

**PE PARMALAT MARATHON (EP CHAMPS) - PORT ELIZABETH - 2004/12/04**

<b>POS</b>	<b>LIC NO</b>	<b>NAME</b>	<b>SURNAME</b>	<b>CLUB</b>	<b>SEX</b>	<b>AGE</b>	<b>CAT</b>	<b>HMS</b>	<b>PRES</b>
1	666	EZAEAL	TLHOBO	LIBNIKE	M	40	40-44M	2.18.39	25
2	11801	SANDILE	LEMBETHA	MR PRICE A C	M	21	SM	2.23.43	
3	2129	AYANDA	PANA	NOKIA ALGOA AC	M	32	SM	2.29.22	24
4	1349	SINDILE	SOMKE	MR PRICE UPE	M	28	SM	2.33.47	23
5	1267	AYANDA	MAYI	MR PRICE UPE	M	25	SM	2.38.32	22
6	655	TRESH	JAVU	LIBNIKE	M	31	SM	2.40.34	21
7	948	TICHERE	XABA	HARMONY GOLD AC	M	37	35-40M	2.42.01	
8	2108	WELCOME	LOLIWE	NOKIA ALGOA AC	M	40	40-44M	2.42.16	20
9	1186	CRAIG	WILSON	ACHILLES AAA	M	36	35-40M	2.43.34	19
10	405	ZANDISILE	TSHUNUNGWA	ABERDARE CABLES	M	28	SM	2.44.26	18
11	2178	THOBILE	XATA	HARMONY AC EP	M	30	SM	2.44.47	17
12	1682	GILROY	DOMINGO	WILLARD BATT	M	32	SM	2.45.19	16
13	1675	CYRIL	UITHALER	WILLARD BATT	M	41	40-44M	2.47.04	15
14	21	COLBEN	NGCUPE	P.E.A.A.C.	M	41	40-44M	2.48.31	14
15	2087	SIDWELL	BALIWE	NOKIA ALGOA AC	M	32	SM	2.49.11	13
16	663	WENDELL	MCCALLUM	KNYSNA M C	M	28	SM	2.49.58	
17	2204	ANELE	MALIZA	HARMONY AC EP	M	26	SM	2.51.45	12
18	485	BENNIE	MATTHEUS	WALMER AC	M	35	35-40M	2.52.20	11
19	2076	SIDWEL	ROBOSHI	NOKIA ALGOA AC	M	44	40-44M	2.53.17	10
20	1812	MARIO	PETRUS	SOMERSET EAST	M	29	SM	2.53.35	9
21	1094	MANDLA	SIGQAKAZA	SANDEF EP	M	30	SM	2.53.36	8
22	446	ADRIAN	GOUWS	NEW BALANCE	M	31	SM	2.53.51	7
23	13	JOEL	PETER	OXFORD STRIDERS	M	34	SM	2.53.55	
24	65	DORAN	FRITZ	OXFORD STRIDERS	M	31	SM	2.53.56	
25	1075	MUTEKILE	RASMENI	NOKIA ALGOA AC	M	39	35-40M	2.54.24	6
26	448	DARRELL	WICHT	NEW BALANCE	M	41	40-44M	2.54.55	5
27	868	GERT	HOLTZHAUSEN	ELITE A C	M	29	SM	2.55.34	4
28	1456	AUGUST	ESAU	HARMONY AC EP	M	34	SM	2.55.51	3
29	1194	KENNETH	MENZE	MR PRICE UPE	M	43	40-44M	2.56.15	2
30	17551	WAYNE	KORRAS	BEDFORDVIEW COU	M	41	40-44M	2.56.33	
31	401	ZINAKILE	SOYAMBA	ABERDARE CABLES	M	52	50-54M	2.56.48	1
32	1533	STEVEN	FANELLA	NOKIA ALGOA AC	M	41	40-44M	2.57.07	
33	2009	ALFRED	QOGI	NOKIA ALGOA AC	M	31	SM	2.57.08	
34	14287	HENNIE	ZIETSMAN	FITCG	M	37	35-40M	2.57.46	
35	1266	MNCEDISI	YAWA	MR PRICE UPE	M	39	35-40M	2.58.02	
36	413	ZANKHELE	MDINGI	OLD SELBORNIAN	M	38	35-40M	2.58.44	
37	38	RICHARD	NOSILELA	P.E.A.A.C.	M	40	40-44M	2.58.47	
38	1770	JOHN	DU PREEZ	PROCYDIN PETECH	M	39	35-40M	2.59.00	
39	1999	FERDINAND	GROBLER	NOKIA ALGOA AC	M	46	45-49M	2.59.01	
40	1785	DE WIT	STEGMANN	SOMERSET EAST	M	24	SM	2.59.17	
41	903	LEANNE	FINLAY	ELITE A C	F	36	35-40F	2.59.17	25
42	1185	MICHAEL	MAGSON	ACHILLES AAA	M	28	SM	2.59.34	
43	1353	ADRIAN	CLARKE	FIT2000 A C	M	39	35-40M	3.01.03	
44	454	NEIL	DE MEILLON	NEW BALANCE	M	41	40-44M	3.01.19	
45	1602	RIAAN	KOCK	PEB PRNT ADIDAS	M	34	SM	3.01.22	
46	1321	XOLILE	SOMBALO	MR PRICE UPE	M	31	SM	3.01.40	
47	1614	TERRY	THORNTON	PEB PRNT ADIDAS	M	37	35-40M	3.02.23	
48	1658	VERNON	NEWFELDT	WILLARD BATT	M	38	35-40M	3.04.16	
49	1401	ANDREW	BECKERLING	JEFFREYS BAY	M	42	40-44M	3.04.42	
50	1099	NCAMILE	NOMKHALA	SANDEF EP	M	42	40-44M	3.05.34	
51	1222	TRELOAR	CHILDS	MR PRICE UPE	F	41	40-44F	3.05.36	24
52	13309	LUKE	MABASO	BOKSBURG A C	M	39	35-40M	3.06.55	
53	2049	WELLINGTON	MATISO	NOKIA ALGOA AC	M	48	45-49M	3.08.36	
54	1656	KAASHIF	PIETERSEN	WILLARD BATT	M	28	SM	3.09.26	
55	856	CLIVE	WEWERS	ELITE A C	M	44	40-44M	3.10.17	
56	130	MZUKISI	KLAAS	P.E.A.A.C.	M	36	35-40M	3.10.19	
57	1640	DEON	MIGGELS	WILLARD BATT	M	34	SM	3.11.21	
58	877	KEVIN	GILLMER	ELITE A C	M	44	40-44M	3.11.31	
59	870	PETER	VAN RENSBURG	HARMONY AC EP	M	46	45-49M	3.11.55	

POS	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PRES
60	2307	SOLOMON	SWARTBOOI	KWANOBUHLE	M	35	35-40M	3.12.01	
61	1032	JACOB	ABRAHAM	BODY CONCEPT	M	38	35-40M	3.12.18	
62	237	DEAN	LUCK	OXFORD STRIDERS	M	29	SM	3.12.50	
63	2222	KIRSTY	WEIR	HARMONY AC EP	F	26	SF	3.12.50	23
64	1721	LESLEY	KOESEBA	PROCYDIN PETECH	M	31	SM	3.13.00	
65	1435	CLINTON	JANTJIES	JEFFREYS BAY	M	23	SM	3.13.00	
66	11853	GEOFFREY	GOLDBERG	ROCKY R R	M	42	40-44M	3.13.27	
67	550	BILLY BOY	KIETAS	VWAC	M	29	SM	3.13.39	
68	918	RAYMOND	WEITZ	ELITE A C	M	49	45-49M	3.14.08	
69	464	ALLEN	MATTOCKS	WALMER AC	M	49	45-49M	3.14.37	
70	1084	RICHARD	JONKERS	SANDEF EP	M	37	35-40M	3.14.44	
71	5775	NIEL	STERLEY	TEMP	M	44	40-44M	3.14.49	
72	1079	MARIO	KETTLEDAS	SANDEF EP	M	30	SM	3.14.56	
73	2391	JOSEPH	STEVENS	P.E.A.A.C.	M	46	45-49M	3.15.51	
74	1163	ROBIN	FOURIE	ACHILLES AAA	M	41	40-44M	3.15.56	
75	4745	CANDYCE	HALL	NATAL CARBINEER	F	20	SF	3.17.13	
76	12120	SEAN	POTGIETER	BEDFORDVIEW COU	M	36	35-40M	3.18.20	
77	2177	THEMBEKILE	MSIPA	HARMONY AC EP	M	30	SM	3.18.31	
78	1861	DANIE	ROSSOUW	HUMANSDORP A C	M	47	45-49M	3.19.24	
79	1576	WELLINGTON	TYEKE	PEB PRNT ADIDAS	M	50	50-54M	3.20.10	
80	288	ZANDISILE	NAWULE	KOWIE STRIDERS	M	37	35-40M	3.20.15	
81	2875	MILES	SOWDEN	MAGNOLIA R R	M	40	40-44M	3.20.30	
82	1110	DAVERA	MAGSON	ACHILLES AAA	F	30	SF	3.21.16	22
83	1208	DALI	TSILI	MR PRICE UPE	M	41	40-44M	3.21.43	
84	1855	LOUIS	GERBER	HUMANSDORP A C	M	56	55-59M	3.22.04	
85	1193	SEBASTIAN	KLEU	MR PRICE UPE	M	28	SM	3.22.06	
86	1784	HANLIE	STEGMANN	SOMERSET EAST	F	46	45-49F	3.22.47	21
87	1793	HANNES	BEKKER	SOMERSET EAST	M	22	SM	3.22.48	
88	1512	LOUIS	SWIEGELAAR	HARMONY AC EP	M	38	35-40M	3.22.55	
89	625	SELWYN	UITHALER	X-CEL A C	M	49	45-49M	3.23.03	
90	459	EMIL	HOUGAARD	NEW BALANCE	M	40	40-44M	3.23.08	
91	1542	SIPHO	NCANDANA	PEB PRNT ADIDAS	M	48	45-49M	3.23.33	
92	2028	SIZWE	KHATHI	NOKIA ALGOA AC	M	33	SM	3.23.35	
93	1957	EDDIE	GILLMORE	BLUEWATER BAY	M	47	45-49M	3.23.59	
94	303	NOLEEN	ACTON	KOWIE STRIDERS	F	39	35-40F	3.24.46	20
95	1996	LEONARD	NKOSA	NOKIA ALGOA AC	M	36	35-40M	3.24.54	
96	1156	BRUCE	MCEWAN	ACHILLES AAA	M	51	50-54M	3.25.27	
97	971	JEFFREY	VAN NIEKERK	CHARLO A C	M	31	SM	3.25.32	
98	2193	BRAMLEY	DERROCKS	P.E.A.A.C.	M	31	SM	3.25.34	
99	1148	PERCY	DALTON	ACHILLES AAA	M	56	55-59M	3.26.16	
100	2749	BONANI	NJOKWENI	VARSITY OLD BOY	M	32	SM	3.26.24	
101	881	GEORGE	BOTHA	ELITE A C	M	51	50-54M	3.27.00	
102	1097	PATRICK	SEDDON	QUEENSTOWN HARR	M	41	40-44M	3.27.10	
103	864	CLIFFORD	HICKEN	ELITE A C	M	47	45-49M	3.27.30	
104	401	PETER	BURSEY	OLD SELBORNIAN	M	27	SM	3.27.44	
105	514	PETER	RANGER	OLD SELBORNIAN	M	27	SM	3.27.45	
106	513	BRYAN	RANGER	OLD SELBORNIAN	M	27	SM	3.27.46	
107	2211	PRISCILLA	DYANTYI	HARMONY AC EP	F	30	SF	3.27.48	19
108	1479	MARGIE	SAUNDERS	HARMONY AC EP	F	51	50-54F	3.27.49	18
109	1652	ROLAND	DACE	WILLARD BATT	M	50	50-54M	3.27.57	
110	1937	DOCTOR	TSHISEKA	MR PRICE CELTIC	M	39	35-40M	3.29.52	
111	1005	ANDRE	BARNARDO	OUTENIQUA HARRI	M	48	45-49M	3.30.17	
112	2039	DONEVIN	LESCH	NOKIA ALGOA AC	M	31	SM	3.30.36	
113	1451	GRIZELDA	PIETERSEN	HARMONY AC EP	F	36	35-40F	3.30.38	17
114	324	ANDREW	SLAUGHTER	RHODES UNIVERSI	M	28	SM	3.30.57	
115	4906	GERHARD	LUCK	TEMP	M	45	45-49M	3.31.56	
116	2019	RAYMOND	GERBER	NOKIA ALGOA AC	M	25	SM	3.32.01	
117	1182	PAT	THOMSON	ACHILLES AAA	F	44	40-44F	3.32.51	16
118	210	BONGANI	MAZIBUKO	ST ALBANS CSEP	M	38	35-40M	3.32.58	
119	2224	MATI	JACK	HARMONY AC EP	M	52	50-54M	3.33.42	

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120	230	YORCK	WURMS	OXFORD STRIDERS	M	39	35-40M	3.34.13	
121	462	GERHARD	LEMMER	WALMER AC	M	37	35-40M	3.34.47	
122	991		UNKNOWN	TEMP	M	29	SM	3.34.52	
123	1078	JOHNNY	MALGAS	SANDF EP	M	44	40-44M	3.34.57	
124	1022	PIERRE	JOUBERT	VAAL A C	M	42	40-44M	3.34.58	
125	1884	RETHIE	CUMMING	BO-KAROO M C	F	34	SF	3.35.48	15
126	4621	LINDILE	TILESE	TEMP	M	47	45-49M	3.36.08	
127	187	CLAUDETTE	FOUCHE	KAROO R R	F	38	35-40F	3.36.14	14
128	568	LUVUYO	MATANI	VWAC	M	22	SM	3.36.30	
129	1783	RIAAN	VAN DER WALT	SOMERSET EAST	M	34	SM	3.36.36	
130	1990	HENDRIK	VAN WYK	NOKIA ALGOA AC	M	40	40-44M	3.36.50	
131	2299	MZUKISI	ZAMXAKA	KWANOBUHLE	M	26	SM	3.36.52	
132	2095	CHANTEL	VAN STADEN	NOKIA ALGOA AC	F	20	SF	3.37.06	13
133	2031	HELGARD	POTGIETER	NOKIA ALGOA AC	M	32	SM	3.37.06	
134	4624	ANDRE	WILLEMSE	TEMP	M	46	45-49M	3.37.11	
135	1174	PAULETTE	FRASER	ACHILLES AAA	F	39	35-40F	3.37.23	12
136	1423	LAWRENCE	MATINYANI	JEFFREYS BAY	M	28	SM	3.37.35	
137	4936	PHILLIP	NTIYO	TEMP	M	31	SM	3.37.59	
138	1963	JACOBUS	WYATT	NOKIA ALGOA AC	M	41	40-44M	3.38.05	
139	2396	ELGIN	KERSPAY	P.E.A.A.C.	M	37	35-40M	3.38.08	
140	4910	KOBUS	DE VOS	TEMP	M	38	35-40M	3.38.20	
141	855	LESLEY	WOOD	ELITE A C	F	47	45-49F	3.38.23	11
142	1995	PAUL	STEFFENS	NOKIA ALGOA AC	M	53	50-54M	3.38.39	
143	2058	WERNER	CLAASSEN	NOKIA ALGOA AC	M	40	40-44M	3.38.58	
144	1641	SIZINZO	KAMA	HARMONY AC EP	M	53	50-54M	3.39.14	
145	1973	ADELE	NEL	NOKIA ALGOA AC	F	31	SF	3.39.15	10
146	460	ROBERT	BUTTON	OLD SELBORNIAN	M	45	45-49M	3.39.42	
147	2209	FRANCES	VAN BLERK	HARMONY GOLD AC	F	49	45-49F	3.39.44	
148	1326	JENNY	SCOTT	NEW BALANCE	F	50	50-54F	3.39.45	
149	2112	CLIVE	VAN RAYNER	NOKIA ALGOA AC	M	37	35-40M	3.41.18	
150	1637	EUGENE	AFRICA	WILLARD BATT	M	37	35-40M	3.41.29	
151	1336	EDWALL	VAN ROOYEN	MR PRICE UPE	M	31	SM	3.41.43	
152	2225	BUYELWA	KOBOKANA	HARMONY AC EP	F	39	35-40F	3.42.01	9
153	1354	HANNES	ELS	FIT2000 A C	M	54	50-54M	3.42.44	
154	2027	FANIE	CLAASSEN	NOKIA ALGOA AC	M	47	45-49M	3.42.55	
155	2279	LUNGISILE	MANGQINGWANA	MAKANA	M	34	SM	3.44.11	
156	1497	DANNY	HARTZENBERG	HARMONY AC EP	M	28	SM	3.45.09	
157	4615	MICHAEL	PRETORIUS	TEMP	M	50	50-54M	3.45.11	
158	1071	ZILINGENE	RALANE	SANDF EP	M	42	40-44M	3.45.21	
159	4622	DAVID	UITHALER	TEMP	M	58	55-59M	3.45.22	
160	4618	RALTON	STONE	TEMP	M	29	SM	3.45.27	
161	4240	DUANE	NEWMAN	MIDRAND COUNTRY	M	35	35-40M	3.45.29	
162	131	AT	SCHOEMAN	P.E.A.A.C.	M	48	45-49M	3.45.41	
163	1005	TRACY	BAINES	BODY CONCEPT	F	33	SF	3.45.42	8
164	4907	RIAAN	BOTHA	CRADOCK A C	M	35	35-40M	3.45.45	
165	592	CHESTER	BROOKS	X-CEL A C	M	46	45-49M	3.45.47	
166	911	WYNAND	DE GOEDE	ELITE A C	M	29	SM	3.46.02	
167	207	GRAHAM	BUBB	ST ALBANS CSEP	M	36	35-40M	3.46.03	
168	897	DESMOND	FOUCHE	ELITE A C	M	39	35-40M	3.46.53	
169	2162	DEON	CLAASSEN	ELITE A C	M	29	SM	3.47.08	
170	23	SHANE	BROWN	P.E.A.A.C.	M	44	40-44M	3.47.16	
171	307	KATE	PENDLEBURY	RHODES UNIVERSI	F	23	SF	3.47.18	7
172	3931	SHERRIL	GOLDBERG	ROCKY R R	F	43	40-44F	3.47.28	
173	4022	HELENA	IMMELMAN	PRETORIA M C	F	36	35-40F	3.47.29	
174	1582	SHARON	JESSOP	PEB PRNT ADIDAS	F	34	SF	3.47.36	6
175	1624	SAM	ERASMUS	PEB PRNT ADIDAS	M	47	45-49M	3.47.37	
176	1367	THEUNS	HATTINGH	FIT2000 A C	M	42	40-44M	3.47.41	
177	996	GAVIN	VAN VLIET	CHARLO A C	M	47	45-49M	3.47.44	
178	1510	RETHA	TROLLIP	HARMONY AC EP	F	40	40-44F	3.48.21	5
179	1798	ARTHUR	FERREIRA	SOMERSET EAST	M	39	35-40M	3.48.24	

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180	1585	FRED	REIMANN	PEB PRNT ADIDAS	M	50	50-54M	3.49.17	
181	6	NORRIE	WILLIAMSON	DURBAN INST TEC	M	50	50-54M	3.49.33	
182	1155	DUANE	MULLER	ACHILLES AAA	M	36	35-40M	3.49.35	
183	824	STEPHEN	PENNEY	ALBANY R R	M	30	SM	3.49.50	
184	1909	WIMPIE	HERBST	BLUEWATER BAY	M	43	40-44M	3.49.56	
185	4623	RUSSELL	WEYER	TEMP	M	29	SM	3.49.59	
186	853	CLAIRE	NAGEL	ELITE A C	F	40	40-44F	3.50.20	4
187	1534	CISCO	STRYDOM	PEB PRNT ADIDAS	M	34	SM	3.50.57	
188	1599	SCHOOMBEE	PRETORIUS	PEB PRNT ADIDAS	M	47	45-49M	3.51.26	
189	48	ANDY	BOLTON	P.E.A.A.C.	M	50	50-54M	3.51.27	
190	1801	DEON	WRIGHT	SOMERSET EAST	M	28	SM	3.51.39	
191	1781	DEON	BEKKER	SOMERSET EAST	M	50	50-54M	3.51.54	
192	1474	HERMAN	VAN JAARVELDT	HARMONY AC EP	M	45	45-49M	3.52.11	
193	2063	DANIEL	PIETERSE	NOKIA ALGOA AC	M	42	40-44M	3.52.12	
194	1348	MBUYISELI	STENGE	MR PRICE UPE	M	26	SM	3.52.18	
195	685	ANNELIE	NEL	LEGACY AC	F	30	SF	3.52.19	3
196	1037	CATHY	BULLOCK	BODY CONCEPT	F	51	50-54F	3.52.43	2
197	2022	AUBREY	LE ROUX	NOKIA ALGOA AC	M	51	50-54M	3.53.28	
198	225	KERNEELS	MEINTJIES	ST ALBANS CSEP	M	44	40-44M	3.53.34	
199	886	FREDDIE	MICHAELS	ELITE A C	M	45	45-49M	3.53.43	
200	1684	JEROME	PLAATJIES	WILLARD BATT	M	45	45-49M	3.53.43	
201	1553	LES	BRIGHTMAN	PEB PRNT ADIDAS	M	56	55-59M	3.53.58	
202	1844	LOUIS	DANIELS	HUMANSDORP A C	M	47	45-49M	3.55.29	
203	1461	MERVYN	MALGAS	HARMONY AC EP	M	42	40-44M	3.55.30	
204	22	THYS	BASSON	CENTURION A C	M	38	35-40M	3.55.32	
205	1613	PIERRE	KNOESEN	PEB PRNT ADIDAS	M	50	50-54M	3.55.39	
206	2432	THEMBINKOSI	SINGQOTO	HARMONY AC EP	M	28	SM	3.56.25	
207	29	WILLIAM	VORSTER	P.E.A.A.C.	M	58	55-59M	3.56.29	
208	6936	RENE	PIENAAR	QUEENSTOWN HARR	F	46	45-49F	3.56.34	
209	2323	PAUL	PEREL	LEGACY AC	M	34	SM	3.56.35	
210	850	ALICE	ACHERMANN	ALBANY R R	F	33	SF	3.56.47	1
211	1964	PIERRE	STANDER	ELITE A C	M	40	40-44M	3.56.52	
212	862	STEPHEN	KLUE	ELITE A C	M	46	45-49M	3.56.54	
213	1685	MICHAEL	UITHALER	WILLARD BATT	M	38	35-40M	3.56.59	
214	1532	WAYNE	DE LANGE	PEB PRNT ADIDAS	M	30	SM	3.57.24	
215	1227	SCHALK	HOON	QUEENSTOWN HARR	M	55	55-59M	3.57.27	
216	30	ROBERT	SCOTT	P.E.A.A.C.	M	51	50-54M	3.57.31	
217	206	RONALD	STURGISS	ST ALBANS CSEP	M	38	35-40M	3.57.42	
218	2377	GODFREY	KARIEM	FORD A C	M	64	60-64M	3.57.51	
219	1397	ANNE	DE SWARDT	JEFFREYS BAY	F	36	35-40F	3.57.57	
220	1979	LINDA	DE VILLIERS	NOKIA ALGOA AC	F	40	40-44F	3.57.58	
221	1698	BRIAN	MCKAY	HARMONY AC EP	M	50	50-54M	3.58.00	
222	1866	MARIANA	BORNMAN	HUMANSDORP A C	F	49	45-49F	3.88.01	
223	2228	LEANA	BERG	HARMONY AC EP	F	35	35-40F	3.58.02	
224	313	BEVERLEY	BURMEISTER	OXFORD STRIDERS	F	37	35-40F	3.58.22	
225	516	BRIAN	FERREIRA	TEMP	M	46	45-49M	3.58.25	
226	594	TYRON	GALLANT	X-CEL A C	M	41	40-44M	3.58.28	
227	6801	STEFANUS	CILLIERS	PONGOLA	M	43	40-44M	3.59.27	
228	1567	LLEWELLYN	CLACK	PEB PRNT ADIDAS	M	40	40-44M	3.59.28	
229	1867	SOPHIA	GENADE	HUMANSDORP A C	F	42	40-44F	3.59.29	
230	1100	GARRETH	JACOBSON	ACHILLES AAA	M	29	SM	3.59.30	
231	4054	REGGIE	NIEMAND	DURBANVILLE A C	M	34	SM	3.59.59	
232	36	MICHAEL	COLLINS	P.E.A.A.C.	M	66	65-69M	4.00.49	
233	2097	MARIO	KOEN	NOKIA ALGOA AC	M	21	SM	4.00.50	
234	180	STEVEN	KNOWLES	KAROO R R	M	34	SM	4.00.52	
235	1369	MONICA	KEMP	FIT2000 A C	F	49	45-49F	4.00.59	
236	2066	NELSON	MGUBASI	NOKIA ALGOA AC	M	47	45-49M	4.01.13	
237	2125	HELENA	HUGO	NOKIA ALGOA AC	F	38	35-40F	4.01.20	
238	248	GERRIT	WELGEMOED	ST ALBANS CSEP	M	40	40-44M	4.02.16	
239	2198	BJORN	BOTHA	HARMONY AC EP	M	21	SM	4.02.59	

POS	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PRES
240	1355	JOS	ELS	FIT2000 A C	F	52	50-54F	4.03.18	
241	1407	SUSAN	SMIT	JEFFREYS BAY	F	34	SF	4.03.29	
242	1395	ANDRE	LERM	JEFFREYS BAY	M	50	50-54M	4.03.30	
243	581	GODFREY	GELDERBLOEM	X-CEL A C	M	36	35-40M	4.03.33	
244	994	GREGORY	BAUER	CHARLO A C	M	45	45-49M	4.04.03	
245	2033	PIERRE	SCHEFFER	NOKIA ALGOA AC	M	49	45-49M	4.04.13	
246	4698	GORDON	BEST	TEMP	M	44	40-44M	4.04.13	
247	2300	KAISER	KHALA	KWANOBUHLE	M	40	40-44M	4.04.44	
248	4966	COEN	VAN BLERK	HARMONY GOLD AC	M	52	50-54M	4.05.02	
249	4619	TAMLYN	STROMBECK	TEMP	F	29	SF	4.05.31	
250	1044	JOHAN	FOURIE	BODY CONCEPT	M	44	40-44M	4.05.32	
251	591	DAVID	O'RIELLY	X-CEL A C	M	57	55-59M	4.05.44	
252	920	WILLEM	DAFEL	ELITE A C	M	36	35-40M	4.05.46	
253	1960	DORIS	LIBERTY	NOKIA ALGOA AC	F	44	40-44F	4.05.51	
254	1124	LOUIS	LEIPOLDT	ACHILLES AAA	M	64	60-64M	4.06.06	
255	4960	DAVID	FOURIE	TEMP	M	23	SM	4.06.17	
256	1101	GERALD	BOUWER	ACHILLES AAA	M	61	60-64M	4.07.04	
257	151	ABDOELAZIES	MADATT	MALABAR	M	41	40-44M	4.07.27	
258	1589	MARIUS	SNYMAN	PEB PRNT ADIDAS	M	39	35-40M	4.07.31	
259	298	JOHN	COX	KOWIE STRIDERS	M	48	45-49M	4.08.10	
260	1700	ERNIE	VERRALL	PROCYDIN PETECH	M	70	70+M	4.08.19	
261	1939	ADELE	VAN DE VENTER	BLUEWATER BAY	F	36	35-40F	4.08.20	
262	1105	CHARLES	VAN DER WALT	LIBERTY LIFE A	M	27	SM	4.08.42	
263	1655	HUMAN	VAN GENT	EBENEZER	M	40	40-44M	4.08.53	
264	297	MARLENE	WIESE	KOWIE STRIDERS	F	58	55-59F	4.10.23	
265	1161	SHANE	NORRIS	ACHILLES AAA	M	30	SM	4.11.09	
266	103	FABIAN	GREGORY	OXFORD STRIDERS	M	31	SM	4.11.18	
267	605	SYLVAN	BLIGNAUT	X-CEL A C	M	45	45-49M	4.11.28	
268	4611	RIAAN	GAYI	TEMP	M	27	SM	4.11.28	
269	902	JAKKIE	GERBER	ELITE A C	M	44	40-44M	4.12.21	
270	915	JOHANN	DORFLING	ELITE A C	M	47	45-49M	4.12.21	
271	4602	CLAIRE	BREETZKE	TEMP	F	35	35-40F	4.12.31	
272	1105	MARK	HUNTER-SMITH	ACHILLES AAA	M	40	40-44M	4.12.32	
273	923	MANDY	DICKER	HARMONY AC EP	F	33	SF	4.12.57	
274	669	BENJAMIN	LOUW	KNYSNA M C	M	44	40-44M	4.12.58	
275	2120	GEORGE	JAMES	NOKIA ALGOA AC	M	42	40-44M	4.13.28	
276	240	JOE	NEL	OXFORD STRIDERS	M	44	40-44M	4.13.29	
277	2065	ARTHUR	WILLIAMS	NOKIA ALGOA AC	M	41	40-44M	4.13.34	
278	2020	CHRIS	BEKKER	NOKIA ALGOA AC	M	52	50-54M	4.13.36	
279	40	SUSAN	BURRI	P.E.A.A.C.	F	43	40-44F	4.13.39	
280	662	THOMAS	MOTHA	KNYSNA M C	M	46	45-49M	4.13.42	
281	75	GARY	WILLARD	OXFORD STRIDERS	M	43	40-44M	4.14.31	
282	892	JAN	VON MOLLENDORF	ELITE A C	M	59	55-59M	4.14.54	
283	545	BERES	GOLIATH	VWAC	M	40	40-44M	4.14.58	
284	8	KOBUS	GERBER	P.E.A.A.C.	M	60	60-64M	4.15.01	
285	4603	STUART	BROWNING	TEMP	M	43	40-44M	4.15.15	
286	849	ELIZABETH	KNOESEN	ALBANY R R	F	27	SF	4.15.23	
287	1970	MARGIETHA	VOIGHT	NOKIA ALGOA AC	F	34	SF	4.15.29	
288	2296	JOHANNES	HERBST	MUIRITE STRIDER	M	58	55-59M	4.15.32	
289	1490	RIAAN	SMALBERGER	HARMONY AC EP	M	50	50-54M	4.15.39	
290	11948	SHARON	NEWMAN	MIDRAND COUNTRY	F	34	SF	4.15.53	
291	289	GEORGE	MEARNS	KOWIE STRIDERS	M	57	55-59M	4.15.53	
292	4620	GLENN	TAYLOR	TEMP	M	58	55-59M	4.16.15	
293	1679	LUCELLE	JAFTHA	WILLARD BATT	F	44	40-44F	4.16.21	
294	1930	GLYNIS	SCOTT	BLUEWATER BAY	F	44	40-44F	4.16.23	
295	105	BENNIE	OOSTHUIZEN	P.E.A.A.C.	M	47	45-49M	4.16.27	
296	4606	PETRA	CONRADIE	TEMP	F	37	35-40F	4.16.34	
297	56	LEON	SMIT	OUTENIQUA HARRI	M	56	55-59M	4.16.34	
298	1104	MARIETA	VAN DER WALT	QUEENSTOWN HARR	F	43	40-44F	4.17.26	
299	868	KAREN	MINNIE	UNITED ATHLETIC	F	30	SF	4.17.37	

POS	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PRES
300	2034	DEON	DOBSON	NOKIA ALGOA AC	M	41	40-44M	4.17.38	
301	610	COREEN	BURGINS	X-CEL A C	F	31	SF	4.18.12	
302	4694	WAYNE	MAGSON	TEMP	M	34	SM	4.18.24	
303	357	DERICK	BIRCH	MUIRITE STRIDER	M	50	50-54M	4.18.36	
304	4605	TREVOR	CARTER	TEMP	M	38	35-40M	4.18.40	
305	1642	ANTOINETTE	HUMAN	WILLARD BATT	F	36	35-40F	4.19.02	
306	618	CHARLES	JANTJIES	X-CEL A C	M	44	40-44M	4.19.36	
307	1689	ALASTAIR	RODGER	RAND ATHLETIC C	M	58	55-59M	4.19.51	
308	1458	HERMAN	DEKKER	HARMONY AC EP	M	59	55-59M	4.19.51	
309	4617	NICOLA	ROOTE	TEMP	F	32	SF	4.20.05	
310	1068	PAUL	JOHNSON	BODY CONCEPT	M	37	35-40M	4.20.15	
311	1162	PETER	WHATLEY	ACHILLES AAA	M	39	35-40M	4.20.17	
312	1176	BRADLEY	JOUBERT	ACHILLES AAA	M	42	40-44M	4.20.18	
313	493	LYNETTE	SWART	WALMER AC	F	38	35-40F	4.20.50	
314	489	RONEL	BENCE	WALMER AC	F	43	40-44F	4.20.51	
315	1432	SARIEN	VILJOEN	JEFFREYS BAY	F	47	45-49F	4.20.58	
316	1151	LIZ	AUSTIN	ACHILLES AAA	F	46	45-49F	4.21.13	
317	1002	SALOME	LOOTS	BODY CONCEPT	F	42	40-44F	4.21.42	
318	15	HOWARD	MYERS	P.E.A.A.C.	M	43	40-44M	4.22.02	
319	2000	SAM	ERASMUS	NOKIA ALGOA AC	M	44	40-44M	4.22.05	
320	1831	IAN	FERREIRA	ELITE A C	M	38	35-40M	4.22.06	
321	1605	SANET	NIIT	PEB PRNT ADIDAS	F	36	35-40F	4.22.06	
322	4695	MATTHYS	PLAATJIES	TEMP	M	43	40-44M	4.22.20	
323	1492	HEIN	BADENHORST	HARMONY AC EP	M	34	SM	4.22.27	
324	1459	JACQUES	SNYMAN	HARMONY AC EP	M	36	35-40M	4.22.28	
325	260	NOLEEN	NORRIS	CADBURY A C	F	47	45-49F	4.23.14	
326	1394	ADEL	SCHLEBUSCH	JEFFREYS BAY	F	35	35-40F	4.23.25	
327	597	INGRID	DE MONK	X-CEL A C	F	37	35-40F	4.23.28	
328	1869	CYRIL	KURTEN	HUMANSDORP A C	M	73	70+M	4.23.32	
329	934	GREGORY	ROSS	CHARLO A C	M	31	SM	4.23.52	
330	4693	MONDE	MABALA	TEMP	M	45	45-49M	4.24.01	
331	1689	DEON	SMITH	WILLARD BATT	M	36	35-40M	4.24.25	
332	4684	LINDSAY	BROWN	TEMP	M	37	35-40M	4.25.37	
333	2090	TERTIA	COETZEE	NOKIA ALGOA AC	F	45	45-49F	4.24.49	
334	559	REAN	THERON	VWAC	M	42	40-44M	4.25.19	
335	1040	SHARMYN	MEYER	BODY CONCEPT	F	45	45-49F	4.25.19	
336	552	HENRY	KNOESEN	VWAC	M	36	35-40M	4.25.21	
337	1046	ANDRE	RETIEF	BODY CONCEPT	M	38	35-40M	4.25.48	
338	588	HENRY	JANSEN	X-CEL A C	M	29	SM	4.26.20	
339	9099	CHARLES	GOLDSWAIN	P.E.A.A.C.	M	20	SM	4.26.24	
340	1612	KOSIMA	BUSING-ANDERSON	PEB PRNT ADIDAS	F	27	SF	4.27.16	
341	24	ELLIOT	QAKA	OXFORD STRIDERS	M	44	40-44M	4.27.19	
342	2295	ARNOLD	RAS	MUIRITE STRIDER	M	42	40-44M	4.27.19	
343	291	DENISE	JONES-PHILLIPSON	KOWIE STRIDERS	F	63	60-64F	4.28.09	
344	808	IAN	KNOTT-CRAIG	ALBANY R R	M	46	45-49M	4.28.10	
345	888	ANDRE	VAN COLLER	ELITE A C	M	39	35-40M	4.28.36	
346	1172	GARY	POHLMANN	ACHILLES AAA	M	43	40-44M	4.28.50	
347	958	ANTOINETTE	COERTZE	CHARLO A C	F	40	40-44F	4.28.57	
348	1001	ROBIN	CLARK	BODY CONCEPT	M	63	60-64M	4.29.05	
349	882	MIEMSIE	SWANEPOEL	ELITE A C	F	43	40-44F	4.29.41	
350	31	RICARDO	GROOM	OXFORD STRIDERS	M	41	40-44M	4.29.56	
351	539	JOHANNA	PRINS	P.E.A.A.C.	F	27	SF	4.29.57	
352	1158	CASEY	BEARY	ACHILLES AAA	M	29	SM	4.30.04	
353	546	JEANNE	GREYLING	VWAC	F	29	SF	4.30.05	
354	1998	ERROL	MALLINSON	NOKIA ALGOA AC	M	25	SM	4.30.05	
355	1634	REGINALD	JACOBS	WILLARD BATT	M	53	50-54M	4.30.10	
356	218	ANDRE	LANDMAN	ST ALBANS CSEP	M	52	50-54M	4.30.10	
357	1165	LESLEY	MAGGOTT	ACHILLES AAA	F	37	35-40F	4.30.26	
358	1986	KAREN	MELS	NOKIA ALGOA AC	F	39	35-40F	4.30.37	
359	884	TREVOR	VAN EYCK	ELITE A C	M	43	40-44M	4.30.44	

POS	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PRES
360	4609	DALEEN	DAVIDSON	TEMP	M	31	SM	4.30.56	
361	1590	ELZETTE	ZEELIE	PEB PRNT ADIDAS	F	36	35-40F	4.31.08	
362	4601	KENNETH	BREDA	TEMP	M	37	35-40M	4.31.43	
363	119	MARK	VAN DER WALT	P.E.A.A.C.	M	42	40-44M	4.32.01	
364	11478	WAYNE	BROWN	RAND ATHLETIC C	M	39	35-40M	4.33.26	
365	1632	SHARON	JAFTHA	WILLARD BATT	F	41	40-44F	4.33.42	
366	880	RINA	BARNARD	ELITE A C	F	51	50-54F	4.33.48	
367	4616	MARY	ROBINSON	TEMP	F	37	35-40F	4.34.54	
368	4612	ANITA	GERBER	TEMP	F	34	SF	4.35.32	
369	728	JAN	BOTHA	OUTENIQUA HARRI	M	48	45-49M	4.35.50	
370	375	CLAYTON	HISCOCK	MUIRITE STRIDER	M	35	35-40M	4.36.41	
371	1172	KEVAN	HAYES	QUEENSTOWN HARR	M	41	40-44M	4.36.51	
372	1644	RONALD	JANTJIES	WILLARD BATT	M	32	SM	4.37.01	
373	6438	CLEM	SIMPSON	ESKOM GIJIMAS A	M	51	50-54M	4.37.09	
374	2389	THOMAS	GROENER	P.E.A.A.C.	M	57	55-59M	4.37.13	
375	4917	EDWARD	HOLSTER	TEMP	M	51	50-54M	4.37.50	
376	695	LES	PRINSLOO	KNYSNA M C	M	67	65-69M	4.37.59	
377	4920	JOHEY	BOTHA	TEMP	F	40	40-44F	4.38.00	
378	27	GESINA	OOSTHUIZEN	P.E.A.A.C.	F	46	45-49F	4.38.37	
379	26	HENNIE	OOSTHUIZEN	P.E.A.A.C.	M	47	45-49M	4.38.38	
380	14002	JONATHAN	GRIFFITHS	WEIGHLESS A C	M	40	40-44M	4.38.45	
381	547	HENRY	HUMAN	VWAC	M	65	65-69M	4.38.46	
382	642	LIONEL	JAGERS	BUFFALO R R	M	38	35-40M	4.38.51	
383	150	TONY	KLAASEN	MALABAR	M	42	40-44M	4.39.01	
384	641	TREVOR	MATROOS	BUFFALO R R	M	44	40-44M	4.39.02	
385	374	LIZ	GRUNDLINGH	MUIRITE STRIDER	F	57	55-59F	4.39.16	
386	933	LAVINIA	DARLOW	CHARLO A C	F	36	35-40F	4.39.23	
387	2209	ANDRIES	FERREIRA	HARMONY AC EP	M	21	SM	4.39.58	
388	2017	WILLIAM	GERBER	NOKIA ALGOA AC	M	39	35-40M	4.40.17	
389	611	JEREMY	SAMUELS	X-CEL A C	M	38	35-40M	4.40.18	
390	155	DINESH	COOPOO	MALABAR	M	37	35-40M	4.40.31	
391	1105	LOUWRENS	VAN DER WALT	QUEENSTOWN HARR	M	43	40-44M	4.40.40	
392	1498	PENNY	LANCASTER	NEW BALANCE	F	56	55-59F	4.40.49	
393	603	PAUL	KLOPPERS	TEMP	M	24	SM	4.40.53	
394	4915	LEAH	PRUDHOMME	TEMP	F	25	SF	4.41.02	
395	4965	MARY-JEAN	DUBBER	TEMP	F	28	SF	4.41.04	
396	1628	KAREN	AUSTIN	PEB PRNT ADIDAS	F	39	35-40F	4.41.11	
397	2325	BARBARA	MEYLAHN	LEGACY AC	F	39	35-40F	4.41.17	
398	154	VERNON	NAIDOO	MALABAR	M	35	35-40M	4.41.23	
399	2153	CECILIA	LOUW	ELITE A C	F	29	SF	4.42.36	
400	177	WILKIE	DE JAGER	KAROO R R	M	64	60-64M	4.42.37	
401	116	MARYNA	KOTZE	P.E.A.A.C.	F	38	35-40F	4.44.04	
402	26	SIPHO	TEMBA	TEMP	M	46	45-49M	4.44.04	
403	1126	TOM	D'ARCY	ACHILLES AAA	M	58	55-59M	4.44.49	
404	4065	MONIQUE	STOFFBERG	PRETORIA M C	F	36	35-40F	4.45.40	
405	848	SPENCER	JONES	ALBANY R R	M	39	35-40M	4.45.49	
406	4697	TIM	BARNARD	TEMP	M	37	35-40M	4.45.50	
407	587	EUGENE	VAN WYK	X-CEL A C	M	33	SM	4.46.10	
408	160	CRESEN	BALAKISTEN	MALABAR	M	45	45-49M	4.46.27	
409	2154	JEFFREY	GREBE	ELITE A C	M	37	35-40M	4.46.32	
410	1695	VURDEN	VAN NIEKERK	HARMONY AC EP	M	36	35-40M	4.46.39	
411	959	GARETH	HUGHES	CHARLO A C	M	31	SM	4.46.50	
412	5908	JUDE	FRANCIS	TEMP	M	31	SM	4.46.50	
413	370	LUKAS	ELS	MUIRITE STRIDER	M	34	SM	4.47.39	
414	380	CAROL	MALLET	MUIRITE STRIDER	F	36	35-40F	4.47.39	
415	1710	RALPH	KEYS	PROCYDIN PETECH	M	32	SM	4.47.43	
416	494	LIONEL	HOOLE	WALMER AC	M	37	35-40M	4.47.44	
417	2390	JOSEPH	SERFONTEIN	P.E.A.A.C.	M	54	50-54M	4.47.55	
418	684	BARRY	NELSON	LEGACY AC	M	53	50-54M	4.48.21	
419	1179	PETER	POHLMANN	ACHILLES AAA	M	41	40-44M	4.48.54	

POS	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PRES
420	10206	RICHARD	AKERS	EAST GRIQUALAND	M	45	45-49M	4.49.03	
421	356	GREGORY	BILLSON	MUIRITE STRIDER	M	36	35-40M	4.49.13	
422	992		UNKNOWN	TEMP	M	29	SM	4.49.31	
423	690	JOHN	FACEY	LEGACY AC	M	47	45-49M	4.49.51	
424	1851	GEOFF	ELLIS	HUMANSDORP A C	M	62	60-64M	4.49.58	
425	4610	MARTYN	FOSTER	TEMP	M	39	35-40M	4.49.59	
426	4905	LEX	HOLMES	TEMP	M	58	55-59M	4.50.23	
427	2392	ARICHAD	WILLIAMS	P.E.A.A.C.	M	39	35-40M	4.50.24	
428	262	LAWRENCE	BEZUIDENHOUT	CADBURY A C	M	48	45-49M	4.50.28	
429	141	DICK	DOUGLAS	MALABAR	M	45	45-49M	4.50.34	
430	37	COENRAAD	BARNARDO	P.E.A.A.C.	M	41	40-44M	4.51.46	
431	412	MONICA	JONES	OLD SELBORNIAN	F	31	SF	4.51.49	
432	4689	ABRAM	HENDRICKS	TEMP	M	48	45-49M	4.51.54	
433	98	MOUTON	VAN EEDEN	P.E.A.A.C.	M	46	45-49M	4.52.06	
434	121	HILTON	JOHNSON	P.E.A.A.C.	M	36	35-40M	4.52.07	
435	212	JEROME	SOLOMONS	ST ALBANS CSEP	M	32	SM	4.52.23	
436	806	JOHANNES	KNOESEN	ALBANY R R	M	29	SM	4.53.06	
437	193	ANDY	HALLS	OXFORD STRIDERS	M	45	45-49M	4.53.45	
438	613	QUENTIN	BURRELL	X-CEL A C	M	42	40-44M	4.54.28	
439	31	CHRIS	VILJOEN	P.E.A.A.C.	M	57	55-59M	4.54.34	
440	202	LOUIS	RUDMAN	ST ALBANS CSEP	M	48	45-49M	4.54.54	
441	97	BRENTON	SCHNETLER	P.E.A.A.C.	M	30	SM	4.55.21	
442	4700	MICHIEL	BOTHA	TEMP	M	44	40-44M	4.55.27	
443	1111	PIET	SCHOLTZ	TEMP	M	60	60-64M	4.55.35	
444	2252	ENVOR	TELLING	EBENEZER	M	43	40-44M	4.55.43	
445	1468	JACQUES	DELPORT	HARMONY AC EP	M	34	SM	4.55.50	
446	277	GERSHIN	HUTCHINSON	KOWIE STRIDERS	M	23	SM	4.55.52	
447	268	BURNETT	PETERSEN	CADBURY A C	M	29	SM	4.55.55	
448	130	LORINDA	BRAZELLE	BLOEMFONTEIN AC	F	31	SF	4.56.10	
449	1687	HENRY	THORNE	WILLARD BATT	M	51	50-54M	4.56.18	
450	211	MELVERY	SMOUSE	OXFORD STRIDERS	M	35	35-40M	4.57.13	
451	51	DOLF	POTGIETER	P.E.A.A.C.	M	45	45-49M	4.58.71	
452	4968	TEMBA	SONJICA	TEMP	M	29	SM	4.57.42	
453	2005	DANIEL	FERREIRA	ELITE A C	M	46	45-49M	4.57.58	
454	28	WILFRED	SHELTON	OXFORD STRIDERS	M	52	50-54M	4.59.09	
<b>HELPERS RUN</b>									
H1	722	BARON	NAUDE	CRUSADERS A C	M	26	SM	3.22.57	
H2	750	EARL	SCOTT	CRUSADERS A C	M	39	35-40M	3.58.03	
H3	775	KAY	VAN OOSTEN	CRUSADERS A C	F	38	35-40F	3.58.11	
H4	796	ROBYN	STEYN	CRUSADERS A C	F	33	SF	4.04.16	
H5	771	VIV	BULLOCK	CRUSADERS A C	F	37	35-40F	4.04.16	
H6	778	JULIE	TAUNTON	CRUSADERS A C	F	44	40-44F	4.04.16	
H7	779	SEAN	WRIGHT	CRUSADERS A C	M	40	40-44M	4.11.10	
H8	725	GRAHAM	ELBOURNE	CRUSADERS A C	M	52	50-54M	4.33.52	
H9	758	COLIN	MURRAY	CRUSADERS A C	M	49	45-49M	4.37.10	
H10	769	TREVOR	HAWKINS	CRUSADERS A C	M	44	40-44M	4.38.59	
H11	726	ROBIN	ELBOURNE	CRUSADERS A C	F	47	45-49F	4.44.26	