

ABERDARE CABLES 10KM - PORT ELIZABETH - 2004/11/06

POS	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
1	1347	ANTHONY	HERMANUS	MR PRICE UPE	M	21	SM	0.29.58	5	25
2	2128	ODWA	GOQWANA	HARMONY AC EP	M	24	SM	0.30.05	5	24
3	2176	WAYNE	GALLANT	LIBNIKE	M	30	SM	0.30.39	5	23
4	1247	LOYISO	NAZO	HARMONY AC EP	M	27	SM	0.31.18	5	22
5	1308	ROBERT	MATTHYS	MR PRICE UPE	M	28	SM	0.31.26	5	21
6	1198	SANDILE	NGUNUZA	LIBNIKE	M	21	SM	0.31.36	5	20
7	1153	ISAAC	NTLAPE	ACHILLES AAA	M	21	SM	0.31.40	5	19
8	1304	MELIKHAYA	KEPE	MR PRICE UPE	M	28	SM	0.31.53	5	18
9	433	MASANDE	MLONYENI	ABERDARE CABLE	M	24	SM	0.31.59	5	17
10	403	LAWRENCE	MAKUTOANA	ABERDARE CABLE	M	27	SM	0.32.06	5	16
11	411	MABOYISANA	MAZWAYI	ABERDARE CABLE	M	36	35-40M	0.32.17	5	15
12	2202	LUYANDA	TSHANGANA	HARMONY AC EP	M	21	SM	0.32.27	5	14
13	404	LUVUYO	DYANI	ABERDARE CABLE	M	34	SM	0.32.36	5	13
14	739	CHRISTOPHER	MBEJENI	TEMP	M	29	SM	0.32.44	0	0
15	2070	ZAMUBUNTU	TEYISE	NOKIA ALGOA AC	M	28	SM	0.32.45	5	12
16	2204	ANELE	MALIZA	HARMONY AC EP	M	26	SM	0.32.46	5	11
17	2009	ALFRED	QOGI	NOKIA ALGOA AC	M	31	SM	0.33.13	5	10
18	402	MZWANELE	MAPHEKULA	ABERDARE CABLE	M	28	SM	0.33.14	5	9
19	507	KHAYALETHU	MAKALIMA	LIBNIKE	M	21	SM	0.33.14	5	8
20	1857	LUFEZE	XINWA	HARMONY AC EP	M	17	JM	0.33.25	5	7
21	2094	MNCEDI	KHANTI	NOKIA ALGOA AC	M	25	SM	0.33.29	5	6
22	2052	ABSALOM	KEMP	NOKIA ALGOA AC	M	40	40-44M	0.33.53	5	5
23	982	NCEBA	BONGWANA	MAKANA	M	19	JM	0.33.55	5	4
24	9395	SELLO	MOLESE	NOKIA ALGOA AC	M	18	JM	0.33.56	5	3
25	1520	MBULELO	FESI	HARMONY AC EP	M	26	SM	0.34.04	5	2
26	673	DESMOND	WITBOOI	NOKIA ALGOA AC	M	32	SM	0.34.25	5	1
27	1194	KENNETH	MENZE	MR PRICE UPE	M	42	40-44M	0.34.27	5	0
28	273	VUSUMZI	THOMPSON	MUIRITE STRIDER	M	20	SM	0.34.34	5	0
29	264	ZUZILE	NYARASHE	CADBURY A C	M	25	SM	0.34.43	5	0
30	9133	NTSIKELELO	SEBE	ABERDARE CABLE	M	20	SM	0.34.46	5	0
31	1266	MNCEDISI	YAWA	MR PRICE UPE	M	39	35-40M	0.34.54	5	0
32	655	TRESH	JAVU	LIBNIKE	M	31	SM	0.34.54	5	0
33	1456	AUGUST	ESAU	HARMONY AC EP	M	33	SM	0.34.55	5	0
34	1186	CRAIG	WILSON	ACHILLES AAA	M	36	35-40M	0.34.57	5	0
35	2158	ALFRED	SPIERS	ELITE A C	M	44	40-44M	0.34.58	5	0
36	9317	LOUIS	GREYLING	LIBNIKE	M	17	JM	0.35.00	5	0
37	2203	KGOTSO	MAJARA	HARMONY AC EP	M	24	SM	0.35.12	5	0
38	9291	BULELINI	NIWA	P.E.A.A.C.	M	19	JM	0.35.15	5	0
39	2318	LUVUYO	MAVIKELA	LIBNIKE	M	28	SM	0.35.19	5	0
40	250	JOHANNES	JONCK	ST ALBANS CSEP	M	31	SM	0.35.21	5	0
41	9046	VUYOLWETHU	TYINI	PROCYDIN PETECI	M	13	JM	0.35.23	5	0
42	38	RICHARD	NOSILELA	P.E.A.A.C.	M	40	40-44M	0.35.26	5	0
43	2177	THEMBEKILE	MSIPA	HARMONY AC EP	M	30	SM	0.35.27	5	0
44	955	NKOSINATHI	MADYO	TEMP	M	16	JM	0.35.45	0	0
45	1285	PATRICK	MADE	MR PRICE UPE	M	22	SM	0.35.46	5	0
46	9435	MELIKHAYA	MTO	PROCYDIN PETECI	M	17	JM	0.35.51	5	0
47	405	ZANDISILE	TSHUNUNGWA	ABERDARE CABLE	M	28	SM	0.35.55	5	0
48	485	BENNIE	MATTHEUS	WALMER AC	M	35	35-40M	0.36.04	5	0
49	1709	THOZAMILE	BOKOLO	PROCYDIN PETECI	M	42	40-44M	0.36.10	5	0
50	2317	DESMOND	ZIBI	LIBNIKE	M	41	40-44M	0.36.10	5	0
51	2219	CHARLES	BAATJIES	HARMONY AC EP	M	47	45-49M	0.36.44	5	0
52	1658	VERNON	NEWFELDT	WILLARD BATT	M	38	35-40M	0.36.50	5	0
53	9388	CHARLTON	DRAAI	HARMONY AC EP	M	15	JM	0.36.54	4	0
54	1032	JACOB	ABRAHAM	BODY CONCEPT	M	38	35-40M	0.36.57	5	0
55	1775	NTOMBESINTU	MFUNZI	PROCYDIN PETECI	F	22	SF	0.37.03	5	25
56	1999	FERDINAND	GROBLER	NOKIA ALGOA AC	M	46	45-49M	0.37.09	5	0
57	88	U-VIWE	MBELEKANE	P.E.A.A.C.	M	20	SM	0.37.13	4	0
58	401	ZINAKILE	SOYAMBA	ABERDARE CABLE	M	52	50-54M	0.37.16	5	0
59	1185	MICHAEL	MAGSON	ACHILLES AAA	M	28	SM	0.37.18	4	0
60	1602	RIAAN	KOCK	PEB PRNT ADIDAS	M	34	SM	0.37.19	4	0
61	21	COLBEN	NGCUPE	P.E.A.A.C.	M	41	40-44M	0.37.22	5	0
62	454	NEIL	DE MEILLON	NEW BALANCE	M	41	40-44M	0.37.28	5	0
63	464	ALLEN	MATTOCKS	WALMER AC	M	49	45-49M	0.37.31	5	0

POS	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
64	8021	MONGEZI	FOLEY	FIT2000 A C	M	29	SM	0.37.35	4	0
65	1720	BENJAMIN	SESING	PROCYDIN PETECI	M	24	SM	0.37.37	4	0
66	911	WYNAND	DE GOEDE	ELITE A C	M	29	SM	0.37.42	4	0
67	2320	CLAYTON	DRAAI	HARMONY AC EP	M	15	JM	0.37.51	4	0
68	1611	ANDILE	GO	PEB PRNT ADIDAS	M	33	SM	0.38.07	3	0
69	2163	MELUMZI	TSOTYANA	MUIRITE STRIDER	M	15	JM	0.38.08	0	0
70	66	BUYISILE	MAKWELA	P.E.A.A.C.	M	35	35-40M	0.38.11	4	0
71	64	PHILBERT	TYOMBO	P.E.A.A.C.	M	41	40-44M	0.38.19	5	0
72	1222	TRELOAR	CHILDS	MR PRICE UPE	F	41	40-44F	0.38.21	5	24
73	1656	KAASHIF	PIETERSEN	WILLARD BATT	M	28	SM	0.38.22	3	0
74	1623	STEPHAN	BOTHA	PEB PRNT ADIDAS	M	35	35-40M	0.38.23	4	0
75	1259	GEORGE	BUKA	MR PRICE UPE	M	34	SM	0.38.28	3	0
76	8022	CLIFF	COMMONS	SANDF EP	M	29	SM	0.38.30	3	0
77	2193	BRAMLEY	DERROCKS	P.E.A.A.C.	M	31	SM	0.38.33	3	0
78	1614	TERRY	THORNTON	PEB PRNT ADIDAS	M	37	35-40M	0.38.36	4	0
79	867	RANDALL	CUNNINGHAM	ELITE A C	M	43	40-44M	0.38.38	4	0
80	433	MZWANDILE	JULY	TEMP	M	31	SM	0.38.38	0	0
81	903	LEANNE	FINLAY	ELITE A C	F	36	35-40F	0.38.38	5	23
82	1772	MTHUTHUZELI	MANELI	PROCYDIN PETECI	M	17	JM	0.38.41	3	0
83	1163	ROBIN	FOURIE	ACHILLES AAA	M	41	40-44M	0.38.42	4	0
84	1353	ADRIAN	CLARKE	FIT2000 A C	M	39	35-40M	0.38.44	4	0
85	870	PETER	VAN RENSBURG	HARMONY AC EP	M	46	45-49M	0.38.49	5	0
86	9471	VIRGIL	WILLIAMS	HARMONY AC EP	M	15	JM	0.38.55	3	0
87	1079	MARIO	KETTLEDAS	SANDF EP	M	30	SM	0.38.57	3	0
88	1598	DONALD	MANCASA	PEB PRNT ADIDAS	M	50	50-54M	0.39.00	5	0
89	352	SONWABO	NYANGIWE	PEB PRNT ADIDAS	M	37	35-40M	0.39.03	4	0
90	1637	EUGENE	AFRICA	WILLARD BATT	M	37	35-40M	0.39.04	4	0
91	856	CLIVE	WEWERS	ELITE A C	M	44	40-44M	0.39.05	4	0
92	1085	WILLEM	ENGELBRECHT	HIGH SCHOOLS	M	16	JM	0.39.06	0	0
93	910	CISCE	COETZEE	ELITE A C	M	35	35-40M	0.39.08	3	0
94	897	DESMOND	FOUCHE	ELITE A C	M	39	35-40M	0.39.09	3	0
95	1512	LOUIS	SWIEGELAAR	HARMONY AC EP	M	38	35-40M	0.39.10	3	0
96	9071	KEVIN	EAGLETON	NOKIA ALGOA AC	M	16	JM	0.39.13	3	0
97	441	FRANCOIS	DE VILLIERS	TEMP	M	28	SM	0.39.21	0	0
98	1348	MBUYISELI	STENGE	MR PRICE UPE	M	26	SM	0.39.23	3	0
99	1567	LLEWELLYN	CLACK	PEB PRNT ADIDAS	M	40	40-44M	0.39.23	4	0
100	1994	ASHLEY	VAN DER WATT	NOKIA ALGOA AC	M	39	35-40M	0.39.31	3	0
101	1967	IVAN	RUDD	NOKIA ALGOA AC	M	37	35-40M	0.39.32	3	0
102	2031	HELGARD	POTGIETER	NOKIA ALGOA AC	M	32	SM	0.39.38	3	0
103	2323	PAUL	PEREL	LEGACY AC	M	33	SM	0.39.40	3	0
104	4077	DEREK	STEVENS	TEMP	M	37	35-40M	0.39.44	0	0
105	1641	SIZINZO	KAMA	HARMONY AC EP	M	53	50-54M	0.39.46	5	0
106	1971	DUANE	LERM	NOKIA ALGOA AC	M	33	SM	0.39.50	3	0
107	9461	JODY	CLAASEN	HARMONY AC EP	M	15	JM	0.39.52	3	0
108	9014	LUYANDA	MTSHIZANA	PROCYDIN PETECI	M	16	JM	0.39.53	3	0
109	1624	SAM	ERASMUS	PEB PRNT ADIDAS	M	47	45-49M	0.39.54	5	0
110	918	RAYMOND	WEITZ	ELITE A C	M	49	45-49M	0.39.58	5	0
111	1435	CLINTON	JANTJIES	JEFFREYS BAY	M	23	SM	0.39.59	3	0
112	1990	HENDRIK	VAN WYK	NOKIA ALGOA AC	M	40	40-44M	0.40.00	4	0
113	9460	IVAN	AMBRAAL	HARMONY AC EP	M	19	JM	0.40.04	3	0
114	1451	GRIZELDA	PIETERSEN	HARMONY AC EP	F	36	35-40F	0.40.05	5	22
115	1189	TONY	BOARDMAN	ACHILLES AAA	M	45	45-49M	0.40.11	4	0
116	722	BARON	NAUDE	CRUSADERS A C	M	26	SM	0.40.18	3	0
117	2224	MATI	JACK	HARMONY AC EP	M	52	50-54M	0.40.22	5	0
118	415	GERHARD	LUCK	TEMP	M	45	45-49M	0.40.27	0	0
119	971	JEFFREY	VAN NIEKERK	CHARLO A C	M	31	SM	0.40.34	3	0
120	1972	IGGY	FERREIRA	NOKIA ALGOA AC	M	32	SM	0.40.34	3	0
121	210	BONGANI	MAZIBUKO	ST ALBANS CSEP	M	37	35-40M	0.40.35	3	0
122	351	CELESTE	SWART	HARMONY AC EP	F	35	35-40F	0.40.39	5	21
123	890	ANTON	VON MOLENDORFF	ELITE A C	M	41	40-44M	0.40.40	3	0
124	1576	WELLINGTON	TYEKE	PEB PRNT ADIDAS	M	50	50-54M	0.40.41	5	0
125	862	STEPHEN	KLUE	ELITE A C	M	46	45-49M	0.40.46	4	0
126	909	SHARON	ZEELIE	HARMONY AC EP	F	33	SF	0.40.48	4	20
127	2162	DEON	CLAASSEN	ELITE A C	M	29	SM	0.40.53	3	0

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128	970	FRED	VERRALL	CHARLO A C	M	56	55-59M	0.40.54	5	0
129	710	MICHAEL	BARNARDO	CRUSADERS A C	M	37	35-40M	0.40.56	3	0
130	402	MZWANELE	MAPHEKULA	ABERDARE CABLE	M	28	SM	0.41.05	3	0
131	1423	LAWRENCE	MATINYANI	JEFFREYS BAY	M	28	SM	0.41.06	3	0
132	1071	ZILINGENE	RALANE	SANDF EP	M	42	40-44M	0.41.15	3	0
133	1613	PIERRE	KNOESEN	PEB PRNT ADIDAS	M	50	50-54M	0.41.15	5	0
134	1148	PERCY	DALTON	ACHILLES AAA	M	56	55-59M	0.41.16	5	0
135	2027	FANIE	CLAASSEN	NOKIA ALGOA AC	M	46	45-49M	0.41.21	4	0
136	2085	LOESJE	DE BEER	NOKIA ALGOA AC	F	46	45-49F	0.41.22	5	19
137	1110	DAVERA	MAGSON	ACHILLES AAA	F	29	SF	0.41.25	4	18
138	1156	BRUCE	MCEWAN	ACHILLES AAA	M	51	50-54M	0.41.26	5	0
139	420	CHRISTOPHER	NYODI	ABERDARE CABLE	M	46	45-49M	0.41.30	4	0
140	1287	MONWABISI	MPULU	MR PRICE UPE	M	44	40-44M	0.41.34	3	0
141	1123	LINDSAY	PILLAY	ACHILLES AAA	M	50	50-54M	0.41.35	5	0
142	1055	ANDRE	LOOTS	BODY CONCEPT	M	42	40-44M	0.41.38	3	0
143	2039	DONEVIN	LESCH	NOKIA ALGOA AC	M	31	SM	0.41.41	3	0
144	1354	HANNES	ELS	FIT2000 A C	M	54	50-54M	0.41.41	5	0
145	1350	MARIETTE	HATTINGH	MR PRICE UPE	F	38	35-40F	0.41.43	5	17
146	1197	LIANDRE	PRETORIUS	MR PRICE UPE	F	25	SF	0.41.49	4	16
147	207	GRAHAM	BUBB	ST ALBANS CSEP	M	36	35-40M	0.41.54	3	0
148	2019	RAYMOND	GERBER	NOKIA ALGOA AC	M	25	SM	0.41.59	2	0
149	1166	CHRIS	GEDYE	ACHILLES AAA	M	41	40-44M	0.42.03	3	0
150	1950	LEON	KILIAN	BLUEWATER BAY	M	61	60-64M	0.42.10	5	0
151	941	RICHMAN	MATOMELA	MAKANA	M	17	JM	0.42.16	2	0
152	943	RICHARD	MATOMELA	MAKANA	M	17	JM	0.42.18	2	0
153	1169	BASIL	TYLER	ACHILLES AAA	M	43	40-44M	0.42.18	3	0
154	1162	CHRISTIAN	DU PREEZ	TEMP	M	34	SM	0.42.28	0	0
155	592	CHESTER	BROOKS	X-CEL A C	M	46	45-49M	0.42.29	3	0
156	1957	EDDIE	GILLMORE	BLUEWATER BAY	M	46	45-49M	0.42.31	3	0
157	9454	ASHLEY	QUINATE	HARMONY AC EP	M	17	JM	0.42.47	2	0
158	1956	VUYO	CEKISANI	BLUEWATER BAY	M	38	35-40M	0.42.48	2	0
159	1963	JACOBUS	WYATT	NOKIA ALGOA AC	M	41	40-44M	0.42.50	3	0
160	700	MATTHYS	PLAATJIES	TEMP	M	43	40-44M	0.42.50	0	0
161	987	STEPHEN	VERRALL	CHARLO A C	M	29	SM	0.42.51	2	0
162	1501	THEUNIS	NEL	HARMONY AC EP	M	31	SM	0.42.52	2	0
163	1140	BRUCE	BARKER	ACHILLES AAA	M	46	45-49M	0.42.56	3	0
164	431	DUMANI	KUSE	TEMP	M	29	SM	0.42.56	0	0
165	2058	WERNER	CLAASSEN	NOKIA ALGOA AC	M	40	40-44M	0.42.59	3	0
166	967	BRENT	PORTER	CHARLO A C	M	36	35-40M	0.43.02	2	0
167	168	MARK	ROCKMAN	MALABAR	M	36	35-40M	0.43.02	2	0
168	150	TONY	KLAASEN	MALABAR	M	42	40-44M	0.43.08	3	0
169	2004	GERALD	STRUWIG	NOKIA ALGOA AC	M	36	35-40M	0.43.09	2	0
170	996	GAVIN	VAN VLIET	CHARLO A C	M	47	45-49M	0.43.11	3	0
171	1111	GRAHAM	CHANNON	ACHILLES AAA	M	55	55-59M	0.43.12	5	0
172	2095	CHANTEL	VAN STADEN	NOKIA ALGOA AC	F	20	SF	0.43.13	3	15
173	1973	ADELE	NEL	NOKIA ALGOA AC	F	31	SF	0.43.17	3	14
174	1003	MARIUS	VAN EYK	BODY CONCEPT	M	40	40-44M	0.43.19	3	0
175	1490	RIAAN	SMALBERGER	HARMONY AC EP	M	50	50-54M	0.43.19	4	0
176	1182	PAT	THOMSON	ACHILLES AAA	F	44	40-44F	0.43.22	4	13
177	1113	REG	FRIDEY	ACHILLES AAA	M	40	40-44M	0.43.23	3	0
178	9108	MICHAEL	LEMMER	WALMER AC	M	18	JM	0.43.26	2	0
179	994	GREGORY	BAUER	CHARLO A C	M	45	45-49M	0.43.41	3	0
180	1196	JOHAN	BARNARD	MR PRICE UPE	M	49	45-49M	0.43.46	3	0
181	1964	PIERRE	STANDER	ELITE A C	M	40	40-44M	0.43.47	2	0
182	881	GEORGE	BOTHA	ELITE A C	M	51	50-54M	0.43.48	3	0
183	1751	MZIKAYISE	SONKWALA	PROCYDIN PETECI	M	42	40-44M	0.43.49	2	0
184	1201	URSULA	KUHN	MR PRICE UPE	F	23	SF	0.43.53	3	12
185	2388	ROBERT	RIETMULLER	P.E.A.A.C.	M	48	45-49M	0.43.57	3	0
186	919	MARINDA	CRONJE	ELITE A C	F	39	35-40F	0.43.57	3	11
187	1474	HERMAN	VAN JAARVELDT	HARMONY AC EP	M	45	45-49M	0.44.05	3	0
188	1152	GREG	SCOTT	ACHILLES AAA	M	42	40-44M	0.44.08	2	0
189	1092	BRENDON	PERSENS	SANDF EP	M	30	SM	0.44.14	2	0
190	2075	AMOS	BILL	NOKIA ALGOA AC	M	29	SM	0.44.14	2	0
191	2068	MAKHAYA	MAGADA	NOKIA ALGOA AC	M	40	40-44M	0.44.16	2	0

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192	2141	HEINE	VAN EYK	ELITE A C	M	39	35-40M	0.44.17	2	0
193	36	MICHAEL	COLLINS	P.E.A.A.C.	M	66	65-69M	0.44.18	5	0
194	2063	DANIEL	PIETERSE	NOKIA ALGOA AC	M	42	40-44M	0.44.21	2	0
195	902	JAKKIE	GERBER	ELITE A C	M	44	40-44M	0.44.23	2	0
196	2225	BUYELWA	KOBOKANA	HARMONY AC EP	F	39	35-40F	0.44.24	3	10
197	1529	JOHN	PEO	HARMONY AC EP	M	55	55-59M	0.44.27	4	0
198	2089	ANDRE	BARNARD	NOKIA ALGOA AC	M	42	40-44M	0.44.29	2	0
199	1534	CISCO	STRYDOM	PEB PRNT ADIDAS	M	34	SM	0.44.36	2	0
200	594	TYRON	GALLANT	X-CEL A C	M	41	40-44M	0.44.38	2	0
201	2209	ANDRIES	FERREIRA	HARMONY AC EP	M	21	SM	0.44.39	2	0
202	9453	GERHARD	FERREIRA	HARMONY AC EP	M	16	JM	0.44.41	2	0
203	591	DAVID	O'RIELLY	X-CEL A C	M	57	55-59M	0.44.41	4	0
204	4073	MICHAEL	PRETORIUS	TEMP	M	50	50-54M	0.44.42	0	0
205	1145	KEITH	BAYLIS	ACHILLES AAA	M	46	45-49M	0.44.43	3	0
206	1176	BRADLEY	JOUBERT	ACHILLES AAA	M	42	40-44M	0.44.45	2	0
207	230	JOSEPH	BAIN	ST ALBANS CSEP	M	45	45-49M	0.44.46	3	0
208	1551	ALAN	TAYLOR	PEB PRNT ADIDAS	M	47	45-49M	0.44.47	3	0
209	1161	RUSSELL	MULLER	TEMP	M	49	45-49M	0.44.48	0	0
210	423	ERROL	BLACK	TEMP	M	54	50-54M	0.44.49	0	0
211	1995	PAUL	STEFFENS	NOKIA ALGOA AC	M	53	50-54M	0.44.57	3	0
212	2072	CHRISTOPHER	COCKCROFT	NOKIA ALGOA AC	M	48	45-49M	0.44.58	3	0
213	1158	CASEY	BEARY	ACHILLES AAA	M	29	SM	0.45.01	2	0
214	248	GERRIT	WELGEMOED	ST ALBANS CSEP	M	40	40-44M	0.45.01	2	0
215	206	RONALD	STURGISS	ST ALBANS CSEP	M	38	35-40M	0.45.04	2	0
216	690	JOHN	FACEY	LEGACY AC	M	47	45-49M	0.45.06	3	0
217	415	THEMBISILE	NTONI	ABERDARE CABLE	M	56	55-59M	0.45.08	4	0
218	570	GRANT	OLIVIER	VWAC	M	25	SM	0.45.08	2	0
219	2144	PIETER	DRAGHOENDER	ELITE A C	M	58	55-59M	0.45.10	4	0
220	779	SEAN	WRIGHT	CRUSADERS A C	M	40	40-44M	0.45.12	2	0
221	888	ANDRE	VAN COLLER	ELITE A C	M	39	35-40M	0.45.13	2	0
222	907	PETRA	ZIKMANN	ELITE A C	F	35	35-40F	0.45.14	3	9
223	1698	BRIAN	MCKAY	HARMONY AC EP	M	50	50-54M	0.45.22	3	0
224	855	LESLEY	WOOD	ELITE A C	F	47	45-49F	0.45.25	5	8
225	1509	DERRICK	HOSHE	HARMONY AC EP	M	45	45-49M	0.45.26	2	0
226	1841	SURETHA	VERWEY	HUMANSDORP A C	F	38	35-40F	0.45.28	3	7
227	1174	PAULETTE	FRASER	ACHILLES AAA	F	39	35-40F	0.45.29	3	6
228	2055	PIETER	STRYDOM	NOKIA ALGOA AC	M	43	40-44M	0.45.30	2	0
229	908	HERMANN	ZEELIE	ELITE A C	M	31	SM	0.45.32	2	0
230	1582	SHARON	JESSOP	PEB PRNT ADIDAS	F	34	SF	0.45.32	2	5
231	853	CLAIRE	NAGEL	ELITE A C	F	40	40-44F	0.45.35	3	4
232	4069	SELWYN	LUCAS	TEMP	M	40	40-44M	0.45.35	0	0
233	9197	KYLE	PIENAAR	FIT2000 A C	M	15	JM	0.45.37	2	0
234	4080	MACK	WINDVOGEL	TEMP	M	46	45-49M	0.45.40	0	0
235	750	EARL	SCOTT	CRUSADERS A C	M	39	35-40M	0.45.41	2	0
236	778	JULIE	TAUNTON	CRUSADERS A C	F	44	40-44F	0.45.44	3	3
237	1459	JACQUES	SNYMAN	HARMONY AC EP	M	36	35-40M	0.45.47	2	0
238	1615	MARIUS	ZEELIE	PEB PRNT ADIDAS	M	39	35-40M	0.45.51	2	0
239	685	ANNELIE	NEL	LEGACY AC	F	30	SF	0.45.54	2	2
240	419	DEON	FOURIE	TEMP	M	35	35-40M	0.45.58	0	0
241	920	WILLEM	DAFEL	ELITE A C	M	36	35-40M	0.46.00	2	0
242	2377	GODFREY	KARIEM	FORD A C	M	64	60-64M	0.46.01	4	0
243	462	GERHARD	LEMMER	WALMER AC	M	37	35-40M	0.46.15	2	0
244	742	JACQUES	VISSER	TEMP	M	29	SM	0.46.16	0	0
245	1164	JOHN	KOTZE	ACHILLES AAA	M	53	50-54M	0.46.17	3	0
246	2112	CLIVE	VAN RAYNER	NOKIA ALGOA AC	M	37	35-40M	0.46.18	2	0
247	1525	JACO	VAN ZYL	HARMONY AC EP	M	39	35-40M	0.46.21	2	0
248	120	LIDA	LOUW	P.E.A.A.C.	F	51	50-54F	0.46.25	5	1
249	744	SICHEY	RUBIDGE	TEMP	M	16	JM	0.46.28	0	0
250	9099	CHARLES	GOLDSWAIN	P.E.A.A.C.	M	20	SM	0.46.31	2	0
251	2097	MARIO	KOEN	NOKIA ALGOA AC	M	21	SM	0.46.35	2	0
252	740	WILLIAM	ZITO	TEMP	M	50	50-54M	0.46.36	0	0
253	2033	PIERRE	SCHEFFER	NOKIA ALGOA AC	M	49	45-49M	0.46.40	2	0
254	608	JOHANNES	GESWINDT	X-CEL A C	M	45	45-49M	0.46.43	2	0
255	1312	DARRYL	BAGLEY	HARMONY AC EP	M	29	SM	0.46.45	2	0

POS	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
256	1356	ALLAN	BRIDGETT	FIT2000 A C	M	37	35-40M	0.46.48	2	0
257	1101	GERALD	BOUWER	ACHILLES AAA	M	61	60-64M	0.46.51	4	0
258	9476	SOLOMON	HEYDENRYCH	P.E.A.A.C.	M	15	JM	0.46.55	2	0
259	1037	CATHY	BULLOCK	BODY CONCEPT	F	51	50-54F	0.46.56	5	0
260	1114	GAIL	KLICHOWICZ	ACHILLES AAA	F	37	35-40F	0.46.59	2	0
261	411	SIPHO	FRANIS	TEMP	M	36	35-40M	0.47.03	0	0
262	1589	MARIUS	SNYMAN	PEB PRNT ADIDAS	M	39	35-40M	0.47.05	2	0
263	463	ANTHONY	HORNABROOK	WALMER AC	M	38	35-40M	0.47.05	2	0
264	9107	TRAVIS	STEVENS	WALMER AC	M	15	JM	0.47.08	2	0
265	1979	LINDA	DE VILLIERS	NOKIA ALGOA AC	F	40	40-44F	0.47.12	3	0
266	2034	DEON	DOBSON	NOKIA ALGOA AC	M	41	40-44M	0.47.13	2	0
267	1217	ERNEST	KAPP	MR PRICE UPE	M	46	45-49M	0.47.14	2	0
268	1207	AMANDA	PIETERSE	MR PRICE UPE	F	27	SF	0.47.15	2	0
269	490	FRANS	VAN HEUSDEN	WALMER AC	M	54	50-54M	0.47.16	2	0
270	716	RICHARD	PRESTON	CRUSADERS A C	M	49	45-49M	0.47.22	2	0
271	2080	MICHAEL	STUURMAN	NOKIA ALGOA AC	M	53	50-54M	0.47.23	2	0
272	2145	MARISA	FERARRIS	ELITE A C	F	33	SF	0.47.28	2	0
273	2125	HELENA	HUGO	NOKIA ALGOA AC	F	38	35-40F	0.47.30	2	0
274	1149	KEVIN	ALLEN	TEMP	M	33	SM	0.47.35	0	0
275	1619	GERARD	VON LEVETZOW	PEB PRNT ADIDAS	M	48	45-49M	0.47.36	2	0
276	432	NICO	POCKBASS	TEMP	M	37	35-40M	0.47.37	0	0
277	2020	CHRIS	BEKKER	NOKIA ALGOA AC	M	52	50-54M	0.47.43	2	0
278	374	LIZ	GRUNDLINGH	MUIRITE STRIDER	F	57	55-59F	0.47.54	5	0
279	752	TYRON	OLCKERS	P.E.A.A.C.	M	16	JM	0.48.03	0	0
280	2120	GEORGE	JAMES	NOKIA ALGOA AC	M	42	40-44M	0.48.03	2	0
281	741	LUKE	COYLE-DOWLING	TEMP	M	16	JM	0.48.04	0	0
282	2074	GUSTAV	GRASMAN	NOKIA ALGOA AC	M	44	40-44M	0.48.05	2	0
283	539	JOHANNA	PRINS	P.E.A.A.C.	F	27	SF	0.48.06	2	0
284	1125	RAJAN	NAIDOO	ACHILLES AAA	M	41	40-44M	0.48.07	2	0
285	561	PLAAITJIE	DAMONS	VWAC	M	41	40-44M	0.48.08	2	0
286	892	JAN	VON MOLLENDORF	ELITE A C	M	59	55-59M	0.48.09	3	0
287	555	JOHAN	NEL	VWAC	M	48	45-49M	0.48.11	2	0
288	1141	HEIDI	JANSEN	ACHILLES AAA	F	37	35-40F	0.48.15	2	0
289	220	BENNIE	THYSSE	ST ALBANS CSEP	M	47	45-49M	0.48.15	2	0
290	556	ALFY	PETRUS	VWAC	M	41	40-44M	0.48.16	2	0
291	14002	JOHNATHAN	GRIFFITHS	WEIGHLESS	M	40	40-44M	0.48.17	0	0
292	1262	LES	KINGMA	PEB PRNT ADIDAS	M	49	45-49M	0.48.17	2	0
293	915	JOHANN	DORFLING	ELITE A C	M	46	45-49M	0.48.24	2	0
294	1122	BOB	STEDMAN	ACHILLES AAA	M	55	55-59M	0.48.25	2	0
295	900	ANDRE	PIENAAR	ELITE A C	M	41	40-44M	0.48.26	2	0
296	4059	GORDON	BEST	TEMP	M	38	35-40M	0.48.27	0	0
297	546	JEANNE	GREYLING	VWAC	F	29	SF	0.48.29	2	0
298	1660	RONALD	PHILLIPS	WILLARD BATT	M	44	40-44M	0.48.31	2	0
299	1831	IAN	FERREIRA	ELITE A C	M	38	35-40M	0.48.32	2	0
300	879	SANDRA	LYONS	ELITE A C	F	35	35-40F	0.48.32	2	0
301	423	NTOMBOMZI	MAGA	ABERDARE CABLE	F	24	SF	0.48.35	2	0
302	9393	THABISA	MAYEDWA	ABERDARE CABLE	F	18	JF	0.48.36	2	0
303	1998	ERROL	MALLINSON	NOKIA ALGOA AC	M	25	SM	0.48.37	2	0
304	1006	KAREN	SIMPSON	BODY CONCEPT	F	39	35-40F	0.48.38	2	0
305	29	WILLIAM	VORSTER	P.E.A.A.C.	M	58	55-59M	0.48.38	2	0
306	4063	RICHARDT	DE WAAL	TEMP	M	24	SM	0.48.44	0	0
307	2185	MALIBONGWE	MASIZA	P.E.A.A.C.	M	28	SM	0.48.44	2	0
308	1369	MONICA	KEMP	FIT2000 A C	F	49	45-49F	0.48.46	3	0
309	2065	ARTHUR	WILLIAMS	NOKIA ALGOA AC	M	41	40-44M	0.48.46	2	0
310	1965	WILMA	STANDER	NOKIA ALGOA AC	F	39	35-40F	0.48.47	2	0
311	1281	MICHAEL	SLATER	MR PRICE UPE	M	34	SM	0.48.53	2	0
312	405	VANESSA	LESSING	TEMP	F	26	SF	0.48.54	0	0
313	1181	MIKE	WEBB	ACHILLES AAA	M	45	45-49M	0.48.55	2	0
314	2090	TERTIA	COETZEE	NOKIA ALGOA AC	F	45	45-49F	0.48.56	3	0
315	4061	ROBIN	COYLE DOWLING	TEMP	M	39	35-40M	0.48.56	0	0
316	4075	GARY	SCOTT	TEMP	M	39	35-40M	0.48.58	0	0
317	762	JANINE	WOOD	CRUSADERS A C	F	25	SF	0.48.59	2	0
318	1146	GERALD	HOXLEY	ACHILLES AAA	M	64	60-64M	0.49.00	3	0
319	1970	MARGIETHA	VOIGHT	NOKIA ALGOA AC	F	34	SF	0.49.08	2	0

POS	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
320	934	GREGORY	ROSS	CHARLO A C	M	31	SM	0.49.14	2	0
321	1183	IAN	THOMSON	ACHILLES AAA	M	50	50-54M	0.49.19	2	0
322	123	ELIAS	KASE	P.E.A.A.C.	M	35	35-40M	0.49.21	2	0
323	2073	DIRK	JANSEN	NOKIA ALGOA AC	M	55	55-59M	0.49.24	2	0
324	2362	ALBERT	NGCANGA	FORD A C	M	52	50-54M	0.49.26	2	0
325	218	ANDRE	LANDMAN	ST ALBANS CSEP	M	51	50-54M	0.49.28	2	0
326	1419	WHITITY	KUBASHE	JEFFREYS BAY	F	43	40-44F	0.49.33	2	0
327	121	HILTON	JOHNSON	P.E.A.A.C.	M	36	35-40M	0.49.37	2	0
328	223	SHARON	SMUTS	ST ALBANS CSEP	F	38	35-40F	0.49.41	2	0
329	1413	NIC	SNYMAN	JEFFREYS BAY	M	60	60-64M	0.49.42	2	0
330	882	MIEMSIE	SWANEPOEL	ELITE A C	F	43	40-44F	0.49.42	2	0
331	725	GRAHAM	ELBOURNE	CRUSADERS A C	M	52	50-54M	0.49.47	2	0
332	2438	PAUL	EAGLETON	NOKIA ALGOA AC	M	41	40-44M	0.49.49	2	0
333	109	DEON	PRETORIUS	P.E.A.A.C.	M	45	45-49M	0.49.50	2	0
334	1482	KOBUS	NEL	HARMONY AC EP	M	34	SM	0.49.53	1	0
335	118	ANDRE	REYNECKE	P.E.A.A.C.	M	46	45-49M	0.49.54	2	0
336	1021	IAN	ROSS	BODY CONCEPT	M	48	45-49M	0.49.56	2	0
337	2295	ARNOLD	RAS	MUIRITE STRIDER	M	42	40-44M	0.49.57	2	0
338	1165	LESLEY	MAGGOTT	ACHILLES AAA	F	37	35-40F	0.49.59	2	0
339	1960	DORIS	LIBERTY	NOKIA ALGOA AC	F	44	40-44F	0.50.00	2	0
340	119	MARK	VAN DER WALT	P.E.A.A.C.	M	42	40-44M	0.50.01	2	0
341	2088	JACQUES	VORSTER	NOKIA ALGOA AC	M	38	35-40M	0.50.04	1	0
342	1179	PETER	POHLMANN	ACHILLES AAA	M	41	40-44M	0.50.10	2	0
343	105	BENNIE	OOSTHUIZEN	P.E.A.A.C.	M	47	45-49M	0.50.12	2	0
344	212	JEROME	SOLOMONS	ST ALBANS CSEP	M	32	SM	0.50.28	1	0
345	1679	LUCELLE	JAFTHA	WILLARD BATT	F	44	40-44F	0.50.29	2	0
346	2005	DANIEL	FERREIRA	ELITE A C	M	46	45-49M	0.50.34	2	0
347	1172	GARY	POHLMANN	ACHILLES AAA	M	43	40-44M	0.50.35	2	0
348	2076	SIDWEL	ROBOSHI	NOKIA ALGOA AC	M	44	40-44M	0.50.36	2	0
349	2049	WELLINGTON	MATISO	NOKIA ALGOA AC	M	48	45-49M	0.50.36	2	0
350	9083	CHANDRE	BARNARD	NOKIA ALGOA AC	M	16	JM	0.50.36	1	0
351	2061	PHUMELELO	AUGUST	NOKIA ALGOA AC	M	19	SM	0.50.37	1	0
352	2087	SIDWELL	BALIWE	NOKIA ALGOA AC	M	32	SM	0.50.37	1	0
353	1533	STEVEN	FANELLA	NOKIA ALGOA AC	M	41	40-44M	0.50.37	2	0
354	2064	MELIKHAYA	MALINGA	NOKIA ALGOA AC	M	24	SM	0.50.38	1	0
355	2435	LUVUYO	GEGE	NOKIA ALGOA AC	M	26	SM	0.50.38	1	0
356	1075	MUTEKILE	RASMENI	NOKIA ALGOA AC	M	39	35-40M	0.50.39	1	0
357	9074	SHAUN	TOM	NOKIA ALGOA AC	M	17	JM	0.50.40	1	0
358	757	PHILIP	NIMAN	CRUSADERS A C	M	49	45-49M	0.50.40	2	0
359	590	YUSUF	SAMUELS	X-CEL A C	M	45	45-49M	0.50.41	2	0
360	603	FRANCIOS	PETERSE	X-CEL A C	M	38	35-40M	0.50.47	1	0
361	141	DICK	DOUGLAS	MALABAR	M	45	45-49M	0.50.53	2	0
362	440	MONDE	MBALA	TEMP	M	45	45-49M	0.50.56	0	0
363	793	BOBBY	BULLOCK	CRUSADERS A C	M	52	50-54M	0.50.58	2	0
364	418	CELESTE	ATTERBURY	TEMP	M	14	JM	0.50.59	0	0
365	3	AUDIE	CLAASSEN	P.E.A.A.C.	M	53	50-54M	0.51.01	2	0
366	628	RUBERTO	MAY	X-CEL A C	M	27	SM	0.51.02	1	0
367	548	FELICITY	JONES	VWAC	F	46	45-49F	0.51.02	2	0
368	373	NEIL	GROBLER	MUIRITE STRIDER	M	44	40-44M	0.51.05	1	0
369	1162	PETER	WHATLEY	ACHILLES AAA	M	39	35-40M	0.51.07	1	0
370	549	FREDDIE	JONES	VWAC	M	43	40-44M	0.51.08	1	0
371	2390	JOSEPH	SERFONTEIN	P.E.A.A.C.	M	53	50-54M	0.51.08	2	0
372	737	ROSEMARY	ROBINSON	CRUSADERS A C	F	44	40-44F	0.51.11	2	0
373	752	DEREK	DAVIDSON	CRUSADERS A C	M	53	50-54M	0.51.15	2	0
374	1043	BELINDA	McFADEAN	BODY CONCEPT	F	34	SF	0.51.16	2	0
375	869	JOHANN	POSTMA	ELITE A C	M	39	35-40M	0.51.19	1	0
376	905	ANDRE	FOURIE	ELITE A C	M	57	55-59M	0.51.21	2	0
377	958	ANTOINETTE	COERTZE	CHARLO A C	F	40	40-44F	0.51.23	2	0
378	1612	KOSIMA	BUSING-ANDERSON	PEB PRNT ADIDAS	F	27	SF	0.51.25	2	0
379	713	MBULELO	SOBIKWA	CRUSADERS A C	M	50	50-54M	0.51.27	2	0
380	1171	ADRIAN	JANSEN	ACHILLES AAA	M	41	40-44M	0.51.28	1	0
381	896	ANNEMARIE	FOUCHE	ELITE A C	F	36	35-40F	0.51.29	2	0
382	1180	LIZELLE	NORRIS	ACHILLES AAA	F	28	SF	0.51.30	2	0
383	1454	EUGENE	MULDER	HARMONY AC EP	M	58	55-59M	0.51.30	2	0

POS	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
384	1054	SALOME	LOOTS	BODY CONCEPT	F	41	40-44F	0.51.31	2	0
385	1161	SHANE	NORRIS	ACHILLES AAA	M	30	SM	0.51.31	1	0
386	1607	FREDDIE	MATTHEUS	PEB PRNT ADIDAS	M	35	35-40M	0.51.31	1	0
387	1997	GERRIE	VAN DE MERWE	NOKIA ALGOA AC	M	41	40-44M	0.51.32	1	0
388	2142	ATTIE	ELS	ELITE A C	M	45	45-49M	0.51.33	2	0
389	1355	JOS	ELS	FIT2000 A C	F	52	50-54F	0.51.39	2	0
390	906	HELEN	FOURIE	ELITE A C	F	34	SF	0.51.40	2	0
391	438	SAMUEL	MATANZIMA	ABERDARE CABLE	M	66	65-69M	0.51.45	0	0
392	1139	GRAHAM	NELL	ACHILLES AAA	M	53	50-54M	0.52.00	2	0
393	404	JULIAN	PELSE	TEMP	M	20	SM	0.52.02	0	0
394	2187	ALBERTO	MATHEMER	P.E.A.A.C.	M	27	SM	0.52.10	1	0
395	899	PETRA	PIENAAR	ELITE A C	F	40	40-44F	0.52.10	2	0
396	211	MERVIN	FORTUIN	ST ALBANS CSEP	M	39	35-40M	0.52.11	1	0
397	851	ANNA-LIZE	DU PREEZ	ELITE A C	F	36	35-40F	0.52.15	2	0
398	880	RINA	BARNARD	ELITE A C	F	51	50-54F	0.52.28	2	0
399	684	BARRY	NELSON	LEGACY AC	M	53	50-54M	0.52.32	2	0
400	4060	THEO	BOWERS	TEMP	M	31	SM	0.52.36	0	0
401	265	ESTELEN	KRAMER	CADBURY A C	F	43	40-44F	0.52.39	2	0
402	624	DONOVAN	BARENDS	X-CEL A C	M	42	40-44M	0.52.42	1	0
403	4070	ZOLILE	MPOMPI	TEMP	M	25	SM	0.52.42	0	0
404	9137	TOLLIE	ROBSON	PEB PRNT ADIDAS	M	19	JM	0.52.43	1	0
405	154	VERNON	NAIDOO	MALABAR	M	35	35-40M	0.52.47	1	0
406	921	MAGGIE	MANN	CHARLO A C	F	49	45-49F	0.52.47	2	0
407	1001	ROBIN	CLARK	BODY CONCEPT	M	63	60-64M	0.52.57	2	0
408	245	SHIRLEY	MOSTERT	ST ALBANS CSEP	F	40	40-44F	0.53.03	2	0
409	2017	WILLIAM	GERBER	NOKIA ALGOA AC	M	38	35-40M	0.53.05	1	0
410	262	LAWRENCE	BEZUIDENHOUT	CADBURY A C	M	48	45-49M	0.53.09	1	0
411	547	HENRY	HUMAN	VWAC	M	65	65-69M	0.53.14	2	0
412	1151	LIZ	AUSTIN	ACHILLES AAA	F	46	45-49F	0.53.15	2	0
413	1126	NICOLE	ROCKLIFFE	ACHILLES AAA	F	27	SF	0.53.24	0	0
414	421	PETRUS	VAN DER MERWE	TEMP	M	24	SM	0.53.24	0	0
415	891	ROZELLE	VON MOLENDORFF	ELITE A C	F	40	40-44F	0.53.28	2	0
416	370	LUKAS	ELS	MUIRITE STRIDER	M	34	SM	0.53.29	1	0
417	863	WILLIAM	GROBLER	ELITE A C	M	56	55-59M	0.53.30	2	0
418	1107	MILKA	BOSHOFF	ACHILLES AAA	F	50	50-54F	0.53.30	2	0
419	701	SELWYN	SOLOMON	CRUSADERS A C	M	66	65-69M	0.53.35	2	0
420	1594	ROBBIE	ROBSON	PEB PRNT ADIDAS	M	49	45-49M	0.53.38	1	0
421	1291	MARIO	ROBSON	PEB PRNT ADIDAS	M	16	JM	0.53.38	1	0
422	923	MANDY	DICKER	HARMONY AC EP	F	32	SF	0.53.39	1	0
423	766	PETER	DUFFELL-CANHAM	CRUSADERS A C	M	52	50-54M	0.53.42	1	0
424	1507	ANTON	SMIT	HARMONY AC EP	M	35	35-40M	0.53.42	1	0
425	1462	CARL	TERBLANCHE	HARMONY AC EP	M	34	SM	0.53.43	1	0
426	584	ALTON	ARENDS	X-CEL A C	M	39	35-40M	0.53.43	1	0
427	1109	SUSAN	BAYLIS	ACHILLES AAA	F	45	45-49F	0.53.46	2	0
428	260	NOLEEN	NORRIS	CADBURY A C	F	47	45-49F	0.53.49	2	0
429	426	JOSH	WAMPACH	TEMP	M	15	JM	0.53.50	0	0
430	1690	KEITH	SEZOE	WILLARD BATT	M	34	SM	0.53.51	1	0
431	4062	LEON	DALTON	TEMP	M	46	45-49M	0.54.00	0	0
432	1590	ELZETTE	ZEELIE	PEB PRNT ADIDAS	F	36	35-40F	0.54.01	1	0
433	1044	JOHAN	FOURIE	BODY CONCEPT	M	44	40-44M	0.54.01	1	0
434	4078	TAMMY	STROMBECK	TEMP	F	29	SF	0.54.01	0	0
435	1047	GEORGE	THOM	BODY CONCEPT	M	37	35-40M	0.54.02	1	0
436	436	STEVEN	GRAHAM	TEMP	M	46	45-49M	0.54.04	0	0
437	698	LINDI	ERASMUS	LEGACY AC	F	23	SF	0.54.04	1	0
438	2324	CARLOS	COSTA	LEGACY AC	M	32	SM	0.54.06	1	0
439	1986	KAREN	MELS	NOKIA ALGOA AC	F	39	35-40F	0.54.08	1	0
440	607	LEON	VAN HEERDEN	X-CEL A C	M	35	35-40M	0.54.08	1	0
441	788	ANDREW	DEALTRY	CRUSADERS A C	M	48	45-49M	0.54.12	1	0
442	709	GILLIAN	DEALTRY	CRUSADERS A C	F	46	45-49F	0.54.22	2	0
443	1138	GEORGE	SCOTT	ACHILLES AAA	M	46	45-49M	0.54.22	1	0
444	610	COREEN	BURGINS	X-CEL A C	F	30	SF	0.54.24	1	0
445	593	DUANE	HARTLIEF	X-CEL A C	M	35	35-40M	0.54.26	1	0
446	1072	KAREN	FOURIE	SANDF EP	F	42	40-44F	0.54.45	1	0
447	1098	JOHEY	BOTHA	TEMP	F	40	40-44F	0.54.50	0	0

POS	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
448	9120	LEIGH	BOARDMAN	ACHILLES AAA	F	18	JF	0.54.59	1	0
449	1962	VERNA	CLAASSEN	NOKIA ALGOA AC	F	41	40-44F	0.54.59	1	0
450	228	ELNA	JONCK	ST ALBANS CSEP	F	29	SF	0.55.04	1	0
451	2060	BARNEY	KRUGER	NOKIA ALGOA AC	M	52	50-54M	0.55.12	1	0
452	1632	SHARON	JAFTHA	WILLARD BATT	F	41	40-44F	0.55.14	1	0
453	115	HENDRICK	SCHOLTZ	P.E.A.A.C.	M	45	45-49M	0.55.18	1	0
454	1505	HESTER	DEKKER	HARMONY AC EP	F	32	SF	0.55.19	1	0
455	1466	IVAN	COWLEY	HARMONY AC EP	M	44	40-44M	0.55.21	1	0
456	884	TREVOR	VAN EYCK	ELITE A C	M	43	40-44M	0.55.28	1	0
457	422	BRAHM	DU RANDT	TEMP	M	41	40-44M	0.55.29	0	0
458	1583	SONJA	OLIVIER	PEB PRNT ADIDAS	F	37	35-40F	0.55.30	1	0
459	1135	MOF	BOTHA	ACHILLES AAA	M	48	45-49M	0.55.31	1	0
460	606	GODFREY	COMMANDO	X-CEL A C	M	41	40-44M	0.55.34	1	0
461	1982	LOUWRENS	BASSON	NOKIA ALGOA AC	M	42	40-44M	0.55.37	1	0
462	2118	ANTON	SNYMAN	NOKIA ALGOA AC	M	49	45-49M	0.55.37	1	0
463	687	MARIO	VENTER	LEGACY AC	M	34	SM	0.55.39	1	0
464	424	PETRUS	HATTINGH	TEMP	M	38	35-40M	0.55.42	0	0
465	403	GABRIEL	REYNECKE	TEMP	M	31	SM	0.55.43	0	0
466	2154	JEFFREY	GREBE	ELITE A C	M	37	35-40M	0.56.05	1	0
467	428	WAYNNE	LANDMAN	TEMP	M	29	SM	0.56.06	0	0
468	2191	LIVON	MONDEKA	P.E.A.A.C.	M	33	SM	0.56.09	1	0
469	22	RHONA	EMAANDIEN	P.E.A.A.C.	F	35	35-40F	0.56.09	1	0
470	78	MERVYN	PAPENFUS	P.E.A.A.C.	M	42	40-44M	0.56.09	1	0
471	1000	ROY	HEINE	CHARLO A C	M	49	45-49M	0.56.11	1	0
472	724	CRAIG	JESSOP	CRUSADERS A C	M	35	35-40M	0.56.15	1	0
473	726	ROBIN	ELBOURNE	CRUSADERS A C	F	47	45-49F	0.56.24	1	0
474	705	JACQUELINE	BARNARDO	CRUSADERS A C	F	37	35-40F	0.56.35	1	0
475	933	LAVINIA	DARLOW	CHARLO A C	F	36	35-40F	0.56.41	1	0
476	1400	KAI	TARNOW	JEFFREYS BAY	M	66	65-69M	0.56.49	1	0
477	1301	LIZA	MASON	HARMONY AC EP	F	26	SF	0.56.52	1	0
478	413	SUSAN	ALCOCK	TEMP	F	38	35-40F	0.56.59	0	0
479	682	DEON	FLYNN	LEGACY AC	M	40	40-44M	0.57.01	1	0
480	1366	DIANE	JOLLY	FIT2000 A C	F	43	40-44F	0.57.02	1	0
481	41	IAN	BILLETT	P.E.A.A.C.	M	34	SM	0.57.02	1	0
482	758	COLIN	MURRAY	CRUSADERS A C	M	49	45-49M	0.57.05	1	0
483	9992	LIZEL	CRAWFORD	TEMP	M	19	JM	0.57.07	0	0
484	1488	HELENE	KOTZE	HARMONY AC EP	F	45	45-49F	0.57.10	1	0
485	1547	LYN	SYMONS	PEB PRNT ADIDAS	F	59	55-59F	0.57.11	1	0
486	202	LOUIS	RUDMAN	ST ALBANS CSEP	M	48	45-49M	0.57.21	1	0
487	2056	RITA	BOUCHER	NOKIA ALGOA AC	F	54	50-54F	0.57.28	1	0
488	44	HENDRIK	DE BEER	P.E.A.A.C.	M	37	35-40M	0.57.28	1	0
489	246	ERICA	FOREMAN	ST ALBANS CSEP	F	34	SF	0.57.28	1	0
490	2153	CECILIA	LOUW	ELITE A C	F	29	SF	0.57.36	1	0
491	1033	JOMINE	LE ROUX	BODY CONCEPT	F	33	SF	0.57.36	1	0
492	1020	MARY-ANNE	BOTES	BODY CONCEPT	F	38	35-40F	0.57.37	1	0
493	79	VERONICA	BOSHOFF	P.E.A.A.C.	F	43	40-44F	0.57.50	1	0
494	488	GREG	NEL	WALMER AC	M	38	35-40M	0.57.50	1	0
495	472	ALAN	PENNEY	WALMER AC	M	57	55-59M	0.58.03	1	0
496	9491	ERNA	BRAND	HARMONY AC EP	F	16	JF	0.58.11	1	0
497	4058	CHRIS	AYERST	TEMP	M	37	35-40M	0.58.11	0	0
498	1046	ANDRE	RETIEF	BODY CONCEPT	M	38	35-40M	0.58.18	1	0
499	769	TREVOR	HAWKINS	CRUSADERS A C	M	44	40-44M	0.58.25	1	0
500	2290	MARGARET	DU TOIT	MUIRITE STRIDER	F	43	40-44F	0.58.25	1	0
501	613	QUENTIN	BURRELL	X-CEL A C	M	42	40-44M	0.58.27	1	0
502	402	KAREN	MACLACHLAN	TEMP	F	34	SF	0.58.30	0	0
503	1625	ESTELLE	BURGER	PEB PRNT ADIDAS	F	47	45-49F	0.58.37	1	0
504	1620	DOROTHY	HART	PEB PRNT ADIDAS	F	66	65-69F	0.58.44	2	0
505	425	DARNE	WAMPACH	TEMP	M	19	SM	0.58.48	0	0
506	2138	JOSEPH	MCLEOD	NOKIA ALGOA AC	M	47	45-49M	0.58.49	1	0
507	2054	JANIEN	GROBLER	NOKIA ALGOA AC	F	27	SF	0.58.50	1	0
508	738	JEANETTE	TENNER	TEMP	F	22	SF	0.58.51	0	0
509	715	HILARY	PRITCHARD	CRUSADERS A C	M	70	70+M	0.58.57	1	0
510	1173	SARIE	HARMSE	TEMP	F	41	40-44F	0.59.00	0	0
511	1293	RONEL	SCHOEMAN	P.E.A.A.C.	F	24	SF	0.59.03	1	0

POS	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
512	2210	HANS	JANSEN	HARMONY AC EP	M	51	50-54M	0.59.14	1	0
513	2041	STEPHEN	DOLLER	NOKIA ALGOA AC	M	44	40-44M	0.59.19	1	0
514	111	ANTON	SCHOLTZ	P.E.A.A.C.	M	40	40-44M	0.59.25	1	0
515	481	CORNE	FUTCHER	WALMER AC	M	24	SM	0.59.25	1	0
516	475	ZELDA	KRIGE	WALMER AC	F	44	40-44F	0.59.31	1	0
517	414	ALLEN	HAWKINS	TEMP	M	34	SM	0.59.36	0	0
518	1729	JAN	POTGIETER	PROCYDIN PETECI	M	53	50-54M	0.59.36	1	0
519	2010	NICOLAAS	CLAASSEN	NOKIA ALGOA AC	M	51	50-54M	0.59.41	1	0
520	9485	JACQUES	HEYDENRYCH	P.E.A.A.C.	M	18	JM	0.59.55	1	0
521	65	JAMES	MOREY	P.E.A.A.C.	M	67	65-69M	0.59.57	1	0
522	69	LAURANCE	HEYDENRYCH	P.E.A.A.C.	M	62	60-64M	1.00.01	1	0
523	745	THOMAS	HENRICKS	TEMP	M	16	JM	1.00.09	0	0
524	149	VENESH	ATHIMOOLAM	MALABAR	M	36	35-40M	1.00.15	1	0
525	72	IDA	PAPENFUS	P.E.A.A.C.	F	42	40-44F	1.00.23	1	0
526	2327	GABRIEL	BUYTENDAG	LEGACY AC	M	25	SM	1.00.24	0	0
527	49	DAISY	STEVENS	P.E.A.A.C.	F	64	60-64F	1.00.32	1	0
528	131	AT	SCHOEMAN	P.E.A.A.C.	M	48	45-49M	1.00.39	1	0
529	2336	PATRIC	CAKWEBE	FORD A C	M	40	40-44M	1.00.43	1	0
530	935	BRUCE	DARLOW	CHARLO A C	M	34	SM	1.00.46	1	0
531	932	BEVERLEY	DARLOW	CHARLO A C	F	33	SF	1.00.49	1	0
532	676	DONALD	FLYNN	LEGACY AC	M	66	65-69M	1.00.49	1	0
533	1574	GLENYS	JOUBERT	PEB PRNT ADIDAS	F	53	50-54F	1.00.49	1	0
534	1568	FRED	JOUBERT	PEB PRNT ADIDAS	M	53	50-54M	1.00.51	1	0
535	1368	MARK	SANAN	FIT2000 A C	M	51	50-54M	1.00.53	1	0
536	861	JAN	MEIRING	ELITE A C	M	36	35-40M	1.00.55	1	0
537	216	HENRY	DANIELSON	ST ALBANS CSEP	M	39	35-40M	1.00.57	1	0
538	416	MANIE	MARITZ	TEMP	M	49	45-49M	1.01.02	0	0
539	1731	SANDY	POTGIETER	PROCYDIN PETECI	F	47	45-49F	1.01.02	1	0
540	136	JOHAN	DE JAGER	P.E.A.A.C.	M	41	40-44M	1.01.25	1	0
541	1311	PENELOPE	SAULS	HARMONY AC EP	F	33	SF	1.01.26	1	0
542	1743	ANJA	TRUTER	PROCYDIN PETECI	F	22	SF	1.01.27	1	0
543	2155	YOLANDA	GREEN	ELITE A C	F	29	SF	1.01.47	1	0
544	406	FRANCETTE	ROBERTSON	TEMP	F	35	35-40F	1.01.51	0	0
545	483	THERESA	LEMMER	WALMER AC	F	37	35-40F	1.01.56	1	0
546	719	RENE	VAN DER MERWE	CRUSADERS A C	F	42	40-44F	1.02.00	1	0
547	2016	CAROLINA	JANSE VAN RENSBU	NOKIA ALGOA AC	F	43	40-44F	1.02.28	1	0
548	1088	MIKE	CRAMPTON	TEMP	M	62	60-64M	1.02.31	0	0
549	263	CARMEN	JANTJIES	CADBURY A C	F	32	SF	1.02.42	1	0
550	1338	GLYNN	SLATER	MR PRICE UPE	F	32	SF	1.02.48	1	0
551	3087	BEVERLEY	MOORE	TYGERBURG A C	F	44	40-44F	1.03.02	0	0
552	401	JUANITA	SWANEPOEL	TEMP	F	29	SF	1.03.18	0	0
553	2114	DELIA	BIGGE	NOKIA ALGOA AC	F	45	45-49F	1.03.20	1	0
554	219	RENE	POTGIETER	ST ALBANS CSEP	F	45	45-49F	1.03.24	1	0
555	1174	CLARISSA	MURISON	TEMP	F	33	SF	1.03.25	0	0
556	872	TERRENCE	REID	ELITE A C	M	57	55-59M	1.03.41	1	0
557	1370	ZABETH	RAUTENBACH	FIT2000 A C	F	41	40-44F	1.03.44	1	0
558	1391	CHRISTINA	KRIEK	JEFFREYS BAY	F	55	55-59F	1.03.51	1	0
559	2008	SHIRLEEN	CLARKE	NOKIA ALGOA AC	F	42	40-44F	1.03.51	1	0
560	585	KEVIN	FELIX	X-CEL A C	M	40	40-44M	1.03.58	1	0
561	438	JILLIAN	JACOBS	TEMP	F	33	SF	1.03.59	0	0
562	429	COREEN	HITZEROTH	TEMP	F	45	45-49F	1.04.12	0	0
563	1383	TERESA	HOFFMAN	FIT2000 A C	F	35	35-40F	1.04.23	1	0
564	1581	HELEN	SCHUCK	PEB PRNT ADIDAS	F	47	45-49F	1.04.24	1	0
565	2015	SUZETTE	MEYER	NOKIA ALGOA AC	F	45	45-49F	1.04.25	1	0
566	737	MARIETA	VAN GREUNEN	TEMP	F	40	40-44F	1.04.26	0	0
567	1560	ANNETTE	LACKEY	PEB PRNT ADIDAS	F	59	55-59F	1.04.33	1	0
568	2037	ERIKA	STRUWIG	NOKIA ALGOA AC	F	36	35-40F	1.04.38	1	0
569	129	ANNA	POTGIETER	P.E.A.A.C.	F	58	55-59F	1.05.27	1	0
570	998	ROBERT	GALLOWAY	CHARLO A C	M	53	50-54M	1.05.43	1	0
571	495	CHARLENE	DE CONING	WALMER AC	F	40	40-44F	1.05.43	1	0
572	699	MURIEL	RYNHOUD	TEMP	F	34	SF	1.06.09	0	0
573	100	MARINDA	SCHOLTZ	P.E.A.A.C.	F	36	35-40F	1.06.41	1	0
574	87	LYNETTE	RUDMAN	P.E.A.A.C.	F	33	SF	1.06.42	1	0
575	1382	ESTELLE	GROBLER	FIT2000 A C	F	45	45-49F	1.06.52	1	0

POS	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
576	407	ELIZABETH	FERREIRA	TEMP	F	41	40-44F	1.06.52	0	0
577	732	NEIL	CALDER	CRUSADERS A C	M	53	50-54M	1.06.53	1	0
579	1621	CARL	BURGER	PEB PRNT ADIDAS	M	56	55-59M	1.07.16	1	0
580	694	ELODIE	VORSTER	LEGACY AC	F	58	55-59F	1.07.26	1	0
581	1381	ELRIDA	ECKARD	FIT2000 A C	F	37	35-40F	1.07.30	1	0
582	4076	CHRISTINE	SNYMAN	TEMP	F	48	45-49F	1.07.48	0	0
583	901	ENID	GERBER	ELITE A C	F	43	40-44F	1.07.57	1	0
584	930	GLEN	ANGUS	CHARLO A C	M	37	35-40M	1.08.09	1	0
585	1670	REHANA	DE MAINE	WILLARD BATT	F	37	35-40F	1.08.39	1	0
586	251	CHARMYNE	MYBURGH	CADBURY A C	F	53	50-54F	1.08.40	1	0
587	2247	KAYLENE	GOLIATH	EBENEZER	F	36	35-40F	1.08.51	1	0
588	20	BRIAN	SMITH	P.E.A.A.C.	M	61	60-64M	1.09.08	1	0
589	799	ODETTE	VOSLOO	CRUSADERS A C	F	45	45-49F	1.09.16	1	0
590	410	SHELLEY	MOGRIDGE	TEMP	F	24	SF	1.09.18	0	0
591	1989	DEBBIE	OELOFSE	NOKIA ALGOA AC	F	58	55-59F	1.09.45	1	0
592	2100	ANDRIES	BOUCHER	NOKIA ALGOA AC	M	55	55-59M	1.09.56	1	0
593	412	LIZ	FIELDS	TEMP	F	35	35-40F	1.10.05	0	0
594	698	MARK	RYNHOUD	TEMP	M	39	35-40M	1.10.09	0	0
595	2053	MELANIE	NEL	NOKIA ALGOA AC	F	49	45-49F	1.10.12	1	0
596	2013	RAYMOND	BASHFORD	NOKIA ALGOA AC	M	38	35-40M	1.10.28	1	0
597	1580	HEINRICH	SCHUCK	PEB PRNT ADIDAS	M	57	55-59M	1.10.35	1	0
598	691	SHELDINE	SEPTOE	LEGACY AC	F	43	40-44F	1.10.38	1	0
599	4067	SILVIA	JONCK	TEMP	F	43	40-44F	1.10.42	0	0
600	703	BILL	CORKILL	CRUSADERS A C	M	66	65-69M	1.10.58	1	0
601	408	EILEEN	MOGRIDGE	TEMP	F	45	45-49F	1.10.59	0	0
602	409	NATALEE	WILLIAMS	TEMP	F	24	SF	1.11.08	0	0
603	683	ZOLEKA	MAZIBUKO	LEGACY AC	F	41	40-44F	1.11.46	1	0
604	1712	ELIZE	LYELL	PROCYDIN PETECI	F	46	45-49F	1.11.47	1	0
605	1160	SONJA	BARKER	TEMP	F	40	40-44F	1.11.47	0	0
606	1545	SANDRE	SHARE	PEB PRNT ADIDAS	F	39	35-40F	1.12.39	1	0
607	743		UNKNOWN	TEMP	M	29	SM	1.12.40	0	0
608	2139	RENE	MCLEOD	NOKIA ALGOA AC	F	47	45-49F	1.13.07	1	0
609	894	JAN	LE ROUX	ELITE A C	M	45	45-49M	1.13.07	1	0
610	895	LAURA	LE ROUX	ELITE A C	F	41	40-44F	1.13.20	1	0
611	986	GLADYS	NASH	CHARLO A C	F	61	60-64F	1.13.21	1	0
612	1771	JOHAN	SERFONTEIN	PROCYDIN PETECI	M	64	60-64M	1.13.48	1	0
613	1980	MARYKA	ELS	NOKIA ALGOA AC	F	44	40-44F	1.13.56	1	0
614	2011	HENDRINA	CLAASSEN	NOKIA ALGOA AC	F	48	45-49F	1.14.23	1	0
615	2110	CLAUDETTE	ESAU	NOKIA ALGOA AC	F	31	SF	1.14.28	1	0
616	208	ANNA	WELGEMOED	ST ALBANS CSEP	F	35	35-40F	1.14.35	1	0
617	73	URZULA	LOMBARD	P.E.A.A.C.	F	50	50-54F	1.14.37	1	0
618	2161	ANTHONY	DARVEL	ELITE A C	M	43	40-44M	1.15.05	1	0
619	439	ESTELLE	BARTIES	TEMP	F	43	40-44F	1.15.25	0	0
620	2245	JOCELYN	BOUW	EBENEZER	F	32	SF	1.15.26	1	0
621	2258	PORTIA	JAFTHA	EBENEZER	F	41	40-44F	1.15.40	1	0
622	10	STAN	MOSS	P.E.A.A.C.	M	70	70+M	1.17.37	1	0
623	2160	RESHAL	POOVAN	ELITE A C	M	37	35-40M	1.18.22	1	0
624	2104	ELSEBE	TERBLANCHE	NOKIA ALGOA AC	F	37	35-40F	1.18.22	1	0
625	2442	AMANDA	SYMINGTON	NOKIA ALGOA AC	F	47	45-49F	1.18.49	1	0
626	384	BERTIE	RICHARDS	MUIRITE STRIDER	F	60	60-64F	1.18.49	1	0
627	386	CAROLINA	SWANEPOEL	MUIRITE STRIDER	F	56	55-59F	1.19.09	1	0
628	1974	ANSABE	FERREIRA	NOKIA ALGOA AC	F	29	SF	1.19.10	1	0
629	1975	ANNEKE	LERM	NOKIA ALGOA AC	F	29	SF	1.19.21	1	0
630	82	DIHANNA	CLAASSEN	P.E.A.A.C.	F	47	45-49F	1.19.36	1	0
631	1579	GENEVIEVE	LAYCOCK	PEB PRNT ADIDAS	F	35	35-40F	1.19.38	1	0
632	1572	ALETTA	FOURIE	PEB PRNT ADIDAS	F	66	65-69F	1.19.50	1	0
633	2012	MAUREEN	DICKASON	NOKIA ALGOA AC	F	48	45-49F	1.21.52	1	0
634	2328	VICKY	BUYTENDAG	LEGACY AC	F	26	SF	1.21.53	0	0
635	9102	MARTIN	PRETORIUS	LEGACY AC	M	17	JM	1.22.30	1	0
636	739	SYLVIA	PRITCHARD	CRUSADERS A C	F	71	70+F	1.22.32	1	0
637	430	MORNE	SAMPSON	TEMP	M	35	35-40M	1.22.40	0	0
638	420	ALAN	MCKELVEY	TEMP	M	54	50-54M	1.22.41	0	0
639	435	IAN	STRYDOM	TEMP	M	51	50-54M	1.22.48	0	0
640	434	DERIC	DERBYSHIRE	TEMP	M	54	50-54M	1.23.41	0	0

POS	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
641	4068	ANGELA	KAPP	TEMP	F	47	45-49F	1.23.42	0	0
642	1409	LYNNE	REYNOLDS	JEFFREYS BAY	F	45	45-49F	1.24.33	1	0
643	91	ELIZE	LAMPRECHT	P.E.A.A.C.	F	50	50-54F	1.24.34	1	0
644	76	ALLEN	SENEKAL	P.E.A.A.C.	M	54	50-54M	1.25.12	1	0
645	482	ERNA	MOGRIDGE	WALMER AC	F	45	45-49F	1.25.14	1	0
646	487	ELEANOR	EVERTON	WALMER AC	F	50	50-54F	1.26.55	1	0
647	766	VIRGINIA	THYSSE	ABERDARE CABLE	F	48	45-49F	12800	0	0
648	2030	JENNIFER	BARNARD	NOKIA ALGOA AC	F	42	40-44F	1.29.59	1	0
HELPERS RUN										
H1	1010	JAN	VAN EEDEN	HARMONY AC EP	M	46	45-49M	0.41.32	4	0