER	CRUSADERS A C	48	VM	1.21.30	1	0
589	ESTMAN	CANNON	TEMP	32	SM	1.21.31	0	0
590	GREGORY	MULLER	TEMP	25	SM	1.21.38	0	0
591	CATHY	ALLERS	NOKIA ALGOA AC	40	VF	1.21.39	1	0
592	JENNIFER	HOOKE	BODY CONCEPT	40	VF	1.21.45	1	0
593	JOHAN	NORTJE	NOKIA ALGOA AC	27	SM	1.21.50	1	0
594	JOS	ELS	FIT2000 A C	49	MF	1.21.51	2	0
595	COLLEEN	STEVENS	RUN FOR LIFE EP	37	VF	1.21.52	1	0
596	DALINA	MANLEY	NOKIA ALGOA AC	27	SF	1.21.55	1	0
597	SCHEPETRA	BEZUIDENHOUT	ST ALBANS CSEP	34	SVF	1.21.57	1	0
598	JOHNDAVID	METCALF	MUIRITE STRIDER	44	VM	1.21.58	1	0
599	LEON	VERMAAK	TEMP	57	MM	1.21.58	0	0
600	PETRA	DICKER	ELITE A C	37	VF	1.22.03	1	0
601	FELICITY	JONES	NOKIA ALGOA AC	43	VF	1.22.10	1	0
602	LEX	MITCHELL	ACHILLES AAA	51	MM	1.22.18	1	0
603	PETER	WHATLEY	ACHILLES AAA	36	SVM	1.22.22	1	0
604	ELLEN	LOVEMORE	TEMP	33	SVF	1.22.35	0	0
605	MORNE	HENNING	TEMP	26	SM	1.22.41	0	0
606	ANTOINETTE	SWANEPOEL	JEFFREYS BAY	34	SVF	1.22.41	1	0
607	DAVID	RENSBURG	TEMP	36	SVM	1.22.42	0	0
608	SAM	ERASMUS	NOKIA ALGOA AC	42	VM	1.23.08	1	0
609	BRENTON	SCHNETLER	P.E.A.A.C.	27	SM	1.23.09	1	0
610	OOSIE	OOSTHUIZEN	ST ALBANS CSEP	52	MM	1.23.10	1	0
611	RITA	BOUCHER	NOKIA ALGOA AC	51	MF	1.23.11	1	0
612	WILHELM	HURTER	TEMP	38	SVM	1.23.16	0	0
613	SAKKIE	VAN COLLER	ELITE A C	41	VM	1.23.18	1	0
614	GODFREY	VITAL	CADBURY A C	31	SM	1.23.21	1	0
615	KAY	VAN OOSTEN	CRUSADERS A C	36	SVM	1.23.24	1	0
616	CHARMAINE	GREEFF	MR PRICE UPE	38	VF	1.23.25	1	0
617	SEAN	VOSLOO	FIT2000 A C	38	SVM	1.23.28	1	0
618	THEUNIS	VAN DERWESTHUIZEN	HUMANSDORP A C	44	VM	1.23.34	1	0
619	CLIFF	MACKENZIE	ACHILLES AAA	54	MM	1.23.35	1	0
620	MARCELLE	HARRAN	BODY CONCEPT	47	MF	1.23.37	1	0
621	SHARON	JAFTHA	WILLARD BATT	39	VF	1.23.44	1	0
622	MADELEIN	BOTHA	BLUEWATER BAY	31	SVF	1.23.48	1	0
623	LOUIS	RUDMAN	ST ALBANS CSEP	45	VM	1.23.51	1	0
624	KRISHNAN	MOODALEY	MALABAR	50	MM	1.23.55	1	0
625	MERVIN	FORTUIN	X-CEL A C	36	SVM	1.23.56	1	0
626	SELWYN	SOLOMON	CRUSADERS A C	63	GM	1.23.58	1	0
627	MOGAMAT	JAGGERS	X-CEL A C	39	SVM	1.24.01	1	0
628	NEIL	CALDER	CRUSADERS A C	50	MM	1.24.01	1	0
629	KAREN	BOPP	RUN FOR LIFE EP	38	VF	1.24.03	1	0
630	ROBIN	ELBOURNE	BODY CONCEPT	44	VF	1.24.04	1	0
631	GREGORY	BLANCO	CHARLO R R	55	MM	1.24.08	1	0
632	CYRIL	KURTEN	HUMANSDORP A C	70	GM	1.24.26	1	0
633	ANGELO	ELS	NOKIA ALGOA AC	29	SM	1.24.29	1	0
634	SUSAN	BAYLIS	ACHILLES AAA	42	VF	1.24.34	1	0
635	WEHRNER	SMITH	NOKIA ALGOA AC	38	SVM	1.24.40	1	0
636	NOELEEN	FERREIRA	NOKIA ALGOA AC	38	VF	1.24.42	1	0
637	ELIAS	KASE	P.E.A.A.C.	33	SM	1.24.43	1	0
638	MARCEL	TALBOT	RUN FOR LIFE EP	39	SVM	1.24.43	1	0
639	CLINT	KELSEY	P.E.A.A.C.	35	SVM	1.24.49	1	0

POS	NAME	SURNAME	CLUB	AGE	CAT	HMS	PTS	PRES
640	BRYAN	DRAKE	CRUSADERS A C	57	MM	1.24.52	1	0
641	TERRENCE	REID	ELITE A C	54	MM	1.24.52	1	0
642	YVONNE	VAN ZYL	ST ALBANS CSEP	44	VF	1.24.53	1	0
643	MARKUS	KUNNEKE	BLUEWATER BAY	32	SM	1.24.56	1	0
644	DEREK	DAVIDSON	P.E.A.A.C.	50	MM	1.25.00	1	0
645	THERESA	LILLIS	TEMP	45	MF	1.25.06	0	0
646	HENDRIK	SWART	SAP M C EP	43	VM	1.25.07	1	0
647	TANIA	COWLEY	P.E.A.A.C.	35	VF	1.25.07	1	0
648	PETRUS	HATTINGH	OXFORD STRIDERS	35	SVM	1.25.08	0	0
649	JOHN	ZAMBONINI	BODY CONCEPT	52	MM	1.25.09	1	0
650	SONJA	OLIVIER	RUN FOR LIFE EP	34	SVF	1.25.10	1	0
651	RICHARD	MORLEY	RUN FOR LIFE EP	46	VM	1.25.13	1	0
652	MARYKA	LAMPRECHT	NOKIA ALGOA AC	25	SF	1.25.28	1	0
653	FREDDIE	MATTHEUS	TEMP	33	SM	1.25.29	0	0
654	GLYNN	BODILL	MR PRICE UPE	29	SF	1.25.38	1	0
655	ALEXANDER	RODGERS	TEMP	28	SM	1.25.44	0	0
656	NELANIE	HAYWARD	NOKIA ALGOA AC	15	JF	1.25.44	1	0
657	REINETTE	HAYWARD	NOKIA ALGOA AC	40	VF	1.25.48	1	0
658	RAJENDRA	NAVSARIA	MALABAR	43	VM	1.25.48	1	0
659	MILDRED	GOTYANA	LIBNIKE	18	JF	1.25.54	1	0
660	ROZITA	BAILEY	X-CEL A C	40	VF	1.25.54	1	0
661	SIVA	MOODALEY	MALABAR	60	GM	1.26.07	1	0
662	RAMU	NAIDOO	MALABAR	52	MM	1.26.07	1	0
663	LAURA	LE ROUX	ELITE A C	38	VF	1.26.08	1	0
664	BRIAN	JAMES	ACHILLES AAA	42	VM	1.26.10	1	0
665	MARTIN	GIERZ	ACHILLES AAA	46	VM	1.26.21	1	0
666	MOF	BOTHA	ACHILLES AAA	46	VM	1.26.28	1	0
667	GARY	POHLMANN	ACHILLES AAA	40	VM	1.26.38	1	0
668	KEITH	BAYLIS	ACHILLES AAA	43	VM	1.26.38	1	0
669	BRADLEY	JOUBERT	ACHILLES AAA	40	VM	1.26.39	1	0
670	NICK	KLICHOWICZ	ACHILLES AAA	44	VM	1.26.39	1	0
671	DARYL	WILSON	CHARLO R R	37	SVM	1.26.40	1	0
672	ELIZE	LYELL	P E TECHNIKON	44	VF	1.26.40	1	0
673	MCDONALD	NDIKA	CADBURY A C	35	SVM	1.26.41	1	0
674	ALEC	OLIVIER	ST ALBANS CSEP	29	SM	1.26.41	1	0
675	CHARLOTTE	VAN COLLER	ELITE A C	33	SVF	1.26.42	1	0
676	VINESH	FRANCIS	ELITE A C	30	SM	1.26.43	1	0
677	RIA	HISCOCK	NOKIA ALGOA AC	46	MF	1.26.52	1	0
678	MADELEINE	ACKERMAN	NOKIA ALGOA AC	26	SF	1.26.52	1	0
679	JOHANN	DORFLING	ELITE A C	44	VM	1.26.53	1	0
680	JOHN	ERASMUS	NOKIA ALGOA AC	59	MM	1.26.53	1	0
681	ALIDA	ACHERMANN	MUIRITE STRIDER	28	SF	1.27.03	1	0
682	COLLEEN	MOSES	SAP M C EP	26	SF	1.27.04	1	0
683	ANDRIES	BOUCHER	NOKIA ALGOA AC	53	MM	1.27.07	1	0
684	MARIUS	SCHOLTZ	ST ALBANS CSEP	38	SVM	1.27.09	1	0
685	GEORGE	SCOTT	TEMP	43	VM	1.27.16	0	0
686	ANNENARIE	FOUCHE	ELITE A C	34	SVF	1.27.16	1	0
687	GLEN	ANGUS	CHARLO R R	34	SM	1.27.19	1	0
688	BILLY	SCHEPERS	ACHILLES AAA	42	VM	1.27.20	1	0
689	DIANE	JOLLY	TEMP	40	VF	1.27.26	0	0
690	MARTIE	VAN SCHALKWYK	ST ALBANS CSEP	37	VF	1.27.38	1	0
691	JACKIE	ELLIOTT GENTRY	MR PRICE UPE	36	VF	1.28.14	1	0
692	BULELANI	MAGWADI	TEMP	28	SM	1.28.15	0	0
693	BOBBY	BULLOCK	TEMP	50	MM	1.28.22	0	0
694	RIAN	OLIVIER	RUN FOR LIFE EP	31	SM	1.28.23	1	0
695	NICO	KOEN	RUN FOR LIFE EP	30	SM	1.28.25	1	0
696	DANIE	NIEUWOUDT	ELITE A C	36	SVM	1.28.30	1	0
697	GREGORY	APPOLLIS	X-CEL A C	38	SVM	1.28.42	1	0
698	ELNA	JONCK	ST ALBANS CSEP	26	SF	1.28.43	1	0
699	JOHAN	DU PREEZ	HUMANSDORP A C	41	VM	1.28.48	1	0
700	HENRY	DANIELSON	NOKIA ALGOA AC	36	SVM	1.29.04	1	0
701	ALETTA	JOUBERT	CRUSADERS A C	40	VF	1.29.06	1	0
702	ELAINE	BURGER	CRUSADERS A C	46	MF	1.29.06	1	0
703	ENID	GERBER	ELITE A C	40	VF	1.29.14	1	0

POS	NAME	SURNAME	CLUB	AGE	CAT	HMS	PTS	PRES
704	GLENYS	JOUBERT	ELITE A C	50	MF	1.29.19	1	0
705	MARIAAN	LANDMAN	ELITE A C	37	VF	1.29.19	1	0
706	GLYNIS	SCOTT	BLUEWATER BAY	41	VF	1.29.20	1	0
707	ANGIE	LEVY	BODY CONCEPT	36	VF	1.29.21	1	0
708	CORNELIUS	NEL	NOKIA ALGOA AC	51	MM	1.29.38	1	0
709	BURNITA	STRYDOM	ELITE A C	33	SVF	1.29.50	1	0
710	JUAN	BOSMAN	NOKIA ALGOA AC	39	SVM	1.29.50	1	0
711	ROBYN	LONG	BODY CONCEPT	34	SVF	1.29.59	1	0
712	RIAAAN	HUMPEL	TEMP	37	SVM	1.30.08	0	0
713	GRAHAM	PETRO	TEMP	37	SVM	1.30.08	0	0
714	DEIDRE	BEZUIDENHOUT	BODY CONCEPT	32	SVF	1.30.31	1	0
715	ALLEN	LEO	TEMP	37	SVM	1.30.31	0	0
716	JOHANN	VON HAGEN	TEMP	38	SVM	1.30.59	0	0
717	GARY	RUDDY	TEMP	36	SVM	1.31.06	0	0
718	STEPHAN	SENEKAL	TEMP	21	SM	1.31.09	0	0
719	ABSALOM	WILTSHIRE	LIBNIKE	63	GM	1.31.14	1	0
720	LAWRENCE	BEZUIDENHOUT	CADBURY A C	45	VM	1.31.27	1	0
721	JAMES	MOREY	P.E.A.A.C.	64	GM	1.31.27	1	0
722	VIVIAN	ZEALAND	LIBNIKE	46	VM	1.31.52	1	0
723	ELEANORE	GOOSEN	CRUSADERS A C	35	VF	1.32.07	1	0
724	SARAH	GERBER	CRUSADERS A C	20	SF	1.32.11	1	0
725	ROZ	GERBER	CRUSADERS A C	43	VF	1.32.22	1	0
726	CHRIS	JOUBERT	CRUSADERS A C	45	VM	1.32.23	1	0
727	SANDRA	BUTTERS	MUIRITE STRIDER	36	VF	1.32.30	1	0
728	PETER	DUFFELL-CANHAM	CRUSADERS A C	49	VM	1.32.30	1	0
729	KERRY	WEEKS	CRUSADERS A C	39	SVM	1.33.09	1	0
730	LOUISE	WESTERMAN	TEMP	38	VF	1.33.10	0	0
731	ANNETTE	LACKEY	TEMP	56	GF	1.33.31	0	0
732	CRAIG	MILNE	CRUSADERS A C	38	SVM	1.33.32	1	0
733	PIETER	STEYN	ST ALBANS CSEP	43	VM	1.33.32	1	0
734	ODETTE	KOEKEMOER	BLUEWATER BAY	21	SF	1.33.57	1	0
735	YOLANDE	JORDAAN	RUN FOR LIFE EP	32	SVF	1.34.01	1	0
736	JENICE	VAN WYK	FIT2000 A C	33	SVF	1.34.13	1	0
737	ALICIA	MCGEAR	TEMP	18	JF	1.34.18	0	0
738	CORNELIUS	MULLER	X-CEL A C	51	MM	1.34.35	1	0
739	JOSEPH	FISCHER	FIT2000 A C	60	GM	1.34.40	1	0
740	CECILE	NOWERS	TEMP	38	VF	1.34.47	0	0
741	JEAN-PIERRE	FERREIRA	TEMP	35	SVM	1.34.48	0	0
742	SHARON	BROWN	P.E.A.A.C.	48	MF	1.34.50	1	0
743	ANGIE	CREAVEN	TEMP	42	VF	1.34.57	0	0
744	YVONNE	YENDALL	KOWIE STRIDERS	50	MF	1.34.58	1	0
745	KOSIMA	BUSING	MUIRITE STRIDER	24	SF	1.35.23	1	0
746	BONNIE	PENNEY	NOKIA ALGOA AC	48	MF	1.35.24	1	0
747	RAYNO	WASSERMAN	TEMP	14	JM	1.35.24	0	0
748	RAYMOND	BLAND	MUIRITE STRIDER	55	MM	1.35.49	1	0
749	TERTIA	COETZEE	NOKIA ALGOA AC	42	VF	1.36.01	1	0
750	PEARL	DAMONS	WILLARD BATT	38	VF	1.36.08	1	0
751	COREEN	BURGINS	X-CEL A C	28	SF	1.36.09	1	0
752	GEORGE	MEIRING	TEMP	45	VM	1.36.10	0	0
753	LOYISO	PIKOLI	ABERDARE CABLES	31	SM	1.36.10	1	0
754	JOHANNES	GOUWS	ST ALBANS CSEP	25	SM	1.36.12	1	0
755	YVETTE	JONKER	ST ALBANS CSEP	29	SF	1.36.15	1	0
756	ROBERT	GALLOWAY	CHARLO R R	50	MM	1.36.23	1	0
757	HENDRINA	CLAASSEN	NOKIA ALGOA AC	45	MF	1.36.23	1	0
758	ERIKA	STRUWIG	NOKIA ALGOA AC	33	SVF	1.36.30	1	0
759	NEVILLE	ALLY	TEMP	44	VM	1.36.32	0	0
760	MORNE	ALLERS	NOKIA ALGOA AC	14	JM	1.36.34	1	0
761	ESTELLE	CLASEN	TEMP	27	SF	1.36.48	0	0
762	LIZEL	MEIRING	TEMP	24	SF	1.37.05	0	0
763	LAETITIA	COETZEE	MUIRITE STRIDER	28	SF	1.37.28	1	0
764	BERNADETTE	BARNARD	NOKIA ALGOA AC	17	JF	1.37.32	1	0
765	DARRYL	WILSON	TEMP	32	SM	1.37.41	0	0
766	CHRISTINA	KRIEK	JEFFREYS BAY	53	MF	1.37.41	1	0
767	MARYNA	KOTZE	TEMP	35	VF	1.37.42	0	0

POS	NAME	SURNAME	CLUB	AGE	CAT	HMS	PTS	PRES
768	SALOME	FERREIRA	NOKIA ALGOA AC	32	SVF	1.37.47	1	0
769	RENEE	CALDER	CRUSADERS A C	47	MF	1.38.13	1	0
770	NICOLENE	WILKINSON	TEMP	20	SF	1.38.28	0	0
771	ELSIA	SPENCE	TEMP	35	VF	1.38.35	0	0
772	SIMON	SPENCE	TEMP	39	SVM	1.39.29	0	0
773	DEBBIE	OELOFSE	NOKIA ALGOA AC	55	GF	1.39.33	1	0
774	GRAHAM	GOLA	CADBURY A C	44	VM	1.39.56	1	0
775	SHALINE	JANSEN	X-CEL A C	30	SM	1.39.57	1	0
776	DENISE	CARNEY	WORD OF FAITH	44	VF	1.40.20	0	0
777	NOLA	NICOL	TEMP	49	MF	1.40.24	0	0
778	VELILE	MATSHA	TEMP	46	VM	1.41.23	0	0
779	SUZANNE	LA COCK	TEMP	30	SVF	1.41.35	0	0
780	MERILYN	MULLER	X-CEL A C	30	SVF	1.41.35	0	0
781	CATHRINE	ANDERSON	RUN FOR LIFE EP	35	VF	1.42.03	0	0
782	FANIE	SENEKAL	TEMP	54	MM	1.42.59	0	0
783	CHARMYNE	MYBURGH	CADBURY A C	50	MF	1.43.00	0	0
784	DIANNE	WEITZ	TEMP	24	SF	1.43.00	0	0
785	ROY	HEINE	CHARLO R R	46	VM	1.43.01	0	0
786	SANDRA	MULLER	NELSPRUIT M C	50	MF	1.43.01	0	0
787	AMANDA	DAVIDS	TEMP	27	SF	1.43.02	0	0
788	TANYA	MOSTERT	ST ALBANS CSEP	26	SF	1.43.11	0	0
789	AUDIE	CLAASSEN	P.E.A.A.C.	50	MM	1.43.47	0	0
790	MARTIN	GROBLER	ST ALBANS CSEP	32	SM	1.43.55	0	0
791	ALTHEA	JANSEN	X-CEL A C	32	SVF	1.44.45	0	0
792	MARTIE	VAN DER WESTHUIZEN	JEFFREYS BAY	62	GF	1.44.46	0	0
793	MARK	LOTTERING	MUIRITE STRIDER	33	SM	1.44.47	0	0
794	EDNA	POTGIETER	WORD OF FAITH	55	GF	1.46.01	0	0
795	DIANA	APPOLLIS	X-CEL A C	37	VF	1.46.14	0	0
796	FILIDA	PIEDT	X-CEL A C	33	SVF	1.47.26	0	0
797	ANNA	WELGEMOED	ST ALBANS CSEP	32	SVF	1.47.48	0	0
798	MADIE	WELMANS	TEMP	33	SVF	1.47.53	0	0
799	GLADYS	NASH	CHARLO R R	59	GF	1.47.54	0	0
800	LOUIS	JORDAAN	VWAC	30	SM	1.48.38	0	0
801	TANIALEE	ERASMUS	WORD OF FAITH	31	SVF	1.48.39	0	0
802	HENDRIK	POTGIETER	SANDF EP	45	VM	1.48.42	0	0
803	JOAN	LANGMAN	ST ALBANS CSEP	51	MF	1.49.05	0	0
804	CHEVONNE	ARNOLDUS	X-CEL A C	17	JF	1.50.37	0	0
805	JOHAN	SERFONTEIN	P E TECHNIKON	61	GM	1.50.39	0	0
806	JENNIFER	BARNARD	NOKIA ALGOA AC	39	VF	1.51.48	0	0
807	ROWELLAN	DICKS	P.E.A.A.C.	29	SM	1.52.41	0	0
808	ASTRID	DICKS	P.E.A.A.C.	29	SF	1.52.50	0	0
809	BEV	CARRINGTON-HALL	BODY CONCEPT	43	VF	1.54.11	0	0
810	JOHAN	MOSTERT	ST ALBANS CSEP	27	SM	1.54.11	0	0
811	CAROL	MALLETT	TEMP	33	SVF	2.10.00	0	0
812	JANET	MYBURG	P.E.A.A.C.	35	VF	2.11.00	0	0
813	JUANITA	VAN ROOYEN	JEFFREYS BAY	50	MF	2.20.00	0	0
<b>HELPERS RUN</b>								
H1	PIETER	KAPP	SAP M C EP	41	VM	0.57.17	5	0
H2	STEPHAN	BOTHA	SAP M C EP	33	SM	0.58.00	4	0
H3	CARL	TERBLANCHE	SAP M C EP	32	SM	1.04.36	2	0
H4	PIERRE	KNOESEN	SAP M C EP	47	VM	1.04.49	3	0
H5	JANNIE	VAN GREUNEN	RUN FOR LIFE EP	45	VM	1.05.42	3	0
H6	JEFFREY	STRAUSS	SAP M C EP	53	MM	1.06.51	3	0
H7	SHARON	ZEELIE	SAP M C EP	30	SVF	1.07.15	3	0
H8	LOUIS	SWIEGELAAR	SAP M C EP	35	SVM	1.09.01	2	0
H9	SAM	ERASMUS	SAP M C EP	44	VM	1.09.06	2	0
H10	RIAAN	BOTHA	BLUEWATER BAY	33	SM	1.10.01	2	0
H11	SHARON	WEBB	SAP M C EP	34	SVF	1.10.30	2	0
H12	FRANCOIS	SMITH	SAP M C EP	30	SM	1.12.08	2	0
H13	IVAN	COWLEY	SAP M C EP	41	VM	1.12.08	2	0
H14	DONOVAN	PEO	ST ALBANS CSEP	21	SM	1.13.16	1	0
H15	ANDRIES	FERREIRA	SAP M C EP	18	JM	1.13.46	1	0
H16	MICHAEL	DEKKER	SAP M C EP	29	SM	1.13.46	1	0
H17	BOKKIE	HYMAN	BLUEWATER BAY	49	VM	1.14.04	2	0

POS	NAME	SURNAME	CLUB	AGE	CAT	HMS	PTS	PRES
H18	JACQUES	SNYMAN	SAP M C EP	33	SM	1.14.11	1	0
H19	PIETER	VOSLOO	SAP M C EP	50	MM	1.14.32	2	0
H20	LEINADU	ADAMS	SAP M C EP	33	SM	1.14.54	1	0
H21	GEORGE	GARDINER	TEMP	43	VM	1.15.30	0	0
H22	ZONA	VAN DER VYVER	SAP M C EP	37	VF	1.16.11	2	0
H23	PATRICK	MUNNICK	SAP M C EP	45	VM	1.16.32	1	0
H24	NEREDA	KAPP	SAP M C EP	33	SVF	1.17.48	1	0
H25	MORNAY	VAN DER WATT	SAP M C EP	32	SM	1.19.59	1	0
H26	ANTON	SMIT	SAP M C EP	33	SM	1.20.00	1	0
H27	COLIN	KORKIE	ACHILLES AAA	44	VM	1.21.56	1	0
H28	CHORREL	SMITH	SAP M C EP	72	GM	1.22.30	1	0
H29	JANNIE	VAN VUUREN	BLUEWATER BAY	47	VM	1.24.05	1	0
H30	HESTER	DEKKER	SAP M C EP	30	SVF	1.25.43	1	0
H31	LINDI	KRUGER	SAP M C EP	41	VF	1.26.55	1	0
H32	SANNIE	SMIT	SAP M C EP	51	MF	1.26.55	1	0
H33	CHRISTEL	SMUTS	SAP M C EP	25	SF	1.33.34	1	0
H34	YOLANDE	WATSON	SAP M C EP	39	VF	1.33.34	1	0
H35	GERHARD	FERREIRA	SAP M C EP	13	JM	1.33.35	1	0
H36	RYNO	GROENEWALD	SAP M C EP	28	SM	1.35.45	1	0
H37	ANNE-MARIE	DE JAGER	SAP M C EP	32	SVF	1.42.45	0	0