

TECHNO-DENT BIBLE SOCIETY 10KM - PORT ELIZABETH 19/06/04

POS	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS
1	1937	ODWA	GOQWANA	TEMP	M	23	SM	0.31.34
2	661	MILA	PASIYA	LIBNIKE	M	24	SM	0.31.35
3	1198	SANDILE	NGUNUZA	LIBNIKE	M	21	SM	0.31.36
4	663	MKHULULI	MBEJENI	LIBNIKE	M	21	SM	0.31.43
5	858	RICARDO	PLAATJIES	ELITE A C	M	21	SM	0.32.32
6	9113	SONWABO	VENA	NEW BALANCE	M	17	JM	0.34.14
7	264	ZUZILE	NYARASHE	CADBURY A C	M	25	SM	0.34.24
8	1288	RYAN	PETER	MR PRICE UPE	M	20	SM	0.34.49
9	446	ADRIAN	GOUWS	NEW BALANCE	M	31	SM	0.35.07
10	9291	BULELINI	NIWA	P.E.A.A.C.	M	18	JM	0.36.14
11	1656	KAASHIF	PIETERSEN	WILLARD BATT	M	27	SM	0.36.46
12	1250	THEMSILE	BASHE	TEMP	M	26	SM	0.36.47
13	454	NEIL	DE MEILLON	NEW BALANCE	M	41	40-44M	0.36.50
14	2222	KIRSTY	WEIR	HARMONY AC EP	F	26	SF	0.37.11
15	451	ANTHONY	BUTTON	NEW BALANCE	M	42	40-44M	0.37.27
16	9444	BRON	TURNER	NEW BALANCE	M	18	JM	0.37.43
17	665	JACKSON	NGCOKO	LIBNIKE	M	55	55-59M	0.37.54
18	9067	DEWALD	SCHOLTZ	NOKIA ALGOA AC	M	15	JM	0.38.04
19	9435	MELIKHAYA	NONZE	PROCYDIN PETECH	M	16	JM	0.38.08
20	667	TAMSANQA	JUSAYI	LIBNIKE	M	62	60-64M	0.38.12
21	464	ALLEN	MATTOCKS	WALMER AC	M	48	45-49M	0.38.22
22	459	EMIL	HOUGAARD	NEW BALANCE	M	40	40-44M	0.38.52
23	425	WILLEM	ENGELBRECHT	HIGH SCHOOLS	M	17	JM	0.38.53
24	1231	MICHAEL	NETHAVHANI	TEMP	M	25	SM	0.39.10
25	574	LOYISO	MTYA	VWAC	M	26	SM	0.39.31
26	971	JEFFREY	VAN NIEKERK	CHARLO A C	M	31	SM	0.39.34
27	1994	ASHLEY	VAN DER WATT	NOKIA ALGOA AC	M	39	35-40M	0.39.38
28	1990	HENDRIK	VAN WYK	NOKIA ALGOA AC	M	40	40-44M	0.39.42
29	1591	DAVID	GOLDBERG	PEB PRNT ADIDAS	M	46	45-49M	0.40.00
30	710	MICHAEL	BARNARDO	CRUSADERS A C	M	37	35-40M	0.40.05
31	9075	DEON JNR	DOBSON	NOKIA ALGOA AC	M	16	JM	0.40.11
32	410	THAPELO	MBEKA	ABERDARE CABLES	M	21	SM	0.40.21
33	1257	PIERRE	HORN	TEMP	M	16	JM	0.40.29
34	1354	HANNES	ELS	FIT2000 A C	M	54	50-54M	0.40.30
35	1262	DANIEL	DU TOIT	TEMP	M	15	JM	0.40.32
36	1350	MARIETTE	HATTINGH	MR PRICE UPE	F	38	35-40F	0.40.33
37	2432	THEMBINKOSI	SINGQOTO	HARMONY AC EP	M	27	SM	0.40.40
38	1260	MICHAEL	PEGRAM	TEMP	M	15	JM	0.40.44
39	1353	ADRIAN	CLARKE	FIT2000 A C	M	39	35-40M	0.40.57
40	1681	CLAUDE	RADEMEYER	WILLARD BATT	M	24	SM	0.41.16
41	1451	GRIZELDA	JAFTHA	HARMONY AC EP	F	35	35-40F	0.41.17
42	1156	BRUCE	MCEWAN	ACHILLES AAA	M	50	50-54M	0.42.01
43	1624	SAM	ERASMUS	PEB PRNT ADIDAS	M	46	45-49M	0.42.02
44	1221	IVO	MEYER	MR PRICE UPE	M	29	SM	0.42.18
45	9110	ARMAND	GREYLING	ELITE A C	M	14	JM	0.42.20
46	1148	PERCY	DALTON	ACHILLES AAA	M	55	55-59M	0.42.27
47	1956	VUYO	CEKISANI	BLUEWATER BAY	M	37	35-40M	0.42.51
48	460	FRANS	DE RIDDER	NEW BALANCE	M	33	SM	0.42.56
49	97	ROBERT	GEMMELL	OXFORD STRIDERS	M	28	SM	0.43.20
50	1352	CHARLES	ROSE	FIT2000 A C	M	51	50-54M	0.43.27
51	571	TONY	BECK	VWAC	M	43	40-44M	0.43.31
52	1322	LUYANDA	MOBIXANE	TEMP	M	35	35-40M	0.44.12
53	9264	GARTH	VAN ECK	BLUEWATER BAY	M	14	JM	0.44.20
54	1197	ANTON	MARX	TEMP	M	29	SM	0.44.26
55	1233	DARRYL	BAGLEY	TEMP	M	34	SM	0.44.27
56	1196	JOHAN	BARNARD	MR PRICE UPE	M	49	45-49M	0.44.30
57	1140	BRUCE	BARKER	ACHILLES AAA	M	45	45-49M	0.44.40
58	1196	PHILLIP	MABHULA	TEMP	M	41	40-44M	0.44.43
59	9099	CHARLES	GOLDSWAIN	P.E.A.A.C.	M	19	SM	0.45.07
60	9409	GIDEON	VAN DER KOLF	HIGH SCHOOLS	M	15	JM	0.45.46
61	1207	AMANDA	PIETERSE	MR PRICE UPE	F	27	SF	0.45.49
62	1501	THEUNIS	NEL	HARMONY AC EP	M	30	SM	0.45.56
63	1023	DESIRE	SERFORTEIN	TEMP	F	40	40-44F	0.46.02

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64	1909	WIMPIE	HERBST	BLUEWATER BAY	M	42	40-44M	0.46.25
65	1597	SIPHO	MSOMI	PEB PRNT ADIDAS	M	30	SM	0.46.30
66	9137	TOLLIE	ROBSON	PEB PRNT ADIDAS	M	18	JM	0.46.36
67	2388	ROBERT	RIETMULLER	P.E.A.A.C.	M	48	45-49M	0.46.38
68	1939	DANIE	KRUGER	TEMP	M	16	JM	0.46.44
69	120	LIDA	LOUW	P.E.A.A.C.	F	50	50-54F	0.46.45
70	1174	PAULETTE	FRASER	ACHILLES AAA	F	39	35-40F	0.46.49
71	885	RIAAAN	HEUNIS	ELITE A C	M	35	35-40M	0.46.59
72	1126	DEON	FOURIE	TEMP	M	34	SM	0.47.01
73	1619	GERARD	VON LEVETZOW	PEB PRNT ADIDAS	M	47	45-49M	0.47.14
74	1940	GARETH	MEAKER	TEMP	M	16	JM	0.47.20
75	9438	TYRON	OLCKERS	P.E.A.A.C.	M	15	JM	0.47.39
76	1228	ALISTAIR	WEBBER	TEMP	M	17	JM	0.47.42
77	1235	SHAUN	WALTER	TEMP	M	17	JM	0.47.48
78	690	JOHN	FACEY	LEGACY AC	M	46	45-49M	0.47.56
79	591	DAVID	O'RIELLY	X-CEL A C	M	56	55-59M	0.48.00
80	9402	WESLEY	FOURIE	ACHILLES AAA	M	13	JM	0.48.03
81	457	ROLF	KORDES	NEW BALANCE	M	63	60-64M	0.48.08
82	1251	RIAN	VILJOEN	TEMP	M	35	35-40M	0.48.10
83	546	JEANNE	GREYLING	VWAC	F	28	SF	0.48.16
84	1973	ADELE	NEL	NOKIA ALGOA AC	F	31	SF	0.48.17
85	1529	JOHN	PEO	HARMONY AC EP	M	55	55-59M	0.48.17
86	1499	NEREDA	KAPP	HARMONY AC EP	F	36	35-40F	0.48.18
87	1474	HERMAN	VAN JAARVELDT	HARMONY AC EP	M	44	40-44M	0.48.18
88	700	HILTON	WAIT	LEGACY AC	M	22	SM	0.48.19
89	1413	NIC	SNYMAN	JEFFREYS BAY	M	60	60-64M	0.48.24
90	1563	PAUL	GELDENHUYS	PEB PRNT ADIDAS	M	49	45-49M	0.48.29
91	68	RYAN	GUEST	HIGH SCHOOLS	M	18	JM	0.48.31
92	1358	HERMIE	FISHER	FIT2000 A C	F	36	35-40F	0.48.32
93	2797	NOEL	VAN WILLING	TEMP	M	38	35-40M	0.48.33
94	1179	PETER	POHLMANN	ACHILLES AAA	M	40	40-44M	0.48.35
95	1281	MICHAEL	SLATER	MR PRICE UPE	M	33	SM	0.48.39
96	1281	MICHAEL	GEMMELL	TEMP	M	29	SM	0.48.45
97	1200	JOHAN	MINNIE	TEMP	M	36	35-40M	0.48.48
98	1234	MICHAEL	OELOFSE	TEMP	M	31	SM	0.48.53
99	711	PATRICIA	HATTINGH	CRUSADERS A C	F	29	SF	0.48.54
100	1101	GERALD	BOUWER	ACHILLES AAA	M	61	60-64M	0.49.02
101	1930	MATTHEUS	LANGENHOVEN	TEMP	M	53	50-54M	0.49.03
102	1559	JACQUES	VAN ROOYEN	PEB PRNT ADIDAS	M	30	SM	0.49.04
103	2233	EMLYN	WEITZ	HARMONY AC EP	M	40	40-44M	0.49.08
104	1369	MONICA	KEMP	FIT2000 A C	F	48	45-49F	0.49.22
105	555	JOHAN	NEL	VWAC	M	47	45-49M	0.49.27
106	2295	ARNOLD	RAS	MUIRITE STRIDER	M	42	40-44M	0.49.28
107	684	BARRY	NELSON	LEGACY AC	M	52	50-54M	0.49.35
108	1355	JOS	ELS	FIT2000 A C	F	52	50-54F	0.49.39
109	1164	JOHN	KOTZE	ACHILLES AAA	M	53	50-54M	0.49.41
110	765	DAVID	WATSON	CRUSADERS A C	M	30	SM	0.49.43
111	1283	KOOS	OLIVIER	TEMP	M	46	45-49M	0.49.44
112	1314	RUAN	COWLEY	TEMP	M	14	JM	0.49.45
113	9490	STEPHAN	TERBLANCHE	ST ALBANS CSEP	M	12	JM	0.49.49
114	1245	SEAN	CAMPBELL	TEMP	M	18	JM	0.49.50
115	1692	DEON	ACKERMAN	NEW BALANCE	M	35	35-40M	0.49.50
116	1938	LINETTE	JANSE V RENSBURG	TEMP	F	30	SF	0.49.55
117	1377	TALITA	ODENDAAL	FIT2000 A C	F	37	35-40F	0.49.56
118	9131	GRANT	HANCOCK	FIT2000 A C	M	16	JM	0.49.58
119	1357	BASIL	MC LEAN	FIT2000 A C	M	45	45-49M	0.49.59
120	1679	LUCELLE	JAFTHA	WILLARD BATT	F	44	40-44F	0.50.02
121	2228	LEANA	BERG	HARMONY AC EP	F	35	35-40F	0.50.15
122	1979	LINDA	DE VILLIERS	NOKIA ALGOA AC	F	39	35-40F	0.50.18
123	2034	DEON	DOBSON	NOKIA ALGOA AC	M	41	40-44M	0.50.18
124	737	ROSEMARY	ROBINSON	CRUSADERS A C	F	43	40-44F	0.50.19
125	2039	DONEVIN	LESCH	NOKIA ALGOA AC	M	31	SM	0.50.20
126	600	DAVID	SWANEPOEL	X-CEL A C	M	45	45-49M	0.50.20
127	1458	HERMAN	DEKKER	HARMONY AC EP	M	59	55-59M	0.50.25

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128	374	LIZ	GRUNDLINGH	MUIRITE STRIDER	F	57	55-59F	0.50.35
129	1139	GRAHAM	NELL	ACHILLES AAA	M	53	50-54M	0.50.38
130	423	NOCHOLAS	HARLOW	HIGH SCHOOLS	M	17	JM	0.50.41
131	427	RICHARD	BOEHMKE	HIGH SCHOOLS	M	18	JM	0.50.48
132	9136	ADELE	BEAN	PEB PRNT ADIDAS	F	19	SF	0.50.51
133	9476	SOLOMON	HEYDENRYCH	P.E.A.A.C.	M	14	JM	0.51.05
134	1285	IAIN	MAUGHAN-BROWN	TEMP	M	15	JM	0.51.06
135	712	STUART	HATTINGH	CRUSADERS A C	M	30	SM	0.51.12
136	245	SHIRLEY	MOSTERT	ST ALBANS CSEP	F	40	40-44F	0.51.16
137	1454	EUGENE	MULDER	HARMONY AC EP	M	58	55-59M	0.51.16
138	1249	CHRISTO	STUMKE	TEMP	M	47	45-49M	0.51.18
139	916	DAVID	GALLANT	ELITE A C	M	50	50-54M	0.51.26
140	1236	BEN	FOURIE	TEMP	M	51	50-54M	0.51.32
141	1258	PETER	SALE	TEMP	M	54	50-54M	0.51.33
142	1230	DAANTJIE	VAN STADEN	TEMP	M	44	40-44M	0.51.36
143	934	GREGORY	ROSS	CHARLO A C	M	31	SM	0.51.39
144	1126	TOM	D'ARCY	ACHILLES AAA	M	58	55-59M	0.51.49
145	370	LUKAS	ELS	MUIRITE STRIDER	M	34	SM	0.51.53
146	753	JOHN	MARTIN	CRUSADERS A C	M	70	70+M	0.52.00
147	1700	ERNIE	VERRALL	PROCYDIN PETECH	M	69	65-69M	0.52.00
148	2048	FREDERIK	SWANEPOEL	NOKIA ALGOA AC	M	37	35-40M	0.52.02
149	1238	MARK	SIVEWRIGHT	TEMP	M	37	35-40M	0.52.12
150	1566	MICHELLE	SIVEWRIGHT	PEB PRNT ADIDAS	F	35	35-40F	0.52.13
151	1226	DAVID	GRAY	TEMP	M	17	JM	0.52.25
152	141	DICK	DOUGLAS	MALABAR	M	45	45-49M	0.52.27
153	121	HILTON	JOHNSON	P.E.A.A.C.	M	36	35-40M	0.52.27
154	1470	MICHAEL	DEKKER	HARMONY AC EP	M	31	SM	0.52.32
155	1287	DEON	LANDMAN	TEMP	M	26	SM	0.52.32
156	1505	HESTER	DEKKER	HARMONY AC EP	F	32	SF	0.52.33
157	1265	LEX	HOLMES	TEMP	M	57	55-59M	0.52.40
158	4377	HARRY	FILLIES	PINELANDS A C	M	52	50-54M	0.52.42
159	1932	RICHARD	ANDRADE	TEMP	M	43	40-44M	0.52.50
160	1249	WINSTON	PROCTOR-SIMS	TEMP	M	13	JM	0.52.53
161	80	WELLS	ANDERSON	P.E.A.A.C.	M	72	70+M	0.53.03
162	1954	WAYNE	LEASK	BLUEWATER BAY	M	39	35-40M	0.53.11
163	559	REAN	THERON	VWAC	M	41	40-44M	0.53.12
164	1914	FRANCOIS	SMITH	BLUEWATER BAY	M	38	35-40M	0.53.12
165	7	ANDRE	LEMMER	P.E.A.A.C.	M	58	55-59M	0.53.21
166	2088	JACQUES	VORSTER	NOKIA ALGOA AC	M	38	35-40M	0.53.30
167	1936	OLIVER	BATCHELOR	TEMP	M	17	JM	0.53.47
168	1985	GERT	DEYZEL	NOKIA ALGOA AC	M	54	50-54M	0.53.51
169	1193	LANA	KRIGE	TEMP	F	31	SF	0.53.55
170	996	GAVIN	VAN VLIET	CHARLO A C	M	47	45-49M	0.53.56
171	115	HENDRICK	SCHOLTZ	P.E.A.A.C.	M	45	45-49M	0.54.15
172	1009	MARCELLE	HARRAN	BODY CONCEPT	F	49	45-49F	0.54.18
173	380	CAROL	MALLET	MUIRITE STRIDER	F	35	35-40F	0.54.21
174	3	AUDIE	CLAASSEN	P.E.A.A.C.	M	52	50-54M	0.54.26
175	933	LAVINIA	DARLOW	CHARLO A C	F	35	35-40F	0.54.40
176	2041	STEPHEN	DOLLER	NOKIA ALGOA AC	M	43	40-44M	0.54.47
177	111	ANTON	SCHOLTZ	P.E.A.A.C.	M	40	40-44M	0.55.01
178	472	ALAN	PENNEY	WALMER AC	M	57	55-59M	0.55.02
179	709	GILLIAN	DEALTRY	CRUSADERS A C	F	45	45-49F	0.55.03
180	1986	KAREN	MELS	NOKIA ALGOA AC	F	39	35-40F	0.55.10
181	1135	MOF	BOTHA	ACHILLES AAA	M	48	45-49M	0.55.13
182	5951	BRIAN	PATRICK	U W C	M	48	45-49M	0.55.18
183	2014	MARIUS	SCHOLTZ	NOKIA ALGOA AC	M	40	40-44M	0.55.22
184	1020	MARY-ANNE	BOTES	BODY CONCEPT	F	37	35-40F	0.55.26
185	263		UNKNOWN	UNKNOWN	M	34	SM	0.55.36
186	375	CLAYTON	HISCOCK	MUIRITE STRIDER	M	34	SM	0.55.37
187	701	SELWYN	SOLOMON	CRUSADERS A C	M	66	65-69M	0.55.38
188	9103	TRACEY	VAN WYK	PEB PRNT ADIDAS	F	15	JF	0.55.41
189	1280	RYAN	BAKER	TEMP	M	25	SM	0.55.48
190	1968	LAETITIA	SMITH	NOKIA ALGOA AC	F	35	35-40F	0.55.50
191	2101	EUGENE	POTGIETER	NOKIA ALGOA AC	M	58	55-59M	0.55.52

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192	1691	ELIZABETH	ACKERMAN	NEW BALANCE	F	36	35-40F	0.55.52
193	935	BRUCE	DARLOW	CHARLO R R	M	33	SM	0.55.58
194	1941	RICHARD	MOORE	TEMP	M	31	SM	0.55.58
195	47	DAVE	THURLOW	P.E.A.A.C.	M	55	55-59M	0.56.03
196	1279	GIDEON	SWANEPOEL	TEMP	M	12	JM	0.56.06
197	1335	CHARMAINE	GREEFF	MR PRICE UPE	F	40	40-44F	0.56.16
198	1583	SONJA	OLIVIER	PEB PRNT ADIDAS	F	36	35-40F	0.56.30
199	777	COLIN	MC ALL	CRUSADERS A C	M	54	50-54M	0.56.39
200	1222	ADRIAAN	JANSEN VAN VUUREN	TEMP	M	29	SM	0.56.49
201	1927	MC	BOTHA	TEMP	M	44	40-44M	0.57.00
202	1266	DALEN	DAVIDSON	TEMP	M	31	SM	0.57.01
203	2056	RITA	BOUCHER	NOKIA ALGOA AC	F	54	50-54F	0.57.02
204	1547	LYN	SYMONS	PEB PRNT ADIDAS	F	58	55-59F	0.57.18
205	676	DONALD	FLYNN	LEGACY AC	M	66	65-69M	0.57.22
206	698	LINDI	ERASMUS	LEGACY AC	F	23	SF	0.57.26
207	1284	KATHERINE	MAUGHAN-BROWN	TEMP	F	22	SF	0.57.33
208	9089	BRIDGET	LOTTERING	CHARLO A C	F	13	JF	0.57.33
209	1277	KEVIN	BURTON	TEMP	M	41	40-44M	0.57.37
210	1263	PAUL	JANSEN VAN RENSBURG	TEMP	M	35	35-40M	0.57.46
211	766	PETER	DUFFELL-CANHAM	CRUSADERS A C	M	52	50-54M	0.57.59
212	1278	SARIE	HARMSE	TEMP	F	41	40-44F	0.58.24
213	1926	ALBERT	DE ANDRADE	TEMP	M	46	45-49M	0.58.52
214	1935	ENDEL	STRYDOM	TEMP	M	14	JM	0.59.14
215	1840	ELMARIE	DE VIN	ELITE A C	F	26	SF	0.59.17
216	1229	MAGDA	KRUGER	TEMP	F	46	45-49F	0.59.28
217	932	BEVERLEY	DARLOW	CHARLO A C	F	32	SF	0.59.30
218	1531	RICHARD	MORLEY	PEB PRNT ADIDAS	M	49	45-49M	0.59.31
219	1548	JEAN-MARIE	TALBOT	PEB PRNT ADIDAS	M	41	40-44M	0.59.37
220	2799	NATALIE	WESSELS	TEMP	F	43	40-44F	0.59.41
221	489	RONEL	BENCE	WALMER AC	F	43	40-44F	0.59.49
222	1240	SONJA	TAIT	TEMP	F	47	45-49F	0.59.50
223	1199	INA	MEAKER	TEMP	F	42	40-44F	0.59.55
224	757	PHILIP	NIMAN	CRUSADERS A C	M	49	45-49M	0.59.58
225	727	JAMES	HAY	CRUSADERS A C	M	48	45-49M	0.59.59
226	1255	HANNILI	DREYER	TEMP	F	40	40-44F	1.00.22
227	429	GREGORY	KNARLDEN	HIGH SCHOOLS	M	18	JM	1.00.33
228	202	LOUIS	RUDMAN	ST ALBANS CSEP	M	47	45-49M	1.00.34
229	1556	JANICE	GONZALES	PEB PRNT ADIDAS	F	37	35-40F	1.00.50
230	1313	MARIETA	VAN GREUNEN	TEMP	F	39	35-40F	1.00.54
231	2015	SUZETTE	MEYER	NOKIA ALGOA AC	F	45	45-49F	1.00.54
232	9485	JACQUES	HEYDENRYCH	P.E.A.A.C.	M	18	JM	1.01.15
233	1269	HEIDI	NOTHNAGEL	TEMP	F	29	SF	1.01.16
234	1244	ANTHONY	ROSS	HIGH SCHOOLS	M	18	JM	1.01.31
235	9422	IAN	HELLIWELL	TEMP	M	17	JM	1.01.31
236	1022	HENDRIK	VAN DER KOLF	TEMP	M	45	45-49M	1.01.43
237	1286	GIDEON	SWANEPOEL	TEMP	M	59	55-59M	1.02.07
238	1239	YOLANDE	DE VOS	TEMP	F	29	SF	1.02.15
239	1460	CHRISTEL	SMUTS	HARMONY AC EP	F	27	SF	1.02.16
240	65	JAMES	MOREY	P.E.A.A.C.	M	67	65-69M	1.02.23
241	1984	RONDA	DEYZEL	NOKIA ALGOA AC	F	53	50-54F	1.02.31
242	495	CHARLENE	DE CONING	WALMER AC	F	39	35-40F	1.03.01
243	2287	ORGIA	NELL	MUIRITE STRIDER	F	60	60-64F	1.03.06
244	129	ANNA	POTGIETER	P.E.A.A.C.	F	58	55-59F	1.03.07
245	1223	HOWARD	COLLEN	TEMP	M	40	40-44M	1.03.09
246	1025	MICHELLE	DICKINSON	TEMP	F	42	40-44F	1.03.14
247	1195	TREVLYN	LOTZ	TEMP	F	48	45-49F	1.03.15
248	69	LAURANCE	HEYDENRYCH	P.E.A.A.C.	M	61	60-64M	1.03.27
249	1259	JANETTE	VAN DER KOLF	TEMP	F	44	40-44F	1.03.33
250	924	LIEZEL	WAIT	HARMONY AC EP	F	31	SF	1.03.40
251	2234	BEVERLEY	VILJOEN	HARMONY AC EP	F	33	SF	1.03.42
252	505	LINDA	LABUSCHAGNE	WALMER AC	F	52	50-54F	1.03.47
253	1241	CLARISSA	MURISON	TEMP	F	33	SF	1.03.51
254	1580	HEINRICH	SCHUCK	PEB PRNT ADIDAS	M	56	55-59M	1.04.04
255	1338	GLYNN	SLATER	MR PRICE UPE	F	32	SF	1.04.06

POS	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS
256	1221	SARIE	LOFTIE-EATON	TEMP	F	50	50-54F	1.04.44
257	799	ODETTE	VOSLOO	CRUSADERS A C	F	44	40-44F	1.04.47
258	1756	EILEEN	SCHECKLE	PROCYDIN PETECH	F	43	40-44F	1.04.57
259	1190	RICHARD	GREENE	TEMP	M	49	45-49M	1.04.59
260	1189	EVA	GREENE	TEMP	F	48	45-49F	1.05.00
261	1192	HAYLEY	KILIAN	TEMP	F	41	40-44F	1.05.34
262	2008	SHIRLEEN	CLARKE	NOKIA ALGOA AC	F	41	40-44F	1.05.40
263	9104	PIETER	BOSHOFF	P.E.A.A.C.	M	13	JM	1.05.50
264	1256	ANNIE	VAN DER MERWE	TEMP	F	38	35-40F	1.05.53
265	691	SHELDINE	SEPTOE	LEGACY AC	F	43	40-44F	1.05.54
266	20	BRIAN	SMITH	P.E.A.A.C.	M	61	60-64M	1.05.56
267	9114	DEBBIE	HARMSE	MUIRITE STRIDER	F	16	JF	1.06.11
268	1936	MARKUS	KUNNEKE	BLUEWATER BAY	M	34	SM	1.06.12
269	1254	NEIL	LOUW	TEMP	M	12	JM	1.06.17
270	1252	KYLE	LOUW	TEMP	M	12	JM	1.06.18
271	1261	STEFAN	HUGO	TEMP	M	13	JM	1.06.18
272	2037	ERIKA	STRUWIG	NOKIA ALGOA AC	F	35	35-40F	1.06.22
273	79	VERONICA	BOSHOFF	P.E.A.A.C.	F	43	40-44F	1.06.23
274	1989	DEBBIE	OEOFSE	NOKIA ALGOA AC	F	57	55-59F	1.06.57
275	1220	ZALITA	LE ROUX	TEMP	F	24	SF	1.07.06
276	677	EDNA	POTGIETER	LEGACY AC	F	57	55-59F	1.07.11
277	1573	ANDRIANNE	BLOM	PEB PRNT ADIDAS	F	39	35-40F	1.08.05
278	950	SUE-ANN	BARNARD	CHARLO A C	F	32	SF	1.08.07
279	1771	JOHAN	SERFONTEIN	PROCYDIN PETECH	M	64	60-64M	1.08.43
280	1267	HANNA	MYBURGH	TEMP	F	55	55-59F	1.08.48
281	703	BILL	CORKILL	CRUSADERS A C	M	65	65-69M	1.09.19
282	2053	MELANIE	NEL	NOKIA ALGOA AC	F	49	45-49F	1.09.21
283	2013	RAYMOND	BASHFORD	NOKIA ALGOA AC	M	38	35-40M	1.09.21
284	1276	LYNNE	KUNNEKE	TEMP	F	46	45-49F	1.09.24
285	1316	KAREN	ERASMUS	TEMP	F	28	SF	1.09.55
286	2100	ANDRIES	BOUCHER	NOKIA ALGOA AC	M	55	55-59M	1.09.58
287	683	ZOLEKA	MAZIBUKO	LEGACY AC	F	40	40-44F	1.10.23
288	1545	SANDRE	SHARE	PEB PRNT ADIDAS	F	38	35-40F	1.10.27
289	2016	CAROLINA	JANSE VAN RENSBURG	NOKIA ALGOA AC	F	43	40-44F	1.10.32
290	49	DAISY	STEVENS	P.E.A.A.C.	F	63	60-64F	1.10.43
291	1572	ALETTA	FOURIE	PEB PRNT ADIDAS	F	66	65-69F	1.10.55
292	1274	ILZE	VAN DER WATT	TEMP	F	35	35-40F	1.11.00
293	1127	NELLIE	GOUWS	TEMP	F	53	50-54F	1.11.02
294	2696	RONWYNNE	FOURIE	TEMP	F	41	40-44F	1.11.19
295	1555	RALPH	BOTHA	PEB PRNT ADIDAS	M	66	65-69M	1.11.34
296	1928	HANALIE	ABERCROMBIE	TEMP	M	39	35-40M	1.13.02
297	745	ROY	LAURIE	CRUSADERS A C	M	49	45-49M	1.13.11
298	773	GAYNOR	LAURIE	CRUSADERS A C	F	55	55-59F	1.13.11
299	1253	GIDEON	VAN DER NEST	TEMP	M	47	45-49M	1.13.11
300	1219	WENDY LEE	LYONS	TEMP	F	40	40-44F	1.13.19
301	1107	MILKA	BOSHOFF	ACHILLES AAA	F	50	50-54F	1.13.19
302	305	CAROL	NEPGEN	KOWIE STRIDERS	F	53	50-54F	1.13.41
303	1931	MARY	DANIELS	TEMP	F	49	45-49F	1.13.46
304	1225	LE-ANN	NORRIS	TEMP	F	22	SF	1.16.03
305	73	URZULA	LOMBARD	P.E.A.A.C.	F	50	50-54F	1.16.05
306	1224	LEZELLE	VORSTER	TEMP	F	21	SF	1.16.29
307	2110	CLAUDETTE	ESAU	NOKIA ALGOA AC	F	30	SF	1.16.56
308	986	GLADYS	NASH	CHARLO A C	F	61	60-64F	1.17.02
309	794	JOHN	GEMMELL	CRUSADERS A C	M	54	50-54M	1.17.04
310	1315	HANNELIE	STRYDOM	TEMP	F	35	35-40F	1.17.33
311	1934	DENISE	TERBLANCHE	TEMP	F	56	55-59F	1.17.49
312	1270	RESHAL	POOVAN	ELITE A C	F	37	35-40F	1.18.00
313	9101	DENISKA	CLAASSEN	P.E.A.A.C.	F	12	JF	1.18.18
314	22	RHONA	EMAANDIEN	P.E.A.A.C.	F	34	SF	1.18.25
315	87	LYNETTE	RUDMAN	P.E.A.A.C.	F	32	SF	1.18.42
316	378	LEVONA	KILLIAN	MUIRITE STRIDER	F	40	40-44F	1.18.57
317	379	ANNA	LE ROUX	MUIRITE STRIDER	F	57	55-59F	1.18.58
318	304	JEAN	NEPGEN	KOWIE STRIDERS	M	59	55-59M	1.19.00
319	368	MARINDA	DEVRIES	MUIRITE STRIDER	F	41	40-44F	1.19.54

POS	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS
320	1579	GENEVIEVE	LAYCOCK	PEB PRNT ADIDAS	F	35	35-40F	1.20.03
321	1604	LANA	VAN TAAK	PEB PRNT ADIDAS	F	49	45-49F	1.20.04
322	1248	FERREIRA	STUMKE	TEMP	M	12	JM	1.21.27
323	1282	CARIEN	STUMKE	TEMP	F	42	40-44F	1.21.27
324	82	DIHANNA	CLAASSEN	P.E.A.A.C.	F	46	45-49F	1.21.28
325	1247	MARGAUX	STUMKE	TEMP	F	13	JF	1.21.44
326	9	ANNA	SCHNETLER	P.E.A.A.C.	F	56	55-59F	1.21.45
327	1242	TERSIA	MOSTERT	TEMP	F	49	45-49F	1.21.59
328	1273	DAVID	SANDERSON	TEMP	M	43	40-44M	1.22.17
329	1272	BEVERLEY	SANDERSON	TEMP	F	43	40-44F	1.22.18
330	2800	JANINE	WITHERS	TEMP	F	43	40-44F	1.22.24
331	739	SYLVIA	PRITCHARD	CRUSADERS A C	F	70	70+F	1.23.32
332	91	ELIZE	LAMPRECHT	P.E.A.A.C.	F	50	50-54F	1.24.35
333	1232	RACHELL	WOLMARANS	TEMP	F	70	70+F	1.24.36
334	1409	LYNNE	REYNOLDS	JEFFREYS BAY	F	45	45-49F	1.26.06
335	2012	MAUREEN	DICKASON	NOKIA ALGOA AC	F	48	45-49F	1.26.51
336	1194	MARTY	LINTON	TEMP	F	61	60-64F	1.26.53
337	1021	LEIGH	ARMSTRONG	TEMP	F	35	35-40F	1.26.54
338	9102	MARTIN	PRETORIUS	LEGACY AC	M	16	JM	1.27.26
339	76	ALLEN	SENEKAL	P.E.A.A.C.	M	54	50-54M	1.27.27
340	487	ELEANOR	EVERTON	WALMER AC	F	50	50-54F	1.27.42
341	2212	HESTER	VON SOLMS	WALMER AC	F	51	50-54F	1.27.44
342	1929	SANDRA	JANSE VAN RENSBURG	TEMP	F	31	SF	1.28.50
343	482	ERNA	MOGRIDGE	WALMER AC	F	45	45-49F	1.28.51
344	680	CHRIS	BARRON	LEGACY AC	M	80	70+M	1.32.33
345	1246	ROSALIE	BIDDULPH	TEMP	F	64	60-64F	1.36.02
HELPERS RUN								
H1	860	PIET	MEYER	ELITE A C	M	54	50-54M	0.43.22
H2	868	GERT	HOLTZHAUSEN	ELITE A C	M	29	SM	0.43.57
H3	856	CLIVE	WEWERS	ELITE A C	M	44	40-44M	0.44.00
H4	870	PETER	VAN RENSBURG	ELITE A C	M	45	45-49M	0.44.00
H5	909	SHARON	ZEELIE	ELITE A C	F	33	SF	0.44.54
H6	881	GEORGE	BOTHA	ELITE A C	M	50	50-54M	0.44.54
H7	994	GREGORY	BAUER	CHARLO A C	M	45	45-49M	0.45.53
H8	1953	COLIN	PARKINS	BLUEWATER BAY	M	50	50-54M	0.46.10
H9	864	CLIFFORD	HICKEN	ELITE A C	M	47	45-49M	0.46.13
H10	1010	JAN	VAN EEDEN	HARMONY AC EP	M	46	45-49M	0.46.13
H11	890	ANTON	VON MOLENDORFF	ELITE A C	M	41	40-44M	0.46.41
H12	2141	HEINE	VAN EYK	ELITE A C	M	38	35-40M	0.46.44
H13	897	DESMOND	FOUCHE	ELITE A C	M	38	35-40M	0.46.49
H14	875	JOHAN	FOURIE	ELITE A C	M	49	45-49M	0.46.52
H15	892	JAN	VON MOLLENDORF	ELITE A C	M	58	55-59M	0.46.52
H16	855	LESLEY	WOOD	ELITE A C	F	47	45-49F	0.46.55
H17	2145	MARISA	FERARRIS	ELITE A C	F	33	SF	0.46.59
H18	902	JAKKIE	GERBER	ELITE A C	M	44	40-44M	0.48.47
H19	900	ANDRE	PIENAAR	ELITE A C	M	41	40-44M	0.48.50
H20	853	CLAIRE	NAGEL	ELITE A C	F	40	40-44F	0.51.21
H21	879	SANDRA	LYONS	ELITE A C	F	34	SF	0.51.24
H22	851	ANNA-LIZE	DU PREEZ	ELITE A C	F	36	35-40F	0.53.53
H23	896	ANNEMARIE	FOUCHE	ELITE A C	F	36	35-40F	0.53.53
H24	899	PETRA	PIENAAR	ELITE A C	F	40	40-44F	0.53.53
H25	1605	SANET	NIIT	PEB PRNT ADIDAS	F	35	35-40F	0.53.53
H26	891	ROZELLE	VON MOLENDORFF	ELITE A C	F	40	40-44F	0.54.36
H27	852	CINDY	THOMSON	ELITE A C	F	44	40-44F	0.54.36
H28	2142	ATTIE	ELS	ELITE A C	M	45	45-49M	0.54.36
H29	914	JOHN	HENRY	ELITE A C	M	25	SM	0.56.02
H30	1727	RIAN	STEYN	PROCYDIN PETECH	M	20	SM	0.58.46
H31	2095	CHANTEL	VAN STADEN	NOKIA ALGOA AC	F	20	SF	0.58.57
H32	2065	ARTHUR	WILLIAMS	NOKIA ALGOA AC	M	41	40-44M	0.58.57
H33	9080	MORNE	ALLERS	NOKIA ALGOA AC	M	16	JM	0.59.20
H34	882	MIEMSIE	SWANEPOEL	ELITE A C	F	42	40-44F	0.59.22
H35	906	HELEN	FOURIE	ELITE A C	F	34	SF	0.59.22
H36	905	ANDRE	FOURIE	ELITE A C	M	57	55-59M	0.59.22
H37	2020	CHRIS	BEKKER	NOKIA ALGOA AC	M	51	50-54M	0.59.44

POS	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS
H38	2005	DANIEL	FERREIRA	ELITE A C	M	45	45-49M	0.59.50
H39	880	RINA	BARNARD	ELITE A C	F	50	50-54F	0.59.50
H40	1964	PIERRE	STANDER	ELITE A C	M	40	40-44M	0.59.50
H41	2069	CATHY	ALLERS	NOKIA ALGOA AC	F	42	40-44F	1.00.06
H42	1730	PIETER	STEYN	PROCYDIN PETECH	M	45	45-49M	1.00.42
H43	2004	GERALD	STRUWIG	NOKIA ALGOA AC	M	35	35-40M	1.00.42
H44	1839	AMANDA	DAVIDS	ELITE A C	F	29	SF	1.07.42
H45	886	FREDDIE	MICHAELS	ELITE A C	M	45	45-49M	1.07.42
H46	901	ENID	GERBER	ELITE A C	F	43	40-44F	1.08.43
H47	889	CHARLOTTE	VAN COLLER	ELITE A C	F	36	35-40F	1.08.43
H48	888	ANDRE	VAN COLLER	ELITE A C	M	38	35-40M	1.08.43