

PG GLASS MOUNTAIN DRIVE 21.1KM - GRAHAMSTOWN - 2004/08/07

POS	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
1	671	LAWRENCE	NTANTISO	LIBNIKE	M	28	SM	1.09.25	5	25
2	657	GEORGE	NTSHILIZA	LIBNIKE	M	24	SM	1.10.17	5	24
3	664	SIMON	NGCOKO	LIBNIKE	M	34	SM	1.10.27	5	23
4	402	MZWANELE	MAPHEKULA	ABERDARE CABLES	M	27	SM	1.11.49	5	22
5	433	MASANDE	MLONYENI	ABERDARE CABLES	M	23	SM	1.13.36	5	21
6	411	MABOYISANA	MAZWAYI	ABERDARE CABLES	M	36	35-40M	1.13.46	5	20
7	843	SIBUSISU	MAKANA	ALBANY R R	M	21	SM	1.13.55	5	19
8	404	LUVUYO	DYANI	ABERDARE CABLES	M	34	SM	1.14.30	5	18
9	1286	SIMPHIWE	TANA	MR PRICE UPE	M	25	SM	1.14.54	5	17
10	2204	ANELE	MALIZA	HARMONY AC EP	M	26	SM	1.14.55	5	16
11	409	MPUMELELO	NDLUMBINI	ABERDARE CABLES	M	29	SM	1.15.59	5	15
12	858	RICARDO	PLAATJIES	ELITE A C	M	21	SM	1.16.50	5	14
13	825	BASIE	BONAPARTE	ALBANY R R	M	38	35-40M	1.17.12	5	13
14	2205	KHAYA	YONA	HARMONY AC EP	M	26	SM	1.17.31	5	12
15	2203	KGOTSO	MAJARA	HARMONY AC EP	M	23	SM	1.18.36	5	11
16	21	COLBEN	NGCUPE	P.E.A.A.C.	M	41	40-44M	1.19.15	5	10
17	938	PETER	SIDINA	MAKANA	M	29	SM	1.19.49	4	9
18	9291	BULELINI	NIWA	P.E.A.A.C.	M	19	JM	1.19.53	4	8
19	2178	THOBILE	XATA	HARMONY AC EP	M	30	SM	1.20.50	4	7
20	1518	THEMBINKOSI	SPEELMAN	HARMONY AC EP	M	20	SM	1.21.33	4	6
21	1520	MBULELO	FESI	HARMONY AC EP	M	25	SM	1.21.53	4	5
22	250	JOHANNES	JONCK	ST ALBANS CSEP	M	31	SM	1.22.09	4	4
23	1658	VERNON	NEWFELDT	WILLARD BATT	M	38	35-40M	1.22.13	4	3
24	2273	PATRICK	PETERS	SANDEP	M	40	40-44M	1.22.28	5	2
25	2106	DERRICK	DUBASE	NOKIA ALGOA AC	M	30	SM	1.23.24	3	1
26	2087	SIDWELL	BALIWE	NOKIA ALGOA AC	M	32	SM	1.23.27	3	0
27	1674	THEMBISILE	BASHE	VWAC	M	26	SM	1.24.02	3	0
28	95	SIMPHIWE	FAKU	P.E.A.A.C.	M	29	SM	1.24.36	3	0
29	2364	SIZWE	SOLANI	FORD A C	M	28	SM	1.24.50	0	0
30	8021	MONGEZI	FOLEY	FIT2000 A C	M	28	SM	1.24.52	3	0
31	1646	MERVYN	JOHNSON	WILLARD BATT	M	30	SM	1.25.05	3	0
32	38	RICHARD	NOSILELA	P.E.A.A.C.	M	40	40-44M	1.25.09	4	0
33	1656	KAASHIF	PIETERSEN	WILLARD BATT	M	27	SM	1.25.20	3	0
34	2317	DESMOND	ZIBI	LIBNIKE	M	40	40-44M	1.25.58	4	0
35	1788	KENNETH	PETERS	TEMP	M	28	SM	1.25.59	0	0
36	1675	CYRIL	UITHALER	WILLARD BATT	M	41	40-44M	1.26.04	4	0
37	1999	FERDINAND	GROBLER	NOKIA ALGOA AC	M	46	45-49M	1.26.09	5	0
38	937	GARTH	JACOBS	MAKANA	M	22	SM	1.26.14	3	0
39	1785	MPUMELELO	DUMA	TEMP	M	32	SM	1.27.09	0	0
40	1994	ASHLEY	VAN DER WATT	NOKIA ALGOA AC	M	39	35-40M	1.27.17	3	0
41	911	WYNAND	DE GOEDE	ELITE A C	M	28	SM	1.27.36	3	0
42	459	EMIL	HOUGAARD	NEW BALANCE	M	40	40-44M	1.28.03	3	0
43	1032	JACOB	ABRAHAM	BODY CONCEPT	M	38	35-40M	1.28.29	3	0
44	856	CLIVE	WEWERS	ELITE A C	M	44	40-44M	1.28.46	3	0
45	9133	NTSIKELELO	SEBE	ABERDARE CABLES	M	19	SM	1.29.06	3	0
46	50	BONISILE	FULMENI	P.E.A.A.C.	M	42	40-44M	1.29.11	3	0
47	903	LEANNE	FINLAY	ELITE A C	F	36	35-40F	1.29.24	5	25
48	870	PETER	VAN RENSBURG	HARMONY AC EP	M	46	45-49M	1.29.36	4	0
49	1163	ROBIN	FOURIE	ACHILLES AAA	M	41	40-44M	1.30.49	3	0
50	1623	STEPHAN	BOTHA	PEB PRNT ADIDAS	M	35	35-40M	1.30.59	3	0
51	660	MOYISILE	WANA	LIBNIKE	M	32	SM	1.31.01	3	0
52	68	TSITSILI	MEKANA	P.E.A.A.C.	M	40	40-44M	1.31.27	3	0
53	1990	HENDRIK	VAN WYK	NOKIA ALGOA AC	M	40	40-44M	1.31.30	3	0
54	936	ROMEO	HOLSTER	MAKANA	M	22	SM	1.31.36	3	0
55	324	ANDREW	SLAUGHTER	RHODES UNIVERSI	M	28	SM	1.31.47	2	0
56	574	LOYISO	MTYA	VWAC	M	27	SM	1.32.13	2	0
57	1651	SILINDILE	DEKEDA	HARMONY GOLD AC	M	42	40-44M	1.32.20	0	0
58	1576	WELLINGTON	TYEKE	PEB PRNT ADIDAS	M	50	50-54M	1.32.21	4	0
59	1451	GRIZELDA	PIETERSEN	HARMONY AC EP	F	35	35-40F	1.32.22	4	24

POS	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
60	349	CAROLINE	STEWART	RHODES UNIVERSI	F	21	SF	1.33.30	3	23
61	112	MONEZISI	DLEPU	P.E.A.A.C.	M	21	SM	1.34.29	2	0
62	1554	WILLIAM	PHILLIPS	TEMP	M	24	SM	1.34.38	0	0
63	2198	BJORN	BOTHA	HARMONY AC EP	M	20	SM	1.34.55	2	0
64	862	STEPHEN	KLUE	ELITE A C	M	45	45-49M	1.34.58	3	0
65	9075	DEON JNR	DOBSON	NOKIA ALGOA AC	M	17	JM	1.35.03	2	0
66	1581	XOLILE	JALI	TEMP	M	27	SM	1.35.19	0	0
67	1156	BRUCE	MCEWAN	ACHILLES AAA	M	50	50-54M	1.35.20	4	0
68	1350	MARIETTE	HATTINGH	MR PRICE UPE	F	38	35-40F	1.35.21	4	22
69	352	SONWABO	NYANGIWE	PEB PRNT ADIDAS	M	36	35-40M	1.35.38	2	0
70	207	GRAHAM	BUBB	ST ALBANS CSEP	M	36	35-40M	1.35.57	2	0
71	1189	TONY	BOARDMAN	ACHILLES AAA	M	45	45-49M	1.36.04	3	0
72	2039	DONEVIN	LESCH	NOKIA ALGOA AC	M	31	SM	1.36.13	2	0
73	1681	CLAUDE	RADEMEYER	WILLARD BATT	M	24	SM	1.36.15	2	0
74	1312	DARRYL	BAGLEY	HARMONY AC EP	M	29	SM	1.36.50	2	0
75	1957	EDDIE	GILLMORE	BLUEWATER BAY	M	46	45-49M	1.36.54	3	0
76	1010	JAN	VAN EEDEN	HARMONY AC EP	M	46	45-49M	1.37.28	3	0
77	1474	HERMAN	VAN JAARSVELDT	HARMONY AC EP	M	45	45-49M	1.37.46	3	0
78	570	DON	WHYTE	RUN FOR LIFE A	M	57	55-59M	1.38.18	0	0
79	1319	WILLEM	PIENAAR	MR PRICE UPE	M	27	SM	1.38.59	2	0
80	1512	LOUIS	SWIEGELAAR	HARMONY AC EP	M	38	35-40M	1.39.07	2	0
81	1723	SUZANNE	LAVIS	PROCYDIN PETECH	F	46	45-49F	1.39.23	5	21
82	1464	COWAN	CANNON	HARMONY AC EP	M	36	35-40M	1.39.39	2	0
83	1995	PAUL	STEFFENS	NOKIA ALGOA AC	M	53	50-54M	1.40.44	3	0
84	881	GEORGE	BOTHA	ELITE A C	M	50	50-54M	1.40.49	3	0
85	1529	DULAMILE	GXASHEKA	TEMP	M	16	JM	1.41.09	0	0
86	1777	RODGER	HILL	RHODES UNIVERSI	M	22	SM	1.41.52	0	0
87	2063	DANIEL	PIETERSE	NOKIA ALGOA AC	M	42	40-44M	1.41.57	2	0
88	2072	CHRISTOPHER	COCKCROFT	NOKIA ALGOA AC	M	48	45-49M	1.41.58	2	0
89	1500	PIETER	KAPP	HARMONY AC EP	M	43	40-44M	1.42.01	2	0
90	1148	PERCY	DALTON	ACHILLES AAA	M	56	55-59M	1.42.19	3	0
91	994	GREGORY	BAUER	CHARLO A C	M	45	45-49M	1.42.57	2	0
92	918	RAYMOND	WEITZ	ELITE A C	M	49	45-49M	1.43.07	2	0
93	36	MICHAEL	COLLINS	P.E.A.A.C.	M	65	65-69M	1.43.21	5	0
94	770	BENITA	BARTON	CRUSADERS A C	F	34	SF	1.43.35	2	20
95	722	BARON	NAUDE	CRUSADERS A C	M	26	SM	1.43.35	2	0
96	1102	ROGER	TRADER	ACHILLES AAA	M	50	50-54M	1.43.53	2	0
97	904	DEAN	FINLAY	ELITE A C	M	38	35-40M	1.43.55	2	0
98	967	BRENT	PORTER	CHARLO A C	M	36	35-40M	1.44.17	2	0
99	1357	BASIL	MC LEAN	FIT2000 A C	M	45	45-49M	1.44.24	2	0
100	23	SHANE	BROWN	P.E.A.A.C.	M	43	40-44M	1.44.26	2	0
101	337	MICHAEL	IRWIN	RHODES UNIVERSI	M	25	SM	1.44.30	2	0
102	1169	BASIL	TYLER	ACHILLES AAA	M	42	40-44M	1.44.35	2	0
103	1196	JOHAN	BARNARD	MR PRICE UPE	M	49	45-49M	1.44.47	2	0
104	1783	KERRY	LONGHURST	TEMP	F	32	SF	1.45.00	0	0
105	1784	NEIL	CURRIE	TEMP	M	39	35-40M	1.45.01	0	0
106	1953	COLIN	PARKINS	BLUEWATER BAY	M	50	50-54M	1.45.09	2	0
107	248	GERRIT	WELGEMOED	ST ALBANS CSEP	M	40	40-44M	1.45.22	2	0
108	1698	BRIAN	MCKAY	HARMONY AC EP	M	49	45-49M	1.45.39	2	0
109	1459	JACQUES	SNYMAN	HARMONY AC EP	M	36	35-40M	1.45.55	2	0
110	1499	NEREDA	KAPP	HARMONY AC EP	F	36	35-40F	1.45.56	2	19
111	206	RONALD	STURGISS	ST ALBANS CSEP	M	38	35-40M	1.45.56	2	0
112	2065	ARTHUR	WILLIAMS	NOKIA ALGOA AC	M	41	40-44M	1.46.17	2	0
113	853	CLAIRE	NAGEL	ELITE A C	F	40	40-44F	1.46.23	2	18
114	1964	PIERRE	STANDER	ELITE A C	M	40	40-44M	1.46.29	2	0
115	435	BUYILE	PETROS	ABERDARE CABLES	M	52	50-54M	1.46.37	2	0
116	1473	ROLAN	LOTTERING	HARMONY AC EP	M	37	35-40M	1.46.48	2	0
117	1461	MERVYN	MALGAS	HARMONY AC EP	M	42	40-44M	1.46.48	2	0
118	1178	STEPHEN	DOUGLAS	ACHILLES AAA	M	44	40-44M	1.47.37	2	0
119	1584	RICHARDSON	VAUGHAN	TEMP	M	34	SM	1.47.56	0	0

POS	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
120	2377	GODFREY	KARIEM	FORD A C	M	63	60-64M	1.48.06	3	0
121	289	GEORGE	MEARNS	KOWIE STRIDERS	M	57	55-59M	1.48.44	2	0
122	778	JULIE	TAUNTON	CRUSADERS A C	F	44	40-44F	1.48.51	2	17
123	1786	BONGANI	BASHE	TEMP	M	23	SM	1.48.59	0	0
124	902	JAKKIE	GERBER	ELITE A C	M	44	40-44M	1.49.04	2	0
125	1098	ANTHONY	GROATS	SANDF EP	M	58	55-59M	1.49.19	2	0
126	2362	ALBERT	NGCANGA	FORD A C	M	52	50-54M	1.50.08	2	0
127	1014	IAN	ALLIN	BODY CONCEPT	M	45	45-49M	1.50.14	2	0
128	685	ANNELIE	NEL	LEGACY AC	F	29	SF	1.50.20	2	16
129	980	ANTON	ELS	CHARLO A C	M	37	35-40M	1.50.22	1	0
130	561	PLAAITJIE	DAMONS	VWAC	M	40	40-44M	1.50.37	2	0
131	220	BENNIE	THYSSE	ST ALBANS CSEP	M	47	45-49M	1.50.43	2	0
132	556	ALFY	PETRUS	VWAC	M	41	40-44M	1.50.51	2	0
133	608	JOHANNES	GESWINDT	X-CEL A C	M	45	45-49M	1.50.55	2	0
134	311	JEANNIE	FOX	RHODES UNIVERSI	F	21	SF	1.50.56	2	15
135	211	MERVIN	FORTUIN	ST ALBANS CSEP	M	39	35-40M	1.50.56	1	0
136	1179	PETER	POHLMANN	ACHILLES AAA	M	41	40-44M	1.50.58	2	0
137	2034	DEON	DOBSON	NOKIA ALGOA AC	M	41	40-44M	1.51.05	1	0
138	348	RODDY	FOX	RHODES UNIVERSI	M	51	50-54M	1.51.18	2	0
139	307	KATE	PENDLEBURY	RHODES UNIVERSI	F	23	SF	1.51.23	2	14
140	1624	SAM	ERASMUS	PEB PRNT ADIDAS	M	46	45-49M	1.51.54	2	0
141	538	DEVIN	SERFONTEIN	P.E.A.A.C.	M	20	SM	1.52.01	1	0
142	1529	JOHN	PEO	HARMONY AC EP	M	55	55-59M	1.52.03	2	0
143	1909	WIMPIE	HERBST	BLUEWATER BAY	M	42	40-44M	1.52.23	1	0
144	2225	BUYELWA	KOBOKANA	HARMONY AC EP	F	39	35-40F	1.52.34	2	13
145	1122	BOB	STEDMAN	ACHILLES AAA	M	55	55-59M	1.52.43	2	0
146	2004	GERALD	STRUWIG	NOKIA ALGOA AC	M	35	35-40M	1.52.51	1	0
147	462	GERHARD	LEMMER	WALMER AC	M	37	35-40M	1.52.51	1	0
148	1979	LINDA	DE VILLIERS	NOKIA ALGOA AC	F	40	40-44F	1.53.08	2	12
149	555	JOHAN	NEL	VWAC	M	47	45-49M	1.53.08	2	0
150	1111	GRAHAM	CHANNON	ACHILLES AAA	M	54	50-54M	1.53.58	2	0
151	2295	ARNOLD	RAS	MUIRITE STRIDER	M	42	40-44M	1.54.13	1	0
152	2228	LEANA	BERG	HARMONY AC EP	F	35	35-40F	1.54.15	2	11
153	1492	HEIN	BADENHORST	HARMONY AC EP	M	34	SM	1.54.15	1	0
154	962	KELVIN	WILSON	CHARLO A C	M	34	SM	1.54.22	1	0
155	2438	PAUL	EAGLETON	NOKIA ALGOA AC	M	41	40-44M	1.54.45	1	0
156	353	MATTHEW	GIBB	RHODES UNIVERSI	M	26	SM	1.55.08	1	0
157	944	ELDRIANO	GOLIATH	MAKANA	M	16	JM	1.55.17	1	0
158	905	ANDRE	FOURIE	ELITE A C	M	57	55-59M	1.55.29	2	0
159	2074	GUSTAV	GRASMAN	NOKIA ALGOA AC	M	43	40-44M	1.55.52	1	0
160	1960	DORIS	LIBERTY	NOKIA ALGOA AC	F	44	40-44F	1.55.58	2	10
161	1605	SANET	NIIT	PEB PRNT ADIDAS	F	36	35-40F	1.56.01	1	9
162	1534	CISCO	STRYDOM	PEB PRNT ADIDAS	M	34	SM	1.56.02	1	0
163	374	LIZ	GRUNDLINGH	MUIRITE STRIDER	F	57	55-59F	1.56.14	2	8
164	934	GREGORY	ROSS	CHARLO A C	M	31	SM	1.56.30	1	0
165	1486	LAWRENCE	GLOVER	HARMONY AC EP	M	32	SM	1.56.30	1	0
166	539	JOHANNA	PRINS	P.E.A.A.C.	F	27	SF	1.56.45	1	7
167	1774	DOMINIQUE	CLOGG	TEMP	F	29	SF	1.56.49	0	0
168	2020	CHRIS	BEKKER	NOKIA ALGOA AC	M	51	50-54M	1.56.54	1	0
169	915	JOHANN	DORFLING	ELITE A C	M	46	45-49M	1.56.57	1	0
170	1542	SIPHO	NCANDANA	PEB PRNT ADIDAS	M	48	45-49M	1.57.25	1	0
171	771	VIV	BULLOCK	CRUSADERS A C	F	37	35-40F	1.57.29	1	6
172	941	RICHMAN	MATOMELA	MAKANA	M	16	JM	1.57.35	1	0
173	375	CLAYTON	HISCOCK	MUIRITE STRIDER	M	34	SM	1.57.39	1	0
174	590	YUSUF	SAMUELS	X-CEL A C	M	45	45-49M	1.57.56	1	0
175	1782	JOHN	MCCONNACHIE	TEMP	M	51	50-54M	1.58.00	0	0
176	943	RICHARD	MATOMELA	MAKANA	M	16	JM	1.58.25	1	0
177	9099	CHARLES	GOLDSWAIN	P.E.A.A.C.	M	19	SM	1.58.28	1	0
178	725	GRAHAM	ELBOURNE	CRUSADERS A C	M	52	50-54M	1.58.40	1	0
179	1775	LEAH	PROUDHOMME	TEMP	F	25	SF	1.58.53	0	0

POS	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
180	700	HILTON	WAIT	LEGACY AC	M	22	SM	1.59.04	1	0
181	22	RHONA	EMAANDIEN	P.E.A.A.C.	F	34	SF	1.59.12	1	5
182	296	BRIAN	HENDRY	KOWIE STRIDERS	M	34	SM	1.59.29	1	0
183	1695	VURDEN	VAN NIEKERK	HARMONY AC EP	M	35	35-40M	1.59.39	1	0
184	753	JOHN	MARTIN	CRUSADERS A C	M	70	70+M	1.59.43	2	0
185	1939	ADELE	VAN DE VENTER	BLUEWATER BAY	F	36	35-40F	1.59.43	1	4
186	774	DERICK	VOSLOO	CRUSADERS A C	M	49	45-49M	1.59.44	1	0
187	1968	LAETITIA	SMITH	NOKIA ALGOA AC	F	35	35-40F	1.59.57	1	3
188	31	CHRIS	VILJOEN	P.E.A.A.C.	M	57	55-59M	2.00.11	1	0
189	2005	DANIEL	FERREIRA	ELITE A C	M	45	45-49M	2.00.24	1	0
190	916	DAVID	GALLANT	ELITE A C	M	51	50-54M	2.00.34	1	0
191	1139	GRAHAM	NELL	ACHILLES AAA	M	53	50-54M	2.00.36	1	0
192	223	SHARON	SMUTS	ST ALBANS CSEP	F	38	35-40F	2.00.58	1	2
193	277	GERSHIN	HUTCHINSON	KOWIE STRIDERS	M	23	SM	2.01.00	1	0
194	1579	CARLO	APPOLLIS	TEMP	M	15	JM	2.01.40	0	0
195	1914	FRANCOIS	SMITH	BLUEWATER BAY	M	38	35-40M	2.03.09	1	0
196	9424	RYAN	GUEST	HIGH SCHOOLS	M	18	JM	2.03.17	0	0
197	1454	EUGENE	MULDER	HARMONY AC EP	M	58	55-59M	2.03.35	1	0
198	1597	SIPHO	MSOMI	PEB PRNT ADIDAS	M	30	SM	2.04.12	1	0
199	1982	LOUWRENS	BASSON	NOKIA ALGOA AC	M	42	40-44M	2.04.14	1	0
200	2111	NICO	DE WET	NOKIA ALGOA AC	M	29	SM	2.04.14	1	0
201	559	REAN	THERON	VWAC	M	41	40-44M	2.04.18	1	0
202	1543	DANIEL	DU TOIT	PEB PRNT ADIDAS	M	38	35-40M	2.04.21	1	0
203	27	GESINA	OOSTHUIZEN	P.E.A.A.C.	F	45	45-49F	2.04.36	1	1
204	933	LAVINIA	DARLOW	CHARLO A C	F	35	35-40F	2.04.38	1	0
205	2090	TERTIA	COETZEE	NOKIA ALGOA AC	F	45	45-49F	2.04.40	1	0
206	1165	LESLEY	MAGGOTT	ACHILLES AAA	F	37	35-40F	2.04.45	1	0
207	1776	TIM	BARNARD	TEMP	M	37	35-40M	2.04.52	0	0
208	1001	ROBIN	CLARK	BODY CONCEPT	M	63	60-64M	2.05.04	1	0
209	218	ANDRE	LANDMAN	ST ALBANS CSEP	M	51	50-54M	2.05.07	1	0
210	215	THERESA	MATTHYSEN	ST ALBANS CSEP	F	37	35-40F	2.05.08	1	0
211	899	PETRA	PIENAAR	ELITE A C	F	40	40-44F	2.05.15	1	0
212	793	BOBBY	BULLOCK	CRUSADERS A C	M	52	50-54M	2.05.24	1	0
213	2060	BARNEY	KRUGER	NOKIA ALGOA AC	M	52	50-54M	2.06.21	1	0
214	1986	KAREN	MELS	NOKIA ALGOA AC	F	39	35-40F	2.06.58	1	0
215	472	ALAN	PENNEY	WALMER AC	M	57	55-59M	2.07.21	1	0
216	880	RINA	BARNARD	ELITE A C	F	50	50-54F	2.07.26	1	0
217	1585	DIETER	KUNKEL	TEMP	M	50	50-54M	2.07.37	0	0
218	900	ANDRE	PIENAAR	ELITE A C	M	41	40-44M	2.07.37	1	0
219	356	GREGORY	BILLSON	MUIRITE STRIDER	M	35	35-40M	2.08.19	1	0
220	3	AUDIE	CLAASSEN	P.E.A.A.C.	M	52	50-54M	2.09.03	1	0
221	851	ANNA-LIZE	DU PREEZ	ELITE A C	F	36	35-40F	2.09.06	1	0
222	1772	THEO	DU TOIT	TEMP	M	44	40-44M	2.09.11	0	0
223	752	DEREK	DAVIDSON	CRUSADERS A C	M	53	50-54M	2.10.17	1	0
224	746	MALCOLM	KINGHORN	CRUSADERS A C	M	58	55-59M	2.10.58	1	0
225	701	SELWYN	SOLOMON	CRUSADERS A C	M	66	65-69M	2.10.59	1	0
226	2392	ARICHAD	WILLIAMS	P.E.A.A.C.	M	39	35-40M	2.12.00	1	0
227	1553	TAMARYN	ROBERTS	TEMP	F	22	SF	2.12.19	0	0
228	90	PHINEAS	MHLAULI	P.E.A.A.C.	M	53	50-54M	2.13.04	1	0
229	1588	GEOFF	BAMFORD	TEMP	M	61	60-64M	2.13.09	0	0
230	1589	COLIN	MEYER	TEMP	M	40	40-44M	2.13.10	0	0
231	1789	JUSTIN	JONAS	TEMP	M	45	45-49M	2.13.10	0	0
232	329	JAY	O'KEEFFE	RHODES UNIVERSI	M	54	50-54M	2.13.11	1	0
233	285	PATRIC	OOSTHUIZEN	KOWIE STRIDERS	M	55	55-59M	2.13.15	1	0
234	2035	DANIEL	SCHUIN	NOKIA ALGOA AC	M	41	40-44M	2.14.10	1	0
235	613	QUENTIN	BURRELL	X-CEL A C	M	41	40-44M	2.15.16	1	0
236	2069	CATHY	ALLERS	NOKIA ALGOA AC	F	42	40-44F	2.15.55	1	0
237	1578	FRED	OOSTHUIZEN	TEMP	M	52	50-54M	2.16.36	0	0
238	1577	DES	WESTCOTT	TEMP	M	40	40-44M	2.16.36	0	0
239	1135	MOF	BOTHA	ACHILLES AAA	M	48	45-49M	2.17.26	1	0

POS	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
240	1773	HAZEL	GEARING	TEMP	F	37	35-40F	2.17.46	0	0
241	115	HENDRICK	SCHOLTZ	P.E.A.A.C.	M	45	45-49M	2.18.51	1	0
242	111	ANTON	SCHOLTZ	P.E.A.A.C.	M	40	40-44M	2.18.52	1	0
243	79	VERONICA	BOSHOFF	P.E.A.A.C.	F	43	40-44F	2.19.01	1	0
244	228	ELNA	JONCK	ST ALBANS CSEP	F	28	SF	2.19.01	1	0
245	1515	YOLANDE	WATSON	HARMONY AC EP	F	42	40-44F	2.19.45	1	0
246	2010	NICOLAAS	CLAASSEN	NOKIA ALGOA AC	M	51	50-54M	2.19.45	1	0
247	906	HELEN	FOURIE	ELITE A C	F	34	SF	2.20.24	1	0
248	1787	KATE	BENYON	TEMP	F	33	SF	2.20.29	0	0
249	976	ALMA	FOURIE	CHARLO A C	F	47	45-49F	2.21.00	1	0
250	373	NEIL	GROBLER	MUIRITE STRIDER	M	44	40-44M	2.21.00	1	0
251	932	BEVERLEY	DARLOW	CHARLO A C	F	32	SF	2.21.05	1	0
252	2390	JOSEPH	SERFONTEIN	P.E.A.A.C.	M	53	50-54M	2.21.08	1	0
253	1505	HESTER	DEKKER	HARMONY AC EP	F	32	SF	2.21.59	1	0
254	1470	MICHAEL	DEKKER	HARMONY AC EP	M	31	SM	2.21.59	1	0
255	928	MICHAEL	SIKO	MAKANA	M	31	SM	2.23.16	1	0
256	32	JAN	BEKKER	P.E.A.A.C.	M	71	70+M	2.24.53	1	0
257	758	COLIN	MURRAY	CRUSADERS A C	M	49	45-49M	2.25.14	1	0
258	1000	ROY	HEINE	CHARLO A C	M	48	45-49M	2.25.15	1	0
259	935	BRUCE	DARLOW	CHARLO A C	M	33	SM	2.25.20	1	0
260	2017	WILLIAM	GERBER	NOKIA ALGOA AC	M	38	35-40M	2.28.22	1	0
261	901	ENID	GERBER	ELITE A C	F	43	40-44F	2.28.30	1	0
262	2037	ERIKA	STRUWIG	NOKIA ALGOA AC	F	35	35-40F	2.28.30	1	0
263	1791	MATSELISO	TSHABALALA	TEMP	M	30	SM	2.28.31	0	0
264	219	RENE	POTGIETER	ST ALBANS CSEP	F	45	45-49F	2.31.19	0	0
265	129	ANNA	POTGIETER	P.E.A.A.C.	F	58	55-59F	2.43.23	0	0
266	1402	MARLENE	BEZUIDENHOUT	JEFFREYS BAY	F	53	50-54F	2.43.24	0	0
267	20	BRIAN	SMITH	P.E.A.A.C.	M	61	60-64M	2.46.32	0	0
268	872	TERRENCE	REID	ELITE A C	M	56	55-59M	2.51.08	0	0
269	2071	LYNN	GERBER	NOKIA ALGOA AC	F	30	SF	2.52.38	0	0
HELPERS RUN										
H1	840	BEN	COBBING	ALBANY R R	M	30	SM	1.57.19	1	0
H2	830	RICHARD	FOSS	ALBANY R R	M	50	50-54M	1.57.19	1	0
H3	833	JUSTIN	POWERS	ALBANY R R	M	35	35-40M	1.57.40	1	0
H4	824	STEPHEN	PENNEY	ALBANY R R	M	30	SM	1.57.54	1	0
H5	822	TERRI-LYNN	PENNEY	ALBANY R R	F	27	SF	2.02.26	1	0
H6	829	PETER	STOCKWELL	ALBANY R R	M	57	55-59M	2.02.26	1	0
H7	850	ALICE	ACHERMANN	ALBANY R R	F	33	SF	2.05.58	1	0
H8	848	SPENCER	JONES	ALBANY R R	M	38	35-40M	2.16.02	1	0
WALKERS										
W1	1779	KAREN	DAVIES	TEMP	F	48	45-49F	2.34.23	0	0
W2	322	BILLY	FUTTER	RHODES UNIVERSI	M	58	55-59M	2.34.24	0	0
W3	2280	WILFRED	APPOLLIS	MAKANA	M	56	55-59M	2.40.34	0	0
W4	305	CAROL	NEPGEN	KOWIE STRIDERS	F	53	50-54F	2.43.54	0	0
W5	1778	BRIAN	BANNATYNE	TEMP	M	46	45-49M	2.47.19	0	0
W6	1590	CELESTE	LEACH	TEMP	F	46	45-49F	2.53.49	0	0
W7	1587	KAREN	MEYER	TEMP	F	40	40-44F	2.54.19	0	0
W8	1580	LYNNE	MARSHALL	TEMP	F	55	55-59F	2.55.15	0	0
W9	2104	ELSEBE	TERBLANCHE	NOKIA ALGOA AC	F	37	35-40F	2.58.39	0	0
W10	1980	MARYKA	ELS	NOKIA ALGOA AC	F	44	40-44F	2.58.41	0	0
W11	304	JEAN	NEPGEN	KOWIE STRIDERS	M	59	55-59M	3.00.15	0	0
W12	2053	MELANIE	NEL	NOKIA ALGOA AC	F	49	45-49F	3.01.15	0	0
W13	208	ANNA	WELGEMOED	ST ALBANS CSEP	F	35	35-40F	3.01.16	0	0
W14	1771	EDWARD	PRINCE	TEMP	M	233	JM	3.02.12	0	0
W15	2114	DELIA	BIGGE	NOKIA ALGOA AC	F	45	45-49F	3.05.12	0	0
W16	1781	TESS	BALL	TEMP	F	47	45-49F	3.07.51	0	0
W17	1113	HEINRICH	MAKKINK	QUEENSTOWN HARR	M	50	50-54M	3.07.59	0	0
W18	1770	JEFF	GROCOTT	TEMP	M	66	65-69M	3.19.56	0	0
W19	1583	SOORAYYAH	CHATTAN	TEMP	F	20	SF	3.20.48	0	0
W20	1780	KAREN	LAM	TEMP	F	20	SF	3.20.49	0	0

POS	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
W21	1582	ANNIE	CHAN	TEMP	F	20	SF	3.25.20	0	0
W22	1557	GRACE	MA	TEMP	F	19	SF	3.25.22	0	0