

**ALLIANCE CASH & CARRY 21.1KM - UITENHAGE - 06/03/2004**

POS	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
1	657	GEORGE	NTSHILIZA	LIBNIKE	M	24	SM	1.04.29	5
2	671	LAWRENCE	NTANTISO	LIBNIKE	M	28	SM	1.05.05	5
3	2128	ODWA	GOQWANA	NOKIA ALGOA AC	M	23	SM	1.06.25	5
4	664	SIMON	NGCOKO	LIBNIKE	M	34	SM	1.07.02	5
5	674	MASIXOLE	DLAKU	LIBNIKE	M	25	SM	1.07.08	5
6	670	SIMPHIWE	NTANTISO	LIBNIKE	M	33	SM	1.07.27	5
7	661	MILA	PASIYA	LIBNIKE	M	24	SM	1.07.29	5
8	411	MABOYISANA	MAZWAYI	ABERDARE CABLES	M	35	35-40M	1.07.47	5
9	1198	SANDILE	NGUNUZA	LIBNIKE	M	21	SM	1.08.07	5
10	672	DESMOND	ZIBI	LIBNIKE	M	40	40-44M	1.08.46	5
11	1325	KELLY	SOYAMBA	MR PRICE UPE	M	26	SM	1.08.57	5
12	1300	EMERSON	KAYANA	MR PRICE UPE	M	30	SM	1.09.17	5
13	1236	ERIC	SIGXASHE	MR PRICE UPE	M	25	SM	1.09.43	5
14	1696	ZILINDILE	MEMANI	HARMONY AC EP	M	31	SM	1.09.49	5
15	402	MZWANELE	MAPHEKULA	ABERDARE CABLES	M	27	SM	1.10.12	5
16	2086	MAXWELL	GOODMAN	NOKIA ALGOA AC	M	31	SM	1.10.17	5
17	1199	MICHAEL	SCOUT	MR PRICE UPE	M	41	40-44M	1.10.26	5
18	1195	CHRISTOPHER	MABENGEZA	MR PRICE UPE	M	37	35-40M	1.10.38	5
19	2134	MZOLISI	MAKANDA	NOKIA ALGOA AC	M	21	SM	1.10.48	5
20	2129	AYANDA	PANA	NOKIA ALGOA AC	M	31	SM	1.10.49	5
21	404	LUVUYO	DYANI	ABERDARE CABLES	M	33	SM	1.10.54	5
22	1286	SIMPHIWE	TANA	MR PRICE UPE	M	24	SM	1.11.13	5
23	1261	LUVUYO	STEPHEN	MR PRICE UPE	M	33	SM	1.11.40	5
24	825	BASIE	BONAPARTE	ALBANY R R	M	38	35-40M	1.11.59	5
25	654	KHAYALETHU	MAKALIMA	LIBNIKE	M	20	SM	1.12.15	5
26	858	RICARDO	PLAATJIES	ELITE A C	M	21	SM	1.12.52	5
27	403	LAWRENCE	MAKUTOANA	ABERDARE CABLES	M	26	SM	1.13.01	5
28	2102	GCOBANI	BEKWAPI	NOKIA ALGOA AC	M	24	SM	1.13.04	5
29	2067	NKOSINATHI	BIYANA	NOKIA ALGOA AC	M	28	SM	1.13.09	5
30	409	MPUMELELO	NDLUMBINI	ABERDARE CABLES	M	28	SM	1.13.20	5
31	2178	THOBILE	XATA	HARMONY AC EP	M	29	SM	1.13.22	5
32	2199	APHLYN	TAAI	HARMONY AC EP	M	21	SM	1.13.24	5
33	1186	CRAIG	WILSON	ACHILLES AAA	M	35	35-40M	1.13.32	5
34	2052	ABSALOM	KEMP	NOKIA ALGOA AC	M	39	35-40M	1.13.55	5
35	1153	ISAAC	NLAPE	ACHILLES AAA	M	20	SM	1.14.06	5
36	2087	SIDWELL	BALIWE	NOKIA ALGOA AC	M	31	SM	1.14.15	5
37	660	MOYISILE	WANA	LIBNIKE	M	32	SM	1.14.25	5
38	2236	CYRIL	SIZE	HARMONY AC EP	M	21	SM	1.14.30	5
39	1456	AUGUST	ESAU	HARMONY AC EP	M	33	SM	1.14.32	5
40	34	LUVUYO	MATANI	TEMP	M	21	SM	1.14.53	0
41	2117	SIKHUMBUZO	NCANYWA	NOKIA ALGOA AC	M	30	SM	1.15.03	5
42	1733	LUCAS	BOMELA	PROCYDIN PETECH	M	29	SM	1.15.26	5
43	1611	ANDILE	GO	PEB PRNT ADIDAS	M	32	SM	1.15.39	5
44	2098	ZOLA	BOOI	NOKIA ALGOA AC	M	27	SM	1.15.40	5
45	250	JOHANNES	JONCK	ST ALBANS CSEP	M	30	SM	1.15.49	5
46	1518	THEMBINKOSI	SPEELMAN	HARMONY AC EP	M	20	SM	1.15.55	5
47	2076	SIDWEL	ROBOSHI	NOKIA ALGOA AC	M	44	40-44M	1.16.03	5
48	655	TRESH	JAVU	LIBNIKE	M	30	SM	1.16.06	5
49	205	COLLIN	DANI	ST ALBANS CSEP	M	36	35-40M	1.16.09	5
50	2075	AMOS	BILL	NOKIA ALGOA AC	M	29	SM	1.16.19	5
51	26	AARON	BENZI	TEMP	M	27	SM	1.16.20	0
52	2116	NDUMISO	MATCHES	NOKIA ALGOA AC	M	31	SM	1.16.34	5
53	1094	MANDLA	SIGQAKAZA	SANDEF EP	M	29	SM	1.16.39	5
54	2108	WELCOME	LOLIWE	NOKIA ALGOA AC	M	39	35-40M	1.16.41	5
55	2173	MICHAEL	HENDRICKS	HARMONY AC EP	M	27	SM	1.16.47	5
56	1231	JOHN	RAFANI	MR PRICE UPE	M	36	35-40M	1.16.48	5
57	1606	MBONGENI	NOBUMBA	PEB PRNT ADIDAS	M	29	SM	1.16.51	5
58	94	BULELINI	NIWA	P.E.A.A.C.	M	18	JM	1.16.59	5

POS	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
59	2240	DEON	APPOLLIS	HARMONY AC EP	M	24	SM	1.16.59	5
60	2070	ZAMUBUNTU	TEYISE	NOKIA ALGOA AC	M	27	SM	1.17.02	5
61	2301	PETER	NTSHIKILA	KWANOBUHLE	M	41	40-44M	1.17.03	5
62	264	ZUZILE	NYARASHE	CADBURY A C	M	24	SM	1.17.11	5
63	1093	EFESE	PETER	SANDF EP	M	43	40-44M	1.17.17	5
64	21	COLBEN	NGCUPE	P.E.A.A.C.	M	40	40-44M	1.17.23	5
65	1682	GILROY	DOMINGO	WILLARD BATT	M	31	SM	1.17.33	5
66	1656	KAASHIF	PIETERSEN	WILLARD BATT	M	27	SM	1.17.49	5
67	604	GEOFFREY	BOOYSEN	X-CEL A C	M	34	SM	1.18.26	5
68	1675	CYRIL	UITHALER	WILLARD BATT	M	41	40-44M	1.18.44	5
69	1517	ALROY	MCLEAN	HARMONY AC EP	M	35	35-40M	1.18.52	5
70	485	BENNIE	MATTHEUS	WALMER AC	M	34	SM	1.18.55	5
71	653	SIMPHIWE	TAMBO	LIBNIKE	M	20	SM	1.19.23	4
72	1923	MONDE	TISE	BLUEWATER BAY	M	20	SM	1.19.36	4
73	413	MONWABISI	MTWISHA	ABERDARE CABLES	M	20	SM	1.19.50	4
74	1646	MERVYN	JOHNSON	WILLARD BATT	M	30	SM	1.20.01	4
75	1658	VERNON	NEWFELDT	WILLARD BATT	M	37	35-40M	1.20.02	5
76	2203	KGOTSO	MAJARA	HARMONY AC EP	M	23	SM	1.20.10	4
77	1631	LEONARD	ERASMUS	WILLARD BATT	M	46	45-49M	1.20.25	5
78	1609	VIVIAN	LUTWEYI	PEB PRNT ADIDAS	M	40	40-44M	1.20.26	5
79	1073	NELSON	VLAKBOK	SANDF EP	M	39	35-40M	1.20.48	5
80	689	PIER	PITSO	TEMP	M	42	40-44M	1.20.55	0
81	2175	MBULELO	SAMPIES	HARMONY AC EP	M	36	35-40M	1.21.04	5
82	75	FREDDIE	KOLI	P.E.A.A.C.	M	39	35-40M	1.21.07	5
83	1526	SELWYN	ISAACS	HARMONY AC EP	M	29	SM	1.21.08	4
84	64	PHILBERT	TYOMBO	P.E.A.A.C.	M	41	40-44M	1.21.17	5
85	1209	PATRICK	QINELA	MR PRICE UPE	M	27	SM	1.21.30	4
86	1266	MNCEDISI	YAWA	MR PRICE UPE	M	38	35-40M	1.21.31	4
87	611	LONWABO	MLILWANA	TEMP	M	35	35-40M	1.21.38	0
88	667	TAMSANQA	JUSAYI	LIBNIKE	M	61	60-64M	1.21.43	5
89	1083	NKOSINATH	VLAKBOK	NOKIA ALGOA AC	M	27	SM	1.21.47	4
90	401	ZINAKILE	SOYAMBA	ABERDARE CABLES	M	51	50-54M	1.21.49	5
91	868	GERT	HOLTZHAUSEN	ELITE A C	M	28	SM	1.21.52	4
92	40	ELTON	WILLIAMS	TEMP	M	18	JM	1.21.54	0
93	2009	ALFRED	QOGI	NOKIA ALGOA AC	M	30	SM	1.21.57	4
94	2064	MELIKHAYA	MALINGA	NOKIA ALGOA AC	M	23	SM	1.22.09	4
95	1032	JACOB	ABRAHAM	BODY CONCEPT	M	37	35-40M	1.22.10	4
96	2049	WELLINGTON	MATISO	NOKIA ALGOA AC	M	47	45-49M	1.22.14	5
97	1999	FERDINAND	GROBLER	NOKIA ALGOA AC	M	45	45-49M	1.22.16	5
98	454	NEIL	DE MEILLON	NEW BALANCE	M	40	40-44M	1.22.16	5
99	1533	STEVEN	FANELLA	NOKIA ALGOA AC	M	40	40-44M	1.22.19	5
100	856	CLIVE	WEWERS	ELITE A C	M	43	40-44M	1.22.20	5
101	669	FIKILE	SEYA	LIBNIKE	M	51	50-54M	1.22.24	5
102	1994	ASHLEY	VAN DER WATT	NOKIA ALGOA AC	M	39	35-40M	1.22.26	4
103	451	ANTHONY	BUTTON	NEW BALANCE	M	42	40-44M	1.22.32	5
104	617	WILLEM	BOUWERS	TEMP	M	28	SM	1.22.35	0
105	446	ADRIAN	GOUWS	NEW BALANCE	M	30	SM	1.22.43	4
106	665	JACKSON	NGCOKO	LIBNIKE	M	55	55-59M	1.22.49	5
107	586	JEREMY	LANGEVELD	X-CEL A C	M	36	35-40M	1.23.01	4
108	1990	HENDRIK	VAN WYK	NOKIA ALGOA AC	M	40	40-44M	1.23.05	5
109	686	KLAAS	OLIPHANT	TEMP	M	34	SM	1.23.14	0
110	2091	GLADWELL	RUSELO	NOKIA ALGOA AC	M	37	35-40M	1.23.20	4
111	9073	MELIKHAYA	NYIKI	NOKIA ALGOA AC	M	17	JM	1.23.40	3
112	1913	JOHN	STEVENS	BLUEWATER BAY	M	40	40-44M	1.23.40	4
113	1075	MUTEKILE	RASMENI	NOKIA ALGOA AC	M	39	35-40M	1.23.48	4
114	33	SAMUEL	RUNELI	TEMP	M	32	SM	1.23.55	0
115	1259	GEORGE	BUKA	MR PRICE UPE	M	33	SM	1.24.03	3
116	1336	EDWALL	VAN ROOYEN	MR PRICE UPE	M	30	SM	1.24.05	3
117	1623	STEPHAN	BOTHA	PEB PRNT ADIDAS	M	35	35-40M	1.24.06	4
118	1103	CHRIS	TERBLANCHE	ACHILLES AAA	M	48	45-49M	1.24.18	5

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119	459	EMIL	HOUGAARD	NEW BALANCE	M	40	40-44M	1.24.22	4
120	656	LUVUYO	MAVIKELA	LIBNIKE	M	28	SM	1.24.23	3
121	2267	ROWAN	ALLISON	EBENEZER	M	30	SM	1.24.26	0
122	2220	GUGULETHU	MGQALI	HARMONY AC EP	M	30	SM	1.24.26	3
123	910	CISCE	COETZEE	ELITE A C	M	35	35-40M	1.24.29	4
124	1483	DONOVAN	PEO	HARMONY AC EP	M	23	SM	1.24.33	3
125	903	LEANNE	FINLAY	ELITE A C	F	36	35-40F	1.24.39	5
126	2282	JOHANNES	AUGUSTUS	SANDEF EP	M	50	50-54M	1.24.43	5
127	870	PETER	VAN RENSBURG	ELITE A C	M	45	45-49M	1.24.47	5
128	2130	ELLIOT	NYIKI	NOKIA ALGOA AC	M	42	40-44M	1.24.58	4
129	2222	KIRSTY	WEIR	HARMONY AC EP	F	25	SF	1.25.00	5
130	2226	KENNETH	PAKADE	HARMONY AC EP	M	31	SM	1.25.09	3
131	1226	PATRICK	KLAAS	MR PRICE UPE	M	39	35-40M	1.25.25	4
132	407	HAMILTON	MAZOMBA	ABERDARE CABLES	M	50	50-54M	1.25.29	5
133	1222	TRELOAR	CHILDS	MR PRICE UPE	F	40	40-44F	1.25.32	5
134	156	JOHANNES	ARRIES	MALABAR	M	30	SM	1.25.45	3
135	2307	SOLOMON	SWARTBOOI	KWANOBUHLE	M	34	SM	1.25.47	3
136	2216	MOEGAMAT	BEYDON	HARMONY AC EP	M	44	40-44M	1.25.57	4
137	30	JAYSEF	AHKEE	TEMP	M	19	SM	1.26.15	0
138	50	BONISILE	FULMENI	P.E.A.A.C.	M	41	40-44M	1.26.15	4
139	316	SYLVESTER	APPOLLIS	RHODES UNIVERSI	M	20	SM	1.26.21	3
140	34	WARRONYON	DAVIDS	TEMP	M	20	SM	1.26.30	0
141	2132	JOHAN	BROWN	NOKIA ALGOA AC	M	29	SM	1.26.33	3
142	2248	RODGER	GYSMAN	EBENEZER	M	30	SM	1.26.35	3
143	9133	NTSIKELELO	SEBE	LIBNIKE	M	19	SM	1.26.37	3
144	1451	GRIZELDA	JAFTHA	HARMONY AC EP	F	35	35-40F	1.26.38	5
145	918	RAYMOND	WEITZ	ELITE A C	M	49	45-49M	1.26.40	5
146	2193	BRAMLEY	DERROCKS	P.E.A.A.C.	M	30	SM	1.26.41	3
147	877	KEVIN	GILLMER	ELITE A C	M	43	40-44M	1.26.41	4
148	1636	HERBERT	HUTTON	WILLARD BATT	M	49	45-49M	1.26.44	5
149	1467	MICHAEL	BOOI	HARMONY AC EP	M	33	SM	1.26.45	3
150	1223	LORNA	LUMB	MR PRICE UPE	F	35	35-40F	1.26.46	5
151	2068	MAKHAYA	MAGADA	NOKIA ALGOA AC	M	39	35-40M	1.26.59	3
152	680	SEBASTIAN	KLEU	TEMP	M	28	SM	1.27.19	0
153	9075	DEON JNR	DOBSON	NOKIA ALGOA AC	M	16	JM	1.27.25	3
154	1092	BRENDON	PERSENS	SANDEF EP	M	29	SM	1.27.28	3
155	1354	HANNES	ELS	FIT2000 A C	M	54	50-54M	1.27.31	5
156	970	FRED	VERRALL	CHARLO A C	M	55	55-59M	1.27.33	5
157	610	D	VAN WYK	TEMP	M	29	SM	1.27.41	0
158	862	STEPHEN	KLUE	ELITE A C	M	45	45-49M	1.27.44	5
159	2224	MATI	JACK	HARMONY AC EP	M	52	50-54M	1.27.45	5
160	1952	MOTHUSI	HOYI	BLUEWATER BAY	M	39	35-40M	1.27.59	3
161	102	KHOLEKILE	NOMNGANGA	P.E.A.A.C.	M	43	40-44M	1.28.05	3
162	846	IVAAN	WINDVOGEL	ALBANY R R	M	19	JM	1.28.13	3
163	911	WYNAND	DE GOEDE	ELITE A C	M	28	SM	1.28.26	3
164	9074	SHAUN	TOM	NOKIA ALGOA AC	M	16	JM	1.28.27	3
165	267	MBULELO	KITAS	CADBURY A C	M	34	SM	1.28.27	3
166	1971	DUANE	LERM	NOKIA ALGOA AC	M	33	SM	1.28.34	3
167	2031	HELGARD	POTGIETER	NOKIA ALGOA AC	M	31	SM	1.28.35	3
168	2027	FANIE	CLAASSEN	NOKIA ALGOA AC	M	46	45-49M	1.28.41	4
169	864	CLIFFORD	HICKEN	ELITE A C	M	46	45-49M	1.28.46	4
170	1078	JOHNNY	MALGAS	SANDEF EP	M	44	40-44M	1.28.47	3
171	207	GRAHAM	BUBB	ST ALBANS CSEP	M	36	35-40M	1.28.51	3
172	1640	DEON	MIGGELS	WILLARD BATT	M	33	SM	1.29.03	3
173	1652	ROLAND	DACE	WILLARD BATT	M	49	45-49M	1.29.06	4
174	1071	ZILINGENE	RALANE	SANDEF EP	M	42	40-44M	1.29.06	3
175	625	SELWON	UITHALER	X-CEL A C	M	48	45-49M	1.29.13	0
176	1464	COWAN	CANNON	HARMONY AC EP	M	36	35-40M	1.29.16	3
177	1462	CARL	TERBLANCHE	HARMONY AC EP	M	34	SM	1.29.25	3
178	68	TSITSILI	MEKANA	P.E.A.A.C.	M	40	40-44M	1.29.26	3

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179	1972	IGGY	FERREIRA	NOKIA ALGOA AC	M	31	SM	1.29.27	3
180	1084	RICHARD	JONKERS	SANDF EP	M	36	35-40M	1.29.29	3
181	2211	PRISCILLA	DYANTYI	HARMONY AC EP	F	30	SF	1.29.32	4
182	2078	CECIL	NAZO	NOKIA ALGOA AC	M	35	35-40M	1.29.59	3
183	673	MKHABELA	NTSHWANE	TEMP	M	16	JM	1.29.59	0
184	1542	SIPHO	NCANDANA	PEB PRNT ADIDAS	M	47	45-49M	1.30.04	4
185	1512	LOUIS	SWIEGELAAR	HARMONY AC EP	M	37	35-40M	1.30.06	3
186	2039	DONEVIN	LESCH	NOKIA ALGOA AC	M	30	SM	1.30.21	3
187	1100	GARRETH	JACOBSON	ACHILLES AAA	M	28	SM	1.30.32	3
188	2028	SIZWE	KHATHI	NOKIA ALGOA AC	M	32	SM	1.30.39	3
189	959	GARETH	HUGHES	CHARLO A C	M	30	SM	1.30.42	3
190	57	PAUL	GERBER	P.E.A.A.C.	M	38	35-40M	1.30.44	3
191	1189	TONY	BOARDMAN	ACHILLES AAA	M	44	40-44M	1.30.49	3
192	1491	DEON	PRETORIUS	HARMONY AC EP	M	38	35-40M	1.30.55	3
193	1912	SHAUN	ROBERTSON	BLUEWATER BAY	M	28	SM	1.30.58	3
194	9014	LUYANDA	MTSHIZANA	PROCYDIN PETECH	M	15	JM	1.31.02	3
195	1684	JEROME	PLAATJIES	WILLARD BATT	M	45	45-49M	1.31.04	4
196	866	PLAATJIE	HENDRICKS	ELITE A C	M	34	SM	1.31.08	3
197	66	BUYISILE	MAKWELA	P.E.A.A.C.	M	34	SM	1.31.09	3
198	23	ANDRE	PANDY	TEMP	M	37	35-40M	1.31.15	0
199	1168	ANDREW	PORTER	ACHILLES AAA	M	32	SM	1.31.21	3
200	722	BARON	NAUDE	CRUSADERS A C	M	26	SM	1.31.27	3
201	1156	BRUCE	MCEWAN	ACHILLES AAA	M	50	50-54M	1.31.35	5
202	1055	ANDRE	LOOTS	BODY CONCEPT	M	41	40-44M	1.31.39	3
203	9126	NKUTHALO	FANAPHI	BLUEWATER BAY	M	18	JM	1.31.44	3
204	897	DESMOND	FOUCHE	ELITE A C	M	38	35-40M	1.31.44	3
205	1957	EDDIE	GILLMORE	BLUEWATER BAY	M	46	45-49M	1.31.45	3
206	596	JEROME	MAY	X-CEL A C	M	37	35-40M	1.31.47	3
207	881	GEORGE	BOTHA	ELITE A C	M	50	50-54M	1.31.50	5
208	1148	PERCY	DALTON	ACHILLES AAA	M	55	55-59M	1.31.57	5
209	28	LUNTU	KOBO	TEMP	M	17	JM	1.32.03	0
210	1461	MERVYN	MALGAS	HARMONY AC EP	M	42	40-44M	1.32.10	3
211	962	KELVIN	WILSON	CHARLO A C	M	34	SM	1.32.12	2
212	1003	MARIUS	VAN EYK	BODY CONCEPT	M	39	35-40M	1.32.22	3
213	696	JOSEPH	STEVENS	TEMP	M	45	45-49M	1.32.26	0
214	602	LAWRENCE	CUNNINGHAM	X-CEL A C	M	36	35-40M	1.32.40	3
215	9108	MICHAEL	LEMMER	WALMER AC	M	17	JM	1.32.40	2
216	1479	MARGIE	SAUNDERS	HARMONY AC EP	F	50	50-54F	1.32.42	5
217	695	DAVE	PELLS	TEMP	M	43	40-44M	1.32.50	0
218	1490	RIAAN	SMALBERGER	HARMONY AC EP	M	49	45-49M	1.32.55	3
219	2093	ZUKILE	PIPE	NOKIA ALGOA AC	M	25	SM	1.32.57	2
220	1166	CHRIS	GEDYE	ACHILLES AAA	M	41	40-44M	1.32.57	3
221	1474	HERMAN	VAN JAARVELDT	HARMONY AC EP	M	44	40-44M	1.32.58	3
222	406	MDUMISO	MTHI	ABERDARE CABLES	M	38	35-40M	1.33.09	3
223	9077	RICARDO	DEYZEL	NOKIA ALGOA AC	M	16	JM	1.33.13	2
224	210	BONGANI	MAZIBUKO	ST ALBANS CSEP	M	37	35-40M	1.33.15	3
225	2112	CLIVE	VAN RAYNER	NOKIA ALGOA AC	M	36	35-40M	1.33.27	3
226	1838	GIDEON	VAN ZYL	ELITE A C	M	52	50-54M	1.33.29	4
227	1681	CLAUDE	RADEMEYER	WILLARD BATT	M	23	SM	1.33.32	2
228	609	TOMMY	FALTAIN	X-CEL A C	M	41	40-44M	1.33.35	3
229	577	NICO	SOLOMONS	X-CEL A C	M	37	35-40M	1.33.35	2
230	1956	VUYO	CEKISANI	BLUEWATER BAY	M	37	35-40M	1.34.05	2
231	1699	MALCOLM	REZANT	HARMONY AC EP	M	24	SM	1.34.06	2
232	1909	WIMPIE	HERBST	BLUEWATER BAY	M	42	40-44M	1.34.08	3
233	1128	WILLIE	VAN JAARVELD	ACHILLES AAA	M	52	50-54M	1.34.11	4
234	2198	BJORN	BOTHA	HARMONY AC EP	M	20	SM	1.34.38	2
235	996	GAVIN	VAN VLIET	CHARLO A C	M	47	45-49M	1.34.50	3
236	1111	GRAHAM	CHANNON	ACHILLES AAA	M	54	50-54M	1.34.51	4
237	1123	LINDSAY	PILLAY	ACHILLES AAA	M	50	50-54M	1.34.53	4
238	1672	PETER	BASHELA	WILLARD BATT	M	51	50-54M	1.34.56	4

POS	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
239	1401	ANDREW	BECKERLING	JEFFREYS BAY	M	42	40-44M	1.34.59	3
240	1858	FREDDIE	JACOBS	HUMANSDORP A C	M	36	35-40M	1.35.02	2
241	2019	RAYMOND	GERBER	NOKIA ALGOA AC	M	24	SM	1.35.06	2
242	36	MICHAEL	COLLINS	P.E.A.A.C.	M	65	65-69M	1.35.07	5
243	994	GREGORY	BAUER	CHARLO A C	M	45	45-49M	1.35.10	3
244	909	SHARON	ZEELIE	ELITE A C	F	32	SF	1.35.18	3
245	908	HERMANN	ZEELIE	ELITE A C	M	31	SM	1.35.18	2
246	1010	JAN	VAN EEDEN	HARMONY AC EP	M	45	45-49M	1.35.19	3
247	581	GODFREY	GELDERBLOEM	X-CEL A C	M	35	35-40M	1.35.21	2
248	1492	HEIN	BADENHORST	HARMONY AC EP	M	34	SM	1.35.29	2
249	967	BRENT	PORTER	CHARLO A C	M	36	35-40M	1.35.45	2
250	668	EDGAR	VAN REENEN	LIBNIKE	M	27	SM	1.35.52	2
251	693	DEVIN	SERFONTEIN	TEMP	M	19	SM	1.35.56	0
252	1995	PAUL	STEFFENS	NOKIA ALGOA AC	M	52	50-54M	1.35.59	3
253	88	U-VIWE	MBELEKANE	P.E.A.A.C.	M	20	SM	1.36.09	2
254	9069	MORNE	BOTHA	NOKIA ALGOA AC	M	17	JM	1.36.23	2
255	855	LESLEY	WOOD	ELITE A C	F	46	45-49F	1.36.32	5
256	594	TYRON	GALLANT	X-CEL A C	M	41	40-44M	1.36.33	2
257	1624	SAM	ERASMUS	PEB PRNT ADIDAS	M	46	45-49M	1.36.39	3
258	1973	ADELE	NEL	NOKIA ALGOA AC	F	31	SF	1.36.40	3
259	1221	IVO	MEYER	MR PRICE UPE	M	29	SM	1.36.54	2
260	1643	CHRIS	PLAATJIES	WILLARD BATT	M	39	35-40M	1.37.00	2
261	2370	JULIUS	WHITEBOOI	FORD A C	M	28	SM	1.37.04	2
262	42	QUENTIN	ETTWEIN	TEMP	M	30	SM	1.37.13	0
263	689	PAUL	PEREL	LEGACY AC	M	33	SM	1.37.24	2
264	225	KERNEELS	MEINTJIES	ST ALBANS CSEP	M	44	40-44M	1.37.30	2
265	759	RICK	ALLSOPP	CRUSADERS A C	M	43	40-44M	1.37.30	2
266	2215	MORNE	SCHICKERLING	HARMONY AC EP	M	32	SM	1.37.31	2
267	15	JANNIE	VENTER	TEMP	M	28	SM	1.37.33	0
268	11	PONTI	DE VILLIERS	TEMP	M	32	SM	1.37.34	0
269	232	HARODENE	COLEMAN	ST ALBANS CSEP	M	33	SM	1.37.39	2
270	632	NAVAN	VISASIE	X-CEL A C	M	27	SM	1.37.52	2
271	1098	ANTHONY	GROATS	SANDF EP	M	58	55-59M	1.37.55	4
272	624	ZUKO	SINUKA	TEMP	M	30	SM	1.38.02	0
273	2300	KAISER	KHALA	KWANOBUHLE	M	40	40-44M	1.38.03	2
274	268	BURNETT	PETERSEN	CADBURY A C	M	28	SM	1.38.09	2
275	29	WILLIAM	VORSTER	P.E.A.A.C.	M	57	55-59M	1.38.10	4
276	678	MANDLA	MFO	TEMP	M	18	JM	1.38.25	0
277	907	PETRA	ZIKMANN	ELITE A C	F	34	SF	1.38.26	3
278	603	DAVID	POTGIETER	TEMP	M	28	SM	1.38.27	0
279	29	MTHELELI	APRIL	TEMP	M	18	JM	1.38.29	0
280	779	SEAN	WRIGHT	CRUSADERS A C	M	39	35-40M	1.38.35	2
281	1844	LOUIS	DANIELS	HUMANSDORP A C	M	46	45-49M	1.38.37	3
282	1158	CASEY	BEARY	ACHILLES AAA	M	28	SM	1.38.43	2
283	1155	DUANE	MULLER	ACHILLES AAA	M	36	35-40M	1.38.44	2
284	1509	DERRICK	HOSHE	HARMONY AC EP	M	45	45-49M	1.38.46	3
285	1395	ANDRE	LERM	JEFFREYS BAY	M	50	50-54M	1.38.49	3
286	23	SHANE	BROWN	P.E.A.A.C.	M	43	40-44M	1.38.54	2
287	1096	QUINTON	MULLER	SANDF EP	M	47	45-49M	1.39.05	2
288	1633	WINSTON	MALGAS	WILLARD BATT	M	42	40-44M	1.39.12	2
289	1723	SUZANNE	LAVIS	PROCYDIN PETECH	F	45	45-49F	1.39.17	5
290	560	KENNETH	BREDA	TEMP	M	36	35-40M	1.39.23	0
291	592	CHESTER	BROOKS	X-CEL A C	M	46	45-49M	1.39.25	2
292	2074	GUSTAV	GRASMAN	NOKIA ALGOA AC	M	43	40-44M	1.39.26	2
293	860	PIET	MEYER	ELITE A C	M	54	50-54M	1.39.35	3
294	1525	JACO	VAN ZYL	HARMONY AC EP	M	39	35-40M	1.39.37	2
295	1529	JOHN	PEO	HARMONY AC EP	M	55	55-59M	1.39.56	3
296	462	GERHARD	LEMMER	WALMER AC	M	37	35-40M	1.39.59	2
297	853	CLAIRE	NAGEL	ELITE A C	F	39	35-40F	1.40.00	3
298	2063	DANIEL	PIETERSE	NOKIA ALGOA AC	M	41	40-44M	1.40.07	2

POS	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
299	2065	ARTHUR	WILLIAMS	NOKIA ALGOA AC	M	41	40-44M	1.40.08	2
300	2095	CHANTEL	VAN STADEN	NOKIA ALGOA AC	F	20	SF	1.40.08	2
301	1964	PIERRE	STANDER	ELITE A C	M	40	40-44M	1.40.09	2
302	1334	LIONEL	NEL	MR PRICE UPE	M	32	SM	1.40.09	2
303	674	GRAEME	PRESTON	TEMP	M	19	JM	1.40.10	0
304	62	CORNELIUS	KLUE	P.E.A.A.C.	M	51	50-54M	1.40.16	3
305	1638	JOHN	DRAGHOENDER	WILLARD BATT	M	31	SM	1.40.26	2
306	2298	MZWANDILE	VENA	KWANOBUHLE	M	32	SM	1.40.40	2
307	470	NICHOLAS	PLAATJIES	WALMER AC	M	41	40-44M	1.40.45	2
308	2208	MICHAEL	JACOBS	HARMONY AC EP	M	30	SM	1.40.48	2
309	421	JAN	FUNDE	ABERDARE CABLES	M	45	45-49M	1.40.55	2
310	412	JULIUS	SHOGOLE	ABERDARE CABLES	M	51	50-54M	1.40.57	3
311	1183	IAN	THOMSON	ACHILLES AAA	M	49	45-49M	1.41.07	2
312	685	BUSTON	BOSCH	TEMP	M	40	40-44M	1.41.14	0
313	676	ODWA	MACINGWANE	TEMP	M	29	SM	1.41.18	0
314	1426	JAN	FORTUIN	JEFFREYS BAY	M	45	45-49M	1.41.20	2
315	591	DAVID	O'RIELLY	X-CEL A C	M	56	55-59M	1.41.22	3
316	1534	CISCO	STRYDOM	PEB PRNT ADIDAS	M	33	SM	1.41.22	2
317	168	MARK	ROCKMAN	MALABAR	M	35	35-40M	1.41.31	2
318	886	FREDDIE	MICHAELS	ELITE A C	M	44	40-44M	1.41.44	2
319	456	REON	VAN RENSBURG	NEW BALANCE	M	32	SM	1.41.48	2
320	902	JAKKIE	GERBER	ELITE A C	M	43	40-44M	1.41.56	2
321	2141	HEINE	VAN EYK	ELITE A C	M	38	35-40M	1.41.57	2
322	716	RICHARD	PRESTON	CRUSADERS A C	M	48	45-49M	1.42.08	2
323	12	JEAN	BLIGNAUT	TEMP	M	19	JM	1.42.16	0
324	1396	JAN	BLIGNAUT	JEFFREYS BAY	M	45	45-49M	1.42.17	2
325	2006	RUBIN	CLAASSEN	NOKIA ALGOA AC	M	52	50-54M	1.42.19	2
326	2000	SAM	ERASMUS	NOKIA ALGOA AC	M	44	40-44M	1.42.20	2
327	36	NOLAN	THOMPSON	TEMP	M	37	35-40M	1.42.26	0
328	1922	IVOR	SMITH	BLUEWATER BAY	M	42	40-44M	1.42.27	2
329	1907	TERTIUS	BUYS	BLUEWATER BAY	M	38	35-40M	1.42.27	2
330	1174	PAULETTE	FRASER	ACHILLES AAA	F	39	35-40F	1.42.31	2
331	1592	MARK	HOUWLAND	PEB PRNT ADIDAS	M	42	40-44M	1.42.32	2
332	1689	DEON	SMITH	WILLARD BATT	M	36	35-40M	1.42.40	2
333	1287	MONWABISI	MPULU	MR PRICE UPE	M	44	40-44M	1.42.49	2
334	1080	MELVILLE	JOSEPH	SANDEF EP	M	40	40-44M	1.42.50	2
335	611	JEREMY	SAMUELS	X-CEL A C	M	37	35-40M	1.42.52	2
336	1852	RALPH	BRITZ	HUMANSDORP A C	M	39	35-40M	1.42.58	2
337	568	ALISTAIR	WEBBER	TEMP	M	5	JM	1.43.05	0
338	1105	MARK	HUNTER-SMITH	ACHILLES AAA	M	39	35-40M	1.43.08	2
339	603	FRANCIOS	PETERSE	X-CEL A C	M	38	35-40M	1.43.08	2
340	415	THEMBISILE	NTONI	ABERDARE CABLES	M	56	55-59M	1.43.13	3
341	1687	HENRY	THORNE	WILLARD BATT	M	50	50-54M	1.43.14	2
342	980	ANTON	ELS	CHARLO A C	M	37	35-40M	1.43.17	2
343	1101	GERALD	BOUWER	ACHILLES AAA	M	60	60-64M	1.43.24	4
344	211	MERVIN	FORTUIN	ST ALBANS CSEP	M	38	35-40M	1.43.25	2
345	1679	LUCELLE	JAFTHA	WILLARD BATT	F	43	40-44F	1.43.26	3
346	2262	TYRONE	RUITERS	EBENEZER	M	29	SM	1.43.27	2
347	9453	GERHARD	FERREIRA	HARMONY AC EP	M	16	JM	1.43.43	2
348	2209	ANDRIES	FERREIRA	HARMONY AC EP	M	20	SM	1.43.43	2
349	861	JAN	MEIRING	ELITE A C	M	35	35-40M	1.43.44	2
350	685	ANNELIE	NEL	LEGACY AC	F	29	SF	1.43.45	2
351	2060	BARNEY	KRUGER	NOKIA ALGOA AC	M	51	50-54M	1.43.53	2
352	2072	CHRISTOPHER	COCKCROFT	NOKIA ALGOA AC	M	48	45-49M	1.43.54	2
353	1619	GERARD	VON LEVETZOW	PEB PRNT ADIDAS	M	47	45-49M	1.44.03	2
354	1169	BASIL	TYLER	ACHILLES AAA	M	42	40-44M	1.44.05	2
355	2089	ANDRE	BARNARD	NOKIA ALGOA AC	M	42	40-44M	1.44.08	2
356	1394	ADEL	SCHLEBUSCH	JEFFREYS BAY	F	34	SF	1.44.09	2
357	27	HELENA	HUGO	TEMP	F	37	35-40F	1.44.12	0
358	119	MARK	VAN DER WALT	P.E.A.A.C.	M	41	40-44M	1.44.12	2

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359	2304	MNCEDISI	NOBADULA	KWANOBUHLE	M	34	SM	1.44.17	2
360	728	PETER	RYDER	CRUSADERS A C	M	35	35-40M	1.44.21	2
361	2004	GERALD	STRUWIG	NOKIA ALGOA AC	M	35	35-40M	1.44.40	2
362	14	GERT	DREYER	TEMP	M	59	55-59M	1.44.41	0
363	1102	ROGER	TRADER	ACHILLES AAA	M	50	50-54M	1.44.46	2
364	1963	JACOBUS	WYATT	NOKIA ALGOA AC	M	40	40-44M	1.44.49	2
365	1122	BOB	STEDMAN	ACHILLES AAA	M	54	50-54M	1.44.51	2
366	1144	KEN	BARWOOD	ACHILLES AAA	M	48	45-49M	1.44.51	2
367	1152	GREG	SCOTT	ACHILLES AAA	M	41	40-44M	1.44.52	2
368	2033	PIERRE	SCHEFFER	NOKIA ALGOA AC	M	48	45-49M	1.44.53	2
369	1588	DEBBIE	BEAUZEC	PEB PRNT ADIDAS	F	29	SF	1.44.53	2
370	2377	GODFREY	KARIEM	FORD A C	M	63	60-64M	1.45.02	3
371	905	ANDRE	FOURIE	ELITE A C	M	56	55-59M	1.45.02	3
372	16	MARCEL	POTGIETER	TEMP	M	27	SM	1.45.07	0
373	2131	KIEWIET	SEEKOEI	NOKIA ALGOA AC	M	40	40-44M	1.45.07	2
374	125	HAROLD	YOUNG	P.E.A.A.C.	M	35	35-40M	1.45.12	2
375	151	ABDOELAZIES	MADATT	MALABAR	M	40	40-44M	1.45.30	2
376	1605	SANET	NIIT	PEB PRNT ADIDAS	F	35	35-40F	1.45.31	2
377	1695	VURDEN	VAN NIEKERK	HARMONY AC EP	M	35	35-40M	1.45.31	2
378	690	JOHN	FACEY	LEGACY AC	M	46	45-49M	1.45.34	2
379	1499	NEREDA	KAPP	HARMONY AC EP	F	36	35-40F	1.45.35	2
380	1496	SELMA	VAN JAARSVELDT	HARMONY AC EP	F	39	35-40F	1.45.37	2
381	1475	SELWYN	CANNON	HARMONY AC EP	M	44	40-44M	1.45.37	2
382	614	BUYILE	PETROS	TEMP	M	52	50-54M	1.45.38	0
383	416	LOYISO	PIKOLI	ABERDARE CABLES	M	33	SM	1.45.40	2
384	159	NURUNNISA	MADATT	MALABAR	F	41	40-44F	1.45.45	2
385	755	PAUL	HANNAH	PANORAMA A C	M	34	SM	1.45.47	0
386	2022	AUBREY	LE ROUX	NOKIA ALGOA AC	M	51	50-54M	1.45.48	2
387	420	CHRISTOPHER	NYODI	ABERDARE CABLES	M	45	45-49M	1.46.09	2
388	725	GRAHAM	ELBOURNE	CRUSADERS A C	M	51	50-54M	1.46.10	2
389	220	BENNIE	THYSSE	ST ALBANS CSEP	M	46	45-49M	1.46.12	2
390	788	ANDREW	DEALTRY	CRUSADERS A C	M	47	45-49M	1.46.13	2
391	879	SANDRA	LYONS	ELITE A C	F	34	SF	1.46.18	2
392	1831	IAN	FERREIRA	ELITE A C	M	37	35-40M	1.46.19	2
393	1486	LAWRENCE	GLOVER	HARMONY AC EP	M	32	SM	1.46.24	2
394	123	ELIAS	KASE	P.E.A.A.C.	M	35	35-40M	1.46.25	2
395	696	LINDY	ALLEN	LEGACY AC	F	27	SF	1.46.31	0
396	1473	ROLAN	LOTTERING	HARMONY AC EP	M	36	35-40M	1.46.34	2
397	679	MASIXOLE	JENI	TEMP	M	16	JM	1.46.43	0
398	1164	JOHN	KOTZE	ACHILLES AAA	M	52	50-54M	1.46.51	2
399	984	REINHARD	STRYDOM	CHARLO A C	M	51	50-54M	1.46.52	2
400	9127	ZANELE	MBOMBO	BLUEWATER BAY	F	18	JF	1.46.53	2
401	477	REGINALD	BOTHA	WALMER AC	M	42	40-44M	1.46.54	2
402	1414	BRIAN	MERRINGTON	JEFFREYS BAY	M	57	55-59M	1.46.56	2
403	1522	DANIE	COETSEE	HARMONY AC EP	M	50	50-54M	1.46.58	2
404	761	MICHAEL	KINGSTON	CRUSADERS A C	M	31	SM	1.47.02	2
405	1282	NINA	BODISCH	MR PRICE UPE	F	34	SF	1.47.04	2
406	625	RODNEY	BOOTH	TEMP	M	26	SM	1.47.06	0
407	2058	WERNER	CLAASSEN	NOKIA ALGOA AC	M	40	40-44M	1.47.10	2
408	916	DAVID	GALLANT	ELITE A C	M	50	50-54M	1.47.15	2
409	563	SEAN	SHARP	TEMP	M	28	SM	1.47.31	0
410	875	JOHAN	FOURIE	ELITE A C	M	48	45-49M	1.47.36	2
411	829	PETER	STOCKWELL	ALBANY R R	M	56	55-59M	1.47.43	2
412	822	TERRI-LYNN	PENNEY	ALBANY R R	F	26	SF	1.47.44	2
413	824	STEPHEN	PENNEY	ALBANY R R	M	29	SM	1.47.44	2
414	1657	GLADWYN	JACKSON	WILLARD BATT	M	45	45-49M	1.47.49	2
415	587	EUGENE	VAN WYK	X-CEL A C	M	32	SM	1.47.51	2
416	619	GERONIMO	PIEDT	X-CEL A C	M	37	35-40M	1.47.52	2
417	694	TIMOTHY	HERMANUS	TEMP	M	36	35-40M	1.47.54	0
418	615	DAVID	UITHALER	TEMP	M	58	55-59M	1.47.55	0

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419	2266	CONNIE	FELIX	EBENEZER	F	38	35-40F	1.47.55	2
420	1468	JACQUES	DELPORT	HARMONY AC EP	M	33	SM	1.47.56	2
421	1979	LINDA	DE VILLIERS	NOKIA ALGOA AC	F	39	35-40F	1.47.59	2
422	2034	DEON	DOBSON	NOKIA ALGOA AC	M	41	40-44M	1.47.59	2
423	605	SYLVAN	BLIGNAUT	X-CEL A C	M	44	40-44M	1.48.04	2
424	1698	BRIAN	MCKAY	HARMONY AC EP	M	49	45-49M	1.48.04	2
425	1938	MELANIE	SMITH	BLUEWATER BAY	F	42	40-44F	1.48.08	2
426	1046	ANDRE	RETIEF	BODY CONCEPT	M	38	35-40M	1.48.08	2
427	2303	NZIMA	NDONGENI	KWANOBUHLE	M	37	35-40M	1.48.19	2
428	771	VIV	BULLOCK	CRUSADERS A C	F	36	35-40F	1.48.23	2
429	584	ALTON	ARENDS	X-CEL A C	M	38	35-40M	1.48.27	2
430	2143	LEA	CHANDLER	ELITE A C	F	37	35-40F	1.48.33	2
431	2123	JOHAN	DEYZEL	NOKIA ALGOA AC	M	48	45-49M	1.48.34	2
432	1037	CATHY	BULLOCK	BODY CONCEPT	F	50	50-54F	1.48.34	3
433	1983	PAUL	EAGLETON	NOKIA ALGOA AC	M	40	40-44M	1.48.39	2
434	97	BRENTON	SCHNETLER	P.E.A.A.C.	M	29	SM	1.48.41	1
435	1006	KAREN	SIMPSON	BODY CONCEPT	F	38	35-40F	1.48.49	2
436	2218	PIET	WITBOOI	HARMONY AC EP	M	39	35-40M	1.48.51	2
437	245	SHIRLEY	MOSTERT	ST ALBANS CSEP	F	39	35-40F	1.48.59	2
438	987	STEPHEN	VERRALL	CHARLO A C	M	29	SM	1.49.01	1
439	925	GEOFF	FIELDEN	CHARLO A C	M	55	55-59M	1.49.01	2
440	778	JULIE	TAUNTON	CRUSADERS A C	F	44	40-44F	1.49.15	2
441	688	WAYNE	FORTUIN	LEGACY AC	M	32	SM	1.49.18	1
442	593	DUANE	HARTLIEF	X-CEL A C	M	35	35-40M	1.49.30	2
443	2120	GEORGE	JAMES	NOKIA ALGOA AC	M	41	40-44M	1.49.31	2
444	2097	MARIO	KOEN	NOKIA ALGOA AC	M	20	SM	1.49.37	1
445	31	ZIYAAD	DOLLEY	LIBNIKE	M	35	35-40M	1.49.39	0
446	623	FRANK	GILBERT	TEMP	M	42	40-44M	1.49.45	0
447	17	SEAN	O'RIELLY	TEMP	M	35	35-40M	1.49.53	0
448	38	WILLEMEN	DU RANDT	TEMP	M	29	SM	1.49.58	0
449	37	WILLIE	SCHAAP	TEMP	M	47	45-49M	1.49.58	0
450	2200	JONITA	DE KOKER	NEW BALANCE	F	31	SF	1.49.59	2
451	686	EDDIE	NEL	LEGACY AC	M	32	SM	1.50.00	1
452	6	MKHULULI	KALA	TEMP	M	45	45-49M	1.50.10	0
453	212	JEROME	SOLOMONS	ST ALBANS CSEP	M	31	SM	1.50.11	1
454	1697	NICOLA	KEYSER	HARMONY AC EP	F	38	35-40F	1.50.14	2
455	1988	GEORGE	HISCOCK	NOKIA ALGOA AC	M	51	50-54M	1.50.15	2
456	1977	ANGELO	ELS	NOKIA ALGOA AC	M	31	SM	1.50.23	1
457	737	ROSEMARY	ROBINSON	CRUSADERS A C	F	43	40-44F	1.50.26	2
458	1358	HERMIE	FISHER	FIT2000 A C	F	36	35-40F	1.50.30	2
459	1084	CHRIS	ELS	QUEENSTOWN HARR	M	46	45-49M	1.50.31	0
460	22	RHONA	EMAANDIEN	P.E.A.A.C.	F	34	SF	1.50.35	2
461	914	JOHN	HENRY	ELITE A C	M	25	SM	1.50.42	1
462	1650	BRATO	MALGAS	WILLARD BATT	M	44	40-44M	1.50.43	2
463	793	BOBBY	BULLOCK	CRUSADERS A C	M	52	50-54M	1.51.00	2
464	32	JAN	BEKKER	P.E.A.A.C.	M	71	70+M	1.51.14	4
465	546	JEANNE	GREYLING	VWAC	F	28	SF	1.51.16	2
466	2	LEANA	BERG	TEMP	F	35	35-40F	1.51.33	0
467	1399	BRIAN	HEUKELMAN	JEFFREYS BAY	M	50	50-54M	1.51.51	2
468	1514	RICHARD	KUNNEKE	HARMONY AC EP	M	32	SM	1.51.55	1
469	214	RIAAN	GRASSMANN	ST ALBANS CSEP	M	35	35-40M	1.51.55	1
470	1068	PAUL	JOHNSON	BODY CONCEPT	M	36	35-40M	1.52.02	1
471	1129	LARRY	RICHARDSON	ACHILLES AAA	M	61	60-64M	1.52.02	2
472	1970	MARGIETHA	VOIGHT	NOKIA ALGOA AC	F	33	SF	1.52.19	2
473	567	JOHAN	WASSERMAN	TEMP	M	44	40-44M	1.52.19	0
474	270	MANDISA	DYANI	CADBURY A C	F	23	SF	1.52.53	2
475	419	BONISILE	MGOДУKA	ABERDARE CABLES	M	47	45-49M	1.52.54	2
476	2185	MALIBONGWE	MASIZA	P.E.A.A.C.	M	27	SM	1.52.55	1
477	1918	PIETIE	BARNARD	BLUEWATER BAY	M	63	60-64M	1.53.04	2
478	2017	WILLIAM	GERBER	NOKIA ALGOA AC	M	38	35-40M	1.53.12	1



POS	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
479	223	SHARON	SMUTS	ST ALBANS CSEP	F	37	35-40F	1.53.12	2
480	873	IAN	ATTERBURY	ELITE A C	M	34	SM	1.53.14	1
481	1934	STEPHEN	COETZEE	BLUEWATER BAY	M	48	45-49M	1.53.25	2
482	499	LOYNES	JENKERSON	WALMER AC	M	62	60-64M	1.53.35	2
483	145	YOUNUS	AMOD	MALABAR	M	51	50-54M	1.53.36	2
484	1998	ERROL	MALLINSON	NOKIA ALGOA AC	M	24	SM	1.53.39	1
485	633	EDWIN	SCHEEPERS	X-CEL A C	M	37	35-40M	1.53.41	1
486	606	GODFREY	COMMANDO	X-CEL A C	M	41	40-44M	1.53.50	1
487	1176	BRADLEY	JOUBERT	ACHILLES AAA	M	42	40-44M	1.54.00	1
488	1179	PETER	POHLMANN	ACHILLES AAA	M	40	40-44M	1.54.00	1
489	121	HILTON	JOHNSON	P.E.A.A.C.	M	35	35-40M	1.54.03	1
490	684	BARRY	NELSON	LEGACY AC	M	52	50-54M	1.54.04	2
491	601	MICHAEL	TOBIAS	X-CEL A C	M	35	35-40M	1.54.09	1
492	899	PETRA	PIENAAR	ELITE A C	F	40	40-44F	1.54.10	2
493	1715	ASANDA	SOLANI	PROCYDIN PETECH	F	20	SF	1.54.11	1
494	1700	ERNIE	VERRALL	PROCYDIN PETECH	M	69	65-69M	1.54.12	2
495	1054	SALOME	LOOTS	BODY CONCEPT	F	41	40-44F	1.54.12	2
496	4	NICO	RHEEBOK	TEMP	M	41	40-44M	1.54.12	0
497	1690	KEITH	SEZOE	WILLARD BATT	M	33	SM	1.54.13	1
498	1040	SHARMYN	MEYER	BODY CONCEPT	F	45	45-49F	1.54.13	2
499	16	CHRIS	JANSEN	P.E.A.A.C.	M	59	55-59M	1.54.14	2
500	588	HENRY	JANSEN	X-CEL A C	M	29	SM	1.54.14	1
501	620	DAVE	GERBER	TEMP	M	34	SM	1.54.15	0
502	1432	SARIEN	VILJOEN	JEFFREYS BAY	F	47	45-49F	1.54.16	2
503	1407	SUSAN	SMIT	JEFFREYS BAY	F	33	SF	1.54.18	1
504	2005	DANIEL	FERREIRA	ELITE A C	M	45	45-49M	1.54.20	1
505	880	RINA	BARNARD	ELITE A C	F	50	50-54F	1.54.22	2
506	1546	OOSIE	OOSTHUIZEN	PEB PRNT ADIDAS	M	54	50-54M	1.54.22	2
507	1355	JOS	ELS	FIT2000 A C	F	51	50-54F	1.54.30	2
508	1920	JENNIFER	PRETORIUS	BLUEWATER BAY	F	28	SF	1.54.30	1
509	1281	MICHAEL	SLATER	MR PRICE UPE	M	33	SM	1.54.37	1
510	2142	ATTIE	ELS	ELITE A C	M	45	45-49M	1.54.38	1
511	566	DANIE	VAN STADEN	TEMP	M	44	40-44M	1.54.39	0
512	851	ANNA-LIZE	DU PREEZ	ELITE A C	F	36	35-40F	1.54.42	2
513	1648	DESIREE	TITUS	WILLARD BATT	F	38	35-40F	1.55.03	2
514	2035	DANIEL	SCHUIN	NOKIA ALGOA AC	M	40	40-44M	1.55.05	1
515	608	JOHANNES	GESWINDT	X-CEL A C	M	44	40-44M	1.55.08	1
516	472	ALAN	PENNEY	WALMER AC	M	57	55-59M	1.55.09	2
517	900	ANDRE	PIENAAR	ELITE A C	M	41	40-44M	1.55.19	1
518	590	YUSUF	SAMUELS	X-CEL A C	M	44	40-44M	1.55.23	1
519	1001	ROBIN	CLARK	BODY CONCEPT	M	63	60-64M	1.55.35	2
520	2051	MARTHINUS	MARSHALL	NOKIA ALGOA AC	M	50	50-54M	1.55.54	1
521	2082	GERARD	RADEMEYER	NOKIA ALGOA AC	M	40	40-44M	1.55.55	1
522	2081	TERSIA	RADEMEYER	NOKIA ALGOA AC	F	39	35-40F	1.55.56	1
523	9066	MARLENE	SCHOLTZ	NOKIA ALGOA AC	F	17	JF	1.56.00	1
524	2038	CHRIS	KLUE	NOKIA ALGOA AC	M	46	45-49M	1.56.03	1
525	688	HENNIE	BRINK	TEMP	M	34	SM	1.56.21	0
526	582	DEAN	KIVIDO	X-CEL A C	M	32	SM	1.56.22	1
527	184	ELVIS	SWEMA	KAROO R R	M	38	35-40M	1.56.23	1
528	2111	NICO	DE WET	NOKIA ALGOA AC	M	29	SM	1.56.24	1
529	2073	DIRK	JANSEN	NOKIA ALGOA AC	M	54	50-54M	1.56.24	1
530	1978	ANDRE	SWART	NOKIA ALGOA AC	M	38	35-40M	1.56.24	1
531	260	NOLEEN	NORRIS	CADBURY A C	F	46	45-49F	1.56.25	2
532	1962	VERNA	CLAASSEN	NOKIA ALGOA AC	F	41	40-44F	1.56.26	2
533	1	MARIETJIE	TIBSHARAENY	TEMP	F	40	40-44F	1.56.26	0
534	7	NOLAN	BOTHA	TEMP	F	45	45-49F	1.56.27	0
535	874	LOUIS	HOLTZHAUSEN	ELITE A C	M	31	SM	1.56.48	1
536	1914	FRANCOIS	SMITH	BLUEWATER BAY	M	38	35-40M	1.56.50	1
537	1543	DANIEL	DU TOIT	PEB PRNT ADIDAS	M	38	35-40M	1.56.50	1
538	31	CHRIS	VILJOEN	P.E.A.A.C.	M	56	55-59M	1.56.56	2

POS	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
539	246	ERICA	FOREMAN	ST ALBANS CSEP	F	33	SF	1.56.58	1
540	934	GREGORY	ROSS	CHARLO A C	M	30	SM	1.57.02	1
541	616	IGNA	VAN STADEN	TEMP	M	31	SM	1.57.09	0
542	20	REUBEN	SLABBERT	TEMP	M	46	45-49M	1.57.09	0
543	917	NICO	GROENEWALD	ELITE A C	M	55	55-59M	1.57.12	2
544	1126	TOM	D'ARCY	ACHILLES AAA	M	58	55-59M	1.57.17	2
545	628	RUBERTO	MAY	X-CEL A C	M	26	SM	1.57.21	1
546	1930	GLYNIS	SCOTT	BLUEWATER BAY	F	43	40-44F	1.57.29	2
547	1507	ANTON	SMIT	HARMONY AC EP	M	35	35-40M	1.57.31	1
548	1506	MORNAY	VAN DER WATT	HARMONY AC EP	M	34	SM	1.57.31	1
549	8	LINCOLN	PEPETA	TEMP	M	58	55-59M	1.57.34	0
550	1335	CHARMAINE	GREEFF	MR PRICE UPE	F	40	40-44F	1.57.36	1
551	863	WILLIAM	GROBLER	ELITE A C	M	55	55-59M	1.57.37	2
552	1454	EUGENE	MULDER	HARMONY AC EP	M	58	55-59M	1.57.41	2
553	1562	COLLEEN	STEVENS	PEB PRNT ADIDAS	F	40	40-44F	1.57.58	1
554	1561	KAREN	BOPP	PEB PRNT ADIDAS	F	40	40-44F	1.57.58	1
555	2201	M P	VAN ZYL	HARMONY AC EP	M	35	35-40M	1.58.10	1
556	41	SAKKIE	VAN COLLER	TEMP	M	43	40-44M	1.58.25	0
557	27	GESINA	OOSTHUIZEN	P.E.A.A.C.	F	45	45-49F	1.58.31	2
558	9451	IVAN	COWLEY	HARMONY AC EP	M	16	JM	1.58.37	1
559	690	ALEXANDER	KOTZE	TEMP	M	16	JM	1.58.41	0
560	1484	FRANS	CONRADIE	HARMONY AC EP	M	51	50-54M	1.58.53	1
561	1466	IVAN	COWLEY	HARMONY AC EP	M	43	40-44M	1.58.56	1
562	896	ANNEMARIE	FOUCHE	ELITE A C	F	36	35-40F	1.58.58	1
563	1536	CLIVE	BENECKE	PEB PRNT ADIDAS	M	39	35-40M	1.59.07	1
564	549	FREDDIE	JONES	VWAC	M	43	40-44M	1.59.16	1
565	1074	SIPHOKAZI	MSENGANA	SANDEF EP	F	24	SF	1.59.28	1
566	2021	NIKKI	VAN NIEKERK	NOKIA ALGOA AC	F	49	45-49F	1.59.28	2
567	743	MARY-LOU	EMSLIE	CRUSADERS A C	F	40	40-44F	1.59.32	1
568	583	ROZITA	BAILEY	X-CEL A C	F	42	40-44F	1.59.34	1
569	1694	PETER	SMITH	HARMONY AC EP	M	50	50-54M	1.59.35	1
570	152	NOORDDEEN	SAIN	MALABAR	M	49	45-49M	1.59.47	1
571	155	DINESH	COOPOO	MALABAR	M	36	35-40M	1.59.48	1
572	166	KRISHNAN	MOODALEY	MALABAR	M	52	50-54M	1.59.49	1
573	1141	HEIDI	JANSEN	ACHILLES AAA	F	37	35-40F	1.59.49	1
574	1181	MIKE	WEBB	ACHILLES AAA	M	44	40-44M	1.59.50	1
575	160	CRESEN	BALAKISTEN	MALABAR	M	44	40-44M	1.59.50	1
576	161	SIVA	MOODALEY	MALABAR	M	62	60-64M	1.59.50	2
577	170	MUBIN	PEERBHAI	MALABAR	M	39	35-40M	1.59.51	1
578	141	DICK	DOUGLAS	MALABAR	M	45	45-49M	1.59.52	1
579	700	ARICHAD	WILLIAMS	TEMP	M	38	35-40M	2.00.01	0
580	1628	KAREN	AUSTIN	PEB PRNT ADIDAS	F	38	35-40F	2.00.02	1
581	143	ANAND	NAIDOO	MALABAR	M	45	45-49M	2.00.03	1
582	1713	ALEXANDER	GRAY	PROCYDIN PETECH	M	32	SM	2.00.14	1
583	2239	JOHAN	ENGELBRECHT	HARMONY AC EP	M	40	40-44M	2.00.18	1
584	681	CARLOS	COSTA	LEGACY AC	M	32	SM	2.00.19	1
585	1139	GRAHAM	NELL	ACHILLES AAA	M	52	50-54M	2.00.37	1
586	32	JACQUES	BOTHA	TEMP	M	30	SM	2.00.45	0
587	1371	GILLIAN	FERREIRA	FIT2000 A C	F	45	45-49F	2.00.53	1
588	1377	TALITA	ODENDAAL	FIT2000 A C	F	37	35-40F	2.00.53	1
589	1379	KRISTIN	SNELGAR	FIT2000 A C	F	46	45-49F	2.00.54	1
590	127	NANETTE	GRUNDLING	P.E.A.A.C.	F	43	40-44F	2.00.56	1
591	845	TOM	PENLINGTON	ALBANY R R	M	48	45-49M	2.00.57	1
592	1583	SONJA	OLIVIER	PEB PRNT ADIDAS	F	36	35-40F	2.00.58	1
593	1642	ANTOINETTE	HUMAN	WILLARD BATT	F	35	35-40F	2.01.06	1
594	1618	BREDA	DREYER	PEB PRNT ADIDAS	M	42	40-44M	2.01.08	1
595	726	ROBIN	ELBOURNE	CRUSADERS A C	F	46	45-49F	2.01.09	1
596	606	JACKIE	DISSEL	TEMP	M	16	JM	2.01.14	0
597	607	HUBBARD	SMITH	TEMP	M	17	JM	2.01.14	0
598	116	MARYNA	KOTZE	P.E.A.A.C.	F	37	35-40F	2.01.16	1

POS	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
599	109	DEON	PRETORIUS	P.E.A.A.C.	M	45	45-49M	2.01.16	1
600	41	IAN	BILLETT	P.E.A.A.C.	M	34	SM	2.01.28	1
601	701	SELWYN	SOLOMON	CRUSADERS A C	M	65	65-69M	2.01.29	2
602	9080	MORNE	ALLERS	NOKIA ALGOA AC	M	16	JM	2.01.34	1
603	612	CLINT	WALKER	TEMP	M	31	SM	2.01.45	0
604	2036	LYDIA	POTGIETER	NOKIA ALGOA AC	F	29	SF	2.01.49	1
605	613	QUENTIN	BURRELL	X-CEL A C	M	41	40-44M	2.01.55	1
606	2088	JACQUES	VORSTER	NOKIA ALGOA AC	M	38	35-40M	2.01.58	1
607	923	MANDY	DICKER	CHARLO A C	F	32	SF	2.02.03	1
608	682	ABRAHAM	HENDRICKS	TEMP	M	47	45-49M	2.02.14	0
609	597	INGRID	DE MONK	X-CEL A C	F	37	35-40F	2.02.15	1
610	1458	HERMAN	DEKKER	HARMONY AC EP	M	59	55-59M	2.02.23	1
611	1966	JEAN-PIERE	FERREIRA	NOKIA ALGOA AC	M	37	35-40M	2.02.30	1
612	24	TRACEY	ALMIRALL	TEMP	F	23	SF	2.02.36	0
613	1692	DEON	ACKERMAN	NEW BALANCE	M	35	35-40M	2.02.37	1
614	2223	RAASAY	WATERS	HARMONY AC EP	F	24	SF	2.02.48	1
615	1217	ERNEST	KAPP	MR PRICE UPE	M	45	45-49M	2.02.48	1
616	9099	CHARLES	GOLDSWAIN	P.E.A.A.C.	M	19	SM	2.02.57	1
617	2118	ANTON	SNYMAN	NOKIA ALGOA AC	M	48	45-49M	2.03.09	1
618	715	HILARY	PRITCHARD	CRUSADERS A C	M	69	65-69M	2.03.10	2
619	1869	CYRIL	KURTEN	HUMANSDORP A C	M	73	70+M	2.03.19	2
620	610	COREEN	BURGINS	X-CEL A C	F	30	SF	2.03.21	1
621	18	GERHARDUS	HEWITT	TEMP	M	44	40-44M	2.03.36	0
622	461	GAVIN	ZIMMERMAN	WALMER AC	M	29	SM	2.03.40	1
623	1472	CHORREL	SMITH	HARMONY AC EP	M	74	70+M	2.03.41	2
624	1408	BRIGITTE	BOWIEN	JEFFREYS BAY	F	40	40-44F	2.03.42	1
625	1410	ELSA	GOMEZ	JEFFREYS BAY	F	51	50-54F	2.03.42	1
626	227	MARIA	STUMKE	ST ALBANS CSEP	F	55	55-59F	2.03.47	2
627	1470	MICHAEL	DEKKER	HARMONY AC EP	M	31	SM	2.03.50	1
628	1453	RYNO	GROENEWALD	HARMONY AC EP	M	30	SM	2.03.52	1
629	1165	LESLEY	MAGGOTT	ACHILLES AAA	F	36	35-40F	2.04.01	1
630	1660	RONALD	PHILLIPS	WILLARD BATT	M	44	40-44M	2.04.01	1
631	915	JOHANN	DORFLING	ELITE A C	M	46	45-49M	2.04.30	1
632	619	ANITA	GERBER	TEMP	F	33	SF	2.04.33	0
633	35	PIETER	GREEFF	TEMP	M	47	45-49M	2.04.48	0
634	149	VENESH	ATHIMOOLAM	MALABAR	M	35	35-40M	2.05.03	1
635	605	COENRAAD	BARNARDO	TEMP	M	40	40-44M	2.05.13	0
636	1172	GARY	POHLMANN	ACHILLES AAA	M	42	40-44M	2.05.29	1
637	906	HELEN	FOURIE	ELITE A C	F	34	SF	2.05.43	1
638	871	JACQUI	TIMMS	ELITE A C	F	35	35-40F	2.05.43	1
639	2032	CORNELIUS	NEL	NOKIA ALGOA AC	M	53	50-54M	2.06.17	1
640	852	CINDY	THOMSON	ELITE A C	F	44	40-44F	2.06.18	1
641	585	KEVIN	FELIX	X-CEL A C	M	40	40-44M	2.06.26	1
642	3	AUDIE	CLAASSEN	P.E.A.A.C.	M	52	50-54M	2.06.32	1
643	1020	MARY-ANNE	BOTES	BODY CONCEPT	F	37	35-40F	2.06.35	1
644	1997	GERRIE	VAN DE MERWE	NOKIA ALGOA AC	M	40	40-44M	2.06.36	1
645	1607	FREDDIE	MATTHEUS	PEB PRNT ADIDAS	M	35	35-40M	2.06.40	1
646	1968	LAETITIA	SMITH	NOKIA ALGOA AC	F	34	SF	2.06.40	1
647	137	FREDDY	DRINKROW	P.E.A.A.C.	M	30	SM	2.06.45	1
648	766	PETER	DUFFELL-CANHAM	CRUSADERS A C	M	52	50-54M	2.06.49	1
649	1547	LYN	SYMONS	PEB PRNT ADIDAS	F	58	55-59F	2.06.50	1
650	1936	MARKUS	KUNNEKE	BLUEWATER BAY	M	34	SM	2.06.56	1
651	2020	CHRIS	BEKKER	NOKIA ALGOA AC	M	51	50-54M	2.07.04	1
652	758	COLIN	MURRAY	CRUSADERS A C	M	48	45-49M	2.07.06	1
653	1691	ELIZABETH	ACKERMAN	NEW BALANCE	F	36	35-40F	2.07.07	1
654	174	SADICK	PATHER	MALABAR	M	40	40-44M	2.07.12	1
655	2056	RITA	BOUCHER	NOKIA ALGOA AC	F	53	50-54F	2.07.26	1
656	56	ARI	WEGNER	P.E.A.A.C.	M	58	55-59M	2.07.48	1
657	1850	THEUNIS	VAN DERWESTHUIZEN	HUMANSDORP A C	M	46	45-49M	2.07.50	1
658	9378		UNKNOWN	UNKNOWN	M	29	SM	2.07.53	0

POS	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
659	78	MERVYN	PAPENFUS	P.E.A.A.C.	M	41	40-44M	2.08.02	1
660	25	DAVID	BAINS	TEMP	F	37	35-40F	2.08.03	0
661	1505	HESTER	DEKKER	HARMONY AC EP	F	32	SF	2.08.04	1
662	1513	DINA	GROENEWALD	HARMONY AC EP	F	32	SF	2.08.04	1
663	22	TRACEY	SCOTT	TEMP	F	36	35-40F	2.08.04	0
664	699	TOMMY	GROENER	TEMP	M	56	55-59M	2.08.08	0
665	399	MARGIE	VAN HUYSSSTEEN	MUIRITE STRIDER	F	41	40-44F	2.08.08	1
666	1639	MARGARET	FILLIS	WILLARD BATT	F	44	40-44F	2.08.14	1
667	1985	GERT	DEYZEL	NOKIA ALGOA AC	M	54	50-54M	2.08.18	1
668	2002	GERRIE	LE GRANGE	NOKIA ALGOA AC	M	51	50-54M	2.08.19	1
669	1711	ADRIAAN	LYELL	PROCYDIN PETECH	M	49	45-49M	2.08.53	1
670	1840	ELMARIE	DE VIN	ELITE A C	F	26	SF	2.08.58	1
671	1730	PIETER	STEYN	PROCYDIN PETECH	M	45	45-49M	2.09.53	1
672	740	NEALE	EMSLIE	CRUSADERS A C	M	45	45-49M	2.09.53	1
673	1987	RIA	HISCOCK	NOKIA ALGOA AC	F	48	45-49F	2.10.00	1
674	1712	ELIZE	LYELL	PROCYDIN PETECH	F	46	45-49F	2.10.14	1
675	601	GERALD	WHITEHEAD	TEMP	M	47	45-49M	2.10.23	0
676	1182	PAT	THOMSON	ACHILLES AAA	F	43	40-44F	2.10.23	1
677	13	MARTIN	FRAUENSTEIN	TEMP	M	47	45-49M	2.10.23	0
678	49	DAISY	STEVENS	P.E.A.A.C.	F	63	60-64F	2.10.35	1
679	672	CHARL	BOWLER	TEMP	M	26	SM	2.11.02	0
680	1366	DIANE	JOLLY	FIT2000 A C	F	42	40-44F	2.11.06	1
681	1539	ANGUS	CLARK	PEB PRNT ADIDAS	M	42	40-44M	2.11.08	1
682	9491	ERNA	BRAND	HARMONY AC EP	F	16	JF	2.11.13	1
683	79	VERONICA	BOSHOFF	P.E.A.A.C.	F	43	40-44F	2.11.19	1
684	562	HEATHER	DAVIES	TEMP	F	54	50-54F	2.11.38	0
685	613	JACQUES	JOUBERT	TEMP	M	17	JM	2.11.40	0
686	933	LAVINIA	DARLOW	CHARLO A C	F	35	35-40F	2.11.59	1
687	2090	TERTIA	COETZEE	NOKIA ALGOA AC	F	44	40-44F	2.12.01	1
688	2023	HENRY	BOTHA	NOKIA ALGOA AC	M	76	70+M	2.12.18	1
689	2008	SHIRLEEN	CLARKE	NOKIA ALGOA AC	F	41	40-44F	2.12.27	1
690	1118	RODNEY	MAGGOTT	ACHILLES AAA	M	46	45-49M	2.12.53	1
691	709	GILLIAN	DEALTRY	CRUSADERS A C	F	45	45-49F	2.12.57	1
692	561	TERRY	DAVIES	TEMP	M	55	55-59M	2.13.00	0
693	473	COLLEEN	MULLER	WALMER AC	F	46	45-49F	2.13.17	1
694	565	BELINDA	VAN ANTWERP	TEMP	F	32	SF	2.13.19	0
695	564	SARAH	TRIBELHORN	TEMP	F	32	SF	2.13.20	0
696	693	RALTON	TERBLANCHE	LEGACY AC	M	41	40-44M	2.13.24	1
697	691	DAVID	GRAY	TEMP	M	17	JM	2.13.32	0
698	1965	WILMA	STANDER	NOKIA ALGOA AC	F	39	35-40F	2.13.38	1
699	71	FRANZ	VAN DER LINDE	P.E.A.A.C.	M	29	SM	2.13.49	1
700	1680	SHAHEED	ABRAHAMS	WILLARD BATT	M	42	40-44M	2.14.04	1
701	675	WILLIE	BRUINTJIES	TEMP	M	58	55-59M	2.14.17	0
702	1969	SALOME	FERREIRA	NOKIA ALGOA AC	F	34	SF	2.14.34	1
703	72	IDA	PAPENFUS	P.E.A.A.C.	F	42	40-44F	2.15.04	1
704	1033	JOMINE	LE ROUX	BODY CONCEPT	F	32	SF	2.15.08	1
705	683	RIAAN	BOTES	TEMP	M	21	SM	2.15.44	0
706	2084	LECLUE	LOURENS	NOKIA ALGOA AC	M	19	SM	2.15.51	1
707	1465	PIETER	VOSLOO	HARMONY AC EP	M	52	50-54M	2.15.53	1
708	1601	MERCIA	VON LEVETZOW	PEB PRNT ADIDAS	F	48	45-49F	2.15.57	1
709	113	CAROL	CORDIER	P.E.A.A.C.	F	40	40-44F	2.15.59	1
710	42	JAN	CORDIER	P.E.A.A.C.	M	52	50-54M	2.15.59	1
711	1984	RONDA	DEYZEL	NOKIA ALGOA AC	F	53	50-54F	2.16.02	1
712	11	ALF	ZEHMKE	OUTENIQUA HARRI	M	64	60-64M	2.16.38	0
713	884	TREVOR	VAN EYCK	ELITE A C	M	42	40-44M	2.16.51	1
714	115	HENDRICK	SCHOLTZ	P.E.A.A.C.	M	45	45-49M	2.17.00	1
715	697	JOSEPH	SERFONTEIN	TEMP	M	53	50-54M	2.17.01	0
716	1581	HELEN	SCHUCK	PEB PRNT ADIDAS	F	46	45-49F	2.17.29	1
717	932	BEVERLEY	DARLOW	CHARLO A C	F	32	SF	2.17.30	1
718	953	ADRIAAN	FILMALTER	CHARLO A C	M	30	SM	2.17.31	1

POS	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
719	901	ENID	GERBER	ELITE A C	F	42	40-44F	2.17.36	1
720	889	CHARLOTTE	VAN COLLER	ELITE A C	F	35	35-40F	2.17.37	1
721	1391	CHRISTINA	KRIEK	JEFFREYS BAY	F	55	55-59F	2.18.06	1
722	2069	CATHY	ALLERS	NOKIA ALGOA AC	F	42	40-44F	2.19.16	1
723	1460	CHRISTEL	SMUTS	HARMONY AC EP	F	27	SF	2.19.34	1
724	677	ABSALOM	WILTSHIRE	TEMP	M	65	65-69M	2.19.35	0
725	77	ELMARIE	IKONOMOU	P.E.A.A.C.	F	55	55-59F	2.19.47	1
726	2050	LUKAS	GRESSE	NOKIA ALGOA AC	M	48	45-49M	2.20.01	1
727	2217	ABEGAIL	BROOK	HARMONY AC EP	F	38	35-40F	2.20.09	1
728	1256	JURGEN	GOUWS	MR PRICE UPE	M	55	55-59M	2.20.09	1
729	976	ALMA	FOURIE	CHARLO A C	F	46	45-49F	2.20.12	1
730	221	HANNETJIE	LAUBSCHER	ST ALBANS CSEP	F	48	45-49F	2.20.51	1
731	1338	GLYNN	SLATER	MR PRICE UPE	F	31	SF	2.21.06	1
732	1836	MARIAAN	LANDMAN	ELITE A C	F	39	35-40F	2.21.17	1
733	1580	HEINRICH	SCHUCK	PEB PRNT ADIDAS	M	56	55-59M	2.21.20	1
734	219	RENE	POTGIETER	ST ALBANS CSEP	F	44	40-44F	2.22.55	1
735	692	DENNIS	FERREIRA	TEMP	M	45	45-49M	2.23.01	0
736	100	MARINDA	SCHOLTZ	P.E.A.A.C.	F	35	35-40F	2.23.06	1
737	111	ANTON	SCHOLTZ	P.E.A.A.C.	M	39	35-40M	2.23.06	1
738	684	RIAAAN	SENEKAL	TEMP	M	32	SM	2.23.32	0
739	129	ANNA	POTGIETER	P.E.A.A.C.	F	58	55-59F	2.23.36	1
740	888	ANDRE	VAN COLLER	ELITE A C	M	38	35-40M	2.25.11	1
741	2037	ERIKA	STRUWIG	NOKIA ALGOA AC	F	35	35-40F	2.25.16	1
742	2077	MARIETJIE	SMITH	NOKIA ALGOA AC	F	42	40-44F	2.25.16	1
743	1989	DEBBIE	OEOFSE	NOKIA ALGOA AC	F	57	55-59F	2.25.35	1
744	671	FRANS	OOSTHUIZEN	TEMP	M	33	SM	2.25.36	0
745	604	CHRISTO	SCHEEPERS	TEMP	M	37	35-40M	2.25.45	0
746	609	D	SMITH	TEMP	M	29	SM	2.26.51	0
747	216	HENRY	DANIELSON	ST ALBANS CSEP	M	39	35-40M	2.27.07	1
748	2247	KAYLENE	GOLIATH	EBENEZER	F	35	35-40F	2.27.28	1
749	1415	MIENTJIE	OLIVIER	JEFFREYS BAY	F	46	45-49F	2.27.29	1
750	602	ERNEST	DONDASHE	TEMP	M	31	SM	2.27.56	0
751	608	ANTON	SMITH	TEMP	M	40	40-44M	2.28.01	0
752	622	GIDEON	VAN DER NEST	TEMP	M	47	45-49M	2.28.13	0
753	19	PETER	JOHNSON	TEMP	M	31	SM	2.28.30	0
754	616	JILLIANE	ERASMUS	X-CEL A C	F	47	45-49F	2.29.11	1
755	1402	MARLENE	BEZUIDENHOUT	JEFFREYS BAY	F	53	50-54F	2.30.05	0
756	20	BRIAN	SMITH	P.E.A.A.C.	M	60	60-64M	2.30.16	0
757	819	ANITA	VISAGIE	TEMP	F	25	SF	2.30.18	0
758	691	JENIFER	SEPTOE	LEGACY AC	F	42	40-44F	2.30.37	0
759	683	ZOLEKA	MAZIBUKO	LEGACY AC	F	40	40-44F	2.32.12	0
760	1364	DAVID	DE WET	FIT2000 A C	M	43	40-44M	2.32.38	0
761	931	LYNN	ISAACS	CHARLO A C	F	37	35-40F	2.33.15	0
762	512	THOMAS	MATTHEWS	X-CEL A C	M	39	35-40M	2.33.34	0
763	511	LINDA	MATTHEWS	X-CEL A C	F	40	40-44F	2.33.34	0
764	565	SIMON	LELAKA	VWAC	M	31	SM	2.34.27	0
765	3	HENNIE	VAN DYK	TEMP	M	42	40-44M	2.34.37	0
766	2041	STEPHEN	DOLLER	NOKIA ALGOA AC	M	43	40-44M	2.35.15	0
767	954	TANIALEE	ERASMUS	CHARLO A C	F	33	SF	2.36.09	0
768	67	TREVOR	DANIELS	P.E.A.A.C.	M	47	45-49M	2.37.34	0
769	986	GLADYS	NASH	CHARLO A C	F	61	60-64F	2.37.39	0
770	2011	HENDRINA	CLAASSEN	NOKIA ALGOA AC	F	47	45-49F	2.40.09	0
771	2079	WEHRNER	SMITH	NOKIA ALGOA AC	M	40	40-44M	2.44.28	0
772	2053	MELANIE	NEL	NOKIA ALGOA AC	F	49	45-49F	2.45.30	0
773	2013	RAYMOND	BASHFORD	NOKIA ALGOA AC	M	37	35-40M	2.45.30	0
774	5	YASSER	WYNGAARD	TEMP	M	48	45-49M	2.46.02	0
775	617	SOPHIE	SMITH	X-CEL A C	F	49	45-49F	2.46.41	0
776	698	ELGIN	KERSPAY	TEMP	M	36	35-40M	2.46.49	0
777	677	EDNA	POTGIETER	LEGACY AC	F	57	55-59F	2.48.02	0
778	82	DIHANNA	CLAASSEN	P.E.A.A.C.	F	46	45-49F	2.52.45	0

POS	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
779	681	HECQUILINE	MARNEY	TEMP	F	31	SF	2.52.50	0
<b>HELPERS RUN</b>									
H1	385	GERT	RICHENBURG	MUIRITE STRIDER	M	39	35-40M	1.24.10	4
H2	563	NELSON	DANSTER	VWAC	M	41	40-44M	1.28.05	3
H3	550	BILLY BOY	KIETAS	VWAC	M	29	SM	1.28.20	3
H4	377	ALFRED	JACOBS	MUIRITE STRIDER	M	38	35-40M	1.28.41	3
H5	560	ISAAC	WILLIAMS	VWAC	M	40	40-44M	1.32.10	3
H6	558	JOSEPH	SKEI	VWAC	M	45	45-49M	1.32.37	3
H7	562	SIPHIWO	NTAME	VWAC	M	36	35-40M	1.40.05	2
H8	553	GRAEME	MARLEY	VWAC	M	36	35-40M	1.40.28	2
H9	248	GERRIT	WELGEMOED	ST ALBANS CSEP	M	40	40-44M	1.44.26	2
H10	556	ALFY	PETRUS	VWAC	M	41	40-44M	1.44.26	2
H11	376	MARIUS	HITGE	MUIRITE STRIDER	M	31	SM	1.45.33	2
H12	206	RONALD	STURGISS	ST ALBANS CSEP	M	37	35-40M	1.45.38	2
H13	552	HENRY	KNOESEN	VWAC	M	35	35-40M	1.46.04	2
H14	357	DERICK	BIRCH	MUIRITE STRIDER	M	49	45-49M	1.47.51	2
H15	2010	NICOLAAS	CLAASSEN	NOKIA ALGOA AC	M	50	50-54M	1.49.10	2
H16	555	JOHAN	NEL	VWAC	M	47	45-49M	1.49.10	2
H17	545	BERES	GOLIATH	VWAC	M	39	35-40M	1.50.05	1
H18	382	JOHNDAVID	METCALF	MUIRITE STRIDER	M	46	45-49M	1.53.34	1
H19	567	GERALD	ARMOED	VWAC	M	45	45-49M	1.55.37	1
H20	359	KENNETH	BOTHMA	MUIRITE STRIDER	M	31	SM	1.56.05	1
H21	561	PLAAITJIE	DAMONS	VWAC	M	40	40-44M	1.57.56	1
H22	374	LIZ	GRUNDLINGH	MUIRITE STRIDER	F	57	55-59F	1.58.49	2
H23	373	NEIL	GROBLER	MUIRITE STRIDER	M	43	40-44M	1.59.16	1
H24	218	ANDRE	LANDMAN	ST ALBANS CSEP	M	51	50-54M	2.02.56	1
H25	215	THERESA	MATTHYSEN	ST ALBANS CSEP	F	36	35-40F	2.02.56	1
H26	370	LUKAS	ELS	MUIRITE STRIDER	M	33	SM	2.03.31	1
H27	543	GRANT	FORBES	VWAC	M	35	35-40M	2.08.33	1
H28	391	MADRE	WELMANS	MUIRITE STRIDER	F	35	35-40F	2.10.48	1
H29	383	PATRICK	PANIER	MUIRITE STRIDER	M	49	45-49M	2.10.48	1
H30	6030	MARGIE	DU TOIT	TEMP	F	42	40-44F	2.15.19	0
H31	547	HENRY	HUMAN	VWAC	M	64	60-64M	2.16.22	1
H32	544	MORGAN	FORBES	VWAC	M	40	40-44M	2.17.23	1
H33	551	CINDY	KLASSEN	VWAC	F	19	SF	2.18.15	1
H34	392	MEL	WELMANS	MUIRITE STRIDER	M	35	35-40M	2.28.50	1
H35	541	BRENDAN	BOSMAN	VWAC	M	53	50-54M	2.36.29	0
H36	208	ANNA	WELGEMOED	ST ALBANS CSEP	F	34	SF	2.39.29	0

### ALLIANCE CASH & CARRY 21.1KM WALK

POS	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
1	9496	MADODANA	MANZIYA	KWANOBUHLE	M	16	JM	2.27.46	1
2	2283	SAMUEL	JOHNSON	SANDEF EP	M	47	45-49M	2.28.17	1
3	1095	ELLIOT	MONI	SANDEF EP	M	45	45-49M	2.28.24	1
4	31	ORGIA	NELL	TEMP	F	60	60-64F	2.35.00	
5	26	WIENNIE	KLEINBOOI	TEMP	F	41	40-44F	2.35.19	
6	1420	JAKKIE	VAN NIEKERK	JEFFREYS BAY	F	52	50-54F	2.38.34	
7	17	ELMA	JANSEN	P.E.A.A.C.	F	47	45-49F	2.42.40	
8	29	CHERYL	NAIDOO	TEMP	F	43	40-44F	2.44.41	
9	1980	MARYKA	ELS	NOKIA ALGOA AC	F	43	40-44F	2.44.46	
10	22	ESTELLE	BOTHA	TEMP	F	48	45-49F	2.47.18	
11	45	SUBAYGA	MAN-LEE	TEMP	F	44	40-44F	2.47.37	
12	23	CELIDA	FERREIRA	TEMP	M	38	35-40M	2.48.56	
13	2071	LYNN	GERBER	NOKIA ALGOA AC	F	29	SF	2.50.10	
14	34	TERTIA	SWARTZ	TEMP	F	42	40-44F	2.53.04	
15	304	JEAN	NEPGEN	KOWIE STRIDERS	M	59	55-59M	2.54.55	
16	1981	ANNELIE	BOTHA	NOKIA ALGOA AC	F	40	40-44F	2.57.18	
17	2104	ELSEBE	TERBLANCHE	NOKIA ALGOA AC	F	36	35-40F	2.57.18	
18	128	JUANITA	VAN ROOYEN	P.E.A.A.C.	F	52	50-54F	2.57.38	
19	36	EILEEN	VAN SCHOOR	TEMP	F	41	40-44F	3.00.11	

POS	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
20	33	CARIEN	STUMKE	TEMP	F	42	40-44F	3.00.11	
21	305	CAROL	NEPGEN	KOWIE STRIDERS	F	53	50-54F	3.03.20	
22	30	ZURETHA	NEL	TEMP	F	30	SF	3.05.37	
23	25	RONEL	FOURIE	TEMP	F	27	SF	3.05.37	
24	35	PETRO	TAIT	TEMP	F	40	40-44F	3.09.22	
25	37	JOHAN	WAIT	TEMP	M	53	50-54M	3.09.22	
26	2012	MAUREEN	DICKASON	NOKIA ALGOA AC	F	47	45-49F	3.10.18	
27	1409	LYNNE	REYNOLDS	JEFFREYS BAY	F	44	40-44F	3.14.21	
28	40	CHRISTINE	SNYMAN	TEMP	F	47	45-49F	3.15.14	
29	28	CAROL	MARSLAND	TEMP	F	54	50-54F	3.15.14	
30	24	CATHERINE	EYBERS	TEMP	F	47	45-49F	3.16.34	
<b>HELPERS WALK</b>									
W1	387	MARISE	VILJOEN	MUIRITE STRIDER	F	21	SF	3.05.27	
W2	379	ANNA	LE ROUX	MUIRITE STRIDER	F	56	55-59F	3.05.48	
W3	378	LEVONA	KILLIAN	MUIRITE STRIDER	F	40	40-44F	3.05.48	
W4	398	SHAHIEDA	SMITH	MUIRITE STRIDER	F	44	40-44F	3.10.05	
W5	368	MARINDA	DEVRIES	MUIRITE STRIDER	F	40	40-44F	3.10.05	