

CAPE TRUSS HEARTBREAK HILL 21.1KM - PORT ELIZABETH - 2004/07/03

POS	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
1	670	SIMPHIWE	NTANTISO	LIBNIKE	M	33	SM	1.07.29	5	25
2	657	GEORGE	NTSHILIZA	LIBNIKE	M	24	SM	1.07.49	5	24
3	2176	WAYNE	GALLANT	HARMONY AC EP	M	30	SM	1.08.03	5	23
4	664	SIMON	NGCOKO	LIBNIKE	M	34	SM	1.08.13	5	22
5	1153	ISAAC	NTLAPE	ACHILLES AAA	M	20	SM	1.09.15	5	21
6	1198	SANDILE	NGUNUZA	LIBNIKE	M	21	SM	1.09.20	5	20
7	661	MILA	PASIYA	LIBNIKE	M	24	SM	1.09.54	5	19
8	671	LAWRENCE	NTANTISO	LIBNIKE	M	28	SM	1.09.55	5	18
9	1363	THOMAS	PONGOLO	TEMP	M	26	SM	1.10.05	0	0
10	2202	LUYANDA	TSHANGANA	HARMONY AC EP	M	21	SM	1.10.44	5	17
11	2129	AYANDA	PANA	NOKIA ALGOA AC	M	32	SM	1.10.58	5	16
12	858	RICARDO	PLAATJIES	ELITE A C	M	21	SM	1.10.59	5	15
13	1325	KELLY	SOYAMBA	MR PRICE UPE	M	26	SM	1.11.40	5	14
14	673	DESMOND	WITBOOI	NOKIA ALGOA AC	M	31	SM	1.11.47	5	13
15	1267	AYANDA	MAYI	MR PRICE UPE	M	25	SM	1.11.50	5	12
16	663	MKHULULI	MBEJENI	LIBNIKE	M	21	SM	1.12.35	5	11
17	409	MPUMELELO	NDLUMBINI	ABERDARE CABLES	M	29	SM	1.14.26	5	10
18	1261	LUVUYO	STEPHEN	MR PRICE UPE	M	34	SM	1.14.41	5	9
19	2205	KHAYA	YONA	HARMONY AC EP	M	25	SM	1.14.55	5	8
20	507	KHAYALETHU	MAKALIMA	LIBNIKE	M	20	SM	1.14.57	5	7
21	672	DESMOND	ZIBI	LIBNIKE	M	40	40-44M	1.15.21	5	6
22	2009	ALFRED	QOGI	NOKIA ALGOA AC	M	30	SM	1.15.25	5	5
23	448	DARRELL	WICHT	NEW BALANCE	M	41	40-44M	1.16.26	5	4
24	2108	WELCOME	LOLIWE	NOKIA ALGOA AC	M	39	35-40M	1.16.34	5	3
25	2178	THOBILE	XATA	HARMONY AC EP	M	29	SM	1.16.52	5	2
26	1194	KENNETH	MENZE	MR PRICE UPE	M	42	40-44M	1.16.53	5	1
27	2116	NDUMISO	MATCHES	NOKIA ALGOA AC	M	31	SM	1.16.58	5	0
28	21	COLBEN	NGCUPE	P.E.A.A.C.	M	41	40-44M	1.17.13	5	0
29	655	TRESH	JAVU	LIBNIKE	M	31	SM	1.17.14	5	0
30	653	SIMPHIWE	TAMBO	LIBNIKE	M	20	SM	1.18.14	5	0
31	2087	SIDWELL	BALIWE	NOKIA ALGOA AC	M	32	SM	1.18.58	5	0
32	2098	ZOLA	BOOI	NOKIA ALGOA AC	M	27	SM	1.19.22	4	0
33	264	ZUZILE	NYARASHE	CADBURY A C	M	25	SM	1.19.39	4	0
34	2219	CHARLES	BAATJIES	HARMONY AC EP	M	47	45-49M	1.19.45	5	0
35	1266	MNCEDISI	YAWA	MR PRICE UPE	M	39	35-40M	1.19.52	5	0
36	1533	STEVEN	FANELLA	NOKIA ALGOA AC	M	41	40-44M	1.20.26	5	0
37	1741	PIET	BOESAK	PROCYDIN PETECH	M	40	40-44M	1.20.49	5	0
38	2177	THEMBEKILE	MSIPA	HARMONY AC EP	M	29	SM	1.21.09	4	0
39	656	LUVUYO	MAVIKELA	LIBNIKE	M	28	SM	1.21.29	4	0
40	1658	VERNON	NEWFELDT	WILLARD BATT	M	38	35-40M	1.21.30	4	0
41	868	GERT	HOLTZHAUSEN	ELITE A C	M	29	SM	1.22.00	4	0
42	660	MOYISILE	WANA	LIBNIKE	M	32	SM	1.22.01	4	0
43	674	MASIXOLE	DLAKU	LIBNIKE	M	25	SM	1.22.03	4	0
44	1709	THOZAMILE	BOKOLO	PROCYDIN PETECH	M	42	40-44M	1.22.37	5	0
45	9133	NTSIKELELO	SEBE	ABERDARE CABLES	M	19	SM	1.22.49	4	0
46	250	JOHANNES	JONCK	ST ALBANS CSEP	M	31	SM	1.22.52	4	0
47	1226	PATRICK	KLAAS	MR PRICE UPE	M	40	40-44M	1.22.54	5	0
48	669	FIKILE	SEYA	LIBNIKE	M	51	50-54M	1.22.56	5	0
49	1656	KAASHIF	PIETERSEN	WILLARD BATT	M	27	SM	1.23.46	3	0
50	2240	DEON	APPOLLIS	HARMONY AC EP	M	25	SM	1.23.54	3	0
51	1994	ASHLEY	VAN DER WATT	NOKIA ALGOA AC	M	39	35-40M	1.23.54	4	0
52	1032	JACOB	ABRAHAM	BODY CONCEPT	M	37	35-40M	1.23.59	4	0
53	1999	FERDINAND	GROBLER	NOKIA ALGOA AC	M	46	45-49M	1.24.05	5	0
54	667	TAMSANQA	JUSAYI	LIBNIKE	M	62	60-64M	1.24.10	5	0
55	454	NEIL	DE MEILLON	NEW BALANCE	M	41	40-44M	1.24.20	4	0
56	1646	MERVYN	JOHNSON	WILLARD BATT	M	30	SM	1.25.06	3	0
57	1353	ADRIAN	CLARKE	FIT2000 A C	M	39	35-40M	1.25.17	4	0
58	1497	DANNY	HARTZENBERG	HARMONY AC EP	M	27	SM	1.25.31	3	0
59	407	HAMILTON	MAZOMBA	ABERDARE CABLES	M	50	50-54M	1.26.05	5	0
60	2169	LUZUKO	ZATHU	HARMONY AC EP	M	22	SM	1.26.16	3	0
61	1456	AUGUST	ESAU	HARMONY AC EP	M	33	SM	1.26.22	3	0
62	66	BUYISILE	MAKWELA	P.E.A.A.C.	M	35	35-40M	1.26.26	3	0
63	1990	HENDRIK	VAN WYK	NOKIA ALGOA AC	M	40	40-44M	1.26.32	4	0
64	1602	RIAN	KOCK	PEB PRNT ADIDAS	M	34	SM	1.26.47	3	0
65	464	ALLEN	MATTOCKS	WALMER AC	M	48	45-49M	1.26.51	5	0
66	1641	SIZINZO	KAMA	HARMONY AC EP	M	52	50-54M	1.26.58	5	0
67	1185	MICHAEL	MAGSON	ACHILLES AAA	M	28	SM	1.27.54	3	0
68	1567	LLEWELLYN	CLACK	PEB PRNT ADIDAS	M	39	35-40M	1.28.19	3	0
69	1624	SAM	ERASMUS	PEB PRNT ADIDAS	M	46	45-49M	1.28.19	4	0
70	856	CLIVE	WEWERS	ELITE A C	M	44	40-44M	1.28.27	3	0

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71	88	U-VIWE	MBELEKANE	P.E.A.A.C.	M	20	SM	1.28.43	3	0
72	207	GRAHAM	BUBB	ST ALBANS CSEP	M	36	35-40M	1.28.55	3	0
73	911	WYNAND	DE GOEDE	ELITE A C	M	28	SM	1.28.55	3	0
74	1606	MBONGENI	NOBUMBA	PEB PRNT ADIDAS	M	29	SM	1.28.56	3	0
75	1259	GEORGE	BUKA	MR PRICE UPE	M	34	SM	1.29.01	3	0
76	64	PHILBERT	TYOMBO	P.E.A.A.C.	M	41	40-44M	1.29.13	3	0
77	897	DESMOND	FOUCHE	ELITE A C	M	38	35-40M	1.29.16	3	0
78	1156	BRUCE	MCEWAN	ACHILLES AAA	M	50	50-54M	1.30.08	5	0
79	536	CHRISTOPHER	CHRISTIAN	LEGACY AC	M	41	40-44M	1.30.20	3	0
80	1957	EDDIE	GILLMORE	BLUEWATER BAY	M	46	45-49M	1.30.21	4	0
81	1616	DAVID	FOURIE	TEMP	M	23	SM	1.30.23	0	0
82	877	KEVIN	GILLMER	ELITE A C	M	43	40-44M	1.30.31	3	0
83	1837	RICO	CLOTZ	ELITE A C	M	39	35-40M	1.30.32	3	0
84	210	BONGANI	MAZIBUKO	ST ALBANS CSEP	M	37	35-40M	1.30.38	3	0
85	324	ANDREW	SLAUGHTER	RHODES UNIVERSI	M	28	SM	1.30.54	3	0
86	1483	DONOVAN	PEO	HARMONY AC EP	M	23	SM	1.30.56	3	0
87	1197	LIANDRE	PRETORIUS	MR PRICE UPE	F	25	SF	1.30.57	4	25
88	862	STEPHEN	KLUE	ELITE A C	M	45	45-49M	1.31.00	4	0
89	870	PETER	VAN RENSBURG	ELITE A C	M	46	45-49M	1.31.17	4	0
90	662	MEDISI	NGCOKO	LIBNIKE	M	40	40-44M	1.31.33	3	0
91	2224	MATI	JACK	HARMONY AC EP	M	52	50-54M	1.31.49	5	0
92	57	PAUL	GERBER	P.E.A.A.C.	M	39	35-40M	1.32.19	3	0
93	2039	DONEVIN	LESCH	NOKIA ALGOA AC	M	31	SM	1.32.31	2	0
94	1512	LOUIS	SWIEGELAAR	HARMONY AC EP	M	38	35-40M	1.32.43	3	0
95	1010	JAN	VAN EEDEN	HARMONY AC EP	M	46	45-49M	1.33.02	3	0
96	2027	FANIE	CLAASSEN	NOKIA ALGOA AC	M	46	45-49M	1.33.02	3	0
97	1972	IGGY	FERREIRA	NOKIA ALGOA AC	M	32	SM	1.33.03	2	0
98	1598	DONALD	MANCASA	PEB PRNT ADIDAS	M	50	50-54M	1.33.18	4	0
99	1148	PERCY	DALTON	ACHILLES AAA	M	55	55-59M	1.33.21	5	0
100	410	THAPELO	MBEKA	ABERDARE CABLES	M	21	SM	1.34.43	2	0
101	860	PIET	MEYER	ELITE A C	M	54	50-54M	1.35.02	4	0
102	131	AT	SCHOEMAN	P.E.A.A.C.	M	47	45-49M	1.35.25	3	0
103	4	ALET	CARSTENS	P.E.A.A.C.	F	48	45-49F	1.35.40	5	24
104	925	FRANKLIN	MAY	SANDF SWD	M	30	SM	1.35.49	0	0
105	570	GRANT	OLIVIER	VWAC	M	24	SM	1.36.07	2	0
106	1474	HERMAN	VAN JAARVELDT	HARMONY AC EP	M	45	45-49M	1.36.10	3	0
107	1123	LINDSAY	PILLAY	ACHILLES AAA	M	50	50-54M	1.36.39	3	0
108	1675	CYRIL	UITHALER	WILLARD BATT	M	41	40-44M	1.37.02	2	0
109	855	LESLEY	WOOD	ELITE A C	F	47	45-49F	1.37.02	5	23
110	158	ZIYAAD	DOLLEY	MALABAR	M	35	35-40M	1.37.03	2	0
111	1128	WILLIE	VAN JAARVELDT	ACHILLES AAA	M	52	50-54M	1.37.09	3	0
112	1367	THEUNS	HATTINGH	FIT2000 A C	M	41	40-44M	1.37.18	2	0
113	1996	LEONARD	NKOSA	NOKIA ALGOA AC	M	35	35-40M	1.37.19	2	0
114	908	HERMANN	ZEELIE	ELITE A C	M	31	SM	1.37.20	2	0
115	881	GEORGE	BOTHA	ELITE A C	M	50	50-54M	1.37.21	3	0
116	1003	MARIUS	VAN EYK	BODY CONCEPT	M	40	40-44M	1.37.25	2	0
117	1909	WIMPIE	HERBST	BLUEWATER BAY	M	42	40-44M	1.37.31	2	0
118	1319	WILLEM	PIENAAR	MR PRICE UPE	M	27	SM	1.37.49	2	0
119	1492	HEIN	BADENHORST	HARMONY AC EP	M	34	SM	1.38.03	2	0
120	1461	MERVYN	MALGAS	HARMONY AC EP	M	42	40-44M	1.38.12	2	0
121	2031	HELGARD	POTGIETER	NOKIA ALGOA AC	M	32	SM	1.38.18	2	0
122	2141	HEINE	VAN EYK	ELITE A C	M	38	35-40M	1.38.22	2	0
123	558	JOSEPH	SKEI	VWAC	M	45	45-49M	1.38.37	3	0
124	1468	JACQUES	DELPOR	HARMONY AC EP	M	34	SM	1.38.39	2	0
125	1532	WAYNE	DE LANGE	PEB PRNT ADIDAS	M	30	SM	1.38.56	2	0
126	1956	VUYO	CEKISANI	BLUEWATER BAY	M	37	35-40M	1.38.59	2	0
127	1178	STEPHEN	DOUGLAS	ACHILLES AAA	M	44	40-44M	1.39.08	2	0
128	1490	RIAAN	SMALBERGER	HARMONY AC EP	M	49	45-49M	1.39.11	2	0
129	1168	ANDREW	PORTER	ACHILLES AAA	M	32	SM	1.39.17	2	0
130	36	MICHAEL	COLLINS	P.E.A.A.C.	M	65	65-69M	1.39.18	5	0
131	853	CLAIRE	NAGEL	ELITE A C	F	40	40-44F	1.39.21	3	22
132	890	ANTON	VON MOLENDORFF	ELITE A C	M	41	40-44M	1.39.22	2	0
133	1182	PAT	THOMSON	ACHILLES AAA	F	44	40-44F	1.39.36	3	21
134	545	BERES	GOLIATH	VWAC	M	40	40-44M	1.39.40	2	0
135	587	EUGENE	VAN WYK	X-CEL A C	M	32	SM	1.39.41	2	0
136	600	DAVID	SWANPOEL	X-CEL A C	M	45	45-49M	1.39.45	2	0
137	1152	GREG	SCOTT	ACHILLES AAA	M	42	40-44M	1.39.49	2	0
138	1265	SEVERIUS	JANSE VAN RENSBURG	MR PRICE UPE	M	51	50-54M	1.39.54	3	0
139	1995	PAUL	STEFFENS	NOKIA ALGOA AC	M	52	50-54M	1.40.16	3	0
140	1964	PIERRE	STANDER	ELITE A C	M	40	40-44M	1.40.19	2	0
141	1963	JACOBUS	WYATT	NOKIA ALGOA AC	M	41	40-44M	1.40.22	2	0

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142	2063	DANIEL	PIETERSE	NOKIA ALGOA AC	M	41	40-44M	1.40.24	2	0
143	1101	GERALD	BOUWER	ACHILLES AAA	M	61	60-64M	1.40.25	5	0
144	1110	DAVERA	MAGSON	ACHILLES AAA	F	29	SF	1.40.38	2	20
145	994	GREGORY	BAUER	CHARLO A C	M	45	45-49M	1.40.42	2	0
146	2388	ROBERT	RIETMULLER	P.E.A.A.C.	M	48	45-49M	1.40.44	2	0
147	902	JAKKIE	GERBER	ELITE A C	M	44	40-44M	1.40.52	2	0
148	919	MARINDA	CRONJE	ELITE A C	F	39	35-40F	1.40.52	3	19
149	750	EARL	SCOTT	CRUSADERS A C	M	39	35-40M	1.40.57	2	0
150	2432	THEMBINKOSI	SINGQOTO	HARMONY AC EP	M	27	SM	1.41.00	2	0
151	1529	JOHN	PEO	HARMONY AC EP	M	55	55-59M	1.41.03	3	0
152	1499	NEREDA	KAPP	HARMONY AC EP	F	36	35-40F	1.41.04	3	18
153	2065	ARTHUR	WILLIAMS	NOKIA ALGOA AC	M	41	40-44M	1.41.05	2	0
154	875	JOHAN	FOURIE	ELITE A C	M	49	45-49M	1.41.08	2	0
155	685	ANNELIE	NEL	LEGACY AC	F	29	SF	1.41.10	2	17
156	1145	KEITH	BAYLIS	ACHILLES AAA	M	46	45-49M	1.41.16	2	0
157	1174	PAULETTE	FRASER	ACHILLES AAA	F	39	35-40F	1.41.24	3	16
158	1112	DAVE	PELLS	ACHILLES AAA	M	43	40-44M	1.41.25	2	0
159	2006	RUBIN	CLAASSEN	NOKIA ALGOA AC	M	52	50-54M	1.41.34	3	0
160	1734	JUSTIN	STRYDOM	PROCYDIN PETECH	M	40	40-44M	1.41.49	2	0
161	1143	TIM	GENDALL	ACHILLES AAA	M	43	40-44M	1.41.49	2	0
162	594	TYRON	GALLANT	X-CEL A C	M	41	40-44M	1.42.14	2	0
163	1358	ANTHONY	KEOGH	TEMP	M	48	45-49M	1.42.20	0	0
164	1357	WERNER	STINDT	TEMP	M	44	40-44M	1.42.21	0	0
165	598	DENZIL	SMITH	X-CEL A C	M	44	40-44M	1.42.21	2	0
166	434	CHRISTIE	VAN LOGGERENBERG	ABERDARE CABLES	M	48	45-49M	1.42.31	2	0
167	779	SEAN	WRIGHT	CRUSADERS A C	M	39	35-40M	1.42.44	2	0
168	9137	TOLLIE	ROBSON	PEB PRNT ADIDAS	M	18	JM	1.42.53	2	0
169	886	FREDDIE	MICHAELS	ELITE A C	M	45	45-49M	1.43.04	2	0
170	581	GODFREY	GELDERBLOEM	X-CEL A C	M	36	35-40M	1.43.32	2	0
171	615	DANIE	RAUBENHEIMER	LIBERTY NIKE	M	37	35-40M	1.43.38	0	0
172	2058	WERNER	CLAASSEN	NOKIA ALGOA AC	M	40	40-44M	1.43.41	2	0
173	828	JOHN	HAYDOCK	ALBANY R R	M	60	60-64M	1.44.12	3	0
174	1357	BASIL	MC LEAN	FIT2000 A C	M	45	45-49M	1.44.12	2	0
175	1973	ADELE	NEL	NOKIA ALGOA AC	F	31	SF	1.44.13	2	15
176	248	GERRIT	WELGEMOED	ST ALBANS CSEP	M	40	40-44M	1.44.13	2	0
177	206	RONALD	STURGISS	ST ALBANS CSEP	M	38	35-40M	1.44.14	2	0
178	2004	GERALD	STRUWIG	NOKIA ALGOA AC	M	35	35-40M	1.44.14	2	0
179	1017	ECKART	SCHUMANN	BODY CONCEPT	M	58	55-59M	1.44.17	3	0
180	2145	MARISA	FERARRIS	ELITE A C	F	33	SF	1.44.34	2	14
181	1359	J P	STANDER	TEMP	M	26	SM	1.44.37	0	0
182	2033	PIERRE	SCHEFFER	NOKIA ALGOA AC	M	49	45-49M	1.44.54	2	0
183	1360	SEAN	SHARP	TEMP	M	28	SM	1.44.55	0	0
184	1122	BOB	STEDMAN	ACHILLES AAA	M	54	50-54M	1.44.57	2	0
185	2074	GUSTAV	GRASMAN	NOKIA ALGOA AC	M	43	40-44M	1.45.01	2	0
186	1179	PETER	POHLMANN	ACHILLES AAA	M	40	40-44M	1.45.18	2	0
187	605	SYLVAN	BLIGNAUT	X-CEL A C	M	44	40-44M	1.45.46	2	0
188	2144	PIETER	DRAGHOENDER	ELITE A C	M	57	55-59M	1.46.00	2	0
189	1473	ROLAN	LOTTERING	HARMONY AC EP	M	37	35-40M	1.46.19	2	0
190	1486	LAWRENCE	GLOVER	HARMONY AC EP	M	32	SM	1.46.25	2	0
191	139	MELVYN	AMSTERDAM	P.E.A.A.C.	M	46	45-49M	1.46.30	2	0
192	1399	BRIAN	HEUKELMAN	JEFFREYS BAY	M	50	50-54M	1.46.35	2	0
193	376	MARIUS	HITGE	MUIRITE STRIDER	M	31	SM	1.46.42	2	0
194	778	JULIE	TAUNTON	CRUSADERS A C	F	44	40-44F	1.46.58	2	13
195	1336	ERIC	J V RENSBURG	TEMP	M	29	SM	1.47.04	0	0
196	1393	J G	LE ROUX	TEMP	M	31	SM	0.47.07	0	0
197	1639	LIONEL	BOTHA	TEMP	M	24	SM	1.47.15	0	0
198	9409	GIDEON	VAN DER KOLF	HIGH SCHOOLS	M	16	JM	1.47.29	2	0
199	1191	CHRISTO	PHEIFFER	TEMP	M	49	45-49M	1.47.35	0	0
200	2261	TYRONE	RENSBURG	EBENEZER	M	32	SM	1.47.49	2	0
201	592	CHESTER	BROOKS	X-CEL A C	M	46	45-49M	1.48.05	2	0
202	1092	BRENDON	PERSENS	SANDF EP	M	29	SM	1.48.06	2	0
203	882	MIEMSIE	SWANEPOEL	ELITE A C	F	42	40-44F	1.48.06	2	12
204	555	JOHAN	NEL	VWAC	M	47	45-49M	1.48.07	2	0
205	539	JOHANNA	PRINS	P.E.A.A.C.	F	27	SF	1.48.15	2	11
206	1119	TREMAINE	WESSON	ACHILLES AAA	M	43	40-44M	1.48.24	2	0
207	2095	CHANTEL	VAN STADEN	NOKIA ALGOA AC	F	20	SF	1.48.26	2	10
208	1338	BRIAN	MILLER	SANDF FS	M	27	SM	1.48.33	0	0
209	151	ABDOELAZIES	MADATT	MALABAR	M	41	40-44M	1.48.52	2	0
210	797	BRUCE	CLENCH	CRUSADERS A C	M	41	40-44M	1.48.57	2	0
211	2196	DEON	LANDMAN	HARMONY AC EP	M	26	SM	1.49.01	1	0
212	690	JOHN	FACEY	LEGACY AC	M	46	45-49M	1.49.05	2	0

POS	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
213	686	EDDIE	NEL	LEGACY AC	M	32	SM	1.49.06	1	0
214	1169	BASIL	TYLER	ACHILLES AAA	M	42	40-44M	1.49.13	2	0
215	1113	REG	FRIDEY	ACHILLES AAA	M	39	35-40M	1.49.13	2	0
216	2055	PIETER	STRYDOM	NOKIA ALGOA AC	M	43	40-44M	1.49.17	2	0
217	374	LIZ	GRUNDLINGH	MUIRITE STRIDER	F	57	55-59F	1.49.21	4	9
218	2038	CHRIS	KLUE	NOKIA ALGOA AC	M	46	45-49M	1.49.26	2	0
219	1979	LINDA	DE VILLIERS	NOKIA ALGOA AC	F	39	35-40F	1.49.49	2	8
220	1339	FRIKKIE	HAMMOND	ALBERTON AAC	M	41	40-44M	1.49.50	0	0
221	1358	HERMIE	FISHER	FIT2000 A C	F	36	35-40F	1.49.50	2	7
222	462	GERHARD	LEMMER	WALMER AC	M	37	35-40M	1.49.52	1	0
223	1355	JOS	ELS	FIT2000 A C	F	52	50-54F	1.49.56	3	6
224	1370	ROWLAND	JONES	TEMP	M	36	35-40M	1.50.06	0	0
225	1614	GORDON	BEST	TEMP	M	38	35-40M	1.50.31	0	0
226	1364	WILLIAM	ZITO	TEMP	M	50	50-54M	1.50.35	0	0
227	1965	WILMA	STANDER	NOKIA ALGOA AC	F	39	35-40F	1.50.41	2	5
228	114	KEVIN	HOLMES	P.E.A.A.C.	M	48	45-49M	1.50.44	2	0
229	1164	JOHN	KOTZE	ACHILLES AAA	M	53	50-54M	1.51.20	2	0
230	591	DAVID	O'RIELLY	X-CEL A C	M	56	55-59M	1.51.35	2	0
231	2385	KOOS	OLIVIER	HARMONY AC EP	M	46	45-49M	1.51.38	2	0
232	289	GEORGE	MEARNS	KOWIE STRIDERS	M	57	55-59M	1.51.51	2	0
233	1146	GERALD	HOXLEY	ACHILLES AAA	M	63	60-64M	1.51.55	2	0
234	22	RHONA	EMAANDIEN	P.E.A.A.C.	F	34	SF	1.51.56	2	4
235	1114	GAIL	KLICHOWICZ	ACHILLES AAA	F	37	35-40F	1.51.59	2	3
236	1597	SIPHO	MSOMI	PEB PRNT ADIDAS	M	30	SM	1.52.00	1	0
237	608	JOHANNES	GESWINDT	X-CEL A C	M	44	40-44M	1.52.02	1	0
238	1687	HENRY	THORNE	WILLARD BATT	M	50	50-54M	1.52.07	2	0
239	900	ANDRE	PIENAAR	ELITE A C	M	41	40-44M	1.52.11	1	0
240	1679	LUCELLE	JAFTHA	WILLARD BATT	F	44	40-44F	1.52.13	2	2
241	46	ROGER	HANNINGTON	P.E.A.A.C.	M	49	45-49M	1.52.15	2	0
242	899	PETRA	PIENAAR	ELITE A C	F	40	40-44F	1.52.26	2	1
243	1454	EUGENE	MULDER	HARMONY AC EP	M	58	55-59M	1.52.28	2	0
244	1700	ERNIE	VERRALL	PROCYDIN PETECH	M	69	65-69M	1.52.32	3	0
245	1616	ANDREW	LAING	PEB PRNT ADIDAS	M	43	40-44M	1.52.40	1	0
246	1139	GRAHAM	NELL	ACHILLES AAA	M	53	50-54M	1.52.44	2	0
247	582	DEAN	KIVIDO	X-CEL A C	M	32	SM	1.53.00	1	0
248	1268	VAUGHAN	RICHARDSON	TEMP	M	34	SM	1.53.05	0	0
249	696	LINDY	ALLEN	LEGACY AC	F	27	SF	1.53.07	2	0
250	1021	IAN	ROSS	BODY CONCEPT	M	47	45-49M	1.53.09	2	0
251	584	ALTON	ARENDS	X-CEL A C	M	38	35-40M	1.53.42	1	0
252	885	RIAAN	HEUNIS	ELITE A C	M	35	35-40M	1.53.49	1	0
253	1413	NIC	SNYMAN	JEFFREYS BAY	M	60	60-64M	1.53.54	2	0
254	1660	RONALD	PHILLIPS	WILLARD BATT	M	44	40-44M	1.54.08	1	0
255	435	BUYILE	PETROS	ABERDARE CABLES	M	52	50-54M	1.54.21	2	0
256	1695	VURDEN	VAN NIEKERK	HARMONY AC EP	M	35	35-40M	1.54.22	1	0
257	590	YUSUF	SAMUELS	X-CEL A C	M	45	45-49M	1.54.26	1	0
258	916	DAVID	GALLANT	ELITE A C	M	50	50-54M	1.54.34	2	0
259	793	BOBBY	BULLOCK	CRUSADERS A C	M	52	50-54M	1.54.55	2	0
260	1588	DEBBIE	BEAUZEC	PEB PRNT ADIDAS	F	30	SF	1.55.09	1	0
261	1559	JACQUES	VAN ROOYEN	PEB PRNT ADIDAS	M	30	SM	1.55.10	1	0
262	821	HOWARD	BALL	ALBANY R R	M	45	45-49M	1.55.12	1	0
263	218	ANDRE	LANDMAN	ST ALBANS CSEP	M	51	50-54M	1.55.22	2	0
264	170	JANET	WHITTAL	OXFORD STRIDERS	F	43	40-44F	1.55.30	0	0
265	2295	ARNOLD	RAS	MUIRITE STRIDER	M	42	40-44M	1.55.34	1	0
266	1777	JONATHAN	HAYLOCK-LYONS	PROCYDIN PETECH	M	28	SM	1.55.36	1	0
267	915	JOHANN	DORFLING	ELITE A C	M	46	45-49M	1.55.37	1	0
268	2089	ANDRE	BARNARD	NOKIA ALGOA AC	M	42	40-44M	1.55.38	1	0
269	771	VIV	BULLOCK	CRUSADERS A C	F	37	35-40F	1.55.43	2	0
270	737	ROSEMARY	ROBINSON	CRUSADERS A C	F	43	40-44F	1.55.53	2	0
271	245	SHIRLEY	MOSTERT	ST ALBANS CSEP	F	40	40-44F	1.55.58	2	0
272	1698	BRIAN	MCKAY	HARMONY AC EP	M	49	45-49M	1.56.09	1	0
273	752	DEREK	DAVIDSON	CRUSADERS A C	M	53	50-54M	1.56.14	1	0
274	1126	TOM	D'ARCY	ACHILLES AAA	M	58	55-59M	1.56.43	2	0
275	1960	DORIS	LIBERTY	NOKIA ALGOA AC	F	44	40-44F	1.56.52	2	0
276	1369	MONICA	KEMP	FIT2000 A C	F	48	45-49F	1.56.52	2	0
277	1162	PETER	WHATLEY	ACHILLES AAA	M	39	35-40M	1.57.00	1	0
278	375	CLAYTON	HISCOCK	MUIRITE STRIDER	M	34	SM	1.57.02	1	0
279	380	CAROL	MALLET	MUIRITE STRIDER	F	35	35-40F	1.57.03	1	0
280	1165	LESLEY	MAGGOTT	ACHILLES AAA	F	37	35-40F	1.57.05	1	0
281	119	MARK	VAN DER WALT	P.E.A.A.C.	M	42	40-44M	1.57.22	1	0
282	9099	CHARLES	GOLDSWAIN	P.E.A.A.C.	M	19	SM	1.57.25	1	0
283	873	IAN	ATTERBURY	ELITE A C	M	35	35-40M	1.57.29	1	0

POS	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
284	1505	HESTER	DEKKER	HARMONY AC EP	F	32	SF	1.57.46	1	0
285	1470	MICHAEL	DEKKER	HARMONY AC EP	M	31	SM	1.57.47	1	0
286	1727	RIAAAN	STEYN	PROCYDIN PETECH	M	20	SM	1.57.47	1	0
287	2438	PAUL	EAGLETON	NOKIA ALGOA AC	M	40	40-44M	1.57.48	1	0
288	725	GRAHAM	ELBOURNE	CRUSADERS A C	M	52	50-54M	1.57.51	1	0
289	2020	CHRIS	BEKKER	NOKIA ALGOA AC	M	51	50-54M	1.57.51	1	0
290	1172	GARY	POHLMANN	ACHILLES AAA	M	42	40-44M	1.57.56	1	0
291	1371	JEAN	AUSTIN	TEMP	F	39	35-40F	1.58.07	0	0
292	842	CLAIRE	BALL	ALBANY R R	F	47	45-49F	1.58.07	2	0
293	370	LUKAS	ELS	MUIRITE STRIDER	M	34	SM	1.58.08	1	0
294	1982	LOUWRENS	BASSON	NOKIA ALGOA AC	M	42	40-44M	1.58.09	1	0
295	684	BARRY	NELSON	LEGACY AC	M	52	50-54M	1.58.15	1	0
296	701	SELWYN	SOLOMON	CRUSADERS A C	M	66	65-69M	1.58.19	2	0
297	914	JOHN	HENRY	ELITE A C	M	25	SM	1.58.25	1	0
298	921	MAGGIE	MANN	CHARLO A C	F	48	45-49F	1.58.30	2	0
299	2252	ENVOR	TELLING	EBENEZER	M	43	40-44M	1.58.43	1	0
300	1548	JEAN-MARIE	TALBOT	PEB PRNT ADIDAS	M	41	40-44M	1.58.50	1	0
301	1689	A	RODGER	UNKNOWN	M	29	SM	1.58.53	0	0
302	849	ELIZABETH	KNOESEN	ALBANY R R	F	26	SF	1.59.00	1	0
303	850	ALICE	ACHERMANN	ALBANY R R	F	33	SF	1.59.00	1	0
304	1562	COLLEEN	STEVENS	PEB PRNT ADIDAS	F	40	40-44F	1.59.02	1	0
305	356	GREGORY	BILLSON	MUIRITE STRIDER	M	35	35-40M	1.59.02	1	0
306	1151	LIZ	AUSTIN	ACHILLES AAA	F	45	45-49F	1.59.14	2	0
307	769	TREVOR	HAWKINS	CRUSADERS A C	M	44	40-44M	1.59.15	1	0
308	2002	GERRIE	LE GRANGE	NOKIA ALGOA AC	M	51	50-54M	1.59.23	1	0
309	220	BENNIE	THYSSE	ST ALBANS CSEP	M	46	45-49M	1.58.25	1	0
310	456	REON	VAN RENSBURG	NEW BALANCE	M	32	SM	1.59.28	1	0
311	31	CHRIS	VILJOEN	P.E.A.A.C.	M	56	55-59M	1.59.37	1	0
312	9127	ZANELE	MBOMBO	BLUEWATER BAY	F	18	JF	1.59.49	1	0
313	1540	CHERYL	JUCKER	PEB PRNT ADIDAS	F	46	45-49F	2.00.14	1	0
314	3927	N P	COHEN	PRETORIA HIGH S	M	59	55-59M	2.00.22	0	0
315	2324	CARLOS	COSTA	LEGACY AC	M	32	SM	2.00.23	1	0
316	1337	JANNIE	KLUE	TEMP	M	44	40-44M	2.00.37	0	0
317	1141	HEIDI	JANSEN	ACHILLES AAA	F	37	35-40F	2.00.49	1	0
318	1181	MIKE	WEBB	ACHILLES AAA	M	44	40-44M	2.00.50	1	0
319	1583	SONJA	OLIVIER	PEB PRNT ADIDAS	F	36	35-40F	2.01.18	1	0
320	260	NOLEEN	NORRIS	CADBURY A C	F	47	45-49F	2.01.21	1	0
321	1968	LAETITIA	SMITH	NOKIA ALGOA AC	F	35	35-40F	2.01.31	1	0
322	2433	PRINCESS	MALAMBILE	HARMONY AC EP	F	34	SF	2.01.42	1	0
323	1630	JANNIE	VAN GREUNEN	PEB PRNT ADIDAS	M	48	45-49M	2.01.47	1	0
324	1694	PETER	SMITH	HARMONY AC EP	M	50	50-54M	2.01.57	1	0
325	851	ANNA-LIZE	DU PREEZ	ELITE A C	F	36	35-40F	2.02.01	1	0
326	896	ANNEMARIE	FOUCHE	ELITE A C	F	36	35-40F	2.02.02	1	0
327	2384	CHARL	BOWLER	HARMONY AC EP	M	27	SM	2.02.05	1	0
328	1561	KAREN	BOPP	PEB PRNT ADIDAS	F	40	40-44F	2.02.17	1	0
329	93	LANCE	SHORTT	P.E.A.A.C.	M	53	50-54M	2.02.18	1	0
330	1515	YOLANDE	WATSON	HARMONY AC EP	F	42	40-44F	2.02.18	1	0
331	1513	DINA	GROENEWALD	HARMONY AC EP	F	33	SF	2.02.19	1	0
332	1009	MARCELLE	HARRAN	BODY CONCEPT	F	49	45-49F	2.02.24	1	0
333	1074	SIPHOKAZI	MSENGANA	SANDF EP	F	24	SF	2.02.26	1	0
334	1109	SUSAN	BAYLIS	ACHILLES AAA	F	45	45-49F	2.02.33	1	0
335	2097	MARIO	KOEN	NOKIA ALGOA AC	M	21	SM	2.02.59	1	0
336	854	ERNA	VAN ZYL	ELITE A C	F	32	SF	2.03.08	1	0
337	2090	TERTIA	COETZEE	NOKIA ALGOA AC	F	44	40-44F	2.03.14	1	0
338	1594	ROBBIE	ROBSON	PEB PRNT ADIDAS	M	48	45-49M	2.03.28	1	0
339	1914	FRANCOIS	SMITH	BLUEWATER BAY	M	38	35-40M	2.03.33	1	0
340	472	ALAN	PENNEY	WALMER AC	M	57	55-59M	2.03.40	1	0
341	1954	WAYNE	LEASK	BLUEWATER BAY	M	39	35-40M	2.03.42	1	0
342	559	REAN	THERON	VWAC	M	41	40-44M	2.03.43	1	0
343	1122	CHRIS	WEITZS	TEMP	M	38	35-40M	2.03.44	0	0
344	54	ANNELIZE	SLABBERT	P.E.A.A.C.	F	52	50-54F	2.04.08	1	0
345	149	VENESH	ATHIMOOLAM	MALABAR	M	35	35-40M	2.04.22	1	0
346	75	STUART	DIXON	MR PRICE SAVAGE	M	43	40-44M	2.04.23	0	0
347	1335	KIERIE	SLABBERT	TEMP	M	57	55-59M	2.04.27	0	0
348	1341	PETER	SALE	TEMP	M	54	50-54M	2.04.33	0	0
349	1543	DANIEL	DU TOIT	PEB PRNT ADIDAS	M	38	35-40M	2.04.37	1	0
350	1534	CISCO	STRYDOM	PEB PRNT ADIDAS	M	34	SM	2.04.38	1	0
351	262	LAWRENCE	BEZUIDENHOUT	CADBURY A C	M	47	45-49M	2.04.39	1	0
352	751	GLEN	KLOPPER	CRUSADERS A C	M	41	40-44M	2.04.55	1	0
353	3	AUDIE	CLAASSEN	P.E.A.A.C.	M	52	50-54M	2.04.58	1	0
354	1167	MARTIN	GIERZ	ACHILLES AAA	M	48	45-49M	2.05.00	1	0

POS	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
355	116	MARYNA	KOTZE	P.E.A.A.C.	F	38	35-40F	2.05.16	1	0
356	1986	KAREN	MELS	NOKIA ALGOA AC	F	39	35-40F	2.05.18	1	0
357	891	ROZELLE	VON MOLENDORFF	ELITE A C	F	40	40-44F	2.05.19	1	0
358	1138	GEORGE	SCOTT	ACHILLES AAA	M	45	45-49M	2.05.21	1	0
359	766	PETER	DUFFELL-CANHAM	CRUSADERS A C	M	52	50-54M	2.05.25	1	0
360	880	RINA	BARNARD	ELITE A C	F	50	50-54F	2.05.27	1	0
361	2010	NICOLAAS	CLAASSEN	NOKIA ALGOA AC	M	50	50-54M	2.05.27	1	0
362	863	WILLIAM	GROBLER	ELITE A C	M	55	55-59M	2.05.29	1	0
363	1400	KAI	TARNOW	JEFFREYS BAY	M	65	65-69M	2.05.30	1	0
364	1412	RETHA	SNYMAN	JEFFREYS BAY	F	57	55-59F	2.06.03	1	0
365	597	INGRID	DE MONK	X-CEL A C	F	37	35-40F	2.06.28	1	0
366	726	ROBIN	ELBOURNE	CRUSADERS A C	F	46	45-49F	2.06.54	1	0
367	1472	CHORREL	SMITH	HARMONY AC EP	M	75	70+M	2.07.04	1	0
368	2290	MARGARET	DU TOIT	MUIRITE STRIDER	F	42	40-44F	2.07.04	1	0
369	373	NEIL	GROBLER	MUIRITE STRIDER	M	44	40-44M	2.07.05	1	0
370	1628	KAREN	AUSTIN	PEB PRNT ADIDAS	F	39	35-40F	2.07.06	1	0
371	715	HILARY	PRITCHARD	CRUSADERS A C	M	69	65-69M	2.07.10	1	0
372	111	ANTON	SCHOLTZ	P.E.A.A.C.	M	40	40-44M	2.07.26	1	0
373	758	COLIN	MURRAY	CRUSADERS A C	M	49	45-49M	2.07.27	1	0
374	115	HENDRICK	SCHOLTZ	P.E.A.A.C.	M	45	45-49M	2.07.38	1	0
375	1870	SOLLY	GERBER	HUMANSDORP A C	M	48	45-49M	2.07.43	1	0
376	2060	BARNEY	KRUGER	NOKIA ALGOA AC	M	52	50-54M	2.08.22	1	0
377	1612	KOSIMA	BUSING-ANDERSON	PEB PRNT ADIDAS	F	27	SF	2.08.47	1	0
378	1547	LYN	SYMONS	PEB PRNT ADIDAS	F	58	55-59F	2.09.06	1	0
379	1394	ALBERT	DE ANDRADE	TEMP	M	46	45-49M	2.09.19	0	0
380	1730	PIETER	STEYN	PROCYDIN PETECH	M	45	45-49M	2.09.47	1	0
381	1620	DOROTHY	HART	PEB PRNT ADIDAS	F	66	65-69F	2.09.48	2	0
382	1135	MOF	BOTHA	ACHILLES AAA	M	48	45-49M	2.09.56	1	0
383	874	LOUIS	HOLTZHAUSEN	ELITE A C	M	31	SM	2.10.15	1	0
384	228	ELNA	JONCK	ST ALBANS CSEP	F	28	SF	2.10.43	1	0
385	2036	LYDIA	POTGIETER	NOKIA ALGOA AC	F	29	SF	2.10.44	1	0
386	906	HELEN	FOURIE	ELITE A C	F	34	SF	2.10.44	1	0
387	889	CHARLOTTE	VAN COLLER	ELITE A C	F	36	35-40F	2.10.47	1	0
388	888	ANDRE	VAN COLLER	ELITE A C	M	38	35-40M	2.10.48	1	0
389	905	ANDRE	FOURIE	ELITE A C	M	57	55-59M	2.10.51	1	0
390	2101	EUGENE	POTGIETER	NOKIA ALGOA AC	M	58	55-59M	2.11.10	1	0
391	1985	GERT	DEYZEL	NOKIA ALGOA AC	M	54	50-54M	2.11.44	1	0
392	861	JAN	MEIRING	ELITE A C	M	36	35-40M	2.13.20	1	0
393	547	HENRY	HUMAN	VWAC	M	65	65-69M	2.13.39	1	0
394	1625	ESTELLE	BURGER	PEB PRNT ADIDAS	F	46	45-49F	2.13.42	1	0
395	2056	RITA	BOUCHER	NOKIA ALGOA AC	F	54	50-54F	2.14.11	1	0
396	313	DEBORAH	PATRICK	RHODES UNIVERSI	F	25	SF	2.15.14	1	0
397	106	DANNY	VORSTER	P.E.A.A.C.	M	49	45-49M	2.15.37	1	0
398	2035	DANIEL	SCHUIN	NOKIA ALGOA AC	M	41	40-44M	2.15.48	1	0
399	1642	ANTOINETTE	HUMAN	WILLARD BATT	F	36	35-40F	2.15.56	1	0
400	79	VERONICA	BOSHOFF	P.E.A.A.C.	F	43	40-44F	2.16.31	1	0
401	78	MERVYN	PAPENFUS	P.E.A.A.C.	M	41	40-44M	2.16.55	1	0
402	1395	HENNIE	VAN DER KOLF	TEMP	M	45	45-49M	2.17.09	0	0
403	1398	JANETTE	VAN DER KOLF	TEMP	F	44	40-44F	2.17.09	0	0
404	65	JAMES	MOREY	P.E.A.A.C.	M	67	65-69M	2.17.31	1	0
405	1362	CHERYL	MCDONALD	TEMP	F	34	SF	2.18.10	0	0
406	494	LIONEL	HOOLE	WALMER AC	M	37	35-40M	2.19.07	1	0
407	129	ANNA	POTGIETER	P.E.A.A.C.	F	58	55-59F	2.19.08	1	0
408	219	RENE	POTGIETER	ST ALBANS CSEP	F	44	40-44F	2.19.10	1	0
409	1590	ELZETTE	ZEELIE	PEB PRNT ADIDAS	F	36	35-40F	2.19.14	1	0
410	1936	MARKUS	KUNNEKE	BLUEWATER BAY	M	34	SM	2.19.47	1	0
411	100	MARINDA	SCHOLTZ	P.E.A.A.C.	F	36	35-40F	2.19.51	1	0
412	49	DAISY	STEVENS	P.E.A.A.C.	F	63	60-64F	2.19.52	1	0
413	202	LOUIS	RUDMAN	ST ALBANS CSEP	M	47	45-49M	2.19.53	1	0
414	1256	JURGEN	GOUWS	MR PRICE UPE	M	55	55-59M	2.19.57	1	0
415	894	JAN	LE ROUX	ELITE A C	M	44	40-44M	2.19.58	1	0
416	1136	ELIZE	MYBURGH	TEMP	F	26	SF	2.20.32	0	0
417	2041	STEPHEN	DOLLER	NOKIA ALGOA AC	M	43	40-44M	2.22.17	1	0
418	72	IDA	PAPENFUS	P.E.A.A.C.	F	42	40-44F	2.22.36	1	0
419	1361	BELINDA	ENGELBRECHT	TEMP	F	32	SF	2.23.37	0	0
420	1129	G P	MYBURGH	TEMP	M	32	SM	2.24.26	0	0
421	2037	ERIKA	STRUWIG	NOKIA ALGOA AC	F	35	35-40F	2.25.17	1	0
422	1271	THANDIWE	MAGALELA	TEMP	F	42	40-44F	2.29.00	0	0
423	1836	MARIAAN	LANDMAN	ELITE A C	F	39	35-40F	2.29.00	1	0
424	585	KEVIN	FELIX	X-CEL A C	M	40	40-44M	2.31.04	0	0
425	2016	CAROLINA	JANSE VAN RENSBURG	NOKIA ALGOA AC	F	43	40-44F	2.31.38	0	0

POS	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
426	677	EDNA	POTGIETER	LEGACY AC	F	57	55-59F	2.31.38	0	0
427	1771	JOHAN	SERFONTEIN	PROCYDIN PETECH	M	64	60-64M	2.33.45	0	0
428	1621	CARL	BURGER	PEB PRNT ADIDAS	M	56	55-59M	2.40.43	0	0
429	2071	LYNN	GERBER	NOKIA ALGOA AC	F	30	SF	2.42.52	0	0