

KYOCERA MITA 10KM - PORT ELIZABETH - 2004/04/24

POS	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
1	2128	ODWA	GOQWANA	NOKIA ALGOA AC	M	23	SM	0.30.38	5
2	1304	MELIKHAYA	KEPE	MR PRICE UPE	M	27	SM	0.31.01	5
3	1198	SANDILE	NGUNUZA	LIBNIKE	M	21	SM	0.31.15	5
4	2086	MAXWELL	GOODMAN	NOKIA ALGOA AC	M	31	SM	0.31.20	5
5	1199	MICHAEL	SCOUT	MR PRICE UPE	M	41	40-44M	0.31.29	5
6	670	SIMPHIWE	NTANTISO	LIBNIKE	M	33	SM	0.31.54	5
7	654	KHAYALETHU	MAKALIMA	LIBNIKE	M	20	SM	0.32.01	5
8	1286	SIMPHIWE	TANA	MR PRICE UPE	M	24	SM	0.32.10	5
9	9395	SELLO	MOLESE	NOKIA ALGOA AC	M	17	JM	0.32.18	5
10	1195	CHRISTOPHER	MABENGEZA	MR PRICE UPE	M	37	35-39M	0.32.22	5
11	1733	LUCAS	BOMELA	PROCYDIN PETECH	M	29	SM	0.32.26	5
12	409	MPUMELELO	NDLUMBINI	ABERDARE CABLES	M	29	SM	0.32.28	5
13	402	MZWANELE	MAPHEKULA	ABERDARE CABLES	M	27	SM	0.32.34	5
14	2052	ABSALOM	KEMP	NOKIA ALGOA AC	M	40	40-44M	0.32.35	5
15	411	MABOYISANA	MAZWAYI	ABERDARE CABLES	M	35	35-39M	0.32.50	5
16	1153	ISAAC	NTLAPE	ACHILLES AAA	M	20	SM	0.32.55	5
17	1720	BENJAMIN	SESING	PROCYDIN PETECH	M	24	SM	0.32.56	5
18	2067	NKOSINATHI	BIYANA	NOKIA ALGOA AC	M	28	SM	0.33.10	5
19	404	LUVUYO	DYANI	ABERDARE CABLES	M	33	SM	0.33.11	5
20	2178	THOBILE	XATA	HARMONY AC EP	M	29	SM	0.33.21	5
21	9468	LUFENZE	XINWA	HARMONY AC EP	M	17	JM	0.33.22	5
22	2094	MNCEDI	KHANTI	NOKIA ALGOA AC	M	24	SM	0.33.23	5
23	2435	LUVUYO	GEGE	NOKIA ALGOA AC	M	25	SM	0.33.23	5
24	264	ZUZILE	NYARASHE	CADBURY A C	M	25	SM	0.33.27	5
25	2134	MZOLISI	MAKANDA	NOKIA ALGOA AC	M	21	SM	0.33.30	5
26	448	DARRELL	WICHT	NEW BALANCE	M	40	40-44M	0.33.30	5
27	1194	KENNETH	MENZE	MR PRICE UPE	M	42	40-44M	0.33.31	5
28	2078	CECIL	NAZO	NOKIA ALGOA AC	M	35	35-39M	0.33.34	5
29	1735	HOPEWELL	JABAVU	PROCYDIN PETECH	M	20	SM	0.33.44	5
30	1535	HANSON	SINGAPHI	PEB PRNT ADIDAS	M	26	SM	0.33.50	5
31	2009	ALFRED	QOGI	NOKIA ALGOA AC	M	30	SM	0.33.54	5
32	2061	PHUMELELO	AUGUST	NOKIA ALGOA AC	M	19	SM	0.34.00	5
33	1456	AUGUST	ESAU	HARMONY AC EP	M	33	SM	0.34.01	5
34	9079	ZOLANI	WILLIAMS	NOKIA ALGOA AC	M	15	JM	0.34.02	5
35	9396	DONOVAN	GEORGE	VWAC	M	15	JM	0.34.04	5
36	2076	SIDWEL	ROBOSHI	NOKIA ALGOA AC	M	44	40-44M	0.34.05	5
37	1288	RYAN	PETER	MR PRICE UPE	M	20	SM	0.34.25	5
38	2177	THEMBEKILE	MSIPA	HARMONY AC EP	M	29	SM	0.34.32	5
39	2087	SIDWELL	BALIWE	NOKIA ALGOA AC	M	32	SM	0.34.34	5
40	9074	SHAUN	TOM	NOKIA ALGOA AC	M	16	JM	0.34.36	5
41	1266	MNCEDISI	YAWA	MR PRICE UPE	M	39	35-39M	0.34.40	5
42	1709	THOZAMILE	BOKOLO	PROCYDIN PETECH	M	42	40-44M	0.34.40	5
43	1682	GILROY	DOMINGO	WILLARD BATT	M	31	SM	0.34.45	5
44	250	JOHANNES	JONCK	ST ALBANS CSEP	M	30	SM	0.35.18	5
45	1746	ANDILE	GWAMA	PROCYDIN PETECH	M	19	SM	0.35.19	5
46	2108	WELCOME	LOLIWE	NOKIA ALGOA AC	M	39	35-39M	0.35.21	5
47	94	BULELINI	NIWA	P.E.A.A.C.	M	18	JM	0.35.24	5
48	2236	CYRIL	SIZE	HARMONY AC EP	M	21	SM	0.35.34	5
49	9133	NTSIKELELO	SEBE	ABERDARE CABLES	M	19	SM	0.35.36	5
50	2219	CHARLES	BAATJIES	HARMONY AC EP	M	47	45-49M	0.35.40	5
51	1905	BUNTU	JINA	BLUEWATER BAY	M	25	SM	0.35.44	5
52	568	LUVUYO	MATANI	VWAC	M	21	SM	0.35.46	5
53	1517	ALROY	MCLEAN	HARMONY AC EP	M	35	35-39M	0.35.47	5
54	485	BENNIE	MATTHEUS	WALMER AC	M	34	SM	0.35.48	5
55	1073	NELSON	VLAKBOK	SANDEF EP	M	39	35-39M	0.36.03	5
56	1083	NKOSINATH	VLAKBOK	NOKIA ALGOA AC	M	27	SM	0.36.05	4
57	9084	XOLISILE	GINGQINI	NOKIA ALGOA AC	M	15	JM	0.36.06	4
58	2122	CHARLIE	ZOKOBE	NOKIA ALGOA AC	M	44	40-44M	0.36.11	5
59	2130	ELLIOT	NYIKI	NOKIA ALGOA AC	M	43	40-44M	0.36.15	5
60	64	PHILBERT	TYOMBO	P.E.A.A.C.	M	41	40-44M	0.36.25	5
61	2116	NDUMISO	MATCHES	NOKIA ALGOA AC	M	31	SM	0.36.29	4
62	2093	ZUKILE	PIPE	NOKIA ALGOA AC	M	25	SM	0.36.29	4
63	1812	MARIO	PETRUS	SOMERSET EAST	M	28	SM	0.36.30	4
64	1075	MUTEKILE	RASMENI	NOKIA ALGOA AC	M	39	35-39M	0.36.31	5
65	9067	DEWALD	SCHOLTZ	NOKIA ALGOA AC	M	15	JM	0.36.35	4
66	377	ALFRED	JACOBS	MUIRITE STRIDER	M	38	35-39M	0.36.36	5

POS	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
67	230	JOSEPH	BAIN	ST ALBANS CSEP	M	44	40-44M	0.36.36	5
68	1923	MONDE	TISE	BLUEWATER BAY	M	21	SM	0.36.44	4
69	1083	ALFRED	SPIERS	TEMP	M	44	40-44M	0.36.45	0
70	1185	MICHAEL	MAGSON	ACHILLES AAA	M	28	SM	0.36.45	4
71	410	THAPELO	MBEKA	ABERDARE CABLES	M	21	SM	0.36.49	4
72	971	JEFFREY	VAN NIEKERK	CHARLO A C	M	31	SM	0.36.52	4
73	38	RICHARD	NOSILELA	P.E.A.A.C.	M	40	40-44M	0.36.53	5
74	1533	STEVEN	FANELLA	NOKIA ALGOA AC	M	41	40-44M	0.36.54	5
75	667	TAMSANQA	JUSAYI	LIBNIKE	M	62	60-64M	0.36.54	5
76	665	JACKSON	NGCOKO	LIBNIKE	M	55	55-59M	0.36.55	5
77	550	BILLY BOY	KIETAS	VWAC	M	29	SM	0.36.58	4
78	911	WYNAND	DE GOEDE	ELITE A C	M	28	SM	0.37.00	4
79	1999	FERDINAND	GROBLER	NOKIA ALGOA AC	M	45	45-49M	0.37.00	5
80	2091	GLADWELL	RUSELO	NOKIA ALGOA AC	M	37	35-39M	0.37.03	5
81	1025	DEREK	CREED	BODY CONCEPT	M	32	SM	0.37.05	4
82	1990	HENDRIK	VAN WYK	NOKIA ALGOA AC	M	40	40-44M	0.37.07	5
83	9388	CHARLTON	DRAAI	HARMONY AC EP	M	15	JM	0.37.16	4
84	1947	NKOSINATHI	GCAKASI	BLUEWATER BAY	M	33	SM	0.37.17	4
85	9473	CONRAD	CHARLES	HARMONY AC EP	M	14	JM	0.37.19	4
86	1595	RICARDO	LINDSAY	PEB PRNT ADIDAS	M	21	SM	0.37.23	4
87	1780	SCHERRIT	KNOESEN	PROCYDIN PETECH	M	21	SM	0.37.25	4
88	9071	KEVIN	EAGLETON	NOKIA ALGOA AC	M	15	JM	0.37.27	4
89	2169	LUZUKO	ZATHU	HARMONY AC EP	M	22	SM	0.37.30	4
90	1483	DONOVAN	PEO	HARMONY AC EP	M	23	SM	0.37.32	4
91	2132	JOHAN	BROWN	NOKIA ALGOA AC	M	29	SM	0.37.40	4
92	1994	ASHLEY	VAN DER WATT	NOKIA ALGOA AC	M	39	35-39M	0.37.41	4
93	34	WARREN	DAVIDS	P.E.A.A.C.	M	20	SM	0.37.43	4
94	1658	VERNON	NEWFELDT	WILLARD BATT	M	38	35-39M	0.37.45	4
95	9014	LUYANDA	MTSHIZANA	PROCYDIN PETECH	M	16	JM	0.37.46	4
96	1259	GEORGE	BUKA	MR PRICE UPE	M	34	SM	0.37.46	4
97	2049	WELLINGTON	MATISO	NOKIA ALGOA AC	M	47	45-49M	0.37.47	5
98	75	FREDDIE	KOLI	P.E.A.A.C.	M	39	35-39M	0.37.48	4
99	1163	ROBIN	FOURIE	ACHILLES AAA	M	40	40-44M	0.37.51	5
100	1049	AYANDA	NDINDWA	TEMP	M	14	JM	0.37.53	0
101	856	CLIVE	WEWERS	ELITE A C	M	43	40-44M	0.37.54	5
102	586	JEREMY	LANGEVELD	X-CEL A C	M	36	35-39M	0.37.54	4
103	1092	BRENDON	PERSENS	SANDF EP	M	29	SM	0.38.01	3
104	1467	MICHAEL	BOOI	HARMONY AC EP	M	33	SM	0.38.02	3
105	1675	CYRIL	UITHALER	WILLARD BATT	M	41	40-44M	0.38.03	5
106	1641	SIZINZO	KAMA	HARMONY AC EP	M	52	50-54M	0.38.03	5
107	9459	SIMON	ADAMS	HARMONY AC EP	M	13	JM	0.38.04	3
108	88	U-VIWE	MBELEKANE	P.E.A.A.C.	M	20	SM	0.38.13	3
109	1222	TRELOAR	CHILDS	MR PRICE UPE	F	40	40-44F	0.38.19	5
110	1353	ADRIAN	CLARKE	FIT2000 A C	M	38	35-39M	0.38.21	4
111	569	JAYSEF	AHKEE	VWAC	M	20	SM	0.38.33	3
112	2068	MAKHAYA	MAGADA	NOKIA ALGOA AC	M	39	35-39M	0.38.34	4
113	1740	NTOMBESINTU	MFUNZI	PROCYDIN PETECH	F	22	SF	0.38.36	5
114	1354	HANNES	ELS	FIT2000 A C	M	54	50-54M	0.38.36	5
115	2117	SIKHUMBUZO	NCANYWA	NOKIA ALGOA AC	M	30	SM	0.38.37	3
116	9075	DEON JNR	DOBSON	NOKIA ALGOA AC	M	16	JM	0.38.44	3
117	862	STEPHEN	KLUE	ELITE A C	M	45	45-49M	0.38.45	5
118	1609	VIVIAN	LUTWEYI	PEB PRNT ADIDAS	M	40	40-44M	0.38.56	4
119	2297	SLULAMI	JACK	KWANOBUHLE	M	28	SM	0.38.57	3
120	1367	THEUNS	HATTINGH	FIT2000 A C	M	41	40-44M	0.39.03	4
121	910	CISCE	COETZEE	ELITE A C	M	35	35-39M	0.39.03	4
122	1971	DUANE	LERM	NOKIA ALGOA AC	M	33	SM	0.39.04	3
123	1542	SIPHO	NCANDANA	PEB PRNT ADIDAS	M	47	45-49M	0.39.07	5
124	2381	FUNDILE	STANA	HARMONY AC EP	M	28	SM	0.39.07	3
125	2224	MATI	JACK	HARMONY AC EP	M	52	50-54M	0.39.08	5
126	2039	DONEVIN	LESCH	NOKIA ALGOA AC	M	31	SM	0.39.09	3
127	918	RAYMOND	WEITZ	ELITE A C	M	49	45-49M	0.39.15	5
128	897	DESMOND	FOUCHE	ELITE A C	M	38	35-39M	0.39.34	3
129	2027	FANIE	CLAASSEN	NOKIA ALGOA AC	M	46	45-49M	0.39.36	5
130	1972	IGGY	FERREIRA	NOKIA ALGOA AC	M	32	SM	0.39.37	3
131	2031	HELGARD	POTGIETER	NOKIA ALGOA AC	M	32	SM	0.39.38	3
132	1613	PIERRE	KNOESEN	PEB PRNT ADIDAS	M	49	45-49M	0.39.42	5
133	870	PETER	VAN RENSBURG	ELITE A C	M	45	45-49M	0.39.46	5
134	1047	KHANYILE	TURWANA	TEMP	M	19	SM	0.39.46	0

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135	1112	DAVE	PELLS	ACHILLES AAA	M	43	40-44M	0.39.49	4
136	1161	SHANE	NORRIS	ACHILLES AAA	M	30	SM	0.39.54	3
137	1189	TONY	BOARDMAN	ACHILLES AAA	M	45	45-49M	0.39.55	5
138	689	PAUL	PEREL	LEGACY AC	M	33	SM	0.39.56	3
139	1197	LIANDRE	PRETORIUS	MR PRICE UPE	F	25	SF	0.39.56	5
140	9464	LEE-ANGELO	RUDLIN	HARMONY AC EP	M	15	JM	0.40.00	3
141	970	FRED	VERRALL	CHARLO A C	M	55	55-59M	0.40.04	5
142	2131	KIEWIET	SEEKOEI	NOKIA ALGOA AC	M	40	40-44M	0.40.06	4
143	811	PETER	RICHARDSON	ALBANY R R	M	25	SM	0.40.07	0
144	2432	THEMBINKOSI	SINGQOTO	HARMONY AC EP	M	27	SM	0.40.08	3
145	9108	MICHAEL	LEMMER	WALMER AC	M	17	JM	0.40.10	3
146	1864	DANIEL	ROSSOUW	CSIR R C	M	41	40-44M	0.40.11	0
147	2370	JULIUS	WHITEBOOI	FORD A C	M	29	SM	0.40.13	3
148	21	COLBEN	NGCUPE	P.E.A.A.C.	M	40	40-44M	0.40.16	3
149	866	PLAATJIE	HENDRICKS	ELITE A C	M	34	SM	0.40.23	3
150	50	BONISILE	FULMENI	P.E.A.A.C.	M	41	40-44M	0.40.25	3
151	1598	DONALD	MANCASA	PEB PRNT ADIDAS	M	50	50-54M	0.40.27	5
152	1156	BRUCE	MCEWAN	ACHILLES AAA	M	50	50-54M	0.40.28	5
153	9069	MORNE	BOTHA	NOKIA ALGOA AC	M	18	JM	0.40.31	3
154	2019	RAYMOND	GERBER	NOKIA ALGOA AC	M	24	SM	0.40.33	3
155	1950	LEON	KILIAN	BLUEWATER BAY	M	60	60-64M	0.40.34	5
156	1512	LOUIS	SWIEGELAAR	HARMONY AC EP	M	38	35-39M	0.40.35	3
157	1414	BRIAN	MERRINGTON	JEFFREYS BAY	M	57	55-59M	0.40.37	5
158	1423	LAWRENCE	MATINYANI	JEFFREYS BAY	M	27	SM	0.40.37	3
159	625	SELWYN	UITHALER	X-CEL A C	M	48	45-49M	0.40.43	0
160	2028	SIZWE	KHATHI	NOKIA ALGOA AC	M	32	SM	0.40.49	3
161	886	FREDDIE	MICHAELS	ELITE A C	M	44	40-44M	0.40.50	3
162	1287	MONWABISI	MPULU	MR PRICE UPE	M	44	40-44M	0.40.52	3
163	1148	PERCY	DALTON	ACHILLES AAA	M	55	55-59M	0.40.54	5
164	1957	EDDIE	GILLMORE	BLUEWATER BAY	M	46	45-49M	0.40.55	4
165	9097	DEON	HOLTZHAUSEN	ELITE A C	M	19	JM	0.41.00	3
166	225	KERNEELS	MEINTJIES	ST ALBANS CSEP	M	44	40-44M	0.41.02	3
167	1552	SHAKESPEARE	MAGAGA	PEB PRNT ADIDAS	M	48	45-49M	0.41.03	4
168	1801	DEON	WRIGHT	SOMERSET EAST	M	27	SM	0.41.04	3
169	996	GAVIN	VAN VLIET	CHARLO A C	M	47	45-49M	0.41.04	4
170	1704	WAYNE	GOLIATH	PROCYDIN PETECH	M	30	SM	0.41.08	3
171	1576	WELLINGTON	TYEKE	PEB PRNT ADIDAS	M	49	45-49M	0.41.09	4
172	2107	NICO	SMIT	NOKIA ALGOA AC	M	24	SM	0.41.10	3
173	1624	SAM	ERASMUS	PEB PRNT ADIDAS	M	46	45-49M	0.41.12	4
174	9472	CHESLYN	BAARTMAN	HARMONY AC EP	M	16	JM	0.41.15	3
175	890	ANTON	VON MOLENDORFF	ELITE A C	M	41	40-44M	0.41.15	3
176	452	ANDREW	SCHEEPERS	NEW BALANCE	M	30	SM	0.41.17	3
177	2794	XOLANI	MHLANGA	TEMP	M	32	SM	0.41.19	0
178	1501	THEUNIS	NEL	HARMONY AC EP	M	30	SM	0.41.20	3
179	1462	CARL	TERBLANCHE	HARMONY AC EP	M	34	SM	0.41.22	3
180	1246	RHOAN	ABBOTT	MR PRICE UPE	M	23	SM	0.41.23	3
181	1350	MARIETTE	HATTINGH	MR PRICE UPE	F	38	35-39F	0.41.24	5
182	881	GEORGE	BOTHA	ELITE A C	M	50	50-54M	0.41.24	5
183	207	GRAHAM	BUBB	ST ALBANS CSEP	M	36	35-39M	0.41.26	3
184	1744	ABONGILE	ZIDE	PROCYDIN PETECH	M	22	SM	0.41.31	3
185	570	GRANT	OLIVIER	VWAC	M	24	SM	0.41.31	3
186	1956	VUYO	CEKISANI	BLUEWATER BAY	M	37	35-39M	0.41.32	3
187	1010	JAN	VAN EEDEN	HARMONY AC EP	M	45	45-49M	0.41.36	4
188	1474	HERMAN	VAN JAARSVELDT	HARMONY AC EP	M	44	40-44M	0.41.36	3
189	2211	PRISCILLA	DYANTYI	HARMONY AC EP	F	30	SF	0.41.37	4
190	9484	NICO	DE KLERK	PROCYDIN PETECH	M	17	JM	0.41.41	3
191	2129	AYANDA	PANA	NOKIA ALGOA AC	M	32	SM	0.41.47	2
192	9461	JODY	CLAASEN	HARMONY AC EP	M	15	JM	0.41.47	2
193	967	BRENT	PORTER	CHARLO A C	M	36	35-39M	0.41.49	3
194	1479	MARGIE	SAUNDERS	HARMONY AC EP	F	50	50-54F	0.41.51	5
195	9457	STANTON	CLAASEN	HARMONY AC EP	M	13	JM	0.41.52	2
196	1048	LINDIE	SITO	TEMP	M	18	JM	0.42.03	0
197	1631	LEONARD	ERASMUS	WILLARD BATT	M	46	45-49M	0.42.16	3
198	1492	HEIN	BADENHORST	HARMONY AC EP	M	34	SM	0.42.19	2
199	150	TONY	KLAASEN	MALABAR	M	42	40-44M	0.42.30	3
200	9496	MADODANA	MANZIYA	HARMONY AC EP	M	16	JM	0.42.32	2
201	1089	XOLANI	GWANISHE	TEMP	M	40	40-44M	0.42.34	0
202	9110	ARMAND	GREYLING	ELITE A C	M	14	JM	0.42.34	2

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203	1715	ASANDA	SOLANI	PROCYDIN PETECH	F	20	SF	0.42.36	3
204	1168	ANDREW	PORTER	ACHILLES AAA	M	32	SM	0.42.39	2
205	2388	ROBERT	RIETMULLER	P.E.A.A.C.	M	47	45-49M	0.42.40	3
206	1111	GRAHAM	CHANNON	ACHILLES AAA	M	54	50-54M	0.42.45	4
207	1265	SEVERIUS	JANSE VAN RENSBURG	MR PRICE UPE	M	51	50-54M	0.42.48	4
208	2065	ARTHUR	WILLIAMS	NOKIA ALGOA AC	M	41	40-44M	0.42.51	3
209	1723	SUZANNE	LAVIS	PROCYDIN PETECH	F	45	45-49F	0.42.54	5
210	860	PIET	MEYER	ELITE A C	M	54	50-54M	0.42.56	4
211	9078	SIPHOKAZI	LOLIWE	NOKIA ALGOA AC	F	13	JF	0.42.56	3
212	919	MARINDA	CRONJE	ELITE A C	F	39	35-39F	0.42.57	4
213	1459	JACQUES	SNYMAN	HARMONY AC EP	M	35	35-39M	0.43.03	2
214	1909	WIMPIE	HERBST	BLUEWATER BAY	M	42	40-44M	0.43.11	3
215	2346	LULAMILE	JONAS	FORD A C	M	22	SM	0.43.11	2
216	460	FRANS	DE RIDDER	NEW BALANCE	M	32	SM	0.43.11	2
217	1490	RIAAN	SMALBERGER	HARMONY AC EP	M	49	45-49M	0.43.12	3
218	36	MICHAEL	COLLINS	P.E.A.A.C.	M	65	65-69M	0.43.19	5
219	855	LESLEY	WOOD	ELITE A C	F	46	45-49F	0.43.20	5
220	2141	HEINE	VAN EYK	ELITE A C	M	38	35-39M	0.43.23	2
221	9455	LEON	RUDLIN	HARMONY AC EP	M	14	JM	0.43.25	2
222	1529	JOHN	PEO	HARMONY AC EP	M	55	55-59M	0.43.26	5
223	596	JEROME	MAY	X-CEL A C	M	37	35-39M	0.43.31	2
224	1053	SIPHO	GOLA	TEMP	M	43	40-44M	0.43.40	0
225	556	ALFY	PETRUS	VWAC	M	41	40-44M	0.43.41	2
226	869	JOHANN	POSTMA	ELITE A C	M	39	35-39M	0.43.42	2
227	1221	IVO	MEYER	MR PRICE UPE	M	29	SM	0.43.43	2
228	1113	REG	FRIDEY	ACHILLES AAA	M	39	35-39M	0.43.50	2
229	1169	BASIL	TYLER	ACHILLES AAA	M	42	40-44M	0.43.50	2
230	1508	CHARLES	CAMPHER	HARMONY AC EP	M	47	45-49M	0.43.52	3
231	1509	DERRICK	HOSHE	HARMONY AC EP	M	45	45-49M	0.43.52	3
232	1973	ADELE	NEL	NOKIA ALGOA AC	F	31	SF	0.43.53	3
233	1038	AMANDA	PIETERSE	TEMP	F	26	SF	0.43.55	0
234	2401	HELEN	MENTZEL	PROFILES A C	F	38	35-39F	0.43.56	3
235	2089	ANDRE	BARNARD	NOKIA ALGOA AC	M	42	40-44M	0.43.57	2
236	1995	PAUL	STEFFENS	NOKIA ALGOA AC	M	52	50-54M	0.43.58	3
237	9085	CHANTEL	VERWEY	NOKIA ALGOA AC	F	17	JF	0.44.01	3
238	2057	JUANDRE	SIMPSON	NOKIA ALGOA AC	M	21	SM	0.44.03	2
239	1757	MICHAEL	MORREIRA	PROCYDIN PETECH	M	23	SM	0.44.04	2
240	2004	GERALD	STRUWIG	NOKIA ALGOA AC	M	35	35-39M	0.44.11	2
241	1993	ANTHONY	HAYWARD	NOKIA ALGOA AC	M	43	40-44M	0.44.16	2
242	829	PETER	STOCKWELL	ALBANY R R	M	56	55-59M	0.44.18	4
243	828	JOHN	HAYDOCK	ALBANY R R	M	60	60-64M	0.44.19	5
244	1152	GREG	SCOTT	ACHILLES AAA	M	41	40-44M	0.44.21	2
245	1100	GARRETH	JACOBSON	ACHILLES AAA	M	28	SM	0.44.21	2
246	206	RONALD	STURGISS	ST ALBANS CSEP	M	37	35-39M	0.44.22	2
247	594	TYRON	GALLANT	X-CEL A C	M	41	40-44M	0.44.23	2
248	1314	DAVID	ENSLIN	MR PRICE UPE	M	45	45-49M	0.44.24	3
249	1037	MARTLE	VOSLOO	TEMP	F	30	SF	0.44.32	0
250	1078	CLAUDE	MACONIE	TEMP	M	40	40-44M	0.44.34	0
251	158	ZIYAAD	DOLLEY	MALABAR	M	35	35-39M	0.44.36	2
252	462	GERHARD	LEMMER	WALMER AC	M	37	35-39M	0.44.44	2
253	1964	PIERRE	STANDER	ELITE A C	M	40	40-44M	0.44.46	2
254	2103	JOHAN	NEL	NOKIA ALGOA AC	M	37	35-39M	0.44.48	2
255	9456	CLAIRMAN	DRAAI	HARMONY AC EP	M	13	JM	0.44.51	2
256	1752	XHANTI	GOBA	PROCYDIN PETECH	M	21	SM	0.44.52	2
257	2227	CRAIG	MAGGOTT	TEMP	M	27	SM	0.44.55	0
258	1182	PAT	THOMSON	ACHILLES AAA	F	43	40-44F	0.44.57	3
259	1619	GERARD	VON LEVETZOW	PEB PRNT ADIDAS	M	47	45-49M	0.44.58	3
260	608	JOHANNES	GESWINDT	X-CEL A C	M	44	40-44M	0.44.59	2
261	552	HENRY	KNOESEN	VWAC	M	35	35-39M	0.45.00	2
262	2095	CHANTEL	VAN STADEN	NOKIA ALGOA AC	F	20	SF	0.45.01	3
263	1534	CISCO	STRYDOM	PEB PRNT ADIDAS	M	34	SM	0.45.05	2
264	902	JAKKIE	GERBER	ELITE A C	M	43	40-44M	0.45.07	2
265	1399	BRIAN	HEUKELMAN	JEFFREYS BAY	M	50	50-54M	0.45.11	3
266	9393	THABISA	MAYEDWA	ABERDARE CABLES	F	18	JF	0.45.12	3
267	690	JOHN	FACEY	LEGACY AC	M	46	45-49M	0.45.14	2
268	2063	DANIEL	PIETERSE	NOKIA ALGOA AC	M	41	40-44M	0.45.16	2
269	545	BERES	GOLIATH	VWAC	M	39	35-39M	0.45.19	2
270	2072	CHRISTOPHER	COCKCROFT	NOKIA ALGOA AC	M	48	45-49M	0.45.21	2

POS	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
271	9099	CHARLES	GOLDSWAIN	P.E.A.A.C.	M	19	SM	0.45.22	2
272	779	SEAN	WRIGHT	CRUSADERS A C	M	39	35-39M	0.45.23	2
273	1119	TREMAINE	WESSON	ACHILLES AAA	M	43	40-44M	0.45.24	2
274	1618	BREDA	DREYER	PEB PRNT ADIDAS	M	42	40-44M	0.45.26	2
275	1983	PAUL	EAGLETON	NOKIA ALGOA AC	M	40	40-44M	0.45.28	2
276	1356	ALLAN	BRIDGETT	FIT2000 A C	M	36	35-39M	0.45.30	2
277	2058	WERNER	CLAASSEN	NOKIA ALGOA AC	M	40	40-44M	0.45.33	2
278	151	ABDOELAZIES	MADATT	MALABAR	M	41	40-44M	0.45.39	2
279	892	JAN	VON MOLLENDORF	ELITE A C	M	58	55-59M	0.45.39	3
280	270	MANDISA	DYANI	CADBURY A C	F	24	SF	0.45.43	2
281	1178	STEPHEN	DOUGLAS	ACHILLES AAA	M	44	40-44M	0.45.43	2
282	9466	ANTHONECIA	POTGIETER	HARMONY AC EP	F	13	JF	0.45.44	2
283	9462	ALICIA	JACOBS	HARMONY AC EP	F	13	JF	0.45.44	2
284	1037	CATHY	BULLOCK	BODY CONCEPT	F	51	50-54F	0.45.48	5
285	23	SHANE	BROWN	P.E.A.A.C.	M	43	40-44M	0.45.51	2
286	1777	JONATHAN	HAYLOCK-LYONS	PROCYDIN PETECH	M	28	SM	0.45.51	2
287	685	ANNELIE	NEL	LEGACY AC	F	29	SF	0.45.52	2
288	41	IAN	BILLETT	P.E.A.A.C.	M	34	SM	0.45.52	2
289	1096	BRUCE	MILLS	TEMP	M	25	SM	0.45.53	0
290	1068	BUYILE	PETROS	TEMP	M	52	50-54M	0.45.54	0
291	9082	RIAN	RHEEDER	NOKIA ALGOA AC	M	16	JM	0.45.55	2
292	2022	AUBREY	LE ROUX	NOKIA ALGOA AC	M	51	50-54M	0.45.56	3
293	1035	HERLIEN	KAPP	TEMP	F	30	SF	0.45.58	0
294	2146	KENNETH	BREDA	TEMP	M	36	35-39M	0.45.58	0
295	1934	STEPHEN	COETZEE	BLUEWATER BAY	M	48	45-49M	0.45.59	2
296	1588	DEBBIE	BEAUZEC	PEB PRNT ADIDAS	F	30	SF	0.45.59	2
297	853	CLAIRE	NAGEL	ELITE A C	F	40	40-44F	0.46.01	3
298	1066	A P	MARAIS	TEMP	M	46	45-49M	0.46.05	0
299	1093	IZAK	PIENAAR	TEMP	M	46	45-49M	0.46.08	0
300	9465	ALDRICH	BAARTMAN	HARMONY AC EP	M	16	JM	0.46.08	2
301	9454	ASHLEY	QUINATE	HARMONY AC EP	M	16	JM	0.46.10	2
302	2120	GEORGE	JAMES	NOKIA ALGOA AC	M	41	40-44M	0.46.11	2
303	1762	NYAKO	BOMBOTH	PROCYDIN PETECH	M	30	SM	0.46.17	2
304	587	EUGENE	VAN WYK	X-CEL A C	M	32	SM	0.46.19	2
305	1357	BASIL	MC LEAN	FIT2000 A C	M	45	45-49M	0.46.22	2
306	2055	PIETER	STRYDOM	NOKIA ALGOA AC	M	42	40-44M	0.46.23	2
307	140	CORNELIUS	KLEYN	P.E.A.A.C.	M	46	45-49M	0.46.29	2
308	9458	CLAUDIA	JORDAAN	HARMONY AC EP	F	14	JF	0.46.33	2
309	9264	GARTH	VAN ECK	BLUEWATER BAY	M	14	JM	0.46.37	2
310	382	JOHNDAVID	METCALF	MUIRITE STRIDER	M	46	45-49M	0.46.40	2
311	1145	KEITH	BAYLIS	ACHILLES AAA	M	45	45-49M	0.46.41	2
312	220	BENNIE	THYSSE	ST ALBANS CSEP	M	46	45-49M	0.46.42	2
313	2097	MARIO	KOEN	NOKIA ALGOA AC	M	21	SM	0.46.42	2
314	615	EBRAHIM	FANTON	X-CEL A C	M	43	40-44M	0.46.43	2
315	1217	ERNEST	KAPP	MR PRICE UPE	M	45	45-49M	0.46.43	2
316	375	CLAYTON	HISCOCK	MUIRITE STRIDER	M	34	SM	0.46.44	2
317	1116	PETER	GIDDY	ACHILLES AAA	M	53	50-54M	0.46.44	2
318	1060	TIMOTHY	HERMANUS	TEMP	M	36	35-39M	0.46.49	0
319	1174	PAULETTE	FRASER	ACHILLES AAA	F	39	35-39F	0.46.53	2
320	1710	RALPH	KEYS	PROCYDIN PETECH	M	31	SM	0.46.56	2
321	761	MICHAEL	KINGSTON	CRUSADERS A C	M	31	SM	0.46.57	2
322	1052	WARREN	DICKSON	TEMP	M	31	SM	0.46.58	0
323	905	ANDRE	FOURIE	ELITE A C	M	56	55-59M	0.47.02	3
324	9098	ANNEMIE	ANKER	ELITE A C	F	18	JF	0.47.03	2
325	2226	PHILLIP	MABHULA	TEMP	M	40	40-44M	0.47.06	0
326	1143	TIM	GENDALL	ACHILLES AAA	M	43	40-44M	0.47.08	2
327	2192	JOHN	BESTER	P.E.A.A.C.	M	40	40-44M	0.47.09	2
328	1100	RICHMAN	SELANTI	TEMP	M	39	35-39M	0.47.09	0
329	374	LIZ	GRUNDLINGH	MUIRITE STRIDER	F	57	55-59F	0.47.10	5
330	2006	RUBIN	CLAASSEN	NOKIA ALGOA AC	M	52	50-54M	0.47.15	2
331	490	FRANS	VAN HEUSDEN	WALMER AC	M	54	50-54M	0.47.22	2
332	1358	HERMIE	FISHER	FIT2000 A C	F	36	35-39F	0.47.23	2
333	1615	MARIUS	ZEELIE	PEB PRNT ADIDAS	M	39	35-39M	0.47.24	2
334	1672	PETER	BASHELA	WILLARD BATT	M	51	50-54M	0.47.27	2
335	1652	ROLAND	DACE	WILLARD BATT	M	49	45-49M	0.47.27	2
336	1963	JACOBUS	WYATT	NOKIA ALGOA AC	M	40	40-44M	0.47.30	2
337	1072	KAREN	FOURIE	SANDF EP	F	41	40-44F	0.47.30	3
338	1700	ERNIE	VERRALL	PROCYDIN PETECH	M	69	65-69M	0.47.31	4

POS	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
339	788	ANDREW	DEALTRY	CRUSADERS A C	M	47	45-49M	0.47.32	2
340	159	NURUNNISA	MADATT	MALABAR	F	41	40-44F	0.47.32	3
341	1201	URSULA	KUHN	MR PRICE UPE	F	22	SF	0.47.33	2
342	1473	ROLAN	LOTTERING	HARMONY AC EP	M	36	35-39M	0.47.36	2
343	2333	GREGORY	BOSWELL	FORD A C	M	43	40-44M	0.47.37	2
344	145	YOUNUS	AMOD	MALABAR	M	51	50-54M	0.47.43	2
345	2060	BARNEY	KRUGER	NOKIA ALGOA AC	M	52	50-54M	0.47.46	2
346	900	ANDRE	PIENAAR	ELITE A C	M	41	40-44M	0.47.48	2
347	364	RIAAAN	CLAASSEN	MUIRITE STRIDER	M	34	SM	0.47.53	2
348	882	MIEMSIE	SWANEPOEL	ELITE A C	F	42	40-44F	0.47.56	2
349	2034	DEON	DOBSON	NOKIA ALGOA AC	M	41	40-44M	0.48.02	2
350	1979	LINDA	DE VILLIERS	NOKIA ALGOA AC	F	39	35-39F	0.48.02	2
351	603	FRANCIOS	PETERSE	X-CEL A C	M	38	35-39M	0.48.03	2
352	2033	PIERRE	SCHEFFER	NOKIA ALGOA AC	M	48	45-49M	0.48.08	2
353	1059	ROWLAND	JONES	TEMP	M	36	35-39M	0.48.24	0
354	2080	MICHAEL	STUURMAN	NOKIA ALGOA AC	M	53	50-54M	0.48.27	2
355	155	DINESH	COOPOO	MALABAR	M	36	35-39M	0.48.28	2
356	1281	MICHAEL	SLATER	MR PRICE UPE	M	33	SM	0.48.29	2
357	142	RASHID	KAJEE	MALABAR	M	53	50-54M	0.48.30	2
358	1179	PETER	POHLMANN	ACHILLES AAA	M	40	40-44M	0.48.31	2
359	1530	GARETH	VAN EEDEN	HARMONY AC EP	M	19	SM	0.48.32	2
360	1486	LAWRENCE	GLOVER	HARMONY AC EP	M	32	SM	0.48.34	2
361	226	RONALD	COLEMAN	ST ALBANS CSEP	M	35	35-39M	0.48.34	2
362	1114	GAIL	KLICHOWICZ	ACHILLES AAA	F	37	35-39F	0.48.38	2
363	1129	LARRY	RICHARDSON	ACHILLES AAA	M	61	60-64M	0.48.39	3
364	561	PLAAITJIE	DAMONS	VWAC	M	40	40-44M	0.48.42	2
365	1477	HANNES	DE WAAL	HARMONY AC EP	M	34	SM	0.48.43	2
366	124	LEON	GROENEWALD	P.E.A.A.C.	M	37	35-39M	0.48.44	2
367	105	BENNIE	OOSTHUIZEN	P.E.A.A.C.	M	46	45-49M	0.48.44	2
368	1146	GERALD	HOXLEY	ACHILLES AAA	M	63	60-64M	0.48.47	3
369	546	JEANNE	GREYLING	VWAC	F	28	SF	0.48.50	2
370	9086	TIMOTHY	HEINE	CHARLO A C	M	13	JM	0.48.50	2
371	9087	PHILLIP	HEINE	CHARLO A C	M	13	JM	0.48.51	2
372	1000	ROY	HEINE	CHARLO A C	M	48	45-49M	0.48.53	2
373	9492	NDYEBO	QWAKANISA	HARMONY AC EP	M	17	JM	0.48.54	2
374	1122	BOB	STEDMAN	ACHILLES AAA	M	54	50-54M	0.49.00	2
375	1158	CASEY	BEARY	ACHILLES AAA	M	28	SM	0.49.01	2
376	2045	LYDIA	ESTERHUIZEN	BARBERTON GIJIM	F	45	45-49F	0.49.01	0
377	906	HELEN	FOURIE	ELITE A C	F	34	SF	0.49.03	2
378	9402	WESLEY	FOURIE	ACHILLES AAA	M	13	JM	0.49.04	2
379	1458	HERMAN	DEKKER	HARMONY AC EP	M	59	55-59M	0.49.08	2
380	9127	ZANELE	MBOMBO	BLUEWATER BAY	F	18	JF	0.49.11	2
381	1077	DANIEL	VAN STADEN	TEMP	M	44	40-44M	0.49.12	0
382	700	HILTON	WAIT	LEGACY AC	M	22	SM	0.49.16	2
383	686	EDDIE	NEL	LEGACY AC	M	32	SM	0.49.16	2
384	2142	ATTIE	ELS	ELITE A C	M	45	45-49M	0.49.21	2
385	681	CARLOS	COSTA	LEGACY AC	M	32	SM	0.49.22	1
386	581	GODFREY	GELDERBLOEM	X-CEL A C	M	35	35-39M	0.49.31	2
387	2216	MATTHEW	FAIRBROTHER	TEMP	M	23	SM	0.49.32	0
388	584	ALTON	ARENDS	X-CEL A C	M	38	35-39M	0.49.33	2
389	2403	TRACEY	ALMIRALL	PROFILES A C	F	23	SF	0.49.33	2
390	873	IAN	ATTERBURY	ELITE A C	M	34	SM	0.49.36	1
391	2145	RICHARD	BLANDFORD	TEMP	M	23	SM	0.49.39	0
392	289	GEORGE	MEARNS	KOWIE STRIDERS	M	57	55-59M	0.49.41	2
393	1499	NEREDA	KAPP	HARMONY AC EP	F	36	35-39F	0.49.41	2
394	1176	BRADLEY	JOUBERT	ACHILLES AAA	M	42	40-44M	0.49.42	2
395	725	GRAHAM	ELBOURNE	CRUSADERS A C	M	52	50-54M	0.49.44	2
396	9131	GRANT	HANCOCK	FIT2000 A C	M	16	JM	0.49.50	1
397	9474	ROSELINE	MAART	HARMONY AC EP	F	13	JF	0.49.51	2
398	1187	SAMANTHA	SCHEWITZ	ACHILLES AAA	F	33	SF	0.49.52	2
399	1369	MONICA	KEMP	FIT2000 A C	F	48	45-49F	0.49.54	2
400	1965	WILMA	STANDER	NOKIA ALGOA AC	F	39	35-39F	0.49.58	2
401	1027	KOOS	OLIVIER	TEMP	M	46	45-49M	0.50.00	0
402	1126	TOM	D'ARCY	ACHILLES AAA	M	58	55-59M	0.50.00	2
403	2017	WILLIAM	GERBER	NOKIA ALGOA AC	M	38	35-39M	0.50.01	1
404	1998	ERROL	MALLINSON	NOKIA ALGOA AC	M	24	SM	0.50.02	1
405	9470	ZANIA	KAPP	HARMONY AC EP	F	16	JF	0.50.02	2
406	119	MARK	VAN DER WALT	P.E.A.A.C.	M	41	40-44M	0.50.04	2

POS	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
407	2145	MARISA	FERARRIS	ELITE A C	F	33	SF	0.50.04	2
408	1090	MEGAN	HOLMES	TEMP	F	19	JF	0.50.05	0
409	1505	HESTER	DEKKER	HARMONY AC EP	F	32	SF	0.50.07	2
410	1466	IVAN	COWLEY	HARMONY AC EP	M	44	40-44M	0.50.08	2
411	752	DEREK	DAVIDSON	CRUSADERS A C	M	52	50-54M	0.50.11	2
412	878	SUZAN	TERBLANCHE	ELITE A C	F	42	40-44F	0.50.17	2
413	891	ROZELLE	VON MOLENDORFF	ELITE A C	F	40	40-44F	0.50.18	2
414	737	ROSEMARY	ROBINSON	CRUSADERS A C	F	43	40-44F	0.50.21	2
415	2200	JONITA	DE KOKER	NEW BALANCE	F	31	SF	0.50.26	2
416	1692	DEON	ACKERMAN	NEW BALANCE	M	35	35-39M	0.50.29	1
417	767	GREG	STEELE	CRUSADERS A C	M	41	40-44M	0.50.32	2
418	2233	EMLYN	WEITZ	HARMONY AC EP	M	40	40-44M	0.50.32	2
419	590	YUSUF	SAMUELS	X-CEL A C	M	45	45-49M	0.50.34	2
420	16	CHRIS	JANSEN	P.E.A.A.C.	M	59	55-59M	0.50.41	2
421	2247	GARY	SCOTT	TEMP	M	38	35-39M	0.50.44	0
422	2248	STUART	SCOTT	TEMP	M	40	40-44M	0.50.45	0
423	1162	PETER	WHATLEY	ACHILLES AAA	M	39	35-39M	0.50.46	1
424	1355	JOS	ELS	FIT2000 A C	F	52	50-54F	0.50.46	3
425	1997	GERRIE	VAN DE MERWE	NOKIA ALGOA AC	M	40	40-44M	0.50.51	1
426	246	ERICA	FOREMAN	ST ALBANS CSEP	F	33	SF	0.50.54	2
427	1135	MOF	BOTHA	ACHILLES AAA	M	48	45-49M	0.50.56	2
428	1831	IAN	FERREIRA	ELITE A C	M	38	35-39M	0.50.58	1
429	879	SANDRA	LYONS	ELITE A C	F	34	SF	0.50.58	2
430	1966	JEAN-PIERE	FERREIRA	NOKIA ALGOA AC	M	37	35-39M	0.51.01	1
431	883	JOHAN	CHAMBERLAIN	ELITE A C	M	38	35-39M	0.51.05	1
432	121	HILTON	JOHNSON	P.E.A.A.C.	M	36	35-39M	0.51.05	1
433	624	DONOVAN	BARENDS	X-CEL A C	M	41	40-44M	0.51.14	1
434	80	WELLS	ANDERSON	P.E.A.A.C.	M	71	70+M	0.51.19	3
435	1171	ADRIAN	JANSEN	ACHILLES AAA	M	41	40-44M	0.51.20	1
436	1141	HEIDI	JANSEN	ACHILLES AAA	F	37	35-39F	0.51.21	2
437	9389	VERONIQUE	SCHMIDT	HARMONY AC EP	F	11	JF	0.51.21	2
438	141	DICK	DOUGLAS	MALABAR	M	45	45-49M	0.51.23	2
439	472	ALAN	PENNEY	WALMER AC	M	57	55-59M	0.51.24	2
440	1165	LESLEY	MAGGOTT	ACHILLES AAA	F	37	35-39F	0.51.25	2
441	2042	NICO	SPRONG	NOKIA ALGOA AC	M	28	SM	0.51.30	1
442	774	DERICK	VOSLOO	CRUSADERS A C	M	48	45-49M	0.51.35	2
443	3	AUDIE	CLAASSEN	P.E.A.A.C.	M	52	50-54M	0.51.40	2
444	1064	STEVEN	MSOMI	TEMP	M	31	SM	0.51.42	0
445	851	ANNA-LIZE	DU PREEZ	ELITE A C	F	36	35-39F	0.51.43	2
446	548	FELICITY	JONES	VWAC	F	45	45-49F	0.51.43	2
447	756	LUCIE	RUNNALLS	CRUSADERS A C	F	29	SF	0.51.44	2
448	1139	GRAHAM	NELL	ACHILLES AAA	M	53	50-54M	0.51.46	2
449	223	SHARON	SMUTS	ST ALBANS CSEP	F	37	35-39F	0.51.53	2
450	2111	NICO	DE WET	NOKIA ALGOA AC	M	29	SM	0.51.54	1
451	27	GESINA	OOSTHUIZEN	P.E.A.A.C.	F	45	45-49F	0.51.58	2
452	884	TREVOR	VAN EYCK	ELITE A C	M	42	40-44M	0.52.00	1
453	7	ANDRE	LEMMER	P.E.A.A.C.	M	58	55-59M	0.52.02	2
454	1454	EUGENE	MULDER	HARMONY AC EP	M	58	55-59M	0.52.07	2
455	606	GODFREY	COMMANDO	X-CEL A C	M	41	40-44M	0.52.08	1
456	1470	MICHAEL	DEKKER	HARMONY AC EP	M	31	SM	0.52.08	1
457	1046	HANNA	DUKER	TEMP	F	17	JF	0.52.14	0
458	684	BARRY	NELSON	LEGACY AC	M	52	50-54M	0.52.19	2
459	1041	PETRA	BROWNING	TEMP	F	36	35-39F	0.52.20	0
460	1043	ISABEL	VAN GEND	TEMP	F	37	35-39F	0.52.21	0
461	899	PETRA	PIENAAR	ELITE A C	F	40	40-44F	0.52.22	2
462	549	FREDDIE	JONES	VWAC	M	43	40-44M	0.52.22	1
463	1377	TALITA	ODENDAAL	FIT2000 A C	F	37	35-39F	0.52.24	2
464	915	JOHANN	DORFLING	ELITE A C	M	46	45-49M	0.52.25	1
465	1074	SIPHOKAZI	MSENGANA	SANDF EP	F	24	SF	0.52.26	1
466	544	MORGAN	FORBES	VWAC	M	40	40-44M	0.52.31	1
467	1086	DAVID	COATES	TEMP	M	16	JM	0.52.33	0
468	116	MARYNA	KOTZE	P.E.A.A.C.	F	38	35-39F	0.52.38	2
469	2213	KAREN	BRUNKE	TEMP	F	21	SF	0.52.38	0
470	559	REAN	THERON	VWAC	M	41	40-44M	0.52.39	1
471	1930	GLYNIS	SCOTT	BLUEWATER BAY	F	44	40-44F	0.52.40	2
472	2384	CHARL	BOWLER	HARMONY AC EP	M	27	SM	0.52.40	1
473	1954	WAYNE	LEASK	BLUEWATER BAY	M	39	35-39M	0.52.42	1
474	1914	FRANCOIS	SMITH	BLUEWATER BAY	M	38	35-39M	0.52.44	1

POS	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
475	1072	PIETER	GREEFF	TEMP	M	47	45-49M	0.52.45	0
476	1982	LOUWRENS	BASSON	NOKIA ALGOA AC	M	42	40-44M	0.52.46	1
477	1099	SAKKIE	VAN COLLER	TEMP	M	43	40-44M	0.52.47	0
478	894	JAN	LE ROUX	ELITE A C	M	44	40-44M	0.52.50	1
479	1079	BEN	MARAIS	TEMP	M	43	40-44M	0.52.52	0
480	583	ROZITA	BAILEY	X-CEL A C	F	42	40-44F	0.52.59	2
481	751	GLEN	KLOPPER	CRUSADERS A C	M	41	40-44M	0.53.02	1
482	1962	VERNA	CLAASSEN	NOKIA ALGOA AC	F	41	40-44F	0.53.04	2
483	1970	MARGIETHA	VOIGHT	NOKIA ALGOA AC	F	33	SF	0.53.06	1
484	2036	LYDIA	POTGIETER	NOKIA ALGOA AC	F	29	SF	0.53.06	1
485	1506	MORNAY	VAN DER WATT	HARMONY AC EP	M	34	SM	0.53.07	1
486	2021	NIKKI	VAN NIEKERK	NOKIA ALGOA AC	F	50	50-54F	0.53.10	2
487	1026	DEON	LANDMAN	TEMP	M	26	SM	0.53.12	0
488	9109	DELANDRO	VAN DER KUIL	ELITE A C	M	14	JM	0.53.16	1
489	2088	JACQUES	VORSTER	NOKIA ALGOA AC	M	38	35-39M	0.53.17	1
490	9401	BRAD	MELIN	CRUSADERS A C	M	16	JM	0.53.21	1
491	1590	ELZETTE	ZEELIE	PEB PRNT ADIDAS	F	36	35-39F	0.53.22	1
492	1694	PETER	SMITH	HARMONY AC EP	M	50	50-54M	0.53.22	1
493	1138	GEORGE	SCOTT	ACHILLES AAA	M	45	45-49M	0.53.24	1
494	920	WILLEM	DAFEL	ELITE A C	M	36	35-39M	0.53.30	1
495	2295	ARNOLD	RAS	MUIRITE STRIDER	M	42	40-44M	0.53.31	1
496	1183	IAN	THOMSON	ACHILLES AAA	M	50	50-54M	0.53.32	1
497	923	MANDY	DICKER	HARMONY AC EP	F	32	SF	0.53.35	1
498	488	GREG	NEL	WALMER AC	M	37	35-39M	0.53.39	1
499	1084	MELISSA	RICHARDSON	TEMP	F	23	SF	0.53.43	0
500	1712	ELIZE	LYELL	PROCYDIN PETECH	F	46	45-49F	0.53.44	2
501	2289	BENTLEY	HISCOCK	MUIRITE STRIDER	M	36	35-39M	0.53.46	1
502	9997	PATRICIA	BAATJIES	HARMONY AC EP	F	14	JF	0.53.46	1
503	1472	CHORREL	SMITH	HARMONY AC EP	M	75	70+M	0.53.48	2
504	1465	PIETER	VOSLOO	HARMONY AC EP	M	52	50-54M	0.53.49	1
505	1546	OOSIE	OOSTHUIZEN	PEB PRNT ADIDAS	M	55	55-59M	0.53.49	1
506	1612	KOSIMA	BUSING-ANDERSON	PEB PRNT ADIDAS	F	27	SF	0.53.50	1
507	2090	TERTIA	COETZEE	NOKIA ALGOA AC	F	44	40-44F	0.53.51	1
508	863	WILLIAM	GROBLER	ELITE A C	M	55	55-59M	0.53.52	1
509	1548	JEAN-MARIE	TALBOT	PEB PRNT ADIDAS	M	41	40-44M	0.53.53	1
510	90	PHINEAS	MHLAULI	P.E.A.A.C.	M	53	50-54M	0.53.55	1
511	2290	MARGARET	DU TOIT	MUIRITE STRIDER	F	42	40-44F	0.53.59	1
512	373	NEIL	GROBLER	MUIRITE STRIDER	M	44	40-44M	0.54.00	1
513	370	LUKAS	ELS	MUIRITE STRIDER	M	33	SM	0.54.00	1
514	921	MAGGIE	MANN	CHARLO A C	F	48	45-49F	0.54.01	2
515	1482	KOBUS	NEL	HARMONY AC EP	M	34	SM	0.54.01	1
516	1504	KAREN	NEL	HARMONY AC EP	F	32	SF	0.54.02	1
517	896	ANNEMARIE	FOUCHE	ELITE A C	F	36	35-39F	0.54.05	1
518	1132	TRACEY	SCOTT	ACHILLES AAA	F	36	35-39F	0.54.07	1
519	1968	LAETITIA	SMITH	NOKIA ALGOA AC	F	34	SF	0.54.08	1
520	228	ELNA	JONCK	ST ALBANS CSEP	F	28	SF	0.54.27	1
521	2025	BEYERS	LAMPRECHT	NOKIA ALGOA AC	M	35	35-39M	0.54.28	1
522	1727	RIAAAN	STEYN	PROCYDIN PETECH	M	20	SM	0.54.29	1
523	9104	PIETER	BOSHOFF	P.E.A.A.C.	M	13	JM	0.54.30	1
524	1583	SONJA	OLIVIER	PEB PRNT ADIDAS	F	36	35-39F	0.54.30	1
525	265	ESTELEEN	KRAMER	CADBURY A C	F	42	40-44F	0.54.30	1
526	778	JULIE	TAUNTON	CRUSADERS A C	F	44	40-44F	0.54.31	1
527	1630	JANNIE	VAN GREUNEN	PEB PRNT ADIDAS	M	47	45-49M	0.54.31	1
528	369	MARK	EDMEADES	MUIRITE STRIDER	M	35	35-39M	0.54.35	1
529	218	ANDRE	LANDMAN	ST ALBANS CSEP	M	51	50-54M	0.54.36	1
530	245	SHIRLEY	MOSTERT	ST ALBANS CSEP	F	40	40-44F	0.54.38	1
531	771	VIV	BULLOCK	CRUSADERS A C	F	37	35-39F	0.54.41	1
532	793	BOBBY	BULLOCK	CRUSADERS A C	M	52	50-54M	0.54.41	1
533	880	RINA	BARNARD	ELITE A C	F	50	50-54F	0.54.43	2
534	2124	FREDERICK	ALLERS	NOKIA ALGOA AC	M	19	SM	0.54.46	1
535	2436	RODNEY	MYBURGH	NOKIA ALGOA AC	M	50	50-54M	0.54.47	1
536	845	TOM	PENLINGTON	ALBANY R R	M	48	45-49M	0.54.48	1
537	1009	MARCELLE	HARRAN	BODY CONCEPT	F	49	45-49F	0.54.51	1
538	9004	PIETER	STEYN	PROCYDIN PETECH	M	14	JM	0.54.52	1
539	195	SHAUN	LATOLA	KAROO R R	M	29	SM	0.54.55	1
540	888	ANDRE	VAN COLLER	ELITE A C	M	38	35-39M	0.54.58	1
541	136	JOHAN	DE JAGER	P.E.A.A.C.	M	41	40-44M	0.54.59	1
542	2047	JOHAN	BARNARD	NOKIA ALGOA AC	M	51	50-54M	0.55.04	1

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543	1507	ANTON	SMIT	HARMONY AC EP	M	35	35-39M	0.55.05	1
544	78	MERVYN	PAPENFUS	P.E.A.A.C.	M	41	40-44M	0.55.05	1
545	2014	MARIUS	SCHOLTZ	NOKIA ALGOA AC	M	40	40-44M	0.55.06	1
546	1547	LYN	SYMONS	PEB PRNT ADIDAS	F	58	55-59F	0.55.06	2
547	1936	MARKUS	KUNNEKE	BLUEWATER BAY	M	34	SM	0.55.06	1
548	889	CHARLOTTE	VAN COLLER	ELITE A C	F	36	35-39F	0.55.07	1
549	1151	LIZ	AUSTIN	ACHILLES AAA	F	45	45-49F	0.55.10	1
550	2170	JOHAN	VOSLOO	HARMONY AC EP	M	40	40-44M	0.55.12	1
551	1460	CHRISTEL	SMUTS	HARMONY AC EP	F	27	SF	0.55.13	1
552	1088	ANDREA	WHITE	TEMP	F	34	SF	0.55.15	0
553	9089	BRIDGET	LOTTERING	CHARLO A C	F	13	JF	0.55.17	1
554	9090	TANEILL	SMITH	CHARLO A C	F	13	JF	0.55.19	1
555	766	PETER	DUFFELL-CANHAM	CRUSADERS A C	M	52	50-54M	0.55.20	1
556	874	LOUIS	HOLTZHAUSEN	ELITE A C	M	31	SM	0.55.21	1
557	1453	RYNO	GROENEWALD	HARMONY AC EP	M	30	SM	0.55.23	1
558	1513	DINA	GROENEWALD	HARMONY AC EP	F	33	SF	0.55.25	1
559	634	WESLEY	BLIGNAUT	X-CEL A C	M	43	40-44M	0.55.31	1
560	597	INGRID	DE MONK	X-CEL A C	F	37	35-39F	0.55.32	1
561	2101	EUGENE	POTGIETER	NOKIA ALGOA AC	M	58	55-59M	0.55.35	1
562	2010	NICOLAAS	CLAASSEN	NOKIA ALGOA AC	M	50	50-54M	0.55.37	1
563	1039	RICHARD	ATKINSON	TEMP	M	35	35-39M	0.55.38	0
564	149	VENESH	ATHIMOOLAM	MALABAR	M	35	35-39M	0.55.40	1
565	914	JOHN	HENRY	ELITE A C	M	25	SM	0.55.41	1
566	113	CAROL	CORDIER	P.E.A.A.C.	F	40	40-44F	0.55.43	1
567	115	HENDRICK	SCHOLTZ	P.E.A.A.C.	M	45	45-49M	0.55.46	1
568	1033	JOHAN	VAN ROOYEN	TEMP	M	53	50-54M	0.55.47	0
569	132	TREVOR	CAMPHER	P.E.A.A.C.	M	37	35-39M	0.55.50	1
570	2020	CHRIS	BEKKER	NOKIA ALGOA AC	M	51	50-54M	0.55.50	1
571	1730	PIETER	STEYN	PROCYDIN PETECH	M	45	45-49M	0.55.51	1
572	111	ANTON	SCHOLTZ	P.E.A.A.C.	M	40	40-44M	0.55.54	1
573	143	ANAND	NAIDOO	MALABAR	M	46	45-49M	0.55.55	1
574	2040	BARRY	BOUWER	NOKIA ALGOA AC	M	57	55-59M	0.55.56	1
575	1130	PETER	ADAMS	ACHILLES AAA	M	44	40-44M	0.56.00	1
576	720	PATRICK	SCOTT	CRUSADERS A C	M	44	40-44M	0.56.03	1
577	2155	YOLANDA	GREEN	ELITE A C	F	28	SF	0.56.15	1
578	1711	ADRIAAN	LYELL	PROCYDIN PETECH	M	49	45-49M	0.56.25	1
579	2005	DANIEL	FERREIRA	ELITE A C	M	45	45-49M	0.56.28	1
580	1366	DIANE	JOLLY	FIT2000 A C	F	42	40-44F	0.56.29	1
581	985	KRISH	PILLAY	CHARLO A C	M	42	40-44M	0.56.30	1
582	166	KRISHNAN	MOODALEY	MALABAR	M	52	50-54M	0.56.32	1
583	9491	ERNA	BRAND	HARMONY AC EP	F	16	JF	0.56.33	1
584	9463	ROBERT	PEO	HARMONY AC EP	M	15	JM	0.56.45	1
585	541	BRENDAN	BOSMAN	VWAC	M	53	50-54M	0.56.46	1
586	852	CINDY	THOMSON	ELITE A C	F	44	40-44F	0.56.47	1
587	676	DONALD	FLYNN	LEGACY AC	M	66	65-69M	0.56.50	1
588	2056	RITA	BOUCHER	NOKIA ALGOA AC	F	53	50-54F	0.56.52	1
589	2230	JANINE	MILLER	TEMP	F	23	SF	0.56.53	0
590	610	COREEN	BURGINS	X-CEL A C	F	30	SF	0.56.58	1
591	611	JEREMY	SAMUELS	X-CEL A C	M	37	35-39M	0.56.59	1
592	495	CHARLENE	DE CONING	WALMER AC	F	39	35-39F	0.56.59	1
593	2054	JANIEN	GROBLER	NOKIA ALGOA AC	F	26	SF	0.57.00	1
594	1098	KEITH	ROBINSON	TEMP	M	31	SM	0.57.01	0
595	1568	FRED	JOUBERT	PEB PRNT ADIDAS	M	53	50-54M	0.57.03	1
596	1620	DOROTHY	HART	PEB PRNT ADIDAS	F	66	65-69F	0.57.05	2
597	1625	ESTELLE	BURGER	PEB PRNT ADIDAS	F	46	45-49F	0.57.12	1
598	2154	JEFFREY	GREBE	ELITE A C	M	36	35-39M	0.57.13	1
599	1961	REINETTE	HAYWARD	NOKIA ALGOA AC	F	42	40-44F	0.57.16	1
600	2069	CATHY	ALLERS	NOKIA ALGOA AC	F	42	40-44F	0.57.20	1
601	1984	RONDA	DEYZEL	NOKIA ALGOA AC	F	53	50-54F	0.57.22	1
602	1574	GLENYS	JOUBERT	PEB PRNT ADIDAS	F	52	50-54F	0.57.24	1
603	932	BEVERLEY	DARLOW	CHARLO A C	F	32	SF	0.57.26	1
604	999	MARK	DAVIDSON	CHARLO A C	M	37	35-39M	0.57.27	1
605	2217	ABEGAIL	BROOK	HARMONY AC EP	F	38	35-39F	0.57.27	1
606	475	ZELDA	KRIGE	WALMER AC	F	43	40-44F	0.57.29	1
607	1663	GARY	PAUL	WILLARD BATT	M	39	35-39M	0.57.31	1
608	356	GREGORY	BILLSON	MUIRITE STRIDER	M	35	35-39M	0.57.39	1
609	216	HENRY	DANIELSON	ST ALBANS CSEP	M	39	35-39M	0.57.40	1
610	1986	KAREN	MELS	NOKIA ALGOA AC	F	38	35-39F	0.57.41	1

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611	707	DANIEL	MELIN	CRUSADERS A C	M	45	45-49M	0.57.45	1
612	1987	RIA	HISCOCK	NOKIA ALGOA AC	F	48	45-49F	0.57.46	1
613	613	QUENTIN	BURRELL	X-CEL A C	M	41	40-44M	0.57.49	1
614	1729	JAN	POTGIETER	PROCYDIN PETECH	M	52	50-54M	0.57.53	1
615	161	SIVA	MOODALEY	MALABAR	M	62	60-64M	0.57.54	1
616	162	RAMU	NAIDOO	MALABAR	M	54	50-54M	0.57.56	1
617	2084	LECLUE	LOURENS	NOKIA ALGOA AC	M	19	SM	0.57.58	1
618	1118	RODNEY	MAGGOTT	ACHILLES AAA	M	46	45-49M	0.58.00	1
619	701	SELWYN	SOLOMON	CRUSADERS A C	M	65	65-69M	0.58.01	1
620	1109	SUSAN	BAYLIS	ACHILLES AAA	F	45	45-49F	0.58.01	1
621	2015	SUZETTE	MEYER	NOKIA ALGOA AC	F	45	45-49F	0.58.04	1
622	2250	MARIETA	VAN GREUNEN	TEMP	F	39	35-39F	0.58.07	0
623	1057	LOUIS	JORDAAN	TEMP	M	32	SM	0.58.08	0
624	1760	FRANSI	JANSE VAN RENSBURG	PROCYDIN PETECH	F	32	SF	0.58.09	1
625	760	ALETTA	JOUBERT	CRUSADERS A C	F	42	40-44F	0.58.19	1
626	777	COLIN	MC ALL	CRUSADERS A C	M	54	50-54M	0.58.20	1
627	44	HENDRIK	DE BEER	P.E.A.A.C.	M	36	35-39M	0.58.22	1
628	2099	ANDRIES	FOURIE	NOKIA ALGOA AC	M	35	35-39M	0.58.23	1
629	2402	COLIN	MENTZEL	PROFILES A C	M	36	35-39M	0.58.30	1
630	2420	ROLF	MENTZEL	PROFILES	M	64	60-64M	0.58.31	0
631	2050	LUKAS	GRESSE	NOKIA ALGOA AC	M	49	45-49M	0.58.32	1
632	1400	KAI	TARNOW	JEFFREYS BAY	M	65	65-69M	0.58.33	1
633	1085	KEVIN	GARDNER	TEMP	M	24	SM	0.58.35	0
634	1034	ANDRE	ROSS	TEMP	M	29	SM	0.58.39	0
635	2002	GERRIE	LE GRANGE	NOKIA ALGOA AC	M	51	50-54M	0.58.53	1
636	9398	KEVIN	SERFONTEIN	P.E.A.A.C.	M	14	JM	0.59.06	1
637	1731	SANDY	POTGIETER	PROCYDIN PETECH	F	46	45-49F	0.59.07	1
638	1985	GERT	DEYZEL	NOKIA ALGOA AC	M	54	50-54M	0.59.08	1
639	800	ROZ	GERBER	CRUSADERS A C	F	46	45-49F	0.59.10	1
640	2157	LEON	VAN DER VYVER	ELITE A C	M	40	40-44M	0.59.12	1
641	871	JACQUI	TIMMS	ELITE A C	F	35	35-39F	0.59.13	1
642	2223	COLETTE	LEMMER	TEMP	F	30	SF	0.59.17	0
643	2059	RUDOLF	ELLIS	NOKIA ALGOA AC	M	64	60-64M	0.59.25	1
644	762	JANINE	WOOD	CRUSADERS A C	F	24	SF	0.59.38	1
645	726	ROBIN	ELBOURNE	CRUSADERS A C	F	46	45-49F	0.59.39	1
646	769	TREVOR	HAWKINS	CRUSADERS A C	M	44	40-44M	0.59.39	1
647	2293	KARIN	ERASMUS	MUIRITE STRIDER	F	32	SF	0.59.43	1
648	2156	FRANS	OOSTHUIZEN	ELITE A C	M	34	SM	0.59.44	1
649	1069	PETER	SALE	TEMP	M	54	50-54M	0.59.57	0
650	2793	PATRICK	HANLY	TEMP	M	50	50-54M	0.59.58	0
651	1680	SHAHEED	ABRAHAMS	HARMONY AC EP	M	42	40-44M	1.00.01	1
652	1391	CHRISTINA	KRIEK	JEFFREYS BAY	F	55	55-59F	1.00.09	1
653	9083	CHANDRE	BARNARD	NOKIA ALGOA AC	M	15	JM	1.00.10	1
654	1870	SOLLY	GERBER	HUMANSDORP A C	M	48	45-49M	1.00.14	1
655	49	DAISY	STEVENS	P.E.A.A.C.	F	63	60-64F	1.00.20	1
656	872	TERRENCE	REID	ELITE A C	M	56	55-59M	1.00.22	1
657	1570	JUANITA	VAN DER MERWE	PEB PRNT ADIDAS	F	25	SF	1.00.38	1
658	1580	HEINRICH	SCHUCK	PEB PRNT ADIDAS	M	56	55-59M	1.00.40	1
659	2294	SANET	VAN NIEKERK	MUIRITE STRIDER	F	35	35-39F	1.00.45	1
660	9469	ATHENKOSI	MAJOLA	HARMONY AC EP	M	12	JM	1.00.49	1
661	9118	ULRICH	CAMPHER	P.E.A.A.C.	M	12	JM	1.00.59	1
662	1743	ANJA	TRUTER	PROCYDIN PETECH	F	21	SF	1.01.04	1
663	79	VERONICA	BOSHOFF	P.E.A.A.C.	F	43	40-44F	1.01.05	1
664	931	LYNN	ISAACS	CHARLO A C	F	37	35-39F	1.01.06	1
665	2153	CECILIA	LOUW	ELITE A C	F	28	SF	1.01.11	1
666	614	JANET	FANTON	X-CEL A C	F	41	40-44F	1.01.29	1
667	924	LIEZEL	WAIT	HARMONY AC EP	F	31	SF	1.01.34	1
668	1227	LLEWELLYN	FORD	HOUTBAY HARRIER	M	44	40-44M	1.01.35	0
669	901	ENID	GERBER	ELITE A C	F	43	40-44F	1.01.36	1
670	1570	JOHN	MCHLACHLAN	TEMP	M	37	35-39M	1.01.39	0
671	1756	EILEEN	SCHECKLE	PROCYDIN PETECH	F	43	40-44F	1.01.41	1
672	1338	GLYNN	SLATER	MR PRICE UPE	F	31	SF	1.01.42	1
673	2225	PETRUS	LOUBSER	TEMP	M	40	40-44M	1.01.45	0
674	1515	YOLANDE	WATSON	HARMONY AC EP	F	42	40-44F	1.01.55	1
675	1471	LEINADU	ADAMS	HARMONY AC EP	M	35	35-39M	1.01.55	1
676	2035	DANIEL	SCHUIN	NOKIA ALGOA AC	M	40	40-44M	1.01.56	1
677	1955	NICOLE	LEASK	BLUEWATER BAY	F	38	35-39F	1.02.01	1
678	1045	SANDILE	MGODELI	TEMP	M	29	SM	1.02.04	0

POS	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
679	129	ANNA	POTGIETER	P.E.A.A.C.	F	58	55-59F	1.02.15	1
680	126	DANIEL	GRUNDLING	P.E.A.A.C.	M	46	45-49M	1.02.24	1
681	127	NANETTE	GRUNDLING	P.E.A.A.C.	F	44	40-44F	1.02.24	1
682	2077	MARIETJIE	SMITH	NOKIA ALGOA AC	F	42	40-44F	1.02.25	1
683	1610	SONJA	SASS	PEB PRNT ADIDAS	F	35	35-39F	1.02.28	1
684	72	IDA	PAPENFUS	P.E.A.A.C.	F	42	40-44F	1.02.31	1
685	1062	LOVE	DARREN	TEMP	M	18	JM	1.02.33	0
686	1073	RONWYNNE	FOURIE	TEMP	F	41	40-44F	1.02.34	0
687	585	KEVIN	FELIX	X-CEL A C	M	40	40-44M	1.02.35	1
688	2234	BEVERLEY	VILJOEN	HARMONY AC EP	F	33	SF	1.02.45	1
689	1489	JANINE	BOTHMA	HARMONY AC EP	F	41	40-44F	1.02.47	1
690	1488	HELENE	KOTZE	HARMONY AC EP	F	44	40-44F	1.02.48	1
691	221	HANNETJIE	LAUBSCHER	ST ALBANS CSEP	F	48	45-49F	1.02.49	1
692	1044	M C	BOTHA	TEMP	M	44	40-44M	1.03.00	0
693	9101	DENISKA	CLAASSEN	P.E.A.A.C.	F	12	JF	1.03.02	1
694	1070	GHAYROENEESA	CUNNINGHAM	TEMP	F	37	35-39F	1.03.03	0
695	2233	ZABETH	RAUTENBACH	TEMP	F	45	45-49F	1.03.05	0
696	2079	WEHRNER	SMITH	NOKIA ALGOA AC	M	40	40-44M	1.03.19	1
697	1042	STUART	BROWNING	TEMP	M	42	40-44M	1.03.25	0
698	100	MARINDA	SCHOLTZ	P.E.A.A.C.	F	35	35-39F	1.03.33	1
699	1087	BELLA	KLAAS	TEMP	F	41	40-44F	1.03.34	0
700	998	ROBERT	GALLOWAY	CHARLO A C	M	53	50-54M	1.03.37	1
701	1051	KATE	HANLY	TEMP	F	20	SF	1.03.38	0
702	1050	JESSICA	HANLY	TEMP	F	18	JF	1.03.41	0
703	1031	ENDEL	STRYDOM	TEMP	M	14	JM	1.03.53	0
704	1028	DEAN	BIDDULPH	TEMP	M	39	35-39M	1.04.07	0
705	730	RENEE	CALDER	CRUSADERS A C	F	49	45-49F	1.04.07	1
706	954	TANIALEE	ERASMUS	CHARLO A C	F	33	SF	1.04.10	1
707	1032	LOUISE	WESTERMAN	TEMP	F	41	40-44F	1.04.29	0
708	1067	MARK	LOTTERING	TEMP	M	35	35-39M	1.04.29	0
709	1621	CARL	BURGER	PEB PRNT ADIDAS	M	56	55-59M	1.04.30	1
710	1036	E	SMIT	TEMP	F	29	SF	1.04.30	0
711	2220	TERESA	HOFFMAN	TEMP	F	35	35-39F	1.04.31	0
712	2214	ELRIEDA	ECKHART	TEMP	F	29	SF	1.04.45	0
713	2037	ERIKA	STRUWIG	NOKIA ALGOA AC	F	35	35-39F	1.04.47	1
714	2011	HENDRINA	CLAASSEN	NOKIA ALGOA AC	F	47	45-49F	1.04.58	1
715	2229	SIPHOKAZI	MATIWANE	TEMP	F	21	SF	1.05.06	0
716	2224	SARIE	LOFTIE-EATON	TEMP	F	50	50-54F	1.05.11	0
717	160	CRESEN	BALAKISTEN	MALABAR	M	44	40-44M	1.05.12	1
718	77	ELMARIE	IKONOMOU	P.E.A.A.C.	F	55	55-59F	1.05.12	1
719	1127	IAIN	SUTHERLAND	ACHILLES AAA	M	49	45-49M	1.05.19	1
720	2100	ANDRIES	BOUCHER	NOKIA ALGOA AC	M	55	55-59M	1.05.27	1
721	1969	SALOME	FERREIRA	NOKIA ALGOA AC	F	34	SF	1.05.30	1
722	219	RENE	POTGIETER	ST ALBANS CSEP	F	44	40-44F	1.05.40	1
723	2247	KAYLENE	GOLIATH	EBENEZER	F	35	35-39F	1.05.45	1
724	1989	DEBBIE	OELOFSE	NOKIA ALGOA AC	F	57	55-59F	1.05.45	1
725	2219	ESTELLE	GROBLER	TEMP	F	43	40-44F	1.05.56	0
726	1074	BRIDGET	KINGSLEY	TEMP	F	42	40-44F	1.06.26	0
727	1975	ANNEKE	LERM	NOKIA ALGOA AC	F	29	SF	1.06.34	1
728	799	ODETTE	VOSLOO	CRUSADERS A C	F	44	40-44F	1.06.35	1
729	719	RENE	VAN DER MERWE	CRUSADERS A C	F	42	40-44F	1.07.06	1
730	565	SIMON	LELAKA	VWAC	M	31	SM	1.07.09	1
731	2222	ZALITA	LE ROUX	TEMP	F	24	SF	1.07.16	0
732	1976	MARYNA	LANDMAN	NOKIA ALGOA AC	F	27	SF	1.07.22	1
733	392	MEL	WELMANS	MUIRITE STRIDER	M	35	35-39M	1.08.05	1
734	2008	SHIRLEEN	CLARKE	NOKIA ALGOA AC	F	41	40-44F	1.08.07	1
735	1545	SANDRE	SHARE	PEB PRNT ADIDAS	F	38	35-39F	1.08.08	1
736	691	SHELDINE	SEPTOE	LEGACY AC	F	42	40-44F	1.08.13	1
737	202	LOUIS	RUDMAN	ST ALBANS CSEP	M	47	45-49M	1.08.14	1
738	211	MERVIN	FORTUIN	ST ALBANS CSEP	M	38	35-39M	1.08.22	1
739	20	BRIAN	SMITH	P.E.A.A.C.	M	61	60-64M	1.08.33	1
740	1097	SONJA	BARKER	TEMP	F	40	40-44F	1.08.33	0
741	208	ANNA	WELGEMOED	ST ALBANS CSEP	F	35	35-39F	1.08.38	1
742	1493	PIET	OLIVIER	HARMONY AC EP	M	57	55-59M	1.08.39	1
743	5190	TANIA	SCHUTTE	VICTORIA LAKE C	F	29	SF	1.09.17	0
744	251	CHARMYNE	MYBURGH	CADBURY A C	F	52	50-54F	1.09.21	1
745	986	GLADYS	NASH	CHARLO A C	F	61	60-64F	1.10.03	1
746	2110	CLAUDETTE	ESAU	NOKIA ALGOA AC	F	30	SF	1.10.15	1

POS	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
747	2215	HELOUISE	ERASMUS	TEMP	F	23	SF	1.10.19	0
748	1076	HANNALIE	ABERCROMBIE	TEMP	F	44	40-44F	1.10.39	0
749	2016	CAROLINA	JANSE VAN RENSBURG	NOKIA ALGOA AC	F	42	40-44F	1.10.42	1
750	956	GILL	BILBROUGH	CHARLO A C	F	32	SF	1.10.56	1
751	2044	BONNIE	PRETORIUS	NOKIA ALGOA AC	F	50	50-54F	1.11.08	1
752	745	ROY	LAURIE	CRUSADERS A C	M	49	45-49M	1.11.12	1
753	1075	MARY	DANIELS	TEMP	F	49	45-49F	1.11.33	0
754	1040	TOORIE	LACKAY	TEMP	F	47	45-49F	1.11.47	0
755	73	URZULA	LOMBARD	P.E.A.A.C.	F	50	50-54F	1.12.08	1
756	1579	GENEVIEVE	LAYCOCK	PEB PRNT ADIDAS	F	35	35-39F	1.12.10	1
757	773	GAYNOR	LAURIE	CRUSADERS A C	F	55	55-59F	1.12.25	1
758	2228	FOTO	MANGESI	TEMP	M	47	45-49M	1.12.29	0
759	17	ELMA	JANSEN	P.E.A.A.C.	F	48	45-49F	1.12.44	1
760	398	SHAHIEDA	SMITH	MUIRITE STRIDER	F	44	40-44F	1.14.00	1
761	754	GLEN	VAN DER MERWE	CRUSADERS A C	M	47	45-49M	1.14.39	1
762	1572	ALETTA	FOURIE	PEB PRNT ADIDAS	F	65	65-69F	1.14.44	1
763	2258	PORTIA	JAFTHA	EBENEZER	F	40	40-44F	1.15.12	1
764	692	AMANDA	TERBLANCHE	LEGACY AC	F	39	35-39F	1.15.16	1
765	1095	CELIA	BLIGNAULT	TEMP	F	47	45-49F	1.15.17	0
766	895	LAURA	LE ROUX	ELITE A C	F	41	40-44F	1.16.07	1
767	305	CAROL	NEPGEN	KOWIE STRIDERS	F	53	50-54F	1.16.09	1
768	248	GERRIT	WELGEMOED	ST ALBANS CSEP	M	40	40-44M	1.16.49	1
769	2126	TERTIA	SWARTZ	NOKIA ALGOA AC	F	42	40-44F	1.16.53	1
770	2135	DENNIS	FERREIRA	NOKIA ALGOA AC	M	45	45-49M	1.17.04	1
771	1058	GAZELLE	VIVIERS	TEMP	F	37	35-39F	1.17.25	0
772	1080	WILMA	RADEMEYER	TEMP	F	21	SF	1.17.26	0
773	1081	LYNETTE	VERMAAK	TEMP	F	40	40-44F	1.17.30	0
774	2104	ELSEBE	TERBLANCHE	NOKIA ALGOA AC	F	36	35-39F	1.17.30	1
775	1980	MARYKA	ELS	NOKIA ALGOA AC	F	43	40-44F	1.17.58	1
776	379	ANNA	LE ROUX	MUIRITE STRIDER	F	56	55-59F	1.17.59	1
777	378	LEVONA	KILLIAN	MUIRITE STRIDER	F	40	40-44F	1.18.07	1
778	580	IGNATIUS	FROSLER	X-CEL A C	M	42	40-44M	1.18.18	1
779	304	JEAN	NEPGEN	KOWIE STRIDERS	M	59	55-59M	1.18.27	1
780	2071	LYNN	GERBER	NOKIA ALGOA AC	F	29	SF	1.18.33	1
781	368	MARINDA	DEVRIES	MUIRITE STRIDER	F	41	40-44F	1.19.11	1
782	2249	JOHANNA	SWANEPOEL	TEMP	F	46	45-49F	1.19.15	0
783	739	SYLVIA	PRITCHARD	CRUSADERS A C	F	70	70+F	1.19.26	1
784	1091	HEATHER	DE OLIVEIRA	TEMP	F	32	SF	1.19.27	0
785	1092	DEBRA	WELGEMOED	TEMP	F	36	35-39F	1.19.52	0
786	2221	AMANDA	KAPP	TEMP	F	46	45-49F	1.19.52	0
787	2012	MAUREEN	DICKASON	NOKIA ALGOA AC	F	47	45-49F	1.20.08	1
788	2235	DAVID	SANDERSON	TEMP	M	43	40-44M	1.20.35	0
789	134	MARIAAN	VAN TONDER	P.E.A.A.C.	F	67	65-69F	1.21.31	1
790	1685	MICHAEL	UITHALER	WILLARD BATT	M	37	35-39M	1.21.32	1
791	1656	KAASHIF	PIETERSEN	WILLARD BATT	M	27	SM	1.21.33	1
792	1646	MERVYN	JOHNSON	WILLARD BATT	M	30	SM	1.21.33	1
793	1632	SHARON	JAFTHA	WILLARD BATT	F	41	40-44F	1.21.33	1
794	1639	MARGARET	FILLIS	WILLARD BATT	F	44	40-44F	1.21.35	1
795	1645	BRENDA	LEIBRANDT	WILLARD BATT	F	32	SF	1.21.36	1
796	1451	GRIZELDA	JAFTHA	HARMONY AC EP	F	35	35-39F	1.21.36	1
797	1683	PATRICK	DANIELS	WILLARD BATT	M	35	35-39M	1.21.36	1
798	2257	LIONEL	BILLINGS	EBENEZER	M	36	35-39M	1.21.37	1
799	260	NOLEEN	NORRIS	CADBURY A C	F	46	45-49F	1.21.37	1
800	8008	GODFREY	GOLIATH	WILLARD BATT	M	41	40-44M	1.21.38	1
801	2260	KEITH	HARRIS	EBENEZER	M	33	SM	1.21.39	1
802	1689	DEON	SMITH	WILLARD BATT	M	36	35-39M	1.21.40	1
803	1638	JOHN	DRAGHOENDER	WILLARD BATT	M	31	SM	1.21.40	1
804	268	BURNETT	PETERSEN	CADBURY A C	M	28	SM	1.21.41	1
805	1633	WINSTON	MALGAS	WILLARD BATT	M	42	40-44M	1.21.41	1
806	1637	EUGENE	AFRICA	WILLARD BATT	M	36	35-39M	1.21.42	1
807	1684	JEROME	PLAATJIES	WILLARD BATT	M	45	45-49M	1.21.42	1
808	1644	RONALD	JANTJIES	WILLARD BATT	M	32	SM	1.21.43	1
809	2261	TYRONE	RENSBURG	EBENEZER	M	32	SM	1.21.43	1
810	2212	HESTER	VON SOLMS	WALMER AC	F	50	50-54F	1.21.44	1
811	1094	DERIC	DERBYSHIRE	TEMP	M	57	55-59M	1.21.44	0
812	2252	JILL	WILDISH	TEMP	F	60	60-64F	1.22.50	0
813	2234	BEVERLEY	SANDERSON	TEMP	F	43	40-44F	1.22.59	0
814	1398	VAL	SANDOW	JEFFREYS BAY	F	58	55-59F	1.23.10	1

POS	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
815	2062	BERNADETTE	BARNARD	NOKIA ALGOA AC	F	19	SF	1.23.12	1
816	1409	LYNNE	REYNOLDS	JEFFREYS BAY	F	44	40-44F	1.23.36	1
817	76	ALLEN	SENEKAL	P.E.A.A.C.	M	54	50-54M	1.24.00	1
818	2029	WYNIE	KRUGER	NOKIA ALGOA AC	F	42	40-44F	1.25.39	1
819	2041	STEPHEN	DOLLER	NOKIA ALGOA AC	M	43	40-44M	1.25.58	1
820	483	THERESA	LEMMER	WALMER AC	F	36	35-39F	1.26.08	1
821	1029	SUSAN	RUSCH	TEMP	F	41	40-44F	1.26.39	0
822	486	CHRISTINE	OOSTHUIZEN	WALMER AC	F	23	SF	1.27.54	1
823	487	ELEANOR	EVERTON	WALMER AC	F	50	50-54F	1.27.56	1
824	1056	MOIRA	JACOBS	TEMP	F	35	35-39F	1.29.42	0
825	680	CHRIS	BARRON	LEGACY AC	M	80	70+M	1.29.44	1
826	1054	EVELEYN	BAILEY	TEMP	F	34	SF	1.32.14	0
827	1055	MICHELLE	KIEWIETS	TEMP	F	34	SF	1.32.38	0
828	2030	JENNIFER	BARNARD	NOKIA ALGOA AC	F	41	40-44F	1.32.44	0
HELPERS RUN									
H1	1055	ANDRE	LOOTS	BODY CONCEPT	M	41	40-44M	0.44.12	2
H2	1030	HEIN	BECKER	BODY CONCEPT	M	33	SM	0.44.59	2
H3	1698	BRIAN	MCKAY	HARMONY AC EP	M	49	45-49M	0.45.20	2
H4	1003	MARIUS	VAN EYK	BODY CONCEPT	M	39	35-39M	0.45.32	2
H5	605	SYLVAN	BLIGNAUT	X-CEL A C	M	44	40-44M	0.46.20	2
H6	1068	PAUL	JOHNSON	BODY CONCEPT	M	36	35-39M	0.46.45	2
H7	1006	KAREN	SIMPSON	BODY CONCEPT	F	38	35-39F	0.46.59	2
H8	1016	DIANA	GRANT	BODY CONCEPT	F	32	SF	0.47.20	2
H9	1014	IAN	ALLIN	BODY CONCEPT	M	45	45-49M	0.48.06	2
H10	1017	ECKART	SCHUMANN	BODY CONCEPT	M	58	55-59M	0.48.19	2
H11	1001	ROBIN	CLARK	BODY CONCEPT	M	63	60-64M	0.51.39	2
H12	1033	JOMINE	LE ROUX	BODY CONCEPT	F	32	SF	0.56.30	1
H13	1054	SALOME	LOOTS	BODY CONCEPT	F	41	40-44F	0.56.33	1
H14	1040	SHARMYN	MEYER	BODY CONCEPT	F	45	45-49F	0.56.33	1
H15	1045	WARREN	COLLIER	BODY CONCEPT	M	46	45-49M	0.57.36	1
H16	1053	DEIDRE	BEZUIDENHOUT	BODY CONCEPT	F	34	SF	1.03.59	1
H17	1021	IAN	ROSS	BODY CONCEPT	M	47	45-49M	1.03.59	1
H18	1029	MARK	BERRY	BODY CONCEPT	M	43	40-44M	1.04.04	1
H19	1015	BEV	CARRINGTON-HALL	BODY CONCEPT	F	46	45-49F	1.11.19	1
H20	6020	NADINE	VAN DER POEL	TEMP	F	37	35-39F	1.11.19	0