

UMHLOBO WENENE 10KM - PORT ELIZABETH - 2006/04/08

POS	R/NO	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
1	445	180	GEORGE	NTSHILIZA	LIBERTY NIKE EP	M	26	SM	0.30.01	5	25
2	428	193	WAYNE	GALLANT	LIBERTY NIKE EP	M	31	SM	0.30.23	5	24
3	448	1426	MZWANELE	MAPHEKULA	MR PRICE NMMU	M	29	SM	0.30.25	5	23
4	961	182	KHAYALETHU	MAKALIMA	LIBERTY NIKE EP	M	22	SM	0.30.29	5	22
5	602	2102	XOLILE	NDINGANE	TEMP	M	34	SM	0.30.32	0	0
6	768	2255	PHUMZILE	SIKAWUTI	MR PRICE NMMU	M	26	SM	0.31.04	5	21
7	839	1535	LUYANDA	TSHANGANA	HARMONY AC EP	M	22	SM	0.31.17	5	20
8	840	1570	MKHULULI	MBEJENI	HARMONY AC EP	M	23	SM	0.31.33	5	19
9	230	1609	ZANDISILE	TSHUNUNGWA	HARMONY AC EP	M	29	SM	0.31.43	5	18
10	820	190	MASIXOLE	DLAKU	LIBERTY NIKE EP	M	27	SM	0.31.47	5	17
11	889	889	JABULANI	DUBE	TEMP	M	35	35-40M	0.31.54	0	0
12	818	183	SIMON	NGCOKO	LIBERTY NIKE EP	M	36	35-40M	0.31.54	5	16
13	971	192	DESMOND	ZIBI	LIBERTY NIKE EP	M	42	40-44M	0.32.02	5	15
14	993	1685	SIXOLILE	SHINTA	HARMONY AC EP	M	21	SM	0.32.05	5	14
15	918	1979	VUYISA	NKONZE	ABERDARE CABLES	M	23	SM	0.32.09	5	13
16	955	199	MASANDE	MLONYENI	LIBERTY NIKE EP	M	25	SM	0.32.16	5	12
17	810	1599	LUVUYO	STEPHEN	HARMONY AC EP	M	35	35-40M	0.32.17	5	11
18	824	1411	MILA	PASIYA	CONTINENTAL AC	M	26	SM	0.32.24	5	10
19	122	1443	ABSALOM	KEMP	HARMONY AC EP	M	42	40-44M	0.32.26	5	9
20	954	1153	ISAAC	NTLAPE	ACHILLES AAA	M	22	SM	0.32.29	5	8
21	848	2190	MKHUSELI	NYONGO	MR PRICE NMMU	M	19	SM	0.32.33	5	7
22	416	1254	RICARDO	PLAATJIES	ELITE A C	M	23	SM	0.32.54	5	6
23	582	582	ALEX	NGXILA	TEMP	M	17	JM	0.33.11	0	0
24	960	179	TRESH	JAVU	LIBERTY NIKE EP	M	32	SM	0.33.13	5	5
25	420	9299	SIBUSISO	RAWANE	HARMONY AC EP	M	18	JM	0.33.15	5	4
26	772	1986	ANDILE	MANONA	ABERDARE CABLES	M	24	SM	0.33.22	5	3
27	782	9389	MELUMZI	TSHOTYANA	LIBERTY NIKE EP	M	17	JM	0.33.23	5	2
28	917	1990	XOLANI	PIKOLE	ABERDARE CABLES	M	19	SM	0.33.25	5	1
29	18	1582	AMOS	BILL	HARMONY AC EP	M	31	SM	0.33.28	5	0
30	870	813	MELIKHAYA	JACOBS	ALBANY R R	M	27	SM	0.33.34	5	0
31	573	573	ZUKO	MPISAWA	TEMP	M	27	SM	0.33.35	0	0
32	812	2187	CHRISTOPHER	MABENGEZA	MR PRICE NMMU	M	39	35-40M	0.33.36	5	0
33	121	1607	EMERSON	KAYANA	HARMONY AC EP	M	32	SM	0.33.36	5	0
34	123	1448	MELIKHAYA	KEPE	HARMONY AC EP	M	29	SM	0.33.37	5	0
35	152	1537	ANELE	MALIZA	HARMONY AC EP	M	28	SM	0.33.37	5	0
36	397	2157	BENJAMIN	SESING	MR PRICE NMMU	M	26	SM	0.33.38	5	0
37	964	2042	ALFRED	QOGI	ALGOA AC	M	32	SM	0.33.52	5	0
38	862	191	BASIE	BONAPARTE	LIBERTY NIKE EP	M	40	40-44M	0.33.53	5	0
39	607	607	JUSTICE	BASHE	TEMP	M	28	SM	0.33.54	0	0
40	969	163	BULELINI	NIWA	P.E.A.A.C.	M	20	SM	0.33.56	5	0
41	915	1968	LUVUYO	DYANI	ABERDARE CABLES	M	35	35-40M	0.33.57	5	0
42	809	1385	DERRICK	DUBASE	ADT A C	M	31	SM	0.33.59	5	0
43	942	1052	MONWABISI	MTWISHA	EBENEZER	M	22	SM	0.34.04	5	0
44	854	1790	MXOLISI	MNXAKWE	HARMONY AC EP	M	33	SM	0.34.05	5	0
45	912	1097	MABOYISANA	MAZWAYI	EBENEZER	M	37	35-40M	0.34.08	5	0
46	979	1388	VUSO	NKONZO	CONTINENTAL AC	M	21	SM	0.34.13	5	0
47	379	1456	AUGUST	ESAU	HARMONY AC EP	M	35	35-40M	0.34.15	5	0
48	813	2193	HOPEWELL	JABAVU	MR PRICE NMMU	M	22	SM	0.34.18	5	0
49	835	1393	NKOSINATHI	BIYANA	CONTINENTAL AC	M	30	SM	0.34.20	5	0
50	793	626	MUTEKILE	RASMENI	SANDEF EP	M	41	40-44M	0.34.22	5	0
51	470	161	ANDILE	GO	P.E.A.A.C.	M	34	SM	0.34.24	5	0
52	581	581	AKHONA	MNQANDI	TEMP	M	17	JM	0.34.31	0	0
53	814	2253	PHAKAMANI	MKALIPI	MR PRICE NMMU	M	23	SM	0.34.33	5	0
54	786	1591	MNCEDISI	YAWA	HARMONY AC EP	M	41	40-44M	0.34.35	5	0
55	399	1429	DANNY	HARTZENBERG	HARMONY AC EP	M	29	SM	0.34.37	5	0
56	914	1975	KENNETH	MENZE	ABERDARE CABLES	M	44	40-44M	0.34.40	5	0
57	66	1430	PHIKOLOMZI	FEZI	HARMONY AC EP	M	23	SM	0.34.42	5	0
58	408	2299	SYLVESTER	HONI	MR PRICE NMMU	M	22	SM	0.34.45	5	0
59	124	1674	MNCEDI	KHANTI	HARMONY AC EP	M	26	SM	0.34.46	5	0
60	995	1447	VUSUMZI	RUNELI	HARMONY AC EP	M	33	SM	0.34.48	5	0
61	151	1692	MELIKHAYA	MALINGA	HARMONY AC EP	M	25	SM	0.34.52	5	0
62	182	270	MALIVIWE	NGAMNTWINI	HARMONY AC EP	M	19	SM	0.34.54	5	0
63	368	628	EFESE	PETER	SANDEF EP	M	45	45-49M	0.34.54	5	0
64	373	1577	THEMBEKILE	MSIPA	HARMONY AC EP	M	31	SM	0.34.56	5	0
65	426	1390	MALUNGISA	OLAYI	CONTINENTAL AC	M	27	SM	0.34.59	5	0
66	844	1578	THOBILE	XATA	HARMONY AC EP	M	31	SM	0.35.00	5	0
67	461	1757	MERVYN	JOHNSON	WILLARD BATT	M	32	SM	0.35.01	5	0
68	825	1407	THABISO	MBOTSHELWA	CONTINENTAL AC	M	28	SM	0.35.06	5	0
69	289	326	VUSUMZI	THOMPSON	MUIRITE STRIDER	M	21	SM	0.35.06	5	0
70	311	1185	MICHAEL	MAGSON	ACHILLES AAA	M	29	SM	0.35.07	5	0
71	377	445	DARRELL	WICHT	NEW BALANCE	M	42	40-44M	0.35.08	5	0
72	565	565	B	LEPHEANA	TEMP	M	33	SM	0.35.12	0	0
73	586	586	MOYISILE	WANA	TEMP	M	34	SM	0.35.17	0	0
74	427	9370	SIZWE	TIKISE	MUIRITE STRIDER	M	17	JM	0.35.18	5	0

POS	R/NO	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
75	132	1566	RIAN	KOCK	HARMONY AC EP	M	36	35-40M	0.35.19	5	0
76	827	1394	SIPHELO	NYOKA	CONTINENTAL AC	M	28	SM	0.35.20	5	0
77	998	1563	MICHAEL	HENDRICKS	HARMONY AC EP	M	29	SM	0.35.20	5	0
78	149	1536	KGOTSO	MAJARA	HARMONY AC EP	M	25	SM	0.35.21	5	0
79	990	9272	THANDUXOLO	MPUSHE	HARMONY AC EP	M	16	JM	0.35.23	5	0
80	769	1555	KHAYA	YONA	HARMONY AC EP	M	27	SM	0.35.30	5	0
81	475	130	MZUKISI	KLAAS	P.E.A.A.C.	M	37	35-40M	0.35.32	5	0
82	789	2154	NTOMBESINTU	MFUNZI	MR PRICE NMMU	F	24	SF	0.35.34	5	25
83	167	1559	TERRANCE	MJEKULA	HARMONY AC EP	M	33	SM	0.35.53	5	0
84	7	1497	SIDWELL	BALIWE	HARMONY AC EP	M	34	SM	0.35.56	5	0
85	434	1301	GILROY	DOMINGO	VWAC	M	33	SM	0.35.57	5	0
86	469	1596	PATRICK	MBADA	P.E.A.A.C.	M	19	SM	0.36.05	4	0
87	307	1592	THEMBINKOSI	SINGQOTO	HARMONY AC EP	M	29	SM	0.36.06	4	0
88	141	1444	WELCOME	LOLIWE	HARMONY AC EP	M	41	40-44M	0.36.06	5	0
89	171	9255	MKHABELA	MTSHWANE	HARMONY AC EP	M	19	JM	0.36.07	4	0
90	216	9253	RUAN	SMALBERGER	HARMONY AC EP	M	16	JM	0.36.07	4	0
91	378	21	COLBEN	NGCUPE	P.E.A.A.C.	M	42	40-44M	0.36.08	5	0
92	970	1460	XOLILE	SOMBALO	HARMONY AC EP	M	33	SM	0.36.08	4	0
93	816	806	DESMOND	WITBOOI	ALBANY R R	M	34	SM	0.36.11	4	0
94	405	1519	THEMBINKOSI	SPEELMAN	HARMONY AC EP	M	22	SM	0.36.22	4	0
95	401	9283	VIRGIL	WILLIAMS	HARMONY AC EP	M	16	JM	0.36.27	4	0
96	2103	859	VIKUS	LEITO	TEMP	M	18	JM	0.36.35	0	0
97	184	888	PETER	NTSHIKILA	HARMONY AC EP	M	43	40-44M	0.36.37	5	0
98	953	241	WILLEM	BOUWERS	MALABAR	M	35	35-40M	0.36.40	5	0
99	61	1587	GRAHAM	ESHMADE	HARMONY AC EP	M	28	SM	0.36.43	4	0
100	2	9269	IVAN	AMBRAAL	HARMONY AC EP	M	16	JM	0.36.47	4	0
101	776	1398	THANDO	BIXA	CONTINENTAL AC	M	25	SM	0.36.52	4	0
102	419	105	LUNTU	KHOBO	P.E.A.A.C.	M	19	SM	0.36.55	4	0
103	237	971	JEFFREY	VAN NIEKERK	CHARLO R R	M	33	SM	0.36.55	4	0
104	425	9368	NTSIKELELO	KHOBO	MUIRITE STRIDER	M	17	JM	0.36.56	4	0
105	863	1395	MAKHOSONKE	NQWENISO	CONTINENTAL AC	M	33	SM	0.36.59	4	0
106	382	162	PHILBERT	TYOMBO	P.E.A.A.C.	M	43	40-44M	0.37.00	5	0
107	430	1329	JAYSEF	AHKEE	P.E.A.A.C.	M	22	SM	0.37.02	4	0
108	822	9322	LEETO	KHOABANE	CONTINENTAL AC	M	18	JM	0.37.05	4	0
109	463	916	JOHN	RAFANI	ABERDARE CABLES	M	39	35-40M	0.37.07	5	0
110	980	178	SIZINZO	KAMA	LIBERTY NIKE EP	M	54	50-54M	0.37.08	5	0
111	441	1058	ERROL	KOERT	EBENEZER	M	29	SM	0.37.08	4	0
112	212	186	FIKILE	SEYA	LIBERTY NIKE EP	M	53	50-54M	0.37.14	5	0
113	873	919	NKOSIKHONA	SONJANI	ST ALBANS CSEP	M	24	SM	0.37.17	4	0
114	587	587	S	SIKUNDLA	TEMP	M	17	JM	0.37.19	0	0
115	447	56	SIPHO	FAAS	MR PRICE TRANS	M	47	45-49M	0.37.20	0	0
116	924	1741	CYRIL	UITHALER	WILLARD BATT	M	43	40-44M	0.37.22	5	0
117	471	9344	DURIAN	LOUW	P.E.A.A.C.	M	15	JM	0.37.23	4	0
118	913	173	ZINAKILE	SOYAMBA	LIBERTY NIKE EP	M	53	50-54M	0.37.25	5	0
119	381	66	BUYISILE	MAKWELA	P.E.A.A.C.	M	36	35-40M	0.37.29	4	0
120	153	1698	DONALD	MANCASA	PEB PRINT	M	52	50-54M	0.37.32	5	0
121	328	1353	ADRIAN	CLARKE	ADT A C	M	40	40-44M	0.37.34	5	0
122	552	552	ANELE	NDUDULA	TEMP	M	23	SM	0.37.39	0	0
123	821	1623	STEVEN	FANELLA	PEB PRINT	M	43	40-44M	0.37.47	5	0
124	838	1386	MZIYANDA	MELENI	CONTINENTAL AC	M	36	35-40M	0.37.57	4	0
125	34	9252	CONRAD	CHARLES	HARMONY AC EP	M	16	JM	0.37.58	4	0
126	241	637	NELSON	VLAKBOK	SANDEP	M	41	40-44M	0.37.59	5	0
127	857	9143	XOLANI	JOHANNES	ALBANY R R	M	18	JM	0.38.02	3	0
128	418	1781	MXOLISI	ANDRIES	HARMONY AC EP	M	25	SM	0.38.04	3	0
129	916	1965	NTSIKELELO	SEBE	ABERDARE CABLES	M	21	SM	0.38.05	3	0
130	967	1053	RODGER	GYSMAN	EBENEZER	M	32	SM	0.38.06	3	0
131	73	1163	ROBIN	FOURIE	ACHILLES AAA	M	42	40-44M	0.38.07	5	0
132	147	1127	BRADLEY	MACKENZIE	ACHILLES AAA	M	34	SM	0.38.08	3	0
133	236	1610	CALLIE	VAN NIEKERK	HARMONY AC EP	M	38	35-40M	0.38.10	4	0
134	26	1457	STEPHAN	BOTHA	HARMONY AC EP	M	37	35-40M	0.38.14	4	0
135	999	1567	KLAAS	OLIPHANT	HARMONY AC EP	M	36	35-40M	0.38.17	4	0
136	77	75	EMLYN	GALLANT	P.E.A.A.C.	M	29	SM	0.38.23	3	0
137	588	588		UNKNOWN	TEMP	M	31	SM	0.38.25	0	0
138	775	1412	SIYABONGA	NCETezo	CONTINENTAL AC	M	25	SM	0.38.26	3	0
139	196	1478	PATRICK	QINELA	HARMONY AC EP	M	29	SM	0.38.28	3	0
140	415	1224	CLIVE	WEWERS	ELITE A C	M	45	45-49M	0.38.31	5	0
141	110	603	STANTON	JANTJIES	CADBURY A C	M	29	SM	0.38.33	3	0
142	817	38	RICHARD	NOSILELA	P.E.A.A.C.	M	42	40-44M	0.38.37	4	0
143	828	828	Z	NDYENGA	TEMP	M	31	SM	0.38.38	0	0
144	68	1212	DESMOND	FOUCHE	ELITE A C	M	40	40-44M	0.38.39	4	0
145	976	1752	KAASHIF	PIETERSEN	WILLARD BATT	M	29	SM	0.38.39	3	0
146	443	1732	VERNON	NEWFELDT	WILLARD BATT	M	40	40-44M	0.38.40	4	0
147	929	257	SIERAAGH	NORDIEN	MALABAR	M	42	40-44M	0.38.41	4	0
148	476	50	BONISILE	FULMENI	P.E.A.A.C.	M	43	40-44M	0.38.41	4	0
149	779	9159	LUVOLWETHU	DYUM	CONTINENTAL AC	M	14	JM	0.38.43	3	0

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150	831	9131	MTSUMZI	MDWAYI	CONTINENTAL AC	M	18	JM	0.38.43	3	0
151	240	2012	HENDRIK	VAN WYK	ALGOA AC	M	42	40-44M	0.38.45	4	0
152	774	1391	SONWABO	NYANGIWE	CONTINENTAL AC	M	38	35-40M	0.38.49	4	0
153	30	1595	GEORGE	BUKA	HARMONY AC EP	M	36	35-40M	0.38.50	4	0
154	53	1508	ZOLEKA	DONDASHE	HARMONY AC EP	F	20	SF	0.38.53	5	24
155	23	1652	GEOFFREY	BOOYSEN	PEB PRINT	M	36	35-40M	0.39.04	4	0
156	486	486	S	XATA	TEMP	M	25	SM	0.39.06	0	0
157	984	1735	EUGENE	AFRICA	WILLARD BATT	M	38	35-40M	0.39.10	3	0
158	210	30	ROBERT	SCOTT	P.E.A.A.C.	M	53	50-54M	0.39.13	5	0
159	798	1556	MBULELO	SAMPIES	HARMONY AC EP	M	38	35-40M	0.39.15	3	0
160	157	1498	HAMILTON	MAZOMBA	HARMONY AC EP	M	52	50-54M	0.39.16	5	0
161	312	1110	DAVERA	MAGSON	ACHILLES AAA	F	31	SF	0.39.17	5	23
162	394	9475	PANAYOITIS	ROOI	P.E.A.A.C.	M	18	JM	0.39.18	3	0
163	584	8584	THOZAMILE	BOKOLO	TEMP	M	44	40-44M	0.39.21	0	0
164	992	889	BISHO	NOMBEWU	HARMONY AC EP	M	40	40-44M	0.39.22	4	0
165	823	9333	KWANELE	LIMETYENI	CONTINENTAL AC	M	18	JM	0.39.23	3	0
166	790	1001	RUSSELL	WEYER	BODY CONCEPT	M	31	SM	0.39.28	3	0
167	440	1062	WILLIAM	VAN HEERDEN	EBENEZER	M	30	SM	0.39.31	3	0
168	972	184	JACKSON	NGCOKO	LIBERTY NIKE EP	M	57	55-59M	0.39.33	5	0
169	57	1354	HANNES	ELS	ADT A C	M	56	55-59M	0.39.33	5	0
170	958	1762	LEONARD	ERASMUS	WILLARD BATT	M	48	45-49M	0.39.34	5	0
171	305	9270	XOLISA	KULA	HARMONY AC EP	M	16	JM	0.39.38	3	0
172	422	1056	XOLANI	NDUKUMBANA	EBENEZER	M	26	SM	0.39.41	3	0
173	919	1251	RANDALL	CUNNINGHAM	ELITE A C	M	44	40-44M	0.39.42	4	0
174	903	903	AZOLA	NTWASHU	TEMP	M	21	SM	0.39.42	0	0
175	842	807	ANDREW	SLAUGHTER	ALBANY R R	M	30	SM	0.39.45	3	0
176	795	1776	NELSON	MGUBASI	WILLARD BATT	M	48	45-49M	0.39.47	5	0
177	866	1414	PRINCE	PHILLIPS	CONTINENTAL AC	M	42	40-44M	0.39.50	4	0
178	329	1032	JACOB	ABRAHAM	BODY CONCEPT	M	39	35-40M	0.39.52	3	0
179	195	1168	ANDREW	PORTER	ACHILLES AAA	M	34	SM	0.39.52	3	0
180	994	1476	DAVID	HESHU	HARMONY AC EP	M	39	35-40M	0.39.56	3	0
181	411	1446	RAYMOND	WEITZ	HARMONY AC EP	M	51	50-54M	0.39.59	5	0
182	198	9279	NDYEBO	QWAKANISA	HARMONY AC EP	M	19	JM	0.40.00	3	0
183	396	1194	PAUL	GERBER	ELITE A C	M	40	40-44M	0.40.02	4	0
184	467	1314	BONAKELE	ZEYO	VWAC	M	32	SM	0.40.03	3	0
185	832	9323	APHIWE	KISIIYANE	CONTINENTAL AC	M	14	JM	0.40.05	3	0
186	6	1450	DARRYL	BAGLEY	HARMONY AC EP	M	30	SM	0.40.07	3	0
187	160	1156	BRUCE	MCEWAN	ACHILLES AAA	M	52	50-54M	0.40.07	5	0
188	975	196	GRIZELDA	PIETERSEN	LIBERTY NIKE EP	F	37	35-40F	0.40.08	5	22
189	128	1575	PATRICK	KLAAS	HARMONY AC EP	M	41	40-44M	0.40.24	3	0
190	403	9367	BANELE	PEYI	MUIRITE STRIDER	M	15	JM	0.40.25	3	0
191	488	1903	NKUTHALO	FANAPHI	BLUEWATER BAY	M	20	SM	0.40.27	3	0
192	843	1503	WELLINGTON	MATISO	HARMONY AC EP	M	49	45-49M	0.40.28	4	0
193	608	608	WELCOME\	BASKITI	TEMP	M	38	35-40M	0.40.29	0	0
194	158	1521	ZANDISILE	MBALI	HARMONY AC EP	M	24	SM	0.40.31	3	0
195	901	9386	BABALWA	NGCOKO	LIBERTY NIKE EP	F	18	JF	0.40.33	4	21
196	32	9263	BRIAN	CAROLUS	HARMONY AC EP	M	15	JM	0.40.35	3	0
197	804	194	VIVIAN	LUTWEYI	LIBERTY NIKE EP	M	42	40-44M	0.40.37	3	0
198	473	9291	ZILINDILE	SIVETSHE	P.E.A.A.C.	M	15	JM	0.40.41	3	0
199	444	2085	LOESJE	DE BEER	ALGOA AC	F	47	45-49F	0.40.42	5	20
200	33	9264	BYRON	CAROLUS	HARMONY AC EP	M	15	JM	0.40.43	3	0
201	950	1247	STEPHEN	KLUE	ELITE A C	M	47	45-49M	0.40.44	4	0
202	131	1613	PIERRE	KNOESEN	PEB PRINT	M	51	50-54M	0.40.51	5	0
203	207	1479	MARGIE	SAUNDERS	HARMONY AC EP	F	52	50-54F	0.40.53	5	19
204	27	1579	RALPH	BRITZ	HARMONY AC EP	M	41	40-44M	0.40.54	3	0
205	433	1548	MATI	JACK	HARMONY AC EP	M	54	50-54M	0.40.55	5	0
206	233	1010	JAN	VAN EEDEN	HARMONY AC EP	M	47	45-49M	0.40.57	4	0
207	298	2164	ETIENNE	VENTER	MR PRICE NMMU	M	21	SM	0.40.59	0	0
208	71	1445	DEON	FOURIE	HARMONY AC EP	M	36	35-40M	0.41.01	3	0
209	226	1462	CARL	TERBLANCHE	HARMONY AC EP	M	36	35-40M	0.41.06	3	0
210	292	999	FRED	VERRALL	CHARLO R R	M	57	55-59M	0.41.09	5	0
211	577	577	CRAIG	HARWOOD	TEMP	M	39	35-40M	0.41.17	0	0
212	787	321	GRAHAM	COMPTON	MUIRITE STRIDER	M	22	SM	0.41.18	3	0
213	465	700	BRIAN	MERRINGTON	JEFFREYS BAY	M	59	55-59M	0.41.18	5	0
214	932	1154	DUANE	MULLER	ACHILLES AAA	M	38	35-40M	0.41.19	3	0
215	436	855	PAUL	PEREL	LEGACY AC	M	35	35-40M	0.41.27	3	0
216	781	1408	MZUKISI	MANZIYA	CONTINENTAL AC	M	31	SM	0.41.29	3	0
217	350	1148	PERCY	DALTON	ACHILLES AAA	M	57	55-59M	0.41.32	5	0
218	242	1206	ANTON	VON MOLENDORFF	ELITE A C	M	43	40-44M	0.41.32	3	0
219	256	1600	SHARON	ZEELIE	HARMONY AC EP	F	35	35-40F	0.41.33	5	18
220	796	553	NICO	POCKBASS	X-CEL A C	M	39	35-40M	0.41.34	3	0
221	199	614	ZILINGENE	RALANE	SANDF EP	M	44	40-44M	0.41.43	3	0
222	336	1631	LES	BRIGHTMAN	PEB PRINT	M	57	55-59M	0.41.44	5	0
223	337	710	MICHAEL	BARNARDO	CRUSADERS A C	M	38	35-40M	0.41.46	3	0
224	400	9251	CLAIRMAN	DRAAI	HARMONY AC EP	M	15	JM	0.41.52	2	0

POS	R/NO	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
225	852	1396	VUYANI	FASS	CONTINENTAL AC	M	42	40-44M	0.41.58	3	0
226	623	2123	LEONARD	NKOSA	TEMP	M	37	35-40M	0.42.01	0	0
227	968	9337	SOLOMON	HEYDENRYCH	P.E.A.A.C.	M	16	JM	0.42.03	2	0
228	564	564	ASHLEY\	VAN DER WATT	TEMP	M	41	40-44M	0.42.03	0	0
229	99	734	BRETT	HOLMES	CRUSADERS A C	M	31	SM	0.42.04	2	0
230	905	1552	MOTHUSI	HOYI	HARMONY AC EP	M	41	40-44M	0.42.10	3	0
231	945	1589	PRISCILLA	DYANTYI	HARMONY AC EP	F	32	SF	0.42.12	3	17
232	395	1134	JOHANN	BEUKES	ACHILLES AAA	M	38	35-40M	0.42.13	3	0
233	79	515	GODFREY	GELDERBLOEM	X-CEL A C	M	37	35-40M	0.42.18	3	0
234	952	136	ERROL	ROSSOUW	P.E.A.A.C.	M	56	55-59M	0.42.24	5	0
235	466	9302	RYAN	CRAMER	ALGOA AC	M	15	JM	0.42.29	2	0
236	481	1565	MOEGAMAT	BEYDON	HARMONY AC EP	M	46	45-49M	0.42.31	3	0
237	197	9281	ANDISWA	QUTYELO	HARMONY AC EP	F	18	JF	0.42.36	3	16
238	360	1182	PAT	THOMSON	ACHILLES AAA	F	45	45-49F	0.42.40	5	15
239	201	34	ROBERT	RIETMULLER	P.E.A.A.C.	M	49	45-49M	0.42.42	3	0
240	284	1459	JACQUES	SNYMAN	HARMONY AC EP	M	37	35-40M	0.42.51	2	0
241	485	1410	VUYO	CEKISANI	CONTINENTAL AC	M	39	35-40M	0.42.52	2	0
242	939	2027	FANIE	CLAASSEN	ALGOA AC	M	48	45-49M	0.42.57	3	0
243	144	2251	LORNA	LUMB	MR PRICE NMMU	F	37	35-40F	0.42.59	4	14
244	9	2212	JOHAN	BARNARD	MR PRICE NMMU	M	51	50-54M	0.42.59	4	0
245	941	9360	SIYASANDA	SALI	EBENEZER	M	16	JM	0.43.01	2	0
246	98	1223	CLIFFORD	HICKEN	ELITE A C	M	48	45-49M	0.43.06	3	0
247	981	1667	LLEWELLYN	CLACK	PEB PRINT	M	41	40-44M	0.43.08	3	0
248	930	2005	DUANE	LERM	ALGOA AC	M	35	35-40M	0.43.09	2	0
249	308	1474	HERMAN	VAN JAARSVELDT	HARMONY AC EP	M	46	45-49M	0.43.10	3	0
250	367	1180	LIZELLE	NORRIS	ACHILLES AAA	F	29	SF	0.43.10	3	13
251	934	1632	ALAN	TAYLOR	PEB PRINT	M	48	45-49M	0.43.11	3	0
252	366	1161	SHANE	NORRIS	ACHILLES AAA	M	32	SM	0.43.12	2	0
253	203	944	GREGORY	ROSS	CHARLO R R	M	32	SM	0.43.13	2	0
254	987	759	RICK	ALLSOPP	CRUSADERS A C	M	45	45-49M	0.43.13	3	0
255	468	1789	DAVID	INCH	HARMONY AC EP	M	24	SM	0.43.14	2	0
256	778	1152	GREG	SCOTT	ACHILLES AAA	M	43	40-44M	0.43.15	3	0
257	936	2089	ANDRE	BARNARD	ALGOA AC	M	44	40-44M	0.43.19	3	0
258	853	1550	IVAAN	WINDVOGEL	HARMONY AC EP	M	21	SM	0.43.23	2	0
259	97	9156	FAIZEL	HAWKINS	CADBURY A C	M	15	JM	0.43.24	2	0
260	294	2007	JACOBUS	WYATT	ALGOA AC	M	42	40-44M	0.43.25	3	0
261	453	259	TONY	KLAASEN	MALABAR	M	44	40-44M	0.43.29	3	0
262	162	2221	IVO	MEYER	MR PRICE NMMU	M	31	SM	0.43.31	2	0
263	125	1573	SIZWE	KHATHI	HARMONY AC EP	M	34	SM	0.43.35	2	0
264	247	29	WILLIAM	VORSTER	P.E.A.A.C.	M	59	55-59M	0.43.36	5	0
265	163	2105	PIET	MEYER	ALGOA AC	M	56	55-59M	0.43.40	5	0
266	590	590	SIPHO	FRANIS	TEMP	M	37	35-40M	0.43.41	0	0
267	21	1189	TONY	BOARDMAN	ACHILLES AAA	M	47	45-49M	0.43.43	3	0
268	352	1357	BASIL	MC LEAN	ADT A C	M	47	45-49M	0.43.44	3	0
269	771	1176	BRADLEY	JOUBERT	ACHILLES AAA	M	44	40-44M	0.43.45	2	0
270	438	9336	PIETER	BOSHOFF	P.E.A.A.C.	M	15	JM	0.43.46	2	0
271	75	1174	PAULETTE	FRASER	ACHILLES AAA	F	41	40-44F	0.43.46	4	12
272	224	2010	PAUL	STEFFENS	ALGOA AC	M	54	50-54M	0.43.50	3	0
273	593	593	WITNESS	FILANA	TEMP	M	33	SM	0.43.53	0	0
274	456	145	THOMISA	LUSASENI	UNKNOWN	F	17	JF	0.43.55	0	0
275	943	917	CLIVE	VAN RAYNER	MUIRITE STRIDER	M	38	35-40M	0.43.57	2	0
276	429	536	CHESTER	BROOKS	X-CEL A C	M	48	45-49M	0.44.01	3	0
277	120	9202	SIYABULELA	KALA	HARMONY AC EP	M	16	JM	0.44.04	2	0
278	413	1234	PATRICK	SEDDON	QUEENSTOWN HARR	M	43	40-44M	0.44.05	0	0
279	780	9325	NOMASIBULELE	FUMBA	CONTINENTAL AC	F	17	JF	0.44.07	0	0
280	940	1245	WILLEM	DAFEL	ELITE A C	M	38	35-40M	0.44.07	2	0
281	118	9483	BULELANI	KALA	HARMONY AC EP	M	17	JM	0.44.09	0	0
282	90	124	LEON	GROENEWALD	ADT A C	M	39	35-40M	0.44.11	2	0
283	175	2013	ADELE	NEL	ALGOA AC	F	33	SF	0.44.14	3	11
284	402	1305	KAGISO	LENGOABANE	VWAC	M	22	SM	0.44.29	2	0
285	370	1953	COLIN	PARKINS	BLUEWATER BAY	M	52	50-54M	0.44.34	3	0
286	238	1441	PETER	VAN RENSBURG	HARMONY AC EP	M	47	45-49M	0.44.35	3	0
287	472	9340	NOZUKO	NYANGA	P.E.A.A.C.	F	18	JF	0.44.41	3	10
288	567	567	G	ASSAM	TEMP	M	31	SM	0.44.44	0	0
289	788	137	FREDDY	DRINKROW	P.E.A.A.C.	M	32	SM	0.44.45	2	0
290	872	9440	ANNIL	SALMAN	VWAC	M	16	JM	0.44.45	2	0
291	306	1603	MORNE	VAN WYK	HARMONY AC EP	M	36	35-40M	0.44.49	2	0
292	449	613	NCAMILE	NOMKHALA	SANDF EP	M	43	40-44M	0.44.50	2	0
293	215	1490	RIAAN	SMALBERGER	HARMONY AC EP	M	51	50-54M	0.44.51	3	0
294	245	1208	JAN	VON MOLLENDORF	ELITE A C	M	60	60-64M	0.44.52	5	0
295	460	1226	LESLEY	WOOD	ELITE A C	F	48	45-49F	0.44.55	5	9
296	11	1733	PETER	BASHELA	WILLARD BATT	M	53	50-54M	0.44.56	3	0
297	67	852	DEON	FLYNN	LEGACY AC	M	41	40-44M	0.45.07	2	0
298	231	1775	DAVID	UITHALER	WILLARD BATT	M	60	60-64M	0.45.10	5	0
299	574	574	PHUMLANI	SPEELMAN	TEMP	M	21	SM	0.45.11	0	0

POS	R/NO	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
300	85	100	CHARLES	GOLDSWAIN	P.E.A.A.C.	M	21	SM	0.45.12	2	0
301	172	1218	CLAIRE	NAGEL	ELITE A C	F	41	40-44F	0.45.20	3	8
302	920	521	DAVID	O'RIELLY	X-CEL A C	M	58	55-59M	0.45.22	3	0
303	570	570	MXOLISI	SIZIBA	TEMP	M	35	35-40M	0.45.27	0	0
304	904	1495	MBULELO	DONDASHE	HARMONY AC EP	M	43	40-44M	0.45.30	2	0
305	225	778	JULIE	TAUNTON	CRUSADERS A C	F	46	45-49F	0.45.31	4	7
306	261	994	GREGORY	BAUER	CHARLO R R	M	47	45-49M	0.45.32	2	0
307	421	1740	DEON	SMITH	WILLARD BATT	M	38	35-40M	0.45.36	2	0
308	275	337	JOHANNES	HERBST	MUIRITE STRIDER	M	60	60-64M	0.45.39	5	0
309	791	556	YOLANDA	BLIGNAUT	X-CEL A C	F	31	SF	0.45.40	2	6
310	259	982	CONRAD	BASSON	CHARLO R R	M	45	45-49M	0.45.44	2	0
311	235	1235	HEINE	VAN EYK	ELITE A C	M	40	40-44M	0.45.45	2	0
312	407	123	ELIAS	KASE	P.E.A.A.C.	M	37	35-40M	0.45.46	2	0
313	477	9339	DELIWE	NYANGA	P.E.A.A.C.	F	16	JF	0.45.52	2	5
314	563	563	JOHANETTE	OOSTHUIZEN	TEMP	F	41	40-44F	0.45.53	0	0
315	928	573	JOHANNES	GESWINDT	X-CEL A C	M	46	45-49M	0.45.56	2	0
316	383	333	DERICK	BIRCH	MUIRITE STRIDER	M	51	50-54M	0.46.01	3	0
317	868	1423	MTUNZI	HLEBO	CONTINENTAL AC	M	46	45-49M	0.46.02	2	0
318	845	449	SIMON	MATEBESE	CONTINENTAL AC	M	42	40-44M	0.46.03	2	0
319	885	885	SIPHO	GAMA	TEMP	M	20	SM	0.46.05	0	0
320	864	1421	XOLILE	GUQAZA	CONTINENTAL AC	M	48	45-49M	0.46.11	2	0
321	348	788	ANDREW	DEALTRY	CRUSADERS A C	M	49	45-49M	0.46.13	2	0
322	806	1973	LOYISO	PIKOLI	ABERDARE CABLES	M	35	35-40M	0.46.17	2	0
323	214	608	RICARDO	SLINGE	CADBURY A C	M	34	SM	0.46.18	2	0
324	926	2151	URSULA	KUHN	MR PRICE NMMU	F	24	SF	0.46.19	2	4
325	39	9158	ADEN	CUNNINGHAM	CADBURY A C	M	16	JM	0.46.20	2	0
326	291	996	GAVIN	VAN VLIET	CHARLO R R	M	49	45-49M	0.46.21	2	0
327	841	2105	DETLEV	KOHLER	TEMP	M	52	50-54M	0.46.23	0	0
328	554	554	SIYABULELA	NDWAYANA	TEMP	M	16	JM	0.46.25	0	0
329	944	9359	PHUMZILE	KWAYIYO	EBENEZER	M	19	JM	0.46.27	2	0
330	860	9200	BAYANDA	MPAMBANI	HARMONY AC EP	F	17	JF	0.46.28	2	3
331	355	1113	REG	FRIDEY	ACHILLES AAA	M	41	40-44M	0.46.29	2	0
332	867	1169	BASIL	TYLER	ACHILLES AAA	M	44	40-44M	0.46.30	2	0
333	856	856	ABRAHAM	PATRICK	TEMP	M	43	40-44M	0.46.31	0	0
334	858	858	ANGELIQUE	LEITOO	TEMP	F	15	JF	0.46.33	0	0
335	221	654	NIC	SNYMAN	JEFFREYS BAY	M	62	60-64M	0.46.35	4	0
336	991	64	JOSEPH	SERFONTEIN	P.E.A.A.C.	M	55	55-59M	0.46.38	3	0
337	168	1560	GATSHELHLE	MKHIZE	HARMONY AC EP	M	40	40-44M	0.46.40	2	0
338	5001	5001		UNKNOWN	TEMP	M	31	SM	0.46.42	0	0
339	784	1128	JOHAN	VAN DEN BERG	ACHILLES AAA	M	49	45-49M	0.46.44	2	0
340	985	885	ANNELIE	NEL	LEGACY AC	F	31	SF	0.46.45	2	2
341	369	1221	WYNAND	DE GOEDE	ELITE A C	M	30	SM	0.46.46	2	0
342	297	9086	NICO	DE KLERK	MR PRICE NMMU	M	19	SM	0.46.50	2	0
343	255	740	SEAN	WRIGHT	CRUSADERS A C	M	41	40-44M	0.46.51	2	0
344	31	1136	CATHY	BULLOCK	ACHILLES AAA	F	52	50-54F	0.46.53	5	1
345	982	564	ELMAR	VAN EYCK	X-CEL A C	M	38	35-40M	0.46.53	2	0
346	404	1213	FREDDIE	MICHAELS	ELITE A C	M	46	45-49M	0.46.55	2	0
347	484	1164	JOHN	KOTZE	ACHILLES AAA	M	54	50-54M	0.46.56	2	0
348	333	375	CLAYTON	HISCOCK	MUIRITE STRIDER	M	36	35-40M	0.46.57	2	0
349	252	1523	BRIAN	WOOD	HARMONY AC EP	M	50	50-54M	0.47.01	2	0
350	808	1971	THEMBISILE	NTONI	ABERDARE CABLES	M	58	55-59M	0.47.05	3	0
351	923	1358	HERMIE	FISHER	ADT A C	F	38	35-40F	0.47.07	2	0
352	87	9491	JUAN	GOLIATH	CADBURY A C	M	14	JM	0.47.09	2	0
353	142	1473	ROLAN	LOTTERING	HARMONY AC EP	M	38	35-40M	0.47.10	2	0
354	988	1149	MONDE	MABALA	ACHILLES AAA	M	46	45-49M	0.47.13	2	0
355	783	274	MARK	ROCKMAN	MALABAR	M	37	35-40M	0.47.21	2	0
356	977	829	PETER	STOCKWELL	ALBANY R R	M	58	55-59M	0.47.24	3	0
357	117	268	RASHID	KAJEE	MALABAR	M	55	55-59M	0.47.26	3	0
358	140	2226	VANESSA	LESSING	MR PRICE NMMU	F	27	SF	0.47.27	2	0
359	978	2063	DANIEL	PIETERSE	ALGOA AC	M	43	40-44M	0.47.29	2	0
360	190	1200	ANDRE	PIENAAR	ELITE A C	M	43	40-44M	0.47.30	2	0
361	933	1191	GUSTAV	GRASMAN	ELITE A C	M	45	45-49M	0.47.31	2	0
362	194	1117	PETER	POHLMANN	ACHILLES AAA	M	42	40-44M	0.47.36	2	0
363	996	1017	ECKART	SCHUMANN	BODY CONCEPT	M	60	60-64M	0.47.36	3	0
364	358	490	FRANS	VAN HEUSDEN	SPAR WALMER AC	M	56	55-59M	0.47.37	3	0
365	205	1472	HERMAN	SAAYMAN	HARMONY AC EP	M	21	SM	0.47.40	2	0
366	277	1311	HENRY	KNOESEN	VWAC	M	37	35-40M	0.47.48	2	0
367	254	762	JANINE	WOOD	CRUSADERS A C	F	26	SF	0.47.58	2	0
368	48	1458	HERMAN	DEKKER	HARMONY AC EP	M	61	60-64M	0.47.59	3	0
369	417	1494	MARIUS	HOUGH	HARMONY AC EP	M	44	40-44M	0.48.02	2	0
370	165	1219	JOHAN	MINNIE	ELITE A C	M	38	35-40M	0.48.07	2	0
371	20	572	SYLVAN	BLIGNAUT	X-CEL A C	M	46	45-49M	0.48.10	2	0
372	483	8321	JACO	SNYMAN	OVERKRUIN	M	24	SM	0.48.24	0	0
373	902	523	FRANCIOS	PETERSE	X-CEL A C	M	40	40-44M	0.48.25	2	0
374	773	373	NEIL	GROBLER	MUIRITE STRIDER	M	46	45-49M	0.48.28	2	0

POS	R/NO	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
375	855	1047	GAVIN	POTGIETER	EBENEZER	M	37	35-40M	0.48.30	2	0
376	5	1492	HEIN	BADENHORST	HARMONY AC EP	M	36	35-40M	0.48.32	2	0
377	81	1202	JAKKIE	GERBER	ELITE A C	M	45	45-49M	0.48.42	2	0
378	258	1198	ANDRIES	BARTHERS	ELITE A C	M	42	40-44M	0.48.42	2	0
379	859	1006	NATASHA	MOODLEY	BODY CONCEPT	F	30	SF	0.48.50	2	0
380	359	1021	IAN	ROSS	BODY CONCEPT	M	49	45-49M	0.48.51	2	0
381	178	1322	JOHAN	NEL	VWAC	M	49	45-49M	0.48.57	2	0
382	442	1119	TREMAINE	WESSON	ACHILLES AAA	M	45	45-49M	0.48.58	2	0
383	849	211	MERVIN	FORTUIN	ST ALBANS CSEP	M	40	40-44M	0.48.59	2	0
384	410	1234	ATTIE	ELS	ELITE A C	M	47	45-49M	0.49.02	2	0
385	200	1046	ANDRE	RETIEF	BODY CONCEPT	M	40	40-44M	0.49.03	2	0
386	777	1403	ZOLEKA	NGCOZA	CONTINENTAL AC	F	30	SF	0.49.08	2	0
387	16	1551	LEANA	BERG	HARMONY AC EP	F	37	35-40F	0.49.13	2	0
388	562	562	RABE	NORTJE	TEMP	M	41	40-44M	0.49.17	0	0
389	91	374	LIZ	GRUNDLINGH	MUIRITE STRIDER	F	59	55-59F	0.49.18	5	0
390	837	382	RIAAN	CLAASSEN	MUIRITE STRIDER	M	36	35-40M	0.49.19	2	0
391	223	713	MBULELO	SOBIKWA	CRUSADERS A C	M	51	50-54M	0.49.21	2	0
392	989	0		UNKNOWN	UNKNOWN	M	31	SM	0.49.22	0	0
393	302	1529	JOHN	PEO	HARMONY AC EP	M	57	55-59M	0.49.25	2	0
394	458	98	DENVER	ANDERSON	P.E.A.A.C.	M	32	SM	0.49.28	1	0
395	811	261	DARSOO	MOONIEN	MALABAR	M	54	50-54M	0.49.33	2	0
396	613	2113	SOPHIE	CHANDLER	TEMP	F	38	35-40F	0.49.34	0	0
397	571	571	MARIUS	OLIVIER	TEMP	M	38	35-40M	0.49.34	0	0
398	204	9488	IVANA	RUITERS	X-CEL A C	F	14	JF	0.49.35	2	0
399	177	9487	BIANCA	NEL	X-CEL A C	F	16	JF	0.49.37	0	0
400	947	2006	GERALD	STRUWIG	ALGOA AC	M	37	35-40M	0.49.40	2	0
401	145	1228	SANDRA	LYONS	ELITE A C	F	36	35-40F	0.49.42	2	0
402	334	1368	MARK	SANAN	ADT A C	M	52	50-54M	0.49.43	2	0
403	107	2073	DIRK	JANSEN	ALGOA AC	M	56	55-59M	0.49.44	2	0
404	556	556	MLUNGISI	MPOLWENI	TEMP	M	36	35-40M	0.49.48	0	0
405	346	1122	BOB	STEDMAN	ACHILLES AAA	M	56	55-59M	0.49.58	2	0
406	457	83	THOMAS	GROENER	P.E.A.A.C.	M	58	55-59M	0.50.02	2	0
407	103	589	ANDRE	HUNTER	CADBURY A C	M	38	35-40M	0.50.07	1	0
408	619	2119	GORDON	BEST	TEMP	M	39	35-40M	0.50.08	0	0
409	74	4	DAVID	FRASER	P.E.A.A.C.	M	67	65-69M	0.50.09	3	0
410	432	2038	ANTON	TALJAARDT	ALGOA AC	M	39	35-40M	0.50.11	0	0
411	888	888	CANZI	MJIKELISO	TEMP	M	21	SM	0.50.18	0	0
412	938	519	QUENTIN	BURRELL	X-CEL A C	M	43	40-44M	0.50.19	2	0
413	332	238	ABDOELAZIES	MADATT	MALABAR	M	43	40-44M	0.50.21	2	0
414	331	249	NURUNNISA	MADATT	MALABAR	F	43	40-44F	0.50.23	2	0
415	437	851	CARLOS	COSTA	LEGACY AC	M	34	SM	0.50.30	1	0
416	362	1737	KEITH	SEZOE	WILLARD BATT	M	35	35-40M	0.50.33	1	0
417	568	968	RIAAN	KLUE	TEMP	M	22	SM	0.50.34	0	0
418	935	2008	DANIEL	FERREIRA	ALGOA AC	M	47	45-49M	0.50.36	2	0
419	354	2032	MARIUS	NEL	ALGOA AC	M	47	45-49M	0.50.38	2	0
420	321	1083	GLANGER	NOBLE	EERSTERUST A C	M	48	45-49M	0.50.38	0	0
421	127	9157	LESTER	KIVIDO	CADBURY A C	M	16	JM	0.50.39	1	0
422	801	1018	JAMES	LAMONT	BODY CONCEPT	M	46	45-49M	0.50.40	2	0
423	480	2020	CHRIS	BEKKER	ALGOA AC	M	53	50-54M	0.50.41	2	0
424	186	1436	SONJA	OLIVIER	HARMONY AC EP	F	38	35-40F	0.50.48	2	0
425	865	2172	CHRIS	MULLER	MR PRICE NMMU	M	51	50-54M	0.50.49	2	0
426	785	1677	FREDDIE	MATTHEUS	PEB PRINT	M	37	35-40M	0.50.49	1	0
427	482	2120	GEORGE	JAMES	ALGOA AC	M	43	40-44M	0.50.52	1	0
428	390	1192	DORIS	LIBERTY	ELITE A C	F	46	45-49F	0.50.53	2	0
429	372	104	DEON	PRETORIUS	P.E.A.A.C.	M	47	45-49M	0.50.58	2	0
430	155	1561	LIZA	MASON	HARMONY AC EP	F	27	SF	0.50.59	2	0
431	148	587	WAYNE	MAGNUS	CADBURY A C	M	38	35-40M	0.51.02	1	0
432	921	315	JAN	KLUE	MUIRITE STRIDER	M	46	45-49M	0.51.04	2	0
433	234	1230	TREVOR	VAN EYCK	ELITE A C	M	44	40-44M	0.51.06	1	0
434	585	985	LYAL	SCHUMANN	TEMP	M	31	SM	0.51.10	0	0
435	387	1487	LAWRENCE	PLUM	HARMONY AC EP	M	55	55-59M	0.51.17	2	0
436	594	594	ELAINE	KOCK	TEMP	F	36	35-40F	0.51.26	0	0
437	836	1422	VUYISEKA	MNYAKANA	CONTINENTAL AC	F	18	JF	0.51.28	2	0
438	133	600	ESTELEEN	KRAMER	CADBURY A C	F	44	40-44F	0.51.29	2	0
439	41	943	LAVINIA	DARLOW	CHARLO R R	F	37	35-40F	0.51.33	2	0
440	388	1932	RIAAN	BOTHA	BLUEWATER BAY	M	37	35-40M	0.51.35	1	0
441	129	1114	GAIL	KLICHOWICZ	ACHILLES AAA	F	39	35-40F	0.51.39	2	0
442	591	591	HEIDI	LAMONT	TEMP	F	39	35-40F	0.51.42	0	0
443	339	1384	ANGELA	RUMSEY	ADT A C	F	37	35-40F	0.51.42	2	0
444	4	1151	LIZ	AUSTIN	ACHILLES AAA	F	47	45-49F	0.51.50	2	0
445	309	1554	OOSIE	OOSTHUIZEN	HARMONY AC EP	M	56	55-59M	0.51.52	2	0
446	191	1199	PETRA	PIENAAR	ELITE A C	F	42	40-44F	0.51.57	2	0
447	385	2069	CATHY	ALLERS	ALGOA AC	F	44	40-44F	0.51.58	2	0
448	459	1747	HENRY	THORNE	WILLARD BATT	M	52	50-54M	0.52.01	2	0
449	86	8008	GODFREY	GOLIATH	WILLARD BATT	M	43	40-44M	0.52.11	1	0

POS	R/NO	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
450	105	1744	LUCELLE	JAFTHA	WILLARD BATT	F	45	45-49F	0.52.12	2	0
451	986	876	EDDIE	NEL	LEGACY AC	M	34	SM	0.52.16	1	0
452	343	1002	SALOME	LOOTS	BODY CONCEPT	F	43	40-44F	0.52.18	2	0
453	209	1930	GLYNIS	SCOTT	BLUEWATER BAY	F	45	45-49F	0.52.20	2	0
454	183	590	NOLEEN	NORRIS	CADBURY A C	F	48	45-49F	0.52.22	2	0
455	327	1369	MONICA	KEMP	ADT A C	F	50	50-54F	0.52.24	2	0
456	100	1146	GERALD	HOXLEY	ACHILLES AAA	M	65	65-69M	0.52.26	2	0
457	219	2118	ANTON	SNYMAN	ALGOA AC	M	50	50-54M	0.52.26	2	0
458	58	22	RHONA	EMAANDIEN	P.E.A.A.C.	F	36	35-40F	0.52.27	2	0
459	282	336	ARNOLD	RAS	MUIRITE STRIDER	M	44	40-44M	0.52.28	1	0
460	398	2017	BENJAMIN	MARAIS	ALGOA AC	M	45	45-49M	0.52.28	1	0
461	371	1956	MARESA	AH KUN	BLUEWATER BAY	F	30	SF	0.52.29	1	0
462	54	1231	JOHANN	DORFLING	ELITE A C	M	48	45-49M	0.52.30	1	0
463	575	575	RYNO	DU PREEZ	TEMP	M	32	SM	0.52.32	0	0
464	576	576	KEITH	ROBINSON	TEMP	M	33	SM	0.52.33	0	0
465	102	1321	HENRY	HUMAN	VWAC	M	67	65-69M	0.52.39	2	0
466	299	7575	AMRIT	GANGARAM	SPARTAN A C	M	43	40-44M	0.52.44	0	0
467	558	558	NICO	NELL	TEMP	M	41	40-44M	0.52.48	0	0
468	319	1100	GARRETH	JACOBSON	ACHILLES AAA	M	30	SM	0.53.11	1	0
469	318	1068	PAUL	JOHNSON	BODY CONCEPT	M	38	35-40M	0.53.12	1	0
470	799	155	RICHARD	DE ANDRADE	P.E.A.A.C.	M	45	45-49M	0.53.13	1	0
471	349	709	GILLIAN	DEALTRY	CRUSADERS A C	F	47	45-49F	0.53.16	2	0
472	202	737	ROSEMARY	ROBINSON	CRUSADERS A C	F	45	45-49F	0.53.17	2	0
473	243	1205	ROZELLE	VON MOLENDORFF	ELITE A C	F	42	40-44F	0.53.18	2	0
474	150	606	PRISCILLA	MALEIBA	CADBURY A C	F	35	35-40F	0.53.22	1	0
475	959	1135	MOF	BOTHA	ACHILLES AAA	M	50	50-54M	0.53.24	1	0
476	169	1526	IVAN	MOSES	HARMONY AC EP	M	43	40-44M	0.53.27	1	0
477	344	1121	KOSIMA	BUSING-ANDERSON	ACHILLES AAA	F	29	SF	0.53.28	1	0
478	380	576	DAVID	SWANEPOEL	X-CEL A C	M	46	45-49M	0.53.29	1	0
479	951	548	HENRY	JANSEN	X-CEL A C	M	31	SM	0.53.30	1	0
480	406	1139	GRAHAM	NELL	ACHILLES AAA	M	54	50-54M	0.53.32	1	0
481	615	2115	PETRUS	HATTINGH	TEMP	M	39	35-40M	0.53.46	0	0
482	293	1515	YOLANDE	WATSON	HARMONY AC EP	F	44	40-44F	0.53.48	1	0
483	50	1470	MICHAEL	DEKKER	HARMONY AC EP	M	33	SM	0.53.49	1	0
484	569	569	GARY	KELLER	TEMP	M	54	50-54M	0.53.56	0	0
485	834	834	T	SMITH	TEMP	M	40	40-44M	0.53.57	0	0
486	42	752	DEREK	DAVIDSON	CRUSADERS A C	M	54	50-54M	0.54.04	1	0
487	303	1507	ANTON	SMIT	HARMONY AC EP	M	37	35-40M	0.54.04	1	0
488	450	2003	MARIUS	SCHOLTZ	ALGOA AC	M	42	40-44M	0.54.05	1	0
489	922	380	CAROL	MALLET	MUIRITE STRIDER	F	37	35-40F	0.54.06	1	0
490	64	567	SELWYN	FELIX	X-CEL A C	M	48	45-49M	0.54.06	1	0
491	56	726	ROBIN	ELBOURNE	CRUSADERS A C	F	48	45-49F	0.54.07	2	0
492	345	760	ALETTA	JOUBERT	CRUSADERS A C	F	44	40-44F	0.54.07	1	0
493	474	138	BAFUMANE	NYANGA	P.E.A.A.C.	M	45	45-49M	0.54.09	1	0
494	962	1921	ANDRE	KLEYNHANS	BLUEWATER BAY	M	43	40-44M	0.54.12	1	0
495	927	1120	COMINE	GIERZ	ACHILLES AAA	F	40	40-44F	0.54.13	1	0
496	589	589	SALLY	ROSE	TEMP	F	34	SF	0.54.14	0	0
497	206	532	YUSUF	SAMUELS	X-CEL A C	M	46	45-49M	0.54.17	1	0
498	47	1688	MANIE	DEDA	PEB PRINT	M	48	45-49M	0.54.21	1	0
499	342	1162	PETER	WHATLEY	ACHILLES AAA	M	40	40-44M	0.54.25	1	0
500	931	115	HENDRICK	SCHOLTZ	P.E.A.A.C.	M	47	45-49M	0.54.27	1	0
501	956	1738	BRATO	MALGAS	WILLARD BATT	M	46	45-49M	0.54.29	1	0
502	112	147	HILTON	JOHNSON	P.E.A.A.C.	M	38	35-40M	0.54.32	1	0
503	287	646	KAI	TARNOW	JEFFREYS BAY	M	67	65-69M	0.54.33	2	0
504	94	1620	DOROTHY	HART	PEB PRINT	F	68	65-69F	0.54.37	4	0
505	478	575	FRANKLIN	DE MONK	X-CEL A C	M	38	35-40M	0.54.40	1	0
506	797	80	WELLS	ANDERSON	P.E.A.A.C.	M	73	70-M	0.54.50	2	0
507	830	8	KERRY	CAIRNS	TEMP	M	25	SM	0.54.58	0	0
508	487	339	DANIEL	LE ROUX	MUIRITE STRIDER	M	43	40-44M	0.54.58	1	0
509	14	1109	SUSAN	BAYLIS	ACHILLES AAA	F	47	45-49F	0.55.06	1	0
510	13	1145	KEITH	BAYLIS	ACHILLES AAA	M	47	45-49M	0.55.06	1	0
511	335	1138	GEORGE	SCOTT	ACHILLES AAA	M	47	45-49M	0.55.07	1	0
512	364	95	JOSEPH	MCLEOD	P.E.A.A.C.	M	48	45-49M	0.55.13	1	0
513	251	582	PIET	WITBOOI	CADBURY A C	M	41	40-44M	0.55.20	1	0
514	861	1265	DAVID	GALLANT	ELITE A C	M	52	50-54M	0.55.24	1	0
515	361	1183	IAN	THOMSON	ACHILLES AAA	M	52	50-54M	0.55.25	1	0
516	850	31	CHRIS	VILJOEN	P.E.A.A.C.	M	58	55-59M	0.55.26	1	0
517	391	1761	NOLEEN	AMBRAAL DAVIDS	WILLARD BATT	F	36	35-40F	0.55.27	1	0
518	347	777	COLIN	MC ALL	CRUSADERS A C	M	56	55-59M	0.55.27	1	0
519	435	1229	RINA	BARNARD	ELITE A C	F	52	50-54F	0.55.34	2	0
520	597	597	MARKUS	KUNNEKE	TEMP	M	36	35-40M	0.55.34	0	0
521	283	2025	LAETITIA	SMITH	ALGOA AC	F	36	35-40F	0.55.35	1	0
522	937	2034	VERNA	CLAASSEN	ALGOA AC	F	43	40-44F	0.55.35	1	0
523	423	985	LUCAS	TITISI	CHARLO R R	M	31	SM	0.55.36	1	0
524	794	45	ADRIAN	PILZ	P.E.A.A.C.	M	43	40-44M	0.55.54	1	0

POS	R/NO	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
525	10	1270	RIAN	BARNARD	ELITE A C	M	37	35-40M	0.55.55	1	0
526	375	1731	GARY	PAUL	WILLARD BATT	M	41	40-44M	0.55.55	1	0
527	35	1601	ROBIN	CLARK	HARMONY AC EP	M	65	65-69M	0.55.56	1	0
528	957	509	MADELEINE	FOURIE	SPAR WALMER AC	F	28	SF	0.55.58	1	0
529	49	1505	HESTER	DEKKER	HARMONY AC EP	F	34	SF	0.55.59	1	0
530	164	1583	WERNER	MEYER	HARMONY AC EP	M	32	SM	0.55.59	1	0
531	310	1466	IVAN	COWLEY	HARMONY AC EP	M	46	45-49M	0.56.00	1	0
532	253	1517	JANETTE	WOOD	HARMONY AC EP	F	47	45-49F	0.56.02	1	0
533	948	78	MERVYN	PAPENFUS	P.E.A.A.C.	M	43	40-44M	0.56.05	1	0
534	604	2104	MICHELLE	MARAIS	TEMP	F	31	SF	0.56.07	0	0
535	620	2120	WILLIE	STEYNBERG	TEMP	M	43	40-44M	0.56.07	0	0
536	139	483	THERESA	LEMMER	SPAR WALMER AC	F	38	35-40F	0.56.14	1	0
537	393	1920	CHRISTA	MEUWESEN	BLUEWATER BAY	F	39	35-40F	0.56.18	1	0
538	40	1126	TOM	D'ARCY	ACHILLES AAA	M	60	60-64M	0.56.21	1	0
539	561	561	STANLEY	WITBOOI	TEMP	M	42	40-44M	0.56.29	0	0
540	610	2110	ANDRIES	THYSSE	TEMP	M	50	50-54M	0.56.30	0	0
541	229	2049	DESIREE	TITUS	ALGOA AC	F	40	40-44F	0.56.31	1	0
542	316	1360	MICHELLE	BRINKMAN	ADT A C	F	36	35-40F	0.56.35	1	0
543	974	2072	CHRISTOPHER	COCKCROFT	ALGOA AC	M	50	50-54M	0.56.35	1	0
544	815	1009	MARCELLE	HARRAN	BODY CONCEPT	F	51	50-54F	0.56.36	1	0
545	188	262	SADICK	PATHER	MALABAR	M	42	40-44M	0.56.37	1	0
546	80	1201	ENID	GERBER	ELITE A C	F	45	45-49F	0.56.38	1	0
547	963	1518	HANS	JANSEN	HARMONY AC EP	M	53	50-54M	0.56.39	1	0
548	579	579	ADELE	KORFF	TEMP	F	31	SF	0.56.48	0	0
549	220	2080	CHRISTINE	SNYMAN	ALGOA AC	F	49	45-49F	0.57.03	1	0
550	12	2016	LOUWRENS	BASSON	ALGOA AC	M	44	40-44M	0.57.04	1	0
551	833	833	LWAZI	BANZI	TEMP	M	15	JM	0.57.04	0	0
552	802	2188	HELOUISE	ERASMUS	MR PRICE NMMU	F	25	SF	0.57.06	1	0
553	424	2026	NEVILLE	MARTIN	ALGOA AC	M	46	45-49M	0.57.08	1	0
554	65	1481	JOHAN	FERREIRA	HARMONY AC EP	M	32	SM	0.57.12	1	0
555	315	1101	GERALD	BOUWER	ACHILLES AAA	M	62	60-64M	0.57.17	1	0
556	847	2242	NOELEEN	MASON	MR PRICE NMMU	F	45	45-49F	0.57.22	1	0
557	260	9403	HEINRICH	BASSON	CHARLO R R	M	15	JM	0.57.23	1	0
558	846	2248	LYNN	SLOGROVE	MR PRICE NMMU	F	53	50-54F	0.57.25	1	0
559	189	472	ALAN	PENNEY	SPAR WALMER AC	M	59	55-59M	0.57.26	1	0
560	82	2015	ROY	GERTENBACH	ALGOA AC	M	53	50-54M	0.57.33	1	0
561	314	771	VIV	BULLOCK	CRUSADERS A C	F	38	35-40F	0.57.43	1	0
562	37	2090	TERTIA	COETZEE	ALGOA AC	F	46	45-49F	0.57.51	1	0
563	89	2091	FERDINAND	GROBLER	ALGOA AC	M	47	45-49M	0.57.51	1	0
564	193	1172	GARY	POHLMANN	ACHILLES AAA	M	44	40-44M	0.57.52	1	0
565	43	495	CHARLENE	DE CONING	SPAR WALMER AC	F	41	40-44F	0.57.53	1	0
566	320	9462	AMANDA	LEMMER	SPAR WALMER AC	F	17	JF	0.57.54	1	0
567	111	499	LOYNES	JENKERSON	SPAR WALMER AC	M	64	60-64M	0.57.54	1	0
568	973	90	PHINEAS	MHLAULI	P.E.A.A.C.	M	55	55-59M	0.58.00	1	0
569	353	1367	NATALIA	POTGIETER	ADT A C	F	26	SF	0.58.01	1	0
570	351	1379	HELEN	MC LEAN	ADT A C	F	45	45-49F	0.58.02	1	0
571	22	592	XOLILE	BONAKELE	CADBURY A C	M	40	40-44M	0.58.30	1	0
572	356	256	TULSIDAS	NARAN	MALABAR	M	51	50-54M	0.58.33	1	0
573	36	2011	SHIRLEEN	CLARKE	ALGOA AC	F	43	40-44F	0.58.36	1	0
574	572	572	NOLUVUYO	KONDLEKA	TEMP	F	21	SF	0.58.51	0	0
575	454	2297	PIETER	STEYN	MR PRICE NMMU	M	47	45-49M	0.58.57	1	0
576	273	1000	ROY	HEINE	CHARLO R R	M	50	50-54M	0.58.57	1	0
577	304	1485	RIAN	OLIVIER	HARMONY AC EP	M	35	35-40M	0.58.59	1	0
578	452	92	ADRI	PRETORIUS	P.E.A.A.C.	F	46	45-49F	0.59.01	1	0
579	19	1832	LYNETTE	BILLSON	HUMANSDORP A C	F	46	45-49F	0.59.02	1	0
580	446	579	MTHUMZI	NGCELWANE	X-CEL A C	M	49	45-49M	0.59.10	1	0
581	187	27	GESINA	OOSTHUIZEN	P.E.A.A.C.	F	47	45-49F	0.59.13	1	0
582	28	23	SHANE	BROWN	P.E.A.A.C.	M	45	45-49M	0.59.13	1	0
583	109	601	CARMEN	JANTJIES	CADBURY A C	F	33	SF	0.59.16	1	0
584	384	1608	SHAHEED	ABRAHAMS	HARMONY AC EP	M	44	40-44M	0.59.25	1	0
585	8	1433	ANNEMARIE	BARNARD	HARMONY AC EP	F	20	SF	0.59.35	1	0
586	851	851	BULELWA	KOTA	TEMP	F	28	SF	0.59.58	0	0
587	606	2106	MARIUS	MARX	TEMP	M	36	35-40M	1.00.08	0	0
588	595	595	RUFUS	LANGEVELDT	TEMP	M	34	SM	1.00.12	0	0
589	596	596	A	VAN RENSBURG	TEMP	F	27	SF	1.00.24	0	0
590	826	1296	NTOMBEKHAYA	NDOLONGA	CONTINENTAL AC	F	24	SF	1.00.33	1	0
591	45	2048	REHANA	DE MAINE	ALGOA AC	F	39	35-40F	1.00.33	1	0
592	317	1372	BRYAN	BRINKMAN	ADT A C	M	31	SM	1.00.34	1	0
593	803	258	SHAHEED	LOONAT	MALABAR	M	38	35-40M	1.00.49	1	0
594	997	236	YOUNUS	AMOD	MALABAR	M	53	50-54M	1.00.50	1	0
595	800	251	SIVA	MOODALEY	MALABAR	M	64	60-64M	1.00.52	1	0
596	807	255	RAMU	NAIDOO	MALABAR	M	56	55-59M	1.00.53	1	0
597	268	976	ALMA	FOURIE	CHARLO R R	F	48	45-49F	1.00.57	1	0
598	266	945	BRUCE	DARLOW	CHARLO R R	M	35	35-40M	1.00.59	1	0
599	925	770	SAMANTHA	COUZYN	CRUSADERS A C	F	35	35-40F	1.01.03	1	0

POS	R/NO	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
600	365	94	RENE	MCLEOD	P.E.A.A.C.	F	48	45-49F	1.01.05	1	0
601	222	655	RETHA	SNYMAN	JEFFREYS BAY	F	59	55-59F	1.01.08	1	0
602	374	2234	SIPHOKAZI	MATIWANE	MR PRICE NMMU	F	23	SF	1.01.30	1	0
603	583	588	STEPHEN	DOLLER	TEMP	M	45	45-49M	1.01.30	0	0
604	451	1637	MATTHYS	SONNEKUS	PEB PRINT	M	47	45-49M	1.01.38	1	0
605	93	9366	DEBBIE	HARMSE	MUIRITE STRIDER	F	18	JF	1.01.38	1	0
606	618	2118	ROSEMARIE	MAPALING	TEMP	F	35	35-40F	1.02.06	0	0
607	617	2117	JILIAN	CLAASEN	TEMP	F	36	35-40F	1.02.06	0	0
608	770	770	LINTON	LE GRANGE	X-CEL A C	M	39	35-40M	1.02.25	1	0
609	264	2001	NICOLAAS	CLAASSEN	ALGOA AC	M	52	50-54M	1.02.32	1	0
610	886	886	BEKEKILE	THAFENI	TEMP	F	30	SF	1.02.38	0	0
611	431	1944	LORRAINE	GOUWS	TEMP	F	40	40-44F	1.02.54	0	0
612	248	799	ODETTE	VOSLOO	CRUSADERS A C	F	46	45-49F	1.03.07	1	0
613	115	964	GRAHAM	JORGENSEN	CHARLO R R	M	68	65-69M	1.03.08	1	0
614	106	1636	CAROLINA	JANSE VAN RENSBURG	PEB PRINT	F	44	40-44F	1.03.20	1	0
615	143	644	WILLIE	LOUW	JEFFREYS BAY	M	65	65-69M	1.03.21	1	0
616	330	56	SILVIA	EDWORTHY	P.E.A.A.C.	F	42	40-44F	1.03.31	1	0
617	386	541	FILIDA	PIEDT	X-CEL A C	F	37	35-40F	1.03.32	1	0
618	479	530	INGRID	DE MONK	X-CEL A C	F	39	35-40F	1.03.33	1	0
619	949	72	IDA	PAPENFUS	P.E.A.A.C.	F	44	40-44F	1.03.58	1	0
620	462	331	MARGARET	DU TOIT	MUIRITE STRIDER	F	44	40-44F	1.04.05	1	0
621	269	998	ROBERT	GALLOWAY	CHARLO R R	M	54	50-54M	1.04.06	1	0
622	983	667	HAZEL	ROSSOUW	JEFFREYS BAY	F	52	50-54F	1.04.35	1	0
623	829	829	THOMAS	KUHN	TEMP	M	26	SM	1.04.36	0	0
624	323	860	MARLENE	HERSELMAN	LEGACY AC	F	44	40-44F	1.04.49	1	0
625	322	865	ESLY	STRYDOM	LEGACY AC	F	61	60-64F	1.04.50	1	0
626	232	1222	CHARLOTTE	VAN COLLER	ELITE A C	F	37	35-40F	1.04.55	1	0
627	72	1203	HELEN	FOURIE	ELITE A C	F	36	35-40F	1.04.55	1	0
628	70	1204	ANDRE	FOURIE	ELITE A C	M	58	55-59M	1.04.56	1	0
629	324	1679	GENEVIEVE	LAYCOCK	PEB PRINT	F	37	35-40F	1.05.19	1	0
630	965	69	LAURANCE	HEYDENRYCH	P.E.A.A.C.	M	63	60-64M	1.05.30	1	0
631	280	329	ORGIA	NELL	MUIRITE STRIDER	F	62	60-64F	1.05.33	1	0
632	228	1541	NICOLETTE	TERBLANCHE	HARMONY AC EP	F	33	SF	1.05.40	1	0
633	218	20	BRIAN	SMITH	P.E.A.A.C.	M	63	60-64M	1.05.41	1	0
634	609	609	GAVIN	TRENF	TEMP	M	39	35-40M	1.05.47	0	0
635	104	939	MELISSA	JACKSON	MUIRITE STRIDER	F	36	35-40F	1.05.48	1	0
636	76	941	GARY	FRIEND	CHARLO R R	M	60	60-64M	1.06.02	1	0
637	578	578	JUAN	FERREIRA	TEMP	M	28	SM	1.06.27	0	0
638	63	547	KEVIN	FELIX	X-CEL A C	M	42	40-44M	1.06.28	1	0
639	622	2122	ELIZE	LYELL	TEMP	F	48	45-49F	1.06.29	0	0
640	946	2037	ERIKA	STRUWIG	ALGOA AC	F	37	35-40F	1.06.29	1	0
641	439	79	VERONICA	BOSHOFF	P.E.A.A.C.	F	45	45-49F	1.06.30	1	0
642	29	24	SHARON	BROWN	P.E.A.A.C.	F	52	50-54F	1.06.34	1	0
643	24	2023	HENRY	BOTHA	ALGOA AC	M	79	70+M	1.06.34	1	0
644	605	2105	HELENA	BURBO	TEMP	F	22	SF	1.06.37	0	0
645	211	881	SHELDINE	SEPTOE	LEGACY AC	F	44	40-44F	1.07.06	1	0
646	217	1545	BERENICE	SMITH	HARMONY AC EP	F	41	40-44F	1.07.07	1	0
647	566	566	A	SEARLE	TEMP	M	44	40-44M	1.07.07	0	0
648	265	942	BEVERLEY	DARLOW	CHARLO R R	F	34	SF	1.07.26	1	0
649	116	963	SHIRLEY	JORGENSEN	CHARLO R R	F	64	60-64F	1.07.44	1	0
650	869	869	EDDIE	PETER	TEMP	M	31	SM	1.08.04	0	0
651	95	1434	DIANNE	HARTZENBERG	HARMONY AC EP	F	47	45-49F	1.08.13	1	0
652	603	2103	GEORGINA	BOSWELL	TEMP	F	30	SF	1.08.20	0	0
653	313	494	STEPHANIE	HAY	SPAR WALMER AC	F	50	50-54F	1.08.27	1	0
654	134	338	LIANA	LABUSCHAGNE	MUIRITE STRIDER	F	43	40-44F	1.08.29	1	0
655	114	505	SILVIA	JONCK	SPAR WALMER AC	F	44	40-44F	1.08.40	1	0
656	340	1351	CHRIS	CLEGG	ADT A C	M	46	45-49M	1.08.41	1	0
657	414	2218	LETITIA	STRAUSS	MR PRICE NMMU	F	26	SF	1.09.57	1	0
658	464	1197	ESTELLE	BARTHERS	ELITE A C	F	44	40-44F	1.10.33	1	0
659	185	2024	DEBBIE	OELOFSE	ALGOA AC	F	59	55-59F	1.10.39	1	0
660	357	600	ZEB	LUHABE	REAL GJIMAS	M	79	70+M	1.10.52	0	0
661	363	500	LYNDA	KLEINHANS	SPAR WALMER AC	F	39	35-40F	1.10.55	1	0
662	227	473	DENISE	TERBLANCHE	SPAR WALMER AC	F	58	55-59F	1.10.56	1	0
663	600	600	ELZAAN	VAN WYK	TEMP	F	21	SF	1.11.08	0	0
664	599	599	SANEL	VAN WY	TEMP	F	21	SF	1.11.09	0	0
665	598	598	SEVERIUS	JANSE VAN RENSBURG	TEMP	M	25	SM	1.11.10	0	0
666	138	1209	LAURA	LE ROUX	ELITE A C	F	43	40-44F	1.11.12	1	0
667	137	1210	JAN	LE ROUX	ELITE A C	M	46	45-49M	1.11.13	1	0
668	270	951	JUDY	HEINE	CHARLO R R	F	29	SF	1.11.32	1	0
669	326	773	GAYNOR	LAURIE	CRUSADERS A C	F	56	55-59F	1.11.33	1	0
670	271	997	KEVIN	HEINE	CHARLO R R	M	42	40-44M	1.11.52	1	0
671	409	353	JOY	GROBLER	MUIRITE STRIDER	F	50	50-54F	1.11.52	1	0
672	376	868	STEPHANIE	PAUL	LEGACY AC	F	39	35-40F	1.12.05	1	0
673	389	1751	MARGARET	FILLIS	WILLARD BATT	F	46	45-49F	1.12.17	1	0
674	263	2002	HENDRINA	CLAASSEN	ALGOA AC	F	49	45-49F	1.13.10	1	0

POS	R/NO	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
675	279	323	HANNA	MYBURGH	MUIRITE STRIDER	F	57	55-59F	1.13.44	1	0
676	288	2104	ELSEBE	TERBLANCHE	ALGOA AC	F	38	35-40F	1.13.45	1	0
677	286	2004	AMANDA	SYMINGTON	ALGOA AC	F	48	45-49F	1.13.46	1	0
678	792	650	VAL	SANDOW	JEFFREYS BAY	F	60	60-64F	1.14.10	1	0
679	262	2018	ANNELIE	BOTHA	ALGOA AC	F	42	40-44F	1.14.22	1	0
680	1999	1999		UNKNOWN	TEMP	M	31	SM	1.14.25	0	0
681	592	592	MANIE	NEL	TEMP	M	48	45-49M	1.14.26	0	0
682	192	947	EUSENTHA	PILLAY	CHARLO R R	F	40	40-44F	1.14.57	1	0
683	325	703	KAREN	DUFFELL-CANHAM	CRUSADERS A C	F	53	50-54F	1.15.11	1	0
684	455	14	MARIETA	VOSLOO	P.E.A.A.C.	F	50	50-54F	1.15.25	1	0
685	62	1602	CAROL	EYBERS	HARMONY AC EP	F	42	40-44F	1.15.39	1	0
686	173	1225	ERNEST	NAGEL	ELITE A C	M	45	45-49M	1.15.41	1	0
687	392	546	DIANA	APPOLLIS	X-CEL A C	F	41	40-44F	1.15.53	1	0
688	46	385	MARINDA	DE VRIES	MUIRITE STRIDER	F	43	40-44F	1.18.21	1	0
689	805	52	JUANITA	VAN ROOYEN	P.E.A.A.C.	F	54	50-54F	1.18.30	1	0
690	78	645	HENNIE	GELDENHUYS	JEFFREYS BAY	M	61	60-64M	1.18.44	1	0
691	180	305	CAROL	NEPGEN	KOWIE STRIDERS	F	55	55-59F	1.19.11	1	0
692	181	307	JEAN	NEPGEN	KOWIE STRIDERS	M	61	60-64M	1.19.19	1	0
693	126	378	LEVONA	KILLIAN	MUIRITE STRIDER	F	42	40-44F	1.20.07	1	0
694	296	457	STOMPIE	KILLIAN	MUIRITE STRIDER	F	50	50-54F	1.20.07	0	0
695	559	559	ELSKE	HURTER	TEMP	F	33	SF	1.20.12	0	0
696	560	560	LEIGH	ARMSTRONG	TEMP	F	37	35-40F	1.20.13	0	0
697	412	9426	ROZANNE	ELS	ELITE A C	F	18	JF	1.20.41	1	0
698	51	2028	MAUREEN	DICKASON	ALGOA AC	F	49	45-49F	1.21.28	1	0
699	239	351	DEIDRE	VAN WYK	MUIRITE STRIDER	F	38	35-40F	1.21.43	1	0
701	819	819	GEORGINA	NGCOKO	TEMP	F	30	SF	1.27.59	0	0
702	614	2114	FRANS	LABUSCHAGNE	TEMP	M	47	45-49M	1.28.29	0	0
703	176	1327	ADELE	NEL	VWAC	F	47	45-49F	1.31.17	0	0
704	244	1207	ENGELA	VON MOLLENDORF	ELITE A C	F	58	55-59F	1.31.23	0	0
HELPERS RUN											
H1	4001	214	DAVIS	SETLHAUNO	ST ALBANS CSEP	M	28	SM	0.37.26	4	0
H2	4002	919	NKOSIKHONA	SONJANI	ST ALBANS CSEP	M	24	SM	0.39.34	3	0
H3	4003	210	BONGANI	MAZIBUKO	ST ALBANS CSEP	M	39	35-40M	0.40.50	3	0
H4	4004	207	GRAHAM	BUBB	ST ALBANS CSEP	M	38	35-40M	0.41.15	3	0
H5	4005	224	GERRIT	WELGEMOED	ST ALBANS CSEP	M	42	40-44M	0.43.22	3	0
H6	4006	225	KERNEELS	MEINTJIES	ST ALBANS CSEP	M	46	45-49M	0.44.13	3	0
H7	4007	209	ARTHUR	WILLIAMS	ST ALBANS CSEP	M	43	40-44M	0.46.02	2	0
H8	4008	230	GERHARD	LEMMER	ST ALBANS CSEP	M	39	35-40M	0.46.36	2	0
H9	4009	234	PIERRE	STANDER	ST ALBANS CSEP	M	42	40-44M	0.48.10	2	0
H10	4010	220	BENNIE	THYSSE	ST ALBANS CSEP	M	48	45-49M	0.49.38	2	0
H11	4011	206	RONALD	STURGISS	ST ALBANS CSEP	M	39	35-40M	0.49.44	2	0
H12	4012	204	ANTON	FOURIE	ST ALBANS CSEP	M	45	45-49M	0.49.59	2	0
H13	4013	218	ANDRE	LANDMAN	ST ALBANS CSEP	M	53	50-54M	0.50.38	2	0
H14	4014	213	JEROME	SOLOMONS	ST ALBANS CSEP	M	33	SM	0.52.08	1	0
H15	4015	922	CHANTEL	VAN STADEN	ST ALBANS CSEP	F	22	SF	0.52.09	1	0
H16	4016	923	MARIO	KOEN	ST ALBANS CSEP	M	23	SM	0.52.18	1	0
H17	4017	223	SHARON	SMUTS	ST ALBANS CSEP	F	39	35-40F	0.52.26	2	0
H18	4018	233	WILMA	STANDER	ST ALBANS CSEP	F	41	40-44F	0.53.02	2	0
H19	4019	216	HENRY	DANIELSON	ST ALBANS CSEP	M	41	40-44M	0.55.53	1	0
H20	4020	226	KAREN	MELS	ST ALBANS CSEP	F	40	40-44F	0.57.52	1	0
H21	4021	215	MARIUS	VAN DEVENTER	ST ALBANS CSEP	M	35	35-40M	0.58.04	1	0
H22	4022	202	LOUIS	RUDMAN	ST ALBANS CSEP	M	49	45-49M	1.02.31	1	0
H23	4023	231	ERICA	FOREMAN	ST ALBANS CSEP	F	35	35-40F	1.02.31	1	0
H24	4024	229	SHIRLEY	MOSTERT	ST ALBANS CSEP	F	41	40-44F	1.02.33	1	0
H25	4025	219	RENE	POTGIETER	ST ALBANS CSEP	F	46	45-49F	1.08.12	1	0