

HUNTERS RETREAT SPAR 10KM - PORT ELIZABETH - 2004/11/12

POS	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
1	657	GEORGE	NTSHILIZA	LIBNIKE	M	25	SM	0.30.47	5
2	507	KHAYALETHU	MAKALIMA	LIBNIKE	M	21	SM	0.31.25	5
3	1198	SANDILE	NGUNUZA	LIBNIKE	M	21	SM	0.31.38	5
4	1199	MICHAEL	SCOUT	MR PRICE UPE	M	41	40-44M	0.31.53	5
5	1349	SINDILE	SOMKE	MR PRICE UPE	M	28	SM	0.32.29	5
6	510	ZAMUBUNTU	TEYISE	NOKIA ALGOA AC	M	28	SM	0.32.36	5
7	1696	ZILINDILE	MEMANI	HARMONY AC EP	M	32	SM	0.33.14	5
8	9395	SELLO	MOLESE	NOKIA ALGOA AC	M	18	JM	0.33.26	5
9	2052	ABSALOM	KEMP	NOKIA ALGOA AC	M	40	40-44M	0.33.32	5
10	2009	ALFRED	QOGI	NOKIA ALGOA AC	M	31	SM	0.33.35	5
11	448	DARRELL	WICHT	NEW BALANCE	M	41	40-44M	0.33.49	5
12	1186	CRAIG	WILSON	ACHILLES AAA	M	36	35-40M	0.34.04	5
13	2094	MNCEDI	KHANTI	NOKIA ALGOA AC	M	25	SM	0.34.22	5
14	2075	AMOS	BILL	NOKIA ALGOA AC	M	29	SM	0.34.23	5
15	2087	SIDWELL	BALIWE	NOKIA ALGOA AC	M	32	SM	0.34.33	5
16	9291	BULELINI	NIWA	P.E.A.A.C.	M	19	JM	0.34.36	5
17	2108	WELCOME	LOLIWE	NOKIA ALGOA AC	M	40	40-44M	0.34.38	5
18	250	JOHANNES	JONCK	ST ALBANS CSEP	M	31	SM	0.34.42	5
19	2158	ALFRED	SPIERS	ELITE A C	M	44	40-44M	0.34.44	5
20	9133	NTSIKELELO	SEBE	ABERDARE CABLES	M	20	SM	0.34.55	5
21	273	VUSUMZI	THOMPSON	MUIRITE STRIDER	M	20	SM	0.34.57	5
22	21	COLBEN	NGCUPE	P.E.A.A.C.	M	41	40-44M	0.34.58	5
23	9901	SEBASTIAN	PLAATJES	HARMONY AC EP	M	19	JM	0.35.11	5
24	264	ZUZILE	NYARASHE	CADBURY A C	M	25	SM	0.35.11	5
25	2177	THEMBEKILE	MSIPA	HARMONY AC EP	M	30	SM	0.35.12	5
26	2076	SIDWEL	ROBOSHI	NOKIA ALGOA AC	M	44	40-44M	0.35.26	5
27	1456	AUGUST	ESAU	HARMONY AC EP	M	33	SM	0.35.26	5
28	2064	MELIKHAYA	MALINGA	NOKIA ALGOA AC	M	24	SM	0.35.34	5
29	1682	GILROY	DOMINGO	WILLARD BATT	M	32	SM	0.35.35	5
30	1675	CYRIL	UITHALER	WILLARD BATT	M	41	40-44M	0.35.48	5
31	9388	CHARLTON	DRAAI	HARMONY AC EP	M	15	JM	0.35.57	5
32	2096	MICHAEL	MODI	NOKIA ALGOA AC	M	24	SM	0.36.04	4
33	1611	ANDILE	GO	PEB PRNT ADIDAS	M	33	SM	0.36.09	4
34	1658	VERNON	NEWFELDT	WILLARD BATT	M	38	35-40M	0.36.22	5
35	9079	ZOLANI	WILLIAMS	NOKIA ALGOA AC	M	15	JM	0.36.23	4
36	2116	NDUMISO	MATCHES	NOKIA ALGOA AC	M	32	SM	0.36.26	4
37	485	BENNIE	MATTHEUS	WALMER AC	M	35	35-40M	0.36.29	5
38	1533	STEVEN	FANELLA	NOKIA ALGOA AC	M	41	40-44M	0.36.39	5
39	1032	JACOB	ABRAHAM	BODY CONCEPT	M	38	35-40M	0.36.45	5
40	205	COLLIN	DANI	ST ALBANS CSEP	M	37	35-40M	0.36.47	5
41	1185	MICHAEL	MAGSON	ACHILLES AAA	M	28	SM	0.36.48	4
42	4780	PHAKAMENI	MKALIPI	TEMP	M	22	SM	0.37.01	0
43	9435	MELIKHAYA	MTO	PROCYDIN PETECH	M	17	JM	0.37.01	4
44	1075	MUTEKILE	RASMENI	NOKIA ALGOA AC	M	39	35-40M	0.37.03	5
45	868	GERT	HOLTZHAUSEN	ELITE A C	M	29	SM	0.37.11	4
46	38	RICHARD	NOSILELA	P.E.A.A.C.	M	40	40-44M	0.37.14	5
47	9071	KEVIN	EAGLETON	NOKIA ALGOA AC	M	16	JM	0.37.15	4
48	1602	RIAAAN	KOCK	PEB PRNT ADIDAS	M	34	SM	0.37.18	4
49	1999	FERDINAND	GROBLER	NOKIA ALGOA AC	M	46	45-49M	0.37.24	5
50	454	NEIL	DE MEILLON	NEW BALANCE	M	41	40-44M	0.37.25	5
51	2320	CLAYTON	DRAAI	HARMONY AC EP	M	15	JM	0.37.26	4
52	9397	THULANI	MDLALO	VWAC	M	19	JM	0.37.28	4
53	1775	NTOMBESINTU	MFUNZI	PROCYDIN PETECH	F	22	SF	0.37.28	5
54	464	ALLEN	MATTOCKS	WALMER AC	M	49	45-49M	0.37.36	5
55	8021	MONGEZI	FOLEY	FIT2000 A C	M	29	SM	0.37.58	4
56	1163	ROBIN	FOURIE	ACHILLES AAA	M	41	40-44M	0.38.19	5
57	425	WILLEM	ENGELBRECHT	HIGH SCHOOLS	M	17	JM	0.38.24	0
58	877	KEVIN	GILLMER	ELITE A C	M	43	40-44M	0.38.28	4
59	1259	GEORGE	BUKA	MR PRICE UPE	M	34	SM	0.38.36	3
60	2175	MBULELO	SAMPIES	HARMONY AC EP	M	37	35-40M	0.38.40	4
61	2049	WELLINGTON	MATISO	NOKIA ALGOA AC	M	48	45-49M	0.38.42	5
62	870	PETER	VAN RENSBURG	HARMONY AC EP	M	46	45-49M	0.38.44	5
63	4752	ROWAN	ALLISON	TEMP	M	31	SM	0.38.47	0
64	897	DESMOND	FOUCHE	ELITE A C	M	39	35-40M	0.38.48	4
65	9471	VIRGIL	WILLIAMS	HARMONY AC EP	M	15	JM	0.38.49	3
66	1994	ASHLEY	VAN DER WATT	NOKIA ALGOA AC	M	39	35-40M	0.38.50	4
67	856	CLIVE	WEWERS	ELITE A C	M	44	40-44M	0.39.01	4

POS	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
68	352	SONWABO	NYANGIWE	PEB PRNT ADIDAS	M	37	35-40M	0.39.03	4
69	1598	DONALD	MANCASA	PEB PRNT ADIDAS	M	50	50-54M	0.39.06	5
70	918	RAYMOND	WEITZ	ELITE A C	M	49	45-49M	0.39.08	5
71	4196	ASHWELL	KOCK	TEMP	M	27	SM	0.39.11	0
72	9461	JODY	CLAASEN	HARMONY AC EP	M	15	JM	0.39.12	3
73	971	JEFFREY	VAN NIEKERK	CHARLO A C	M	31	SM	0.39.28	3
74	1576	WELLINGTON	TYEKE	PEB PRNT ADIDAS	M	50	50-54M	0.39.37	5
75	5044	MABUTI	MAKLEIN	TEMP	M	18	JM	0.39.44	0
76	1605	MZIMKHULU	PLAAITJIE	CORR SERV FS	M	30	SM	0.39.44	0
77	1623	STEPHAN	BOTHA	PEB PRNT ADIDAS	M	35	35-40M	0.39.46	3
78	9472	CHESLYN	BAARTMAN	HARMONY AC EP	M	16	JM	0.39.49	3
79	2323	PAUL	PEREL	LEGACY AC	M	33	SM	0.39.52	3
80	1990	HENDRIK	VAN WYK	NOKIA ALGOA AC	M	40	40-44M	0.39.58	4
81	1512	LOUIS	SWIEGELAAR	HARMONY AC EP	M	38	35-40M	0.39.58	3
82	1971	DUANE	LERM	NOKIA ALGOA AC	M	33	SM	0.40.08	3
83	210	BONGANI	MAZIBUKO	ST ALBANS CSEP	M	37	35-40M	0.40.13	3
84	324	ANDREW	SLAUGHTER	RHODES UNIVERSI	M	28	SM	0.40.21	3
85	1641	SIZINZO	KAMA	HARMONY AC EP	M	53	50-54M	0.40.21	5
86	970	FRED	VERRALL	CHARLO A C	M	56	55-59M	0.40.22	5
87	1967	IVAN	RUDD	NOKIA ALGOA AC	M	37	35-40M	0.40.23	3
88	1451	GRIZELDA	PIETERSEN	HARMONY AC EP	F	36	35-40F	0.40.23	5
89	207	GRAHAM	BUBB	ST ALBANS CSEP	M	36	35-40M	0.40.34	3
90	1156	BRUCE	MCEWAN	ACHILLES AAA	M	51	50-54M	0.40.41	5
91	1189	TONY	BOARDMAN	ACHILLES AAA	M	45	45-49M	0.40.42	4
92	1952	MOTHUSI	HOYI	HARMONY AC EP	M	40	40-44M	0.40.48	3
93	722	BARON	NAUDE	CRUSADERS A C	M	26	SM	0.40.56	3
94	1491	DEON	PRETORIUS	HARMONY AC EP	M	38	35-40M	0.41.09	3
95	862	STEPHEN	KLUE	ELITE A C	M	46	45-49M	0.41.10	4
96	1734	JUSTIN	STRYDOM	PROCYDIN PETECH	M	41	40-44M	0.41.13	3
97	2162	DEON	CLAASSEN	ELITE A C	M	29	SM	0.41.16	3
98	890	ANTON	VON MOLENDORFF	ELITE A C	M	41	40-44M	0.41.17	3
99	2224	MATI	JACK	HARMONY AC EP	M	52	50-54M	0.41.19	5
100	2019	RAYMOND	GERBER	NOKIA ALGOA AC	M	25	SM	0.41.20	3
101	1092	BRENDON	PERSENS	SANDF EP	M	30	SM	0.41.21	3
102	1071	ZILINGENE	RALANE	SANDF EP	M	42	40-44M	0.41.24	3
103	1613	PIERRE	KNOESEN	PEB PRNT ADIDAS	M	50	50-54M	0.41.30	5
104	1474	HERMAN	VAN JAARVELDT	HARMONY AC EP	M	45	45-49M	0.41.50	4
105	1148	PERCY	DALTON	ACHILLES AAA	M	56	55-59M	0.41.52	5
106	994	GREGORY	BAUER	CHARLO A C	M	45	45-49M	0.41.55	4
107	1110	DAVERA	MAGSON	ACHILLES AAA	F	30	SF	0.41.56	4
108	4135	CHRISTIAN	DU PREEZ	TEMP	M	34	SM	0.42.14	0
109	1950	LEON	KILIAN	BLUEWATER BAY	M	61	60-64M	0.42.18	5
110	1169	BASIL	TYLER	ACHILLES AAA	M	43	40-44M	0.42.19	3
111	1113	REG	FRIDEY	ACHILLES AAA	M	40	40-44M	0.42.19	3
112	996	GAVIN	VAN VLIET	CHARLO A C	M	47	45-49M	0.42.29	3
113	2095	CHANTEL	VAN STADEN	NOKIA ALGOA AC	F	20	SF	0.42.39	3
114	2039	DONEVIN	LESCH	NOKIA ALGOA AC	M	31	SM	0.42.39	2
115	1161	SHANE	NORRIS	ACHILLES AAA	M	30	SM	0.42.40	2
116	4757	ERROL	BLACK	TEMP	M	54	50-54M	0.42.41	0
117	1751	MZIKAYISE	SONKWALA	PROCYDIN PETECH	M	42	40-44M	0.42.49	3
118	570	GRANT	OLIVIER	VWAC	M	25	SM	0.42.50	2
119	1152	GREG	SCOTT	ACHILLES AAA	M	42	40-44M	0.42.51	3
120	1140	BRUCE	BARKER	ACHILLES AAA	M	46	45-49M	0.42.51	3
121	225	KERNEELS	MEINTJIES	ST ALBANS CSEP	M	44	40-44M	0.42.53	3
122	881	GEORGE	BOTHA	ELITE A C	M	51	50-54M	0.42.53	4
123	1350	MARIETTE	HATTINGH	MR PRICE UPE	F	39	35-40F	0.42.56	4
124	1995	PAUL	STEFFENS	NOKIA ALGOA AC	M	53	50-54M	0.42.57	4
125	987	STEPHEN	VERRALL	CHARLO A C	M	29	SM	0.43.04	2
126	2063	DANIEL	PIETERSE	NOKIA ALGOA AC	M	42	40-44M	0.43.06	3
127	133	SHERWIN	JANTJIES	P.E.A.A.C.	M	21	SM	0.43.08	2
128	1973	ADELE	NEL	NOKIA ALGOA AC	F	31	SF	0.43.09	3
129	1270	ERIC	MATHYS	MR PRICE UPE	M	42	40-44M	0.43.10	3
130	1182	PAT	THOMSON	ACHILLES AAA	F	44	40-44F	0.43.13	5
131	1003	MARIUS	VAN EYK	BODY CONCEPT	M	40	40-44M	0.43.15	3
132	211	MERVIN	FORTUIN	ST ALBANS CSEP	M	39	35-40M	0.43.26	2
133	1111	GRAHAM	CHANNON	ACHILLES AAA	M	55	55-59M	0.43.27	5
134	9454	ASHLEY	QUINATE	HARMONY AC EP	M	17	JM	0.43.29	2
135	131	AT	SCHOEMAN	P.E.A.A.C.	M	48	45-49M	0.43.35	3

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136	2065	ARTHUR	WILLIAMS	NOKIA ALGOA AC	M	41	40-44M	0.43.37	3
137	36	MICHAEL	COLLINS	P.E.A.A.C.	M	66	65-69M	0.43.47	5
138	594	TYRON	GALLANT	X-CEL A C	M	41	40-44M	0.43.48	2
139	2112	CLIVE	VAN RAYNER	NOKIA ALGOA AC	M	37	35-40M	0.43.48	2
140	212	JEROME	SOLOMONS	ST ALBANS CSEP	M	32	SM	0.43.51	2
141	1956	VUYO	CEKISANI	BLUEWATER BAY	M	38	35-40M	0.43.53	2
142	819	RUSTY	MULLER	TEMP	M	46	45-49M	0.43.56	0
143	462	GERHARD	LEMMER	WALMER AC	M	37	35-40M	0.43.57	2
144	9476	SOLOMON	HEYDENRYCH	P.E.A.A.C.	M	15	JM	0.43.58	2
145	4105	ANDRE	PIENAAR	TEMP	M	33	SM	0.44.00	0
146	1201	URSULA	KUHN	MR PRICE UPE	F	23	SF	0.44.00	3
147	2141	HEINE	VAN EYK	ELITE A C	M	39	35-40M	0.44.01	2
148	2089	ANDRE	BARNARD	NOKIA ALGOA AC	M	42	40-44M	0.44.06	2
149	4142	SIDNEY	RUBIDGE	TEMP	M	16	JM	0.44.06	0
150	1468	JACQUES	DELPORT	HARMONY AC EP	M	34	SM	0.44.07	2
151	864	CLIFFORD	HICKEN	ELITE A C	M	47	45-49M	0.44.09	3
152	855	LESLEY	WOOD	ELITE A C	F	47	45-49F	0.44.11	5
153	1529	JOHN	PEO	HARMONY AC EP	M	55	55-59M	0.44.15	4
154	2072	CHRISTOPHER	COCKCROFT	NOKIA ALGOA AC	M	48	45-49M	0.44.25	3
155	463	ANTHONY	HORNABROOK	WALMER AC	M	38	35-40M	0.44.29	2
156	1492	HEIN	BADENHORST	HARMONY AC EP	M	34	SM	0.44.30	2
157	2225	BUYELWA	KOBOKANA	HARMONY AC EP	F	39	35-40F	0.44.31	3
158	4709	DEON	FOURIE	TEMP	M	35	35-40M	0.44.31	0
159	690	JOHN	FACEY	LEGACY AC	M	47	45-49M	0.44.38	3
160	1100	GARRETH	JACOBSON	ACHILLES AAA	M	29	SM	0.44.38	2
161	357	DERICK	BIRCH	MUIRITE STRIDER	M	50	50-54M	0.44.39	3
162	9107	TRAVIS	STEVENS	WALMER AC	M	15	JM	0.44.45	2
163	1909	WIMPIE	HERBST	BLUEWATER BAY	M	42	40-44M	0.44.47	2
164	1176	BRADLEY	JOUBERT	ACHILLES AAA	M	42	40-44M	0.44.49	2
165	1168	ANDREW	PORTER	ACHILLES AAA	M	32	SM	0.44.54	2
166	1459	JACQUES	SNYMAN	HARMONY AC EP	M	36	35-40M	0.44.55	2
167	1196	JOHAN	BARNARD	MR PRICE UPE	M	49	45-49M	0.44.58	3
168	591	DAVID	O'RIELLY	X-CEL A C	M	57	55-59M	0.45.01	4
169	1174	PAULETTE	FRASER	ACHILLES AAA	F	39	35-40F	0.45.01	3
170	1698	BRIAN	MCKAY	HARMONY AC EP	M	50	50-54M	0.45.02	3
171	1525	JACO	VAN ZYL	HARMONY AC EP	M	39	35-40M	0.45.02	2
172	779	SEAN	WRIGHT	CRUSADERS A C	M	40	40-44M	0.45.07	2
173	853	CLAIRE	NAGEL	ELITE A C	F	40	40-44F	0.45.09	3
174	822	TERRI-LYNN	PENNEY	ALBANY R R	F	27	SF	0.45.12	3
175	902	JAKKIE	GERBER	ELITE A C	M	44	40-44M	0.45.17	2
176	1582	SHARON	JESSOP	PEB PRNT ADIDAS	F	34	SF	0.45.21	3
177	1155	DUANE	MULLER	ACHILLES AAA	M	36	35-40M	0.45.22	2
178	2377	GODFREY	KARIEM	FORD A C	M	64	60-64M	0.45.23	5
179	1964	PIERRE	STANDER	ELITE A C	M	40	40-44M	0.45.29	2
180	608	COLIN	INGRAM	BUFFALO R R	M	44	40-44M	0.45.31	0
181	9197	KYLE	PIENAAR	FIT2000 A C	M	15	JM	0.45.47	2
182	908	HERMANN	ZEELIE	ELITE A C	M	31	SM	0.45.47	2
183	4774	DARYL	NORTH	TEMP	M	27	SM	0.46.08	0
184	4132	RODNEY	BOOTH	TEMP	M	26	SM	0.46.10	0
185	685	ANNELIE	NEL	LEGACY AC	F	30	SF	0.46.14	2
186	4144	DAROL	HOWES	TEMP	M	17	JM	0.46.16	0
187	1462	CARL	TERBLANCHE	HARMONY AC EP	M	34	SM	0.46.18	2
188	552	HENRY	KNOESEN	VWAC	M	36	35-40M	0.46.18	2
189	1597	SIPHO	MSOMI	PEB PRNT ADIDAS	M	31	SM	0.46.21	2
190	1114	GAIL	KLICHOWICZ	ACHILLES AAA	F	38	35-40F	0.46.22	3
191	2144	PIETER	DRAGHOENDER	ELITE A C	M	58	55-59M	0.46.24	3
192	105	BENNIE	OOSTHUIZEN	P.E.A.A.C.	M	47	45-49M	0.46.29	2
193	2034	DEON	DOBSON	NOKIA ALGOA AC	M	41	40-44M	0.46.33	2
194	778	JULIE	TAUNTON	CRUSADERS A C	F	44	40-44F	0.46.37	3
195	6510	CHRISTINE	SENEKAL	IRENE M C	F	40	40-44F	0.46.40	0
196	1101	GERALD	BOUWER	ACHILLES AAA	M	61	60-64M	0.46.40	4
197	2033	PIERRE	SCHEFFER	NOKIA ALGOA AC	M	49	45-49M	0.46.44	2
198	376	MARIUS	HITGE	MUIRITE STRIDER	M	31	SM	0.46.51	2
199	1509	DERRICK	HOSHE	HARMONY AC EP	M	45	45-49M	0.46.54	2
200	543	GRANT	FORBES	VWAC	M	35	35-40M	0.46.55	2
201	556	ALFY	PETRUS	VWAC	M	41	40-44M	0.46.55	2
202	980	ANTON	ELS	CHARLO A C	M	37	35-40M	0.46.56	2
203	2074	GUSTAV	GRASMAN	NOKIA ALGOA AC	M	44	40-44M	0.46.59	2

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204	603	FRANCIOS	PETERSE	X-CEL A C	M	38	35-40M	0.47.00	2
205	1021	IAN	ROSS	BODY CONCEPT	M	48	45-49M	0.47.01	2
206	1998	ERROL	MALLINSON	NOKIA ALGOA AC	M	25	SM	0.47.01	2
207	14002	JONATHAN	GRIFFITHS	WEIGHLESS A C	M	40	40-44M	0.47.03	0
208	4704	KENNETH	BREDA	TEMP	M	37	35-40M	0.47.08	0
209	1116	PETER	GIDDY	ACHILLES AAA	M	53	50-54M	0.47.11	2
210	555	JOHAN	NEL	VWAC	M	48	45-49M	0.47.14	2
211	3455	JACO	SMIT	TEMP	M	35	35-40M	0.47.15	0
212	2438	PAUL	EAGLETON	NOKIA ALGOA AC	M	41	40-44M	0.47.15	2
213	9127	ZANELE	MBOMBO	BLUEWATER BAY	F	18	JF	0.47.16	2
214	1179	PETER	POHLMANN	ACHILLES AAA	M	41	40-44M	0.47.17	2
215	636	RICHARD	MBACO	X-CEL A C	M	41	40-44M	0.47.18	2
216	2120	GEORGE	JAMES	NOKIA ALGOA AC	M	42	40-44M	0.47.18	2
217	2097	MARIO	KOEN	NOKIA ALGOA AC	M	21	SM	0.47.21	2
218	2196	DEON	LANDMAN	HARMONY AC EP	M	26	SM	0.47.22	2
219	888	ANDRE	VAN COLLER	ELITE A C	M	39	35-40M	0.47.23	2
220	2020	CHRIS	BEKKER	NOKIA ALGOA AC	M	52	50-54M	0.47.28	2
221	248	GERRIT	WELGEMOED	ST ALBANS CSEP	M	40	40-44M	0.47.28	2
222	206	RONALD	STURGISS	ST ALBANS CSEP	M	38	35-40M	0.47.29	2
223	374	LIZ	GRUNDLINGH	MUIRITE STRIDER	F	57	55-59F	0.47.33	5
224	4719	JOHANNETTE	OOSTHUIZEN	TEMP	F	40	40-44F	0.47.38	0
225	561	PLAAITJIE	DAMONS	VWAC	M	41	40-44M	0.47.41	2
226	9151	JEAN	BARNARD	WILLARD BATT	M	16	JM	0.47.41	2
227	1979	LINDA	DE VILLIERS	NOKIA ALGOA AC	F	40	40-44F	0.47.42	3
228	1217	ERNEST	KAPP	MR PRICE UPE	M	46	45-49M	0.47.44	2
229	220	BENNIE	THYSSE	ST ALBANS CSEP	M	47	45-49M	0.47.45	2
230	4136	ERIC	JANSE V RENSBURG	TEMP	M	30	SM	0.47.46	0
231	9465	ALDRICH	BAARTMAN	HARMONY AC EP	M	16	JM	0.47.47	2
232	1281	MICHAEL	SLATER	MR PRICE UPE	M	34	SM	0.47.50	2
233	1207	AMANDA	PIETERSE	MR PRICE UPE	F	27	SF	0.47.55	2
234	1298	LIZELLE	BARNARD	PEB PRNT ADIDAS	F	21	SF	0.47.55	2
235	2090	TERTIA	COETZEE	NOKIA ALGOA AC	F	45	45-49F	0.47.56	3
236	2295	ARNOLD	RAS	MUIRITE STRIDER	M	42	40-44M	0.47.58	2
237	9110	ARMAND	GREYLING	ELITE A C	M	15	JM	0.48.06	2
238	1592	MARK	HOEWLAND	PEB PRNT ADIDAS	M	42	40-44M	0.48.07	2
239	539	JOHANNA	PRINS	P.E.A.A.C.	F	27	SF	0.48.08	2
240	915	JOHANN	DORFLING	ELITE A C	M	46	45-49M	0.48.08	2
241	2022	AUBREY	LE ROUX	NOKIA ALGOA AC	M	51	50-54M	0.48.08	2
242	4702	GORDON	BEST	TEMP	M	38	35-40M	0.48.14	0
243	11	YVETTE	KLEINBOOI	P.E.A.A.C.	F	42	40-44F	0.48.18	2
244	4101	ELDRID	UITHALER	TEMP	M	35	35-40M	0.48.18	0
245	608	JOHANNES	GESWINDT	X-CEL A C	M	45	45-49M	0.48.26	2
246	375	CLAYTON	HISCOCK	MUIRITE STRIDER	M	35	35-40M	0.48.28	2
247	590	YUSUF	SAMUELS	X-CEL A C	M	45	45-49M	0.48.37	2
248	490	FRANS	VAN HEUSDEN	WALMER AC	M	54	50-54M	0.48.37	2
249	119	MARK	VAN DER WALT	P.E.A.A.C.	M	42	40-44M	0.48.39	2
250	1695	VURDEN	VAN NIEKERK	HARMONY AC EP	M	35	35-40M	0.48.44	2
251	218	ANDRE	LANDMAN	ST ALBANS CSEP	M	52	50-54M	0.48.49	2
252	2385	KOOS	OLIVIER	HARMONY AC EP	M	46	45-49M	0.48.52	2
253	1146	GERALD	HOXLEY	ACHILLES AAA	M	64	60-64M	0.48.53	3
254	1068	PAUL	JOHNSON	BODY CONCEPT	M	37	35-40M	0.48.54	2
255	2228	LEANA	BERG	HARMONY AC EP	F	35	35-40F	0.48.55	2
256	587	EUGENE	VAN WYK	X-CEL A C	M	33	SM	0.48.56	2
257	4199	JEREMY	SAMUELS	TEMP	M	38	35-40M	0.48.57	0
258	934	GREGORY	ROSS	CHARLO A C	M	31	SM	0.48.58	2
259	4785	MARIUS	NEL	TEMP	M	46	45-49M	0.49.02	0
260	4714	VANESSA	LESSING	TEMP	F	26	SF	0.49.09	0
261	1970	MARGIETHA	VOIGHT	NOKIA ALGOA AC	F	34	SF	0.49.12	2
262	4782	KEVIN	ALLEN	TEMP	M	33	SM	0.49.14	0
263	698	LINDI	ERASMUS	LEGACY AC	F	23	SF	0.49.14	2
264	900	ANDRE	PIENAAR	ELITE A C	M	41	40-44M	0.49.15	2
265	1183	IAN	THOMSON	ACHILLES AAA	M	50	50-54M	0.49.17	2
266	725	GRAHAM	ELBOURNE	CRUSADERS A C	M	52	50-54M	0.49.19	2
267	373	NEIL	GROBLER	MUIRITE STRIDER	M	44	40-44M	0.49.23	2
268	1965	WILMA	STANDER	NOKIA ALGOA AC	F	39	35-40F	0.49.28	2
269	2073	DIRK	JANSEN	NOKIA ALGOA AC	M	55	55-59M	0.49.29	2
270	1122	BOB	STEDMAN	ACHILLES AAA	M	55	55-59M	0.49.33	2
271	1282	NINA	BODISCH	MR PRICE UPE	F	35	35-40F	0.49.33	2

POS	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
272	118	ANDRE	REYNECKE	P.E.A.A.C.	M	46	45-49M	0.49.39	2
273	1171	ADRIAN	JANSEN	ACHILLES AAA	M	41	40-44M	0.49.49	2
274	1181	MIKE	WEBB	ACHILLES AAA	M	45	45-49M	0.49.49	2
275	1043	BELINDA	McFADEAN	BODY CONCEPT	F	34	SF	0.49.56	2
276	4194	RICHARD	ANDRADE	TEMP	M	44	40-44M	0.50.01	0
277	137	FREDDY	DRINKROW	P.E.A.A.C.	M	31	SM	0.50.02	1
278	4195	MONDE	MABALA	TEMP	M	45	45-49M	0.50.04	0
279	682	DEON	FLYNN	LEGACY AC	M	40	40-44M	0.50.05	2
280	14	MINNIE	TRIMALLY	P.E.A.A.C.	F	55	55-59F	0.50.06	4
281	1119	TREMAINE	WESSON	ACHILLES AAA	M	44	40-44M	0.50.07	2
282	1126	TOM	D'ARCY	ACHILLES AAA	M	58	55-59M	0.50.13	2
283	4758	BASIL	ESTERHUYSEN	TEMP	M	29	SM	0.50.15	0
284	356	GREGORY	BILLSON	MUIRITE STRIDER	M	35	35-40M	0.50.19	1
285	686	EDDIE	NEL	LEGACY AC	M	33	SM	0.50.20	1
286	121	HILTON	JOHNSON	P.E.A.A.C.	M	36	35-40M	0.50.21	1
287	958	ANTOINETTE	COERTZE	CHARLO A C	F	40	40-44F	0.50.22	2
288	2233	EMLYN	WEITZ	HARMONY AC EP	M	41	40-44M	0.50.22	2
289	624	DONOVAN	BARENDS	X-CEL A C	M	42	40-44M	0.50.23	2
290	849	ELIZABETH	KNOESEN	ALBANY R R	F	27	SF	0.50.24	2
291	850	ALICE	ACHERMANN	ALBANY R R	F	33	SF	0.50.24	2
292	906	HELEN	FOURIE	ELITE A C	F	34	SF	0.50.31	2
293	1172	GARY	POHLMANN	ACHILLES AAA	M	43	40-44M	0.50.31	2
294	1960	DORIS	LIBERTY	NOKIA ALGOA AC	F	44	40-44F	0.50.33	2
295	737	ROSEMARY	ROBINSON	CRUSADERS A C	F	44	40-44F	0.50.36	2
296	1700	ERNIE	VERRALL	PROCYDIN PETECH	M	70	70+M	0.50.37	3
297	788	ANDREW	DEALTRY	CRUSADERS A C	M	48	45-49M	0.50.37	2
298	51	DOLF	POTGIETER	P.E.A.A.C.	M	44	40-44M	0.50.50	1
299	896	ANNEMARIE	FOUCHE	ELITE A C	F	36	35-40F	0.50.52	2
300	1679	LUCELLE	JAFTHA	WILLARD BATT	F	44	40-44F	0.50.52	2
301	8008	GODFREY	GOLIATH	WILLARD BATT	M	41	40-44M	0.50.53	1
302	3	AUDIE	CLAASSEN	P.E.A.A.C.	M	53	50-54M	0.50.56	2
303	882	MIEMSIE	SWANEPOEL	ELITE A C	F	43	40-44F	0.50.56	2
304	752	DEREK	DAVIDSON	CRUSADERS A C	M	53	50-54M	0.50.56	2
305	905	ANDRE	FOURIE	ELITE A C	M	57	55-59M	0.50.58	2
306	549	FREDDIE	JONES	VWAC	M	43	40-44M	0.50.59	1
307	1157	GEOFF	ROBERTS	ACHILLES AAA	M	52	50-54M	0.51.02	2
308	1934	STEPHEN	COETZEE	BLUEWATER BAY	M	49	45-49M	0.51.05	2
309	2192	JOHN	BESTER	P.E.A.A.C.	M	41	40-44M	0.51.06	1
310	1929	BOKKIE	HYMAN	BLUEWATER BAY	M	52	50-54M	0.51.06	2
311	1612	KOSIMA	BUSING-ANDERSON	PEB PRNT ADIDAS	F	27	SF	0.51.07	2
312	1139	GRAHAM	NELL	ACHILLES AAA	M	53	50-54M	0.51.08	2
313	548	FELICITY	JONES	VWAC	F	46	45-49F	0.51.13	2
314	5043	JEROME	PLAATJIES	TEMP	M	29	SM	0.51.14	0
315	123	ELIAS	KASE	P.E.A.A.C.	M	35	35-40M	0.51.16	1
316	2088	JACQUES	VORSTER	NOKIA ALGOA AC	M	38	35-40M	0.51.21	1
317	2017	WILLIAM	GERBER	NOKIA ALGOA AC	M	38	35-40M	0.51.22	1
318	713	MBULELO	SOBIKWA	CRUSADERS A C	M	50	50-54M	0.51.23	2
319	124	LEON	GROENEWALD	P.E.A.A.C.	M	38	35-40M	0.51.24	1
320	891	ROZELLE	VON MOLENDORFF	ELITE A C	F	40	40-44F	0.51.27	2
321	1642	ANTOINETTE	HUMAN	WILLARD BATT	F	36	35-40F	0.51.27	2
322	2218	PIET	WITBOOI	HARMONY AC EP	M	39	35-40M	0.51.33	1
323	2251	ELEANOR	MUNIZ	EBENEZER	F	44	40-44F	0.51.38	2
324	851	ANNA-LIZE	DJ PREEZ	ELITE A C	F	36	35-40F	0.51.47	2
325	31	CHRIS	VILJOEN	P.E.A.A.C.	M	57	55-59M	0.51.50	2
326	684	BARRY	NELSON	LEGACY AC	M	53	50-54M	0.51.51	2
327	1126	NICOLE	ROCKLIFFE	ACHILLES AAA	F	27	SF	0.51.53	0
328	1930	GLYNIS	SCOTT	BLUEWATER BAY	F	44	40-44F	0.51.55	2
329	762	JANINE	WOOD	CRUSADERS A C	F	25	SF	0.51.56	1
330	2142	ATTIE	ELS	ELITE A C	M	45	45-49M	0.52.00	1
331	2004	GERALD	STRUWIG	NOKIA ALGOA AC	M	36	35-40M	0.52.00	1
332	1913	JOHN	STEVENS	BLUEWATER BAY	M	40	40-44M	0.52.01	1
333	1001	ROBIN	CLARK	BODY CONCEPT	M	63	60-64M	0.52.14	2
334	115	HENDRICK	SCHOLTZ	P.E.A.A.C.	M	45	45-49M	0.52.24	1
335	245	SHIRLEY	MOSTERT	ST ALBANS CSEP	F	40	40-44F	0.52.26	2
336	1107	MILKA	BOSHOFF	ACHILLES AAA	F	50	50-54F	0.52.29	2
337	1151	LIZ	AUSTIN	ACHILLES AAA	F	46	45-49F	0.52.30	2
338	5076	ANTON	SMITH	TEMP	M	30	SM	0.52.30	0
339	793	BOBBY	BULLOCK	CRUSADERS A C	M	52	50-54M	0.52.33	2

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340	860	PIET	MEYER	ELITE A C	M	55	55-59M	0.52.36	2
341	1109	SUSAN	BAYLIS	ACHILLES AAA	F	45	45-49F	0.52.36	2
342	1454	EUGENE	MULDER	HARMONY AC EP	M	58	55-59M	0.52.37	2
343	923	MANDY	DICKER	HARMONY AC EP	F	32	SF	0.52.38	1
344	4723	GABRIEL	REYNECKE	TEMP	M	31	SM	0.52.43	0
345	4733	DIRK	WILLERS	TEMP	M	47	45-49M	0.52.44	0
346	5029	DONOVAN	ARRIES	TEMP	M	32	SM	0.52.54	0
347	4104	PETER	SALE	TEMP	M	54	50-54M	0.52.54	0
348	899	PETRA	PIENAAR	ELITE A C	F	40	40-44F	0.52.59	2
349	4729	GLENN	TAYLOR	TEMP	M	58	55-59M	0.53.05	0
350	1644	RONALD	JANTJIES	WILLARD BATT	M	32	SM	0.53.07	1
351	4732	JOHAN	WASSERMAN	TEMP	M	45	45-49M	0.53.11	0
352	132	TREVOR	CAMPHER	P.E.A.A.C.	M	37	35-40M	0.53.12	1
353	4137	ABRIE	HEIBERG	TEMP	M	28	SM	0.53.13	0
354	4720	JULIAN	PELSER	TEMP	M	20	SM	0.53.15	0
355	370	LUKAS	ELS	MUIRITE STRIDER	M	34	SM	0.53.17	1
356	4754	PETRUS	VAN DER MERWE	TEMP	M	24	SM	0.53.19	0
357	2258	PORTIA	JAFTHA	EBENEZER	F	41	40-44F	0.53.20	2
358	863	WILLIAM	GROBLER	ELITE A C	M	56	55-59M	0.53.20	2
359	1632	SHARON	JAFTHA	WILLARD BATT	F	41	40-44F	0.53.21	2
360	1466	IVAN	COWLEY	HARMONY AC EP	M	44	40-44M	0.53.22	1
361	880	RINA	BARNARD	ELITE A C	F	51	50-54F	0.53.26	2
362	883	JOHAN	CHAMBERLAIN	ELITE A C	M	38	35-40M	0.53.28	1
363	9131	GRANT	HANCOCK	FIT2000 A C	M	17	JM	0.53.28	1
364	1648	DESIREE	TITUS	WILLARD BATT	F	39	35-40F	0.53.30	1
365	1523	DANNY	MINNIES	HARMONY AC EP	M	40	40-44M	0.53.33	1
366	1660	RONALD	PHILLIPS	WILLARD BATT	M	44	40-44M	0.53.34	1
367	1301	LIZA	MASON	HARMONY AC EP	F	26	SF	0.53.35	1
368	4761	CORNELIUS	ENGELBRECHT	TEMP	M	50	50-54M	0.53.42	0
369	80	WELLS	ANDERSON	P.E.A.A.C.	M	72	70+M	0.53.43	2
370	4740	DORA	DE BRUIN	TEMP	F	53	50-54F	0.53.44	0
371	701	SELWYN	SOLOMON	CRUSADERS A C	M	66	65-69M	0.53.45	2
372	1982	LOUWRENS	BASSON	NOKIA ALGOA AC	M	42	40-44M	0.53.48	1
373	2118	ANTON	SNYMAN	NOKIA ALGOA AC	M	49	45-49M	0.53.48	1
374	766	PETER	DUFFELL-CANHAM	CRUSADERS A C	M	52	50-54M	0.53.51	1
375	914	JOHN	HENRY	ELITE A C	M	26	SM	0.53.52	1
376	223	SHARON	SMUTS	ST ALBANS CSEP	F	38	35-40F	0.53.57	1
377	380	CAROL	MALLET	MUIRITE STRIDER	F	36	35-40F	0.53.58	1
378	921	MAGGIE	MANN	CHARLO A C	F	49	45-49F	0.53.59	2
379	9120	LEIGH	BOARDMAN	ACHILLES AAA	F	18	JF	0.54.04	1
380	4102	NEILL	ERICKSON	TEMP	M	44	40-44M	0.54.21	0
381	5039	CHRIS	VERMAAK	TEMP	M	39	35-40M	0.54.29	0
382	1559	JACQUES	VAN ROOYEN	PEB PRNT ADIDAS	M	30	SM	0.54.29	1
383	4147	LEON	DALTON	TEMP	M	46	45-49M	0.54.31	0
384	2060	BARNEY	KRUGER	NOKIA ALGOA AC	M	52	50-54M	0.54.34	1
385	265	ESTELEEN	KRAMER	CADBURY A C	F	43	40-44F	0.54.36	1
386	4150	LAURINDA	RHEEDER	TEMP	F	41	40-44F	0.54.41	0
387	4765	WENDY	GROENEWALD	TEMP	F	22	SF	0.54.42	0
388	771	VIV	BULLOCK	CRUSADERS A C	F	37	35-40F	0.54.43	1
389	4787	ELLEN	LOVEMORE	TEMP	F	36	35-40F	0.54.44	0
390	202	LOUIS	RUDMAN	ST ALBANS CSEP	M	48	45-49M	0.54.49	1
391	1127	IAIN	SUTHERLAND	ACHILLES AAA	M	49	45-49M	0.54.51	1
392	4778	CHRIS	AYERST	TEMP	M	37	35-40M	0.54.52	0
393	1046	ANDRE	RETIEF	BODY CONCEPT	M	38	35-40M	0.54.53	1
394	2014	MARIUS	SCHOLTZ	NOKIA ALGOA AC	M	40	40-44M	0.54.55	1
395	547	HENRY	HUMAN	VWAC	M	65	65-69M	0.54.58	2
396	1366	DIANE	JOLLY	FIT2000 A C	F	43	40-44F	0.54.59	1
397	116	MARYNA	KOTZE	P.E.A.A.C.	F	38	35-40F	0.55.06	1
398	4742	MARJORIE	VELLEMAN	TEMP	F	40	40-44F	0.55.06	0
399	641	FRANKLIN	DE MONK	X-CEL A C	M	37	35-40M	0.55.13	1
400	90	PHINEAS	MHLAULI	P.E.A.A.C.	M	53	50-54M	0.55.23	1
401	933	LAVINIA	DARLOW	CHARLO A C	F	36	35-40F	0.55.26	1
402	1951	TANIA	KLOPPER	BLUEWATER BAY	F	26	SF	0.55.27	1
403	935	BRUCE	DARLOW	CHARLO A C	M	34	SM	0.55.28	1
404	1138	GEORGE	SCOTT	ACHILLES AAA	M	46	45-49M	0.55.33	1
405	499	LOYNES	JENKERSON	WALMER AC	M	63	60-64M	0.55.36	1
406	472	ALAN	PENNEY	WALMER AC	M	57	55-59M	0.55.37	1
407	1914	FRANCOIS	SMITH	BLUEWATER BAY	M	38	35-40M	0.55.40	1

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408	1986	KAREN	MELS	NOKIA ALGOA AC	F	39	35-40F	0.55.45	1
409	1610	SONJA	SASS	PEB PRNT ADIDAS	F	35	35-40F	0.55.46	1
410	54	ANNELIZE	SLABBERT	P.E.A.A.C.	F	53	50-54F	0.55.58	1
411	2056	RITA	BOUCHER	NOKIA ALGOA AC	F	54	50-54F	0.56.01	1
412	4130	SHEMLEY	REDELINGHUYNS	TEMP	M	27	SM	0.56.03	0
413	1992	CYNTHIA	VAN DER MESCHT	NOKIA ALGOA AC	F	38	35-40F	0.56.07	1
414	597	INGRID	DE MONK	X-CEL A C	F	37	35-40F	0.56.08	1
415	610	COREEN	BURGINS	X-CEL A C	F	30	SF	0.56.08	1
416	3457	BRAHM	DJ RANDT	TEMP	M	41	40-44M	0.56.08	0
417	2153	CECILIA	LOUW	ELITE A C	F	29	SF	0.56.09	1
418	1663	GARY	PAUL	WILLARD BATT	M	39	35-40M	0.56.10	1
419	9103	TRACEY	VAN WYK	PEB PRNT ADIDAS	F	15	JF	0.56.21	1
420	5045	KOBUS	WILLEMSE	TEMP	M	35	35-40M	0.56.24	0
421	873	IAN	ATTERBURY	ELITE A C	M	35	35-40M	0.56.24	1
422	421	JAN	FUNDE	ABERDARE CABLES	M	46	45-49M	0.56.25	1
423	4705	LIZEL	CRAWFORD	TEMP	F	19	JF	0.56.29	0
424	4133	SIOBHAN	HALFORTY	TEMP	F	18	JF	0.56.31	0
425	559	REAN	THERON	VWAC	M	42	40-44M	0.56.31	1
426	1985	GERT	DEYZEL	NOKIA ALGOA AC	M	54	50-54M	0.56.32	1
427	41	IAN	BILLETT	P.E.A.A.C.	M	34	SM	0.56.41	1
428	2155	YOLANDA	GREEN	ELITE A C	F	29	SF	0.56.50	1
429	985	KRISH	PILLAY	CHARLO A C	M	43	40-44M	0.56.51	1
430	1020	MARY-ANNE	BOTES	BODY CONCEPT	F	38	35-40F	0.56.54	1
431	4753	ANITA	STRYDOM	TEMP	F	24	SF	0.56.57	0
432	780	DEBORAH	JACK	CRUSADERS A C	F	28	SF	0.57.00	1
433	1009	MARCELLE	HARRAN	BODY CONCEPT	F	50	50-54F	0.57.03	1
434	1729	JAN	POTGIETER	PROCYDIN PETECH	M	53	50-54M	0.57.04	1
435	216	HENRY	DANIELSON	ST ALBANS CSEP	M	39	35-40M	0.57.32	1
436	4151	JANET	PATON	TEMP	F	59	55-59F	0.57.33	0
437	726	ROBIN	ELBOURNE	CRUSADERS A C	F	47	45-49F	0.57.34	1
438	4143	THOMAS	HENDRICKS	TEMP	M	23	SM	0.57.38	0
439	916	DAVID	GALLANT	ELITE A C	M	51	50-54M	0.57.39	1
440	9491	ERNA	BRAND	HARMONY AC EP	F	16	JF	0.57.49	1
441	246	ERICA	FOREMAN	ST ALBANS CSEP	F	34	SF	0.57.51	1
442	1547	LYN	SYMONS	PEB PRNT ADIDAS	F	59	55-59F	0.57.52	1
443	642	LOUISE	HARTZENBERG	HARMONY AC EP	F	16	JF	0.57.53	1
444	1833	GEORGE	DICKER	ELITE A C	M	48	45-49M	0.58.01	1
445	4751	GERARD	PIETERSE	TEMP	M	51	50-54M	0.58.01	0
446	4103	BEVERLEY	ERICKSON	TEMP	F	39	35-40F	0.58.10	0
447	1705	MICHELLE	BOTHMA	PROCYDIN PETECH	F	37	35-40F	0.58.10	1
448	884	TREVOR	VAN EYCK	ELITE A C	M	43	40-44M	0.58.13	1
449	4786	FRAZER	VAN WYK	TEMP	M	38	35-40M	0.58.23	0
450	9485	JACQUES	HEYDENRYCH	P.E.A.A.C.	M	18	JM	0.58.28	1
451	719	RENE	VAN DER MERWE	CRUSADERS A C	F	42	40-44F	0.58.29	1
452	732	NEIL	CALDER	CRUSADERS A C	M	53	50-54M	0.58.30	1
453	1915	ANDRE	KLOPPER	BLUEWATER BAY	M	52	50-54M	0.58.30	1
454	1488	HELENE	KOTZE	HARMONY AC EP	F	45	45-49F	0.58.30	1
455	4715	SONJA	MACLACHLAN	TEMP	F	35	35-40F	0.58.32	0
456	2156	FRANS	OOSTHUIZEN	ELITE A C	M	34	SM	0.58.33	1
457	1620	DOROTHY	HART	PEB PRNT ADIDAS	F	66	65-69F	0.58.41	2
458	4734	MARIET	WILLERS	TEMP	F	47	45-49F	0.58.44	0
459	861	JAN	MEIRING	ELITE A C	M	36	35-40M	0.58.45	1
460	1490	RIAAN	SMALBERGER	HARMONY AC EP	M	50	50-54M	0.58.46	1
461	4146	ELIZE	SMALBERGER	TEMP	F	48	45-49F	0.58.47	0
462	2290	MARGARET	DJ TOIT	MUIRITE STRIDER	F	43	40-44F	0.58.55	1
463	493	LYNETTE	SWART	WALMER AC	F	38	35-40F	0.59.00	1
464	1503	CONSTANCE	VAN NIEKERK	HARMONY AC EP	F	35	35-40F	0.59.00	1
465	1338	GLYNN	SLATER	MR PRICE UPE	F	32	SF	0.59.07	1
466	715	HILARY	PRITCHARD	CRUSADERS A C	M	70	70+M	0.59.13	1
467	1968	LAETITIA	SMITH	NOKIA ALGOA AC	F	35	35-40F	0.59.22	1
468	4762	GARY-PAUL	DAVIS	TEMP	M	34	SM	0.59.25	0
469	4730	RIEKIE	TERREBLANCE	TEMP	F	38	35-40F	0.59.28	0
470	930	GLEN	ANGUS	CHARLO A C	M	37	35-40M	0.59.30	1
471	2138	JOSEPH	MCLEOD	NOKIA ALGOA AC	M	47	45-49M	0.59.31	1
472	1293	RONEL	SCHOEMAN	P.E.A.A.C.	F	24	SF	0.59.33	1
473	4741	ROY	MEIRING	TEMP	M	57	55-59M	0.59.38	0
474	2054	JANIEN	GROBLER	NOKIA ALGOA AC	F	27	SF	0.59.39	1
475	1731	SANDY	POTGIETER	PROCYDIN PETECH	F	47	45-49F	0.59.45	1

POS	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
476	901	ENID	GERBER	ELITE A C	F	43	40-44F	0.59.46	1
477	1455	DEBBIE	LOVEMORE	HARMONY AC EP	F	39	35-40F	0.59.48	1
478	1465	PIETER	VOSLOO	HARMONY AC EP	M	53	50-54M	0.59.51	1
479	481	CORNE	FUTCHER	WALMER AC	M	24	SM	0.59.52	1
480	2210	HANS	JANSEN	HARMONY AC EP	M	51	50-54M	1.00.12	1
481	4724	FRANCETTE	ROBERTSON	TEMP	F	35	35-40F	1.00.15	0
482	4728	JUANITA	SWANEPOEL	TEMP	F	29	SF	1.00.17	0
483	932	BEVERLEY	DARLOW	CHARLO A C	F	33	SF	1.00.19	1
484	69	LAURANCE	HEYDENRYCH	P.E.A.A.C.	M	62	60-64M	1.00.27	1
485	9099	CHARLES	GOLDSWAIN	P.E.A.A.C.	M	20	SM	1.00.35	1
486	1743	ANJA	TRUTER	PROCYDIN PETECH	F	22	SF	1.00.36	1
487	4772	RAYMOND	HEWITT	TEMP	M	16	JM	1.00.37	0
488	9114	DEBBIE	HARMSE	MUIRITE STRIDER	F	17	JF	1.00.39	1
489	2016	CAROLINA	JANSE VAN RENSBURG	NOKIA ALGOA AC	F	43	40-44F	1.00.39	1
490	872	TERRENCE	REID	ELITE A C	M	57	55-59M	1.00.43	1
491	4770	SHANE	VAN AARDT	TEMP	M	30	SM	1.00.45	0
492	65	JAMES	MOREY	P.E.A.A.C.	M	67	65-69M	1.00.57	1
493	4711	MONIQUE	HANSEN	TEMP	F	24	SF	1.01.00	0
494	383	PATRICK	PANIER	MUIRITE STRIDER	M	49	45-49M	1.01.01	1
495	2041	STEPHEN	DOLLER	NOKIA ALGOA AC	M	44	40-44M	1.01.04	1
496	4107	WARREN	WILSON	TEMP	M	18	JM	1.01.05	0
497	5075	ELOY	VAN WYK	TEMP	M	16	JM	1.01.06	0
498	45	ADRIAN	PILZ	P.E.A.A.C.	M	42	40-44M	1.01.11	1
499	4745	CHRISTELLE	SCHOLTZ	TEMP	F	41	40-44F	1.01.11	0
500	1370	ZABETH	RAUTENBACH	FIT2000 A C	F	41	40-44F	1.01.23	1
501	4701	BRENDYN	BAIRD	TEMP	M	24	SM	1.01.26	0
502	1727	RIAAAN	STEYN	PROCYDIN PETECH	M	20	SM	1.01.38	1
503	2010	NICOLAAS	CLAASSEN	NOKIA ALGOA AC	M	51	50-54M	1.01.39	1
504	49	DAISY	STEVENS	P.E.A.A.C.	F	64	60-64F	1.01.54	1
505	4141	MICHAEL	CRAMPTON	TEMP	M	62	60-64M	1.02.00	0
506	4193	ELIZE	PIETERSE	TEMP	F	29	SF	1.02.09	0
507	4727	ELLEN	SWANEPOEL	TEMP	F	30	SF	1.02.10	0
508	2336	PATRIC	CAKWEBE	FORD A C	M	40	40-44M	1.02.12	1
509	4706	ANNELIZE	DE SWARDT	TEMP	F	41	40-44F	1.02.12	0
510	4748	GERHARD	BOTHA	TEMP	M	35	35-40M	1.02.14	0
511	4736	TREVLYN	LOTZ	TEMP	F	49	45-49F	1.02.29	0
512	4735	MICHELE	DICKINSON	TEMP	F	42	40-44F	1.02.30	0
513	1256	JURGEN	GOUWS	MR PRICE UPE	M	56	55-59M	1.02.32	1
514	2008	SHIRLEEN	CLARKE	NOKIA ALGOA AC	F	42	40-44F	1.02.32	1
515	1362	SHARON	LINES	FIT2000 A C	F	38	35-40F	1.02.33	1
516	219	RENE	POTGIETER	ST ALBANS CSEP	F	45	45-49F	1.02.58	1
517	2015	SUZETTE	MEYER	NOKIA ALGOA AC	F	46	45-49F	1.03.01	1
518	4777	MARIETA	VAN GREUNEN	TEMP	M	40	40-44M	1.03.07	0
519	4784	JOHAN	FERREIRA	TEMP	M	31	SM	1.03.13	0
520	495	CHARLENE	DE CONING	WALMER AC	F	40	40-44F	1.03.14	1
521	473	COLLEEN	MULLER	WALMER AC	F	47	45-49F	1.03.23	1
522	9463	ROBERT	PEO	HARMONY AC EP	M	16	JM	1.03.27	1
523	1132	TRACEY	SCOTT	ACHILLES AAA	F	36	35-40F	1.03.27	1
524	2035	DANIEL	SCHUIN	NOKIA ALGOA AC	M	41	40-44M	1.03.36	1
525	1383	TERESA	HOFFMAN	FIT2000 A C	F	35	35-40F	1.03.37	1
526	4149	ELIZABETH	FERREIRA	TEMP	F	41	40-44F	1.03.37	0
527	3456	NORMA	JONES	TEMP	F	45	45-49F	1.03.50	0
528	998	ROBERT	GALLOWAY	CHARLO A C	M	53	50-54M	1.03.51	1
529	4106	JEANETTE	TENNER	TEMP	F	22	SF	1.03.56	0
530	129	ANNA	POTGIETER	P.E.A.A.C.	F	58	55-59F	1.03.57	1
531	799	ODETTE	VOSLOO	CRUSADERS A C	F	45	45-49F	1.04.17	1
532	4747	ROBERT	HEWITT	TEMP	M	33	SM	1.04.17	0
533	9089	BRIDGET	LOTTERING	CHARLO A C	F	13	JF	1.04.25	1
534	1560	ANNETTE	LACKEY	PEB PRNT ADIDAS	F	59	55-59F	1.04.29	1
535	691	SHELDINE	SEPTOE	LEGACY AC	F	43	40-44F	1.04.44	1
536	2114	DELIA	BIGGE	NOKIA ALGOA AC	F	45	45-49F	1.04.44	1
537	2139	RENE	MCLEOD	NOKIA ALGOA AC	F	47	45-49F	1.04.58	1
538	1000	ROY	HEINE	CHARLO A C	M	49	45-49M	1.04.59	1
539	1381	ELRIDA	ECKARD	FIT2000 A C	F	37	35-40F	1.05.00	1
540	100	MARINDA	SCHOLTZ	P.E.A.A.C.	F	36	35-40F	1.05.47	1
541	1836	MARIAAN	LANDMAN	ELITE A C	F	39	35-40F	1.05.51	1
542	4783	EILEEN	MUGRIDGE	TEMP	F	45	45-49F	1.05.53	0
543	4721	LEON	PIETERSE	TEMP	M	61	60-64M	1.06.00	0

POS	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
544	2037	ERIKA	STRUWIG	NOKIA ALGOA AC	F	36	35-40F	1.06.15	1
545	228	ELNA	JONCK	ST ALBANS CSEP	F	29	SF	1.06.15	1
546	20	BRIAN	SMITH	P.E.A.A.C.	M	61	60-64M	1.06.43	1
547	1771	JOHAN	SERFONTEIN	PROCYDIN PETECH	M	64	60-64M	1.06.58	1
548	754	GLEN	VAN DER MERWE	CRUSADERS A C	M	48	45-49M	1.06.59	1
549	4739	SHAUN	ERASMUS	TEMP	M	16	JM	1.07.02	0
550	4738	NICOLE	OAKLEY	TEMP	F	16	JF	1.07.03	0
551	4759	VANESSA	PATERSON	TEMP	F	33	SF	1.07.03	0
552	4198	DENVER	SMITH	TEMP	M	30	SM	1.07.44	0
553	4746	BRIDGET	KINGSLEY	TEMP	F	43	40-44F	1.07.53	0
554	2053	MELANIE	NEL	NOKIA ALGOA AC	F	49	45-49F	1.08.37	1
555	2013	RAYMOND	BASHFORD	NOKIA ALGOA AC	M	38	35-40M	1.08.38	1
556	1846	WENDY	NEL	HUMANSDORP A C	F	58	55-59F	1.08.46	1
557	1670	REHANA	DE MAINE	WILLARD BATT	F	37	35-40F	1.08.56	1
558	4713	GRAHAM	JORGENSEN	TEMP	M	66	65-69M	1.08.57	0
559	4766	NELISWA	HLEKANI	TEMP	M	33	SM	1.09.12	0
560	1989	DEBBIE	OELOFSE	NOKIA ALGOA AC	F	58	55-59F	1.09.18	1
561	4148	SONJA	BARKER	TEMP	F	40	40-44F	1.09.19	0
562	251	CHARMYNE	MYBURGH	CADBURY A C	F	53	50-54F	1.09.20	1
563	2110	CLAUDETTE	ESAU	NOKIA ALGOA AC	F	31	SF	1.09.23	1
564	947	CHRISTINE	LOTTERING	CHARLO R R	F	16	JF	1.09.42	1
565	2251	ELEANOR	MUNIZ	EBENEZER	F	44	40-44F	1.10.04	1
566	305	CAROL	NEPGEN	KOWIE STRIDERS	F	53	50-54F	1.11.07	1
567	4750	WOUTER	MOSTERT	TEMP	M	39	35-40M	1.11.14	0
568	4749	QUINTUS	CONRADIE	TEMP	M	23	SM	1.11.17	0
569	4789	NOLEEN	AMBRAAL	TEMP	F	34	SF	1.11.19	0
570	4744	MARISA	BARNARDO	TEMP	F	30	SF	1.11.34	0
571	4743	ANTON	BARNARDO	TEMP	M	30	SM	1.11.34	0
572	4716	DEBBIE	MERRICK	TEMP	F	47	45-49F	1.11.56	0
573	1975	ANNEKE	LERM	NOKIA ALGOA AC	F	29	SF	1.12.11	1
574	683	ZOLEKA	MAZIBUKO	LEGACY AC	F	41	40-44F	1.12.13	1
575	4781	LIZ	FIELDS	TEMP	F	35	35-40F	1.12.30	0
576	730	RENEE	CALDER	CRUSADERS A C	F	50	50-54F	1.12.32	1
577	703	BILL	CORKILL	CRUSADERS A C	M	66	65-69M	1.12.32	1
578	73	URZULA	LOMBARD	P.E.A.A.C.	F	50	50-54F	1.12.34	1
579	585	KEVIN	FELIX	X-CEL A C	M	40	40-44M	1.12.38	1
580	2100	ANDRIES	BOUCHER	NOKIA ALGOA AC	M	55	55-59M	1.12.40	1
581	986	GLADYS	NASH	CHARLO A C	F	61	60-64F	1.13.06	1
582	1980	MARYKA	ELS	NOKIA ALGOA AC	F	44	40-44F	1.13.19	1
583	1364	DAVID	DE WET	FIT2000 A C	M	44	40-44M	1.14.13	1
584	2160	RESHAL	POOVAN	ELITE A C	M	37	35-40M	1.14.19	1
585	2161	ANTHONY	DARVEL	ELITE A C	M	43	40-44M	1.14.19	1
586	4712	SHERONE	JACKSON	TEMP	F	33	SF	1.14.39	0
587	581	GODFREY	GELDERBLOEM	X-CEL A C	M	36	35-40M	1.14.39	1
588	4773	DENISE	TERBLANCHE	TEMP	F	57	55-59F	1.14.57	0
589	4760	LYNNE	KUNNEKE	TEMP	F	47	45-49F	1.14.57	0
590	2011	HENDRINA	CLAASSEN	NOKIA ALGOA AC	F	48	45-49F	1.14.58	1
591	5042	KAREN	ERASMUS	TEMP	F	28	SF	1.15.08	0
592	208	ANNA	WELGEMOED	ST ALBANS CSEP	F	35	35-40F	1.15.27	1
593	1398	VAL	SANDOW	JEFFREYS BAY	F	59	55-59F	1.16.07	1
594	4731	SUZETTE	THOMAS	TEMP	F	28	SF	1.16.54	0
595	4764	MARY	DANIELS	TEMP	F	50	50-54F	1.16.57	0
596	304	JEAN	NEPGEN	KOWIE STRIDERS	M	59	55-59M	1.18.07	1
597	2104	ELSEBE	TERBLANCHE	NOKIA ALGOA AC	F	37	35-40F	1.18.14	1
598	325		UNKNOWN	TEMP	M	29	SM	1.18.14	0
599	4763	HANALIE	ABERCROMBIE	TEMP	F	39	35-40F	1.19.50	0
600	386	CAROLINA	SWANEPOEL	MUIRITE STRIDER	F	56	55-59F	1.20.03	1
601	384	BERTIE	RICHARDS	MUIRITE STRIDER	F	60	60-64F	1.20.03	1
602	4131	ROSE	GREYLING	TEMP	F	57	55-59F	1.20.25	0
603	4737	SUSAN	SCHMIDT	TEMP	F	62	60-64F	1.20.39	0
604	82	DIHANNA	CLAASSEN	P.E.A.A.C.	F	47	45-49F	1.21.20	1
605	4768	IVANENTIA	PETERS	TEMP	F	34	SF	1.22.13	0
606	2012	MAUREEN	DICKASON	NOKIA ALGOA AC	F	48	45-49F	1.22.33	1
607	379	ANNA	LE ROUX	MUIRITE STRIDER	F	57	55-59F	1.22.39	1
608	739	SYLVIA	PRITCHARD	CRUSADERS A C	F	71	70+F	1.22.43	1
609	368	MARINDA	DEVRIES	MUIRITE STRIDER	F	41	40-44F	1.23.44	1
610	378	LEVONA	KILLIAN	MUIRITE STRIDER	F	41	40-44F	1.23.44	1
611	4707	ILZE	DEAN	TEMP	F	38	35-40F	1.24.27	0

POS	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
612	5041	BEATRICE	FERREIRA	TEMP	F	42	40-44F	1.24.28	0
613	4134	AMANDA	KAPP	TEMP	F	47	45-49F	1.24.34	0
614	4775	ROCHAELL	WOLMARANS	TEMP	F	70	70+F	1.24.38	0
615	2327	GABRIEL	BUYTENDAG	LEGACY AC	M	25	SM	1.24.41	1
616	2328	BESSIE	BUYTENDAG	LEGACY AC	F	26	SF	1.24.41	1
617	487	ELEANOR	EVERTON	WALMER AC	F	50	50-54F	1.28.23	1
618	5040	JEANETTE	FERREIRA	TEMP	F	45	45-49F	1.28.33	0
619	4776	IRENE	ROODT	TEMP	F	51	50-54F	1.28.38	0
620	76	ALLEN	SENEKAL	P.E.A.A.C.	M	54	50-54M	1.28.41	1
621	4755	ALAN	MCKELVEY	TEMP	M	54	50-54M	1.29.02	0
622	4756	DERIC	DERBYSHIRE	TEMP	M	58	55-59M	1.29.03	0
623	4718	LAURINE	NORDIN	TEMP	F	67	65-69F	1.31.42	0
624	4140	ESTHER	STRYDOM	TEMP	F	51	50-54F	1.31.51	0
625	4139	ELSA	STRYDOM	TEMP	F	45	45-49F	1.31.51	0
626	680	CHRIS	BARRON	LEGACY AC	M	81	70+M	1.33.05	0
627	4788	COLETTE	STOWMAN	TEMP	F	33	SF	1.33.09	0
628	4197	THABISO	MBOTHELWA	TEMP	M	27	SM	1.33.10	0
HELPERS RUN									
H1	1624	SAM	ERASMUS	PEB PRNT ADIDAS	M	47	45-49M	0.41.37	4
H2	1010	JAN	VAN EEDEN	HARMONY AC EP	M	46	45-49M	0.41.37	4
H3	1532	WAYNE	DE LANGE	PEB PRNT ADIDAS	M	30	SM	0.43.37	2
H4	158	ZIYAAD	DOLLEY	MALABAR	M	36	35-40M	0.44.10	2
H5	1353	ADRIAN	CLARKE	FIT2000 A C	M	39	35-40M	0.45.11	2
H6	9006	RUDOLPH	GREYLING	TEMP	M	44	40-44M	0.45.11	0
H7	156	JOHANNES	ARRIES	MALABAR	M	31	SM	0.45.24	2
H8	1551	ALAN	TAYLOR	PEB PRNT ADIDAS	M	47	45-49M	0.45.27	2
H9	1553	LES	BRIGHTMAN	PEB PRNT ADIDAS	M	56	55-59M	0.46.04	3
H10	168	MARK	ROCKMAN	MALABAR	M	36	35-40M	0.48.14	2
H11	142	RASHID	KAJEE	MALABAR	M	54	50-54M	0.48.57	2
H12	167	DEENA	PILLAY	MALABAR	M	41	40-44M	0.51.29	1
H13	1369	MONICA	KEMP	FIT2000 A C	F	49	45-49F	0.51.50	2
H14	1566	MICHELLE	SIVEWRIGHT	PEB PRNT ADIDAS	F	35	35-40F	0.51.50	2
H15	1607	FREDDIE	MATTHEUS	PEB PRNT ADIDAS	M	35	35-40M	0.52.20	1
H16	152	NOORDDEEN	SAIN	MALABAR	M	50	50-54M	0.53.08	1
H17	145	YOUNUS	AMOD	MALABAR	M	51	50-54M	0.53.22	1
H18	160	CRESEN	BALAKISTEN	MALABAR	M	45	45-49M	0.53.45	1
H19	155	DINESH	COOPOO	MALABAR	M	36	35-40M	0.53.55	1
H20	758	COLIN	MURRAY	CRUSADERS A C	M	49	45-49M	0.54.03	1
H21	1354	HANNES	ELS	FIT2000 A C	M	54	50-54M	0.54.45	1
H22	1355	JOS	ELS	FIT2000 A C	F	52	50-54F	0.54.45	2
H23	141	DICK	DOUGLAS	MALABAR	M	45	45-49M	0.54.56	1
H24	1531	RICHARD	MORLEY	PEB PRNT ADIDAS	M	49	45-49M	0.54.56	1
H25	154	VERNON	NAIDOO	MALABAR	M	35	35-40M	0.55.18	1
H26	159	NURUNNISA	MADATT	MALABAR	F	42	40-44F	0.55.45	1
H27	1628	KAREN	AUSTIN	PEB PRNT ADIDAS	F	39	35-40F	0.55.58	1
H28	1556	JANICE	GONZALES	PEB PRNT ADIDAS	F	37	35-40F	0.56.02	1
H29	1583	SONJA	OLIVIER	PEB PRNT ADIDAS	F	37	35-40F	0.56.02	1
H30	9030	SUE	ALCOCK	TEMP	F	44	40-44F	0.56.22	0
H31	9031	JANINE	MULLER	TEMP	F	44	40-44F	0.56.22	0
H32	1548	JEAN-MARIE	TALBOT	PEB PRNT ADIDAS	M	41	40-44M	0.56.22	1
H33	147	ASHRAF	KHAN	MALABAR	M	21	SM	0.56.44	1
H34	9119	AMEER	KHAN	MALABAR	M	18	JM	0.57.34	1
H35	149	VENESH	ATHIMOOLAM	MALABAR	M	36	35-40M	0.57.45	1
H36	163	IMTIAZ	AYOOB	MALABAR	M	47	45-49M	0.58.33	1
H37	1546	OOSIE	OOSTHUIZEN	PEB PRNT ADIDAS	M	55	55-59M	0.58.38	1
H38	174	SADICK	PATHER	MALABAR	M	41	40-44M	0.59.12	1
H39	1625	ESTELLE	BURGER	PEB PRNT ADIDAS	F	47	45-49F	1.01.00	1
H40	148	IQBAL	SAIN	MALABAR	M	49	45-49M	1.02.04	1
H41	165	RAJENDRA	NAVSARIA	MALABAR	M	46	45-49M	1.02.10	1
H42	170	MUBIN	PEERBHAI	MALABAR	M	40	40-44M	1.02.19	1
H43	169	DEVAN	RYAN	MALABAR	M	48	45-49M	1.02.32	1
H44	166	KRISHNAN	MOODALEY	MALABAR	M	53	50-54M	1.02.37	1
H45	150	TONY	KLAASEN	MALABAR	M	42	40-44M	1.02.38	1
H46	162	RAMU	NAIDOO	MALABAR	M	54	50-54M	1.02.41	1
H47	146	VICKI	NAIDOO	MALABAR	M	53	50-54M	1.03.08	1
H48	171	TULSIDAS	NARAN	MALABAR	M	50	50-54M	1.03.17	1
H49	151	ABDOELAZIES	MADATT	MALABAR	M	41	40-44M	1.03.34	1
H50	164	IMRAAN	KHAN	MALABAR	M	46	45-49M	1.03.36	1

POS	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
H51	161	SIVA	MOODALEY	MALABAR	M	63	60-64M	1.03.56	1
H52	1574	GLENYS	JOUBERT	PEB PRNT ADIDAS	F	53	50-54F	1.04.00	1
H53	1617	YADRE	GOUWS	PEB PRNT ADIDAS	M	31	SM	1.04.00	1
H54	1568	FRED	JOUBERT	PEB PRNT ADIDAS	M	53	50-54M	1.04.00	1
H55	1621	CARL	BURGER	PEB PRNT ADIDAS	M	56	55-59M	1.05.00	1
H56	143	ANAND	NAIDOO	MALABAR	M	46	45-49M	1.05.40	1
H57	1570	JUANITA	VAN DER MERWE	PEB PRNT ADIDAS	F	25	SF	1.07.00	1
H58	1581	HELEN	SCHUCK	PEB PRNT ADIDAS	F	47	45-49F	1.08.33	1
H59	1573	ANDRIANNE	BLOM	PEB PRNT ADIDAS	F	40	40-44F	1.09.00	1
H60	1580	HEINRICH	SCHUCK	PEB PRNT ADIDAS	M	57	55-59M	1.11.00	1
H61	153	ZAREENA	TIRY	MALABAR	F	37	35-40F	1.12.45	1
H62	1554	MAUREEN	ROGERS	PEB PRNT ADIDAS	F	47	45-49F	1.14.48	1
H63	1555	RALPH	BOTHA	PEB PRNT ADIDAS	M	67	65-69M	1.14.48	1
H64	1579	GENEVIEVE	LAYCOCK	PEB PRNT ADIDAS	F	35	35-40F	1.17.53	1
H65	1572	ALETTA	FOURIE	PEB PRNT ADIDAS	F	66	65-69F	1.20.03	1
H66	1604	LANA	VAN TAAK	PEB PRNT ADIDAS	F	50	50-54F	1.20.53	1