

NIKE 10km ROAD RACE - 2002/08/03 (EP CHAMPIONSHIPS)

POS	NAME	SURNAME	CLUB	LICNO	AGE	CAT	TIME	PTS	PRES
1	MABUTHILE	LEBOPO	NEWBALFS	866	23	SM	0:30:11	0	0
2	LAWRENCE	NTANTISO	ABERCAB	559	26	SM	0:30:27	5	25
3	GEORGE	NTSHILIZA	ABERCAB	466	22	SM	0:30:33	5	24
4	DESMOND	ZIBI	LIBNIKE	2827	38	SVM	0:30:49	5	23
5	DESMOND	WITBOOI	LIBNIKE	2831	29	SM	0:30:56	5	22
6	MZWANELE	MAPHEKULA	ABERCAB	566	25	SM	0:31:00	5	21
7	SIMPHIWE	NTANTISO	ABERCAB	568	31	SM	0:31:28	5	20
8	AYANDA	MAYI	MPUPE	1267	23	SM	0:31:36	5	19
9	PHUMZILE	SIKAWUTI	RISE	426	22	SM	0:31:37	5	18
10	MILA	PASIYA	LIBNIKE	2853	22	SM	0:31:39	5	17
11	SANDILE	NGUNUZA	WILLARD	1636	19	SM	0:31:48	5	16
12	MICHAEL	SCOUT	MPUPE	1388	39	SVM	0:31:54	5	15
13	ROBERT	MATTHYS	MPUPE	1380	26	SM	0:31:56	5	14
14	SEQHODAN	NKOPANE	NEWBALFS	864	19	JM	0:32:21	0	0
15	ZAMUBUNTU	TEYISE	NEWBAL	460	25	SM	0:32:21	5	13
16	MBULELO	FESI	LIBNIKE	2803	23	SM	0:32:22	5	12
17	CHRISTOPHER	MABENGEZA	ATALAAC	122	36	SVM	0:32:23	5	11
18	DERRICK	DUBASE	MPUPE	1268	28	SM	0:32:31	5	10
19	MKHULULI	MBEJENI	LIBNIKE	2859	20	SM	0:32:36	5	9
20	XOLILE	ZAKE	NEWBAL	480	26	SM	0:32:40	5	8
21	LUYANDA	TSHANGANA	LIBNIKE	2805	19	JM	0:32:44	5	7
22	APHLYN	TAAI	MPUPE	1284	19	SM	0:33:05	5	6
23	LOYISO	NAZO	MPUPE	2790	24	SM	0:33:06	5	5
24	LUVUYO	STEPHEN	MPUPE	1261	32	SM	0:33:22	5	4
25	KGOTSO	MAJARA	RISE	428	21	SM	0:33:24	5	3
26	NKOSINATHI	BIYANA	NOKIA	2118	26	SM	0:33:25	5	2
27	KHAYALETHU	MAKALIMA	ABERCAB	882	18	JM	0:33:30	5	1
28	MHLANGABEZI	NTLABATHI	NEWBAL	479	17	JM	0:33:33	5	0
29	GCOBANI	BEKWAPI	NOKIA	2188	23	SM	0:33:34	5	0
30	DARRELL	WICHT	NEWBAL	476	39	SVM	0:33:34	5	0
31	QUENTIN	JEWATZCHEWITZ	NOKIA	2139	22	SM	0:33:36	5	0
32	MPUMELELO	NDLUMBINI	LIBNIKE	2826	27	SM	0:33:44	5	0
33	LUVUYO	DYANI	ABERCAB	565	32	SM	0:33:50	5	0
34	MICHAEL	NONOYI	NOKIA	2086	40	VM	0:33:51	5	0
35	THEMBEKILE	MSIPA	ECLUBR	2915	28	SM	0:34:02	5	0
36	JOHANNES	JONCK	CSEP	250	29	SM	0:34:10	5	0
37	HERMANN	KRUGER	PROCTECH	1695	21	SM	0:34:13	5	0
38	AUGUST	ESAU	SAPPE	1425	31	SM	0:34:20	5	0
39	SIYANDA	SIHAMBA	MPUPE	1259	17	JM	0:34:21	5	0
40	SITHEMBELE	NDLUMBINI	ATALAAC	134	26	SM	0:34:22	5	0
41	MERVYN	JOHNSON	WILLARD	1624	28	SM	0:34:24	5	0
42	THOZAMILE	BOKOLO	PROCTECH	1709	40	VM	0:34:27	5	0
43	SHADRICK	FLIP	ELITEAC	2740	23	SM	0:34:31	5	0
44	MAKHOSONKE	NQWENISO	MARM	1873	30	SM	0:34:33	5	0
45	WILLIAM	SAWOLE	RISE	442	27	SM	0:34:34	5	0
46	SIYABULELA	MAGOPENI	PROCTECH	1729	19	JM	0:34:49	5	0
47	CECIL	NAZO	NOKIA	2186	29	SM	0:34:50	5	0
48	SIZWE	SOLANI	ECLUBR	2917	26	SM	0:34:57	5	0
49	SULULAMI	SWAPI	NEWBAL	473	19	JM	0:34:57	5	0
50	DEON	APPOLLIS	NOKIA	2092	23	SM	0:34:59	5	0
51	KAASHIF	PIETERSEN	WILLARD	1627	25	SM	0:35:02	5	0
52	MZIMESI	MODI	TEMP	3359	22	SM	0:35:08	0	0
53	MAXWELL	QUSHEKA	WILLARD	1628	27	SM	0:35:11	5	0
54	MOYISILE	WANA	ABERCAB	595	30	SM	0:35:14	5	0
55	MONDE	BEKAPHI	PROCTECH	1708	27	SM	0:35:16	5	0
56	ANDRE	DALTON	NEWBAL	474	41	VM	0:35:17	5	0
57	JACKSON	BENELWA	NOKIA	2102	41	VM	0:35:17	5	0
58	EDWIN	NETNOU	NOKIA	2113	41	VM	0:35:18	5	0
59	ZUKO	MELANE	TEMP	1313	24	SM	0:35:22	0	0
60	CHRISTOPHER	GOUWS	NOKIA	2052	25	SM	0:35:23	5	0
61	JOHN	RAFANI	MPUPE	1231	35	SVM	0:35:28	5	0
62	CEDRIC	GROOTBOOM	MPUPE	1297	21	SM	0:35:30	5	0

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63	HANSON	SINGAPHI	MOTION	637	23	SM	0:35:31	5	0
64	TRESH	JAVU	ABERCAB	551	28	SM	0:35:33	5	0
65		DISQUALIFIED	TEMP	581	27	SM	0:35:35	0	0
66	LUYANDA	TOTYI	RISE	421	20	SM	0:35:38	5	0
67	SIDWELL	BALIWE	NOKIA	2171	30	SM	0:35:41	5	0
68	XOLILE	SOMBALO	MPUPE	1321	29	SM	0:35:44	5	0
69	ANDILE	GO	CSEP	277	30	SM	0:35:49	5	0
70	MNCEDISI	YAWA	MPUPE	1266	37	SVM	0:35:56	5	0
71	BILLY BOY	KIETAS	NOKIA	2153	27	SM	0:36:03	4	0
72	NDINGANE	WELE	RISE	411	19	JM	0:36:04	4	0
73	CHARLES	BAATJIES	ELITEAC	2702	45	VM	0:36:04	5	0
74	FERDINAND	GROBLER	NOKIA	2177	44	VM	0:36:05	5	0
75	RANDALL	CUNNINGHAM	ELITEAC	2742	41	VM	0:36:22	5	0
76	ELLIOT	NYIKI	NOKIA	2196	41	VM	0:36:23	5	0
77	LUVUYO	GEGE	NOKIA	2159	24	SM	0:36:28	4	0
78	ALROY	MCLEAN	SAPPE	1517	33	SM	0:36:30	4	0
79	NTSIKELELO	SEBE	ABERCAB	561	17	JM	0:36:33	4	0
80	ALFRED	SPIERS	ELITEAC	2709	42	VM	0:36:33	5	0
81	JOSEPH	BAIN	TEMP	1090	42	VM	0:36:35	0	0
82	MARK	MULLER	TEMP	1010	27	SM	0:36:40	0	0
83	MZUKISI	MEI	NOKIA	2145	20	SM	0:36:43	4	0
84	KHAYA	BOLANA	TEMP	3382	25	SM	0:36:45	0	0
85	BUZWE	NANGU	NEWBAL	458	22	SM	0:36:52	4	0
86	MONDE	TISE	PPCRR	1865	19	JM	0:36:53	4	0
87	RICARDO	PLAATJIES	ELITEAC	2746	19	JM	0:36:54	4	0
88	CHARLIE	ZOKOBE	NOKIA	2150	42	VM	0:37:00	5	0
89	SIMPHIWE	TAMBO	ABERCAB	836	18	JM	0:37:01	4	0
90	GERT	HOLTZHAUSEN	ELITEAC	2707	27	SM	0:37:06	4	0
91	ROBIN	FOURIE	ACH	1163	39	SVM	0:37:07	5	0
92	RODERICK	MOOLLA	MALABAR	186	37	SVM	0:37:09	5	0
93	MAKHAYA	MAGADA	NOKIA	2143	38	SVM	0:37:19	4	0
94	PIETER	KAPP	SAPPE	1500	41	VM	0:37:20	5	0
95	VERNON	NEWFELDT	WILLARD	1658	36	SVM	0:37:24	4	0
96	MBONGENI	NOBUMBA	RFLPE	2887	27	SM	0:37:25	4	0
97	FANIE	CLAASSEN	NOKIA	2027	44	VM	0:37:25	5	0
98	TAMSANQA	JUSAYI	NOKIA	2154	60	GM	0:37:27	5	0
99	KENNETH	SCOUT	NOKIA	2097	42	VM	0:37:32	5	0
100	NEIL	DE MEILLON	NEWBAL	1332	39	SVM	0:37:35	4	0
101	JEFFREY	VAN NIEKERK	CHARLO	976	29	SM	0:37:35	4	0
102	MTHAKAZELI	MNYANDA	LIBNIKE	2809	16	JM	0:37:40	4	0
103	MZUKISI	NAMBA	MPUPE	1307	27	SM	0:37:42	4	0
104	WILLIAM	JULIUS	LIBNIKE	2823	29	SM	0:37:45	4	0
105	JACOB	ABRAHAM	BODYCON	1032	36	SVM	0:37:46	4	0
106	MDUMISO	MTHI	ABERCAB	592	36	SVM	0:37:49	4	0
107	SIPHELO	NYOKA	MARM	1872	19	SM	0:37:51	4	0
108	STEPHAN	BOTHA	SAPPE	1457	33	SM	0:37:54	4	0
109	GEOFFREY	BOOYSEN	X-CEL	2444	33	SM	0:37:58	3	0
110	VUSUMZI	MANGCIPU	MARM	2348	21	SM	0:37:59	3	0
111	PHUMELELO	AUGUST	NOKIA	2134	17	JM	0:37:59	3	0
112	HENDRIK	VAN WYK	NOKIA	2183	38	SVM	0:38:00	4	0
113	SIKHUMBUZO	GQOMO	PPCRR	1884	21	SM	0:38:03	3	0
114	ZINAKILE	SOYAMBA	ABERCAB	554	49	VM	0:38:06	5	0
115	JACKSON	NGCOKO	WILLARD	1648	53	MM	0:38:10	5	0
116	ZUKILE	PIPE	NOKIA	2164	24	SM	0:38:13	3	0
117	STEPHEN	KLUE	ELITEAC	2654	43	VM	0:38:15	5	0
118	RAYMOND	WEITZ	ELITEAC	2701	47	VM	0:38:15	5	0
119	MICHAEL	MBAMBANI	ABERCAB	577	27	SM	0:38:21	3	0
120	SIYABONGA	NCETHEZA	MARM	1883	18	JM	0:38:31	3	0
121	VUSUMZI	MTONGANA	PPCRR	1879	32	SM	0:38:33	3	0
122	LEONARD	ERASMUS	WILLARD	1631	44	VM	0:38:36	4	0
123	SHAUN	KORKIE	ACH	1180	19	JM	0:38:40	3	0
124	CHRIS	TERBLANCHE	ACH	1103	47	VM	0:38:41	4	0
125	DAWIE	OLIVIER	MUIRITE	2628	18	JM	0:38:46	3	0
126	GODFREE	NOMPALWENI	PPCRR	1880	19	JM	0:38:46	3	0

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127	BUNTU	JINA	PPCRR	1885	23	SM	0:38:47	3	0
128	WELLINGTON	MATISO	NOKIA	2049	45	VM	0:38:50	4	0
129	ASANDA	DIMBAZA	MPUPE	2769	17	JM	0:38:54	3	0
130	PETER	VAN RENSBURG	ELITEAC	2683	44	VM	0:38:57	4	0
131	WELLINGTON	TYEKE	RFLPE	1576	47	VM	0:39:01	4	0
132	DONALD	MANCASA	NOKIA	2140	48	VM	0:39:01	4	0
133	ASHLEY	VAN DER WATT	NOKIA	2146	37	SVM	0:39:02	3	0
134	DESMOND	FOUCHE	ELITEAC	2677	36	SVM	0:39:03	3	0
135	GEORGE	BUKA	MPUPE	1254	32	SM	0:39:09	3	0
136	FRANCOIS	MYBURGH	NOKIA	2160	16	JM	0:39:09	3	0
137	LORNA	LUMB	MPUPE	1223	34	SVF	0:39:10	5	25
138	PLAATJIE	HENDRICKS	ELITEAC	2736	32	SM	0:39:16	3	0
139	BRENTON	ASHBY	BODYCON	1019	32	SM	0:39:18	3	0
140	HELGARD	POTGIETER	NOKIA	2031	30	SM	0:39:19	3	0
141	IGGY	FERREIRA	NOKIA	2147	30	SM	0:39:19	3	0
142	DANIEL	PEACOCK	X-CEL	2446	31	SM	0:39:25	3	0
143	JOSEPH	HOTATA	NOKIA	2104	52	MM	0:39:26	5	0
144	SIZINZO	KAMA	WILLARD	1641	51	MM	0:39:27	5	0
145	ALAN	TAYLOR	RFLPE	1551	45	VM	0:39:29	4	0
146	KIRSTY	WEIR	MPUPE	467	24	SF	0:39:30	5	24
147	ALAN	CAMPBELL	ACH	1108	40	VM	0:39:31	4	0
148	ANTON	CLOTZ	ELITEAC	2744	37	SVM	0:39:33	3	0
149	KEVIN	GILLMER	ELITEAC	2673	41	VM	0:39:34	4	0
150	DUANE	LERM	NOKIA	2112	31	SM	0:39:37	3	0
151	HERBERT	HUTTON	WILLARD	1622	49	VM	0:39:37	4	0
152	ANDRE	OWNHOUSE	WILLARD	1651	34	SM	0:39:38	3	0
153	ROY	CARTMEL	ACH	1104	61	GM	0:39:47	5	0
154	JEREMY	LANGEVELD	X-CEL	2451	34	SM	0:39:49	3	0
155	PAUL	PEREL	PROCTECH	1726	31	SM	0:39:51	3	0
156	JEROME	PLAATJIES	WILLARD	1604	43	VM	0:39:52	4	0
157	WAYNE	DE LANGE	RFLPE	1548	28	SM	0:39:56	3	0
158	TONY	BOARDMAN	ACH	1189	43	VM	0:39:56	4	0
159	DESMOND	VAN WYK	X-CEL	2487	27	SM	0:39:57	3	0
160	BONGANI	BLAAUW	RISE	424	24	SM	0:39:57	3	0
161	SHAUN	TOM	NOKIA	2149	14	JM	0:40:09	3	0
162	ZOLEKA	DONDASHE	ABERCAB	569	16	JF	0:40:12	5	23
163	FREDDIE	MICHAELS	ELITEAC	2675	43	VM	0:40:15	3	0
164	BULELANI	NGINDA	RISE	443	17	JM	0:40:21	3	0
165	LLEWELLYN	CLACK	CRUSADE	746	37	SVM	0:40:24	3	0
166	ANDREW	MACKENZIE	ACH	1197	29	SM	0:40:24	3	0
167	ROGER	TRADER	ACH	1102	48	VM	0:40:25	3	0
168	GIDEON	VAN ZYL	ELITEAC	2724	50	MM	0:40:29	5	0
169	MZWABANTU	MARELE	TEMP	1448	29	SM	0:40:31	0	0
170	ALWYN	JOHNSON	BODYCON	1034	36	SVM	0:40:31	3	0
171	FREEK	DERROCKS	X-CEL	2439	44	VM	0:40:34	3	0
172	DE VILLIERS	LESSING	MPUPE	1315	20	SM	0:40:35	3	0
173	MBTISELI	SITENGE	MPUPE	1365	24	SM	0:40:39	3	0
174	PIERRE	KNOESEN	SAPPE	1529	48	VM	0:40:42	3	0
175	COENIE	KUKKUK	NOKIA	2024	40	VM	0:40:43	3	0
176	BRUCE	MCEWAN	ACH	1156	48	VM	0:40:44	3	0
177	ETHAN	O'REILLY	MPUPE	2794	16	JM	0:40:47	3	0
178	MARK	JOHNSON	X-CEL	2484	16	JM	0:40:48	3	0
179	MARINDA	CRONJE	MPUPE	1960	37	VF	0:40:51	5	22
180	ARTHUR	GROOTBOOM	X-CEL	2452	47	VM	0:40:53	3	0
181	TONY	KLAASEN	MALABAR	190	40	VM	0:40:54	3	0
182	WYNAND	DE GOEDE	ELITEAC	2711	26	SM	0:40:54	3	0
183	LEANDRE	PRETORIUS	TEMP	457	23	SF	0:40:55	0	0
184	ANDRE	LOOTS	BODYCON	1090	40	VM	0:40:55	3	0
185	GRAHAM	BUBB	CSEP	207	34	SM	0:41:09	3	0
186	IVAN	RUDD	NOKIA	2173	34	SM	0:41:16	3	0
187	CLIVE	WEWERS	ELITEAC	2734	42	VM	0:41:26	3	0
188	MALCOLM	FIGG	X-CEL	2495	44	VM	0:41:28	3	0
189	DEVIN	JACKSON	RFLPE	1586	34	SM	0:41:29	3	0
190	ALEX	MANONA	MARM	977	18	JM	0:41:31	3	0

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191	WADE	VERMAAK	WILLARD	1643	16	JM	0:41:32	3	0
192	TYRONE	RUITERS	WILLARD	1630	28	SM	0:41:41	2	0
193	TOMMY	FALTAIN	X-CEL	2474	39	SVM	0:41:42	3	0
194	LAURENTIUS	ZEELIE	SAPPE	2890	32	SM	0:41:43	2	0
195	WENDELL	DERROCKS	TEMP	3339	22	SM	0:41:43	0	0
196	HANSIE	VAN WYNGAARDT	BLUEBAY	1905	36	SVM	0:41:44	3	0
197	MONWABISI	POTI	TEMP	3386	25	SM	0:41:44	0	0
198	RIAAAN	KOCK	TEMP	819	32	SM	0:41:46	0	0
199	ALVIN	BENTYISI	MOTION	390	27	SM	0:41:47	2	0
200	VUYO	CEKISANI	PPCRR	1863	36	SVM	0:41:49	3	0
201	JOHANN	POSTMA	ELITEAC	2687	37	SVM	0:41:49	3	0
202	PETER	BASHELA	WILLARD	1672	50	MM	0:41:52	5	0
203	CHRISTELLE	DE JAGER	LIBNIKE	1044	41	VF	0:41:53	5	21
204	DAVID	SWANEPOEL	X-CEL	2454	43	VM	0:41:53	3	0
205	LAURENCE	STONE	ACH	1161	45	VM	0:41:54	3	0
206	THAPELO	MBEKA	ABERCAB	562	19	SM	0:41:56	2	0
207	BUYISILE	MAKWELA	PEAAC	66	33	SM	0:41:58	2	0
208	DONEVIN	LESCH	NOKIA	2039	29	SM	0:41:59	2	0
209	RIAAAN	SMALBERGER	SAPPE	1430	47	VM	0:42:01	3	0
210	JANNIE	VAN GREUNEN	RFLPE	1582	46	VM	0:42:01	3	0
211	PIET	MEYER	NOKIA	2181	52	MM	0:42:05	4	0
212	LINDSAY	PILLAY	ACH	1123	48	VM	0:42:07	3	0
213	LAZOLA	KENENE	MARM	2341	17	JM	0:42:08	2	0
214	GRIZELDA	JAFTHA	WILLARD	1670	33	SVF	0:42:11	4	20
215	DARREN	ARMSTRONG	X-CEL	2488	16	JM	0:42:12	2	0
216	FRED	VERRALL	WILLARD	1668	53	MM	0:42:13	4	0
217	MORNE	BOTHA	NOKIA	2057	16	JM	0:42:17	2	0
218	CLIVE	VAN RAYNER	NOKIA	2198	35	SVM	0:42:22	3	0
219	ANDREW	HAYWARD	ELITEAC	2721	43	VM	0:42:25	3	0
220	ANTHONY	HAYWARD	ELITEAC	2722	41	VM	0:42:25	3	0
221	GARETH	HUGHES	CHARLO	959	28	SM	0:42:26	2	0
222	EARL	SCOTT	CRUSADE	750	37	SVM	0:42:29	3	0
223	GRAHAM	CHANNON	ACH	1111	52	MM	0:42:30	4	0
224	MONWABISI	MPULU	MPUPE	1287	42	VM	0:42:36	3	0
225	ZIYAAD	DOLLEY	LIBNIKE	2842	33	SM	0:42:40	2	0
226	GERARD	VON LEVETZOW	MPUPE	1346	46	VM	0:42:44	3	0
227	PIETER	DRAGHOENDER	ELITEAC	2737	55	MM	0:42:44	4	0
228	DANIE	NEL	NOKIA	2110	64	GM	0:42:45	5	0
229	WILLEM	PIENAAR	MPUPE	1319	25	SM	0:42:48	2	0
230	CANDICE	ALLEN	TEMP	1432	20	SF	0:42:53	0	0
231	PHUMZILE	MTWISHA	MARM	2344	21	SM	0:42:54	2	0
232	PETER	ALLEN	ACH	1121	52	MM	0:42:54	4	0
233	EDDIE	GILLMORE	BLUEBAY	1957	44	VM	0:42:55	3	0
234	MARK	ROCKMAN	PEAAC	75	33	SM	0:43:02	2	0
235	JEFFREY	STRAUSS	SAPPE	1467	53	MM	0:43:03	4	0
236	VUYO	VIMBAYO	ABERCAB	600	21	SM	0:43:07	2	0
237	STHEMBELE	MZAIVA	MARM	2349	16	JM	0:43:16	2	0
238	BERES	GOLIATH	VWAC	2352	38	SVM	0:43:18	2	0
239	CHARLES	CAMPHER	SAPPE	1419	45	VM	0:43:19	3	0
240	MICHAEL	COLLINS	PEAAC	36	63	GM	0:43:20	5	0
241	RUSTY	MULLER	TEMP	891	43	VM	0:43:22	0	0
242	ANDREW	PORTER	ACH	1168	30	SM	0:43:22	2	0
243	IVO	MEYER	MPUPE	1221	27	SM	0:43:22	2	0
244	SHANE	BROWN	PEAAC	23	41	VM	0:43:28	3	0
245	CLIFFORD	HICKEN	ELITEAC	2684	45	VM	0:43:31	3	0
246	KNUT	ENGELBRECHT	BODYCON	1088	38	SVM	0:43:32	2	0
247	NICO	STUCKEN	MARM	2333	28	SM	0:43:32	2	0
248	DUANE	HARTLIEF	X-CEL	2429	33	SM	0:43:34	2	0
249	JOHAN	FOURIE	ELITEAC	2712	47	VM	0:43:35	3	0
250	MICHAEL	UITHALER	WILLARD	1605	35	SVM	0:43:35	2	0
251	BRENDON	PERSENS	SANDFEP	2992	28	SM	0:43:36	2	0
252	CISCE	COETZEE	SAPPE	1431	33	SM	0:43:39	2	0
253	SYDNEY	MATSHISI	NOKIA	2166	41	VM	0:43:43	2	0
254	JONTI	DANIEL	TEMP	1291	34	SM	0:43:45	0	0

POS	NAME	SURNAME	CLUB	LICNO	AGE	CAT	TIME	PTS	PRES
255	STEPHEN	FRASER	BODYCON	1049	37	SVM	0:43:48	2	0
256	ROGER	HOOKE	BODYCON	1083	41	VM	0:43:48	2	0
257	BRETT	SCHEEPERS	MPUPE	1329	30	SM	0:43:49	2	0
258	JONATHAN	HAYLOCK-LYONS	PROCTECH	1696	26	SM	0:43:49	2	0
259	CHRISTIE	V LOGGERENBERG	ABERCAB	564	46	VM	0:43:51	2	0
260	ADELE	NEL	NOKIA	2170	29	SF	0:43:54	3	19
261	CYRIL	UITHALER	WILLARD	1675	39	SVM	0:44:01	2	0
262	ROLAND	DACE	WILLARD	1611	47	VM	0:44:02	2	0
263	URSULA	KUHN	MPUPE	1201	20	SF	0:44:02	3	18
264	LESLEY	WOOD	ELITEAC	2720	45	MF	0:44:05	5	17
265	GERALD	STRUWIG	NOKIA	2192	33	SM	0:44:06	2	0
266	PETER	GROOTBOOM	WILLARD	1626	35	SVM	0:44:08	2	0
267	CHRISTOPHER	COCKCROFT	NOKIA	2072	46	VM	0:44:09	2	0
268	OTIS	GQUNTA	NOKIA	2156	30	SM	0:44:11	2	0
269	REAN	CLASEN	CSEP	216	46	VM	0:44:12	2	0
270	DAVID	ENSLIN	MPUPE	1314	44	VM	0:44:14	2	0
271	GREGORY	BAUER	CHARLO	994	43	VM	0:44:17	2	0
272	THENBELANI	TEKO	PPCRR	1864	17	JM	0:44:17	2	0
273	SHARON	ZEELIE	SAPPE	1409	31	SVF	0:44:17	3	16
274	GEOFF	ROBERTS	ACH	1157	50	MM	0:44:20	3	0
275	JAN	MEIRING	ELITEAC	2728	34	SM	0:44:23	2	0
276	MARK	HUNTER-SMITH	ACH	1194	37	SVM	0:44:24	2	0
277	LIONEL	HOOLE	CSEP	256	35	SVM	0:44:25	2	0
278	JEROME	MAY	X-CEL	2422	36	SVM	0:44:28	2	0
279	GERRIT	WELGEMOED	CSEP	248	38	SVM	0:44:29	2	0
280	LIDA	LOUW	PEAAC	120	48	MF	0:44:31	5	15
281	PIETER	STRYDOM	NOKIA	2142	41	VM	0:44:34	2	0
282	JOHN	STAPLETON	TEMP	3271	34	SM	0:44:38	0	0
283	DEREK	WILSON	CHARLO	979	38	SVM	0:44:39	2	0
284	KHULANI	NOMPALWENI	PPCRR	1882	14	JM	0:44:46	2	0
285	WILLIAM	REINTJIES	X-CEL	2481	49	VM	0:44:48	2	0
286	GAVIN	VAN VLIET	CHARLO	996	45	VM	0:44:51	2	0
287	GEORGE	BOTHA	ELITEAC	2738	48	VM	0:44:52	2	0
288	MICHAEL	WITTHUHN	ALBANY	855	41	VM	0:44:54	2	0
289	HILANA	MARAIS	MPUPE	1369	21	SF	0:44:55	3	14
290	KEVIN	EAGLETON	NOKIA	2062	13	JM	0:44:56	2	0
291	JULIUS	SHOGOLE	ABERCAB	597	49	VM	0:44:56	2	0
292	EUGENE	VAN WYK	X-CEL	2423	30	SM	0:44:57	2	0
293	GERHARD	LEMMER	WAC	657	35	SVM	0:44:59	2	0
294	JAKKIE	GERBER	ELITEAC	2660	42	VM	0:45:08	2	0
295	JACOBUS	BOWNES	CHARLO	969	20	SM	0:45:13	2	0
296	JOHN	FACEY	WOFRC	2552	45	VM	0:45:13	2	0
297	MICHAEL	STUURMAN	NOKIA	2080	51	MM	0:45:16	3	0
298	ABONGILE	ZIDE	PROCTECH	1728	20	SM	0:45:16	2	0
299	KERNEELS	MEINTJIES	CSEP	225	42	VM	0:45:17	2	0
300	KELVIN	WILSON	CHARLO	962	32	SM	0:45:18	2	0
301	JOANNE	SAULEZ	TEMP	3387	30	SVF	0:45:19	0	0
302	JACQUES	SNYMAN	SAPPE	1486	34	SM	0:45:25	2	0
303	CONRAD	SAIS	WOFRC	2569	32	SM	0:45:26	2	0
304	STEPHEN	NEWMAN	TEMP	3360	32	SM	0:45:27	0	0
305	LOYISO	VELLEM	LIBNIKE	2864	19	SM	0:45:27	2	0
306	MANDISA	MAZANTSI	PPCRR	1881	13	JF	0:45:28	2	13
307	BRUCE	CLENCH	CRUSADE	797	39	SVM	0:45:29	2	0
308	JOHN	KOTZE	ACH	1164	51	MM	0:45:37	3	0
309	CHRIS	KISBEY-GREEN	BODYCON	1048	37	SVM	0:45:42	2	0
310	RUBERTO	MAY	X-CEL	2434	25	SM	0:45:45	2	0
311	ANDRE	BARNARD	NOKIA	2089	40	VM	0:45:46	2	0
312	GERALD	BOUWER	ACH	1101	59	MM	0:45:47	3	0
313	ARTHUR	WILLIAMS	NOKIA	2065	39	SVM	0:45:48	2	0
314	ANDRIES	FERREIRA	SAPPE	1482	19	JM	0:45:49	2	0
315	MARIUS	PRINCE	WILLARD	1621	28	SM	0:45:50	2	0
316	LINTON	HARMSE	LIBNIKE	2821	38	SVM	0:45:52	2	0
317	JOHAN	NORTJE	NOKIA	2064	28	SM	0:45:53	2	0
318	CHRITIAN	DE WET	SOMEAST	2905	37	SVM	0:45:57	2	0

POS	NAME	SURNAME	CLUB	LICNO	AGE	CAT	TIME	PTS	PRES
319	DEON	SMITH	WILLARD	1609	34	SM	0:45:59	2	0
320	DANIEL	FERREIRA	NOKIA	2130	43	VM	0:46:00	2	0
321	STUART	ALLEN	ACH	1174	49	VM	0:46:02	2	0
322	SUZANNE	LAVIS	PROCTECH	1687	44	VF	0:46:03	3	12
323	DORIS	LIBERTY	NOKIA	2137	42	VF	0:46:05	3	11
324	MICHAEL	LEMMER	WAC	680	15	JM	0:46:11	2	0
325	DEAN	KIVIDO	X-CEL	2486	30	SM	0:46:11	2	0
326	ELDRID	UITHALER	TEMP	1093	33	SM	0:46:12	0	0
327	BRADLEY	JOUBERT	ACH	1176	40	VM	0:46:15	2	0
328	TYRONE	RENSBURG	WILLARD	1656	31	SM	0:46:16	2	0
329	ELIAS	KASE	PEAAC	63	33	SM	0:46:17	2	0
330	PAT	THOMPSON	ACH	1182	42	VF	0:46:22	3	10
331	ZANIA	KAPP	TEMP	1019	14	JF	0:46:23	0	0
332	HERMAN	VAN JAARVELDT	SAPPE	1455	43	VM	0:46:23	2	0
333	PIERRE	STANDER	NOKIA	2022	38	SVM	0:46:28	2	0
334	MUBIN	PEERBHAI	MALABAR	170	38	SVM	0:46:31	2	0
335	JAN	VON MOLLENDORF	ELITEAC	2695	57	MM	0:46:32	2	0
336	DEON	DOBSON	NOKIA	2034	39	SVM	0:46:35	2	0
337	JEANNE	GREYLING	VWAC	2371	27	SF	0:46:36	2	9
338	SHARON	JESSOP	MOTION	633	32	SVF	0:46:37	2	8
339	AMANDA	VAN WYK	CSEP	270	33	SVF	0:46:39	2	7
340	DERRICK	HOSHE	WILLARD	1652	43	VM	0:46:40	2	0
341	LES	BRIGHTMAN	RFLPE	1553	53	MM	0:46:41	2	0
342	CHRISTINE	SENEKAL	ACH	1185	37	VF	0:46:42	2	6
343	JOHN	PEO	CSEP	230	53	MM	0:46:42	2	0
344	MPHO	RANCHO	PPCRR	1861	19	JF	0:46:46	2	5
345	DEON	ZEELIE	RFLPE	1567	33	SM	0:46:49	2	0
346	BENNIE	THYSSE	CSEP	260	45	VM	0:46:51	2	0
347	DAVID	O'RIELLY	X-CEL	2463	54	MM	0:46:57	2	0
348	PAUL	STEFFENS	NOKIA	2124	51	MM	0:46:58	2	0
349	LOYISO	PIKOLI	ABERCAB	590	32	SM	0:47:01	2	0
350	JAMES	LAMONT	BODYCON	1087	42	VM	0:47:01	2	0
351	GERARD	RADEMEYER	JEFFBAY	2265	39	SVM	0:47:02	2	0
352	DANIEL	SCHUIN	NOKIA	2035	39	SVM	0:47:03	2	0
353	BURGER	JONCK	NOKIA	2121	33	SM	0:47:03	2	0
354	WERNER	CLAASSEN	NOKIA	2058	38	SVM	0:47:04	2	0
355	MARIUS	ZEELIE	RFLPE	1592	36	SVM	0:47:04	2	0
355	MARIUS	ZEELIE	RFLPE	1592	36	SVM	0:47:04	2	0
356	THEUNIS	NEL	SAPPE	1448	28	SM	0:47:06	2	0
357	CHRIS	HERSELMAN	NOKIA	2088	43	VM	0:47:07	2	0
358	DEON	FOUCHE	TEMP	3344	39	SVM	0:47:08	0	0
359	GOOFEY	FOUCHE	ELITEAC	2652	45	VM	0:47:08	2	0
360	PETRA	STRYDOM	ELITEAC	2690	49	VM	0:47:10	2	0
361	RONALD	STURGISS	CSEP	206	36	SVM	0:47:11	2	0
362	MICHAEL	SLATER	MPUPE	1281	31	SM	0:47:14	2	0
363	LESLEY	ROBSON	TEMP	990	16	JM	0:47:16	0	0
364	WILMA	STANDER	NOKIA	2127	37	VF	0:47:16	2	4
365	RALPH	KEYS	TEMP	3262	30	SM	0:47:19	0	0
366	GODFREY	KARIEM	SAMCOR	5590	61	GM	0:47:20	0	0
367	ASANDA	SOLANI	PROCTECH	1682	19	JF	0:47:20	2	3
368	JOHANNES	GESWINDT	X-CEL	2491	43	VM	0:47:25	2	0
369	FRANCIOS	PETERSE	X-CEL	2470	36	SVM	0:47:26	2	0
370	DANIEL	RABIE	RFLPE	1538	32	SM	0:47:27	1	0
371	HENDRIK	LOUW	CSEP	233	38	SVM	0:47:29	2	0
372	ROBBIE	ROBSON	TEMP	961	46	VM	0:47:31	0	0
373	LIZ	GRUNDLINGH	MUIRITE	2613	55	GF	0:47:32	5	2
374	NELSON	MATYITYI	REALGIJ	1218	42	VM	0:47:36	0	0
375	IAN	ROSS	BODYCON	1021	45	VM	0:47:37	2	0
376	ADELE	BEAN	HSCHOOL	1799	17	JF	0:47:38	0	0
377	MARIO	MOOLMAN	HSCHOOL	2764	17	JM	0:47:39	0	0
378	GORDON	BEST	TEMP	3252	36	SVM	0:47:40	0	0
379	CATHY	BULLOCK	BODYCON	1037	49	MF	0:47:42	3	1
380	PIETER	GREEFF	TEMP	3345	45	VM	0:47:45	0	0
381	JACOBUS	WYATT	NOKIA	2131	39	SVM	0:47:46	2	0

POS	NAME	SURNAME	CLUB	LICNO	AGE	CAT	TIME	PTS	PRES
382	GODFREY	KUTER	TEMP	3264	45	VM	0:47:47	0	0
383	CLAIRE	NAGEL	ELITEAC	2731	38	VF	0:47:48	2	0
384	BARNEY	KRUGER	NOKIA	2060	50	MM	0:47:51	2	0
385	LESLIE	KREZMANN	TEMP	3354	33	SM	0:47:55	0	0
386	DEON	HOLTZHAUSEN	ELITEAC	2749	16	JM	0:47:55	1	0
387	ROMANO	SAUNDERS	TEMP	3363	16	JM	0:47:56	0	0
388	ECKART	SCHUMANN	BODYCON	1081	57	MM	0:47:59	2	0
389	CISCO	STRYDOM	HDORP	1995	32	SM	0:48:02	1	0
390	PETER	POHLMANN	ACH	1179	38	SVM	0:48:04	2	0
391	DIRK	JANSEN	NOKIA	2073	52	MM	0:48:08	2	0
392	NEIL	CALDER	CRUSADE	732	51	MM	0:48:08	2	0
393	SHARON	WEBB	SAPPE	1402	34	SVF	0:48:12	2	0
394	ANNELIE	NEL	WOFRC	2562	27	SF	0:48:15	2	0
395	JACQUES	BESSINGER	TEMP	1009	32	SM	0:48:16	0	0
396	DORA	DE BRUIN	CSEP	209	51	MF	0:48:17	3	0
397	ANDREW	HIBBERT	MPUPE	1283	28	SM	0:48:18	1	0
398	ANGELO	ELS	NOKIA	2161	29	SM	0:48:20	1	0
399	ROLAN	LOTTERING	SAPPE	1433	35	SVM	0:48:24	1	0
400	ANDRE	FOURIE	ELITEAC	2659	55	MM	0:48:26	2	0
401	NKULEKO	QWAZI	PPCRR	1868	18	JM	0:48:27	1	0
402	TIMOTHY	WALSH	TEMP	3367	29	SM	0:48:31	0	0
403	DEBBIE	BEAUZEC	RFLPE	1588	28	SF	0:48:32	2	0
404	KAREN	SIMPSON	BODYCON	1061	36	VF	0:48:35	2	0
405	GERRIE	VAN DE MERWE	NOKIA	2120	38	SVM	0:48:35	1	0
406	ROY	HEINE	CHARLO	983	46	VM	0:48:36	2	0
407	GREG	SCOTT	ELITEAC	2725	40	VM	0:48:37	2	0
408	VERNA	CLAASSEN	NOKIA	2122	39	VF	0:48:38	2	0
409	IAN	OLIVIER	ACH	1187	38	SVM	0:48:39	1	0
410	JOHANN	DORFLING	ELITEAC	2685	44	VM	0:48:40	2	0
411	MARIUS	SNYMAN	CSEP	247	37	SVM	0:48:41	1	0
412	RUBIN	CLAASSEN	NOKIA	2061	50	MM	0:48:43	2	0
413	HENNIE	BOTHA	NOKIA	2106	53	MM	0:48:44	2	0
414	TERRI-LYNN	HURN	ALBANY	822	25	SF	0:48:45	2	0
415	STEPHEN	PENNEY	ALBANY	824	28	SM	0:48:45	1	0
416	JAN	BEKKER	PEAAC	32	69	GM	0:48:49	3	0
417	PAUL	GELDENHUYS	RFLPE	1563	47	VM	0:48:50	2	0
418	HERMAN	HORAK	RFLPE	444	39	SVM	0:48:51	1	0
419	RIAAN	BOTHA	BLUEBAY	1932	34	SM	0:48:51	1	0
420	YOLANDA	BAATJES	X-CEL	2425	28	SF	0:48:52	2	0
421	TERSIA	RADEMEYER	JEFFBAY	2266	37	VF	0:48:52	2	0
422	THEMBISILE	NTONI	ABERCAB	553	54	MM	0:48:54	2	0
423	HEIDI	JANSEN	ACH	1141	35	VF	0:48:57	2	0
424	NEIL	GROBLER	MUIRITE	2619	42	VM	0:49:01	1	0
425	SHAWN	STEYN	TEMP	3377	31	SM	0:49:04	0	0
426	EDDIE	NEL	WOFRC	2563	30	SM	0:49:06	1	0
427	AMRIT	GANGARAM	NOKIA	2077	39	SVM	0:49:08	1	0
428	ANDRE	PIENAAR	ELITEAC	2700	39	SVM	0:49:09	1	0
429	MILKA	BOSHOFF	ACH	1198	48	MF	0:49:10	3	0
430	SHARON	SMUTS	CSEP	223	36	VF	0:49:12	2	0
431	BEYERS	LAMPRECHT	NOKIA	2025	34	SM	0:49:12	1	0
432	LYDIA	POTGIETER	NOKIA	2036	27	SF	0:49:13	2	0
433	SALOME	LOOTS	BODYCON	1054	39	VF	0:49:23	2	0
434	RIAAN	HEUNIS	TEMP	3371	33	SM	0:49:24	0	0
435	NTOMBOMZI	MAGA	LIBNIKE	1875	21	SF	0:49:27	2	0
436	NEREDA	KAPP	SAPPE	1499	34	SVF	0:49:35	2	0
437	WAYNE	FORTUIN	TEMP	1006	30	SM	0:49:42	0	0
438	SAM	ERASMUS	NOKIA	2200	42	VM	0:49:44	1	0
439	MIEMSIE	SWANEPOEL	ELITEAC	2715	40	VF	0:49:47	2	0
440	JOHAN	NEL	NOKIA	2101	45	VM	0:49:48	1	0
441	JOHN	KYNOCH	MPUPE	1382	30	SM	0:49:57	1	0
442	MARGIETHA	VOIGHT	NOKIA	2176	31	SVF	0:49:59	2	0
443	RON	PASK	ACH	1130	48	VM	0:50:02	1	0
444	DICK	DOUGLAS	MALABAR	181	43	VM	0:50:03	1	0
445	DONOVAN	BARENDS	X-CEL	2493	39	SVM	0:50:06	1	0

POS	NAME	SURNAME	CLUB	LICNO	AGE	CAT	TIME	PTS	PRES
446	ANDREW	MOSS	GONUBIE	933	33	SM	0:50:08	0	0
447	CHARLENE	KENNEDY	BODYCON	1078	28	SF	0:50:08	2	0
448	JOHN	WINDVOGEL	SAPPE	1437	37	SVM	0:50:09	1	0
449	DIRK	WILLERS	TEMP	3380	45	VM	0:50:10	0	0
450	CORNELIUS	NEL	NOKIA	2163	52	MM	0:50:12	2	0
451	HENRY	HUMAN	VWAC	2362	63	GM	0:50:12	2	0
452	ELNA	JONCK	CSEP	228	26	SF	0:50:16	2	0
453	LUCELLE	JAFTHA	WILLARD	1679	42	VF	0:50:19	2	0
454	JOHAN	CHAMBERLAIN	ELITEAC	2669	36	SVM	0:50:23	1	0
455	SEAN	BILLSON	BODYCON	1006	38	SVM	0:50:24	1	0
456	TOMMY	SATCHWELL	ACH	1107	43	VM	0:50:25	1	0
457	DEENA	PILLAY	MALABAR	167	39	SVM	0:50:26	1	0
458	ASITHANDILE	NONDWANGER	LIBNIKE	2838	18	JF	0:50:28	1	0
459	ADRIAAN	VAN NIEKERK	RFLPE	2578	38	SVM	0:50:30	1	0
460	EUGENE	MULDER	SAPPE	1422	56	MM	0:50:30	2	0
461	NORMAN	WIKBERG	CHARLO	966	30	SM	0:50:31	1	0
462	NICOLENE	WILKINSON	TEMP	3274	21	SF	0:50:31	0	0
463	PIETER	VOSLOO	SAPPE	1404	51	MM	0:50:37	2	0
464	XHANTI	GOBA	PROCTECH	1691	19	SM	0:50:40	1	0
465	PETRA	DICKER	ELITEAC	2699	38	VF	0:50:43	2	0
466	WERNER	GERBER	ACH	1152	35	SVM	0:50:45	1	0
467	STEPHEN	PILZ	PEAAC	43	33	SM	0:50:47	1	0
468	GEORGE	HISCOCK	NOKIA	2178	49	VM	0:50:50	1	0
469	ALDO	GOUWS	SANDFEP	2971	27	SM	0:50:52	1	0
470	GRAHAM	NELL	ACH	1139	51	MM	0:50:53	2	0
471	GERALD	HOXLEY	ACH	1146	61	GM	0:50:57	2	0
472	JOHAN	NEL	TEMP	3265	36	SVM	0:51:04	0	0
473	NICO	GROENEWALD	ELITEAC	2689	53	MM	0:51:07	2	0
474	KENNETH	MANLEY	NOKIA	2083	29	SM	0:51:11	1	0
475	HELEN	FOURIE	ELITEAC	2671	32	SVF	0:51:13	1	0
476	FREDERICK	ALLERS	NOKIA	2078	18	JM	0:51:16	1	0
477	MICHAEL	DEKKER	SAPPE	1440	29	SM	0:51:24	1	0
478	MAXIMILLIAN	MODISE	TEMP	816	38	SVM	0:51:26	0	0
479	LEINADU	ADAMS	SAPPE	1471	33	SM	0:51:27	1	0
480	ALEC	OLIVIER	CSEP	210	30	SM	0:51:28	1	0
481	JOHNNY	CLAASSEN	ACH	1127	37	SVM	0:51:31	1	0
482	WANDO	ORBAN	TEMP	3361	34	SM	0:51:32	0	0
483	TANDEKA	SOKUTU	MARM	2338	19	JF	0:51:32	1	0
484	COLIN	HERMANUS	SAPPE	1413	44	VM	0:51:37	1	0
485	HENRY	KNOESEN	TEMP	1062	33	SM	0:51:38	0	0
486	WARRICK	VAN DEN BERG	TEMP	3365	23	SM	0:51:39	0	0
487	DANIE	NIEUWOUDT	ELITEAC	2667	37	SVM	0:51:41	1	0
488	LIZ	AUSTIN	ACH	1151	44	VF	0:51:41	1	0
489	GERRIE	LE GRANGE	NOKIA	2125	50	MM	0:51:42	1	0
490	ERICA	FOREMAN	CSEP	246	32	SVF	0:51:44	1	0
491	GAIL	KLICHOWICZ	ACH	1114	35	VF	0:51:46	1	0
492	IMRAAN	KHAN	MALABAR	164	44	VM	0:51:50	1	0
493	GODFREY	GELDERBLOEM	X-CEL	2494	34	SM	0:51:51	1	0
494	ANDRE	KILIAN	WILLARD	1625	46	VM	0:51:52	1	0
495	RINA	BARNARD	ELITEAC	2692	48	MF	0:51:55	2	0
496	ZELDA	KRIGE	WAC	665	42	VF	0:51:57	1	0
497	GRAHAM	ELBOURNE	BODYCON	1035	50	MM	0:52:00	1	0
498	CHRIS	VILJOEN	PEAAC	31	55	MM	0:52:05	1	0
499	MANDISA	YOLI	ABERCAB	556	35	VF	0:52:07	1	0
500	ESTELEEN	KRAMER	CADBURY	299	41	VF	0:52:09	1	0
501	KENNETH	PRICE	TEMP	3267	17	JM	0:52:12	0	0
502	NICO	DE WET	BLUEBAY	1908	27	SM	0:52:18	1	0
503	RUDI	SCHOLTZ	TEMP	1029	32	SM	0:52:19	0	0
504	LORENZO	SAMUELS	HSCHOOL	876	17	JM	0:52:19	0	0
505	YUSUF	SAMUELS	X-CEL	2473	43	VM	0:52:20	1	0
506	LIESL	STRYDOM	CHARLO	965	27	SF	0:52:22	1	0
507	CHRIS	LOVEMORE	TEMP	818	34	SM	0:52:25	0	0
508	ROBIN	CLARK	BODYCON	1001	61	GM	0:52:26	2	0
509	CAROL	CORDIER	PEAAC	113	38	VF	0:52:27	1	0

POS	NAME	SURNAME	CLUB	LICNO	AGE	CAT	TIME	PTS	PRES
510	CHRIS	BEKKER	NOKIA	2136	49	VM	0:52:28	1	0
511	MOF	BOTHA	ACH	1135	46	VM	0:52:29	1	0
512	PIETER	VOGES	ELITEAC	2670	36	SVM	0:52:30	1	0
513	ALF	ZEHMKE	OUTENH	11	62	GM	0:52:31	0	0
514	ELLEN	LOVEMORE	TEMP	817	33	SVF	0:52:34	0	0
515	KEITH	WATTRUS	BODYCON	1036	44	VM	0:52:37	1	0
516	ALICIA	MCGEAR	X-CEL	2440	18	JF	0:52:40	1	0
517	GARY	RICHARDS	TEMP	1008	32	SM	0:52:42	0	0
518	ALAN	SIMPSON	BODYCON	1100	37	SVM	0:52:50	1	0
519	LOUIS	JORDAAN	TEMP	1089	31	SM	0:52:53	0	0
520	MTHUMZI	NGCELWANE	X-CEL	2483	45	VM	0:52:54	1	0
521	TAMSYN	VAN DER SPUY	HSCHOOL	2762	16	JF	0:52:55	0	0
522	PETER	GIDDY	ACH	1116	51	MM	0:52:56	1	0
523	ABDOELAZIES	MADATT	MALABAR	191	39	SVM	0:52:58	1	0
524	ADRIAAN	LYELL	PROCTECH	1711	47	VM	0:52:59	1	0
525	ANDRE	VAN COLLER	ELITEAC	2666	36	SVM	0:52:59	1	0
526	NIKKI	VAN NIEKERK	NOKIA	2021	48	MF	0:53:00	2	0
527	ZANELE	MBAMBO	PPCRR	1869	16	JF	0:53:01	1	0
528	LYN	SYMONS	RFLPE	1547	57	GF	0:53:05	3	0
529	BARRY	NELSON	WOFRC	2557	51	MM	0:53:07	1	0
530	ADELE	OLIVIER	MPUPE	1289	23	SF	0:53:20	1	0
531	NURUNNISA	MADATT	MALABAR	189	40	VF	0:53:23	1	0
532	CATHY	ALLERS	NOKIA	2069	40	VF	0:53:31	1	0
533	WELLS	ANDERSON	PEAAC	80	70	GM	0:53:34	1	0
534		UNKNOWN	UNKNOWN	111	32	SM	0:53:40	1	0
535	MALCOLM	BENNETTE	TEMP	1041	25	SM	0:53:40	0	0
536	MARIUS	ZEELIE	RFLPE	1592	36	SVM	0:53:44	1	0
536	MARIUS	ZEELIE	RFLPE	1592	36	SVM	0:53:44	1	0
537	SOLLY	GERBER	HDORP	1990	47	VM	0:53:46	1	0
538	LOUIS	RUDMAN	CSEP	202	46	VM	0:53:48	1	0
539	GESINA	OOSTHUIZEN	PEAAC	27	43	VF	0:53:50	1	0
540	SCHEPETRA	BEZUIDENHOUT	CSEP	204	35	VF	0:53:55	1	0
541	NOLEEN	NORRIS	CADBURY	295	45	MF	0:53:55	1	0
542	HENDRIK	SWART	SAPPE	1411	43	VM	0:54:04	1	0
543	SIYANDA	QASHU	ABERCAB	591	18	JF	0:54:05	1	0
544	SHAHEED	ABRAHAMS	WILLARD	1680	40	VM	0:54:17	1	0
545	TERRENCE	REID	ELITEAC	2657	54	MM	0:54:20	1	0
546	TERTIA	COETZEE	NOKIA	2090	43	VF	0:54:20	1	0
547	NOKUTHULA	MITI	TEMP	3373	30	SVF	0:54:21	0	0
548	GODFREY	COMMANDO	X-CEL	2448	39	SVM	0:54:30	1	0
549	MARGO	BROWN	TEMP	1001	49	MF	0:54:33	0	0
550	MARGO	SCHOLTZ	TEMP	1016	25	SF	0:54:35	0	0
551	ERNI	BILBROUGH	CHARLO	955	31	SM	0:54:35	1	0
552	JOHANN	KRUGER	TEMP	1025	26	SM	0:54:44	0	0
553	WENDY	WIENAND	SOMEAST	2902	46	MF	0:54:45	1	0
554	AUDIE	CLAASSEN	PEAAC	72	50	MM	0:54:46	1	0
555	GERHARD	FERREIRA	SAPPE	1521	14	JM	0:54:51	1	0
556	COLIN	KORKIE	ACH	1125	45	VM	0:54:52	1	0
557	BRETT	WIENAND	SOMEAST	2901	48	VM	0:54:53	1	0
558	GERT	DEYZEL	NOKIA	2114	52	MM	0:54:57	1	0
559	LOUISA	JANSEN	NOKIA	2055	50	MF	0:55:03	1	0
560	RUNETTE	GROBLER	ELITEAC	2732	23	SF	0:55:08	1	0
561	WILLIAM	GROBLER	ELITEAC	2674	53	MM	0:55:09	1	0
562	FRANZ	VAN DER LINDE	PEAAC	71	28	SM	0:55:10	1	0
563	NELANIE	HAYWARD	NOKIA	2026	15	JF	0:55:18	1	0
564	ANAND	NAIDOO	MALABAR	173	44	VM	0:55:24	1	0
565	IQBAL	SAIN	MALABAR	178	46	VM	0:55:26	1	0
566	CLIFF	MACKENZIE	ACH	1160	55	MM	0:55:26	1	0
567	MARTIE	VAN SCHALKWYK	CSEP	203	37	VF	0:55:27	1	0
568	MADRE	WELMANS	CSEP	265	33	SVF	0:55:28	1	0
569	ERNA	VAN ZYL	ELITEAC	2676	30	SVF	0:55:29	1	0
570	REINETTE	HAYWARD	NOKIA	2165	41	VF	0:55:29	1	0
571	VENESH	ATHIMOOLAM	MALABAR	179	33	SM	0:55:31	1	0
572	HESTER	DEKKER	SAPPE	1497	30	SVF	0:55:37	1	0

POS	NAME	SURNAME	CLUB	LICNO	AGE	CAT	TIME	PTS	PRES
573	VERNON	NAIDOO	MALABAR	175	33	SM	0:55:43	1	0
574	NOELEEN	FERREIRA	ABERCAB	558	38	VF	0:55:44	1	0
575	COLIN	MURRAY	BODYCON	1040	47	VM	0:55:51	1	0
576	HENDRIK	DE BEER	PEAAC	44	34	SM	0:55:53	1	0
577	MARIET	WILLERS	TEMP	3381	45	MF	0:56:00	0	0
578	ALAN	PENNEY	CSEP	259	55	MM	0:56:03	1	0
579	DALINA	MANLEY	NOKIA	2045	28	SF	0:56:06	1	0
580	SADICK	PATHER	MALABAR	174	38	SVM	0:56:06	1	0
581	JOHAN	VAN GREUNEN	TEMP	1092	39	SVM	0:56:10	0	0
582	ELZETTE	ZEELIE	RFLPE	1590	34	SVF	0:56:18	1	0
583	RANJITH	RAMNARAIN	CHATS	9896	53	MM	0:56:23	0	0
584	ROBIN	ELBOURNE	BODYCON	1046	44	VF	0:56:25	1	0
585	ANTONIE	GROBLER	ELITEAC	2665	49	VM	0:56:26	1	0
586	CHARLOTTE	VAN COLLER	ELITEAC	2662	34	SVF	0:56:28	1	0
587	ELIZE	LYELL	PROCTECH	1712	44	VF	0:56:30	1	0
588	CLIVE	LAVIS	PROCTECH	1706	45	VM	0:56:30	1	0
589	NEALE	EMSLIE	CRUSADE	740	43	VM	0:56:31	1	0
590	SHIRLEY	BRENT	CSEP	245	38	VF	0:56:33	1	0
591	FRANS	OOSTHUIZEN	BLUEBAY	1946	51	MM	0:56:34	1	0
592	ALTON	ARENDS	TEMP	3368	36	SVM	0:56:35	0	0
593	EON	JEWATZCHEWITZ	TEMP	1035	12	JM	0:56:36	0	0
594	NICOLAAS	CLAASSEN	NOKIA	2028	48	VM	0:56:37	1	0
595	RODNEY	MAGGOTT	ACH	1118	44	VM	0:56:38	1	0
596	JACQUES	VORSTER	CSEP	224	36	SVM	0:56:38	1	0
597	MARIUS	SCHOLTZ	CSEP	226	38	SVM	0:56:39	1	0
598	ANTON	SMIT	SAPPE	1507	33	SM	0:56:39	1	0
599	THEUNIS	V D WESTHUIZEN	HDORP	2016	45	VM	0:56:40	1	0
600	TULSIDAS	NARAN	MALABAR	171	48	VM	0:56:40	1	0
601	JOHAN	BARNARD	NOKIA	2047	49	VM	0:56:43	1	0
602	MORNE	ALLERS	NOKIA	2087	15	JM	0:56:50	1	0
603	STEVEN	THOMAS	PROCTECH	1731	37	SVM	0:56:57	1	0
604	ROZITA	BAILEY	X-CEL	2043	40	VF	0:57:03	1	0
605	FREDDIE	MATTHEUS	CSEP	227	33	SM	0:57:05	1	0
606	RITA	BOUCHER	NOKIA	2056	52	MF	0:57:07	1	0
607	PHILIPPA	RICHARDSON	TEMP	3375	26	SF	0:57:12	0	0
608	FRANCOIS	SMITH	BLUEBAY	1914	36	SVM	0:57:18	1	0
609	PAUL	RUSCHENBAUM	BLUEBAY	1925	33	SM	0:57:26	1	0
610	REAN	THERON	VWAC	2360	39	SVM	0:57:27	1	0
611	ALMA	FOURIE	NOKIA	2041	45	MF	0:57:27	1	0
612	SHIRLEEN	CLARKE	TEMP	3335	39	VF	0:57:46	0	0
613	KEITH	BAYLIS	ACH	1145	44	VM	0:57:51	1	0
614	BRIAN	JAMES	ACH	1196	43	VM	0:57:52	1	0
615	RICHARD	MORLEY	RFLPE	1531	47	VM	0:57:52	1	0
616	MARYKA	LAMPRECHT	NOKIA	2084	26	SF	0:57:54	1	0
617	RONDA	DEYZEL	NOKIA	2197	51	MF	0:57:54	1	0
618	CLYDE	SCOTT	TEMP	3269	32	SM	0:57:56	0	0
619	KAREN	MELS	NOKIA	2135	37	VF	0:58:06	1	0
620	CHRISTEL	SMUTS	SAPPE	1460	25	SF	0:58:08	1	0
621	LAURA	LE ROUX	ELITEAC	2664	39	VF	0:58:08	1	0
622	ANDRE	VOSLOO	MUIRITE	2603	34	SM	0:58:11	1	0
623	JAN	LE ROUX	ELITEAC	2663	42	VM	0:58:11	1	0
624	DEVAN	RYAN	MALABAR	169	45	VM	0:58:13	1	0
625	CINDY LEE	ANDERSON	TEMP	3251	25	SF	0:58:18	0	0
626	GURU	PADAYACHIE	MALABAR	172	33	SM	0:59:03	1	0
627	GREGORY	MULLER	TEMP	1449	25	SM	0:59:05	0	0
628	BRENDA	LEIBRANDT	TEMP	1260	30	SVF	0:59:22	0	0
629	AUSTIN	BRETT	TEMP	3383	28	SM	0:59:23	0	0
630	MERCIA	VON LEVETZOW	RFLPE	445	47	MF	0:59:24	1	0
631	JACKIE	ELLIOTT GENTRY	MPUPE	1232	37	VF	0:59:30	1	0
632	LISA ANN	MULLANY	TEMP	3374	24	SF	0:59:31	0	0
633	LEOPOLD	MAGNEE	TEMP	1024	31	SM	0:59:37	0	0
634	JOHAN	DE JAGER	TEMP	3254	39	SVM	0:59:47	0	0
635	GLYNIS	SCOTT	BLUEBAY	1930	42	VF	1:00:12	1	0
636	ADRIAN	PILZ	PEAAC	45	39	SVM	1:00:19	1	0

POS	NAME	SURNAME	CLUB	LICNO	AGE	CAT	TIME	PTS	PRES
637	ANDRIES	BOUCHER	NOKIA	2071	53	MM	1:00:19	1	0
638	HARRY	CONRADIE	TEMP	1327	57	MM	1:00:28	0	0
639	ANGELA	CARTER	TEMP	3334	30	SVF	1:00:38	0	0
640	MERVYN	PAPENFUS	TEMP	3266	40	VM	1:00:41	0	0
641	ARGYRO	CATSIKADELLIS	TEMP	3384	26	SF	1:00:58	0	0
642	RIA	HISCOCK	NOKIA	2199	47	MF	1:01:00	1	0
643	JANICE	MEHAFFEY	TEMP	1080	28	SF	1:01:01	0	0
644	GILL	DEALTRY	TEMP	1079	44	VF	1:01:05	0	0
645	PETER	HOPPER	TEMP	3350	62	GM	1:01:05	0	0
646	JAMES	HAY	CRUSADE	727	46	VM	1:01:15	1	0
647	SUSAN	BAYLIS	ACH	1109	43	VF	1:01:17	1	0
648	LYN	KEYSER	CSEP	271	27	SF	1:01:18	1	0
649	CHRISTOPHER	CLEGG	TEMP	3336	42	VM	1:01:19	0	0
650	JOHAN	LEONARD	CSEP	262	41	VM	1:01:19	1	0
651	DOROTHY	HART	CSEP	261	64	GF	1:01:22	1	0
652	GILL	BILBROUGH	CHARLO	956	30	SVF	1:01:23	1	0
653	RALTON	TERBLANCHE	TEMP	3273	39	SVM	1:01:28	0	0
654	DEBBIE	OELOFSE	NOKIA	2180	55	GF	1:01:33	1	0
655	HENRY	DANIELSON	NOKIA	2175	37	SVM	1:01:42	1	0
656	GARY	POHLMANN	ACH	1172	41	VM	1:02:03	1	0
657	AMANDA	DAVIDS	TEMP	820	27	SF	1:02:44	0	0
658	HENDRINA	CLAASSEN	NOKIA	2033	45	MF	1:02:48	1	0
659	MARYNA	KOTZE	TEMP	3263	36	VF	1:02:48	0	0
660	MARISKA	BEZUIDENHOUT	TEMP	3333	18	JF	1:03:19	0	0
661	JOHAN	FERREIRA	TEMP	3257	29	SM	1:03:22	0	0
662	SHARON	BROWN	PEAAC	24	48	MF	1:03:23	1	0
663	ERIKA	STRUWIG	NOKIA	2037	33	SVF	1:03:31	1	0
664	THOMAS	STEYNVAART	TEMP	1034	22	SM	1:03:37	0	0
665	LIEZEL	BOSHOFF	WAC	673	22	SF	1:03:39	1	0
666	MARKUS	KUNNEKE	BLUEBAY	1936	33	SM	1:04:08	1	0
667	LILLIAN	FOURIE	CHARLO	963	43	VF	1:04:13	1	0
668	ANTOINETTE	COERTZE	CHARLO	958	37	VF	1:04:55	1	0
669	ANGUS	NEL	RFLPE	1541	47	VM	1:05:04	1	0
670	RALPH	BOTHA	RFLPE	1555	65	GM	1:05:04	1	0
671	DUWAYNE	VAN DER WATT	TEMP	1078	12	JM	1:05:42	0	0
672	IDA	PAPENFUS	LIBNIKE	2840	40	VF	1:05:45	1	0
673	GLADYS	NASH	CHARLO	986	59	GF	1:05:52	1	0
674	RIA	BEZUIDENHOUT	TEMP	3332	42	VF	1:05:55	0	0
675	MARISKA	LEPPAN	RFLPE	2880	26	SF	1:06:09	1	0
676	CYRIL	KURTEN	HDORP	2015	71	GM	1:06:19	1	0
677	BONNIE	PENNEY	NOKIA	2044	49	MF	1:06:27	1	0
678	SARAH	GERBER	CRUSADE	742	20	SF	1:06:43	1	0
679	CLAIRE	GERBER	TEMP	900	23	SF	1:06:44	0	0
680	ROZ	GERBER	CRUSADE	800	44	VF	1:06:46	1	0
681	ANNA	WELGEMOED	CSEP	208	33	SVF	1:06:51	1	0
682	MEL	WELMANS	CSEP	263	32	SM	1:06:51	1	0
683	DESIREE	HERBST	TEMP	3347	31	SVF	1:07:08	0	0
684	JAN	CORDIER	TEMP	3337	51	MM	1:07:09	0	0
685	TANIA	FERREIRA	TEMP	1030	26	SF	1:07:10	0	0
686	DESMOND	STONE	TEMP	3364	51	MM	1:07:11	0	0
687	JOHAN	SERFONTEIN	PROCTECH	1683	62	GM	1:08:05	1	0
688	MARY	JEFFREY	PEAAC	103	54	MF	1:08:27	1	0
689	WILLEM	VAN ROOYEN	TEMP	3366	24	SM	1:08:37	0	0
690	TREVOR	VAN EYCK	TEMP	3379	40	VM	1:08:37	0	0
691	LOUISA	BOSMAN	MUIRITE	2639	47	MF	1:09:29	1	0
692	JANE	GELDENHUYS	MPUPE	2773	75	GF	1:09:38	1	0
693	CHRISTINE	V D WESTHUIZEN	HDORP	2009	44	VF	1:10:07	1	0
694	DENISE	CARNEY	WOFRC	2564	44	VF	1:10:20	1	0
695	CHARMYNE	MYBURGH	CADBURY	281	51	MF	1:10:20	1	0
696	STEVE	GERBER	TEMP	899	48	VM	1:10:50	0	0
697	RONEL	VORSTER	SOMEAST	2906	36	VF	1:11:14	1	0
698	MADELYNE	DE BRUYN	TEMP	1056	21	SF	1:11:41	0	0
699	JOHAN	SMITH	TEMP	1052	21	SM	1:11:42	0	0
700	ANDRIANNE	BLOM	RFLPE	1573	38	VF	1:11:43	1	0

POS	NAME	SURNAME	CLUB	LICNO	AGE	CAT	TIME	PTS	PRES
701	CINDY	THOMSON	ELITEAC	2682	42	VF	1:11:46	1	0
702	JOHANNES	MARX	TEMP	3356	38	SVM	1:11:47	0	0
703	BULELWA	MDUNYELWA	HSCHOOL	199	13	JF	1:12:06	0	0
704	BEN	HARDING	NOKIA	2096	54	MM	1:12:17	1	0
705	HEINRICH	SCHUCK	TEMP	1027	54	MM	1:12:18	0	0
706	VAL	SANDOW	KOWIE	533	56	GF	1:12:52	1	0
707	AMOR	MARX	TEMP	3357	32	SVF	1:13:13	0	0
708	MARINDA	SCHOLTZ	PEAAC	100	34	SVF	1:13:19	1	0
709	ALETTA	FOURIE	RFLPE	1572	64	GF	1:13:25	1	0
710	ILENE	ERASMUS	PEAAC	81	46	MF	1:13:55	1	0
711	MARBE	HERBST	TEMP	3349	18	JF	1:14:17	0	0
712	CLARENCE	HEARNE	PEAAC	35	51	MM	1:14:25	1	0
713	ESLEY	STRYDOM	TEMP	3272	57	GF	1:14:38	0	0
714	MARLENE	HERSELMAN	TEMP	3258	40	VF	1:14:38	0	0
715	SIPHOKAZI	LUNGISA	HSCHOOL	197	14	JF	1:14:39	0	0
716	DIHANNA	CLAASSEN	PEAAC	82	45	MF	1:14:43	1	0
717	ANNA	PIENAAR	WOFRC	2575	66	GF	1:14:53	1	0
718	RONEL	RIZZO	TEMP	3362	35	VF	1:14:59	0	0
719	PORTIA	APPOLIS	TEMP	3331	33	SVF	1:15:00	0	0
720	MARY	DANIELS	TEMP	3338	48	MF	1:15:21	0	0
721	URZULA	LOMBARD	TEMP	3372	48	MF	1:15:44	0	0
722	ZAREENA	TIRY	MALABAR	184	34	SVF	1:16:11	1	0
723	ANN	DU PREEZ	TEMP	3385	37	VF	1:17:41	0	0
724	CHANDRE	BARNARD	NOKIA	2119	13	JM	1:17:44	1	0
725	BERNADETTE	BARNARD	NOKIA	2023	17	JF	1:17:44	1	0
726	CHRIS	BARRON	WOFRC	2555	78	GM	1:18:04	1	0
727	ILLANA	HERBST	TEMP	3348	16	JF	1:18:25	0	0
728	MANUELA	WILSON	CHARLO	964	32	SVF	1:19:50	1	0
729	JENNIFER	BARNARD	NOKIA	2030	39	VF	1:20:11	0	0
730	ELEANOR	EVERTON	WAC	672	48	MF	1:21:39	0	0
731	SANDRE	SHARE	ELITEAC	2678	36	VF	1:21:50	0	0
732	MELANIE	NEL	NOKIA	2053	47	MF	1:22:09	0	0
733	JOSLIN	WILSON	CHARLO	961	30	SVF	1:22:12	0	0
734	NOMPHUMELELO	MAGXAKI	HSCHOOL	198	13	JF	1:22:14	0	0
735	MAUREEN	DICKASON	NOKIA	2157	46	MF	1:22:22	0	0
736	LOLA	VILLET	RFLPE	2878	58	GF	1:22:36	0	0
737	LANA	VAN TAAK	RFLPE	2781	47	MF	1:22:47	0	0
738	AUGUSTINA	VAN DEN BERG	TEMP	3378	61	GF	1:24:19	0	0
739	IGNATIUS	FROSLER	X-CEL	2465	40	VM	1:24:41	0	0
740	MICHELLE	WILFORD	TEMP	1293	35	VF	1:25:26	0	0
741	NELLIE	KNOESEN	TEMP	3351	53	MF	1:26:59	0	0
742	RYAN	GROBBLER	TEMP	3346	55	MM	1:26:59	0	0
743	GLEN	ELLISTON	TEMP	3342	37	SVM	1:27:04	0	0
744	JOSEPH	SHAMLEY	TEMP	1429	17	JM	1:27:08	0	0
745	MALINDA	COETZEE	TEMP	3253	25	SF	1:27:34	0	0
746	ETIENNE	SHAMLEY	TEMP	3270	42	VM	1:27:35	0	0
747	LEVONA	KILLIAN	MUIRITE	2634	39	VF	1:28:38	0	0
748	ANNA	LE ROUX	MUIRITE	2632	55	GF	1:28:38	0	0
749	SUSANNA	LAMPRECHT	PEAAC	91	48	MF	1:28:58	0	0
750	ALLEN	SENEKAL	TEMP	3376	52	MM	1:31:06	0	0
751	SHARON	DAMPIES	TEMP	3370	36	VF	1:32:22	0	0
752	GARETH	DAMPIES	TEMP	3369	34	SM	1:32:22	0	0
753	ENGELA	VON MOLLENDORF	WAC	678	54	MF	1:33:02	0	0
HELPERS RUN									
H01	HANNES	ELS	FITEP	2206	52	MM	0:40:59	5	0
H02	JAN	VAN EEDEN	BODYCON	1010	44	VM	0:41:44	3	0
H03	MICHAEL	MAGSON	FITEP	2217	26	SM	0:42:01	2	0
H04	MARIETTE	HATTINGH	CSEP	211	36	VF	0:42:36	4	0
H05	JOHAN	BARNARD	CSEP	269	47	VM	0:43:16	3	0
H06	CHARLES	ROSE	FITEP	2201	49	VM	0:43:17	3	0
H07	ALLAN	BRIDGETT	FITEP	2211	34	SM	0:43:17	2	0
H08	SHANE	NORRIS	FITEP	2232	28	SM	0:43:18	2	0
H09	THEUNS	HATTINGH	FITEP	2234	39	SVM	0:43:18	2	0
H10	BASIL	MC LEAN	FITEP	2216	43	VM	0:43:37	3	0

POS	NAME	SURNAME	CLUB	LICNO	AGE	CAT	TIME	PTS	PRES
H11	DAVE	COLLINS	FITEP	2212	44	VM	0:46:50	2	0
H12	DAVERA	MAGSON	FITEP	2214	27	SF	0:47:16	2	0
H13	DALLAS	BARNARDO	FITEP	2248	27	SM	0:49:56	1	0
H14	MICHELLE	SMITH	FITEP	2224	32	SVF	0:52:13	1	0
H15	HERMIE	FISHER	FITEP	2223	34	SVF	0:53:04	1	0
H16	JOS	ELS	FITEP	2207	50	MF	0:54:11	1	0
H17	GILLIAN	FERREIRA	FITEP	2204	44	VF	1:02:44	1	0
H18	KENNY	LINES	FITEP	2227	40	VM	1:04:00	1	0
H19	JOSEPH	FISCHER	FITEP	2218	61	GM	1:04:25	1	0
H20	CHERYL	WITTE	FITEP	2230	40	VF	1:04:48	1	0
H21	MARINDA	O'CONNELL	FITEP	2021	47	MF	1:05:05	1	0
H22	SHARON	LINES	FITEP	2226	36	VF	1:06:46	1	0
H23	CHARMAIN	DE WET	FITEP	2229	42	VF	1:20:56	0	0
H24	DAVID	DE WET	FITEP	2228	42	VM	1:20:56	0	0