

PK FERRARIS 10KM - PORT ELIZABETH - 2006/01/21

POS	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PRES	PTS
1	193	WAYNE	GALLANT	LIBERTY NIKE EP	M	31	SM	0.30.40	25	5
2	180	GEORGE	NTSHILIZA	LIBERTY NIKE EP	M	26	SM	0.31.10	24	5
3	1609	ZANDISILE	TSHUNUNGWA	HARMONY AC EP	M	29	SM	0.31.37	23	5
4	1606	ODWA	GOQWANA	HARMONY AC EP	M	25	SM	0.31.46	22	5
5	183	SIMON	NGCOKO	LIBERTY NIKE EP	M	35	35-40M	0.32.15	21	5
6	1537	ANELE	MALIZA	HARMONY AC EP	M	27	SM	0.32.25	20	5
7	1254	RICARDO	PLAATJIES	ELITE A C	M	22	SM	0.33.30	19	5
8	1599	LUVUYO	STEPHEN	HARMONY AC EP	M	35	35-40M	0.33.36	18	5
9	1306	LUVUYO	MATANI	VWAC	M	23	SM	0.34.12	17	5
10	163	BULELINI	NIWA	P.E.A.A.C.	M	20	SM	0.34.45	16	5
11	1429	DANNY	HARTZENBERG	HARMONY AC EP	M	29	SM	0.34.46	15	5
12	179	TRESH	JAVU	LIBERTY NIKE EP	M	32	SM	0.35.00	14	5
13	9369	XOLISILE	GINGQINI	MUIRITE STRIDER	M	16	JM	0.35.23	13	5
14	161	ANDILE	GO	P.E.A.A.C.	M	34	SM	0.35.24	12	5
15	440	KENNETH	MENZE	ALGOA AC	M	46	45-49M	0.35.35	0	0
16	9370	SIZWE	TIKISE	MUIRITE STRIDER	M	17	JM	0.35.43	11	5
17	710	RAYNARD	TISSINK	TEMP	M	32	SM	0.35.57	0	0
18	222	JOHANNES	JONCK	ST ALBANS CSEP	M	32	SM	0.36.00	10	5
19	1593	SIZWE	SOLANI	HARMONY AC EP	M	30	SM	0.36.11	9	4
20	1385	DERRICK	DUBASE	ADT A C	M	31	SM	0.36.13	8	4
21	1323	THULANI	MDLALO	VWAC	M	20	SM	0.36.22	7	4
22	1185	MICHAEL	MAGSON	ACHILLES AAA	M	29	SM	0.36.28	6	4
23	1438	BULELANI	VENA	HARMONY AC EP	M	26	SM	0.36.31	5	4
24	1456	AUGUST	ESAU	HARMONY AC EP	M	35	35-40M	0.36.38	4	5
25	1566	RIAN	KOCK	HARMONY AC EP	M	35	35-40M	0.36.41	3	5
26	1301	GILROY	DOMINGO	VWAC	M	33	SM	0.36.45	2	4
27	1430	PHIKOLOMZI	FEZI	HARMONY AC EP	M	23	SM	0.36.47	1	4
28	130	MZUKISI	KLAAS	P.E.A.A.C.	M	37	35-40M	0.36.58	0	5
29	81	ZOYSILE	MAKLEIN	P.E.A.A.C.	M	34	SM	0.36.59	0	4
30	9256	MALIVIWE	NGAMNTWINI	HARMONY AC EP	M	19	JM	0.37.09	0	4
31	1752	KAASHIF	PIETERSEN	WILLARD BATT	M	29	SM	0.37.18	0	4
32	1248	ALFRED	SPIERS	ELITE A C	M	45	45-49M	0.37.28	0	5
33	173	ZINAKILE	SOYAMBA	LIBERTY NIKE EP	M	53	50-54M	0.37.35	0	5
34	1757	MERVYN	JOHNSON	WILLARD BATT	M	32	SM	0.37.35	0	4
35	1393	NKOSINATHI	BIYANA	CONTINENTAL AC	M	30	SM	0.37.37	0	4
36	2042	ALFRED	QOGI	ALGOA AC	M	32	SM	0.37.37	0	4
37	2091	FERDINAND	GROBLER	ALGOA AC	M	47	45-49M	0.37.38	0	5
38	485	BENNIE	MATTHEUS	SPAR WALMER AC	M	36	35-40M	0.37.41	0	4
39	1390	MALUNGISA	OLAYI	CONTINENTAL AC	M	27	SM	0.37.45	0	4
40	571	RICHWELL	DAMA	X-CEL A C	M	23	SM	0.37.51	0	0
41	178	SIZINZO	KAMA	LIBERTY NIKE EP	M	54	50-54M	0.37.56	0	5
42	214	DAVIS	SETLHAUNO	ST ALBANS CSEP	M	28	SM	0.38.02	0	3
43	9255	MKHABELA	MTSHWANE	HARMONY AC EP	M	18	JM	0.38.07	0	3
44	112	MONEZISI	DLEPU	P.E.A.A.C.	M	23	SM	0.38.12	0	3
45	1732	VERNON	NEWFELDT	WILLARD BATT	M	39	35-40M	0.38.28	0	4
46	203	BILLY BOY	KIETAS	ST ALBANS CSEP	M	31	SM	0.38.34	0	3
47	1460	XOLILE	SOMBALO	HARMONY AC EP	M	33	SM	0.38.36	0	3
48	1592	THEMBINKOSI	SINGQOTO	HARMONY AC EP	M	29	SM	0.38.39	0	3
49	1457	STEPHAN	BOTHA	HARMONY AC EP	M	37	35-40M	0.38.41	0	4
50	2296	TRELOAR	CHILDS	MR PRICE NMMU	F	42	40-44F	0.38.54	25	5
51	9475	PANAYOITIS	ROOI	VWAC	M	18	JM	0.38.59	0	3
52	1741	CYRIL	UITHALER	WILLARD BATT	M	43	40-44M	0.39.23	0	4
53	75	EMLYN	GALLANT	P.E.A.A.C.	M	29	SM	0.39.28	0	3
54	464	FRITH	VAN DER MERWE	SPAR WALMER AC	F	41	40-44F	0.39.39	24	5
55	1762	LEONARD	ERASMUS	WILLARD BATT	M	47	45-49M	0.39.44	0	5
56	1441	PETER	VAN RENSBURG	HARMONY AC EP	M	47	45-49M	0.39.45	0	5
57	431	NATHAN	THOMPSON	NEW BALANCE	M	21	SM	0.39.48	0	3
58	21	COLBEN	NGCUPE	P.E.A.A.C.	M	42	40-44M	0.39.48	0	4
59	38	RICHARD	NOSILELA	P.E.A.A.C.	M	41	40-44M	0.39.51	0	4
60	2012	HENDRIK	VAN WYK	ALGOA AC	M	41	40-44M	0.39.52	0	4
61	50	BONISILE	FULMENI	P.E.A.A.C.	M	43	40-44M	0.39.55	0	4
62	59	MELEA	WILLIAMS	P.E.A.A.C.	M	27	SM	0.40.05	0	3
63	722	COBUS	KRUGER	MR PRICE NMMU	M	23	SM	0.40.06	0	0
64	1163	ROBIN	FOURIE	ACHILLES AAA	M	42	40-44M	0.40.07	0	4
65	1127	BRADLEY	MACKENZIE	ACHILLES AAA	M	34	SM	0.40.07	0	3
66	1748	DEON	MIGGELS	WILLARD BATT	M	35	35-40M	0.40.10	0	3
67	1110	DAVERA	MAGSON	ACHILLES AAA	F	31	SF	0.40.11	23	5
68	185	TAMSANQA	JUSAYI	LIBERTY NIKE EP	M	63	60-64M	0.40.14	0	5
69	1698	DONALD	MANCASA	PEB PRINT	M	51	50-54M	0.40.14	0	5
70	9368	NTSIKELELO	KHOBO	MUIRITE STRIDER	M	17	JM	0.40.15	0	3
71	1103	CHRIS	TERBLANCHE	ACHILLES AAA	M	50	50-54M	0.40.27	0	5

POS	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PRES	PTS
72	1354	HANNES	ELS	ADT A C	M	56	55-59M	0.40.45	0	5
73	9367	BANELE	PEYI	MUIRITE STRIDER	M	15	JM	0.40.53	0	3
74	1610	CALLIE	VAN NIEKERK	HARMONY AC EP	M	38	35-40M	0.40.54	0	3
75	1329	JAYSEF	AHKEE	VWAC	M	21	SM	0.40.55	0	3
76	30	ROBERT	SCOTT	P.E.A.A.C.	M	53	50-54M	0.40.59	0	5
77	2085	LOESJE	DE BEER	ALGOA AC	F	47	45-49F	0.41.02	22	5
78	688	BRENDON	PERSENS	SANDF EP	M	31	SM	0.41.08	0	0
79	9476	DONOVAN	GEORGE	VWAC	M	16	JM	0.41.11	0	3
80	1247	STEPHEN	KLUE	ELITE A C	M	47	45-49M	0.41.12	0	4
81	971	JEFFREY	VAN NIEKERK	CHARLO R R	M	32	SM	0.41.18	0	3
82	1666	SIPHO	NCANDANA	PEB PRINT	M	49	45-49M	0.41.20	0	4
83	194	VIVIAN	LUTWEYI	LIBERTY NIKE EP	M	41	40-44M	0.41.21	0	3
84	999	FRED	VERRALL	CHARLO R R	M	57	55-59M	0.41.22	0	5
85	1010	JAN	VAN EEDEN	HARMONY AC EP	M	47	45-49M	0.41.25	0	4
86	257	SIERAAGH	NORDIEN	MALABAR	M	42	40-44M	0.41.31	0	3
87	1613	PIERRE	KNOESEN	PEB PRINT	M	51	50-54M	0.41.31	0	5
88	1168	ANDREW	PORTER	ACHILLES AAA	M	34	SM	0.41.31	0	3
89	1156	BRUCE	MCEWAN	ACHILLES AAA	M	52	50-54M	0.41.40	0	5
90	1451	CELESTE	SWART	HARMONY AC EP	F	36	35-40F	0.41.43	21	5
91	1524	SAM	ERASMUS	HARMONY AC EP	M	48	45-49M	0.41.45	0	4
92	207	GRAHAM	BUBB	ST ALBANS CSEP	M	37	35-40M	0.41.49	0	3
93	553	NICO	POCKBASS	X-CEL A C	M	38	35-40M	0.41.49	0	3
94	9454	ALISTAIR	WEBBER	LEGACY AC	M	18	JM	0.41.51	0	2
95	1479	MARGIE	SAUNDERS	HARMONY AC EP	F	52	50-54F	0.41.52	20	5
96	735	ELROY	JONATHAN	TEMP	M	28	SM	0.41.54	0	0
97	725	STEVEN	FANELLA	TEMP	M	42	40-44M	0.41.59	0	0
98	196	GRIZELDA	PIETERSEN	LIBERTY NIKE EP	F	37	35-40F	0.42.00	19	4
99	1314	BONAKELE	ZEYO	VWAC	M	31	SM	0.42.10	0	2
100	1498	HAMILTON	MAZOMBA	HARMONY AC EP	M	52	50-54M	0.42.11	0	4
101	1957	EDDIE	GILLMORE	BLUEWATER BAY	M	48	45-49M	0.42.12	0	3
102	710	MICHAEL	BARNARDO	CRUSADERS A C	M	38	35-40M	0.42.14	0	3
103	680	LUYOLO	MBALA	TEMP	M	22	SM	0.42.16	0	0
104	1491	DEON	PRETORIUS	HARMONY AC EP	M	40	40-44M	0.42.20	0	3
105	1548	MATI	JACK	HARMONY AC EP	M	54	50-54M	0.42.23	0	4
106	759	RICK	ALLSOPP	CRUSADERS A C	M	45	45-49M	0.42.30	0	3
107	1001	RUSSELL	WEYER	BODY CONCEPT	M	30	SM	0.42.41	0	2
108	1206	ANTON	VON MOLENDORFF	ELITE A C	M	42	40-44M	0.42.44	0	3
109	1595	GEORGE	BUKA	HARMONY AC EP	M	35	35-40M	0.42.53	0	2
110	1439	SHELDRID	CANNON	HARMONY AC EP	M	21	SM	0.42.58	0	2
111	1552	MOTHUSI	HOYI	HARMONY AC EP	M	41	40-44M	0.42.59	0	3
112	949	ANTHONY	HORNABROOK	CHARLO R R	M	39	35-40M	0.42.59	0	2
113	1055	ANDRE	LOOTS	BODY CONCEPT	M	43	40-44M	0.43.01	0	3
114	1003	MARIUS	VAN EYK	BODY CONCEPT	M	41	40-44M	0.43.11	0	3
115	685	SHANE	WEIDEMAN	TEMP	M	33	SM	0.43.16	0	0
116	1154	DUANE	MULLER	ACHILLES AAA	M	37	35-40M	0.43.23	0	2
117	413	WAYNE	MITCHELL	TEMP	M	32	SM	0.43.26	0	0
118	687	ALBERT	WILLIAMS	TEMP	M	52	50-54M	0.43.27	0	0
119	2	EDDIE	WALKER	P.E.A.A.C.	M	59	55-59M	0.43.29	0	5
120	136	ERROL	ROSSOUW	P.E.A.A.C.	M	56	55-59M	0.43.31	0	5
121	1410	VUYO	CEKISANI	CONTINENTAL AC	M	39	35-40M	0.43.44	0	2
122	1148	PERCY	DALTON	ACHILLES AAA	M	57	55-59M	0.43.46	0	5
123	2039	DONEVIN	LESCH	ALGOA AC	M	32	SM	0.43.56	0	2
124	2006	GERALD	STRUWIG	ALGOA AC	M	37	35-40M	0.43.58	0	2
125	438		UNKNOWN	UNKNOWN	M	43	40-44M	0.44.09	0	0
126	9402	PHILLIP	HEINE	CHARLO R R	M	14	JM	0.44.14	0	2
127	9401	TIMOTHY	HEINE	CHARLO R R	M	14	JM	0.44.14	0	2
128	1776	NELSON	MGUBASI	WILLARD BATT	M	48	45-49M	0.44.23	0	3
129	1667	LLEWELLYN	CLACK	PEB PRINT	M	41	40-44M	0.44.28	0	2
130	1500	PIETER	KAPP	HARMONY AC EP	M	45	45-49M	0.44.28	0	3
131	1462	CARL	TERBLANCHE	HARMONY AC EP	M	35	35-40M	0.44.28	0	2
132	34	ROBERT	RIETMULLER	P.E.A.A.C.	M	49	45-49M	0.44.33	0	3
133	1445	DEON	FOURIE	HARMONY AC EP	M	36	35-40M	0.44.48	0	2
134	401	JUAN	BLIGNAUT	TEMP	M	40	40-44M	0.44.51	0	0
135	1461	COWAN	CANNON	HARMONY AC EP	M	38	35-40M	0.44.59	0	2
136	1739	BRIAN	JONAS	WILLARD BATT	M	44	40-44M	0.45.02	0	2
137	246	ZIYAAD	DOLLEY	MALABAR	M	37	35-40M	0.45.04	0	0
138	1208	JAN	VON MOLLENDORF	ELITE A C	M	60	60-64M	0.45.05	0	5
139	438	SIDWELL	BALIWE	TEMP	M	33	SM	0.45.05	0	0
140	779	SEAN	WRIGHT	CRUSADERS A C	M	41	40-44M	0.45.07	0	2
141	944	GREGORY	ROSS	CHARLO R R	M	32	SM	0.45.08	0	2
142	778	JULIE	TAUNTON	CRUSADERS A C	F	45	45-49F	0.45.09	18	5
143	1495	MBULELO	DONDASHE	HARMONY AC EP	M	43	40-44M	0.45.11	0	2

POS	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PRES	PTS
144	1482	MERVYN	MALGAS	HARMONY AC EP	M	44	40-44M	0.45.18	0	2
145	1361	JANE	BARNARDO	ADT A C	F	30	SF	0.45.19	17	3
146	406	BRETT	HOLMES	TEMP	M	31	SM	0.45.22	0	0
147	1226	LESLEY	WOOD	ELITE A C	F	48	45-49F	0.45.24	16	5
148	536	CHESTER	BROOKS	X-CEL A C	M	47	45-49M	0.45.29	0	0
149	1459	JACQUES	SNYMAN	HARMONY AC EP	M	37	35-40M	0.45.35	0	2
150	2105	PIET	MEYER	ALGOA AC	M	56	55-59M	0.45.45	0	3
151	2007	JACOBUS	WYATT	ALGOA AC	M	42	40-44M	0.45.52	0	2
152	613	NCAMILE	NOMKHALA	SANDF EP	M	43	40-44M	0.46.01	0	2
153	29	WILLIAM	VORSTER	P.E.A.A.C.	M	59	55-59M	0.46.02	0	3
154	2013	ADELE	NEL	ALGOA AC	F	32	SF	0.46.04	15	2
155	1615	MARIUS	ZEELIE	PEB PRINT	M	40	40-44M	0.46.07	0	2
156	1474	HERMAN	VAN JAARVELDT	HARMONY AC EP	M	46	45-49M	0.46.09	0	2
157	1492	HEIN	BADENHORST	HARMONY AC EP	M	36	35-40M	0.46.20	0	2
158	321	GRAHAM	COMPTON	MUIRITE STRIDER	M	22	SM	0.46.23	0	2
159	576	DAVID	SWANEPOEL	X-CEL A C	M	46	45-49M	0.46.25	0	2
160	2010	PAUL	STEFFENS	ALGOA AC	M	54	50-54M	0.46.30	0	3
161	982	CONRAD	BASSON	CHARLO R R	M	45	45-49M	0.46.31	0	2
162	1218	CLAIRE	NAGEL	ELITE A C	F	41	40-44F	0.46.32	14	3
163	427	ADRIAAN	GOUWS	TEMP	M	32	SM	0.46.42	0	0
164	1600	SHARON	ZEELIE	HARMONY AC EP	F	34	SF	0.46.43	13	2
165	9302	RYAN	CRAMER	ALGOA AC	M	14	JM	0.46.49	0	2
166	1357	BASIL	MC LEAN	ADT A C	M	46	45-49M	0.46.53	0	2
167	12	NADIA	WESSELS	P.E.A.A.C.	F	35	35-40F	0.46.54	12	2
168	677	MICHAEL	KLEINBOOI	TEMP	M	40	40-44M	0.46.58	0	0
169	1693	PETRA	ZIKMANN	PEB PRINT	F	36	35-40F	0.47.00	11	2
170	1105	MARK	HUNTER-SMITH	ACHILLES AAA	M	41	40-44M	0.47.01	0	2
171	220	BENNIE	THYSSE	ST ALBANS CSEP	M	48	45-49M	0.47.03	0	2
172	1140	BRUCE	BARKER	ACHILLES AAA	M	47	45-49M	0.47.05	0	2
173	698	MINE	MEIRING	TEMP	F	20	SF	0.47.06	0	0
174	347	LIONEL	HOOLE	MUIRITE STRIDER	M	39	35-40M	0.47.08	0	2
175	234	PIERRE	STANDER	ST ALBANS CSEP	M	42	40-44M	0.47.08	0	2
176	225	KERNEELS	MEINTJIES	ST ALBANS CSEP	M	46	45-49M	0.47.13	0	2
177	100	CHARLES	GOLDSWAIN	P.E.A.A.C.	M	21	SM	0.47.14	0	2
178	1749	JOHN	DRAGHOENDER	WILLARD BATT	M	33	SM	0.47.15	0	2
179	232	NEVILLE	MULLER	ST ALBANS CSEP	M	39	35-40M	0.47.17	0	2
180	959	GARETH	HUGHES	CHARLO R R	M	32	SM	0.47.17	0	2
181	1114	GAIL	KLICHOWICZ	ACHILLES AAA	F	39	35-40F	0.47.21	10	2
182	577	TOMMY	FALTAIN	X-CEL A C	M	43	40-44M	0.47.23	0	2
183	1766	NEVEL	SMITH	WILLARD BATT	M	45	45-49M	0.47.24	0	2
184	9446	TRAVIS	STEVENS	SPAR WALMER AC	M	16	JM	0.47.25	0	2
185	124	LEON	GROENEWALD	P.E.A.A.C.	M	39	35-40M	0.47.30	0	2
186	573	JOHANNES	GESWINDT	X-CEL A C	M	46	45-49M	0.47.45	0	2
187	996	GAVIN	VAN VLIET	CHARLO R R	M	48	45-49M	0.47.47	0	2
188	1149	MONDE	MABALA	ACHILLES AAA	M	46	45-49M	0.47.52	0	2
189	783	JOHN	WARNES	CRUSADERS A C	M	42	40-44M	0.47.53	0	2
190	2063	DANIEL	PIETERSE	ALGOA AC	M	43	40-44M	0.47.57	0	2
191	565	ERIC	PETERSEN	X-CEL A C	M	43	40-44M	0.47.58	0	2
192	702	ASHLEY	SLATER	TEMP	M	42	40-44M	0.48.04	0	0
193	209	ARTHUR	WILLIAMS	ST ALBANS CSEP	M	43	40-44M	0.48.10	0	2
194	1633	MICHELLE	SIVEWRIGHT	PEB PRINT	F	37	35-40F	0.48.13	9	2
195	171	JOHN	HENRY	LIBERTY NIKE EP	M	27	SM	0.48.21	0	2
196	1136	CATHY	BULLOCK	ACHILLES AAA	F	52	50-54F	0.48.23	8	4
197	433	RABE	NORTJE	TEMP	M	41	40-44M	0.48.24	0	0
198	490	FRANS	VAN HEUSDEN	SPAR WALMER AC	M	56	55-59M	0.48.30	0	2
199	415	JOHANNETTE	OOSTHUIZEN	TEMP	F	41	40-44F	0.48.34	0	0
200	674	MARK	OOSTHUIZEN	TEMP	M	41	40-44M	0.48.34	0	0
201	1145	KEITH	BAYLIS	ACHILLES AAA	M	47	45-49M	0.48.37	0	2
202	1733	PETER	BASHELA	WILLARD BATT	M	53	50-54M	0.48.40	0	2
203	417	JOHN-MICHAEL	SCHULTZ	TEMP	M	18	JM	0.48.40	0	0
204	1101	GERALD	BOUWER	ACHILLES AAA	M	62	60-64M	0.48.42	0	3
205	1169	BASIL	TYLER	ACHILLES AAA	M	44	40-44M	0.48.43	0	2
206	1580	SAM	ERASMUS	HARMONY AC EP	M	46	45-49M	0.48.44	0	2
207	536	DAVID	O'RIELLY	X-CEL A C	M	58	55-59M	0.48.49	0	2
208	523	FRANCIOS	PETERSE	X-CEL A C	M	40	40-44M	0.48.49	0	2
209	460	ROBERT	BUTTON	OLD SELBORNIAN	M	46	45-49M	0.48.54	0	0
210	230	GERHARD	LEMMER	ST ALBANS CSEP	M	39	35-40M	0.48.56	0	2
211	732	WESSEL	WOLMARANS	TEMP	M	27	SM	0.48.57	0	0
212	885	ANNELIE	NEL	LEGACY AC	F	31	SF	0.49.09	7	2
213	1953	COLIN	PARKINS	BLUEWATER BAY	M	52	50-54M	0.49.15	0	2
214	1017	ECKART	SCHUMANN	BODY CONCEPT	M	60	60-64M	0.49.16	0	3
215	711	PATRICIA	HATTINGH	CRUSADERS A C	F	31	SF	0.49.16	6	2

POS	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PRES	PTS
216	2183	DAVID	ENSLIN	MR PRICE NMMU	M	47	45-49M	0.49.21	0	2
217	1157	GEOFF	ROBERTS	ACHILLES AAA	M	53	50-54M	0.49.22	0	2
218	1117	PETER	POHLMANN	ACHILLES AAA	M	42	40-44M	0.49.22	0	2
219	1358	HERMIE	FISHER	ADT A C	F	38	35-40F	0.49.22	5	2
220	1494	MARIUS	HOUGH	HARMONY AC EP	M	44	40-44M	0.49.28	0	2
221	439	SHELWYN	CANNON	TEMP	M	15	JM	0.49.32	0	0
222	733	JULIUS	SHOGOLE	TEMP	M	53	50-54M	0.49.33	0	0
223	544	JEREMY	SAMUELS	X-CEL A C	M	39	35-40M	0.49.36	0	2
224	456	EVAN	STRUWIG	TEMP	M	19	JM	0.49.40	0	0
225	140	CORNELIUS	KLEYN	P.E.A.A.C.	M	48	45-49M	0.49.42	0	2
226	788	ANDREW	DEALTRY	CRUSADERS A C	M	49	45-49M	0.49.43	0	2
227	749	JULIA	CAYISA	TEMP	F	23	SF	0.49.44	0	0
228	1490	RIAN	SMALBERGER	HARMONY AC EP	M	51	50-54M	0.49.53	0	2
229	693	DARYL	NORTH	TEMP	M	28	SM	0.50.01	0	0
230	692	RODNEY	BOOTH	TEMP	M	27	SM	0.50.02	0	0
231	1021	IAN	ROSS	BODY CONCEPT	M	49	45-49M	0.50.02	0	2
232	1775	DAVID	UITHALER	WILLARD BATT	M	59	55-59M	0.50.06	0	2
233	1458	HERMAN	DEKKER	HARMONY AC EP	M	61	60-64M	0.50.14	0	2
234	1658	SHARON	JESSOP	PEB PRINT	F	35	35-40F	0.50.21	4	2
235	890	JOHN	FACEY	LEGACY AC	M	48	45-49M	0.50.26	0	2
236	516	JEREMY	LANGEVELD	X-CEL A C	M	37	35-40M	0.50.27	0	1
237	517	JEROME	MAY	X-CEL A C	M	39	35-40M	0.50.27	0	1
238	374	LIZ	GRUNDLINGH	MUIRITE STRIDER	F	59	55-59F	0.50.30	3	4
239	1228	SANDRA	LYONS	ELITE A C	F	36	35-40F	0.50.31	2	2
240	1311	HENRY	KNOESEN	VWAC	M	37	35-40M	0.50.32	0	1
241	141	JOHANNA	PRINS	P.E.A.A.C.	F	28	SF	0.50.32	1	2
242	676	CHRIS	TERBLANCHE	TEMP	M	33	SM	0.50.33	0	0
243	248	NURUNNISA	MADATT	MALABAR	F	43	40-44F	0.50.36	0	2
244	8008	GODFREY	GOLIATH	WILLARD BATT	M	42	40-44M	0.50.39	0	2
245	9394	STEPHEN	HAWKINS	CRUSADERS A C	M	15	JM	0.50.41	0	1
246	238	ABDOELAZIES	MADATT	MALABAR	M	42	40-44M	0.50.42	0	1
247	64	JOSEPH	SERFONTEIN	P.E.A.A.C.	M	55	55-59M	0.50.47	0	2
248	1551	LEANA	BERG	HARMONY AC EP	F	36	35-40F	0.50.52	0	2
249	2044	ANTHONY	HAYWARD	ALGOA AC	M	45	45-49M	0.50.53	0	2
250	2089	ANDRE	BARNARD	ALGOA AC	M	44	40-44M	0.50.53	0	1
251	981	ANTON	ELS	CHARLO R R	M	38	35-40M	0.50.54	0	1
252	1755	ROLAND	DACE	WILLARD BATT	M	51	50-54M	0.50.56	0	2
253	790	JONATHAN	GRIFFITHS	CRUSADERS A C	M	41	40-44M	0.50.57	0	1
254	1743	ANTOINETTE	HUMAN	WILLARD BATT	F	37	35-40F	0.51.02	0	2
255	948	KRISH	PILLAY	CHARLO R R	M	44	40-44M	0.51.06	0	1
256	204	ANTON	FOURIE	ST ALBANS CSEP	M	45	45-49M	0.51.15	0	2
257	1164	JOHN	KOTZE	ACHILLES AAA	M	54	50-54M	0.51.15	0	2
258	9403	HEINRICH	BASSON	CHARLO R R	M	15	JM	0.51.41	0	1
259	504	JUAN-PIERRE	JONCK	SPAR WALMER AC	M	25	SM	0.51.43	0	1
260	424	BRIAN	WOOD	TEMP	M	50	50-54M	0.51.51	0	0
261	1165	LESLEY	MAGGOTT	ACHILLES AAA	F	38	35-40F	0.51.51	0	2
262	429	MARI	CLASEN	TEMP	F	20	JF	0.51.51	0	0
263	430	REAN	CLASEN	TEMP	M	50	50-54M	0.51.51	0	0
264	1954	WAYNE	LEASK	BLUEWATER BAY	M	40	40-44M	0.51.55	0	1
265	422	DE WET	WILLIAMS	TEMP	M	43	40-44M	0.51.59	0	0
266	578	DEAN	KIVIDO	X-CEL A C	M	34	SM	0.52.03	0	1
267	432	PIERRE	JACOBS	TEMP	M	40	40-44M	0.52.05	0	0
268	1119	TREMAINE	WESSON	ACHILLES AAA	M	45	45-49M	0.52.10	0	1
269	768	THERESA	LILLIS	CRUSADERS A C	F	49	45-49F	0.52.15	0	2
270	4	DAVID	FRASER	P.E.A.A.C.	M	67	65-69M	0.52.16	0	2
271	233	WILMA	STANDER	ST ALBANS CSEP	F	41	40-44F	0.52.28	0	2
272	1121	KOSIMA	BUSING-ANDERSON	ACHILLES AAA	F	28	SF	0.52.35	0	1
273	1737	KEITH	SEZOE	WILLARD BATT	M	35	35-40M	0.52.40	0	1
274	1313	ALFY	PETRUS	VWAC	M	42	40-44M	0.52.42	0	1
275	445	SHEMLEY	REDLINGHUIS	TEMP	M	29	SM	0.52.47	0	0
276	1553	EMLYN	WEITZ	HARMONY AC EP	M	42	40-44M	0.52.49	0	1
277	1744	LUCELLE	JAFTHA	WILLARD BATT	F	45	45-49F	0.52.51	0	2
278	549	DAVID	BAINS	X-CEL A C	M	39	35-40M	0.52.52	0	0
279	737	ROSEMARY	ROBINSON	CRUSADERS A C	F	45	45-49F	0.52.54	0	2
280	2174	MICHAEL	SLATER	MR PRICE NMMU	M	35	35-40M	0.52.55	0	1
281	2008	DANIEL	FERREIRA	ALGOA AC	M	47	45-49M	0.53.00	0	1
282	427	ELIZABETH	ACKERMAN	NEW BALANCE	F	37	35-40F	0.53.11	0	1
283	2020	CHRIS	BEKKER	ALGOA AC	M	53	50-54M	0.53.17	0	1
284	1047	GAVIN	POTGIETER	EBENEZER	M	37	35-40M	0.53.27	0	1
285	254	VICKI	NAIDOO	MALABAR	M	54	50-54M	0.53.31	0	1
286	713	MBULELO	SOBIKWA	CRUSADERS A C	M	51	50-54M	0.53.32	0	1
287	772	PAUL	FOUCHE	CRUSADERS A C	M	54	50-54M	0.53.32	0	1

POS	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PRES	PTS
288	754	BENJAMIN	OOSTHUIZEN	TEMP	M	49	45-49M	0.53.34	0	0
289	2172	CHRIS	MULLER	MR PRICE NMMU	M	50	50-54M	0.53.36	0	1
290	715	CHRISTO	STUMKE	TEMP	M	44	40-44M	0.53.37	0	0
291	426	BEN	FOURIE	TEMP	M	53	50-54M	0.53.37	0	0
292	857	BARBARA	MEYLAHN	LEGACY AC	F	40	40-44F	0.53.38	0	1
293	706	TIM	BRAY	TEMP	M	42	40-44M	0.53.39	0	0
294	1128	JOHAN	VAN DEN BERG	ACHILLES AAA	M	48	45-49M	0.53.44	0	1
295	223	SHARON	SMUTS	ST ALBANS CSEP	F	39	35-40F	0.53.47	0	1
296	1538	DEON	LANDMAN	HARMONY AC EP	M	27	SM	0.53.51	0	1
297	734	THEMBISILE	NTONI	TEMP	M	57	55-59M	0.53.52	0	0
298	330	BENTLEY	HISCOCK	MUIRITE STRIDER	M	38	35-40M	0.53.53	0	1
299	1151	LIZ	AUSTIN	ACHILLES AAA	F	47	45-49F	0.53.58	0	2
300	155	RICHARD	DE ANDRADE	P.E.A.A.C.	M	45	45-49M	0.54.02	0	1
301	1366	DIANE	JOLLY	ADT A C	F	44	40-44F	0.54.04	0	1
302	1162	PETER	WHATLEY	ACHILLES AAA	M	40	40-44M	0.54.04	0	1
303	786	HILDE	BAKKER	CRUSADERS A C	F	41	40-44F	0.54.18	0	1
304	23	SHANE	BROWN	P.E.A.A.C.	M	45	45-49M	0.54.18	0	1
305	2222	JONATHAN	HAYLOCK-LYONS	MR PRICE NMMU	M	29	SM	0.54.19	0	1
306	2019	MARGIETHA	VOIGHT	ALGOA AC	F	35	35-40F	0.54.20	0	1
307	1322	JOHAN	NEL	VWAC	M	49	45-49M	0.54.20	0	1
308	428	DEON	ACKERMAN	NEW BALANCE	M	37	35-40M	0.54.21	0	1
309	1554	OOSIE	OOSTHUIZEN	HARMONY AC EP	M	56	55-59M	0.54.22	0	1
310	1369	MONICA	KEMP	ADT A C	F	50	50-54F	0.54.24	0	2
311	1377	TALITA	ODENDAAL	ADT A C	F	39	35-40F	0.54.25	0	1
312	421	LINDI	VAN TONDER	TEMP	F	27	SF	0.54.30	0	0
313	211	MERVIN	FORTUIN	ST ALBANS CSEP	M	40	40-44M	0.54.31	0	1
314	1918	PIETIE	BARNARD	BLUEWATER BAY	M	65	65-69M	0.54.32	0	2
315	1454	EUGENE	MULDER	HARMONY AC EP	M	60	60-64M	0.54.32	0	2
316	1008	ANDRE	ROSS	BODY CONCEPT	M	31	SM	0.54.37	0	1
317	275	IMTIAZ	AYOOB	MALABAR	M	48	45-49M	0.54.44	0	1
318	1146	GERALD	HOXLEY	ACHILLES AAA	M	65	65-69M	0.54.48	0	2
319	115	HENDRICK	SCHOLTZ	P.E.A.A.C.	M	47	45-49M	0.54.48	0	1
320	1174	PAULETTE	FRASER	ACHILLES AAA	F	40	40-44F	0.54.54	0	1
321	1109	SUSAN	BAYLIS	ACHILLES AAA	F	46	45-49F	0.54.55	0	1
322	1172	GARY	POHLMANN	ACHILLES AAA	M	44	40-44M	0.55.00	0	1
323	702	PETER	NEWTON	CRUSADERS A C	M	48	45-49M	0.55.06	0	1
324	1473	ROLAN	LOTTERING	HARMONY AC EP	M	38	35-40M	0.55.13	0	1
325	352	MARIUS	MEINTJIES	MUIRITE STRIDER	M	38	35-40M	0.55.17	0	1
326	943	LAVINIA	DARLOW	CHARLO R R	F	37	35-40F	0.55.19	0	1
327	1620	DOROTHY	HART	PEB PRINT	F	67	65-69F	0.55.22	0	3
328	694	GEORGE	WINSHIP	MUIRITE STRIDER	M	40	40-44M	0.55.26	0	0
329	752	DEREK	DAVIDSON	CRUSADERS A C	M	54	50-54M	0.55.30	0	1
330	509	MADELEINE	FOURIE	SPAR WALMER AC	F	28	SF	0.55.40	0	1
331	499	LOYNES	JENKERSON	SPAR WALMER AC	M	64	60-64M	0.55.41	0	1
332	1507	ANTON	SMIT	HARMONY AC EP	M	37	35-40M	0.55.53	0	1
333	1561	LIZA	MASON	HARMONY AC EP	F	27	SF	0.55.58	0	1
334	414	CLIFFORD	MKHIZE	TEMP	M	40	40-44M	0.56.02	0	0
335	876	EDDIE	NEL	LEGACY AC	M	34	SM	0.56.05	0	1
336	1515	YOLANDE	WATSON	HARMONY AC EP	F	43	40-44F	0.56.07	0	1
337	441	SELMA	VAN JAARVELDT	TEMP	F	41	40-44F	0.56.07	0	0
338	224	GERRIT	WELGEMOED	ST ALBANS CSEP	M	42	40-44M	0.56.08	0	1
339	206	RONALD	STURGISS	ST ALBANS CSEP	M	39	35-40M	0.56.08	0	1
340	1122	BOB	STEDMAN	ACHILLES AAA	M	56	55-59M	0.56.11	0	1
341	218	ANDRE	LANDMAN	ST ALBANS CSEP	M	53	50-54M	0.56.17	0	1
342	1355	JOS	ELS	ADT A C	F	53	50-54F	0.56.20	0	1
343	458	PENNY	THEYS	TEMP	F	35	35-40F	0.56.25	0	0
344	682	NOLLEEN	NORRIS	TEMP	F	48	45-49F	0.56.25	0	0
345	1138	GEORGE	SCOTT	ACHILLES AAA	M	47	45-49M	0.56.26	0	1
346	2118	ANTON	SNYMAN	ALGOA AC	M	50	50-54M	0.56.27	0	1
347	760	ALETTA	JOUBERT	CRUSADERS A C	F	44	40-44F	0.56.27	0	1
348	3	AUDIE	CLAASSEN	P.E.A.A.C.	M	54	50-54M	0.56.31	0	1
349	1303	CATHERINE	DOMINGO	VWAC	F	30	SF	0.56.36	0	1
350	1442	BRIAN	MCKAY	HARMONY AC EP	M	51	50-54M	0.56.40	0	1
351	1436	SONJA	OLIVIER	HARMONY AC EP	F	38	35-40F	0.56.41	0	1
352	405	CINDY	FINLAY	TEMP	F	36	35-40F	0.56.44	0	0
353	769	TREVOR	HAWKINS	CRUSADERS A C	M	45	45-49M	0.56.44	0	1
354	1697	REAN	THERON	PEB PRINT	M	43	40-44M	0.56.45	0	1
355	1914	FRANCOIS	SMITH	BLUEWATER BAY	M	40	40-44M	0.56.46	0	1
356	739	SARIE	HARMSE	TEMP	F	42	40-44F	0.56.47	0	0
357	740	TAMLYN	STROMBECK	TEMP	F	30	SF	0.56.47	0	0
358	679	GARY	KELLEHON	TEMP	M	48	45-49M	0.56.56	0	0
359	1384	ANGELA	RAMSEY	ADT A C	F	36	35-40F	0.56.56	0	1

POS	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PRES	PTS
360	1009	MARCELLE	HARRAN	BODY CONCEPT	F	51	50-54F	0.56.58	0	1
361	527	COREEN	BURGINS	X-CEL A C	F	32	SF	0.57.00	0	1
362	723	RUDI	SCHOLTZ	TEMP	M	36	35-40M	0.57.03	0	0
363	31	CHRIS	VILJOEN	P.E.A.A.C.	M	58	55-59M	0.57.05	0	1
364	683	PRISCILLA	MALEIBA	TEMP	F	35	35-40F	0.57.10	0	0
365	1320	PLAAITJIE	DAMONS	VWAC	M	42	40-44M	0.57.11	0	1
366	750	WALDO	SWART	TEMP	M	29	SM	0.57.17	0	0
367	530	INGRID	DE MONK	X-CEL A C	F	39	35-40F	0.57.18	0	1
368	575	FRANKLIN	DE MONK	X-CEL A C	M	38	35-40M	0.57.19	0	1
369	63	COLETTE	LEMMER	P.E.A.A.C.	F	31	SF	0.57.20	0	1
370	1499	NEREDA	KAPP	HARMONY AC EP	F	37	35-40F	0.57.21	0	1
371	1583	WERNER	MEYER	HARMONY AC EP	M	32	SM	0.57.21	0	1
372	2073	DIRK	JANSEN	ALGOA AC	M	56	55-59M	0.57.22	0	1
373	519	QUENTIN	BURRELL	X-CEL A C	M	43	40-44M	0.57.23	0	1
374	2090	TERTIA	COETZEE	ALGOA AC	F	46	45-49F	0.57.26	0	1
375	672	JOANNE	TUCKER	TEMP	F	38	35-40F	0.57.32	0	0
376	469	SHARON	PRINSLOO	SPAR WALMER AC	F	31	SF	0.57.32	0	1
377	403	PAUL	COLYER	TEMP	M	33	SM	0.57.36	0	0
378	1475	SELWYN	CANNON	HARMONY AC EP	M	46	45-49M	0.57.36	0	1
379	1433	ANNEMARIE	BARNARD	HARMONY AC EP	F	20	SF	0.57.42	0	1
380	2017	BENJAMIN	MARAIS	ALGOA AC	M	45	45-49M	0.57.42	0	1
381	707	MARIA	OPPEL	CRUSADERS A C	F	56	55-59F	0.57.46	0	1
382	1326	ERICA	MARITZ	VWAC	F	41	40-44F	0.57.52	0	1
383	2069	CATHY	ALLERS	ALGOA AC	F	44	40-44F	0.57.55	0	1
384	226	KAREN	MELS	ST ALBANS CSEP	F	40	40-44F	0.57.56	0	1
385	215	MARIUS	VAN DEVENTER	ST ALBANS CSEP	M	34	SM	0.57.56	0	1
386	95	JOSEPH	MCLEOD	P.E.A.A.C.	M	48	45-49M	0.57.59	0	1
387	673	JUDITH	CAMPBELL	TEMP	F	36	35-40F	0.58.02	0	0
388	7	ANDRE	LEMMER	P.E.A.A.C.	M	60	60-64M	0.58.03	0	1
389	686	LAURINDA	RHEEDER	TEMP	F	42	40-44F	0.58.12	0	0
390	380	CAROL	MALLET	MUIRITE STRIDER	F	37	35-40F	0.58.12	0	1
391	1135	MOF	BOTHA	ACHILLES AAA	M	50	50-54M	0.58.15	0	1
392	537	ROZITA	BAILEY	X-CEL A C	F	44	40-44F	0.58.19	0	1
393	202	LOUIS	RUDMAN	ST ALBANS CSEP	M	49	45-49M	0.58.19	0	1
394	412	NEIL	MCLELLAN	TEMP	M	46	45-49M	0.58.23	0	0
395	644	WILLIE	LOUW	JEFFREYS BAY	M	64	60-64M	0.58.25	0	1
396	1638	ELZETTE	ZEELIE	PEB PRINT	F	37	35-40F	0.58.32	0	1
397	2072	CHRISTOPHER	COCKCROFT	ALGOA AC	M	49	45-49M	0.58.41	0	1
398	27	GESINA	OOSTHUIZEN	P.E.A.A.C.	F	47	45-49F	0.58.43	0	1
399	42	HIRBIE	VAN DER MERWE	P.E.A.A.C.	M	72	70+M	0.58.46	0	1
400	419	MARIETJIE	SMITH	TEMP	F	44	40-44F	0.58.55	0	0
401	715	HILARY	PRITCHARD	CRUSADERS A C	M	71	70+M	0.59.07	0	1
402	1360	MICHELLE	BRINKMAN	ADT A C	F	36	35-40F	0.59.11	0	1
403	90	PHINEAS	MHLAULI	P.E.A.A.C.	M	55	55-59M	0.59.16	0	1
404	721	JANINE	VILJOEN	TEMP	F	35	35-40F	0.59.21	0	0
405	742	MARKUS	KUNNEKE	TEMP	M	36	35-40M	0.59.24	0	0
406	1617	YADRE	GOUWS	PEB PRINT	M	32	SM	0.59.28	0	1
407	2065	RODNEY	MYBURGH	ALGOA AC	M	52	50-54M	0.59.38	0	1
408	1761	NOLEEN	AMBRAAL DAVIDS	WILLARD BATT	F	35	35-40F	0.59.40	0	1
409	446	ELAINE	KOCK	TEMP	F	37	35-40F	0.59.45	0	0
410	423	JANETTE	WOOD	TEMP	F	47	45-49F	0.59.47	0	0
411	2043	REINETTE	HAYWARD	ALGOA AC	F	44	40-44F	0.59.49	0	1
412	2188	HELOUISE	ERASMUS	MR PRICE NMMU	F	24	SF	0.59.51	0	1
413	453	ANDRIES	THYSSE	TEMP	M	50	50-54M	0.59.53	0	0
414	705	JACQUELINE	BARNARDO	CRUSADERS A C	F	38	35-40F	1.00.01	0	1
415	228	ELNA	JONCK	ST ALBANS CSEP	F	30	SF	1.00.02	0	1
416	435	MAGRIET	VAN WYK	TEMP	F	46	45-49F	1.00.10	0	0
417	404	AMANDA	DOWD-KRAUSE	TEMP	F	35	35-40F	1.00.23	0	0
418	758	COLIN	MURRAY	CRUSADERS A C	M	50	50-54M	1.00.24	0	1
419	1484	FRANS	CONRADIE	HARMONY AC EP	M	53	50-54M	1.00.25	0	1
420	1470	MICHAEL	DEKKER	HARMONY AC EP	M	33	SM	1.00.25	0	1
421	766	PETER	DUFFELL-CANHAM	CRUSADERS A C	M	53	50-54M	1.00.27	0	1
422	755	D	BOTHA	TEMP	M	31	SM	1.00.28	0	0
423	9262	ROBERT	PEO	HARMONY AC EP	M	17	JM	1.00.29	0	1
424	408	LYNSEY	KNOETZEN	TEMP	F	27	SF	1.00.31	0	0
425	2084	LECLUE	LOURENS	ALGOA AC	M	21	SM	1.00.38	0	1
426	1601	ROBIN	CLARK	HARMONY AC EP	M	64	60-64M	1.00.41	0	1
427	2016	LOUWRENS	BASSON	ALGOA AC	M	43	40-44M	1.00.43	0	1
428	2015	ROY	GERTENBACH	ALGOA AC	M	53	50-54M	1.00.43	0	1
429	717	ELNA	TAIT	TEMP	F	20	JF	1.00.48	0	0
430	1505	HESTER	DEKKER	HARMONY AC EP	F	33	SF	1.00.49	0	1
431	1466	IVAN	COWLEY	HARMONY AC EP	M	45	45-49M	1.00.50	0	1

POS	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PRES	PTS
432	1368	MARK	SANAN	ADT A C	M	52	50-54M	1.00.52	0	1
433	1636	CAROLINA	JANSE VAN RENSBURG	PEB PRINT	F	44	40-44F	1.00.53	0	1
434	726	ROBIN	ELBOURNE	CRUSADERS A C	F	48	45-49F	1.00.53	0	1
435	109	ELGIN	KERSPAY	P.E.A.A.C.	M	38	35-40M	1.01.06	0	1
436	1608	SHAHEED	ABRAHAMS	HARMONY AC EP	M	44	40-44M	1.01.08	0	1
437	139	MELVYN	AMSTERDAM	P.E.A.A.C.	M	48	45-49M	1.01.11	0	1
438	709	ELIZABETH	CLAASSEN	TEMP	F	38	35-40F	1.01.13	0	0
439	1637	MATTHYS	SONNEKUS	PEB PRINT	M	47	45-49M	1.01.21	0	1
440	483	THERESA	LEMMER	SPAR WALMER AC	F	38	35-40F	1.01.23	0	1
441	489	COLLEEN	MULLER	SPAR WALMER AC	F	48	45-49F	1.01.23	0	1
442	940	SAMANTHA	COUZYN	HIGH SCHOOLS	F	35	35-40F	1.01.30	0	1
443	727	JAMES	HAY	CRUSADERS A C	M	50	50-54M	1.01.30	0	1
444	78	MERVYN	PAPENFUS	P.E.A.A.C.	M	43	40-44M	1.01.55	0	1
445	1707	FREDDIE	MATTHEUS	PEB PRINT	M	37	35-40M	1.02.01	0	0
446	1379	HELEN	MC LEAN	ADT A C	F	45	45-49F	1.02.02	0	1
447	256	TULSIDAS	NARAN	MALABAR	M	51	50-54M	1.02.03	0	1
448	875	RONEL	MULLER	LEGACY AC	F	46	45-49F	1.02.05	0	1
449	789	MICHAEL	DEAN	CRUSADERS A C	M	52	50-54M	1.02.06	0	1
450	708	PIETER	WILLIAMS	WILLARD BATT	M	50	50-54M	1.02.06	0	0
451	712	TREVOR	SMITH	TEMP	M	45	45-49M	1.02.06	0	0
452	480	LINDA	LABUSCHAGNE	SPAR WALMER AC	F	54	50-54F	1.02.07	0	1
453	2025	LAETITIA	SMITH	ALGOA AC	F	36	35-40F	1.02.08	0	1
454	271	IQBAL	SAIN	MALABAR	M	50	50-54M	1.02.11	0	1
455	1428	GLEN	CLAASEN	HARMONY AC EP	M	45	45-49M	1.02.14	0	1
456	434	MADELE	TAIT	TEMP	F	38	35-40F	1.02.19	0	0
457	1660	ANNETTE	LACKEY	PEB PRINT	F	60	60-64F	1.02.22	0	1
458	574	ALTON	ARENDS	X-CEL A C	M	40	40-44M	1.02.24	0	1
459	262	SADICK	PATHER	MALABAR	M	42	40-44M	1.02.30	0	1
460	719	RENE	VAN DER MERWE	CRUSADERS A C	F	44	40-44F	1.02.43	0	1
461	431	ESTELLE	CLASEN	TEMP	F	46	45-49F	1.02.49	0	0
462	1120	COMINE	GIERZ	ACHILLES AAA	F	40	40-44F	1.03.12	0	0
463	1646	LYN	SYMONS	PEB PRINT	F	60	60-64F	1.03.25	0	1
464	2191	ERNIE	VERRALL	MR PRICE NMMU	M	71	70+M	1.03.29	0	1
465	718	SONJA	TAIT	TEMP	F	48	45-49F	1.03.39	0	0
466	1522	CHENDA	MCCLINTON	HARMONY AC EP	F	26	SF	1.03.40	0	1
467	1584	LEONARD	GARDNER	HARMONY AC EP	M	50	50-54M	1.03.40	0	1
468	476	INA	MEAKER	SPAR WALMER AC	F	44	40-44F	1.03.45	0	1
469	695	BERTIE	GERBER	TEMP	M	30	SM	1.03.47	0	0
470	2177	ANJA	TRUTER	MR PRICE NMMU	F	23	SF	1.03.53	0	1
471	216	HENRY	DANIELSON	ST ALBANS CSEP	M	40	40-44M	1.03.58	0	1
472	251	SIVA	MOODALEY	MALABAR	M	64	60-64M	1.04.05	0	1
473	255	RAMU	NAIDOO	MALABAR	M	56	55-59M	1.04.06	0	1
474	2049	DESIREE	TITUS	ALGOA AC	F	40	40-44F	1.04.12	0	1
475	731	NEVILLE	MARTIN	TEMP	M	46	45-49M	1.04.13	0	0
476	9336	PIETER	BOSHOF	P.E.A.A.C.	M	15	JM	1.04.16	0	1
477	79	VERONICA	BOSHOF	P.E.A.A.C.	F	44	40-44F	1.04.16	0	1
478	231	ERICA	FOREMAN	ST ALBANS CSEP	F	35	35-40F	1.04.19	0	1
479	407	MEGAN	KNIFE	TEMP	F	22	SF	1.04.30	0	0
480	2297	PIETER	STEYN	MR PRICE NMMU	M	47	45-49M	1.04.31	0	1
481	332	GREGORY	BILLSON	MUIRITE STRIDER	M	37	35-40M	1.04.43	0	1
482	266	DEVAN	RYAN	MALABAR	M	49	45-49M	1.04.48	0	1
483	878	MARTIN	MUNNICK	EBENEZER	M	46	45-49M	1.04.48	0	0
484	1372	BRYAN	BRINKMAN	ADT A C	M	31	SM	1.04.50	0	1
485	960	QUINTON	MC ALISTER	CHARLO R R	M	31	SM	1.04.53	0	1
486	1731	GARY	PAUL	WILLARD BATT	M	40	40-44M	1.05.00	0	1
487	678	RIETTE	CLARK	TEMP	F	32	SF	1.05.07	0	0
488	138	BAFUMANE	NYANGA	P.E.A.A.C.	M	45	45-49M	1.05.14	0	1
489	455	BEV	CLARKE	TEMP	F	41	40-44F	1.05.23	0	0
490	1364	DAVID	DE WET	ADT A C	M	45	45-49M	1.05.23	0	1
491	696	NICOLETTE	TERBLANCHE	TEMP	F	33	SF	1.05.28	0	0
492	2001	NICOLAAS	CLAASSEN	ALGOA AC	M	52	50-54M	1.05.34	0	1
493	2080	CHRISTINE	SNYMAN	ALGOA AC	F	49	45-49F	1.05.35	0	1
494	2048	REHANA	DE MAINE	ALGOA AC	F	38	35-40F	1.05.46	0	1
495	1370	ZABETH	RAUTENBACH	ADT A C	F	43	40-44F	1.05.47	0	1
496	444	ALEXANDER	GRAY	TEMP	M	34	SM	1.05.55	0	0
497	964	GRAHAM	JORGENSEN	CHARLO R R	M	67	65-69M	1.05.55	0	1
498	244	DINESH	COOPOO	MALABAR	M	38	35-40M	1.05.58	0	1
499	457	NATASJA	FOUCHE	TEMP	F	20	SF	1.06.04	0	0
500	1382	ESTELLE	GROBLER	ADT A C	F	47	45-49F	1.06.18	0	1
501	1317	MORGAN	FORBES	VWAC	M	42	40-44M	1.06.25	0	1
502	753	SHARON	KORKIE	TEMP	F	40	40-44F	1.06.30	0	0
503	418	WEHRNER	SMITH	TEMP	M	42	40-44M	1.06.34	0	0

POS	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PRES	PTS
504	2011	SHIRLEEN	CLARKE	ALGOA AC	F	43	40-44F	1.06.43	0	1
505	331	MARGARET	DU TOIT	MUIRITE STRIDER	F	44	40-44F	1.07.08	0	1
506	65	JAMES	MOREY	P.E.A.A.C.	M	68	65-69M	1.07.11	0	1
507	268	RASHID	KAJEE	MALABAR	M	55	55-59M	1.07.13	0	1
508	724	WENDY	HERTEL	TEMP	F	37	35-40F	1.07.14	0	0
509	273	DANA	PILLAY	MALABAR	F	47	45-49F	1.07.53	0	1
510	743	MARY-LOU	EMSLIE	CRUSADERS A C	F	42	40-44F	1.08.04	0	1
511	329	ORGIA	NELL	MUIRITE STRIDER	F	62	60-64F	1.08.09	0	1
512	945	BRUCE	DARLOW	CHARLO R R	M	35	35-40M	1.08.11	0	1
513	1381	ELRIDA	ECKARD	ADT A C	F	38	35-40F	1.08.16	0	1
514	719	ALISON	MCQUAIDE	TEMP	F	44	40-44F	1.08.19	0	0
515	354	SONJA	BEZUIDENHOUT	MUIRITE STRIDER	F	35	35-40F	1.08.20	0	1
516	703	FELICITY	CHANDLER	TEMP	F	49	45-49F	1.08.21	0	0
517	1318	BRENDAN	BOSMAN	VWAC	M	55	55-59M	1.08.25	0	1
518	752	FLORIS	BOTHA	TEMP	M	45	45-49M	1.08.27	0	0
519	449	ADEL	MCLEARY	TEMP	F	36	35-40F	1.08.32	0	0
520	2023	HENRY	BOTHA	ALGOA AC	M	78	70+M	1.08.43	0	1
521	799	ODETTE	VOSLOO	CRUSADERS A C	F	46	45-49F	1.08.55	0	1
522	706	MARGARET	NEWTON	CRUSADERS A C	F	45	45-49F	1.08.56	0	1
523	1594	PETER	SMITH	HARMONY AC EP	M	51	50-54M	1.08.57	0	1
524	713	SILVIA	EDWORTHY	TEMP	F	41	40-44F	1.09.02	0	0
525	941	GARY	FRIEND	CHARLO R R	M	60	60-64M	1.09.11	0	1
526	450	LORETTA	SANDERSON	TEMP	F	41	40-44F	1.09.12	0	0
527	691	JOANNA	WOLFAADT	TEMP	F	45	45-49F	1.09.12	0	0
528	675	SIXOLILE	NTLANTSANA	TEMP	F	40	40-44F	1.09.43	0	0
529	2041	STEPHEN	DOLLER	ALGOA AC	M	45	45-49M	1.09.46	0	1
530	1000	ROY	HEINE	CHARLO R R	M	50	50-54M	1.10.00	0	1
531	1679	GENEVIEVE	LAYCOCK	PEB PRINT	F	36	35-40F	1.10.06	0	1
532	24	SHARON	BROWN	P.E.A.A.C.	F	52	50-54F	1.10.07	0	1
533	1434	DIANNE	HARTZENBERG	HARMONY AC EP	F	47	45-49F	1.10.08	0	1
534	494	STEPHANIE	HAY	SPAR WALMER AC	F	50	50-54F	1.10.14	0	1
535	1568	MEGAN	AMBRAAL	HARMONY AC EP	F	24	SF	1.10.17	0	1
536	998	ROBERT	GALLOWAY	CHARLO R R	M	54	50-54M	1.10.19	0	1
537	219	RENE	POTGIETER	ST ALBANS CSEP	F	46	45-49F	1.10.33	0	1
538	239	MAE	KUSCUS	MALABAR	F	43	40-44F	1.10.35	0	1
539	2024	DEBBIE	OELOFSE	ALGOA AC	F	59	55-59F	1.10.49	0	1
540	690	SELVAN	PILLAY	TEMP	M	33	SM	1.10.53	0	0
541	49	DAISY	STEVENS	P.E.A.A.C.	F	65	65-69F	1.10.56	0	1
542	881	SHELDINE	SEPTOE	LEGACY AC	F	44	40-44F	1.10.58	0	1
543	1663	COLLEEN	TERBLANCHE	PEB PRINT	F	36	35-40F	1.10.59	0	1
544	2115	DELIA	BIGGE	ALGOA AC	F	46	45-49F	1.11.12	0	1
545	942	BEVERLEY	DARLOW	CHARLO R R	F	34	SF	1.11.13	0	1
546	94	RENE	MCLEOD	P.E.A.A.C.	F	48	45-49F	1.11.34	0	1
547	72	IDA	PAPENFUS	P.E.A.A.C.	F	44	40-44F	1.11.54	0	1
548	860	MARLENE	HERSELMAN	LEGACY AC	F	44	40-44F	1.12.00	0	1
549	865	ESLY	STRYDOM	LEGACY AC	F	60	60-64F	1.12.09	0	1
550	2175	GLYNN	SLATER	MR PRICE NMMU	F	33	SF	1.12.10	0	1
551	650	VAL	SANDOW	JEFFREYS BAY	F	60	60-64F	1.12.17	0	1
552	2035	DANIEL	SCHUIN	ALGOA AC	M	42	40-44M	1.12.19	0	1
553	20	BRIAN	SMITH	P.E.A.A.C.	M	62	60-64M	1.12.49	0	1
554	1531	ABEGAIL	BROOK	HARMONY AC EP	F	40	40-44F	1.12.51	0	1
555	707	GAVIN	TRENT	TEMP	M	39	35-40M	1.13.06	0	0
556	2121	MARYKA	ELS	ALGOA AC	F	45	45-49F	1.13.13	0	1
557	1545	BERENICE	SMITH	HARMONY AC EP	F	41	40-44F	1.13.14	0	1
558	349	ESTELLE	BOTHA	MUIRITE STRIDER	F	50	50-54F	1.13.46	0	1
559	2037	ERIKA	STRUWIG	ALGOA AC	F	37	35-40F	1.14.10	0	1
560	884	ELODIE	VORSTER	LEGACY AC	F	59	55-59F	1.14.15	0	1
561	751	JO-ANN	WILLIAMS	TEMP	F	34	SF	1.14.23	0	0
562	411	SARIE	LOFTIE-EATON	TEMP	F	52	50-54F	1.14.46	0	0
563	963	SHIRLEY	JORGENSEN	CHARLO R R	F	64	60-64F	1.15.06	0	1
564	348	THEUNIS	BOTHA	MUIRITE STRIDER	M	50	50-54M	1.15.07	0	1
565	505	SILVIA	JONCK	SPAR WALMER AC	F	44	40-44F	1.15.19	0	1
566	791	LOUISA	FOUCHE	CRUSADERS A C	F	52	50-54F	1.15.20	0	1
567	1928	HENRIETTE	MYBURGH	BLUEWATER BAY	F	42	40-44F	1.15.51	0	1
568	2004	AMANDA	SYMINGTON	ALGOA AC	F	48	45-49F	1.15.53	0	1
569	2110	CLAUDETTE	ESAU	ALGOA AC	F	32	SF	1.16.00	0	1
570	2014	KATHLEEN	RUDMAN	ALGOA AC	F	45	45-49F	1.16.02	0	1
571	323	HANNA	MYBURGH	MUIRITE STRIDER	F	57	55-59F	1.16.04	0	1
572	437	LINDA	MATTHEWS	X-CEL A C	F	42	40-44F	1.16.07	0	0
573	730	EUNICE	FISHER	TEMP	F	37	35-40F	1.16.51	0	0
574	237	SURESHAN	RAMASAMY	MALABAR	F	39	35-40F	1.16.58	0	1
575	2104	ELSEBE	TERBLANCHE	ALGOA AC	F	38	35-40F	1.16.59	0	1

POS	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PRES	PTS
576	2018	ANNELIE	BOTHA	ALGOA AC	F	42	40-44F	1.17.03	0	1
577	1465	PIETER	VOSLOO	HARMONY AC EP	M	54	50-54M	1.17.12	0	1
578	410	ZALITA	LE ROUX	TEMP	F	26	SF	1.17.25	0	0
579	714	SONJA	BARKER	TEMP	F	42	40-44F	1.17.33	0	0
580	716	KEVIN	GARDNER	TEMP	M	25	SM	1.17.34	0	0
581	493	HESTER	VON SOLMS	SPAR WALMER AC	F	52	50-54F	1.18.04	0	1
582	961	LYNN	ISAACS	CHARLO R R	F	39	35-40F	1.18.07	0	1
583	436	JILLIAN	ERASMUS	X-CEL A C	F	49	45-49F	1.19.09	0	0
584	2002	HENDRINA	CLAASSEN	ALGOA AC	F	49	45-49F	1.19.29	0	1
585	425	ERICA	THOMPSON	TEMP	F	46	45-49F	1.19.48	0	0
586	497	CORNE	ERASMUS	SPAR WALMER AC	F	51	50-54F	1.21.42	0	1
587	689	VERONICA	VAN ROOY	TEMP	F	42	40-44F	1.21.43	0	0
588	454	RENEE	BOTHA	TEMP	F	65	65-69F	1.23.38	0	0
589	1196	PATRICK	FERRARIS	ELITE A C	M	50	50-54M	1.23.54	0	1
590	307	JEAN	NEPGEN	KOWIE STRIDERS	M	61	60-64M	1.23.55	0	1
591	305	CAROL	NEPGEN	KOWIE STRIDERS	F	54	50-54F	1.23.57	0	1
592	500	LYNDA	KLEINHANS	SPAR WALMER AC	F	39	35-40F	1.23.58	0	1
593	501	LHORYN	SIMPSON	SPAR WALMER AC	F	26	SF	1.24.19	0	1
594	950	MELISSA	MATTHEWS	CHARLO R R	F	34	SF	1.24.21	0	1
595	442	JANICE	NEL	TEMP	F	52	50-54F	1.24.36	0	0
596	947	EUSENTHA	PILLAY	CHARLO R R	F	40	40-44F	1.24.40	0	1
597	385	MARINDA	DE VRIES	MUIRITE STRIDER	F	42	40-44F	1.24.40	0	1
598	379	ANNA	LE ROUX	MUIRITE STRIDER	F	58	55-59F	1.24.41	0	1
599	384	KARIN	WEHMEYER	MUIRITE STRIDER	F	39	35-40F	1.24.49	0	1
600	22	RHONA	EMAANDIEN	P.E.A.A.C.	F	36	35-40F	1.24.52	0	1
601	9	ANNA	SCHNETLER	P.E.A.A.C.	F	58	55-59F	1.24.54	0	1
602	87	LYNETTE	RUDMAN	P.E.A.A.C.	F	34	SF	1.25.31	0	1
603	208	ANNA	WELGEMOED	ST ALBANS CSEP	F	36	35-40F	1.25.32	0	1
604	2028	MAUREEN	DICKASON	ALGOA AC	F	49	45-49F	1.25.37	0	1
605	316	CAROLINA	SWANEPOEL	MUIRITE STRIDER	F	57	55-59F	1.25.38	0	1
606	314	BERTIE	RICHARDS	MUIRITE STRIDER	F	61	60-64F	1.25.48	0	1
607	1327	ADELE	NEL	VWAC	F	46	45-49F	1.25.50	0	1
608	511	IGNATIUS	FROSLER	X-CEL A C	M	44	40-44M	1.26.03	0	1
609	739	SYLVIA	PRITCHARD	CRUSADERS A C	F	72	70+F	1.26.07	0	1
610	378	LEVONA	KILLIAN	MUIRITE STRIDER	F	42	40-44F	1.26.07	0	1
611	409	LIANA	LABUSCHAGNE	TEMP	F	42	40-44F	1.26.10	0	0
612	351	DEIDRE	VAN WYK	MUIRITE STRIDER	F	38	35-40F	1.27.28	0	1
613	486	CHRISTINE	EVERTON	SPAR WALMER AC	F	24	SF	1.28.43	0	1
614	727	TERSIA	DE JAGER	TEMP	F	60	60-64F	1.29.23	0	0
615	1111	GRAHAM	CHANNON	ACHILLES AAA	M	56	55-59M	1.30.48	0	0
616	862	JACQUENE	BOTHA	LEGACY AC	F	37	35-40F	1.30.57	0	0
617	443	SALOME	GODDARD	TEMP	F	37	35-40F	1.30.57	0	0
618	487	ELEANOR	EVERTON	SPAR WALMER AC	F	51	50-54F	1.31.02	0	0
619	472	ALAN	PENNEY	SPAR WALMER AC	M	59	55-59M	1.31.22	0	0
620	134	MARIAAN	VAN TONDER	P.E.A.A.C.	F	69	65-69F	1.31.25	0	0
621	738	CARYL	PIETERSE	TEMP	F	49	45-49F	1.34.26	0	0
622	91	ELIZE	LAMPRECHT	P.E.A.A.C.	F	51	50-54F	1.38.42	0	0
623	2062	BERNADETTE	BARNARD	ALGOA AC	F	21	SF	1.38.43	0	0
624	737	MARK	PIETERSE	TEMP	M	25	SM	1.39.15	0	0
625	968	BASIL	BAIRD	CHARLO R R	M	60	60-64M	1.39.27	0	0
626	729	EZRE	FISHER	TEMP	F	15	JF	1.39.58	0	0
627	2030	JENNIFER	BARNARD	ALGOA AC	F	43	40-44F	1.39.59	0	0
HELPERS RUN										
H1	1224	CLIVE	WEWERS	ELITE A C	M	45	45-49M	0.40.05	0	5
H2	1212	DESMOND	FOUCHE	ELITE A C	M	40	40-44M	0.40.20	0	3
H3	1227	KEVIN	GILLMER	ELITE A C	M	45	45-49M	0.40.44	0	4
H4	1194	PAUL	GERBER	ELITE A C	M	40	40-44M	0.41.02	0	3
H5	1258	JOHANN	POSTMA	ELITE A C	M	40	40-44M	0.41.44	0	3
H6	1223	CLIFFORD	HICKEN	ELITE A C	M	48	45-49M	0.43.12	0	3
H7	1235	HEINE	VAN EYK	ELITE A C	M	40	40-44M	0.43.37	0	3
H8	1202	JAKKIE	GERBER	ELITE A C	M	45	45-49M	0.46.57	0	2
H9	1200	ANDRE	PIENAAR	ELITE A C	M	43	40-44M	0.47.29	0	2
H10	1191	GUSTAV	GRASMAN	ELITE A C	M	45	45-49M	0.48.42	0	2
H11	1246	GEORGE	BOTHA	ELITE A C	M	52	50-54M	0.49.13	0	2
H12	1220	NOEL	VAN WILLING	ELITE A C	M	39	35-40M	0.49.21	0	2
H13	1219	JOHAN	MINNIE	ELITE A C	M	38	35-40M	0.49.22	0	2
H14	1217	SUZAN	TERBLANCHE	ELITE A C	F	44	40-44F	0.49.56	0	2
H15	1231	JOHANN	DORFLING	ELITE A C	M	48	45-49M	0.51.21	0	2
H16	1245	WILLEM	DAFEL	ELITE A C	M	37	35-40M	0.51.21	0	1
H17	1215	CELIZE	LOUW	ELITE A C	F	30	SF	0.51.47	0	2
H18	336	ARNOLD	RAS	MUIRITE STRIDER	M	44	40-44M	0.52.00	0	1
H19	1195	MARISA	FERRARIS	ELITE A C	F	35	35-40F	0.52.25	0	2

POS	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PRES	PTS
H20	1199	PETRA	PIENAAR	ELITE A C	F	41	40-44F	0.52.26	0	2
H21	370	LUKAS	ELS	MUIRITE STRIDER	M	35	35-40M	0.52.52	0	1
H22	1244	GOOFEY	FOUCHE	ELITE A C	M	48	45-49M	0.53.14	0	1
H23	1234	ATTIE	ELS	ELITE A C	M	46	45-49M	0.54.41	0	1
H24	1253	MIEMSIE	SWANEPOEL	ELITE A C	F	44	40-44F	0.54.41	0	1
H25	1639	SANET	NIIT	PEB PRINT	F	37	35-40F	0.54.56	0	1
H26	1205	ROZELLE	VON MOLENDORFF	ELITE A C	F	41	40-44F	0.54.56	0	1
H27	1506	MORNAY	VAN DER WATT	HARMONY AC EP	M	36	35-40M	0.55.33	0	1
H28	2003	MARIUS	SCHOLTZ	ALGOA AC	M	41	40-44M	0.55.38	0	1
H29	1192	DORIS	LIBERTY	ELITE A C	F	45	45-49F	0.56.11	0	1
H30	1257	ERNA	VAN ZYL	ELITE A C	F	33	SF	0.56.23	0	1
H31	1204	ANDRE	FOURIE	ELITE A C	M	58	55-59M	0.57.28	0	1
H32	1229	RINA	BARNARD	ELITE A C	F	52	50-54F	0.58.54	0	1
H33	1201	ENID	GERBER	ELITE A C	F	44	40-44F	0.59.20	0	1
H34	1230	TREVOR	VAN EYCK	ELITE A C	M	44	40-44M	0.59.21	0	1
H35	1222	CHARLOTTE	VAN COLLER	ELITE A C	F	37	35-40F	1.01.17	0	1
H36	1221	WYNAND	DE GOEDE	ELITE A C	M	30	SM	1.01.17	0	1
H37	1211	ANNEMARIE	FOUCHE	ELITE A C	F	38	35-40F	1.01.17	0	1
H38	1260	JOHAN	CHAMBERLAIN	ELITE A C	M	39	35-40M	1.01.17	0	1
H39	2056	RITA	BOUCHER	ALGOA AC	F	55	55-59F	1.02.44	0	1
H40	1256	MARIUS	GREYLING	ELITE A C	M	49	45-49M	1.05.55	0	1
H41	1216	JEFFREY	GREBE	ELITE A C	M	38	35-40M	1.10.04	0	1
H42	1214	SONIA	MICHAELS	ELITE A C	F	38	35-40F	1.10.22	0	1
H43	1213	FREDDIE	MICHAELS	ELITE A C	M	46	45-49M	1.10.22	0	1
H44	1236	TERRENCE	REID	ELITE A C	M	58	55-59M	1.10.44	0	1
H45	1255	TOORIE	LACKAY	ELITE A C	F	49	45-49F	1.12.14	0	1
H46	1239	MARIAAN	LANDMAN	ELITE A C	F	41	40-44F	1.14.13	0	1
H47	1209	LAURA	LE ROUX	ELITE A C	F	42	40-44F	1.14.39	0	1
H48	1210	JAN	LE ROUX	ELITE A C	M	46	45-49M	1.14.39	0	1
H49	9426	ROZANNE	ELS	ELITE A C	M	18	JM	1.14.59	0	1
H50	1198	ANDRIES	BARTHERS	ELITE A C	M	42	40-44M	1.19.54	0	1
H51	1197	ESTELLE	BARTHERS	ELITE A C	F	44	40-44F	1.19.54	0	1
H52	1207	ENGELA	VON MOLLENDORF	ELITE A C	F	58	55-59F	1.28.48	0	1