

UMHLOBO WENENE 10KM - PORT ELIZABETH - 23/3/2003

POS	NAME	SURNAME	CLUB	AGE	CAT	HMS	PTS
1	SIMON	NGCOKO	NOKIA ALGOA AC	32	SM	0.30.47	5
2	THOMAS	PONGOLO	NEW BALANCE	26	SM	0.30.49	5
3	ZAMUBUNTU	TEYISE	NEW BALANCE	25	SM	0.31.07	5
4	PHUMZILE	SIKAWUTI	RISE A C	22	SM	0.31.17	5
5	MZWANELE	MAPHEKULA	ABERDARE CABLES	25	SM	0.31.20	5
6	MILA	PASIYA	LIBNIKE	22	SM	0.31.30	5
7	CECIL	NAZO	TEMP	33	SM	0.31.32	0
8	WILLIE	DEYSEL	MR PRICE UPE	26	SM	0.31.40	5
9	LOYISO	NAZO	MR PRICE UPE	24	SM	0.31.42	5
10	XOLILE	ZAKE	NEW BALANCE	26	SM	0.31.48	5
11	LEWIS	SKADE	ATALANTA A C	24	SM	0.31.51	5
12	LUCAS	BOMELA	P E TECHNIKON	27	SM	0.31.59	5
13	KHAYA	YONA	ATALANTA A C	23	SM	0.32.02	5
14	RICARDO	PLAATJIES	ELITE A C	19	JM	0.32.05	5
15	LUVUYO	DYANI	ABERDARE CABLES	31	SM	0.32.22	5
16	LUVUYO	GEGE	TEMP	18	JM	0.32.25	0
17	AYANDA	PANA	WILLARD BATT	30	SM	0.32.33	5
18	LUVUYO	STEPHEN	MR PRICE UPE	31	SM	0.32.35	5
19	PETER	SIDINA	RHODES UNIVERSI	27	SM	0.32.42	5
20	SIPHIWO	MAGWACA	UMTATA	42	VM	0.32.43	0
21	BULELANI	TUTU	TECHNIKON E C	16	JM	0.32.43	0
22	THEMBINKOSI	TSHOTYANA	PEB PRNT ADIDAS	28	SM	0.32.46	5
23	MAWETHU	MPHONGOSHE	PLETT AC	19	SM	0.32.47	0
24	BASIE	BONAPARTE	ALBANY R R	36	SVM	0.32.49	5
25	CRAIG	WILSON	ACHILLES AAA	33	SM	0.33.10	5
26	MARIUS	STANDER	NEW BALANCE	34	SM	0.33.10	5
27	MLUNGISELELI	MANYATI	ATALANTA A C	26	SM	0.33.14	5
28	NKOSINATHI	BIYANA	NOKIA ALGOA AC	26	SM	0.33.14	5
29	MICHAEL	NONOYI	NOKIA ALGOA AC	40	VM	0.33.15	5
30	KGOTSO	MAJARA	RISE A C	21	SM	0.33.20	5
31	WELE	NDINGANE	RISE A C	18	JM	0.33.24	5
32	PHUMELELO	AUGUST	TEMP	17	JM	0.33.30	0
33	MANDLA	SIGQAKAZA	SANDF EP	27	SM	0.33.32	5
34	NCAMILE	NONQULO	SANDF EP	31	SM	0.33.35	5
35	COLLIN	DANI	ST ALBANS CSEP	34	SM	0.33.38	5
36	GCOBANI	BEKWAPI	NOKIA ALGOA AC	22	SM	0.33.40	5
37	UNKNOWN		TEMP	27	SM	0.33.41	0
38	SHADRICK	FLIP	ELITE A C	22	SM	0.33.46	5
39	UNKNOWN		TEMP	27	SM	0.33.48	0
40	EFESE	PETER	LIBNIKE	41	VM	0.33.50	5
41	VUSUMZI	MTONGANA	PPC ROAD RUNNER	32	SM	0.33.56	5
42	MAKHOSONKE	NQWENISO	PPC ROAD RUNNER	29	SM	0.33.58	5
43	SILULAMI	SWAPIE	NEW BALANCE	18	JM	0.33.59	5
44	SIZWE	SOLANI	E C LUBRICANTS	26	SM	0.34.04	5
45	FREEK	DANIELS	LIBNIKE	35	SVM	0.34.04	5
46	ZIMISELE	GROOTBOOM	TITANIC ACES	18	JM	0.34.08	5
47	BULELANI	VENA	RISE A C	22	SM	0.34.09	5
48	LUNGISILE	MANGQINGWANA	RHODES UNIVERSI	32	SM	0.34.12	5
49	THOZAMILE	BOKOLO	P E TECHNIKON	40	VM	0.34.13	5
50	THOZAMILE	VAKAZA	E C LUBRICANTS	26	SM	0.34.15	5
51	JOHN	RAFANI	MR PRICE UPE	35	SVM	0.34.17	5
52	MICHAEL	KLEINBOOI	PEB PRNT ADIDAS	39	SVM	0.34.18	5
53	MERVYN	JOHNSON	WILLARD BATT	28	SM	0.34.18	5
54	NKOSINQUBANI	SAWOLE	RISE A C	27	SM	0.34.22	5
55	JOHANNES	JONCK	ST ALBANS CSEP	28	SM	0.34.27	5
56	CHARLES	BAATJIES	ELITE A C	45	VM	0.34.31	5
57	NKOHLA	ZUKO	TEMP	25	SM	0.34.44	0
58	CHRISTOPHER	GOUWS	NOKIA ALGOA AC	25	SM	0.34.45	5
59	QUENTIN	JEWATZCHEWITZ	NOKIA ALGOA AC	21	SM	0.34.45	5
60	AUGUST	ESAU	SAP M C EP	31	SM	0.34.46	5
61	MZWANELE	MBADLANYANA	TEMP	31	SM	0.34.50	0
62	VIVIAN	LUTWEYI	PEB PRNT ADIDAS	38	SVM	0.34.50	5
63	EDWIN	NETNOU	NOKIA ALGOA AC	41	VM	0.34.52	5

POS	NAME	SURNAME	CLUB	AGE	CAT	HMS	PTS
64	STEVEN	FANELLA	PEB PRNT ADIDAS	38	SVM	0.34.57	5
65	SONWABILE	MKHONA	RISE A C	17	JM	0.34.58	5
66	TRESH	JAVU	ABERDARE CABLES	28	SM	0.35.03	5
67	NELSON	MGUBASI	NOKIA ALGOA AC	44	VM	0.35.04	5
68	JACKSON	BENELWA	NOKIA ALGOA AC	40	VM	0.35.09	5
69	DARRELL	WICHT	NEW BALANCE	38	SVM	0.35.12	5
70	ELIAS	KASE	P.E.A.A.C.	33	SM	0.35.17	5
71	PATRICK	MAKEBE	MR PRICE UPE	19	SM	0.35.19	5
72	PHUMELA	NDLWANA	TEMP	15	JM	0.35.20	0
73	MANDILAKHE	MNUNU	MR PRICE UPE	18	JM	0.35.22	5
74	CHARLIE	ZOKOBE	NOKIA ALGOA AC	42	VM	0.35.23	5
75	UNATHI	MAJARA	RISE A C	15	JM	0.35.25	5
76	MHLANGABEZI	NLABATHI	NEW BALANCE	17	JM	0.35.26	5
77	MZUKISI	ZAKO	PPC ROAD RUNNER	28	SM	0.35.26	5
78	KENNETH	MABOKELA	E C LUBRICANTS	26	SM	0.35.31	5
79	AARON	MATYUMZA	BLUEWATER BAY	34	SM	0.35.32	5
80	ALFRED	SPIERS	ELITE A C	41	VM	0.35.37	5
81	JOHN	LESHALABE	SANDEF EP	27	SM	0.35.38	5
82	GLADWELL	RUSELO	NOKIA ALGOA AC	35	SVM	0.35.39	5
83	KAASHIF	PIETERSEN	WILLARD BATT	25	SM	0.35.42	5
84	HANSON	SINGAPHI	TEMP	24	SM	0.35.43	0
85	DAVID	MAKELENI	TECHNIKON E C	17	JM	0.35.45	0
86	CHRIS	SULLIVAN	X-CEL A C	30	SM	0.35.46	5
87	PHILBERT	TYOMBO	P.E.A.A.C.	39	SVM	0.35.49	5
88	BONGANI	BLAAUW	RISE A C	24	SM	0.35.51	5
89	STEPHAN	BOTHA	SAP M C EP	33	SM	0.35.53	5
90	ERROL	KOERT	WILLARD BATT	25	SM	0.35.54	5
91	RANDALL	CUNNINGHAM	ELITE A C	40	VM	0.35.56	5
92	ANELE	MAHLEZA	P E TECHNIKON	19	SM	0.35.56	5
93	XOLILE	SOMBALO	MR PRICE UPE	29	SM	0.35.57	5
94	NTSIKELELO	SEBE	ABERDARE CABLES	17	JM	0.35.57	5
95	SIDWEL	ROBOSHI	NOKIA ALGOA AC	42	VM	0.35.58	5
96	NKOSINATH	VLAKBOK	SANDEF EP	25	SM	0.35.59	5
97	ANDREW	SCHEEPERS	NEW BALANCE	28	SM	0.36.00	5
98	SIMON	KUMM	P E TECHNIKON	20	SM	0.36.04	4
99	MZINGISI	KOLI	P.E.A.A.C.	37	SVM	0.36.07	5
100	MATTIN	BLOU	E C LUBRICANTS	17	JM	0.36.10	4
101	ELLIOT	NYIKI	NOKIA ALGOA AC	40	VM	0.36.10	5
102	GILROY	DOMINGO	VWAC	29	SM	0.36.13	4
103	NKUTHALO	FANAPHI	BLUEWATER BAY	16	JM	0.36.15	4
104	LUTHANDO	MTONGANA	RISE A C	14	JM	0.36.15	4
105	GEDDES	GALLANT	SANDEF EP	35	SVM	0.36.19	5
106	MONDE	TISE	PPC ROAD RUNNER	18	JM	0.36.23	4
107	WELLINGTON	TSHINGANE	SANDEF EP	31	SM	0.36.28	4
108	ALROY	MCLEAN	SAP M C EP	33	SM	0.36.28	4
109	ANTHONY	GREEN	NOKIA ALGOA AC	20	SM	0.36.29	4
110	LEONARD	MC MASTER	X-CEL A C	21	SM	0.36.35	4
111	MBULELO	SAMPIES	ST ALBANS CSEP	34	SM	0.36.36	4
112	SIDWELL	BALIWE	TEMP	29	SM	0.36.36	0
113	HAMILTON	MAZOMBA	ABERDARE CABLES	48	VM	0.36.37	5
114	BUNTU	JINA	PPC ROAD RUNNER	23	SM	0.36.38	4
115	SHAUN	TOM	TEMP	14	JM	0.36.38	0
116	ALAN	TAYLOR	PEB PRNT ADIDAS	44	VM	0.36.39	5
117	EDWALL	VAN ROOYEN	ATALANTA A C	28	SM	0.36.39	4
118	JEFFREY	VAN NIEKERK	CHARLO R R	29	SM	0.36.40	4
119	NEIL	DE MEILLON	NEW BALANCE	38	SVM	0.36.40	5
120	MOEGAMAT	BEYDON	ELITE A C	42	VM	0.36.41	5
121	FERDINAND	GROBLER	NOKIA ALGOA AC	43	VM	0.36.43	5
122	FANIE	CLAASSEN	NOKIA ALGOA AC	44	VM	0.36.44	5
123	ROBIN	FOURIE	ACHILLES AAA	38	SVM	0.36.44	5
124	JACQUES	VISSER	BODY CONCEPT	30	SM	0.36.45	4
125	PIETER	KAPP	SAP M C EP	41	VM	0.36.49	5
126	GERT	HOLTZHAUSEN	ELITE A C	26	SM	0.36.54	4
127	JEREMY	LANGEVELD	X-CEL A C	34	SM	0.36.55	4

POS	NAME	SURNAME	CLUB	AGE	CAT	HMS	PTS
128	GLADMAN	MSHWESHWE	NOKIA ALGOA AC	44	VM	0.37.02	5
129	SINDILE	NGUTA	TEMP	22	SM	0.37.02	0
130	SIYABONGA	NCETHEZA	PPC ROAD RUNNER	18	JM	0.37.03	4
131	ZOLA	DUDA	TEMP	24	SM	0.37.06	0
132	JOSEPH	SKEI	LIBNIKE	43	VM	0.37.07	5
133	TAMSANQA	JUSAYI	NOKIA ALGOA AC	59	MM	0.37.09	5
134	LUCKY	MAGUDLANA	TEMP	23	SM	0.37.15	0
135	LULAMILE	MDLIVA	FIT2000 A C	16	JM	0.37.19	4
136	JACOB	ABRAHAM	BODY CONCEPT	35	SVM	0.37.21	4
137	WELLINGTON	TYEKE	PEB PRNT ADIDAS	47	VM	0.37.23	5
138	MBONISI	PUWE	TEMP	16	JM	0.37.24	0
139	BONGO	NGQUMBA	TEMP	15	JM	0.37.28	0
140	MASONWABE	HANISE	TEMP	18	JM	0.37.31	0
141	PUMZILE	FANI	X-CEL A C	16	JM	0.37.32	4
142	KENNETH	PAKADE	E C LUBR	29	SM	0.37.33	0
143	MAKHAYA	MAGADA	NOKIA ALGOA AC	37	SVM	0.37.35	4
144	ANDISWA	MJUJWA	TEMP	14	JM	0.37.35	0
145	VUYANI	MATEBESE	ABERDARE CABLES	17	JM	0.37.38	4
146	LEONARD	ERASMUS	WILLARD BATT	44	VM	0.37.39	5
147	MONGEZI	MATUTU	MARITIME MOTORS	28	SM	0.37.41	4
148	CEDRIC	LIBERTY	LIBNIKE	24	SM	0.37.42	4
149	STEPHEN	KLUE	ELITE A C	43	VM	0.37.43	5
150	HENDRIK	VAN WYK	NOKIA ALGOA AC	38	SVM	0.37.45	4
151	PATRICK	KLAAS	MR PRICE UPE	37	SVM	0.37.46	4
152	ANDREW	MACKENZIE	ACHILLES AAA	28	SM	0.37.46	4
153	SIPHELO	NYOKA	PPC ROAD RUNNER	19	SM	0.37.47	4
154	RICARDO	LNSDAY	PEB PRNT ADIDAS	19	JM	0.37.49	4
155	WEZILE	WINE	P E TECHNIKON	27	SM	0.37.52	4
156	BHISHO	NOMBEWU	TEMP	35	SVM	0.37.52	0
157	EDGAR	VAN REENEN	LIBNIKE	25	SM	0.37.52	4
158	FRANCOIS	VAN LOGGERENBERG	NEW BALANCE	19	SM	0.37.53	4
159	ALLEN	MATTOCKS	WALMER AC	46	VM	0.37.53	5
160	ANDRE	PIEHL	BODY CONCEPT	31	SM	0.37.54	4
161	PATRICK	MZINI	REAL GIJIMAS	25	SM	0.37.56	0
162	LEONARD	CARELS	ELITE A C	35	SVM	0.37.59	4
163	CHRIS	TERBLANCHE	ACHILLES AAA	46	VM	0.38.03	5
164	BILLY BOY	KIETAS	NOKIA ALGOA AC	27	SM	0.38.07	3
165	DEON	APPOLLIS	NOKIA ALGOA AC	22	SM	0.38.07	3
166	ASHLEY	VAN DER WATT	NOKIA ALGOA AC	37	SVM	0.38.08	4
167	ADRIAN	CLARHE	FIT2000 A C	36	SVM	0.38.10	4
168	LLEWELLYN	CLACK	CRUSADERS A C	37	SVM	0.38.12	4
169	VERNON	NEWFELDT	WILLARD BATT	36	SVM	0.38.14	4
170	SIPHO	FRANISI	TEMP	34	SM	0.38.15	0
171	DAVID	MOORE	WORD OF FAITH	18	JM	0.38.16	3
172	ASANDA	MAKEBE	MR PRICE UPE	16	JM	0.38.16	3
173	WARREN	GRIFFITHS	MUIRITE STRIDER	36	SVM	0.38.18	4
174	JOHANN	OLIVIER	P.E.A.A.C.	53	MM	0.38.19	5
175	WELCOME	BASKITI	TEMP	32	SM	0.38.21	0
176	DONALD	MANCASA	NOKIA ALGOA AC	48	VM	0.38.22	4
177	JUNE	MASIKANTSI	REAL GIJIMAS	36	SVM	0.38.23	0
178	IGGY	FERREIRA	NOKIA ALGOA AC	29	SM	0.38.24	3
179	JOSEPH	HOTATA	NOKIA ALGOA AC	52	MM	0.38.28	5
180	MONDE	BEKAPHI	P E TECHNIKON	26	SM	0.38.34	3
181	THANDO	OLIPHANT	PPC ROAD RUNNER	24	SM	0.38.34	3
182	CISCE	COETZEE	SAP M C EP	32	SM	0.38.35	3
183	LUVUYO	MILIHU	CADBURY A C	23	SM	0.38.36	3
184	KEITH	WRIGHT	ACHILLES AAA	44	VM	0.38.36	4
185	ANDREW	JONAS	WILLARD BATT	37	SVM	0.38.36	4
186	WELLINGTON	MATISO	NOKIA ALGOA AC	45	VM	0.38.37	4
187	PLAATJIE	HENDRICKS	ELITE A C	32	SM	0.38.37	3
188	JONATHAN	HETT	RHODES UNIVERSI	20	SM	0.38.38	3
189	LUVUYO	MATANI	TITANIC ACES	20	SM	0.38.39	3
190	SIKHUMBUZO	GQOMO	PPC ROAD RUNNER	21	SM	0.38.40	3
191	TONY	BOARDMAN	ACHILLES AAA	43	VM	0.38.41	4

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192	CLIVE	WEWERS	ELITE A C	41	VM	0.38.41	4
193	ZOLEKA	DONDASHE	ABERDARE CABLES	16	JF	0.38.42	5
194	DUANE	LERM	NOKIA ALGOA AC	31	SM	0.38.42	3
195	DEREK	PRICE	ELITE A C	46	VM	0.38.43	4
196	MZWANDILE	JULY	TEMP	29	SM	0.38.43	0
197	RAYMOND	WEITZ	ELITE A C	47	VM	0.38.46	4
198	SIMPHIWE	VAYO	TEMP	14	JM	0.38.47	0
199	MAXWELL	MGQABUZANA	TEMP	31	SM	0.38.48	0
200	MATI	JACK	SANDF EP	50	MM	0.38.48	5
201	LEANNE	FINLAY	ELITE A C	34	SVF	0.38.49	5
202	HELGARD	POTGIETER	NOKIA ALGOA AC	30	SM	0.38.53	3
203	DEON	PRETORIUS	SAP M C EP	36	SVM	0.38.54	4
204	FIKILE	SEYA	SANDF EP	49	VM	0.38.55	4
205	MARIUS	PRINCE	WILLARD BATT	28	SM	0.38.56	3
206	SIYABONGA	HONNIE	X-CEL A C	17	JM	0.38.56	3
207	HANNES	ELS	FIT2000 A C	52	MM	0.39.00	5
208	ANTON	CLOTZ	ELITE A C	36	SVM	0.39.00	4
209	LAWRENCE	PRINCE	ELITE A C	34	SM	0.39.00	3
210	XOLISILE	TRONGO	NOKIA ALGOA AC	34	SM	0.39.01	3
211	THENBELANI	TEKO	PPC ROAD RUNNER	16	JM	0.39.01	3
212	TERRENCE	LOWE	TEMP	15	JM	0.39.03	0
213	BOY	NCAMA	TEMP	38	SVM	0.39.06	0
214	LUYANDA	TOTYI	RISE A C	20	SM	0.39.08	3
215	JANNIE	VAN GREUNEN	PEB PRNT ADIDAS	45	VM	0.39.12	4
216	XOLILE	FULELO	ABERDARE CABLES	33	SM	0.39.14	3
217	ATHWHEEL	DASHE	ABERDARE CABLES	29	SM	0.39.16	3
218	TONY	KLAASEN	MALABAR	40	VM	0.39.16	4
219	PRESCILLA	SINDAPHI	NEW BALANCE	23	SF	0.39.17	5
220	RODERICK	MOOLLA	X-CEL A C	37	SVM	0.39.18	3
221	PETER	VAN RENSBURG	ELITE A C	43	VM	0.39.19	4
222	LONWABO	KRAZIYA	RHODES UNIVERSI	22	SM	0.39.19	3
223	WELLINGTON	MATYITYI	REAL GIJIMAS	34	SM	0.39.28	0
224	ERIC	MAPARA	RHODES UNIVERSI	54	MM	0.39.30	5
225	MZUKISI	HOGWANA	TEMP	33	SM	0.39.33	0
226	MZUHLANGENE	LUPHIWANA	TEMP	20	SM	0.39.33	0
227	CARL	TERBLANCHE	SAP M C EP	32	SM	0.39.36	3
228	NEIL	BROOKS	P E TECHNIKON	28	SM	0.39.36	3
229	PAUL	PEREL	P E TECHNIKON	31	SM	0.39.37	3
230	MICHEL	DU PREEZ	MR PRICE UPE	18	JM	0.39.38	3
231	MZIKANTI	TANA	TEMP	23	SM	0.39.40	0
232	NZALISEKO	TESANA	TEMP	25	SM	0.39.40	0
233	MZIWABANTU	NYATI	ST ALBANS CSEP	28	SM	0.39.41	3
234	ALISTAIR	MCMASTER	RHODES UNIVERSI	25	SM	0.39.41	3
235	MICHAEL	PASSMAN	ABERDARE CABLES	51	MM	0.39.42	5
236	PETER	ALLEN	ACHILLES AAA	51	MM	0.39.42	5
237	THEUNS	HATTINGH	FIT2000 A C	39	SVM	0.39.48	3
238	WITNESS	FILANA	TEMP	29	SM	0.39.49	0
239	KEVIN	GILLMER	ELITE A C	41	VM	0.39.50	4
240	SHANE	NORRIS	FIT2000 A C	28	SM	0.39.51	3
241	WYNAND	DE GOEDE	ELITE A C	26	SM	0.39.54	3
242	FREDDIE	MICHAELS	ELITE A C	42	VM	0.39.55	4
243	FRANCOIS	MYBURGH	NOKIA ALGOA AC	15	JM	0.39.55	3
244	VUYO	VIMBAYO	ABERDARE CABLES	20	SM	0.39.55	3
245	PATRICK	NOKWE	ABERDARE CABLES	41	VM	0.39.59	4
246	ARTHUR	GROOTBOOM	X-CEL A C	46	VM	0.40.02	4
247	ALAN	CAMPBELL	ACHILLES AAA	40	VM	0.40.04	4
248	MASIXOLE	MAHEBE	TEMP	37	SVM	0.40.08	0
249	ALWYN	JOHNSON	BODY CONCEPT	35	SVM	0.40.10	3
250	HERBERT	HUTTON	WILLARD BATT	49	VM	0.40.12	3
251	DONEVIN	LESCH	NOKIA ALGOA AC	28	SM	0.40.18	3
252	KWANDIWE	NXOKWANA	TEMP	25	SM	0.40.20	0
253	MICHAEL	MAGSON	FIT2000 A C	25	SM	0.40.20	3
254	CHRISTELLE	DE JAGER	LIBNIKE	40	VF	0.40.21	5
255	MORNE	BOTHA	NOKIA ALGOA AC	16	JM	0.40.22	3

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256	CLIFFORD	HICKEN	ELITE A C	44	VM	0.40.27	3
257	JEFFREY	STRAUSS	SAP M C EP	53	MM	0.40.27	5
258	JACKSON	NGCOKO	WILLARD BATT	53	MM	0.40.28	5
259	BEKMAN	KUTTA	UMTATA	51	MM	0.40.28	0
260	DAVE	PELLS	PEB PRNT ADIDAS	41	VM	0.40.29	3
261	COLIN	INGRAM	ELITE A C	42	VM	0.40.29	3
262	HERMANN	ZEELIE	ELITE A C	29	SM	0.40.31	3
263	BARON	NAUDE	CRUSADERS A C	24	SM	0.40.32	3
264	ABONGILE	ZIDE	P E TECHNIKON	20	SM	0.40.34	3
265	GIDEON	VAN ZYL	ELITE A C	50	MM	0.40.35	5
266	GODFREE	NOMPALWENI	PPC ROAD RUNNER	18	JM	0.40.45	3
267	MICHAEL	UITHALER	WILLARD BATT	35	SVM	0.40.46	3
268	MORNE	MULLER	PRETORIA DEFENC	31	SM	0.40.48	0
269	WILLIAM	REINTJIES	X-CEL A C	49	VM	0.40.49	3
270	MZWANDILE	VENA	VWAC	30	SM	0.40.49	3
271	PETER	BASHELA	WILLARD BATT	49	VM	0.40.49	3
272	CHRISTOPHER	CHIDGEY	TEMP	16	JM	0.40.50	0
273	JOHANN	POSTMA	ELITE A C	36	SVM	0.40.51	3
274	MICHAEL	BARNARDO	MARITIME MOTORS	34	SM	0.40.51	3
275	NKOSINATHI	GALA	RISE A C	26	SM	0.40.54	3
276	PERCY	DALTON	ACHILLES AAA	53	MM	0.40.54	5
277	MARIUS	VAN EYK	BODY CONCEPT	37	SVM	0.40.54	3
278	DESMOND	FOUCHE	ELITE A C	36	SVM	0.40.55	3
279	WILLIAM	KAFATYI	BLUEWATER BAY	31	SM	0.40.55	3
280	MARGIE	SAUNDERS	NEW BALANCE	48	MF	0.40.56	5
281	HERMAN	VAN JAARVELDT	SAP M C EP	42	VM	0.40.56	3
282	WILFRED	FRASER	VWAC	45	VM	0.40.56	3
283	WINSTON	MALGAS	WILLARD BATT	40	VM	0.40.57	3
284	PIETER	DRAGHOENDER	ELITE A C	55	MM	0.40.58	5
285	CLIVE	VAN RAYNER	NOKIA ALGOA AC	34	SM	0.40.59	3
286	SHARON	ZEELIE	SAP M C EP	31	SVF	0.40.59	5
287	SAM	ERASMUS	SAP M C EP	44	VM	0.41.00	3
288	GERHARD	LEMMER	WALMER AC	35	SVM	0.41.03	3
289	MARK	JOHNSON	TEMP	15	JM	0.41.06	0
290	TOMMY	FALTAIN	X-CEL A C	39	SVM	0.41.06	3
291	SIVUYILE	JANTJIES	TEMP	19	SM	0.41.10	0
292	HEDLEY	WHITEHEAD	BODY CONCEPT	39	SVM	0.41.11	3
293	MICHAEL	IRWIN	RHODES UNIVERSI	23	SM	0.41.12	3
294	ALFY	PETRUS	VWAC	39	SVM	0.41.14	3
295	TYRONE	RUITERS	WILLARD BATT	27	SM	0.41.14	3
296	PETER	GROOTBOOM	WILLARD BATT	34	SM	0.41.14	3
297	ANDRE	BARNARD	NOKIA ALGOA AC	40	VM	0.41.19	3
298	WILLEM	PIENAAR	MR PRICE UPE	25	SM	0.41.20	3
299	SIPHO	ADAM	TEMP	33	SM	0.41.22	0
300	CHARLES	CAMPHER	SAP M C EP	45	VM	0.41.25	3
301	WERNER	CLAASSEN	NOKIA ALGOA AC	38	SVM	0.41.27	3
302	QHAYISA	NKWENKWEZI	SAP M C EP	27	SM	0.41.30	3
303	ANDRE	VAN COLLER	ELITE A C	36	SVM	0.41.32	3
304	ANDREW	HAYWARD	ELITE A C	43	VM	0.41.32	3
305	VELILE	MZELE	MARITIME MOTORS	25	SM	0.41.36	3
306	MARK	ROCKMAN	P.E.A.A.C.	33	SM	0.41.38	3
307	JACO	VAN ZYL	SAP M C EP	37	SVM	0.41.38	3
308	LES	BRIGHTMAN	PEB PRNT ADIDAS	53	MM	0.41.40	5
309	NICHOLUS	NYEMBE	P E TECHNIKON	25	SM	0.41.40	3
310	GEORGE	BOTHA	ELITE A C	48	VM	0.41.41	3
311	MARINDA	CRONJE	MR PRICE UPE	37	VF	0.41.41	5
312	BONGANI	SHIYANI	P E TECHNIKON	27	SM	0.41.42	2
313	ANDRE	LOOTS	BODY CONCEPT	39	SVM	0.41.44	3
314	JANE	LEVY	FIT2000 A C	27	SF	0.41.44	4
315	PIET	MEYER	NOKIA ALGOA AC	52	MM	0.41.45	5
316	PLAAITJIE	DAMONS	VWAC	38	SVM	0.41.46	3
317	ZUKISUMZI	GROOTBOOM	TEMP	27	SM	0.41.47	0
318	SHANE	BROWN	P.E.A.A.C.	41	VM	0.41.51	3
319	DENVER	BAATJIES	SAP M C EP	27	SM	0.41.55	2

POS	NAME	SURNAME	CLUB	AGE	CAT	HMS	PTS
320	OTIS	GQUNTO	TEMP	30	SM	0.41.57	0
321	RIAN	SMALBERGER	SAP M C EP	47	VM	0.41.58	3
322	WADE	VERMAAK	TEMP	16	JM	0.42.00	0
323	HENRY	JANSEN	X-CEL A C	27	SM	0.42.03	2
324	KEITH	WATTRUS	BODY CONCEPT	44	VM	0.42.03	3
325	FRED	VERRALL	WILLARD BATT	53	MM	0.42.05	4
326	SHAUN	KORKIE	ACHILLES AAA	19	JM	0.42.05	2
327	DESMOND	NOMNGANGA	TEMP	41	VM	0.42.06	0
328	NINO	MANXOYI	X-CEL A C	17	JM	0.42.09	2
329	DEON	SMITH	WILLARD BATT	34	SM	0.42.10	2
330	CRAIG	TUCK	PEB PRNT ADIDAS	33	SM	0.42.12	2
331	VUYO	CEKISANI	PPC ROAD RUNNER	35	SVM	0.42.15	3
332	ROGER	VOGEL	ACHILLES AAA	45	VM	0.42.16	3
333	SITHEMBILE	MPAKO	RISE A C	41	VM	0.42.22	3
334	JEROME	MAY	X-CEL A C	35	SVM	0.42.23	3
335	EDDIE	GILLMORE	BLUEWATER BAY	44	VM	0.42.25	3
336	LITHA	DLADLA	TEMP	15	JM	0.42.26	0
337	DERRICK	HOSHE	WILLARD BATT	43	VM	0.42.28	3
338	MBULELO	KITAS	CADBURY A C	32	SM	0.42.32	2
339	KERNEELS	MEINTJIES	ST ALBANS CSEP	42	VM	0.42.32	3
340	COLIN	PARKINS	BLUEWATER BAY	48	VM	0.42.33	3
341	DONOVAN	SCHUIN	NOKIA ALGOA AC	15	JM	0.42.34	2
342	JOHNNY	LENTOOR	QUEENSTOWN HARR	34	SM	0.42.34	0
343	WILLIE	VAN JAARVELD	ELITE A C	50	MM	0.42.36	4
344	PIERRE	DU PLESSIS	SANDEP	39	SVM	0.42.36	3
345	CHESTER	BROOKS	X-CEL A C	44	VM	0.42.38	3
346	JAN	MEIRING	ELITE A C	33	SM	0.42.39	2
347	JOHN	WINDVOGEL	SAP M C EP	36	SVM	0.42.41	2
348	LUYANDA	NTSUNDWANA	CADBURY A C	27	SM	0.42.42	2
349	LOUIS	SWIEGELAAR	SAP M C EP	36	SVM	0.42.43	2
350	CHRISTOPHER	COCKCROFT	NOKIA ALGOA AC	46	VM	0.42.43	3
351	XOLANI	PIKOLI	TEMP	14	JM	0.42.46	0
352	IAN	CLAASSEN	TEMP	34	SM	0.42.47	0
353	FRANCOIS	SMITH	SAP M C EP	30	SM	0.42.48	2
354	WELCOME	KALIPA	CADBURY A C	35	SVM	0.42.48	2
355	DUANE	HARTLIEF	X-CEL A C	33	SM	0.42.50	2
356	CHRISTOFF	OPPERMAN	CRUSADERS A C	31	SM	0.42.52	2
357	DANIEL	PIETERSE	NOKIA ALGOA AC	39	SVM	0.42.54	2
358	PIERRE	KNOESEN	SAP M C EP	47	VM	0.42.54	3
359	CATHERINE	WALKER	RHODES UNIVERSI	21	SF	0.42.56	3
360	JOHN	WENTZEL	TEMP	35	SVM	0.42.56	0
361	CILLIERS	SWART	NOKIA ALGOA AC	55	MM	0.42.56	4
362	CHRIS	KISBEY-GREEN	BODY CONCEPT	36	SVM	0.42.57	2
363	KNUT	ENGELBRECHT	BODY CONCEPT	37	SVM	0.42.59	2
364	WARREN	MITCHELL	PEB PRNT ADIDAS	18	JM	0.42.59	2
365	DANIE	OLIVIER	MUIRITE STRIDER	17	JM	0.42.59	2
366	PETRA	ZIKMAN	ELITE A C	32	SVF	0.43.00	4
367	HUMAN	VAN GENT	WILLARD BATT	37	SVM	0.43.02	2
368	XOLILE	GUQAZA	WILLARD BATT	44	VM	0.43.04	3
369	RUSTY	MULLER	TEMP	46	VM	0.43.07	0
370	JOHN	EXLEY	ACHILLES AAA	45	VM	0.43.08	3
371	PATRICK	DIKO	TEMP	36	SVM	0.43.09	0
372	RIAN	BOTHA	BLUEWATER BAY	33	SM	0.43.09	2
373	HUBERT	OLIVIER	ELITE A C	42	VM	0.43.09	3
374	GERARD	VON LEVETZOW	MR PRICE UPE	45	VM	0.43.10	3
375	IVAN	RUDD	TEMP	34	SM	0.43.11	0
376	MAZAMI	BUSAKWE	ABERDARE CABLES	31	SM	0.43.11	2
377	MBTISELI	SITENGE	MR PRICE UPE	23	SM	0.43.13	2
378	LULAMA	SOVITHI	TEMP	15	JM	0.43.15	0
379	LESLEY	WOOD	ELITE A C	44	VF	0.43.38	3
380	RIAN	KOCK	TEMP	32	SM	0.43.39	0
381	ZEPHO	VUKU	TEMP	28	SM	0.43.40	0
382	MORNAY	VAN DER WATT	SAP M C EP	32	SM	0.43.41	2
383	JOHANNES	GESWINDT	X-CEL A C	42	VM	0.43.43	2

POS	NAME	SURNAME	CLUB	AGE	CAT	HMS	PTS
384	NEVILLE	MULLER	ST ALBANS CSEP	35	SVM	0.43.43	2
385	ROLAND	DACE	WILLARD BATT	47	VM	0.43.44	2
386	DAVID	O'RIELLY	X-CEL A C	54	MM	0.43.44	3
387	MFUNDO	MUSA	X-CEL A C	34	SM	0.43.46	2
388	JULIUS	SHOGOLE	ABERDARE CABLES	49	VM	0.43.50	2
389	DEVIN	JACKSON	PEB PRNT ADIDAS	33	SM	0.43.51	2
390	DONALD	WOOD	PEB PRNT ADIDAS	25	SM	0.43.51	2
391	BEYERS	LAMPRECHT	NOKIA ALGOA AC	33	SM	0.43.52	2
392	STEPHEN	FRASER	BODY CONCEPT	37	SVM	0.43.53	2
393	ARTHUR	WILLIAMS	NOKIA ALGOA AC	39	SVM	0.43.54	2
394	ROGER	HOOKE	BODY CONCEPT	41	VM	0.43.56	2
395	ANDREW	PORTER	ACHILLES AAA	30	SM	0.43.58	2
396	LAURENCE	STONE	ACHILLES AAA	45	VM	0.43.59	2
397	GEORGE	GROVES	SOMERSET EAST	50	MM	0.44.00	3
398	JOHAN	FOURIE	ELITE A C	46	VM	0.44.02	2
399	EVERT	VAN TONDER	PEB PRNT ADIDAS	24	SM	0.44.03	2
400	DANIE	NEL	NOKIA ALGOA AC	64	GM	0.44.05	5
401	ANDRE	OEOFSE	P.E.A.A.C.	47	VM	0.44.08	2
402	FRANZT	STRUWIG	P E TECHNIKON	45	VM	0.44.11	2
403	MANDLA	MFO	TEMP	16	JM	0.44.13	0
404	ASITHANDILE	SOLOMON	TEMP	16	JF	0.44.14	0
405	LINDILE	VEZILE	MR PRICE UPE	34	SM	0.44.15	2
406	COENIE	KUKKUK	NOKIA ALGOA AC	39	SVM	0.44.18	2
407	LESLIE	KRETMANN	TEMP	32	SM	0.44.19	0
408	NELSON	MATYITYI	REAL GIJIMAS	42	VM	0.44.20	0
409	MAJORIE	MJOVANE	P.E.A.A.C.	34	SM	0.44.22	2
410	DEON	DOBSON	NOKIA ALGOA AC	39	SVM	0.44.23	2
411	VURDEN	VAN NIEKERK	PEB PRNT ADIDAS	33	SM	0.44.23	2
412	IAN	ROSS	BODY CONCEPT	45	VM	0.44.25	2
413	DARREN	ARMSTRONG	TEMP	16	JM	0.44.27	0
414	DEAN	FINLAY	ELITE A C	36	SVM	0.44.28	2
415	BRUCE	MCEWAN	ACHILLES AAA	48	VM	0.44.31	2
416	FIONA	FURSEY	ACHILLES AAA	37	VF	0.44.33	3
417	JOHANN	DORFLING	ELITE A C	44	VM	0.44.33	2
418	LAZOLA	KENENE	MARITIME MOTORS	17	JM	0.44.35	2
419	AUBREY	LE ROUX	NOKIA ALGOA AC	49	VM	0.44.36	2
420	ZIYAAD	DOLLEY	TEMP	33	SM	0.44.40	0
421	RUBIN	CLAASSEN	NOKIA ALGOA AC	50	MM	0.44.40	3
422	ZOLILE	POTI	ABERDARE CABLES	41	VM	0.44.41	2
423	SHARON	JESSOP	TEMP	32	SVF	0.44.42	0
424	MLUNGISELELI	TUKULU	TEMP	23	SM	0.44.48	0
425	PATRICK	MUNNICK	SAP M C EP	45	VM	0.44.50	2
426	GREGORY	BAUER	CHARLO R R	43	VM	0.44.52	2
427	EUGENE	VAN WYK	X-CEL A C	30	SM	0.44.57	2
428	MICHAEL	STUURMAN	NOKIA ALGOA AC	51	MM	0.45.00	3
429	TERTIUS	BUYS	BLUEWATER BAY	36	SVM	0.45.01	2
430	MARIUS	OLIVIER	ELITE A C	34	SM	0.45.03	2
431	PIETER	STRYDOM	NOKIA ALGOA AC	40	VM	0.45.07	2
432	BARNEY	KRUGER	NOKIA ALGOA AC	50	MM	0.45.08	3
433	JONATHAN	HAYLOCK-LYONS	P E TECHNIKON	26	SM	0.45.09	2
434	JACQUES	SNYMAN	SAP M C EP	33	SM	0.45.10	2
435	ERIC	LOUW	BLUEWATER BAY	43	VM	0.45.12	2
436	WELCOME	MPUSHE	NOKIA ALGOA AC	39	SVM	0.45.12	2
437	DAVID	SWANEPOEL	X-CEL A C	42	VM	0.45.13	2
438	LIDA	LOUW	P.E.A.A.C.	48	MF	0.45.13	5
439	MICHAEL	COLLINS	P.E.A.A.C.	63	GM	0.45.14	5
440	UNKNOWN		TEMP	27	SM	0.45.18	0
441	LOUIS	HATTINGH	TEMP	50	MM	0.45.21	0
442	ANDRE	SWART	NOKIA ALGOA AC	36	SVM	0.45.21	2
443	ADELE	NEL	NOKIA ALGOA AC	29	SF	0.45.22	3
444	VUSUMZI	MANUCIPU	MARITIME MOTORS	21	SM	0.45.23	2
445	ZOLA	MNGE	TEMP	22	SM	0.45.23	0
446	BASIL	TYLER	ACHILLES AAA	40	VM	0.45.25	2
447	PETRA	STRYDOM	ELITE A C	49	VM	0.45.30	2

POS	NAME	SURNAME	CLUB	AGE	CAT	HMS	PTS
448	GORDON	BEST	TEMP	35	SVM	0.45.31	0
449	ZANELE	JALI	TEMP	12	JF	0.45.32	0
450	ROB	COLESKY	MAGNOLIA R R	38	SVM	0.45.33	0
451	KEN	BARWOOD	ACHILLES AAA	46	VM	0.45.34	2
452	XHANTI	GOBA	P E TECHNIKON	19	SM	0.45.37	2
453	JOHN	KOTZE	ACHILLES AAA	50	MM	0.45.38	3
454	NEIL	GROBLER	MUIRITE STRIDER	42	VM	0.45.42	2
455	CARINA	SNELL	RHODES UNIVERSI	20	SF	0.45.44	2
456	GAVIN	VAN VLIET	CHARLO R R	45	VM	0.45.45	2
457	ADRIAN	RISTOW	TEMP	28	SM	0.45.47	0
458	PIERRE	STANDER	NOKIA ALGOA AC	38	SVM	0.45.48	2
459	LENEL	OOSTHUIZEN	ELITE A C	47	VM	0.45.49	2
460	MICHAEL	SLATER	MR PRICE UPE	31	SM	0.45.54	2
461	DAVID	PATON	ACHILLES AAA	47	VM	0.45.56	2
462	LUPUMLO	NDZUBE	SAP M C EP	31	SM	0.45.59	2
463	GAIL	KLICHOWICZ	ACHILLES AAA	35	VF	0.46.03	3
464	DORA	DE BRUIN	ST ALBANS CSEP	51	MF	0.46.03	5
465	ANDRE	PIENAAR	ELITE A C	39	SVM	0.46.05	2
466	PAUL	DOORLY-JONES	BODY CONCEPT	58	MM	0.46.05	3
467	PHUMLANI	MARANGULA	TEMP	14	JM	0.46.08	0
468	ANDRE	HUNTER	CADBURY A C	34	SM	0.46.08	2
469	DORIS	LIBERTY	NOKIA ALGOA AC	42	VF	0.46.09	3
470	TIMOTHY	MOORE	WORD OF FAITH	16	JM	0.46.10	2
471	JEREMY	SAMUELS	X-CEL A C	35	SVM	0.46.11	2
472	GERRIT	CRAFFORD	TEMP	24	SM	0.46.12	0
473	EDWIN	SCHEEPERS	X-CEL A C	35	SVM	0.46.13	2
474	WESSEL	VAN HEERDEN	OUTENIQUA HARRI	28	SM	0.46.13	0
475	BOKKIE	HYMAN	BLUEWATER BAY	49	VM	0.46.14	2
476	WILLIAM	VAN DER RIET	TEMP	43	VM	0.46.14	0
477	DANIEL	SCHUIN	NOKIA ALGOA AC	38	SVM	0.46.16	2
478	MZWEKEKHAYA	MUKU	TEMP	37	SVM	0.46.19	0
479	BRADLEY	JOUBERT	ACHILLES AAA	40	VM	0.46.22	2
480	MPUTUMI	DUBA	TEMP	18	JM	0.46.25	0
481	PETER	SMITH	SAP M C EP	48	VM	0.46.30	2
482	JEANNE	GREYLING	VWAC	26	SF	0.46.34	2
483	MUBIN	PEERBHAJ	MALABAR	37	SVM	0.46.37	2
484	CHRIS	HERSELMAN	NOKIA ALGOA AC	43	VM	0.46.39	2
485	COLIN	HERMANUS	SAP M C EP	43	VM	0.46.39	2
486	YOLANDA	BAATJES	X-CEL A C	27	SF	0.46.40	2
487	RUBERTO	MAY	X-CEL A C	24	SM	0.46.43	2
488	PAT	THOMPSON	ACHILLES AAA	41	VF	0.46.44	2
489	RICHARD	PRESTON	CRUSADERS A C	46	VM	0.46.45	2
490	MILKA	BOSHOFF	ACHILLES AAA	48	MF	0.46.46	4
491	GAIL	PATON	ACHILLES AAA	42	VF	0.46.49	2
492	JAN	LE ROUX	ELITE A C	42	VM	0.46.50	2
493	CLAIRE	NAGEL	ELITE A C	37	VF	0.46.54	2
494	JAKKIE	GERBER	ELITE A C	41	VM	0.46.55	2
495	CONRAD	DE BUYS	ROODEPOORT A C	36	SVM	0.47.00	0
496	ROLAN	LOTTERING	SAP M C EP	34	SM	0.47.01	2
497	JOHN	FACEY	WORD OF FAITH	44	VM	0.47.03	2
498	MPHO	RANCHO	PPC ROAD RUNNER	19	JF	0.47.04	2
499	CAREL	BOSHOFF	ACHILLES AAA	53	MM	0.47.04	2
500	BOB	STEDMAN	ACHILLES AAA	52	MM	0.47.04	2
501	WERNER	GERBER	ACHILLES AAA	34	SM	0.47.05	2
502	PAUL	GELDENHUYS	PEB PRNT ADIDAS	47	VM	0.47.10	2
503	DANIEL	FERREIRA	NOKIA ALGOA AC	43	VM	0.47.11	2
504	ANNELIE	NEL	WORD OF FAITH	27	SF	0.47.11	2
505	CATHY	BULLOCK	BODY CONCEPT	48	MF	0.47.14	4
506	JACOBUS	WYATT	NOKIA ALGOA AC	38	SVM	0.47.14	2
507	THAPELO	MBEKA	ABERDARE CABLES	19	SM	0.47.15	2
508	TREMAINE	WESSON	ACHILLES AAA	41	VM	0.47.17	2
509	RAJAN	NAIDOO	ELITE A C	39	SVM	0.47.17	2
510	NICK	MULLINS	BODY CONCEPT	45	VM	0.47.19	2
511	ECKART	SCHUMANN	BODY CONCEPT	56	MM	0.47.21	2

POS	NAME	SURNAME	CLUB	AGE	CAT	HMS	PTS
512	DEON	ZEELIE	PEB PRNT ADIDAS	33	SM	0.47.24	2
513	ANDRIES	FERREIRA	SAP M C EP	18	JM	0.47.24	2
514	JAN	BEKKER	P.E.A.A.C.	69	GM	0.47.24	3
515	EGBERT	OOSTHUIZEN	NOKIA ALGOA AC	44	VM	0.47.25	2
516	GLEN	KLOPPER	BODY CONCEPT	39	SVM	0.47.27	2
517	DEAN	KIVIDO	X-CEL A C	30	SM	0.47.29	1
518	LIZ	GRUNDLINGH	MUIRITE STRIDER	55	GF	0.47.35	5
519	PETER	STAUDE	HULETT ALUMINIU	48	VM	0.47.36	0
520	STEPHEN	DOUGLAS	ACHILLES AAA	42	VM	0.47.37	2
521	LINDSAY	PILLAY	ACHILLES AAA	48	VM	0.47.38	2
522	DIRK	JANSEN	NOKIA ALGOA AC	52	MM	0.47.41	2
523	ANDREW	MOSS	GONUBIE HARRIER	33	SM	0.47.41	0
524	GEOFF	ROBERTS	ACHILLES AAA	49	VM	0.47.43	2
525	BRIAN	MCKAY	BODY CONCEPT	47	VM	0.47.43	2
526	BRATO	MALGAS	WILLARD BATT	42	VM	0.47.43	2
527	PRINCESS	MALAMBILE	PPC ROAD RUNNER	32	SVF	0.47.44	2
528	KEVIN	EAGLETON	NOKIA ALGOA AC	13	JM	0.47.44	1
529	STUART	ALLEN	ACHILLES AAA	48	VM	0.47.45	2
530	MERVYN	MALGAS	SAP M C EP	40	VM	0.47.45	2
531	GOOFEY	FOUCHE	ELITE A C	44	VM	0.47.47	2
532	REON	VAN RENSBURG	ST ALBANS CSEP	30	SM	0.47.47	1
533	BENITA	BARTON	CRUSADERS A C	31	SVF	0.47.48	2
534	GERALD	STRUWIG	NOKIA ALGOA AC	33	SM	0.47.50	1
535	CONRAD	BOSCH	BODY CONCEPT	33	SM	0.47.50	1
536	CHARLES	JANTJIES	X-CEL A C	41	VM	0.47.51	2
537	MARIUS	SNYMAN	ST ALBANS CSEP	37	SVM	0.47.51	2
538	JAMES	BOLTON	ACHILLES AAA	42	VM	0.47.55	2
539	PAULETTE	FRASER	BODY CONCEPT	37	VF	0.47.56	2
540	ANDRE	FOURIE	ELITE A C	54	MM	0.47.59	2
541	AMRIT	GANGARAM	NOKIA ALGOA AC	39	SVM	0.48.01	2
542	TONY	KILROE	ACHILLES AAA	46	VM	0.48.03	2
543	PETER	POHLMANN	ACHILLES AAA	38	SVM	0.48.03	2
544	HILANA	MARAIS	MR PRICE UPE	20	SF	0.48.07	2
545	ADRIAAN	FILMALTER	CHARLO R R	27	SM	0.48.08	1
546	WILMA	STANDER	NOKIA ALGOA AC	37	VF	0.48.12	2
547	GERONIMO	PIEDT	X-CEL A C	35	SVM	0.48.15	1
548	SHALINE	JANSEN	X-CEL A C	31	SM	0.48.17	1
549	GERALD	BOUWER	ACHILLES AAA	58	MM	0.48.20	2
550	DINESH	COOPOO	ELITE A C	34	SM	0.48.20	1
551	NICO	DE WET	BLUEWATER BAY	27	SM	0.48.23	1
552	DANIE	STEYN	SAP M C EP	40	VM	0.48.23	2
553	ROUX	KEMP	TEMP	27	SM	0.48.24	0
554	FRANS	VAN HEUSDEN	BODY CONCEPT	52	MM	0.48.28	2
555	PAUL	LEVERINGTON	BODY CONCEPT	46	VM	0.48.31	2
556	ERNEST	KAPP	MR PRICE UPE	43	VM	0.48.32	2
557	SIDNEY	STICKELLS	OLD SELBORNIAN	46	VM	0.48.33	0
558	WILFRED	RUITERS	TEMP	27	SM	0.48.36	0
559	CHARLENE	KENNEDY	BODY CONCEPT	28	SF	0.48.37	2
560	JAN	VON MOLLENDORF	ELITE A C	56	MM	0.48.37	2
561	GRAHAM	ELBOURNE	BODY CONCEPT	49	VM	0.48.45	2
562	SEAN	BILLSON	BODY CONCEPT	38	SVM	0.48.45	1
563	KAREN	NEL	SAP M C EP	29	SF	0.48.46	2
564	GILLIAN	FERREIRA	FIT2000 A C	43	VF	0.48.47	2
565	SALOME	LOOTS	BODY CONCEPT	39	VF	0.48.51	2
566	ABRAHAM	JACOBS	TEMP	32	SM	0.48.53	0
567	YUSUF	SAMUELS	X-CEL A C	42	VM	0.48.54	2
568	RASHID	KAJEE	MALABAR	51	MM	0.48.58	2
569	MATTHEW	GIBB	RHODES UNIVERSI	24	SM	0.48.58	1
570	GERT	DEYZEL	NOKIA ALGOA AC	52	MM	0.49.00	2
571	HELEN	FOURIE	ELITE A C	32	SVF	0.49.00	2
572	NICKY	REHBOLK	RHODES UNIVERSI	20	SF	0.49.02	2
573	KEITH	BAYLIS	ACHILLES AAA	43	VM	0.49.03	1
574	DALLAS	BARNARDO	TEMP	27	SM	0.49.07	0
575	LUCELLE	JAFTHA	WILLARD BATT	41	VF	0.49.08	2

POS	NAME	SURNAME	CLUB	AGE	CAT	HMS	PTS
576	GRAHAM	NELL	ACHILLES AAA	50	MM	0.49.11	2
577	FRED	ALLIBONE	CRUSADERS A C	32	SM	0.49.13	1
578	MIKE	BURGER	CRUSADERS A C	48	VM	0.49.13	1
579	MARIA	MILNE	CRUSADERS A C	43	VF	0.49.14	2
580	APIE	VAN STADEN	NOKIA ALGOA AC	49	VM	0.49.15	1
581	ELIZMA	HERSELMAN	TEMP	27	SF	0.49.16	0
582	ALLEN	VAN DER RIET	TEMP	47	VM	0.49.18	0
583	KAREN	SIMPSON	BODY CONCEPT	36	VF	0.49.18	2
584	BENNY	HARMSE	BODY CONCEPT	36	SVM	0.49.19	1
585	ANTONIE	GROBLER	ELITE A C	49	VM	0.49.23	1
586	UNKNOWN		TEMP	27	SM	0.49.33	0
587	SUZANNE	LAVIS	P E TECHNIKON	43	VF	0.49.34	2
588	WILLIAM	GROBLER	ELITE A C	53	MM	0.49.36	2
589	HENRY	VAN STAADEN	X-CEL A C	32	SM	0.49.38	1
590	ANGELO	ELS	NOKIA ALGOA AC	29	SM	0.49.38	1
591	GIDION	VAN DER MERWE	ELITE A C	35	SVM	0.49.41	1
592	TOM	D'ARCY	ACHILLES AAA	56	MM	0.49.42	2
593	CHRIS	JANSEN	P.E.A.A.C.	57	MM	0.49.44	2
594	JANNIE	VAN VUUREN	BLUEWATER BAY	48	VM	0.49.45	1
595	ANDREW	MOSES	SAP M C EP	29	SM	0.49.48	1
596	JAQUES	BARNARD	ELITE A C	26	SM	0.49.51	1
597	GRAHAM	CHANNON	ACHILLES AAA	52	MM	0.49.52	2
598	MARK	HUNTER-SMITH	ACHILLES AAA	37	SVM	0.49.53	1
599	FREDERICK	ALLERS	NOKIA ALGOA AC	17	JM	0.49.56	1
600	GRAHAM	KENDALL	RAND ATHLETIC C	50	MM	0.49.58	0
601	EDDIE	NEL	WORD OF FAITH	30	SM	0.49.58	1
602	DALINA	MANLEY	NOKIA ALGOA AC	28	SF	0.50.00	2
603	KENNETH	MANLEY	NOKIA ALGOA AC	29	SM	0.50.01	1
604	LIFA	MKANLI	TEMP	33	SM	0.50.03	0
605	FRANCOIS	VAN SCHALKWYK	TEMP	14	JM	0.50.08	0
606	PATRICK	FERGUSON	BODY CONCEPT	63	GM	0.50.09	2
607	FREDERIK	SWANEPOEL	NOKIA ALGOA AC	35	SVM	0.50.10	1
608	NICO	GROENEWALD	ELITE A C	53	MM	0.50.11	2
609	SCOTT	VERWEY	NOKIA ALGOA AC	51	MM	0.50.15	2
610	DIMPIE	VERWEY	NOKIA ALGOA AC	42	VM	0.50.16	1
611	PETRA	DICKER	ELITE A C	38	VF	0.50.17	2
612	DICK	DOUGLAS	MALABAR	43	VM	0.50.26	1
613	LIZELLE	NORRIS	FIT2000 A C	25	SF	0.50.27	1
614	ROZELLE	VON MOLENDORFF	ELITE A C	38	VF	0.50.27	2
615	JOHAN	NEL	NOKIA ALGOA AC	45	VM	0.50.27	1
616	PULAPULA	MOTHIBI	TEMP	51	MM	0.50.32	0
617	KEVIN	BRITO	WORD OF FAITH	44	VM	0.50.32	1
618	DONALD	FLYNN	WORD OF FAITH	64	GM	0.50.40	2
619	LE-ROY	WINDVOGEL	MR PRICE UPE	25	SM	0.50.41	1
620	CLIVE	BENECKE	PEB PRNT ADIDAS	37	SVM	0.50.42	1
621	LOYISO	PIKOLI	ABERDARE CABLES	32	SM	0.50.44	1
622	SEVERIUS	JANSE VAN RENSBURG	MR PRICE UPE	50	MM	0.50.48	2
623	SEVERIUS JNR	JANSE VAN RENSBURG	MR PRICE UPE	21	SM	0.50.48	1
624	GERALD	HOXLEY	ACHILLES AAA	61	GM	0.50.49	2
625	TIMOTHY	HEWITT-COLEMAN	CRUSADERS A C	33	SM	0.50.51	1
626	HERMIE	FISHER	FIT2000 A C	34	SVF	0.50.54	1
627	CORNELIUS	NEL	NOKIA ALGOA AC	51	MM	0.50.58	2
628	MADELEINE	ACKERMAN	NOKIA ALGOA AC	27	SF	0.50.58	1
629	PAUL	STEFFENS	NOKIA ALGOA AC	50	MM	0.50.59	2
630	IQBAL	SAIN	MALABAR	46	VM	0.51.05	1
631	ALAN	SIMPSON	BODY CONCEPT	36	SVM	0.51.05	1
632	LIZ	AUSTIN	ACHILLES AAA	43	VF	0.51.06	2
633	HEIDI	JANSEN	ACHILLES AAA	35	VF	0.51.08	2
634	MARK	EDMEADES	MUIRITE STRIDER	33	SM	0.51.12	1
635	GRAHAM	RICHARDS	CRUSADERS A C	50	MM	0.51.13	1
636	TERRY	WATSON	TEMP	49	VM	0.51.14	0
637	EUGENE	MULDER	SAP M C EP	56	MM	0.51.16	1
638	JENNIFER	HOOKE	BODY CONCEPT	40	VF	0.51.17	1
639	VERNA	CLAASSEN	NOKIA ALGOA AC	39	VF	0.51.19	1

POS	NAME	SURNAME	CLUB	AGE	CAT	HMS	PTS
640	CONNIE	FELIX	WILLARD BATT	36	VF	0.51.22	1
641	CATHY	ALLERS	NOKIA ALGOA AC	40	VF	0.51.25	1
642	SITHEMBILE	DYASI	TEMP	23	SM	0.51.27	0
643	KURT	HORN	TEMP	15	JM	0.51.28	0
644	MARIUS	ZEELIE	PEB PRNT ADIDAS	36	SVM	0.51.28	1
645	JOHAN	CHAMBERLAIN	ELITE A C	36	SVM	0.51.29	1
646	RINA	BARNARD	ELITE A C	48	MF	0.51.30	2
647	HERMANUS	MYNHARDT	JEFFREYS BAY	35	SVM	0.51.32	1
648	CINDY	KLASSEN	LIBNIKE	17	JF	0.51.35	1
649	JOHN	ZAMBONINI	BODY CONCEPT	52	MM	0.51.39	1
650	BARRY	NELSON	WORD OF FAITH	50	MM	0.51.39	1
651	ALICIA	MCGEAR	X-CEL A C	18	JF	0.51.40	1
652	BUKELWA	SOMBALO	TEMP	19	SF	0.51.42	0
653	GERRIE	VAN DE MERWE	NOKIA ALGOA AC	39	SVM	0.51.42	1
654	YOUNUS	AMOD	MALABAR	49	VM	0.51.43	1
655	JOHAN	BARNARD	NOKIA ALGOA AC	49	VM	0.51.43	1
656	THERESA	LILLIS	CRUSADERS A C	45	MF	0.51.45	2
657	LUCIE	RUNNALLS	CRUSADERS A C	27	SF	0.51.46	1
658	ANDREW	BARTON	CRUSADERS A C	35	SVM	0.51.46	1
659	CORNEL	CORNELISSEN	NOKIA ALGOA AC	15	JM	0.51.47	1
660	WEHRNER	SMITH	NOKIA ALGOA AC	38	SVM	0.51.53	1
661	LINDA	BUDAZA	CADBURY A C	46	VM	0.51.57	1
662	MARYKA	LAMPRECHT	NOKIA ALGOA AC	26	SF	0.52.08	1
663	COLIN	KORKIE	ACHILLES AAA	44	VM	0.52.09	1
664	GERDA	SWART	NOKIA ALGOA AC	29	SF	0.52.09	1
665	COLIN	MURRAY	BODY CONCEPT	46	VM	0.52.11	1
666	CHRIS	VILJOEN	P.E.A.A.C.	54	MM	0.52.16	1
667	FREDDIE	JONES	NOKIA ALGOA AC	41	VM	0.52.19	1
668	RONALDO	HARDING	NOKIA ALGOA AC	16	JM	0.52.19	1
669	HANSIE	CLAASSEN	NOKIA ALGOA AC	46	VM	0.52.20	1
670	NOLEEN	NORRIS	CADBURY A C	44	VF	0.52.21	1
671	LOUISA	JANSEN	NOKIA ALGOA AC	50	MF	0.52.24	2
672	LYDIA	POTGIETER	NOKIA ALGOA AC	27	SF	0.52.25	1
673	SAM	ERASMUS	NOKIA ALGOA AC	42	VM	0.52.26	1
674	ZELDA	KRIGE	WALMER AC	41	VF	0.52.27	1
675	NIKKI	VAN NIEKERK	NOKIA ALGOA AC	48	MF	0.52.28	2
676	ISABEAU	BRÖNN	SAP M C EP	40	VF	0.52.29	1
677	SANNIE	SMIT	SAP M C EP	52	MF	0.52.30	2
678	DARYL	WILSON	CHARLO R R	37	SVM	0.52.31	1
679	MARIO	KILIAN	TEMP	23	SM	0.52.33	0
680	NZIMA	NDONGENI	TEMP	35	SVM	0.52.36	0
681	GERRIE	LE GRANGE	NOKIA ALGOA AC	49	VM	0.52.37	1
682	JENNY	PARKER	FIT2000 A C	39	VF	0.52.38	1
683	MARTIE	GROVES	SOMERSET EAST	49	MF	0.52.38	2
684	ANTON	SMIT	SAP M C EP	33	SM	0.52.40	1
685	ADRIAN	PILZ	P.E.A.A.C.	39	SVM	0.52.41	1
686	LITHA	BOOYSEN	BLUEWATER BAY	31	SM	0.52.44	1
687	CHRIS	BEKKER	NOKIA ALGOA AC	49	VM	0.52.48	1
688	LONWABO	BLAAU	TEMP	14	JM	0.52.49	0
689	PETER	GUSTAFFSON	TEMP	36	SVM	0.52.55	0
690	NICOLAAS	CLAASSEN	NOKIA ALGOA AC	48	VM	0.52.56	1
691	MQONDISI	NODONGWE	TEMP	36	SVM	0.52.58	0
692	ANTOINETTE	SWANEPOEL	JEFFREYS BAY	34	SVF	0.53.02	1
693	RHYS	WILLIAMS	TEMP	17	JM	0.53.04	0
694	VAUGHAN	MORRISSEY	RAND ATHLETIC C	32	SM	0.53.05	0
695	MOF	BOTHA	ACHILLES AAA	46	VM	0.53.10	1
696	PETRUS	HATTINGH	OXFORD STRIDERS	35	SVM	0.53.11	0
697	CHORREL	SMITH	SAP M C EP	72	GM	0.53.12	2
698	MARCELLE	HARRAN	BODY CONCEPT	47	MF	0.53.13	2
699	DEON	LETT	X-CEL A C	31	SM	0.53.13	1
700	BILL	CORKILL	CRUSADERS A C	63	GM	0.53.14	2
701	GAVIN	FISHER	FIT2000 A C	37	SVM	0.53.14	1
702	SONJA	OLIVIER	PEB PRNT ADIDAS	35	VF	0.53.17	1
703	SELBY	DINGAAN	TEMP	30	SM	0.53.27	0

POS	NAME	SURNAME	CLUB	AGE	CAT	HMS	PTS
704	LAWRENCE	BEZUIDENHOUT	CADBURY A C	45	VM	0.53.31	1
705	ANNA	STEYN	SAP M C EP	38	VF	0.53.31	1
706	ALDO	GOUWS	SANDF EP	27	SM	0.53.40	1
707	MICHAEL	DEKKER	SAP M C EP	29	SM	0.53.42	1
708	CHRISTEL	SMUTS	SAP M C EP	25	SF	0.53.43	1
709	THEUNIS	NEL	SAP M C EP	28	SM	0.53.54	1
710	TIM	SEAMAN	TEMP	41	VM	0.53.54	0
711	NOAMI	DE FREITAS	BLUEWATER BAY	45	MF	0.53.55	1
712	JACOBUS	BLOM	P.E.A.A.C.	52	MM	0.53.57	1
713	OOSIE	OOSTHUIZEN	ST ALBANS CSEP	52	MM	0.53.57	1
714	IAN	THOMPSON	ACHILLES AAA	48	VM	0.54.00	1
715	HENDRIK	DE BEER	P.E.A.A.C.	34	SM	0.54.00	1
716	DANIE	NIEUWOUDT	ELITE A C	37	SVM	0.54.02	1
717	ENID	GERBER	ELITE A C	40	VF	0.54.05	1
718	YOLANDA	NOLTE	MAGNOLIA R R	29	SF	0.54.07	0
719	RICHARD	MORLEY	PEB PRNT ADIDAS	46	VM	0.54.07	1
720	CAROL	CORDIER	P.E.A.A.C.	38	VF	0.54.17	1
721	LOUIS	BLOUW	TEMP	38	SVM	0.54.21	0
722	ANDGIE	CREAVEN	CRUSADERS A C	42	VF	0.54.24	1
723	BRIAN	HODGSON	BODY CONCEPT	54	MM	0.54.26	1
724	ARCHIBALD	KOCK	VWAC	45	VM	0.54.28	1
725	CLIFF	MACKENZIE	ACHILLES AAA	54	MM	0.54.28	1
726	MARTIN	GIERZ	ACHILLES AAA	46	VM	0.54.29	1
727	CRAIG	VAN WYK	ACHILLES AAA	14	JM	0.54.31	1
728	MORNE	HENNING	TEMP	26	SM	0.54.32	0
729	ADRIAN	JANSEN	ACHILLES AAA	39	SVM	0.54.32	1
730	GESINA	OOSTHUIZEN	P.E.A.A.C.	43	VF	0.54.32	1
731	BRENTON	SCHNETLER	P.E.A.A.C.	27	SM	0.54.33	1
732	HILARY	PRITCHARD	CRUSADERS A C	67	GM	0.54.34	1
733	RAUNA	SHIIMBI	TEMP	20	SF	0.54.35	0
734	LISE	CLAASSEN	TEMP	31	SVF	0.54.38	0
735	LIEZEL	MILLER	TEMP	31	SVF	0.54.44	0
736	CEDRIC	MILLER	BODY CONCEPT	33	SM	0.54.46	1
737	JOHN	KIVIDO	TEMP	20	SM	0.54.47	0
738	IMTIAZ	AYOOB	MALABAR	45	VM	0.54.48	1
739	IMRAAN	KHAN	MALABAR	44	VM	0.54.49	1
740	PETER	BUHR	BODY CONCEPT	26	SM	0.54.51	1
741	CLIVE	LAVIS	P E TECHNIKON	45	VM	0.54.51	1
742	VENESH	ATHIMOOLAM	MALABAR	33	SM	0.54.51	1
743	SIVA	MOODALEY	MALABAR	60	GM	0.54.54	1
744	TERTIA	COETZEE	NOKIA ALGOA AC	42	VF	0.54.55	1
745	NEIL	CALDER	CRUSADERS A C	51	MM	0.54.58	1
746	PRISCILLA	MEMANI	P E TECHNIKON	26	SF	0.55.00	1
747	GREGORY	APPOLLIS	X-CEL A C	38	SVM	0.55.10	1
748	ANDISIWE	SIDLOYI	TEMP	22	SF	0.55.12	0
749	BENJAMIN	NYSCHENS	TEMP	27	SM	0.55.15	0
750	RONALD	FIELD	ACHILLES AAA	27	SM	0.55.17	1
751	YOLANDE	WATSON	SAP M C EP	40	VF	0.55.17	1
752	HESTER	DEKKER	SAP M C EP	30	SVF	0.55.17	1
753	ANGIE	LEVY	BODY CONCEPT	36	VF	0.55.18	1
754	GRAHAM	GOLA	CADBURY A C	44	VM	0.55.20	1
755	ESTERLEEN	KRAMER	TEMP	40	VF	0.55.23	0
756	RIA	HISCOCK	NOKIA ALGOA AC	46	MF	0.55.25	1
757	ALLEN	LEO	TEMP	37	SVM	0.55.26	0
758	RAMU	NAIDOO	MALABAR	52	MM	0.55.28	1
759	RONDA	DEYZEL	NOKIA ALGOA AC	51	MF	0.55.31	1
760	ELMA	JANSEN	P.E.A.A.C.	45	MF	0.55.32	1
761	DEBBIE	CHIDRAWI	ACHILLES AAA	31	SVF	0.55.35	1
762	GERHARD	FERREIRA	SAP M C EP	14	JM	0.55.39	1
763	JADE	MARDON	MUIRITE STRIDER	29	SM	0.55.44	1
764	LYN	SYMONS	PEB PRNT ADIDAS	56	GF	0.55.44	2
765	NOELEEN	FERREIRA	ABERDARE CABLES	38	VF	0.55.45	1
766	ANGELA	RUMSEY	FIT2000 A C	33	SVF	0.55.49	1
767	BRYAN	DRAKE	CRUSADERS A C	57	MM	0.55.58	1

POS	NAME	SURNAME	CLUB	AGE	CAT	HMS	PTS
768	SUSAN	BAYLIS	ACHILLES AAA	43	VF	0.56.01	1
769	NICK	KLICHOWICZ	ACHILLES AAA	44	VM	0.56.01	1
770	JACKIE	KIRSTEN	TEMP	33	SVF	0.56.02	0
771	ELZETTE	ZEELIE	PEB PRNT ADIDAS	33	SVF	0.56.02	1
772	EDELWEISS	NIEMANDT	TEMP	41	VF	0.56.03	0
773	JUDITH	CAMPBELL	ACHILLES AAA	32	SVF	0.56.13	1
774	TANIA	COWLEY	P.E.A.A.C.	35	VF	0.56.14	1
775	SAMUEL	MATANZIMA	ABERDARE CABLES	63	GM	0.56.21	1
776	LOUISE	BARNARD	TEMP	29	SF	0.56.22	0
777	HENNIE	BOTHA	NOKIA ALGOA AC	52	MM	0.56.22	1
778	JUAN	BOSMAN	NOKIA ALGOA AC	39	SVM	0.56.23	1
779	FRANZ	VAN DER LINDE	P.E.A.A.C.	27	SM	0.56.26	1
780	LESLEY	EVANS	PEB PRNT ADIDAS	34	SM	0.56.27	1
781	MARCEL	TALBOT	PEB PRNT ADIDAS	39	SVM	0.56.28	1
782	GLYNN	SLATER	MR PRICE UPE	29	SM	0.56.30	1
783	WILAELM	HURTER	PEB PRNT ADIDAS	37	SVM	0.56.30	1
784	MARKUS	KUNNEKE	BLUEWATER BAY	32	SM	0.56.34	1
785	ALETTA	JOUBERT	CRUSADERS A C	40	VF	0.56.36	1
786	ANDRE	KLOPPER	BLUEWATER BAY	49	VM	0.56.37	1
787	TANIA	KLOPPER	BLUEWATER BAY	23	SF	0.56.38	1
788	SADICK	PATHER	MALABAR	38	SVM	0.56.40	1
789	LUVUYO	PLUM	TEMP	12	JM	0.56.43	0
790	CISCA	JANSEN VAN VUUREN	TEMP	20	SF	0.56.45	0
791	STEPHEN	PILZ	P.E.A.A.C.	33	SM	0.56.45	1
792	KOOS	OLIVIER	TEMP	43	VM	0.56.52	0
793	GARY	POHLMANN	ACHILLES AAA	40	VM	0.56.54	1
794	DIANE	JOLLY	TEMP	41	VF	0.56.57	0
795	PETER	WHATLEY	ACHILLES AAA	36	SVM	0.56.59	1
796	ALMA	FOURIE	NOKIA ALGOA AC	44	VF	0.57.02	1
797	RUSSEL	BAILEY	X-CEL A C	15	JM	0.57.03	1
798	NEVILLE	ALLY	NOKIA ALGOA AC	45	VM	0.57.06	1
799	UNKNOWN		TEMP	27	SM	0.57.16	0
800	TULISA	NOMANDLA	TEMP	19	JF	0.57.16	0
801	UNKNOWN		TEMP	27	SM	0.57.17	0
802	RITA	BOUCHER	NOKIA ALGOA AC	51	MF	0.57.24	1
803	MZAMENI	MARASI	TEMP	40	VM	0.57.32	0
804	CRAIG	MILNE	CRUSADERS A C	39	SVM	0.57.36	1
805	RIAN	OLIVIER	PEB PRNT ADIDAS	31	SM	0.57.37	1
806	ALIDA	ACHERMANN	MUIRITE STRIDER	29	SF	0.57.40	1
807	GARETH	JONES-DAVIES	TEMP	37	SVM	0.57.42	0
808	PATRICK	PANIER	MUIRITE STRIDER	47	VM	0.57.43	1
809	KOSIMA	BUSING-ANDERSON	MUIRITE STRIDER	24	SF	0.57.43	1
810	ZEB	LUHABE	REAL GIJIMAS	74	GM	0.57.46	0
811	ANDRIES	BOUCHER	NOKIA ALGOA AC	53	MM	0.57.51	1
812	COREEN	BURGINS	X-CEL A C	28	SF	0.57.52	1
813	ERNA	VAN ZYL	ELITE A C	30	SVF	0.57.53	1
814	CHARLOTTE	VAN COLLER	ELITE A C	33	SVF	0.58.00	1
815	MCDONALD	NDIKA	CADBURY A C	35	SVM	0.58.07	1
816	MADRE	WELMANS	TEMP	33	SVF	0.58.14	0
817	JEAN-PIERRE	FERREIRA	TEMP	35	SVM	0.58.22	0
818	NOMATEMBA	GUM	TEMP	27	SF	0.58.25	0
819	ELAINE	BURGER	CRUSADERS A C	46	MF	0.58.30	1
820	MARIA	STUMKE	ST ALBANS CSEP	53	MF	0.58.33	1
821	TERRENCE	REID	ELITE A C	54	MM	0.58.37	1
822	FRANSI	JANSE V RENSBURG	TEMP	30	SVF	0.58.41	0
823	JOHAN	FERREIRA	TEMP	28	SM	0.58.46	0
824	RENATHA	STEYN	FIT2000 A C	31	SVF	0.58.46	1
825	ROZITA	BAILEY	X-CEL A C	40	VF	0.58.47	1
826	LINDIE	STEYN	ST ALBANS CSEP	14	JF	0.58.50	1
827	ANGELIQUE	BEKKER	NOKIA ALGOA AC	16	JF	0.59.03	1
828	SHEELAGH	SMITH	TEMP	25	SF	0.59.09	0
829	CECILE	NOWERS	TEMP	38	VF	0.59.16	0
830	TULSIDAS	NARAN	MALABAR	47	VM	0.59.18	1
831	ROBIN	ELBOURNE	BODY CONCEPT	44	VF	0.59.18	1

POS	NAME	SURNAME	CLUB	AGE	CAT	HMS	PTS
832	MICHAEL	ROBINSON	BODY CONCEPT	32	SM	0.59.19	1
833	BELINDA	VAN ANTWERP	TEMP	30	SVF	0.59.20	0
834	KAREN	FOURIE	SANDEP	39	VF	0.59.25	1
835	HARRY	CONRADIE	TEMP	56	MM	0.59.27	0
836	HANNETJIE	LAUBSCHER	PAARL A C	46	VM	0.59.42	0
837	SHARON	BROWN	P.E.A.A.C.	48	MF	0.59.49	1
838	MTHUNZI	NGCELWANE	TEMP	45	VM	0.59.57	0
839	CHERYL	JUCKER	PEB PRNT ADIDAS	44	VF	0.59.57	1
840	DANIEL	PIETERSE	TEMP	13	JM	1.00.04	0
841	ALTHEA	JANSEN	X-CEL A C	32	SVF	1.00.07	1
842	MELISIZWE	MANCAM	TEMP	18	JM	1.00.14	0
843	ZOLISWA	SIHLWAYI	MARITIME MOTORS	26	SF	1.00.18	1
844	CORNE	OLIVIER	TEMP	13	JM	1.00.19	0
845	JOSEPH	FISCHER	FIT2000 A C	61	GM	1.00.22	1
846	LAUREN	BIERMANN	RHODES UNIVERSI	23	SF	1.00.29	1
847	ROCHELLE	MC CAULEY	RHODES UNIVERSI	22	SF	1.00.29	1
848	ANDREW	ELLIOTT	TEMP	18	JM	1.00.30	0
849	CHRISTOPHER	CLEGG	TEMP	42	VM	1.00.30	0
850	LIEZEL	BOSHOFF	TEMP	21	SF	1.00.48	0
851	PETER	HOPPER	TEMP	62	GM	1.00.56	0
852	CARYL	KLOKOW	BODY CONCEPT	46	MF	1.01.02	1
853	ROBYN	LONG	BODY CONCEPT	34	SVF	1.01.02	1
854	RHYNO	STRYDOM	WORD OF FAITH	29	SM	1.01.18	1
855	DOROTHY	HART	ST ALBANS CSEP	64	GF	1.01.21	1
856	ANDRE	VAN ROOYEN	TEMP	15	JM	1.01.26	0
857	WOUTER	MYBURGH	TEMP	32	SM	1.01.26	0
858	PHILIPPA	RICHARDSON	TEMP	26	SF	1.01.45	0
859	MARLENE	BEZUIDENHOUT	TEMP	42	VF	1.01.49	0
860	ERIKA	STRUWIG	NOKIA ALGOA AC	33	SVF	1.01.50	1
861	CHRISTEL	ELS	TEMP	16	JF	1.01.52	0
862	SHARON	VAN DER MERWE	TEMP	32	SVF	1.02.01	0
863	CHRIS	FOSTER	CRUSADERS A C	52	MM	1.02.03	1
864	PETER	DUFFELL-CANHAM	CRUSADERS A C	50	MM	1.02.19	1
865	DARREL	JEFFREY	P.E.A.A.C.	56	MM	1.02.23	1
866	THANDIWE	MAGALELA	TEMP	40	VF	1.02.26	0
867	DEBBIE	OELOFSE	NOKIA ALGOA AC	55	GF	1.02.34	1
868	SALOME	FERREIRA	NOKIA ALGOA AC	32	SVF	1.02.36	1
869	AUDIE	CLAASSEN	P.E.A.A.C.	50	MM	1.02.37	1
870	CHRIS	JOUBERT	CRUSADERS A C	45	VM	1.02.37	1
871	NONTEMBISO	MAGIDA	TEMP	25	SF	1.02.38	0
872	RUNETTE	GROBLER	ELITE A C	22	SF	1.02.43	1
873	LYNN	KEYSER	TEMP	27	SF	1.02.50	0
874	RONALD	LEPPAN	PEB PRNT ADIDAS	24	SM	1.02.52	1
875	RENEE	CALDER	CRUSADERS A C	47	MF	1.03.09	1
876	HENDRINA	CLAASSEN	NOKIA ALGOA AC	45	MF	1.03.15	1
877	STELLA	HEYNS	JEFFREYS BAY	45	MF	1.03.23	1
878	MARIAAN	LANDMAN	ELITE A C	37	VF	1.03.28	1
879	DOUWENE	HENRICK	TEMP	45	VM	1.03.31	0
880	RENE	VAN DER MERWE	CRUSADERS A C	40	VF	1.03.33	1
881	CHRISTINA	KRIEK	JEFFREYS BAY	53	MF	1.03.35	1
882	JOHAN	SERFONTEIN	P E TECHNIKON	62	GM	1.03.40	1
883	ROY	HEINE	CHARLO R R	46	VM	1.03.43	1
884	KEVIN	HEINE	CHARLO R R	38	SVM	1.03.44	1
885	JUDY	TIDBURY	CHARLO R R	24	SF	1.03.46	1
886	CARL	BURGER	EAST LONDON A C	54	MM	1.03.51	0
887	GORDON	PEACOCK	TEMP	32	SM	1.04.01	0
888	RAYMOND	BLAND	MUIRITE STRIDER	55	MM	1.04.02	1
889	ANNELIZE	VAN NIEKERK	TEMP	36	VF	1.04.02	0
890	GLADYS	NASH	CHARLO R R	59	GF	1.04.08	1
891	DAVID	DE WET	FIT2000 A C	41	VM	1.04.10	1
892	CINDY	THOMSON	ELITE A C	42	VF	1.04.22	1
893	DIANNE	WEITZ	PEB PRNT ADIDAS	24	SF	1.04.22	1
894	DENISE	CARNEY	WORD OF FAITH	44	VF	1.04.25	1
895	ROBERT	GALLOWAY	CHARLO R R	50	MM	1.04.47	1

POS	NAME	SURNAME	CLUB	AGE	CAT	HMS	PTS
896	VERONICA	BOSHOFF	TEMP	41	VF	1.04.55	0
897	MORNE	ALLERS	NOKIA ALGOA AC	14	JM	1.05.02	1
898	YOLANDE	JORDAAN	PEB PRNT ADIDAS	32	SVF	1.05.03	1
899	NTOMBIKAYISE	DURULA	TEMP	19	SF	1.05.04	0
900	KHANYISA	CAKUMA	TEMP	12	JM	1.05.04	0
901	THABISA	MAYEDWA	TEMP	15	JF	1.05.09	0
902	ODETTE	VOSLOO	CRUSADERS A C	42	VF	1.05.35	1
903	LUCILLE	PETERSON	SANDF EP	29	SF	1.05.46	1
904	TRACEY	VAN WYK	PEB PRNT ADIDAS	12	JF	1.05.53	1
905	ANGUS	NEL	PEB PRNT ADIDAS	47	VM	1.05.53	1
906	RALPH	BOTHA	PEB PRNT ADIDAS	64	GM	1.05.53	1
907	LYALL	FROSLER	X-CEL A C	15	JM	1.06.44	1
908	UNATHI	GWADISO	MARITIME MOTORS	25	SF	1.06.53	1
909	FILIDA	PIEDT	X-CEL A C	33	SVF	1.07.13	1
910	DIANA	APPOLLIS	X-CEL A C	37	VF	1.07.14	1
911	SIDNEY	GOUWS	TEMP	35	SVM	1.07.47	0
912	DANES	SCHOOMBEE	TEMP	36	SVM	1.07.48	0
913	HENRY	THORNE	WILLARD BATT	48	VM	1.07.57	1
914	MELGEARY	WELMANS	TEMP	33	SM	1.08.06	0
915	ELSIE	MEINTJES	RUN FOR LIFE EP	30	SVF	1.08.17	1
916	CHANDRE	BARNARD	NOKIA ALGOA AC	13	JM	1.08.18	1
917	BONNIE	PENNEY	NOKIA ALGOA AC	48	MF	1.08.24	1
918	BEN	HARDING	NOKIA ALGOA AC	53	MM	1.08.24	1
919	BERNADETTE	BARNARD	NOKIA ALGOA AC	17	JF	1.08.39	1
920	VICKI	NAIDOO	MALABAR	50	MM	1.09.00	1
921	ISMAIL	EBRAHIM	TEMP	34	SM	1.09.15	0
922	MARTIE	VAN DER WESTHUIZEN	JEFFREYS BAY	62	GF	1.09.19	1
923	UNKNOWN		TEMP	27	SM	1.09.46	0
924	CHARMYNE	MYBURGH	CADBURY A C	50	MF	1.09.47	1
925	WILLIAM	VAN DER MERWE	MR PRICE UPE	60	GM	1.09.57	1
926	RONEL	RIZZO	TEMP	34	SVF	1.10.17	0
927	MARION	MURPHY	TEMP	40	VF	1.10.18	0
928	SARIE	LOFTIE-EATON	TEMP	48	MF	1.10.18	0
929	GRAHAM	BOTHA	CRUSADERS A C	43	VM	1.11.21	1
930	GLEN	VAN DER MERWE	CRUSADERS A C	45	VM	1.11.22	1
931	SINAZO	JAVU	MARITIME MOTORS	20	SF	1.11.58	1
932	ASTRID	DICKS	P.E.A.A.C.	29	SF	1.12.00	1
933	ANDRIANNE	BLOM	PEB PRNT ADIDAS	37	VF	1.12.06	1
934	TEMBISILE	BAZI	TEMP	52	MM	1.12.08	0
935	KIM	VAN STRATEN	P.E.A.A.C.	20	SF	1.12.22	1
936	MARISKA	LEPPAN	PEB PRNT ADIDAS	26	SF	1.12.31	1
937	ANNA	SCHNETLER	P.E.A.A.C.	54	MF	1.12.39	1
938	CHRIS	BARRON	WORD OF FAITH	78	GM	1.12.57	1
939	DUDLEY	BESTER	TEMP	32	SM	1.12.59	0
940	LILLIAN	FOURIE	CHARLO R R	43	VF	1.13.38	1
941	DERIC	DERBYSHIRE	TEMP	55	MM	1.13.46	0
942	ZOLEKA	MAZIBUKO	TEMP	38	VF	1.14.04	0
943	LIESL	DOUBELL	NOKIA ALGOA AC	28	SF	1.14.04	1
944	LYNETTE	RUDMAN	TEMP	30	SVF	1.14.06	0
945	ALETTA	FOURIE	PEB PRNT ADIDAS	63	GF	1.14.14	1
946	ROY	NAIDOO	TEMP	38	SVM	1.14.14	0
947	JENNIFER	BARNARD	NOKIA ALGOA AC	39	VF	1.14.22	1
948	CHAPI	MOTHIBI	TEMP	44	VF	1.14.22	0
949	MARIUS	VAN DER MERWE	TEMP	33	SM	1.14.25	0
950	EMSE	DU PLESSIS	P.E.A.A.C.	34	SVF	1.14.33	1
951	LEZANDA	HATTINGH	TEMP	36	VF	1.14.37	0
952	PETRO	KILIAN	TEMP	30	SVF	1.14.44	0
953	MARINDA	SCHOLTZ	P.E.A.A.C.	33	SVF	1.14.44	1
954	NARENE	MENGES	P.E.A.A.C.	30	SVF	1.14.55	1
955	MARY	JEFFREY	P.E.A.A.C.	54	MF	1.14.56	1
956	DIHANNA	CLAASSEN	P E TECHNIKON	44	VF	1.15.08	1
957	MORNE	VAN VUUREN	TEMP	28	SM	1.15.37	0
958	SONJA	BARKER	TEMP	38	VF	1.15.41	0
959	SUSAN	SCHMIDT	ST ALBANS CSEP	59	GF	1.15.48	1

POS	NAME	SURNAME	CLUB	AGE	CAT	HMS	PTS
960	ILKE	DORFLING	FIT2000 A C	23	SF	1.15.49	1
961	CHARMAIN	DE WET	FIT2000 A C	42	VF	1.15.52	1
962	MERINDA	O'CONNELL	TEMP	47	MF	1.15.56	0
963	URZULA	LOBARD	TEMP	48	MF	1.16.18	0
964	IGNATIUS	FROSLER	X-CEL A C	40	VM	1.17.16	1
965	MELANE	NEL	NOKIA ALGOA AC	47	MF	1.17.16	1
966	JANE	ROBINSON	PEB PRNT ADIDAS	49	MF	1.17.23	1
967	ZAREENA	TIRY	MALABAR	34	SVF	1.17.25	1
968	CATHARINE	BOTHA	TEMP	61	GF	1.17.34	0
969	ASANDA	NTLAMA	TEMP	16	JF	1.17.36	0
970	SYLVIA	PRITCHARD	CRUSADERS A C	68	GF	1.17.39	1
971	ANNIE	BLOFIELD	TEMP	50	MF	1.17.50	0
972	BEV	CARRINGTON-HALL	BODY CONCEPT	43	VF	1.18.13	1
973	MAUREEN	DICKASON	NOKIA ALGOA AC	45	MF	1.18.13	1
974	JULIE	HERBST	PEB PRNT ADIDAS	41	VF	1.18.51	1
975	CATHERINE	COLEMAN	TEMP	30	SVF	1.20.13	0
976	GINNY	CRONJE	NOKIA ALGOA AC	42	VF	1.22.26	0
977	ILENE	ERASMUS	P.E.A.A.C.	45	MF	1.22.49	0
978	LANA	VAN TAAK	PEB PRNT ADIDAS	47	MF	1.22.50	0
979	AMANDA	KAPP	TEMP	44	VF	1.23.00	0
980	OLIVE	WILLIAMS	P.E.A.A.C.	52	MF	1.23.10	0
981	JUANITA	VAN ROOYEN	JEFFREYS BAY	50	MF	1.23.11	0
982	BEVERLEY-ANN	FROSLER	X-CEL A C	39	VF	1.26.17	0
983	DELINA	DU PLESSIS	TEMP	53	MF	1.27.08	0
984	JANET	HAYWARD	TEMP	56	GF	1.27.22	0
985	JANEE	HAYWARD	TEMP	29	SF	1.27.22	0
986	LEVONA	KILLIAN	TEMP	38	VF	1.28.22	0
987	ANNA	LE ROUX	TEMP	54	MF	1.28.23	0
988	ETIENNE	SHAMLEY	TEMP	42	VM	1.28.24	0
989	MALINDA	COETZEE	TEMP	25	SF	1.28.26	0
990	ELEANOR	EVERTON	TEMP	47	MF	1.28.44	0
991	CORRIE	SMIDT	TEMP	40	VF	1.29.01	0
992	MARYNA	OOSTHUIZEN	TEMP	36	VF	1.29.02	0
993	ALLEN	SENEKAL	TEMP	52	MM	1.29.46	0
994	ENGELA	VON MOLLENDORF	TEMP	54	MF	1.33.47	0
995	BERNICE	NTSUKA	TEMP	44	VF	1.34.10	0
996	HENDRIKA	MULLER	TEMP	42	VF	1.35.55	0
HELPERS RUN							
H1	DONOVAN	PEO	ST ALBANS CSEP	21	SM	0.38.59	3
H2	JAN	VAN EEDEN	BODY CONCEPT	43	VM	0.39.04	4
H3	GRAHAM	BUBB	ST ALBANS CSEP	34	SM	0.39.54	3
H4	HARODENE	COLEMAN	ST ALBANS CSEP	31	SM	0.40.25	3
H5	MARIETTE	HATTINGH	ST ALBANS CSEP	36	VF	0.41.29	5
H6	JOHAN	BARNARD	ST ALBANS CSEP	47	VM	0.41.31	3
H7	RONALD	COLEMAN	ST ALBANS CSEP	33	SM	0.43.41	2
H8	RONALD	STURGISS	ST ALBANS CSEP	35	SVM	0.44.15	2
H9	JOHN	PEO	ST ALBANS CSEP	53	MM	0.44.30	3
H10	GERRIT	WELGEMOED	ST ALBANS CSEP	38	SVM	0.45.43	2
H11	ALBERT	KLEYN	ST ALBANS CSEP	37	SVM	0.45.54	2
H12	RIAAN	STEYN	ST ALBANS CSEP	18	JM	0.46.06	2
H13	AMANDA	VAN WYK	ST ALBANS CSEP	32	SVF	0.46.16	2
H14	PIETER	VOSLOO	SAP M C EP	50	MM	0.46.39	2
H15	HENRY	ROELOFSE	ST ALBANS CSEP	31	SM	0.47.03	2
H16	ALEC	OLIVIER	ST ALBANS CSEP	29	SM	0.47.17	2
H17	SHARON	SMUTS	ST ALBANS CSEP	35	VF	0.47.37	2
H18	SHIRLEY	BRENT	ST ALBANS CSEP	37	VF	0.48.28	2
H19	ERICA	FOREMAN	ST ALBANS CSEP	31	SVF	0.48.30	2
H20	LOUIS	RUDMAN	ST ALBANS CSEP	45	VM	0.49.42	1
H21	HENNIE	OOSTHUIZEN	P.E.A.A.C.	45	VM	0.49.42	1
H22	SCHEPETRA	BEZUIDENHOUT	ST ALBANS CSEP	34	SVF	0.49.52	2
H23	FREDDIE	MATTHEUS	ST ALBANS CSEP	33	SM	0.50.12	1
H24	JACQUES	VORSTER	ST ALBANS CSEP	36	SVM	0.50.38	1
H25	ELNA	JONCK	ST ALBANS CSEP	26	SF	0.51.44	1
H26	MARTIE	VAN SCHALKWYK	ST ALBANS CSEP	37	VF	0.51.44	1

POS	NAME	SURNAME	CLUB	AGE	CAT	HMS	PTS
H27	MARIUS	SCHOLTZ	ST ALBANS CSEP	38	SVM	0.52.43	1
H28	ALAN	PENNEY	ST ALBANS CSEP	55	MM	0.54.38	1
H29	PIETER	STEYN	ST ALBANS CSEP	43	VM	0.56.52	1
H30	TANYA	MOSTERT	ST ALBANS CSEP	26	SF	1.00.06	1
H31	YVETTE	JONKER	ST ALBANS CSEP	29	SF	1.03.14	1
H32	ANNA	WELGEMOED	ST ALBANS CSEP	32	SVF	1.08.00	1