

AFRICAN BANK 10KM - PORT ELIZABETH - 2004/12/11

POS	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
1	657	GEORGE	NTSHILIZA	LIBNIKE	M	25	SM	0.31.03	5	25
2	670	SIMPHIWE	NTANTISO	LIBNIKE	M	34	SM	0.31.04	5	24
3	507	KHAYALETHU	MAKALIMA	LIBNIKE	M	21	SM	0.31.30	5	23
4	671	LAWRENCE	NTANTISO	LIBNIKE	M	29	SM	0.31.32	5	22
5	1247	LOYISO	NAZO	HARMONY AC EP	M	27	SM	0.31.52	5	21
6	247	DAVID	DAVIDS	HARMONY AC EP	M	32	SM	0.31.54	5	20
7	1199	MICHAEL	SCOUT	MR PRICE UPE	M	42	40-44M	0.32.02	5	19
8	1308	ROBERT	MATTHYS	MR PRICE UPE	M	28	SM	0.32.16	5	18
9	664	SIMON	NGCOKO	LIBNIKE	M	34	SM	0.32.23	5	17
10	9395	SELLO	MOLESE	NOKIA ALGOA AC	M	18	JM	0.32.25	5	16
11	1261	LUVUYO	STEPHEN	MR PRICE UPE	M	34	SM	0.32.36	5	15
12	2204	ANELE	MALIZA	HARMONY AC EP	M	26	SM	0.32.53	5	14
13	2094	MNCEDI	KHANTI	NOKIA ALGOA AC	M	25	SM	0.33.07	5	13
14	2052	ABSALOM	KEMP	NOKIA ALGOA AC	M	40	40-44M	0.33.13	5	12
15	1153	ISAAC	NTLAPE	ACHILLES AAA	M	21	SM	0.33.39	5	11
16	2009	ALFRED	QOGI	NOKIA ALGOA AC	M	31	SM	0.33.41	5	10
17	1696	ZILINDILE	MEMANI	HARMONY AC EP	M	32	SM	0.34.11	5	9
18	655	TRESH	JAVU	LIBNIKE	M	31	SM	0.34.14	5	8
19	448	DARRELL	WICHT	NEW BALANCE	M	41	40-44M	0.34.16	5	7
20	5473	NKOSINATHI	MADYO	TEMP	M	29	SM	0.34.19	0	0
21	9397	THULANI	MDLALO	VWAC	M	19	JM	0.34.31	5	6
22	5466	STUART	MARAIS	TEMP	M	19	JM	0.34.33	0	0
23	1186	CRAIG	WILSON	ACHILLES AAA	M	36	35-40M	0.34.42	5	5
24	2173	MICHAEL	HENDRICKS	HARMONY AC EP	M	28	SM	0.35.14	5	4
25	1456	AUGUST	ESAU	HARMONY AC EP	M	34	SM	0.35.21	5	3
26	2087	SIDWELL	BALIWE	NOKIA ALGOA AC	M	32	SM	0.35.41	5	2
27	2177	THEMBEKILE	MSIPA	HARMONY AC EP	M	30	SM	0.35.42	5	1
28	250	JOHANNES	JONCK	ST ALBANS CSEP	M	31	SM	0.35.50	5	0
29	205	COLLIN	DANI	ST ALBANS CSEP	M	37	35-40M	0.35.53	5	0
30	1321	XOLILE	SOMBALO	MR PRICE UPE	M	31	SM	0.35.54	5	0
31	9079	ZOLANI	WILLIAMS	NOKIA ALGOA AC	M	15	JM	0.36.09	4	0
32	1611	ANDILE	GO	PEB PRNT ADIDAS	M	33	SM	0.36.17	4	0
33	1682	GILROY	DOMINGO	WILLARD BATT	M	32	SM	0.36.21	4	0
34	2091	GLADWELL	RUSELO	NOKIA ALGOA AC	M	38	35-40M	0.36.24	5	0
35	1266	MNCEDISI	YAWA	MR PRICE UPE	M	39	35-40M	0.36.29	5	0
36	673	DESMOND	WITBOOI	NOKIA ALGOA AC	M	32	SM	0.36.30	4	0
37	1075	MUTEKILE	RASMENI	NOKIA ALGOA AC	M	39	35-40M	0.36.34	5	0
38	9388	CHARLTON	DRAAI	HARMONY AC EP	M	16	JM	0.36.35	4	
39	2076	SIDWEL	ROBOSHI	NOKIA ALGOA AC	M	44	40-44M	0.36.41	5	0
40	401	ZINAKILE	SOYAMBA	ABERDARE CABLES	M	52	50-54M	0.36.43	5	0
41	1032	JACOB	ABRAHAM	BODY CONCEPT	M	38	35-40M	0.36.47	5	0
42	1073	NELSON	VLAKBOK	SANDEF EP	M	40	40-44M	0.36.51	5	0
43	449	ANDRE	DALTON	NEW BALANCE	M	43	40-44M	0.37.04	5	0
44	2318	LUVUYO	MAVIKELA	LIBNIKE	M	28	SM	0.37.05	4	0
45	9439	LUNTU	KHOBO	P.E.A.A.C.	M	18	JM	0.37.17	4	0
46	446	ADRIAN	GOUWS	NEW BALANCE	M	31	SM	0.37.21	4	0
47	1602	RIAAN	KOCK	PEB PRNT ADIDAS	M	34	SM	0.37.23	4	0
48	2267	ROWAN	ALLISON	EBENEZER	M	31	SM	0.37.33	4	0
49	5078	MELVIN	ERASMUS	TEMP	M	35	35-40M	0.37.36	0	0
50	485	BENNIE	MATTHEUS	WALMER AC	M	35	35-40M	0.37.43	4	0
51	1185	MICHAEL	MAGSON	ACHILLES AAA	M	28	SM	0.37.51	4	0
52	2317	DESMOND	ZIBI	LIBNIKE	M	41	40-44M	0.37.55	5	0
53	999		UNKNOWN	UNKNOWN	M	30	SM	0.37.56	0	0
54	2219	CHARLES	BAATJIES	HARMONY AC EP	M	48	45-49M	0.38.03	5	
55	1578	MICHAEL	KLEINBOOI	PEB PRNT ADIDAS	M	42	40-44M	0.38.03	5	0
56	669	FIKILE	SEYA	LIBNIKE	M	51	50-54M	0.38.08	5	0
57	454	NEIL	DE MEILLON	NEW BALANCE	M	41	40-44M	0.38.11	5	0
58	9471	VIRGIL	WILLIAMS	HARMONY AC EP	M	15	JM	0.38.12	3	
59	2229	KLAAS	OLIPHANT	HARMONY AC EP	M	35	35-40M	0.38.13	4	
60	352	SONWABO	NYANGIWE	PEB PRNT ADIDAS	M	37	35-40M	0.38.25	4	0
61	2175	MBULELO	SAMPIES	HARMONY AC EP	M	37	35-40M	0.38.54	4	
62	662	MEDISI	NGCOKO	LIBNIKE	M	40	40-44M	0.38.54	4	0
63	2302	ZUKISUMZI	GROOTBOOM	KWANOBUHLE	M	34	SM	0.38.54	3	0
64	1259	GEORGE	BUKA	MR PRICE UPE	M	34	SM	0.38.57	3	0
65	665	JACKSON	NGCOKO	LIBNIKE	M	56	55-59M	0.38.58	5	0

POS	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
66	75	FREDDIE	KOLI	P.E.A.A.C.	M	40	40-44M	0.39.07	4	0
67	9084	XOLISILE	GINGQINI	NOKIA ALGOA AC	M	15	JM	0.39.12	3	0
68	971	JEFFREY	VAN NIEKERK	CHARLO A C	M	31	SM	0.39.15	3	0
69	1163	ROBIN	FOURIE	ACHILLES AAA	M	41	40-44M	0.39.16	4	0
70	550	BILLY BOY	KIETAS	VWAC	M	29	SM	0.39.30	3	0
71	5471	ZUKO	RHONYILE	TEMP	M	17	JM	0.39.31	0	0
72	88	U-VIWE	MBELEKANE	P.E.A.A.C.	M	20	SM	0.39.36	3	0
73	911	WYNAND	DE GOEDE	ELITE A C	M	29	SM	0.39.40	3	0
74	8021	MONGEZI	FOLEY	FIT2000 A C	M	29	SM	0.39.46	3	0
75	458	BARNABY	SHONE	NEW BALANCE	M	30	SM	0.39.51	3	0
76	9121	PHUMLANI	NGCOKO	LIBNIKE	M	17	JM	0.39.54	3	0
77	2320	CLAYTON	DRAAI	HARMONY AC EP	M	16	JM	0.39.54	3	
78	870	PETER	VAN RENSBURG	HARMONY AC EP	M	46	45-49M	0.39.57	5	
79	38	RICHARD	NOSILELA	P.E.A.A.C.	M	40	40-44M	0.39.59	4	0
80	667	TAMSANQA	JUSAYI	LIBNIKE	M	62	60-64M	0.40.05	5	0
81	1952	MOTHUSI	HOYI	HARMONY AC EP	M	40	40-44M	0.40.12	3	
82	1451	GRIZELDA	PIETERSEN	HARMONY AC EP	F	36	35-40F	0.40.23	5	25
83	102	KHOLEKILE	NOMNGANGA	P.E.A.A.C.	M	44	40-44M	0.40.24	3	0
84	1598	DONALD	MANCASA	PEB PRNT ADIDAS	M	50	50-54M	0.40.25	5	0
85	1624	SAM	ERASMUS	PEB PRNT ADIDAS	M	47	45-49M	0.40.29	4	0
86	1353	ADRIAN	CLARKE	FIT2000 A C	M	39	35-40M	0.40.35	3	0
87	5608	ANTONIE	BOTHA	TEMP	M	19	JM	0.40.44	0	0
88	4124	DALI	TSILI	TEMP	M	24	SM	0.40.49	0	0
89	1542	SIPHO	NCANDANA	PEB PRNT ADIDAS	M	48	45-49M	0.40.53	4	0
90	722	BARON	NAUDE	CRUSADERS A C	M	26	SM	0.40.54	3	0
91	9460	IVAN	AMBRAAL	HARMONY AC EP	M	19	JM	0.40.57	3	
92	970	FRED	VERRALL	CHARLO A C	M	56	55-59M	0.40.57	5	0
93	897	DESMOND	FOUCHE	ELITE A C	M	39	35-40M	0.41.00	3	0
94	1110	DAVERA	MAGSON	ACHILLES AAA	F	30	SF	0.41.01	4	24
95	2224	MATI	JACK	HARMONY AC EP	M	52	50-54M	0.41.08	5	
96	2039	DONEVIN	LESCH	NOKIA ALGOA AC	M	31	SM	0.41.15	3	0
97	2435	LUVUYO	GEGE	NOKIA ALGOA AC	M	26	SM	0.41.16	3	0
98	856	CLIVE	WEWERS	ELITE A C	M	44	40-44M	0.41.17	3	0
99	625	SELWYN	UITHALER	X-CEL A C	M	49	45-49M	0.41.19	4	0
100	536	CHRISTOPHER	CHRISTIAN	LEGACY AC	M	42	40-44M	0.41.20	3	0
101	1913	JOHN	STEVENS	BLUEWATER BAY	M	40	40-44M	0.41.29	3	0
102	9029	GERDA-MARIE	THERON	PROCYDIN PETECH	F	17	JF	0.41.34	4	23
103	2019	RAYMOND	GERBER	NOKIA ALGOA AC	M	25	SM	0.41.39	3	0
104	1156	BRUCE	MCEWAN	ACHILLES AAA	M	51	50-54M	0.41.44	5	0
105	9461	JODY	CLAASEN	HARMONY AC EP	M	15	JM	0.41.45	3	
106	1055	ANDRE	LOOTS	BODY CONCEPT	M	42	40-44M	0.41.46	3	0
107	1354	HANNES	ELS	FIT2000 A C	M	54	50-54M	0.41.47	5	0
108	1512	LOUIS	SWIEGELAAR	HARMONY AC EP	M	38	35-40M	0.41.56	3	
109	1189	TONY	BOARDMAN	ACHILLES AAA	M	45	45-49M	0.42.12	3	0
110	1148	PERCY	DALTON	ACHILLES AAA	M	56	55-59M	0.42.13	5	0
111	890	ANTON	VON MOLENDORFF	ELITE A C	M	41	40-44M	0.42.15	3	0
112	2162	DEON	CLAASSEN	ELITE A C	M	29	SM	0.42.17	2	0
113	2216	MOEGAMAT	BEYDON	HARMONY AC EP	M	45	45-49M	0.42.18	3	
114	207	GRAHAM	BUBB	ST ALBANS CSEP	M	36	35-40M	0.42.24	3	0
115	994	GREGORY	BAUER	CHARLO A C	M	45	45-49M	0.42.25	3	0
116	1950	LEON	KILIAN	BLUEWATER BAY	M	61	60-64M	0.42.26	5	0
117	1161	SHANE	NORRIS	ACHILLES AAA	M	30	SM	0.42.34	2	0
118	1113	REG	FRIDEY	ACHILLES AAA	M	40	40-44M	0.42.35	3	0
119	1140	BRUCE	BARKER	ACHILLES AAA	M	46	45-49M	0.42.37	3	0
120	1613	PIERRE	KNOESEN	PEB PRNT ADIDAS	M	50	50-54M	0.42.41	4	0
121	1957	EDDIE	GILLMORE	BLUEWATER BAY	M	47	45-49M	0.42.45	3	0
122	1312	DARRYL	BAGLEY	HARMONY AC EP	M	29	SM	0.42.46	2	
123	4648	DEON	FOURIE	TEMP	M	35	35-40M	0.43.10	0	0
124	987	STEPHEN	VERRALL	CHARLO A C	M	29	SM	0.43.16	2	0
125	862	STEPHEN	KLUE	ELITE A C	M	46	45-49M	0.43.18	3	0
126	881	GEORGE	BOTHA	ELITE A C	M	51	50-54M	0.43.20	4	0
127	23290	WAYNE	POTGIETER	LEGACY AC	M	31	SM	0.43.27	2	0
128	1350	MARIETTE	HATTINGH	MR PRICE UPE	F	39	35-40F	0.43.29	4	22
129	909	SHARON	ZEELIE	HARMONY AC EP	F	33	SF	0.43.34	3	21
130	1551	ALAN	TAYLOR	PEB PRNT ADIDAS	M	47	45-49M	0.43.35	3	0
131	5483	JOHANN	MEUWESEN	TEMP	M	39	35-40M	0.43.42	0	0

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132	9472	CHESLYN	BAARTMAN	HARMONY AC EP	M	16	JM	0.43.43	2	
133	225	KERNEELS	MEINTJIES	ST ALBANS CSEP	M	44	40-44M	0.43.43	2	0
134	864	CLIFFORD	HICKEN	ELITE A C	M	47	45-49M	0.43.44	3	0
135	9108	MICHAEL	LEMMER	WALMER AC	M	18	JM	0.43.44	2	0
136	1169	BASIL	TYLER	ACHILLES AAA	M	43	40-44M	0.43.48	2	0
137	626	MALCOLM	FIGG	X-CEL A C	M	46	45-49M	0.43.50	3	0
138	2095	CHANTEL	VAN STADEN	NOKIA ALGOA AC	F	20	SF	0.43.55	3	20
139	2112	CLIVE	VAN RAYNER	NOKIA ALGOA AC	M	37	35-40M	0.43.56	2	0
140	1356	ALLAN	BRIDGETT	FIT2000 A C	M	37	35-40M	0.43.59	2	0
141	131	AT	SCHOEMAN	P.E.A.A.C.	M	48	45-49M	0.44.01	3	0
142	9432	BABALWA	NGCOKO	LIBNIKE	F	17	JF	0.44.05	3	19
143	150	TONY	KLAASEN	MALABAR	M	42	40-44M	0.44.06	2	0
144	4691	RALPH	REILLY	TEMP	M	31	SM	0.44.06	0	0
145	1111	GRAHAM	CHANNON	ACHILLES AAA	M	55	55-59M	0.44.15	4	0
146	1973	ADELE	NEL	NOKIA ALGOA AC	F	31	SF	0.44.16	3	18
147	855	LESLEY	WOOD	ELITE A C	F	47	45-49F	0.44.20	5	17
148	560	ISAAC	WILLIAMS	VWAC	M	41	40-44M	0.44.23	2	0
149	1182	PAT	THOMSON	ACHILLES AAA	F	44	40-44F	0.44.28	4	16
150	967	BRENT	PORTER	CHARLO A C	M	37	35-40M	0.44.39	2	0
151	1492	HEIN	BADENHORST	HARMONY AC EP	M	34	SM	0.44.39	2	
152	902	JAKKIE	GERBER	ELITE A C	M	44	40-44M	0.44.41	2	0
153	1010	JAN	VAN EEDEN	HARMONY AC EP	M	46	45-49M	0.44.54	3	
154	19650	KOSIE	VAN VUUREN	FITCG	M	50	50-54M	0.44.55	0	0
155	886	FREDDIE	MICHAELS	ELITE A C	M	45	45-49M	0.44.58	3	0
156	759	RICK	ALLSOPP	CRUSADERS A C	M	43	40-44M	0.44.59	2	0
157	962	KELVIN	WILSON	CHARLO A C	M	35	35-40M	0.45.02	2	0
158	2072	CHRISTOPHER	COCKCROFT	NOKIA ALGOA AC	M	48	45-49M	0.45.08	3	0
159	462	GERHARD	LEMMER	WALMER AC	M	37	35-40M	0.45.10	2	0
160	2388	ROBERT	RIETMULLER	P.E.A.A.C.	M	48	45-49M	0.45.12	2	0
161	158	ZIYAAD	DOLLEY	MALABAR	M	36	35-40M	0.45.16	2	0
162	594	TYRON	GALLANT	X-CEL A C	M	41	40-44M	0.45.19	2	0
163	919	MARINDA	CRONJE	ELITE A C	F	39	35-40F	0.45.21	3	15
164	2063	DANIEL	PIETERSE	NOKIA ALGOA AC	M	42	40-44M	0.45.22	2	0
165	2225	BUYELWA	KOBOKANA	HARMONY AC EP	F	39	35-40F	0.45.24	3	14
166	1174	PAULETTE	FRASER	ACHILLES AAA	F	39	35-40F	0.45.26	3	13
167	36	MICHAEL	COLLINS	P.E.A.A.C.	M	66	65-69M	0.45.26	5	0
168	5488	WAYNE	MITCHELL	TEMP	M	31	SM	0.45.45	0	0
169	1168	ANDREW	PORTER	ACHILLES AAA	M	32	SM	0.45.45	2	0
170	1003	MARIUS	VAN EYK	BODY CONCEPT	M	40	40-44M	0.45.49	2	0
171	2211	PRISCILLA	DYANTYI	HARMONY AC EP	F	30	SF	0.45.50	2	12
172	1831	IAN	FERREIRA	ELITE A C	M	38	35-40M	0.45.53	2	0
173	1474	HERMAN	VAN JAARSVELDT	HARMONY AC EP	M	45	45-49M	0.46.00	2	
174	653	SIMPHIWE	TAMBO	LIBNIKE	M	21	SM	0.46.20	2	0
175	1101	GERALD	BOUWER	ACHILLES AAA	M	61	60-64M	0.46.23	4	0
176	4644	THAMSANQA	BROOK	TEMP	M	37	35-40M	0.46.24	0	0
177	543	GRANT	FORBES	VWAC	M	35	35-40M	0.46.26	2	0
178	1459	JACQUES	SNYMAN	HARMONY AC EP	M	36	35-40M	0.46.26	2	
179	1114	GAIL	KLICHOWICZ	ACHILLES AAA	F	38	35-40F	0.46.27	3	11
180	1152	GREG	SCOTT	ACHILLES AAA	M	42	40-44M	0.46.30	2	0
181	5479	HENK	SPOORMAKER	TEMP	M	46	45-49M	0.46.33	0	0
182	9453	GERHARD	FERREIRA	HARMONY AC EP	M	16	JM	0.46.37	2	
183	998		UNKNOWN	UNKNOWN	M	30	SM	0.46.44	0	0
184	591	DAVID	O'RIELLY	X-CEL A C	M	57	55-59M	0.46.44	3	0
185	1582	SHARON	JESSOP	PEB PRNT ADIDAS	F	34	SF	0.46.48	2	10
186	1217	ERNEST	KAPP	MR PRICE UPE	M	46	45-49M	0.46.52	2	0
187	860	PIET	MEYER	ELITE A C	M	55	55-59M	0.46.53	3	0
188	1357	BASIL	MC LEAN	FIT2000 A C	M	45	45-49M	0.46.56	2	0
189	1529	JOHN	PEO	HARMONY AC EP	M	55	55-59M	0.46.59	3	
190	853	CLAIRE	NAGEL	ELITE A C	F	40	40-44F	0.47.00	3	9
191	151	ABDOELAZIES	MADATT	MALABAR	M	41	40-44M	0.47.08	2	0
192	828	JOHN	HAYDOCK	ALBANY R R	M	61	60-64M	0.47.13	3	0
193	1490	RIAAN	SMALBERGER	HARMONY AC EP	M	50	50-54M	0.47.16	2	
194	5486	MVUME	MENCE	TEMP	M	17	JM	0.47.27	0	0
195	5464	WILLIAM	ZITO	TEMP	M	50	50-54M	0.47.29	0	0
196	1006	KAREN	SIMPSON	BODY CONCEPT	F	39	35-40F	0.47.41	2	8
197	1909	WIMPIE	HERBST	BLUEWATER BAY	M	43	40-44M	0.47.50	2	0

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198	1104	ROY	CARTMEL	ACHILLES AAA	M	63	60-64M	0.47.54	3	0
199	1164	JOHN	KOTZE	ACHILLES AAA	M	53	50-54M	0.47.58	2	0
200	2370	JULIUS	WHITEBOOI	FORD A C	M	29	SM	0.47.59	2	0
201	1619	GERARD	VON LEVETZOW	PEB PRNT ADIDAS	M	48	45-49M	0.48.04	2	0
202	603	FRANCIOS	PETERSE	X-CEL A C	M	38	35-40M	0.48.14	2	0
203	2033	PIERRE	SCHEFFER	NOKIA ALGOA AC	M	49	45-49M	0.48.17	2	0
204	9476	SOLOMON	HEYDENRYCH	P.E.A.A.C.	M	15	JM	0.48.22	2	0
205	2248	RODGER	GYSMAN	EBENEZER	M	31	SM	0.48.29	2	0
206	1037	CATHY	BULLOCK	BODY CONCEPT	F	51	50-54F	0.48.30	4	7
207	4657	JOHANNETTE	OOSTHUIZEN	TEMP	F	40	40-44F	0.48.33	0	0
208	4656	MARK	OOSTHUIZEN	TEMP	M	40	40-44M	0.48.33	0	0
209	608	JOHANNES	GESWINDT	X-CEL A C	M	45	45-49M	0.48.44	2	0
210	1201	URSULA	KUHN	MR PRICE UPE	F	23	SF	0.48.47	2	6
211	829	PETER	STOCKWELL	ALBANY R R	M	57	55-59M	0.48.47	2	0
212	189	JD	THERON	BLOEMFONTEIN AC	M	43	40-44M	0.48.48	0	0
213	490	FRANS	VAN HEUSDEN	WALMER AC	M	54	50-54M	0.48.50	2	0
214	1369	MONICA	KEMP	FIT2000 A C	F	49	45-49F	0.48.52	3	5
215	1171	ADRIAN	JANSEN	ACHILLES AAA	M	42	40-44M	0.48.56	2	0
216	1176	BRADLEY	JOUBERT	ACHILLES AAA	M	42	40-44M	0.48.57	2	0
217	1262	LES	KINGMA	PEB PRNT ADIDAS	M	49	45-49M	0.48.58	2	0
218	244	DERRICK	HOSHE	HARMONY AC EP	M	46	45-49M	0.49.01	2	
219	539	JOHANNA	PRINS	P.E.A.A.C.	F	27	SF	0.49.01	2	4
220	5481	RICHARD	ANDRADE	TEMP	M	44	40-44M	0.49.04	0	0
221	29	WILLIAM	VORSTER	P.E.A.A.C.	M	58	55-59M	0.49.07	2	0
222	23	SHANE	BROWN	P.E.A.A.C.	M	44	40-44M	0.49.09	2	0
223	1777	JONATHAN	HAYLOCK-LYONS	PROCYDIN PETECH	M	28	SM	0.49.10	2	0
224	850	ALICE	ACHERMANN	ALBANY R R	F	33	SF	0.49.16	2	3
225	778	JULIE	TAUNTON	CRUSADERS A C	F	44	40-44F	0.49.17	2	2
226	779	SEAN	WRIGHT	CRUSADERS A C	M	40	40-44M	0.49.17	2	0
227	5611	MARIUS	NEL	TEMP	M	46	45-49M	0.49.25	0	0
228	1413	NIC	SNYMAN	JEFFREYS BAY	M	60	60-64M	0.49.29	3	0
229	4121	BRUCE	MILLS	TEMP	M	25	SM	0.49.29	0	0
230	9137	TOLLIE	ROBSON	PEB PRNT ADIDAS	M	19	JM	0.49.34	1	0
231	105	BENNIE	OOSTHUIZEN	P.E.A.A.C.	M	47	45-49M	0.49.36	2	0
232	374	LIZ	GRUNDLINGH	MUIRITE STRIDER	F	57	55-59F	0.49.40	5	1
233	1594	ROBBIE	ROBSON	PEB PRNT ADIDAS	M	49	45-49M	0.49.50	2	0
234	892	JAN	VON MOLLENDORF	ELITE A C	M	59	55-59M	0.49.50	2	0
235	690	JOHN	FACEY	LEGACY AC	M	47	45-49M	0.49.51	2	0
236	685	ANNELIE	NEL	LEGACY AC	F	30	SF	0.49.52	2	0
237	220	BENNIE	THYSSE	ST ALBANS CSEP	M	47	45-49M	0.49.52	2	0
238	123	ELIAS	KASE	P.E.A.A.C.	M	35	35-40M	0.49.53	2	0
239	1358	HERMIE	FISHER	FIT2000 A C	F	37	35-40F	0.49.54	2	0
240	139	MELVYN	AMSTERDAM	P.E.A.A.C.	M	47	45-49M	0.49.56	2	0
241	119	MARK	VAN DER WALT	P.E.A.A.C.	M	42	40-44M	0.49.57	2	0
242	1043	BELINDA	McFADEAN	BODY CONCEPT	F	34	SF	0.49.59	2	0
243	1698	BRIAN	MCKAY	HARMONY AC EP	M	50	50-54M	0.50.00	2	
244	2097	MARIO	KOEN	NOKIA ALGOA AC	M	21	SM	0.50.14	1	0
245	2144	PIETER	DRAGHOENDER	ELITE A C	M	58	55-59M	0.50.14	2	0
246	905	ANDRE	FOURIE	ELITE A C	M	57	55-59M	0.50.16	2	0
247	2074	GUSTAV	GRASMAN	NOKIA ALGOA AC	M	44	40-44M	0.50.17	2	0
248	1179	PETER	POHLMANN	ACHILLES AAA	M	41	40-44M	0.50.18	2	0
249	9110	ARMAND	GREYLING	ELITE A C	M	15	JM	0.50.25	1	0
250	137	FREDDY	DRINKROW	P.E.A.A.C.	M	31	SM	0.50.29	1	0
251	991	CARL	WHEELER	HAMS TECH A C	M	38	35-40M	0.50.32	0	0
252	4122	VANESSA	LESSING	TEMP	F	26	SF	0.50.34	0	0
253	906	HELEN	FOURIE	ELITE A C	F	34	SF	0.50.41	2	0
254	1122	BOB	STEDMAN	ACHILLES AAA	M	55	55-59M	0.50.47	2	0
255	382	JOHNDAVID	METCALF	MUIRITE STRIDER	M	47	45-49M	0.50.51	2	0
256	752	DEREK	DAVIDSON	CRUSADERS A C	M	53	50-54M	0.50.57	2	0
257	2142	ATTIE	ELS	ELITE A C	M	45	45-49M	0.50.58	2	0
258	1934	STEPHEN	COETZEE	BLUEWATER BAY	M	49	45-49M	0.50.59	2	0
259	5467	THEO	WAIT	TEMP	M	47	45-49M	0.50.59	0	0
260	1147	RONALD	FIELD	ACHILLES AAA	M	57	55-59M	0.51.10	2	0
261	1046	ANDRE	RETIEF	BODY CONCEPT	M	38	35-40M	0.51.15	1	0
262	1146	GERALD	HOXLEY	ACHILLES AAA	M	64	60-64M	0.51.16	2	0
263	62	CORNELIUS	KLUE	P.E.A.A.C.	M	52	50-54M	0.51.20	2	0

POS	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
264	1172	GARY	POHLMANN	ACHILLES AAA	M	43	40-44M	0.51.36	1	0
265	438	SAMUEL	MATANZIMA	ABERDARE CABLES	M	66	65-69M	0.51.41	2	0
266	373	NEIL	GROBLER	MUIRITE STRIDER	M	44	40-44M	0.51.43	1	0
267	218	ANDRE	LANDMAN	ST ALBANS CSEP	M	52	50-54M	0.51.52	2	0
268	248	GERRIT	WELGEMOED	ST ALBANS CSEP	M	40	40-44M	0.51.52	1	0
269	206	RONALD	STURGISS	ST ALBANS CSEP	M	38	35-40M	0.51.52	1	0
270	1281	MICHAEL	SLATER	MR PRICE UPE	M	34	SM	0.51.53	1	0
271	753	JOHN	MARTIN	CRUSADERS A C	M	70	70+M	0.51.54	3	0
272	1939	ADELE	VAN DE VENTER	BLUEWATER BAY	F	36	35-40F	0.51.55	2	0
273	4115	WAYNE	LANDMAN	TEMP	M	15	JM	0.51.55	0	0
274	1126	NICOLE	ROCKCLIFFE	ACHILLES AAA	F	27	SF	0.51.57	0	0
275	2120	GEORGE	JAMES	NOKIA ALGOA AC	M	42	40-44M	0.52.01	1	0
276	628	RUBERTO	MAY	X-CEL A C	M	27	SM	0.52.01	1	0
277	1531	RICHARD	MORLEY	PEB PRNT ADIDAS	M	49	45-49M	0.52.02	1	0
278	1548	JEAN-MARIE	TALBOT	PEB PRNT ADIDAS	M	42	40-44M	0.52.05	1	0
279	2020	CHRIS	BEKKER	NOKIA ALGOA AC	M	52	50-54M	0.52.07	2	0
280	2005	DANIEL	FERREIRA	ELITE A C	M	46	45-49M	0.52.08	1	0
281	375	CLAYTON	HISCOCK	MUIRITE STRIDER	M	35	35-40M	0.52.09	1	0
282	1687	HENRY	THORNE	WILLARD BATT	M	51	50-54M	0.52.10	2	0
283	2017	WILLIAM	GERBER	NOKIA ALGOA AC	M	39	35-40M	0.52.12	1	0
284	1068	PAUL	JOHNSON	BODY CONCEPT	M	37	35-40M	0.52.12	1	0
285	1045	WARREN	COLLIER	BODY CONCEPT	M	46	45-49M	0.52.13	1	0
286	5489	KOBUS	WILLEMSE	TEMP	M	35	35-40M	0.52.18	0	0
287	1157	GEOFF	ROBERTS	ACHILLES AAA	M	52	50-54M	0.52.21	2	0
288	1644	RONALD	JANTJIES	WILLARD BATT	M	32	SM	0.52.24	1	0
289	22	RHONA	EMAANDIEN	P.E.A.A.C.	F	35	35-40F	0.52.29	2	0
290	698	LINDI	ERASMUS	LEGACY AC	F	23	SF	0.52.31	1	0
291	1648	DESIREE	TITUS	WILLARD BATT	F	39	35-40F	0.52.34	2	0
292	1355	JOS	ELS	FIT2000 A C	F	52	50-54F	0.52.35	2	0
293	370	LUKAS	ELS	MUIRITE STRIDER	M	34	SM	0.52.38	1	0
294	2390	JOSEPH	SERFONTEIN	P.E.A.A.C.	M	54	50-54M	0.52.39	2	0
295	2218	PIET	WITBOOI	HARMONY AC EP	M	39	35-40M	0.52.43	1	
296	4123	BLANE	NELL	TEMP	M	31	SM	0.52.49	0	0
297	1690	KEITH	SEZOE	WILLARD BATT	M	34	SM	0.52.49	1	0
298	526		UNKNOWN	TEMP	M	29	SM	0.52.53	0	0
299	4120	BONITA	KILIAN	TEMP	F	35	35-40F	0.52.54	0	0
300	915	JOHANN	DORFLING	ELITE A C	M	47	45-49M	0.52.58	1	0
301	2295	ARNOLD	RAS	MUIRITE STRIDER	M	42	40-44M	0.53.00	1	0
302	288	ANITA	LOUW	OXFORD STRIDERS	F	47	45-49F	0.53.02	0	0
303	5601	PETRUS	VAN DER MERWE	TEMP	M	24	SM	0.53.02	0	0
304	1679	LUCELLE	JAFTHA	WILLARD BATT	F	44	40-44F	0.53.03	2	0
305	4119	ELSABE	SPOORMAKER	TEMP	F	44	40-44F	0.53.03	0	0
306	1576	WELLINGTON	TYEKE	PEB PRNT ADIDAS	M	50	50-54M	0.53.05	1	0
307	9127	ZANELE	MBOMBO	BLUEWATER BAY	F	18	JF	0.53.06	1	0
308	3	AUDIE	CLAASSEN	P.E.A.A.C.	M	53	50-54M	0.53.10	1	0
309	1165	LESLEY	MAGGOTT	ACHILLES AAA	F	37	35-40F	0.53.12	1	0
310	245	SHIRLEY	MOSTERT	ST ALBANS CSEP	F	40	40-44F	0.53.20	2	0
311	1183	IAN	THOMSON	ACHILLES AAA	M	50	50-54M	0.53.22	1	0
312	884	TREVOR	VAN EYCK	ELITE A C	M	43	40-44M	0.53.23	1	0
313	900	ANDRE	PIENAAR	ELITE A C	M	42	40-44M	0.53.23	1	0
314	713	MBULELO	SOBIKWA	CRUSADERS A C	M	50	50-54M	0.53.33	1	0
315	5462	VERNON	ESTERHUIZEN	TEMP	M	21	SM	0.53.38	0	0
316	5614	RUDI	SCHEEPERS	MP MATIES	M	28	SM	0.53.39	0	0
317	5476	MONDE	MABALA	TEMP	M	45	45-49M	0.53.44	0	0
318	1107	MILKA	BOSHOFF	ACHILLES AAA	F	51	50-54F	0.53.49	2	0
319	356	GREGORY	BILLSON	MUIRITE STRIDER	M	36	35-40M	0.53.50	1	0
320	16	CHRIS	JANSEN	P.E.A.A.C.	M	60	60-64M	0.53.52	2	0
321	74	JOHAN	KRIEL	P.E.A.A.C.	M	63	60-64M	0.54.02	2	0
322	1607	FREDDIE	MATTHEUS	PEB PRNT ADIDAS	M	36	35-40M	0.54.13	1	0
323	1454	EUGENE	MULDER	HARMONY AC EP	M	59	55-59M	0.54.13	1	
324	888	ANDRE	VAN COLLER	ELITE A C	M	39	35-40M	0.54.14	1	0
325	899	PETRA	PIENAAR	ELITE A C	F	40	40-44F	0.54.17	1	0
326	265	ESTELEEN	KRAMER	CADBURY A C	F	43	40-44F	0.54.41	1	0
327	1507	ANTON	SMIT	HARMONY AC EP	M	36	35-40M	0.54.43	1	
328	1462	CARL	TERBLANCHE	HARMONY AC EP	M	34	SM	0.54.44	1	
329	1139	GRAHAM	NELL	ACHILLES AAA	M	53	50-54M	0.54.44	1	0

POS	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
330	4117	BEN	MARAIS	TEMP	M	44	40-44M	0.54.56	0	0
331	499	LOYNES	JENKERSON	WALMER AC	M	63	60-64M	0.54.57	1	0
332	898	GOOFEY	FOUCHE	ELITE A C	M	47	45-49M	0.54.59	1	0
333	921	MAGGIE	MANN	CHARLO A C	F	49	45-49F	0.55.00	1	0
334	590	YUSUF	SAMUELS	X-CEL A C	M	45	45-49M	0.55.11	1	0
335	4650	TRAVERS	HENRICK	TEMP	M	14	JM	0.55.12	0	0
336	5619	THEMBINKOSI	MJO	TEMP	M	44	40-44M	0.55.16	0	0
337	1803	CHARMAINE	ERASMUS	SOMERSET EAST	F	20	SF	0.55.20	1	0
338	75	STUART	DIXON	MR PRICE SAVAGE	M	43	40-44M	0.55.26	0	0
339	891	ROZELLE	VON MOLENDORFF	ELITE A C	F	40	40-44F	0.55.33	1	0
340	896	ANNEMARIE	FOUCHE	ELITE A C	F	36	35-40F	0.55.34	1	0
341	1546	OOSIE	OOSTHUIZEN	PEB PRNT ADIDAS	M	55	55-59M	0.55.50	1	0
342	31	CHRIS	VILJOEN	P.E.A.A.C.	M	57	55-59M	0.55.53	1	0
343	933	LAVINIA	DARLOW	CHARLO A C	F	36	35-40F	0.55.56	1	0
344	262	LAWRENCE	BEZUIDENHOUT	CADBURY A C	M	48	45-49M	0.55.57	1	0
345	118	ANDRE	REYNECKE	P.E.A.A.C.	M	46	45-49M	0.55.59	1	0
346	641	FRANKLIN	DE MONK	X-CEL A C	M	37	35-40M	0.56.07	1	0
347	260	NOLEEN	NORRIS	CADBURY A C	F	47	45-49F	0.56.08	1	0
348	115	HENDRICK	SCHOLTZ	P.E.A.A.C.	M	45	45-49M	0.56.15	1	0
349	547	HENRY	HUMAN	VWAC	M	65	65-69M	0.56.18	1	0
350	5606	AMOS	VAN DER WESTHUIZEN	TEMP	M	35	35-40M	0.56.25	0	0
351	5604	SUSAN	ALCOCK	TEMP	F	38	35-40F	0.56.26	0	0
352	9120	LEIGH	BOARDMAN	ACHILLES AAA	F	18	JF	0.56.26	1	0
353	777	COLIN	MC ALL	CRUSADERS A C	M	54	50-54M	0.56.38	1	0
354	1001	ROBIN	CLARK	BODY CONCEPT	M	63	60-64M	0.56.38	1	0
355	1412	RETHA	SNYMAN	JEFFREYS BAY	F	57	55-59F	0.56.58	2	0
356	1691	ELIZABETH	ACKERMAN	NEW BALANCE	F	36	35-40F	0.56.59	1	0
357	923	MANDY	DICKER	HARMONY AC EP	F	33	SF	0.57.00	1	0
358	1895	ANDRE	DE KLERK	ALBERTON AAC	M	39	35-40M	0.57.05	0	0
359	472	ALAN	PENNEY	WALMER AC	M	57	55-59M	0.57.06	1	0
360	27	GESINA	OOSTHUIZEN	P.E.A.A.C.	F	46	45-49F	0.57.09	1	0
361	758	COLIN	MURRAY	CRUSADERS A C	M	49	45-49M	0.57.10	1	0
362	724	CRAIG	JESSOP	CRUSADERS A C	M	35	35-40M	0.57.11	1	0
363	701	SELWYN	SOLOMON	CRUSADERS A C	M	66	65-69M	0.57.12	1	0
364	99	WOUTER	BOOYSEN	P.E.A.A.C.	M	31	SM	0.57.26	1	0
365	4692	WILLIE	STEYNBERG	TEMP	M	41	40-44M	0.57.27	0	0
366	5490	PETRUS	HATTINGH	TEMP	M	38	35-40M	0.57.29	0	0
367	1540	CHERYL	JUCKER	PEB PRNT ADIDAS	F	47	45-49F	0.57.37	1	0
368	2014	MARIUS	SCHOLTZ	NOKIA ALGOA AC	M	40	40-44M	0.57.44	1	0
369	1466	IVAN	COWLEY	HARMONY AC EP	M	44	40-44M	0.57.45	1	0
370	9451	IVAN	COWLEY	HARMONY AC EP	M	17	JM	0.57.47	1	0
371	709	GILLIAN	DEALTRY	CRUSADERS A C	F	46	45-49F	0.57.47	1	0
372	1625	ESTELLE	BURGER	PEB PRNT ADIDAS	F	47	45-49F	0.57.49	1	0
373	5168	ELROY	ROSS	TEMP	M	15	JM	0.57.52	0	0
374	9131	GRANT	HANCOCK	FIT2000 A C	M	17	JM	0.57.59	1	0
375	880	RINA	BARNARD	ELITE A C	F	51	50-54F	0.58.08	1	0
376	1118	RODNEY	MAGGOTT	ACHILLES AAA	M	46	45-49M	0.58.15	1	0
377	1384	ANGELA	RAMSEY	FIT2000 A C	F	35	35-40F	0.58.16	1	0
378	1954	WAYNE	LEASK	BLUEWATER BAY	M	39	35-40M	0.58.19	1	0
379	1617	YADRE	GOUWS	PEB PRNT ADIDAS	M	31	SM	0.58.21	1	0
380	1612	KOSIMA	BUSING-ANDERSON	PEB PRNT ADIDAS	F	27	SF	0.58.23	1	0
381	1009	MARCELLE	HARRAN	BODY CONCEPT	F	50	50-54F	0.58.25	1	0
382	1360	MICHELLE	BRINKMAN	FIT2000 A C	F	35	35-40F	0.58.31	1	0
383	110	ZETA	BOOYSEN	P.E.A.A.C.	F	33	SF	0.58.35	1	0
384	1547	LYN	SYMONS	PEB PRNT ADIDAS	F	59	55-59F	0.58.36	1	0
385	1968	LAETITIA	SMITH	NOKIA ALGOA AC	F	35	35-40F	0.58.41	1	0
386	894	JAN	LE ROUX	ELITE A C	M	45	45-49M	0.58.44	1	0
387	5468	JEANETTE	TENNER	TEMP	F	22	SF	0.58.51	0	0
388	1366	DIANE	JOLLY	FIT2000 A C	F	43	40-44F	0.58.56	1	0
389	2209	ANDRIES	FERREIRA	HARMONY AC EP	M	21	SM	0.59.00	1	0
390	111	ANTON	SCHOLTZ	P.E.A.A.C.	M	40	40-44M	0.59.00	1	0
391	2042	NICO	SPRONG	NOKIA ALGOA AC	M	29	SM	0.59.01	1	0
392	1293	RONEL	SCHOEMAN	P.E.A.A.C.	F	24	SF	0.59.21	1	0
393	5463	JACO	SNYMAN	TEMP	M	22	SM	0.59.25	0	0
394	686	EDDIE	NEL	LEGACY AC	M	33	SM	0.59.26	1	0
395	127	NANETTE	GRUNDLING	P.E.A.A.C.	F	44	40-44F	0.59.28	1	0

POS	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
396	5491	ANDRE	VAN STADEN	TEMP	M	44	40-44M	0.59.28	0	0
397	126	DANIEL	GRUNDLING	P.E.A.A.C.	M	47	45-49M	0.59.29	1	0
398	1729	JAN	POTGIETER	PROCYDIN PETECH	M	53	50-54M	0.59.29	1	0
399	1731	SANDY	POTGIETER	PROCYDIN PETECH	F	47	45-49F	0.59.30	1	0
400	726	ROBIN	ELBOURNE	CRUSADERS A C	F	47	45-49F	0.59.34	1	0
401	762	JANINE	WOOD	CRUSADERS A C	F	25	SF	0.59.35	1	0
402	5472	BRENDON	WOOD	TEMP	M	29	SM	0.59.35	0	0
403	5465	ROY	MEIRING	TEMP	M	57	55-59M	0.59.37	0	0
404	9491	ERNA	BRAND	HARMONY AC EP	F	16	JF	0.59.44	1	
405	5478	WALDO	PIENAAR	TEMP	M	16	JM	0.59.46	0	0
406	330	MICHAEL	STRUWIG	EAST LONDON A C	M	39	35-40M	0.59.47	0	0
407	44	HENDRIK	DE BEER	P.E.A.A.C.	M	37	35-40M	0.59.56	1	0
408	1610	SONJA	SASS	PEB PRNT ADIDAS	F	35	35-40F	1.00.01	1	0
409	2016	CAROLINA	JANSE VAN RENSBURG	NOKIA ALGOA AC	F	43	40-44F	1.00.11	1	0
410	4116	DANE	WEBB	TEMP	M	16	JM	1.00.20	0	0
411	79	VERONICA	BOSHOFF	P.E.A.A.C.	F	43	40-44F	1.00.20	1	0
412	1556	JANICE	GONZALES	PEB PRNT ADIDAS	F	37	35-40F	1.00.32	1	0
413	5605	FODIN	PRINSLOO	TEMP	M	37	35-40M	1.00.35	0	0
414	5480	ALBERT	DE ANDRADE	TEMP	M	46	45-49M	1.00.38	0	0
415	1620	DOROTHY	HART	PEB PRNT ADIDAS	F	66	65-69F	1.00.38	1	0
416	2069	CATHY	ALLERS	NOKIA ALGOA AC	F	42	40-44F	1.00.46	1	0
417	9485	JACQUES	HEYDENRYCH	P.E.A.A.C.	M	18	JM	1.01.12	1	0
418	2210	HANS	JANSEN	HARMONY AC EP	M	51	50-54M	1.01.25	1	
419	5482	HELENA	BARNARD	TEMP	F	36	35-40F	1.01.31	0	0
420	2217	ABEGAIL	BROOK	HARMONY AC EP	F	39	35-40F	1.01.39	1	
421	9102	MARTIN	PRETORIUS	LEGACY AC	M	17	JM	1.01.42	1	0
422	1338	GLYNN	SLATER	MR PRICE UPE	F	32	SF	1.01.44	1	0
423	4125	MARI	JANSE V RENSBURG	TEMP	F	18	JF	1.01.47	0	0
424	5609	LEE	KEMP	TEMP	F	48	45-49F	1.01.48	0	0
425	1608	JANINE	MILLER	PEB PRNT ADIDAS	F	37	35-40F	1.02.01	1	0
426	1135	MOF	BOTHA	ACHILLES AAA	M	49	45-49M	1.02.02	1	0
427	149	VENESH	ATHIMOOLAM	MALABAR	M	36	35-40M	1.02.05	1	0
428	732	NEIL	CALDER	CRUSADERS A C	M	53	50-54M	1.02.06	1	0
429	708	MXOLISI	BOVULA	CRUSADERS A C	M	50	50-54M	1.02.18	1	0
430	1680	SHAHEED	ABRAHAMS	HARMONY AC EP	M	42	40-44M	1.02.19	1	
431	49	DAISY	STEVENS	P.E.A.A.C.	F	64	60-64F	1.02.20	1	0
432	246	ERICA	FOREMAN	ST ALBANS CSEP	F	34	SF	1.02.21	1	0
433	1453	RYNO	GROENEWALD	HARMONY AC EP	M	31	SM	1.02.22	1	
434	2023	HENRY	BOTHA	NOKIA ALGOA AC	M	77	70+M	1.02.22	1	0
435	69	LAURANCE	HEYDENRYCH	P.E.A.A.C.	M	62	60-64M	1.02.45	1	0
436	1936	MARKUS	KUNNEKE	BLUEWATER BAY	M	35	35-40M	1.02.51	1	0
437	566	ERICA	MARITZ	VWAC	F	40	40-44F	1.02.52	1	0
438	5602	CECILE	NOWERS	TEMP	F	41	40-44F	1.02.52	0	0
439	4652	MICKEY	JONCK	TEMP	F	32	SF	1.03.22	0	0
440	216	HENRY	DANIELSON	ST ALBANS CSEP	M	39	35-40M	1.03.24	1	0
441	5477	MEGAN	AMBRAAL	TEMP	F	23	SF	1.03.39	0	0
442	1000	ROY	HEINE	CHARLO A C	M	49	45-49M	1.03.39	1	0
443	174	SADICK	PATHER	MALABAR	M	41	40-44M	1.03.43	1	0
444	9463	ROBERT	PEO	HARMONY AC EP	M	16	JM	1.03.45	1	
445	1465	PIETER	VOSLOO	HARMONY AC EP	M	53	50-54M	1.03.48	1	
446	1515	YOLANDE	WATSON	HARMONY AC EP	F	42	40-44F	1.04.02	1	
447	16621	DANIE	FERREIRA	ROODEPOORT A C	M	55	55-59M	1.04.19	0	0
448	5617	DANELLE	FERREIRA	TEMP	F	24	SF	1.04.19	0	0
449	585	KEVIN	FELIX	X-CEL A C	M	40	40-44M	1.04.31	1	0
450	45	ADRIAN	PILZ	P.E.A.A.C.	M	42	40-44M	1.04.40	1	0
451	4647	ALAN	DE JAGER	TEMP	M	37	35-40M	1.04.56	0	0
452	1513	DINA	GROENEWALD	HARMONY AC EP	F	33	SF	1.05.03	1	
453	228	ELNA	JONCK	ST ALBANS CSEP	F	29	SF	1.05.09	1	0
454	5613	DONOVAN	SCOTT	TEMP	M	34	SM	1.05.36	0	0
455	2732	MARLEEN	HAVENGA	KEMPTON R R	F	39	35-40F	1.05.41	0	0
456	998	ROBERT	GALLOWAY	CHARLO A C	M	53	50-54M	1.05.49	1	0
457	12217	LLEWELLYN	FORD	HARLEQUIN HARRI	M	44	40-44M	1.05.58	0	0
458	5610	JONKER	FOURIE	TEMP	M	29	SM	1.05.58	0	0
459	1621	CARL	BURGER	PEB PRNT ADIDAS	M	56	55-59M	1.06.04	1	0
460	5485	MARIUS	VAN DEVENTER	TEMP	M	33	SM	1.06.17	0	0
461	932	BEVERLEY	DARLOW	CHARLO A C	F	33	SF	1.06.21	1	0

POS	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
462	934	GREGORY	ROSS	CHARLO A C	M	31	SM	1.06.21	1	0
463	1581	HELEN	SCHUCK	PEB PRNT ADIDAS	F	47	45-49F	1.06.30	1	0
464	901	ENID	GERBER	ELITE A C	F	43	40-44F	1.06.37	1	0
465	219	RENE	POTGIETER	ST ALBANS CSEP	F	45	45-49F	1.07.09	1	0
466	2015	SUZETTE	MEYER	NOKIA ALGOA AC	F	46	45-49F	1.07.10	1	0
467	1670	REHANA	DE MAINE	WILLARD BATT	F	37	35-40F	1.07.21	1	0
468	1782	ROSALIE	VAN DER WALT	SOMERSET EAST	F	57	55-59F	1.07.22	1	0
469	9114	DEBBIE	HARMSE	MUIRITE STRIDER	F	17	JF	1.07.33	1	0
470	2396	ELGIN	KERSPAY	P.E.A.A.C.	M	37	35-40M	1.07.54	1	0
471	1712	ELIZE	LYELL	PROCYDIN PETECH	F	47	45-49F	1.07.55	1	0
472	976	ALMA	FOURIE	CHARLO A C	F	47	45-49F	1.08.34	1	0
473	677	EDNA	POTGIETER	LEGACY AC	F	58	55-59F	1.08.40	1	0
474	2041	STEPHEN	DOLLER	NOKIA ALGOA AC	M	44	40-44M	1.08.45	1	0
475	1903	MONA	MULLER	MR PRICE FREE S	F	50	50-54F	1.09.03	0	0
476	1836	MARIAAN	LANDMAN	ELITE A C	F	40	40-44F	1.09.16	1	0
477	4649	DONALENE	HARTNICK	TEMP	F	38	35-40F	1.09.45	0	0
478	100	MARINDA	SCHOLTZ	P.E.A.A.C.	F	36	35-40F	1.09.46	1	0
479	5622	COEN	HAVENGA	TEMP	M	45	45-49M	1.09.48	0	0
480	77	ELMARIE	IKONOMOU	P.E.A.A.C.	F	56	55-59F	1.09.53	1	0
481	5484	CHRISTA	MEUWESEN	TEMP	F	38	35-40F	1.09.59	0	0
482	129	ANNA	POTGIETER	P.E.A.A.C.	F	58	55-59F	1.10.31	1	0
483	1580	HEINRICH	SCHUCK	PEB PRNT ADIDAS	M	57	55-59M	1.11.52	1	0
484	2224	EMILY	MOOBI	EBENEZER	F	29	SF	1.12.10	0	0
485	204	SILVIA	JONCK	WALMER AC	F	43	40-44F	1.12.14	0	0
486	2161	ANTHONY	DARVEL	ELITE A C	M	44	40-44M	1.12.15	1	0
487	986	GLADYS	NASH	CHARLO A C	F	62	60-64F	1.12.49	1	0
488	1800	ALTA	COETZER	SOMERSET EAST	F	47	45-49F	1.12.56	1	0
489	4145	WALTER	NICHOLSON	TEMP	M	45	45-49M	1.12.57	0	0
490	1805	JESSIE	PRETORIUS	SOMERSET EAST	F	51	50-54F	1.12.58	1	0
491	65	JAMES	MOREY	P.E.A.A.C.	M	67	65-69M	1.13.17	1	0
492	691	SHELDINE	SEPTOE	LEGACY AC	F	43	40-44F	1.13.37	1	0
493	4790	ESTELLE	BARTHERS	TEMP	F	43	40-44F	1.13.40	0	0
494	305	CAROL	NEPGEN	KOWIE STRIDERS	F	53	50-54F	1.13.41	1	0
495	5474	RONWYNNE	FOURIE	TEMP	F	42	40-44F	1.13.43	0	0
496	20	BRIAN	SMITH	P.E.A.A.C.	M	61	60-64M	1.13.49	1	0
497	360	ROSE	RAWSTRON	EAST LONDON A C	F	44	40-44F	1.14.05	0	0
498	5487	MARTIN	MUNNICK	TEMP	M	45	45-49M	1.14.12	0	0
499	4793	SANET	SWIEGELAAR	TEMP	F	36	35-40F	1.14.30	0	0
500	1470	MICHAEL	DEKKER	HARMONY AC EP	M	32	SM	1.14.31	1	
501	4794	DENISE	TERBLANCHE	TEMP	F	47	45-49F	1.14.33	0	0
502	630	DIANA	APPOLLIS	X-CEL A C	F	40	40-44F	1.15.29	1	0
503	4118	ESME	LACKAY	TEMP	F	48	45-49F	1.16.04	0	0
504	87	LYNETTE	RUDMAN	P.E.A.A.C.	F	33	SF	1.16.04	1	0
505	580	IGNATIUS	FROSLER	X-CEL A C	M	43	40-44M	1.16.12	1	0
506	1275	ADRIAN	MAY	P.E.A.A.C.	M	30	SM	1.16.36	1	0
507	73	URZULA	LOMBARD	P.E.A.A.C.	F	50	50-54F	1.16.50	1	0
508	128	JUANITA	VAN ROOYEN	P.E.A.A.C.	F	53	50-54F	1.17.03	1	0
509	84	OLIVE	WILLIAMS	P.E.A.A.C.	F	55	55-59F	1.17.04	1	0
510	703	BILL	CORKILL	CRUSADERS A C	M	66	65-69M	1.17.43	1	0
511	1981	ANNELIE	BOTHA	NOKIA ALGOA AC	F	40	40-44F	1.17.55	1	0
512	304	JEAN	NEPGEN	KOWIE STRIDERS	M	59	55-59M	1.19.36	1	0
513	2160	RESHAL	POOVAN	ELITE A C	M	37	35-40M	1.21.59	1	0
514	5492	DAVID	SANDERSON	TEMP	M	43	40-44M	1.22.26	0	0
515	652	REG	MAYNE	RUN WALK FOR LI	M	57	55-59M	1.22.26	0	0
516	5616	CATHY	EYBERS	TEMP	F	48	45-49F	1.22.51	0	0
517	4654	DENISE	LOUW	TEMP	F	53	50-54F	1.24.19	0	0
518	386	CAROLINA	SWANEPOEL	MUIRITE STRIDER	F	56	55-59F	1.24.19	1	0
519	5499	JACQUI	SANDERSON	TEMP	F	25	SF	1.24.45	0	0
520	651	LYNNE	MAYNE	RUN WALK FOR LI	F	54	50-54F	1.24.46	0	0
521	5469	WILRI	ENGELBRECHT	TEMP	F	24	SF	1.25.05	0	0
522	5470	ISABELLA	ENGELBRECHT	TEMP	F	30	SF	1.25.05	0	0
523	5620	DERIC	DERBYSHIRE	TEMP	M	50	50-54M	1.25.14	0	0
524	5621	ALAN	MCKELVEY	TEMP	M	54	50-54M	1.25.16	0	0
525	4658	JANINE	PRETORIUS	TEMP	F	23	SF	1.26.19	0	0
526	4645	ELMARIE	CONRADIE	TEMP	F	23	SF	1.26.20	0	0
527	378	LEVONA	KILLIAN	MUIRITE STRIDER	F	41	40-44F	1.26.43	1	0

POS	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
528	368	MARINDA	DEVRIES	MUIRITE STRIDER	F	41	40-44F	1.26.45	1	0
529	82	DIHANNA	CLAASSEN	P.E.A.A.C.	F	47	45-49F	1.28.22	1	0
530	9	ANNA	SCHNETLER	P.E.A.A.C.	F	57	55-59F	1.28.22	1	0
531	487	ELEANOR	EVERTON	WALMER AC	F	50	50-54F	1.29.00	1	0
532	390	KARIN	WEHMEYER	MUIRITE STRIDER	F	38	35-40F	1.29.26	1	0
533	76	ALLEN	SENEKAL	P.E.A.A.C.	M	54	50-54M	1.29.36	1	0
534	4653	BRIDGET	KINGSLEY	TEMP	F	43	40-44F	1.30.56	0	0
535	4651	CHARLOTTE	HITZEROTH	TEMP	F	51	50-54F	1.30.57	0	0
536	676	DONALD	FLYNN	LEGACY AC	M	67	65-69M	1.30.58	0	0
537	966	GAVIN	BOOTH	HAMS TECH A C	M	38	35-40M	1.30.59	0	0
538	4646	RACHELLE	DE BEER	TEMP	F	32	SF	1.31.43	0	0
539	91	ELIZE	LAMPRECHT	P.E.A.A.C.	F	50	50-54F	1.31.46	0	0
540	5612	ELSABE	STRUWIG	TEMP	F	38	35-40F	1.31.51	0	0
541	5603	SUZETTE	ADENDORFF	TEMP	F	38	35-40F	1.31.52	0	0
542	2037	ERIKA	STRUWIG	NOKIA ALGOA AC	F	36	35-40F	1.31.52	0	0
543	5607	MARLENE	MCALL	TEMP	F	47	45-49F	1.32.23	0	0
544	5615	SAMANTHA	ROELOFSE	TEMP	F	21	SF	1.38.02	0	0
HELPERS RUN										
H1	2094	MNCEDI	KHANTI	NOKIA ALGOA AC	M	25	SM	0.34.43	5	0
H2	2108	WELCOME	LOLIWE	NOKIA ALGOA AC	M	40	40-44M	0.37.08	5	0
H3	1533	STEVEN	FANELLA	NOKIA ALGOA AC	M	41	40-44M	0.37.17	5	0
H4	1999	FERDINAND	GROBLER	NOKIA ALGOA AC	M	46	45-49M	0.37.18	5	0
H5	2049	WELLINGTON	MATISO	NOKIA ALGOA AC	M	48	45-49M	0.39.13	5	0
H6	1990	HENDRIK	VAN WYK	NOKIA ALGOA AC	M	40	40-44M	0.39.29	4	0
H7	9084	XOLISILE	GINGQINI	NOKIA ALGOA AC	M	15	JM	0.40.30	3	0
H8	1994	ASHLEY	VAN DER WATT	NOKIA ALGOA AC	M	39	35-40M	0.40.37	3	0
H9	9079	ZOLANI	WILLIAMS	NOKIA ALGOA AC	M	15	JM	0.43.21	2	0
H10	2027	FANIE	CLAASSEN	NOKIA ALGOA AC	M	47	45-49M	0.43.27	3	0
H11	1995	PAUL	STEFFENS	NOKIA ALGOA AC	M	53	50-54M	0.43.27	4	0
H12	2004	GERALD	STRUWIG	NOKIA ALGOA AC	M	36	35-40M	0.45.06	2	0
H13	2140	SIMPHIWE	JEZI	NOKIA ALGOA AC	M	20	SM	0.45.50	2	0
H14	2141	HEINE	VAN EYK	ELITE A C	M	39	35-40M	0.45.53	2	0
H15	1963	JACOBUS	WYATT	NOKIA ALGOA AC	M	41	40-44M	0.46.46	2	0
H16	2443	NDILEKA	MVAKWENDLU	NOKIA ALGOA AC	F	14	JF	0.47.55	2	0
H17	2058	WERNER	CLAASSEN	NOKIA ALGOA AC	M	40	40-44M	0.48.12	2	0
H18	2090	TERTIA	COETZEE	NOKIA ALGOA AC	F	45	45-49F	0.48.37	3	0
H19	2065	ARTHUR	WILLIAMS	NOKIA ALGOA AC	M	41	40-44M	0.48.42	2	0
H20	1965	WILMA	STANDER	NOKIA ALGOA AC	F	39	35-40F	0.48.42	2	0
H21	1964	PIERRE	STANDER	ELITE A C	M	40	40-44M	0.48.44	2	0
H22	2006	RUBIN	CLAASSEN	NOKIA ALGOA AC	M	53	50-54M	0.50.10	2	0
H23	555	JOHAN	NEL	VWAC	M	48	45-49M	0.50.10	2	0
H24	2022	AUBREY	LE ROUX	NOKIA ALGOA AC	M	51	50-54M	0.50.10	2	0
H25	1960	DORIS	LIBERTY	NOKIA ALGOA AC	F	44	40-44F	0.53.34	1	0
H26	2088	JACQUES	VORSTER	NOKIA ALGOA AC	M	38	35-40M	0.53.48	1	0
H27	2060	BARNEY	KRUGER	NOKIA ALGOA AC	M	52	50-54M	0.56.20	1	0
H28	2111	NICO	DE WET	NOKIA ALGOA AC	M	30	SM	0.56.22	1	0
H29	1982	LOUWRENS	BASSON	NOKIA ALGOA AC	M	42	40-44M	0.59.19	1	0
H30	2010	NICOLAAS	CLAASSEN	NOKIA ALGOA AC	M	51	50-54M	0.59.19	1	0
H31	1989	DEBBIE	OELOFSE	NOKIA ALGOA AC	F	58	55-59F	1.01.09	1	0
H32	2035	DANIEL	SCHUIN	NOKIA ALGOA AC	M	41	40-44M	1.01.32	1	0
H33	2008	SHIRLEEN	CLARKE	NOKIA ALGOA AC	F	42	40-44F	1.03.09	1	0
H34	2020	CHRIS	BEKKER	NOKIA ALGOA AC	M	52	50-54M	1.05.33	1	0
H35	1986	KAREN	MELS	NOKIA ALGOA AC	F	39	35-40F	1.05.33	1	0
H36	1968	LAETITIA	SMITH	NOKIA ALGOA AC	F	35	35-40F	1.05.33	1	0
H37	2114	DELIA	BIGGE	NOKIA ALGOA AC	F	45	45-49F	1.07.07	1	0
H38	2011	HENDRINA	CLAASSEN	NOKIA ALGOA AC	F	48	45-49F	1.09.29	1	0
H39	2056	RITA	BOUCHER	NOKIA ALGOA AC	F	54	50-54F	1.10.17	1	0
H40	2100	ANDRIES	BOUCHER	NOKIA ALGOA AC	M	55	55-59M	1.10.17	1	0
H41	2053	MELANIE	NEL	NOKIA ALGOA AC	F	49	45-49F	1.12.17	1	0
H42	2013	RAYMOND	BASHFORD	NOKIA ALGOA AC	M	38	35-40M	1.12.17	1	0
H43	1980	MARYKA	ELS	NOKIA ALGOA AC	F	44	40-44F	1.13.10	1	0
H44	2104	ELSEBE	TERBLANCHE	NOKIA ALGOA AC	F	37	35-40F	1.18.07	1	0
H45	2442	AMANDA	SYMINGTON	NOKIA ALGOA AC	F	47	45-49F	1.18.07	1	0
H46	2012	MAUREEN	DICKASON	NOKIA ALGOA AC	F	48	45-49F	1.26.06	1	0