

**SPEC SAVERS RIDGE TO RIDGE 15KM - WOODRIDGE COLLEGE - 26/06/04**

<b>POS</b>	<b>LIC NO</b>	<b>NAME</b>	<b>SURNAME</b>	<b>CLUB</b>	<b>SEX</b>	<b>AGE</b>	<b>CAT</b>	<b>HMS</b>
1	2129	AYANDA	PANA	NOKIA ALGOA AC	M	32	SM	0.53.36
2	264	ZUZILE	NYARASHE	CADBURY A C	M	25	SM	0.57.18
3	9113	SONWABO	VENA	NEW BALANCE	M	17	JM	0.57.30
4	446	ADRIAN	GOUWS	NEW BALANCE	M	31	SM	0.57.34
5	21	COLBEN	NGCUPE	P.E.A.A.C.	M	41	40-44M	0.58.03
6	9291	BULELINI	NIWA	P.E.A.A.C.	M	18	JM	1.00.08
7	1356	THEMSILE	BASHE	TEMP	M	25	SM	1.00.45
8	454	NEIL	DE MEILLON	NEW BALANCE	M	41	40-44M	1.01.30
9	9397	THULANI	MDLALO	VWAC	M	19	JM	1.02.26
10	2091	GLADWELL	RUSELO	NOKIA ALGOA AC	M	37	35-40M	1.02.32
11	66	BUYISILE	MAKWELA	P.E.A.A.C.	M	35	35-40M	1.02.56
12	856	CLIVE	WEWERS	ELITE A C	M	44	40-44M	1.03.30
13	1185	MICHAEL	MAGSON	ACHILLES AAA	M	28	SM	1.03.40
14	1567	LLEWELLYN	CLACK	PEB PRNT ADIDAS	M	39	35-40M	1.03.43
15	324	ANDREW	SLAUGHTER	RHODES UNIVERSI	M	28	SM	1.04.15
16	464	ALLEN	MATTOCKS	WALMER AC	M	48	45-49M	1.04.21
17	447	MARK	MULLER	NEW BALANCE	M	29	SM	1.04.22
18	459	EMIL	HOUGAARD	NEW BALANCE	M	40	40-44M	1.04.28
19	1403	GERRIE	HERMANN	JEFFREYS BAY	M	47	45-49M	1.05.16
20	1353	ADRIAN	CLARKE	FIT2000 A C	M	39	35-40M	1.05.28
21	1595	RICARDO	LINDSAY	PEB PRNT ADIDAS	M	21	SM	1.05.33
22	9067	DEWALD	SCHOLTZ	NOKIA ALGOA AC	M	15	JM	1.06.00
23	1222	TRELOAR	CHILDS	MR PRICE UPE	F	41	40-44F	1.06.10
24	425	WILLEM	ENGELBRECHT	HIGH	M	17	JM	1.06.14
25	710	MICHAEL	BARNARDO	CRUSADERS A C	M	37	35-40M	1.06.18
26	1837	RICO	CLOTZ	ELITE A C	M	39	35-40M	1.06.38
27	569	JAYSEF	AHKEE	VWAC	M	20	SM	1.07.01
28	971	JEFFREY	VAN NIEKERK	CHARLO A C	M	31	SM	1.07.07
29	1401	ANDREW	BECKERLING	JEFFREYS BAY	M	42	40-44M	1.07.11
30	1306	GERHARD	LUCK	TEMP	M	45	45-49M	1.07.16
31	1414	BRIAN	MERRINGTON	JEFFREYS BAY	M	57	55-59M	1.07.29
32	1350	CHRISTOPHER	CHRISTIAN	TEMP	M	41	40-44M	1.08.09
33	207	GRAHAM	BUBB	ST ALBANS CSEP	M	36	35-40M	1.08.22
34	574	LOYISO	MTYA	VWAC	M	26	SM	1.09.49
35	1304	WARREN	DICKSON	TEMP	M	29	SM	1.09.59
36	1156	BRUCE	MCEWAN	ACHILLES AAA	M	50	50-54M	1.10.04
37	1303	FRANS	NIEWOUDT	TEMP	M	29	SM	1.10.11
38	1321	LEONARD	BLOM	TEMP	M	45	45-49M	1.10.19
39	864	CLIFFORD	HICKEN	ELITE A C	M	47	45-49M	1.10.30
40	1350	MARIETTE	HATTINGH	MR PRICE UPE	F	38	35-40F	1.10.48
41	1354	HANNES	ELS	FIT2000 A C	M	54	50-54M	1.10.50
42	1349	TREVOR	CARTER	TEMP	M	37	35-40M	1.11.00
43	1325	SEAN	SHARP	TEMP	M	28	SM	1.11.07
44	2031	HELGARD	POTGIETER	NOKIA ALGOA AC	M	32	SM	1.11.25
45	1300	RUSSELL	WEYER	TEMP	M	29	SM	1.11.41
46	1323	DANIEL	DU TOIT	TEMP	M	16	JM	1.11.57
47	870	PETER	VAN RENSBURG	ELITE A C	M	46	45-49M	1.12.16
48	1327	MICHAEL	PEGRAM	TEMP	M	15	JM	1.12.32
49	1950	LEON	KILIAN	BLUEWATER BAY	M	60	60-64M	1.13.08
50	2065	ARTHUR	WILLIAMS	NOKIA ALGOA AC	M	41	40-44M	1.13.14
51	2432	THEMBINKOSI	SINGQOTO	HARMONY AC EP	M	27	SM	1.13.16
52	860	PIET	MEYER	ELITE A C	M	54	50-54M	1.13.21
53	996	GAVIN	VAN VLIET	CHARLO A C	M	47	45-49M	1.13.23
54	1474	HERMAN	VAN JAARVELDT	HARMONY AC EP	M	45	45-49M	1.13.25
55	434	CHRISTIE	VAN LOGGERENBERG	ABERDARE CABLES	M	48	45-49M	1.13.27
56	1909	WIMPIE	HERBST	BLUEWATER BAY	M	42	40-44M	1.13.32
57	1010	JAN	VAN EEDEN	HARMONY AC EP	M	46	45-49M	1.13.58
58	1312	DARRYL	BAGLEY	HARMONY EP	M	29	SM	1.13.59
59	1292	MORNE	HENNING	TEMP	M	32	SM	1.14.17
60	2063	DANIEL	PIETERSE	NOKIA ALGOA AC	M	41	40-44M	1.14.28
61	2388	ROBERT	RIETMULLER	P.E.A.A.C.	M	48	45-49M	1.14.29
62	2072	CHRISTOPHER	COCKCROFT	NOKIA ALGOA AC	M	48	45-49M	1.14.35
63	855	LESLEY	WOOD	ELITE A C	F	47	45-49F	1.14.38

POS	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS
64	1953	COLIN	PARKINS	BLUEWATER BAY	M	50	50-54M	1.14.38
65	722	BARON	NAUDE	CRUSADERS A C	M	26	SM	1.14.39
66	598	DENZIL	SMITH	X-CEL A C	M	44	40-44M	1.14.51
67	570	GRANT	OLIVIER	VWAC	M	24	SM	1.15.24
68	1995	PAUL	STEFFENS	NOKIA ALGOA AC	M	52	50-54M	1.15.29
69	36	MICHAEL	COLLINS	P.E.A.A.C.	M	65	65-69M	1.15.55
70	824	STEPHEN	PENNEY	ALBANY R R	M	30	SM	1.16.12
71	2141	HEINE	VAN EYK	ELITE A C	M	38	35-40M	1.16.20
72	9099	CHARLES	GOLDSWAIN	P.E.A.A.C.	M	19	SM	1.16.40
73	1399	BRIAN	HEUKELMAN	JEFFREYS BAY	M	50	50-54M	1.16.41
74	1110	DAVERA	MAGSON	ACHILLES AAA	F	29	SF	1.16.55
75	1314	DAVID	ENSLIN	MR PRICE UPE	M	46	45-49M	1.17.00
76	2004	GERALD	STRUWIG	NOKIA ALGOA AC	M	35	35-40M	1.17.21
77	1302	WARREN	BARBER	TEMP	M	29	SM	1.17.21
78	543	GRANT	FORBES	VWAC	M	35	35-40M	1.17.53
79	828	JOHN	HAYDOCK	ALBANY R R	M	60	60-64M	1.18.00
80	1973	ADELE	NEL	NOKIA ALGOA AC	F	31	SF	1.18.06
81	2103	JOHAN	NEL	NOKIA ALGOA AC	M	37	35-40M	1.18.21
82	9409	GIDEON	VAN DER KOLF	HIGH SCHOOLS	M	16	JM	1.18.48
83	761	MICHAEL	KINGSTON	CRUSADERS A C	M	31	SM	1.19.08
84	1293	PHILLIP	MABHULA	TEMP	M	41	40-44M	1.19.23
85	1217	ERNEST	KAPP	MR PRICE UPE	M	45	45-49M	1.19.49
86	248	GERRIT	WELGEMOED	ST ALBANS CSEP	M	40	40-44M	1.19.57
87	2074	GUSTAV	GRASMAN	NOKIA ALGOA AC	M	43	40-44M	1.20.21
88	779	SEAN	WRIGHT	CRUSADERS A C	M	39	35-40M	1.20.22
89	920	WILLEM	DAFEL	ELITE A C	M	36	35-40M	1.20.38
90	2145	MARISA	FERARRIS	ELITE A C	F	33	SF	1.20.39
91	853	CLAIRE	NAGEL	ELITE A C	F	40	40-44F	1.20.44
92	892	JAN	VON MOLLENDORF	ELITE A C	M	58	55-59M	1.20.54
93	778	JULIE	TAUNTON	CRUSADERS A C	F	44	40-44F	1.21.03
94	1174	PAULETTE	FRASER	ACHILLES AAA	F	39	35-40F	1.21.05
95	879	SANDRA	LYONS	ELITE A C	F	34	SF	1.21.13
96	2033	PIERRE	SCHEFFER	NOKIA ALGOA AC	M	49	45-49M	1.21.38
97	1352	RICHARD	SHARWOOD	TEMP	M	34	SM	1.21.43
98	1351	ALEC	RIDDLE	TEMP	M	43	40-44M	1.21.44
99	435	BUYILE	PETROS	ABERDARE CABLES	M	52	50-54M	1.22.03
100	690	JOHN	FACEY	LEGACY AC	M	46	45-49M	1.22.04
101	1404	NICO	BLAKE	JEFFREYS BAY	M	42	40-44M	1.22.04
102	119	MARK	VAN DER WALT	P.E.A.A.C.	M	42	40-44M	1.22.10
103	991	CARL	WHEELER	HAMS TECH A C	M	37	35-40M	1.22.13
104	1597	SIPHO	MSOMI	PEB PRNT ADIDAS	M	30	SM	1.22.35
105	686	EDDIE	NEL	LEGACY AC	M	32	SM	1.22.36
106	1499	NEREDA	KAPP	HARMONY AC EP	F	36	35-40F	1.22.45
107	1529	JOHN	PEO	HARMONY AC EP	M	55	55-59M	1.22.46
108	1559	JACQUES	VAN ROOYEN	PEB PRNT ADIDAS	M	30	SM	1.23.02
109	1101	GERALD	BOUWER	ACHILLES AAA	M	61	60-64M	1.23.28
110	1301	LES	KINGMA	TEMP	M	48	45-49M	1.23.29
111	685	ANNELIE	NEL	LEGACY AC	F	29	SF	1.23.29
112	696	LINDY	ALLEN	LEGACY AC	F	27	SF	1.23.30
113	1934	STEPHEN	COETZEE	BLUEWATER BAY	M	48	45-49M	1.23.40
114	1179	PETER	POHLMANN	ACHILLES AAA	M	40	40-44M	1.23.42
115	1196	JOHAN	BARNARD	MR PRICE UPE	M	49	45-49M	1.23.43
116	1588	DEBBIE	BEAUZEC	PEB PRNT ADIDAS	F	30	SF	1.23.56
117	700	HILTON	WAIT	LEGACY AC	M	22	SM	1.24.01
118	1432	SARIEN	VILJOEN	JEFFREYS BAY	F	47	45-49F	1.24.26
119	915	JOHANN	DORFLING	ELITE A C	M	46	45-49M	1.24.36
120	1281	MICHAEL	SLATER	MR PRICE UPE	M	33	SM	1.24.40
121	902	JAKKIE	GERBER	ELITE A C	M	44	40-44M	1.24.41
122	888	ANDRE	VAN COLLER	ELITE A C	M	38	35-40M	1.24.42
123	539	JOHANNA	PRINS	P.E.A.A.C.	F	27	SF	1.24.42
124	1686	ALASTAIR	RODGER	RAND ATHLETIC C	M	57	55-59M	1.25.00
125	1353	ROWLAND	JONES	TEMP	M	37	35-40M	1.25.04
126	2295	ARNOLD	RAS	MUIRITE STRIDER	M	42	40-44M	1.25.15
127	788	ANDREW	DEALTRY	CRUSADERS A C	M	48	45-49M	1.25.24

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128	22	RHONA	EMAANDIEN	P.E.A.A.C.	F	34	SF	1.25.27
129	1397	ANNE	DE SWARDT	JEFFREYS BAY	F	35	35-40F	1.25.28
130	822	TERRI-LYNN	PENNEY	ALBANY R R	F	27	SF	1.25.31
131	457	ROLF	KORDES	NEW BALANCE	M	63	60-64M	1.25.32
132	725	GRAHAM	ELBOURNE	CRUSADERS A C	M	52	50-54M	1.25.35
133	1328	IAIN	MAUGHAN-BROWN	TEMP	M	16	JM	1.25.39
134	1298	HERMAN	VAN LAAR	TEMP	M	46	45-49M	1.25.43
135	1358	HERMIE	FISHER	FIT2000 A C	F	36	35-40F	1.25.44
136	1377	TALITA	ODENDAAL	FIT2000 A C	F	37	35-40F	1.25.54
137	1348	LINETTE	JANSE VAN RENSBURG	TEMP	F	30	SF	1.25.55
138	1692	DEON	ACKERMAN	NEW BALANCE	M	35	35-40M	1.26.01
139	1356	ALLAN	BRIDGETT	FIT2000 A C	M	36	35-40M	1.26.06
140	1355	JOS	ELS	FIT2000 A C	F	52	50-54F	1.26.17
141	771	VIV	BULLOCK	CRUSADERS A C	F	37	35-40F	1.26.22
142	1563	PAUL	GELDENHUYS	PEB PRNT ADIDAS	M	49	45-49M	1.26.34
143	1298	LIZELLE	BARNARD	PEB PRNT ADIDAS	F	21	SF	1.26.38
144	1454	EUGENE	MULDER	HARMONY AC EP	M	58	55-59M	1.26.41
145	1308	STUART	BROWNING	TEMP	M	43	40-44M	1.27.04
146	374	LIZ	GRUNDLINGH	MUIRITE STRIDER	F	57	55-59F	1.27.07
147	900	ANDRE	PIENAAR	ELITE A C	M	41	40-44M	1.27.28
148	1307	TRACEY	ALMIRALL	TEMP	F	23	SF	1.27.29
149	793	BOBBY	BULLOCK	CRUSADERS A C	M	52	50-54M	1.28.05
150	1369	MONICA	KEMP	FIT2000 A C	F	48	45-49F	1.28.40
151	1357	BASIL	MC LEAN	FIT2000 A C	M	45	45-49M	1.28.41
152	1939	ADELE	VAN DE VENTER	BLUEWATER BAY	F	36	35-40F	1.28.44
153	753	JOHN	MARTIN	CRUSADERS A C	M	70	70+M	1.28.45
154	1334	RICHARD	ANDRADE	TEMP	M	43	40-44M	1.28.56
155	1164	JOHN	KOTZE	ACHILLES AAA	M	53	50-54M	1.28.57
156	1965	WILMA	STANDER	NOKIA ALGOA AC	F	39	35-40F	1.29.03
157	206	RONALD	STURGISS	ST ALBANS CSEP	M	38	35-40M	1.29.04
158	375	CLAYTON	HISCOCK	MUIRITE STRIDER	M	34	SM	1.29.21
159	218	ANDRE	LANDMAN	ST ALBANS CSEP	M	51	50-54M	1.29.26
160	215	THERESA	MATTHYSEN	ST ALBANS CSEP	F	36	35-40F	1.29.27
161	1727	RIAN	STEYN	PROCYDIN PETECH	M	20	SM	1.29.29
162	1777	JONATHAN	HAYLOCK-LYONS	PROCYDIN PETECH	M	28	SM	1.29.30
163	737	ROSEMARY	ROBINSON	CRUSADERS A C	F	43	40-44F	1.29.43
164	765	DAVID	WATSON	CRUSADERS A C	M	30	SM	1.29.43
165	1458	HERMAN	DEKKER	HARMONY AC EP	M	59	55-59M	1.29.44
166	1354	TARA	BECKERLING	TEMP	F	17	JF	1.29.44
167	1114	GAIL	KLICHOWICZ	ACHILLES AAA	F	37	35-40F	1.29.45
168	93	LANCE	SHORTT	P.E.A.A.C.	M	53	50-54M	1.29.46
169	1914	FRANCOIS	SMITH	BLUEWATER BAY	M	38	35-40M	1.29.48
170	1126	TOM	D'ARCY	ACHILLES AAA	M	58	55-59M	1.29.52
171	709	GILLIAN	DEALTRY	CRUSADERS A C	F	45	45-49F	1.30.03
172	1141	HEIDI	JANSEN	ACHILLES AAA	F	37	35-40F	1.30.09
173	1181	MIKE	WEBB	ACHILLES AAA	M	44	40-44M	1.30.10
174	916	DAVID	GALLANT	ELITE A C	M	50	50-54M	1.30.22
175	899	PETRA	PIENAAR	ELITE A C	F	40	40-44F	1.30.49
176	774	DERICK	VOSLOO	CRUSADERS A C	M	49	45-49M	1.30.54
177	746	MALCOLM	KINGHORN	CRUSADERS A C	M	58	55-59M	1.31.28
178	1347	WARREN	WILSON	TEMP	M	18	JM	1.31.52
179	2020	CHRIS	BEKKER	NOKIA ALGOA AC	M	51	50-54M	1.31.39
180	121	HILTON	JOHNSON	P.E.A.A.C.	M	36	35-40M	1.31.40
181	9066	MARLENE	SCHOLTZ	NOKIA ALGOA AC	F	18	JF	1.31.55
182	1968	LAETITIA	SMITH	NOKIA ALGOA AC	F	35	35-40F	1.31.56
183	1992	CYNTHIA	VAN DER MESCHT	NOKIA ALGOA AC	F	38	35-40F	1.32.09
184	369	MARK	EDMEADES	MUIRITE STRIDER	M	35	35-40M	1.32.29
185	2324	CARLOS	COSTA	LEGACY AC	M	32	SM	1.32.36
186	597	INGRID	DE MONK	X-CEL A C	F	37	35-40F	1.32.55
187	489	RONEL	BENCE	WALMER AC	F	43	40-44F	1.33.05
188	1982	LOUWRENS	BASSON	NOKIA ALGOA AC	M	42	40-44M	1.33.07
189	1009	MARCELLE	HARRAN	BODY CONCEPT	F	49	45-49F	1.33.25
190	1317	RENIER	KLUE	TEMP	M	18	JM	1.33.50
191	1318	JAN	KLUE	TEMP	M	45	45-49M	1.33.51

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192	1324	MARI	JANSE VAN RENSBURG	TEMP	F	18	JF	1.34.27
193	1265	SEVERIUS	JANSE VAN RENSBURG	MR PRICE UPE	M	51	50-54M	1.34.28
194	3	AUDIE	CLAASSEN	P.E.A.A.C.	M	52	50-54M	1.34.48
195	313	DEBORAH	PATRICK	RHODES UNIVERSI	F	25	SF	1.34.52
196	1109	SUSAN	BAYLIS	ACHILLES AAA	F	45	45-49F	1.35.02
197	1145	KEITH	BAYLIS	ACHILLES AAA	M	46	45-49M	1.35.03
198	1326	AALTJIE	SNOEK	TEMP	F	22	SF	1.35.38
199	2090	TERTIA	COETZEE	NOKIA ALGOA AC	F	44	40-44F	1.35.42
200	676	DONALD	FLYNN	LEGACY AC	M	66	65-69M	1.35.58
201	2101	EUGENE	POTGIETER	NOKIA ALGOA AC	M	58	55-59M	1.36.06
202	1345	KIERIE	SLABBERT	TEMP	M	57	55-59M	1.36.07
203	726	ROBIN	ELBOURNE	CRUSADERS A C	F	46	45-49F	1.36.21
204	1332	PIETER	SENEKAL	TEMP	M	43	40-44M	1.36.37
205	1329	JULIA	MCCULLOCH	TEMP	F	24	SF	1.36.41
206	648	MICHAEL	WILSON	KNYSNA M C	M	43	40-44M	1.36.46
207	1840	ELMARIE	DE VIN	ELITE A C	F	26	SF	1.36.55
208	705	JACKIE	BARNARDO	CRUSADERS A C	M	36	35-40M	1.36.56
209	1106	BRIAN	JAMES	ACHILLES AAA	M	44	40-44M	1.36.57
210	766	PETER	DUFFELL-CANHAM	CRUSADERS A C	M	52	50-54M	1.36.57
211	1505	HESTER	DEKKER	HARMONY AC EP	F	32	SF	1.37.15
212	1470	MICHAEL	DEKKER	HARMONY AC EP	M	31	SM	1.37.16
213	472	ALAN	PENNEY	WALMER AC	M	57	55-59M	1.37.17
214	1310	TRACY	SCOTT	TEMP	F	32	SF	1.37.17
215	1309	LINDSAY	BROWN	TEMP	M	37	35-40M	1.37.18
216	1126	NICOLE	ROCKCLIFFE	QUEENSTOWN HARR	F	26	SF	1.37.25
217	1139	GRAHAM	NELL	ACHILLES AAA	M	53	50-54M	1.38.02
218	1151	LIZ	AUSTIN	ACHILLES AAA	F	45	45-49F	1.38.03
219	1305	MBULELO	SOBIKWA	TEMP	M	50	50-54M	1.38.15
220	1926	JANINE	BARNARD	BLUEWATER BAY	F	37	35-40F	1.38.17
221	1135	MOF	BOTHA	ACHILLES AAA	M	48	45-49M	1.38.18
222	1311	DALEN	DAVIDSON	TEMP	M	31	SM	1.38.24
223	1691	ELIZABETH	ACKERMAN	NEW BALANCE	F	36	35-40F	1.38.31
224	2005	DANIEL	FERREIRA	ELITE A C	M	45	45-49M	1.38.42
225	880	RINA	BARNARD	ELITE A C	F	50	50-54F	1.38.43
226	777	COLIN	MC ALL	CRUSADERS A C	M	54	50-54M	1.39.03
227	724	CRAIG	JESSOP	CRUSADERS A C	M	34	SM	1.39.04
228	1312	MAGDA	KRUGER	TEMP	M	46	45-49M	1.39.34
229	702	PETER	NEWTON	CRUSADERS A C	M	46	45-49M	1.39.42
230	701	SELWYN	SOLOMON	CRUSADERS A C	M	66	65-69M	1.39.43
231	740	NEALE	EMSLIE	CRUSADERS A C	M	45	45-49M	1.39.43
232	861	JAN	MEIRING	ELITE A C	M	36	35-40M	1.39.55
233	896	ANNEMARIE	FOUCHE	ELITE A C	F	36	35-40F	1.39.57
234	1985	GERT	DEYZEL	NOKIA ALGOA AC	M	54	50-54M	1.40.04
235	1333	ALBERT	DE ANDRADE	TEMP	M	46	45-49M	1.40.17
236	758	COLIN	MURRAY	CRUSADERS A C	M	49	45-49M	1.40.17
237	2017	WILLIAM	GERBER	NOKIA ALGOA AC	M	38	35-40M	1.41.37
238	79	VERONICA	BOSHOFF	P.E.A.A.C.	F	43	40-44F	1.42.57
239	1288	HEATHER	DAVIES	TEMP	F	55	55-59F	1.43.01
240	1299	NATALIE	WESSELS	TEMP	F	43	40-44F	1.43.51
241	1289	TERRY	DAVIES	TEMP	M	55	55-59M	1.43.55
242	1294	INA	MEAKER	TEMP	F	42	40-44F	1.44.11
243	2015	SUZETTE	MEYER	NOKIA ALGOA AC	F	45	45-49F	1.44.14
244	370	LUKAS	ELS	MUIRITE STRIDER	M	34	SM	1.44.16
245	1625	ESTELLE	BURGER	PEB PRNT ADIDAS	F	46	45-49F	1.44.52
246	1346	PAULETTE	JORDAAN	TEMP	F	46	45-49F	1.45.38
247	1936	MARKUS	KUNNEKE	BLUEWATER BAY	M	34	SM	1.46.14
248	129	ANNA	POTGIETER	P.E.A.A.C.	F	58	55-59F	1.46.40
249	373	NEIL	GROBLER	MUIRITE STRIDER	M	44	40-44M	1.46.41
250	1415	MIENTJIE	OLIVIER	JEFFREYS BAY	F	47	45-49F	1.46.48
251	1118	RODNEY	MAGGOTT	ACHILLES AAA	M	46	45-49M	1.48.23
252	1165	LESLEY	MAGGOTT	ACHILLES AAA	F	37	35-40F	1.48.24
253	1989	DEBBIE	OELOFSE	NOKIA ALGOA AC	F	57	55-59F	1.51.00
254	1756	EILEEN	SCHECKLE	PROCYDIN PETECH	F	43	40-44F	1.51.48
255	202	LOUIS	RUDMAN	ST ALBANS CSEP	M	47	45-49M	1.51.57

POS	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS
256	1319	JO-ANNE	KILIAN	TEMP	F	34	SF	1.52.40
257	1290	YOLANDE	DE VOS	TEMP	F	29	SF	1.53.02
258	998	ROBERT	GALLOWAY	CHARLO A C	M	53	50-54M	1.53.09
259	1355	ALSLIAEG	BECKERLING	TEMP	F	41	40-44F	1.53.25
260	1836	MARIAAN	LANDMAN	ELITE A C	F	39	35-40F	1.53.41
261	691	SHELDINE	SEPTOE	LEGACY AC	F	43	40-44F	1.54.42
262	677	EDNA	POTGIETER	LEGACY AC	F	57	55-59F	1.55.21
263	2037	ERIKA	STRUWIG	NOKIA ALGOA AC	F	35	35-40F	1.55.45
264	799	ODETTE	VOSLOO	CRUSADERS A C	F	44	40-44F	1.55.48
265	20	BRIAN	SMITH	P.E.A.A.C.	M	61	60-64M	1.56.09
266	683	ZOLEKA	MAZIBUKO	LEGACY AC	F	41	40-44F	1.57.08
267	2053	MELANIE	NEL	NOKIA ALGOA AC	F	49	45-49F	1.57.40
268	2013	RAYMOND	BASHFORD	NOKIA ALGOA AC	M	38	35-40M	1.57.41
269	305	CAROL	NEPGEN	KOWIE STRIDERS	F	53	50-54F	1.57.53
270	1420	JAKKIE	VAN NIEKERK	JEFFREYS BAY	F	52	50-54F	1.58.06
271	1406	MAUREEN	GIBSON	JEFFREYS BAY	F	58	55-59F	1.58.50
272	649	BEVERLEY	WILSON	KNYSNA M C	F	43	40-44F	2.01.54
273	1402	MARLENE	BEZUIDENHOUT	JEFFREYS BAY	F	53	50-54F	2.01.54
274	2071	LYNN	GERBER	NOKIA ALGOA AC	F	30	SF	2.02.20
275	1621	CARL	BURGER	PEB PRNT ADIDAS	M	56	55-59M	2.03.04
276	2119	ANEL	FERREIRA	NOKIA ALGOA AC	F	28	SF	2.03.19
277	1320	MARGARET	DU PLESSIS	TEMP	F	43	40-44F	2.03.20
278	1330	LYNETTE	KEMP	TEMP	F	49	45-49F	2.04.15
279	1291	CORNE	ERASMUS	TEMP	M	50	50-54M	2.05.06
280	1981	ANNELIE	BOTHA	NOKIA ALGOA AC	F	40	40-44F	2.06.41
281	304	JEAN	NEPGEN	KOWIE STRIDERS	M	59	55-59M	2.07.28
282	986	GLADYS	NASH	CHARLO A C	F	61	60-64F	2.08.29
283	2104	ELSEBE	TERBLANCHE	NOKIA ALGOA AC	F	37	35-40F	2.10.04
284	1297	DAVID	SANDERSON	TEMP	M	43	40-44M	2.10.11
285	1296	BEVERLEY	SANDERSON	TEMP	M	43	40-44M	2.10.12
286	82	DIHANNA	CLAASSEN	P.E.A.A.C.	F	46	45-49F	2.15.39
287	87	LYNETTE	RUDMAN	P.E.A.A.C.	F	32	SF	2.15.40
288	2012	MAUREEN	DICKASON	NOKIA ALGOA AC	F	48	45-49F	2.16.29
289	134	MARIAAN	VAN TONDER	P.E.A.A.C.	F	67	65-69F	2.19.53
290	208	ANNA	WELGEMOED	ST ALBANS CSEP	F	35	35-40F	2.20.11
<b>HELPERS RUN</b>								
H1	2001	DAVE	CATO	TEMP	M	44	40-44M	1.08.50
H2	1624	SAM	ERASMUS	PEB PRNT ADIDAS	M	46	45-49M	1.10.45
H3	1540	CHERYL	JUCKER	PEB PRNT ADIDAS	F	46	45-49F	1.24.04
H4	1615	MARIUS	ZEELIE	PEB PRNT ADIDAS	M	39	35-40M	1.33.58
H5	1534	CISCO	STRYDOM	PEB PRNT ADIDAS	M	34	SM	1.33.58
H6	2003	GWYNNE	ARLOW	TEMP	M	44	40-44M	1.35.00
H7	2430	ALEX	SEMALE	PEB PRNT ADIDAS	M	35	35-40M	1.43.35
H8	2002	HELGA	CATO	TEMP	F	44	40-44F	1.43.58
H9	1612	KOSIMA	BUSING-ANDERSON	PEB PRNT ADIDAS	F	27	SF	1.46.20
H10	1580	HEINRICH	SCHUCK	PEB PRNT ADIDAS	M	56	55-59M	1.51.34
H11	1547	LYN	SYMONS	PEB PRNT ADIDAS	F	58	55-59F	1.51.34
H12	1556	JANICE	GONZALES	PEB PRNT ADIDAS	F	37	35-40F	1.53.30
H13	1610	SONJA	SASS	PEB PRNT ADIDAS	F	35	35-40F	1.53.30
H14	1581	HELEN	SCHUCK	PEB PRNT ADIDAS	F	47	45-49F	1.54.20
H15	1554	MAUREEN	ROGERS	PEB PRNT ADIDAS	F	47	45-49F	1.58.06