

ANDRE VAN COLLER MEMORIAL 21.1KM (EP CHAMPS) - PORT ELIZABETH - 2006/05/13

POS	R/NO	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
1	702	180	GEORGE	NTSHILIZA	LIBERTY NIKE EP	M	26	SM	1.05.20	5	25
2	470	193	WAYNE	GALLANT	LIBERTY NIKE EP	M	31	SM	1.05.29	5	24
3	182	175	LAWRENCE	NTANTISO	LIBERTY NIKE EP	M	30	SM	1.05.35	5	23
4	332	1426	MZWANELE	MAPHEKULA	MR PRICE NMMU	M	29	SM	1.05.51	5	22
5	520	183	SIMON	NGCOKO	LIBERTY NIKE EP	M	36	35-40M	1.07.37	5	21
6	340	2255	PHUMZILE	SIKAWUTI	MR PRICE NMMU	M	26	SM	1.07.43	5	20
7	853	1570	MKHULULI	MBEJENI	HARMONY AC EP	M	23	SM	1.07.55	5	19
8	336	2219	SANDILE	NGUNUZA	MR PRICE NMMU	M	23	SM	1.08.40	5	18
9	858	1534	LUYANDA	TSHANGANA	HARMONY AC EP	M	22	SM	1.08.50	5	17
10	331	1537	ANELE	MALIZA	HARMONY AC EP	M	28	SM	1.09.11	5	16
11	338	2269	MICHAEL	SCOUT	MR PRICE NMMU	M	43	40-44M	1.09.25	5	15
12	602	199	MASANDE	MLONYENI	LIBERTY NIKE EP	M	25	SM	1.09.36	5	14
13	863	1979	VUYISA	NKONZE	ABERDARE CABLES	M	23	SM	1.10.04	5	13
14	534	283	MZOLISI	MAKANDA	LIBERTY NIKE EP	M	23	SM	1.10.14	5	12
15	480	1448	MELIKHAYA	KEPE	HARMONY AC EP	M	29	SM	1.10.19	5	11
16	569	1411	MILA	PASIYA	CONTINENTAL AC	M	26	SM	1.10.28	5	10
17	85	179	TRESH	JAVU	LIBERTY NIKE EP	M	32	SM	1.11.32	5	9
18	267	1153	ISAAC	NTLAPE	ACHILLES AAA	M	22	SM	1.11.34	5	8
19	574	177	SIMPHIWE	NTANTISO	LIBERTY NIKE EP	M	35	35-40M	1.11.42	5	7
20	850	1385	DERRICK	DUBASE	ADT A C	M	31	SM	1.12.12	5	6
21	330	1536	KGOTSO	MAJARA	HARMONY AC EP	M	25	SM	1.12.37	5	5
22	328	2187	CHRISTOPHER	MABENGEZA	MR PRICE NMMU	M	39	35-40M	1.12.51	5	4
23	265	1562	KELLY	SOYAMBA	HARMONY AC EP	M	28	SM	1.13.24	5	3
24	307	163	BULELINI	NIWA	P.E.A.A.C.	M	20	SM	1.14.02	5	2
25	50	1456	AUGUST	ESAU	HARMONY AC EP	M	35	35-40M	1.14.23	5	1
26	899	1285	DEON	APPOLLIS	HARMONY AC EP	M	26	SM	1.14.42	5	0
27	849	1606	THEMBINKOSI	NDYOGOLO	HARMONY AC EP	M	37	35-40M	1.14.43	5	0
28	465	1393	NKOSINATHI	BIYANA	CONTINENTAL AC	M	30	SM	1.14.43	5	0
29	605	1429	DANNY	HARTZENBERG	HARMONY AC EP	M	29	SM	1.15.01	5	0
30	860	1501	GCOBANI	BEKWAPI	HARMONY AC EP	M	26	SM	1.15.10	5	0
31	859	1578	THOBILE	XATA	HARMONY AC EP	M	31	SM	1.15.50	5	0
32	533	1975	KENNETH	MENZE	ABERDARE CABLES	M	44	40-44M	1.15.50	5	0
33	237	628	EFESE	PETER	SANDEP	M	45	45-49M	1.16.17	5	0
34	191	445	DARRELL	WICHT	NEW BALANCE	M	43	40-44M	1.16.31	5	0
35	554	1577	THEMBEKILE	MSIPA	HARMONY AC EP	M	31	SM	1.16.38	5	0
36	326	1444	WELCOME	LOLIWE	HARMONY AC EP	M	41	40-44M	1.16.46	5	0
37	310	6666	PIET	BOESAK	MR PRICE NMMU	M	42	40-44M	1.16.53	5	0
38	111	1185	MICHAEL	MAGSON	ACHILLES AAA	M	30	SM	1.17.01	5	0
39	197	9369	XOLISILE	GINGQINI	MUIRITE STRIDER	M	17	JM	1.17.08	5	0
40	558	2238	RYAN	PETER	MR PRICE NMMU	M	22	SM	1.17.33	5	0
41	490	326	VUSUMZI	THOMPSON	MUIRITE STRIDER	M	21	SM	1.17.55	5	0
42	506	1591	MNCEDISI	YAWA	HARMONY AC EP	M	41	40-44M	1.17.57	5	0
43	496	441	ADRIAN	GOUWS	NEW BALANCE	M	33	SM	1.18.03	5	0
44	612	241	WILLEM	BOUWERS	MALABAR	M	35	35-40M	1.18.08	5	0
45	291	1301	GILROY	DOMINGO	VWAC	M	33	SM	1.18.23	5	0
46	463	1394	SIPHELO	NYOKA	CONTINENTAL AC	M	28	SM	1.18.29	5	0
47	239	1443	ARTHUR	REYNOLDS	MIDACK A C	M	29	SM	1.18.45	0	0
48	333	2214	AYANDA	MAYI	MR PRICE NMMU	M	26	SM	1.18.46	5	0
49	752	9198	SHAUN	TOM	HARMONY AC EP	M	18	JM	1.18.51	5	0
50	854	1430	PHIKOLOMZI	FEZI	HARMONY AC EP	M	23	SM	1.19.00	5	0
51	567	1622	MBONGENI	NOBUMBA	PEB PRINT	M	31	SM	1.19.01	4	0
52	322	1566	RIAAN	KOCK	HARMONY AC EP	M	36	35-40M	1.19.20	5	0
53	323	21	COLBEN	NGCUPE	P.E.A.A.C.	M	42	40-44M	1.19.22	5	0
54	462	1390	MALUNGISA	OLAYI	CONTINENTAL AC	M	27	SM	1.19.26	4	0
55	187	446	ANDRE	DALTON	NEW BALANCE	M	45	45-49M	1.19.26	5	0
56	1225	1225	WILLIAM	SAWOLE	TEMP	M	29	SM	1.19.30	0	0
57	505	1497	SIDWELL	BALIWE	HARMONY AC EP	M	34	SM	1.19.31	4	0
58	500	9388	PHUMLANI	NGCOKO	LIBERTY NIKE EP	M	19	JM	1.20.08	4	0
59	464	1406	THAMSANQA	MANGI	CONTINENTAL AC	M	21	SM	1.20.28	4	0
60	1465	1465	WELCOME	JELA	TEMP	M	37	35-40M	1.20.30	0	0
61	112	1571	LUNGISILE	MANGQINGWANA	HARMONY AC EP	M	36	35-40M	1.20.37	5	0
62	303	105	LUNTU	KHOBO	P.E.A.A.C.	M	20	SM	1.20.38	4	0
63	250	1757	MERVYN	JOHNSON	WILLARD BATT	M	32	SM	1.20.54	4	0
64	467	1752	KAASHIF	PIETERSEN	WILLARD BATT	M	29	SM	1.20.54	4	0
65	865	189	NELSON	QAWE	LIBERTY NIKE EP	M	41	40-44M	1.21.04	5	0
66	486	9368	NTSIKELELO	KHOBO	MUIRITE STRIDER	M	18	JM	1.21.43	4	0
67	1010	173	ZINAKILE	SOYAMBA	LIBERTY NIKE EP	M	53	50-54M	1.21.52	5	0
68	466	1732	VERNON	NEWFELDT	WILLARD BATT	M	40	40-44M	1.22.01	5	0
69	19	1457	STEPHAN	BOTHA	HARMONY AC EP	M	37	35-40M	1.22.03	4	0
70	51	1587	GRAHAM	ESHMADE	HARMONY AC EP	M	28	SM	1.22.12	4	0
71	532	130	MZUKISI	KLAAS	P.E.A.A.C.	M	37	35-40M	1.22.22	4	0
72	1237	1237	PAUL	BENNETT	TEMP	M	22	SM	1.22.39	0	0
73	69	2091	FERDINAND	GROBLER	ALGOA AC	M	47	45-49M	1.22.40	5	0
74	41	442	NEIL	DE MEILLON	NEW BALANCE	M	43	40-44M	1.22.41	5	0

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75	344	9253	RUAN	SMALBERGER	HARMONY AC EP	M	16	JM	1.22.41	4	0
76	194	194		UNKNOWN	UNKNOWN	M	31	SM	1.22.42	0	0
77	30	1353	ADRIAN	CLARKE	ADT A C	M	41	40-44M	1.22.43	5	0
78	556	571	RICHWELL	DAMA	X-CEL A C	M	23	SM	1.22.47	4	0
79	100	1058	ERROL	KOERT	EBENEZER	M	30	SM	1.22.51	4	0
80	156	203	BILLY BOY	KIETAS	ST ALBANS CSEP	M	31	SM	1.23.15	4	0
81	514	1163	ROBIN	FOURIE	ACHILLES AAA	M	43	40-44M	1.23.16	5	0
82	1226	1226	DINGAAN	LEGOA	TEMP	M	20	SM	1.23.18	0	0
83	502	162	PHILBERT	TYOMBO	P.E.A.A.C.	M	43	40-44M	1.23.27	5	0
84	523	1127	BRADLEY	MACKENZIE	ACHILLES AAA	M	34	SM	1.23.33	3	0
85	385	1593	SIZWE	SOLANI	HARMONY AC EP	M	30	SM	1.23.35	3	0
86	376	186	FIKILE	SEYA	LIBERTY NIKE EP	M	53	50-54M	1.23.37	5	0
87	403	2012	HENDRIK	VAN WYK	ALGOA AC	M	42	40-44M	1.23.46	4	0
88	507	1741	CYRIL	UITHALER	WILLARD BATT	M	43	40-44M	1.24.00	4	0
89	1021	971	JEFFREY	VAN NIEKERK	CHARLO R R	M	33	SM	1.24.09	3	0
90	481	1056	XOLANI	NDUKUMBANA	EBENEZER	M	26	SM	1.24.14	3	0
91	861	9400	MELIKHAYA	NONZE	HARMONY AC EP	M	18	JM	1.24.36	3	0
92	1279	1279	ANDREW	STUART	TEMP	M	38	35-40M	1.24.38	0	0
93	469	257	SIERAAGH	NORDIEN	MALABAR	M	42	40-44M	1.24.45	4	0
94	1236	1236	JABULANI	DUBE	TEMP	M	35	35-40M	1.25.01	0	0
95	354	1546	MZWANDILE	YOKWE	HARMONY AC EP	M	36	35-40M	1.25.03	4	0
96	510	214	DAVIS	SETLHAUNO	ST ALBANS CSEP	M	28	SM	1.25.07	3	0
97	488	185	TAMSANQA	JUSAYI	LIBERTY NIKE EP	M	64	60-64M	1.25.09	5	0
98	47	1354	HANNES	ELS	ADT A C	M	56	55-59M	1.25.13	5	0
99	511	210	BONGANI	MAZIBUKO	ST ALBANS CSEP	M	39	35-40M	1.25.21	4	0
100	530	38	RICHARD	NOSILELA	P.E.A.A.C.	M	42	40-44M	1.25.30	4	0
101	498	151	BRAMLEY	DERROCKS	P.E.A.A.C.	M	32	SM	1.25.34	3	0
102	251	1604	LEANNE	FINLAY	HARMONY AC EP	F	38	35-40F	1.25.40	5	25
103	553	1329	JAYSEF	AHKEE	P.E.A.A.C.	M	22	SM	1.26.00	3	0
104	179	722	BARON	NAUDE	CRUSADERS A C	M	28	SM	1.26.10	3	0
105	140	1168	ANDREW	PORTER	ACHILLES AAA	M	34	SM	1.26.11	3	0
106	91	1739	BRIAN	JONAS	WILLARD BATT	M	45	45-49M	1.26.34	5	0
107	1	1032	JACOB	ABRAHAM	BODY CONCEPT	M	39	35-40M	1.26.42	3	0
108	118	1776	NELSON	MGUBASI	WILLARD BATT	M	48	45-49M	1.26.46	5	0
109	84	603	STANTON	JANTJIES	CADBURY A C	M	29	SM	1.26.49	3	0
110	394	1762	LEONARD	ERASMUS	WILLARD BATT	M	48	45-49M	1.26.51	5	0
111	538	538		UNKNOWN	UNKNOWN	M	31	SM	1.26.53	0	0
112	478	1632	ALAN	TAYLOR	PEB PRINT	M	48	45-49M	1.26.55	5	0
113	866	1053	RODGER	GYSMAN	EBENEZER	M	32	SM	1.27.01	3	0
114	225	1441	PETER	VAN RENSBURG	HARMONY AC EP	M	47	45-49M	1.27.02	5	0
115	110	1110	DAVERA	MAGSON	ACHILLES AAA	F	31	SF	1.27.24	5	24
116	115	1156	BRUCE	MCEWAN	ACHILLES AAA	M	52	50-54M	1.27.25	5	0
117	575	1491	DEON	PRETORIUS	HARMONY AC EP	M	40	40-44M	1.28.10	3	0
118	871	623	JOHNNY	MALGAS	SANDF EP	M	46	45-49M	1.28.27	4	0
119	311	1595	GEORGE	BUKA	HARMONY AC EP	M	36	35-40M	1.28.46	3	0
120	347	2265	SINDILE	SOMKE	MR PRICE NMMU	M	29	SM	1.28.47	3	0
121	851	1508	ZOLEKA	DONDASHE	HARMONY AC EP	F	20	SF	1.28.49	5	23
122	512	50	BONISILE	FULMENI	P.E.A.A.C.	M	43	40-44M	1.28.54	3	0
123	405	999	FRED	VERRALL	CHARLO R R	M	57	55-59M	1.29.29	5	0
124	402	1610	CALLIE	VAN NIEKERK	HARMONY AC EP	M	38	35-40M	1.29.35	3	0
125	1020	1552	MOTHUSI	HOYI	HARMONY AC EP	M	42	40-44M	1.29.41	3	0
126	473	343	ERIC	MATHYS	MUIRITE STRIDER	M	43	40-44M	1.29.46	3	0
127	874	1003	MARIUS	VAN EYK	BODY CONCEPT	M	41	40-44M	1.29.52	3	0
128	369	1479	MARGIE	SAUNDERS	HARMONY AC EP	F	52	50-54F	1.29.59	5	22
129	373	30	ROBERT	SCOTT	P.E.A.A.C.	M	53	50-54M	1.30.02	5	0
130	400	9456	GARTH	VAN ECK	BLUEWATER BAY	M	16	JM	1.30.16	3	0
131	1232	1232	ATHOL	HOLMES	RHODES UNIVERSI	M	20	SM	1.30.37	0	0
132	517	460	DENVER	BIRCH	MUIRITE STRIDER	M	19	SM	1.30.43	3	0
133	515	1416	RHOKOZANI	KUMBACA	CONTINENTAL AC	M	24	SM	1.30.46	3	0
134	1011	196	GRIZELDA	PIETERSEN	LIBERTY NIKE EP	F	37	35-40F	1.30.53	5	21
135	327	9291	ZILINDILE	SIVETSHE	P.E.A.A.C.	M	15	JM	1.31.03	3	0
136	561	1446	RAYMOND	WEITZ	HARMONY AC EP	M	51	50-54M	1.31.04	5	0
137	63	1957	EDDIE	GILLMORE	BLUEWATER BAY	M	48	45-49M	1.31.05	4	0
138	401	1010	JAN	VAN EEDEN	HARMONY AC EP	M	47	45-49M	1.31.07	4	0
139	1250	700	BRIAN	MERRINGTON	JEFFREYS BAY	M	59	55-59M	1.31.13	5	0
140	200	207	GRAHAM	BUBB	ST ALBANS CSEP	M	38	35-40M	1.31.18	3	0
141	519	1698	DONALD	MANCASA	PEB PRINT	M	52	50-54M	1.31.20	5	0
142	392	1462	CARL	TERBLANCHE	HARMONY AC EP	M	36	35-40M	1.31.34	3	0
143	124	1666	SIPHO	NCANDANA	PEB PRINT	M	50	50-54M	1.31.56	5	0
144	489	9395	GIDEON	VAN DER KOLF	CRUSADERS A C	M	17	JM	1.32.01	2	0
145	484	710	MICHAEL	BARNARDO	CRUSADERS A C	M	38	35-40M	1.32.04	3	0
146	258	136	ERROL	ROSSOUW	P.E.A.A.C.	M	56	55-59M	1.32.05	5	0
147	393	1182	PAT	THOMSON	ACHILLES AAA	F	46	45-49F	1.32.08	5	20
148	240	1548	MATI	JACK	HARMONY AC EP	M	54	50-54M	1.32.11	4	0
149	487	9370	SIZWE	TIKISE	MUIRITE STRIDER	M	17	JM	1.32.20	2	0

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150	171	321	GRAHAM	COMPTON	MUIRITE STRIDER	M	22	SM	1.32.34	2	0
151	350	2215	MONWABISI	MPULU	MR PRICE NMMU	M	46	45-49M	1.32.40	3	0
152	308	1450	DARRYL	BAGLEY	HARMONY AC EP	M	30	SM	1.32.41	2	0
153	611	614	ZILINGENE	RALANE	SANDF EP	M	44	40-44M	1.32.44	3	0
154	475	553	NICO	POCKBASS	X-CEL A C	M	39	35-40M	1.32.48	3	0
155	603	1410	VUYO	CEKISANI	CONTINENTAL AC	M	39	35-40M	1.33.04	3	0
156	557	412	CRAIG	BAILE	RHODES UNIVERSI	M	23	SM	1.33.07	0	0
157	399	545	SELWYN	UITHALER	X-CEL A C	M	50	50-54M	1.33.21	4	0
158	236	1357	BASIL	MC LEAN	ADT A C	M	47	45-49M	1.33.32	3	0
159	208	1933	PETER	JACKSON	BLUEWATER BAY	M	51	50-54M	1.33.41	4	0
160	150	1953	COLIN	PARKINS	BLUEWATER BAY	M	52	50-54M	1.33.41	4	0
161	483	1258	JOHANN	POSTMA	ELITE A C	M	41	40-44M	1.34.08	3	0
162	364	34	ROBERT	RIETMULLER	P.E.A.A.C.	M	50	50-54M	1.34.10	4	0
163	17	1189	TONY	BOARDMAN	ACHILLES AAA	M	47	45-49M	1.34.13	3	0
164	540	577	TOMMY	FALTAIN	X-CEL A C	M	43	40-44M	1.34.20	3	0
165	18	1246	GEORGE	BOTHA	ELITE A C	M	52	50-54M	1.34.21	4	0
166	1882	1977	JULIUS	SHOGOLE	ABERDARE CABLES	M	53	50-54M	1.34.23	4	0
167	195	423	STEPHEN	PENNEY	RHODES UNIVERSI	M	32	SM	1.34.29	2	0
168	217	1161	SHANE	NORRIS	ACHILLES AAA	M	32	SM	1.34.31	2	0
169	499	1148	PERCY	DALTON	ACHILLES AAA	M	57	55-59M	1.34.34	5	0
170	413	1600	SHARON	ZEELIE	HARMONY AC EP	F	35	35-40F	1.34.50	4	19
171	365	944	GREGORY	ROSS	CHARLO R R	M	32	SM	1.35.06	2	0
172	872	2105	PIET	MEYER	ALGOA AC	M	56	55-59M	1.35.20	5	0
173	516	333	DERICK	BIRCH	MUIRITE STRIDER	M	51	50-54M	1.35.21	4	0
174	542	1134	JOHANN	BEUKES	ACHILLES AAA	M	38	35-40M	1.35.27	2	0
175	852	1569	JULIA	CAYISA	HARMONY AC EP	F	22	SF	1.35.35	3	18
176	387	2010	PAUL	STEFFENS	ALGOA AC	M	54	50-54M	1.35.39	3	0
177	870	2013	ADELE	NEL	ALGOA AC	F	33	SF	1.35.40	3	17
178	551	1113	REG	FRIDEY	ACHILLES AAA	M	41	40-44M	1.35.46	2	0
179	604	759	RICK	ALLSOPP	CRUSADERS A C	M	45	45-49M	1.36.01	3	0
180	535	225	KERNEELS	MEINTJIES	ST ALBANS CSEP	M	46	45-49M	1.36.09	3	0
181	1926	1926	HERLIEN	KAPP	TEMP	F	32	SF	1.36.15	0	0
182	48	1524	SAM	ERASMUS	HARMONY AC EP	M	48	45-49M	1.36.18	3	0
183	404	2164	ETIENNE	VENTER	MR PRICE NMMU	M	21	SM	1.36.23	2	0
184	22	536	CHESTER	BROOKS	X-CEL A C	M	48	45-49M	1.36.26	3	0
185	1018	1903	NKUTHALO	FANAPHI	BLUEWATER BAY	M	21	SM	1.36.27	2	0
186	1917	1917	DANIE	CLAASSEN	TEMP	M	44	40-44M	1.36.31	0	0
187	60	515	GODFREY	GELDERBLOEM	X-CEL A C	M	37	35-40M	1.36.33	2	0
188	503	1565	MOEGAMAT	BEYDON	HARMONY AC EP	M	46	45-49M	1.36.36	3	0
189	5001	479	TERRI-LYNN	PENNEY	SPAR WALMER AC	F	29	SF	1.36.44	3	16
190	167	421	ERIC	MAPARA	RHODES UNIVERSI	M	59	55-59M	1.36.45	4	0
191	16	556	YOLANDA	BLIGNAUT	X-CEL A C	F	32	SF	1.37.01	3	15
192	57	1174	PAULETTE	FRASER	ACHILLES AAA	F	41	40-44F	1.37.13	4	14
193	209	659	SUZANNE	LAVIS	JEFFREYS BAY	F	47	45-49F	1.37.17	5	13
194	1219	1219	WELCOME	BASKITI	TEMP	M	38	35-40M	1.37.19	0	0
195	8	2089	ANDRE	BARNARD	ALGOA AC	M	44	40-44M	1.37.25	2	0
196	562	1786	SYLVESTER	NELA	HARMONY AC EP	M	33	SM	1.37.31	2	0
197	334	2247	MICHAEL	MORREIRA	MR PRICE NMMU	M	25	SM	1.37.36	2	0
198	304	1492	HEIN	BADENHORST	HARMONY AC EP	M	36	35-40M	1.37.40	2	0
199	461	5719	ANDRE	VAN DEN BERG	DURBANVILLE A C	M	36	35-40M	1.37.43	0	0
200	1911	1911	BERNITO	ADRIAANSE	TEMP	M	19	JM	1.38.30	0	0
201	388	1599	LUVUYO	STEPHEN	HARMONY AC EP	M	36	35-40M	1.38.31	2	0
202	474	1557	MBUYISELI	STENGE	HARMONY AC EP	M	27	SM	1.38.31	2	0
203	79	959	GARETH	HUGHES	CHARLO R R	M	32	SM	1.38.32	2	0
204	406	1208	JAN	VON MOLLENDORF	ELITE A C	M	60	60-64M	1.38.32	5	0
205	64	100	CHARLES	GOLDSWAIN	P.E.A.A.C.	M	21	SM	1.38.37	2	0
206	1222	1222	RODNEY	BOOTH	TEMP	M	28	SM	1.39.03	0	0
207	120	1560	GATSHELIHLE	MKHIZE	HARMONY AC EP	M	40	40-44M	1.39.16	2	0
208	1016	573	JOHANNES	GESWINDT	X-CEL A C	M	46	45-49M	1.39.21	2	0
209	495	1166	CHRIS	GEDYE	ACHILLES AAA	M	43	40-44M	1.39.32	2	0
210	216	1180	LIZELLE	NORRIS	ACHILLES AAA	F	29	SF	1.39.45	3	12
211	70	124	LEON	GROENEWALD	ADT A C	M	39	35-40M	1.39.49	2	0
212	178	1259	STEPHAN	VAN ZYL	ELITE A C	M	24	SM	1.39.50	2	0
213	10	1733	PETER	BASHELA	WILLARD BATT	M	53	50-54M	1.39.51	3	0
214	377	1633	MICHELLE	SIVEWRIGHT	PEB PRINT	F	37	35-40F	1.39.52	3	11
215	528	616	ASHLEY	SLATER	SANDF EP	M	42	40-44M	1.40.02	2	0
216	407	29	WILLIAM	VORSTER	P.E.A.A.C.	M	59	55-59M	1.40.13	3	0
217	189	1218	CLAIRE	NAGEL	ELITE A C	F	42	40-44F	1.40.15	3	10
218	55	211	MERVIN	FORTUIN	ST ALBANS CSEP	M	40	40-44M	1.40.27	2	0
219	527	1764	CHRIS	PLAATJIES	WILLARD BATT	M	41	40-44M	1.40.54	2	0
220	341	270	MALIVIWE	NGAMNTWINI	HARMONY AC EP	M	19	SM	1.41.06	2	0
221	1942	1942	JOHAN	VAN ZYL	TEMP	M	35	35-40M	1.41.06	0	0
222	410	209	ARTHUR	WILLIAMS	ST ALBANS CSEP	M	43	40-44M	1.41.07	2	0
223	1287	1287	EDDY	JACOBS	TEMP	M	44	40-44M	1.41.11	0	0
224	524	311	WARREN	NANCE	MUIRITE STRIDER	M	33	SM	1.41.14	2	0

POS	R/NO	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
225	44	788	ANDREW	DEALTRY	CRUSADERS A C	M	49	45-49M	1.41.17	2	0
226	106	230	GERHARD	LEMMER	ST ALBANS CSEP	M	39	35-40M	1.41.31	2	0
227	1936	1936	JOHANETTE	OOSTHUIZEN	TEMP	F	41	40-44F	1.41.31	0	0
228	1937	1937	MARK	OOSTHUIZEN	TEMP	M	41	40-44M	1.41.35	0	0
229	244	2007	JACOBUS	WYATT	ALGOA AC	M	43	40-44M	1.41.43	2	0
230	249	234	PIERRE	STANDER	ST ALBANS CSEP	M	42	40-44M	1.41.56	2	0
231	525	1181	MIKE	WEBB	ACHILLES AAA	M	46	45-49M	1.42.01	2	0
232	568	1149	MONDE	MABALA	ACHILLES AAA	M	46	45-49M	1.42.05	2	0
233	875	171	JOHN	HENRY	LIBERTY NIKE EP	M	27	SM	1.42.07	2	0
234	389	988	MARK	STEPHENSON	CHARLO R R	M	40	40-44M	1.42.18	2	0
235	321	9340	NOZUKO	NYANGA	P.E.A.A.C.	F	18	JF	1.42.31	2	9
236	196	259	TONY	KLAASEN	MALABAR	M	44	40-44M	1.42.33	2	0
237	492	430	CHRISTOFF	OPPERMAN	NEW BALANCE	M	35	35-40M	1.42.38	2	0
238	378	608	RICARDO	SLINGE	CADBURY A C	M	34	SM	1.42.40	2	0
239	36	9158	ADEN	CUNNINGHAM	CADBURY A C	M	16	JM	1.42.44	2	0
240	351	1474	HERMAN	VAN JAARSVELDT	HARMONY AC EP	M	46	45-49M	1.42.44	2	0
241	382	654	NIC	SNYMAN	JEFFREYS BAY	M	62	60-64M	1.42.45	4	0
242	343	1490	RIAAN	SMALBERGER	HARMONY AC EP	M	51	50-54M	1.42.47	2	0
243	1945	1945	THERESA	WEBB	TEMP	F	42	40-44F	1.43.01	0	0
244	1235	1235	LINETTE	JANSE VAN RENSBURG	TEMP	M	32	SM	1.43.06	0	0
245	49	1580	SAM	ERASMUS	HARMONY AC EP	M	46	45-49M	1.43.18	2	0
246	1836	1006	NATASHA	MOODLEY	BODY CONCEPT	F	30	SF	1.43.33	2	8
247	147	1123	LINDSAY	PILLAY	ACHILLES AAA	M	52	50-54M	1.43.35	2	0
248	136	521	DAVID	O'RIELLY	X-CEL A C	M	58	55-59M	1.43.40	3	0
249	107	1305	KAGISO	LENGOABANE	VWAC	M	22	SM	1.43.42	2	0
250	206	2233	GRAEME	PRESTON	MR PRICE NMMU	M	21	SM	1.43.46	2	0
251	76	1909	WIMPIE	HERBST	BLUEWATER BAY	M	44	40-44M	1.44.07	2	0
252	61	1143	TIM	GENDALL	ACHILLES AAA	M	45	45-49M	1.44.14	2	0
253	186	2120	GEORGE	JAMES	ALGOA AC	M	43	40-44M	1.44.16	2	0
254	15	572	SYLVAN	BLIGNAUT	X-CEL A C	M	46	45-49M	1.44.17	2	0
255	14	648	JAN	BLIGNAUT	JEFFREYS BAY	M	48	45-49M	1.44.20	2	0
256	65	8008	GODFREY	GOLIATH	WILLARD BATT	M	43	40-44M	1.44.26	2	0
257	857	1603	MORNE	VAN WYK	HARMONY AC EP	M	36	35-40M	1.44.34	2	0
258	25	1136	CATHY	BULLOCK	ACHILLES AAA	F	53	50-54F	1.44.37	4	7
259	1220	1220	JOHN	PARRY	TEMP	M	38	35-40M	1.44.38	0	0
260	125	885	ANNELIE	NEL	LEGACY AC	F	31	SF	1.44.40	2	6
261	526	339	DANIEL	LE ROUX	MUIRITE STRIDER	M	43	40-44M	1.44.47	2	0
262	607	1785	ZIPHO	VUKU	HARMONY AC EP	M	32	SM	1.44.55	2	0
263	205	716	RICHARD	PRESTON	CRUSADERS A C	M	50	50-54M	1.44.56	2	0
264	306	1191	GUSTAV	GRASMAN	ELITE A C	M	45	45-49M	1.44.58	2	0
265	572	1169	BASIL	TYLER	ACHILLES AAA	M	44	40-44M	1.45.00	2	0
266	173	261	DARSOO	MOONIEN	MALABAR	M	55	55-59M	1.45.11	3	0
267	78	1509	DERRICK	HOSHE	HARMONY AC EP	M	47	45-49M	1.45.11	2	0
268	1284	1284	LUNGELO	LANGENI	TEMP	M	31	SM	1.45.20	0	0
269	608	1787	MNCEDI	BUSAKWE	HARMONY AC EP	M	34	SM	1.45.30	2	0
270	54	1358	HERMIE	FISHER	ADT A C	F	38	35-40F	1.45.31	2	5
271	1234	1234	KIRT	HERMAN	TEMP	M	30	SM	1.45.39	0	0
272	476	2063	DANIEL	PIETERSE	ALGOA AC	M	43	40-44M	1.45.39	2	0
273	166	982	CONRAD	BASSON	CHARLO R R	M	45	45-49M	1.45.39	2	0
274	1031	128	BENNIE	OOSTHUIZEN	P.E.A.A.C.	M	48	45-49M	1.45.48	2	0
275	312	1458	HERMAN	DEKKER	HARMONY AC EP	M	61	60-64M	1.46.04	3	0
276	215	440	REON	VAN RENSBURG	NEW BALANCE	M	34	SM	1.46.15	2	0
277	1935	1935	AMON	NYIRENDA	TEMP	M	40	40-44M	1.46.18	0	0
278	552	46	ROGER	HANNINGTON	P.E.A.A.C.	M	51	50-54M	1.46.18	2	0
279	541	1017	ECKART	SCHUMANN	BODY CONCEPT	M	60	60-64M	1.46.19	3	0
280	226	1112	ROBIN	COYLE-DOWLING	ACHILLES AAA	M	40	40-44M	1.46.27	2	0
281	1221	1221	PATRICK	SEDDON	QUEENSTOWN HARR	M	43	40-44M	1.46.28	0	0
282	245	312	JOHNDAVID	METCALF	MUIRITE STRIDER	M	49	45-49M	1.46.29	2	0
283	509	1245	WILLEM	DAFEL	ELITE A C	M	38	35-40M	1.46.49	2	0
284	504	1699	SCHOOMBEE	PRETORIUS	PEB PRINT	M	49	45-49M	1.46.50	2	0
285	315	2220	CHARMAINE	GREEFF	MR PRICE NMMU	F	42	40-44F	1.46.51	2	4
286	213	1034	LIEZEL	ROBERTS	BODY CONCEPT	F	33	SF	1.46.52	2	3
287	867	1164	JOHN	KOTZE	ACHILLES AAA	M	55	55-59M	1.47.06	2	0
288	103	2022	AUBREY	LE ROUX	ALGOA AC	M	53	50-54M	1.47.08	2	0
289	224	773	DEON	ZEELIE	OXFORD STRIDERS	M	37	35-40M	1.47.10	0	0
290	518	114	KEVIN	HOLMES	P.E.A.A.C.	M	50	50-54M	1.47.24	2	0
291	21	748	PIETER	BROODRYK	CRUSADERS A C	M	45	45-49M	1.47.31	2	0
292	559	1228	SANDRA	LYONS	ELITE A C	F	36	35-40F	1.47.38	2	2
293	386	1122	BOB	STEDMAN	ACHILLES AAA	M	56	55-59M	1.47.43	2	0
294	52	890	JOHN	FACEY	LEGACY AC	M	48	45-49M	1.47.43	2	0
295	384	713	MBULELO	SOBIKWA	CRUSADERS A C	M	51	50-54M	1.48.19	2	0
296	117	857	BARBARA	MEYLAHN	LEGACY AC	F	40	40-44F	1.48.19	2	1
297	161	1222	CHARLOTTE	VAN COLLER	ELITE A C	F	38	35-40F	1.48.22	2	0
298	228	1024	YOLANDA	BOUWER	BODY CONCEPT	F	28	SF	1.48.23	2	0
299	276	9339	DELIWE	NYANGA	P.E.A.A.C.	F	17	JF	1.48.26	2	0

POS	R/NO	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
300	221	375	CLAYTON	HISCOCK	MUIRITE STRIDER	M	36	35-40M	1.48.28	2	0
301	396	2049	DESIREE	TITUS	ALGOA AC	F	40	40-44F	1.48.42	2	0
302	1627	1627	RABE	NORTJE	TEMP	M	41	40-44M	1.48.44	0	0
303	164	981	ANTON	ELS	CHARLO R R	M	39	35-40M	1.48.58	2	0
304	355	460	ROBERT	BUTTON	OLD SELBORNIAN	M	47	45-49M	1.49.09	0	0
305	325	2226	VANESSA	LESSING	MR PRICE NMMU	F	27	SF	1.49.10	2	0
306	1030	1157	GEOFF	ROBERTS	ACHILLES AAA	M	54	50-54M	1.49.20	2	0
307	371	1132	GARY	SCOTT	ACHILLES AAA	M	40	40-44M	1.49.20	2	0
308	71	374	LIZ	GRUNDLINGH	MUIRITE STRIDER	F	59	55-59F	1.49.25	4	0
309	570	382	RIAAN	CLAASSEN	MUIRITE STRIDER	M	36	35-40M	1.49.25	2	0
310	494	1934	STEPHEN	COETZEE	BLUEWATER BAY	M	50	50-54M	1.49.41	2	0
311	1017	1921	ANDRE	KLEYNHANS	BLUEWATER BAY	M	43	40-44M	1.49.42	2	0
312	1934	1934	BLAINE	NELL	TEMP	M	32	SM	1.49.45	0	0
313	1835	320	TERRY	BILLSON	MUIRITE STRIDER	M	36	35-40M	1.49.46	1	0
314	6	549	DAVID	BAINS	X-CEL A C	M	40	40-44M	1.50.01	2	0
315	573	1482	MERVYN	MALGAS	HARMONY AC EP	M	44	40-44M	1.50.06	2	0
316	81	1744	LUCELLE	JAFTHA	WILLARD BATT	F	46	45-49F	1.50.06	2	0
317	3	427	ELIZABETH	ACKERMAN	NEW BALANCE	F	38	35-40F	1.50.28	2	0
318	363	1046	ANDRE	RETIEF	BODY CONCEPT	M	40	40-44M	1.50.30	2	0
319	20	1101	GERALD	BOUWER	ACHILLES AAA	M	62	60-64M	1.50.31	2	0
320	555	223	SHARON	SMUTS	ST ALBANS CSEP	F	40	40-44F	1.50.44	2	0
321	571	796	STEPHEN	HOCK	CRUSADERS A C	M	42	40-44M	1.50.44	2	0
322	1912	1912	MARISSA	BLACK	TEMP	F	27	SF	1.50.49	0	0
323	128	2032	MARIUS	NEL	ALGOA AC	M	47	45-49M	1.51.03	2	0
324	1913	1913	JANE	BOEHMKE	TEMP	F	42	40-44F	1.51.04	0	0
325	1914	1914	MIKE	BOEHMKE	TEMP	M	45	45-49M	1.51.04	0	0
326	92	504	JUAN-PIERRE	JONCK	SPAR WALMER AC	M	25	SM	1.51.19	1	0
327	305	138	BAFUMANE	NYANGA	P.E.A.A.C.	M	45	45-49M	1.51.26	2	0
328	869	416	LAYLE	HENDERSON	RHODES UNIVERSI	F	22	SF	1.51.32	2	0
329	23	23	SHANE	BROWN	P.E.A.A.C.	M	45	45-49M	1.51.57	2	0
330	75	2222	JONATHAN	HAYLOCK-LYONS	MR PRICE NMMU	M	30	SM	1.51.57	1	0
331	238	26	HENNIE	OOSTHUIZEN	P.E.A.A.C.	M	49	45-49M	1.51.58	2	0
332	395	220	BENNIE	THYSSE	ST ALBANS CSEP	M	48	45-49M	1.52.05	2	0
333	39	155	RICHARD	DE ANDRADE	P.E.A.A.C.	M	45	45-49M	1.52.14	2	0
334	335	2161	MLUNGISI	MPOLWENI	MR PRICE NMMU	M	36	35-40M	1.52.28	1	0
335	181	1253	MIEMSIE	SWANEPOEL	ELITE A C	F	44	40-44F	1.52.29	2	0
336	127	1322	JOHAN	NEL	VWAC	M	49	45-49M	1.52.29	2	0
337	370	652	ADEL	SCHLEBUSCH	JEFFREYS BAY	F	37	35-40F	1.52.35	2	0
338	116	1516	CHARLENE	MEIRING	HARMONY AC EP	F	35	35-40F	1.52.46	2	0
339	1924	1924	MICHAEL	HENWICK	TEMP	M	36	35-40M	1.52.47	0	0
340	98	1114	GAIL	KLICHOWICZ	ACHILLES AAA	F	39	35-40F	1.53.06	2	0
341	342	9396	RUAN	BROWN	CRUSADERS A C	M	17	JM	1.53.11	1	0
342	233	204	ANTON	FOURIE	ST ALBANS CSEP	M	45	45-49M	1.53.15	2	0
343	104	1954	WAYNE	LEASK	BLUEWATER BAY	M	41	40-44M	1.53.45	1	0
344	1834	1834	ELAINE	KOCK	TEMP	F	37	35-40F	1.53.53	0	0
345	2	428	DEON	ACKERMAN	NEW BALANCE	M	37	35-40M	1.53.56	1	0
346	566	660	BRIAN	HEUKELMAN	JEFFREYS BAY	M	52	50-54M	1.54.16	2	0
347	113	2017	BENJAMIN	MARAIS	ALGOA AC	M	45	45-49M	1.54.24	1	0
348	497	1377	TALITA	ODENDAAL	ADT A C	F	39	35-40F	1.54.32	2	0
349	94	1369	MONICA	KEMP	ADT A C	F	50	50-54F	1.54.32	2	0
350	37	943	LAVINIA	DARLOW	CHARLO R R	F	37	35-40F	1.54.35	2	0
351	82	2073	DIRK	JANSEN	ALGOA AC	M	56	55-59M	1.54.58	2	0
352	129	1139	GRAHAM	NELL	ACHILLES AAA	M	55	55-59M	1.54.59	2	0
353	109	249	NURUNNISA	MADATT	MALABAR	F	43	40-44F	1.55.04	2	0
354	1918	1918	RONELL	CLAASSEN	TEMP	F	43	40-44F	1.55.05	0	0
355	262	318	RAIMUND	MEYER	MUIRITE STRIDER	M	49	45-49M	1.55.08	1	0
356	591	4	DAVID	FRASER	P.E.A.A.C.	M	67	65-69M	1.55.11	2	0
357	5	1151	LIZ	AUSTIN	ACHILLES AAA	F	47	45-49F	1.55.18	2	0
358	169	948	KRISH	PILLAY	CHARLO R R	M	44	40-44M	1.55.26	1	0
359	162	1198	ANDRIES	BARTHERS	ELITE A C	M	42	40-44M	1.55.42	1	0
360	99	1613	PIERRE	KNOESEN	PEB PRINT	M	51	50-54M	1.55.50	2	0
361	177	519	QUENTIN	BURRELL	X-CEL A C	M	43	40-44M	1.56.06	1	0
362	108	238	ABDOELAZIES	MADATT	MALABAR	M	43	40-44M	1.56.25	1	0
363	564	2069	CATHY	ALLERS	ALGOA AC	F	44	40-44F	1.56.32	2	0
364	13	2020	CHRIS	BEKKER	ALGOA AC	M	53	50-54M	1.56.39	1	0
365	531	274	MARK	ROCKMAN	MALABAR	M	37	35-40M	1.56.59	1	0
366	485	202	LOUIS	RUDMAN	ST ALBANS CSEP	M	49	45-49M	1.57.00	1	0
367	11	1145	KEITH	BAYLIS	ACHILLES AAA	M	47	45-49M	1.57.21	1	0
368	28	1111	GRAHAM	CHANNON	ACHILLES AAA	M	56	55-59M	1.57.21	2	0
369	58	1265	DAVID	GALLANT	ELITE A C	M	52	50-54M	1.57.33	1	0
370	381	2025	LAETITIA	SMITH	ALGOA AC	F	36	35-40F	1.57.37	1	0
371	477	1930	GLYNIS	SCOTT	BLUEWATER BAY	F	46	45-49F	1.57.38	2	0
372	1941	1941	WILLIE	STEYNBERG	TEMP	M	43	40-44M	1.57.40	0	0
373	80	1321	HENRY	HUMAN	VWAC	M	67	65-69M	1.57.44	2	0
374	855	1551	LEANA	BERG	HARMONY AC EP	F	37	35-40F	1.57.51	1	0

POS	R/NO	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
375	1223	1223	CINDY	FINLAY	TEMP	F	36	35-40F	1.57.53	0	0
376	1938	1938	CAROL	PAGE	TEMP	F	45	45-49F	1.58.00	0	0
377	356	1655	MARK	SIVEWRIGHT	PEB PRINT	M	39	35-40M	1.58.00	1	0
378	1621	1621	ALLISTER	MARRAN	TEMP	M	30	SM	1.58.08	0	0
379	157	2034	VERNA	CLAASSEN	ALGOA AC	F	43	40-44F	1.58.14	1	0
380	133	1436	SONJA	OLIVIER	HARMONY AC EP	F	38	35-40F	1.58.35	1	0
381	1625	1625	RIAN	KLUE	TEMP	M	22	SM	1.58.49	0	0
382	270	315	JAN	KLUE	MUIRITE STRIDER	M	46	45-49M	1.58.49	1	0
383	7	243	CRESEN	BALAKISTEN	MALABAR	M	46	45-49M	1.59.05	1	0
384	1012	1659	JACQUES	VAN ROOYEN	PEB PRINT	M	32	SM	1.59.18	1	0
385	188	206	RONALD	STURGISS	ST ALBANS CSEP	M	40	40-44M	1.59.38	1	0
386	537	1761	NOLEEN	AMBRAAL DAVIDS	WILLARD BATT	F	36	35-40F	1.59.39	1	0
387	234	1737	KEITH	SEZOE	WILLARD BATT	M	35	35-40M	1.59.40	1	0
388	493	1121	KOSIMA	BUSING-ANDERSON	ACHILLES AAA	F	29	SF	1.59.52	1	0
389	409	1162	PETER	WHATLEY	ACHILLES AAA	M	41	40-44M	1.59.53	1	0
390	135	1554	OOSIE	OOSTHUIZEN	HARMONY AC EP	M	57	55-59M	2.00.02	1	0
391	383	655	RETHA	SNYMAN	JEFFREYS BAY	F	59	55-59F	2.00.11	2	0
392	12	1109	SUSAN	BAYLIS	ACHILLES AAA	F	47	45-49F	2.00.41	1	0
393	362	9281	ANDISWA	QUTYELO	HARMONY AC EP	F	18	JF	2.01.08	1	0
394	6391	646	KAI	TARNOW	JEFFREYS BAY	M	67	65-69M	2.01.10	2	0
395	90	1366	DIANE	JOLLY	ADT A C	F	44	40-44F	2.01.19	1	0
396	366	1384	ANGELA	RUMSEY	ADT A C	F	37	35-40F	2.01.25	1	0
397	479	16	CHRIS	JANSEN	P.E.A.A.C.	M	61	60-64M	2.01.30	1	0
398	1943	1943	ANSA	VON HAGEN	TEMP	F	34	SF	2.01.33	0	0
399	1224	1224	PIERRE	JACOBS	TEMP	M	40	40-44M	2.01.34	0	0
400	138	1172	GARY	POHLMANN	ACHILLES AAA	M	44	40-44M	2.01.44	1	0
401	174	340	WERNER	CLAASSEN	MUIRITE STRIDER	M	42	40-44M	2.01.46	1	0
402	4	139	MELVYN	AMSTERDAM	P.E.A.A.C.	M	48	45-49M	2.01.52	1	0
403	210	291	DENISE	JONES-PHILLIPSON	KOWIE STRIDERS	F	65	65-69F	2.01.56	3	0
404	9	1270	RIAN	BARNARD	ELITE A C	M	37	35-40M	2.02.05	1	0
405	380	1914	FRANCOIS	SMITH	BLUEWATER BAY	M	40	40-44M	2.02.16	1	0
406	1238	1238	CYNTHIA	VAN DER MESCHT	TEMP	F	40	40-44F	2.02.34	0	0
407	367	532	YUSUF	SAMUELS	X-CEL A C	M	47	45-49M	2.02.52	1	0
408	241	538	EUGENE	VAN WYK	X-CEL A C	M	34	SM	2.02.52	1	0
409	601	115	HENDRICK	SCHOLTZ	P.E.A.A.C.	M	47	45-49M	2.02.56	1	0
410	29	1601	ROBIN	CLARK	HARMONY AC EP	M	65	65-69M	2.03.07	2	0
411	231	1731	GARY	PAUL	WILLARD BATT	M	41	40-44M	2.03.14	1	0
412	165	80	WELLS	ANDERSON	P.E.A.A.C.	M	74	70+M	2.03.38	2	0
413	42	575	FRANKLIN	DE MONK	X-CEL A C	M	38	35-40M	2.03.45	1	0
414	565	1334	CRAIG	RENSBURG	X-CEL A C	M	30	SM	2.03.45	1	0
415	72	1620	DOROTHY	HART	PEB PRINT	F	68	65-69F	2.04.20	2	0
416	139	1117	PETER	POHLMANN	ACHILLES AAA	M	42	40-44M	2.04.31	1	0
417	1015	1938	MELANIE	SMITH	BLUEWATER BAY	F	44	40-44F	2.05.41	1	0
418	243	104	DEON	PRETORIUS	P.E.A.A.C.	M	47	45-49M	2.05.51	1	0
419	868	868	MARKUS	KUNNEKE	BLUEWATER BAY	M	36	35-40M	2.05.54	0	0
420	359	1126	TOM	D'ARCY	ACHILLES AAA	M	60	60-64M	2.05.57	1	0
421	1626	1626	CHRIS	TERBLANCHE	TEMP	M	32	SM	2.06.00	0	0
422	610	90	PHINEAS	MHLAULI	P.E.A.A.C.	M	55	55-59M	2.06.11	1	0
423	95	9157	LESTER	KIVIDO	CADBURY A C	M	16	JM	2.06.20	1	0
424	529	1518	HANS	JANSEN	HARMONY AC EP	M	53	50-54M	2.06.23	1	0
425	1014	509	MADELEINE	FOURIE	SPAR WALMER AC	F	28	SF	2.06.46	1	0
426	223	499	LOYNES	JENKERSON	SPAR WALMER AC	M	64	60-64M	2.06.46	1	0
427	856	1515	YOLANDE	WATSON	HARMONY AC EP	F	44	40-44F	2.06.48	1	0
428	43	530	INGRID	DE MONK	X-CEL A C	F	39	35-40F	2.06.56	1	0
429	155	226	KAREN	MELS	ST ALBANS CSEP	F	41	40-44F	2.07.09	1	0
430	175	79	VERONICA	BOSHOFF	P.E.A.A.C.	F	45	45-49F	2.07.11	1	0
431	411	582	PIET	WITBOOI	CADBURY A C	M	41	40-44M	2.07.20	1	0
432	45	766	PETER	DUFFELL-CANHAM	CRUSADERS A C	M	54	50-54M	2.07.29	1	0
433	53	567	SELWYN	FELIX	X-CEL A C	M	48	45-49M	2.07.41	1	0
434	349	2297	PIETER	STEYN	MR PRICE NMMU	M	47	45-49M	2.07.49	1	0
435	1939	1939	KATHERINA	PAUL	TEMP	F	39	35-40F	2.07.51	0	0
436	1921	1921	LINDI	ERASMUS	TEMP	F	25	SF	2.08.32	0	0
437	1925	1925	VICTOR	JONES	TEMP	M	36	35-40M	2.08.33	0	0
438	873	1038	JACKIE	HUTTON	BODY CONCEPT	F	48	45-49F	2.09.13	1	0
439	89	1068	PAUL	JOHNSON	BODY CONCEPT	M	38	35-40M	2.09.13	1	0
440	146	490	FRANS	VAN HEUSDEN	SPAR WALMER AC	M	56	55-59M	2.09.13	1	0
441	230	1230	TREVOR	VAN EYCK	ELITE A C	M	44	40-44M	2.09.28	1	0
442	1285	1285	CINDY	ADSTALL	TEMP	F	35	35-40F	2.09.37	0	0
443	123	256	TULSIDAS	NARAN	MALABAR	M	52	50-54M	2.09.47	1	0
444	1916	1916	JUDITH	CAMPBELL	TEMP	F	37	35-40F	2.09.48	0	0
445	549	1992	GODFREY	KARIEM	FORD A C	M	65	65-69M	2.10.08	1	0
446	1922	1922	ROBIN	FLOOD	TEMP	M	34	SM	2.10.32	0	0
447	1923	1923	MELINDA	FLOOD	TEMP	F	31	SF	2.10.32	0	0
448	199	938	WEHRNER	SMITH	ST ALBANS CSEP	M	42	40-44M	2.11.03	1	0
449	34	2090	TERTIA	COETZEE	ALGOA AC	F	46	45-49F	2.11.03	1	0

POS	R/NO	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
450	361	715	HILARY	PRITCHARD	CRUSADERS A C	M	71	70+M	2.11.10	1	0
451	314	2188	HELOUISE	ERASMUS	MR PRICE NMMU	F	25	SF	2.11.10	1	0
452	1019	95	JOSEPH	MCLEOD	P.E.A.A.C.	M	48	45-49M	2.11.14	1	0
453	1928	1928	MARYNA	KOTZE	TEMP	F	40	40-44F	2.11.16	0	0
454	372	1138	GEORGE	SCOTT	ACHILLES AAA	M	47	45-49M	2.11.31	1	0
455	235	1379	HELEN	MC LEAN	ADT A C	F	45	45-49F	2.11.40	1	0
456	26	771	VIV	BULLOCK	CRUSADERS A C	F	39	35-40F	2.11.41	1	0
457	218	1635	SUSAN	ALCOCK	PEB PRINT	F	40	40-44F	2.11.41	1	0
458	27	732	NEIL	CALDER	CRUSADERS A C	M	55	55-59M	2.11.41	1	0
459	62	2015	ROY	GERTENBACH	ALGOA AC	M	54	50-54M	2.11.54	1	0
460	227	332	GREGORY	BILLSON	MUIRITE STRIDER	M	37	35-40M	2.12.08	1	0
461	202	1183	IAN	THOMSON	ACHILLES AAA	M	52	50-54M	2.12.14	1	0
462	198	235	MARIETJIE	SMITH	ST ALBANS CSEP	F	44	40-44F	2.12.50	1	0
463	134	27	GESINA	OOSTHUIZEN	P.E.A.A.C.	F	47	45-49F	2.12.52	1	0
464	154	215	MARIUS	VAN DEVENTER	ST ALBANS CSEP	M	35	35-40M	2.12.58	1	0
465	38	752	DEREK	DAVIDSON	CRUSADERS A C	M	54	50-54M	2.13.07	1	0
466	180	1135	MOF	BOTHA	ACHILLES AAA	M	50	50-54M	2.13.30	1	0
467	137	262	SADICK	PATHER	MALABAR	M	42	40-44M	2.13.43	1	0
468	563	408	NICOLA	CRAIG	RHODES UNIVERSI	F	19	SF	2.13.57	1	0
469	32	2011	SHIRLEEN	CLARKE	ALGOA AC	F	43	40-44F	2.13.58	1	0
470	1915	1915	MAUREEN	BOSCH	TEMP	F	42	40-44F	2.14.21	0	0
471	613	854	WANDIE	DE JONG	LEGACY AC	F	24	SF	2.14.22	1	0
472	242	852	DEON	FLYNN	LEGACY AC	M	42	40-44M	2.14.22	1	0
473	130	874	BARRY	NELSON	LEGACY AC	M	54	50-54M	2.14.47	1	0
474	1280	1280	JOANNE	TUCKER	TEMP	M	38	35-40M	2.14.50	0	0
475	412	272	DENZIL	YON	MALABAR	M	58	55-59M	2.14.50	1	0
476	102	642	CHRISTINA	KRIEK	JEFFREYS BAY	F	57	55-59F	2.14.56	1	0
477	66	643	ELSA	GOMEZ	JEFFREYS BAY	F	53	50-54F	2.15.12	1	0
478	471	251	SIVA	MOODALEY	MALABAR	M	64	60-64M	2.15.13	1	0
479	264	258	SHAHEED	LOONAT	MALABAR	M	38	35-40M	2.15.13	1	0
480	35	770	SAMANTHA	COUZYN	CRUSADERS A C	F	35	35-40F	2.15.36	1	0
481	74	727	JAMES	HAY	CRUSADERS A C	M	50	50-54M	2.15.36	1	0
482	151	227	MARIA	STUMKE	ST ALBANS CSEP	F	57	55-59F	2.15.59	1	0
483	31	84	BEVERLEY	CLARKE	P.E.A.A.C.	F	42	40-44F	2.16.08	1	0
484	114	2026	NEVILLE	MARTIN	ALGOA AC	M	46	45-49M	2.16.23	1	0
485	501	2027	FANIE	CLAASSEN	ALGOA AC	M	48	45-49M	2.16.28	1	0
486	472	273	DANA	PILLAY	MALABAR	F	48	45-49F	2.16.55	1	0
487	59	998	ROBERT	GALLOWAY	CHARLO R R	M	55	55-59M	2.17.03	1	0
488	33	958	ANTOINETTE	COERTZE	CHARLO R R	F	41	40-44F	2.17.03	1	0
489	168	1000	ROY	HEINE	CHARLO R R	M	50	50-54M	2.18.10	1	0
490	68	974	ALEXANDER	GRAY	CHARLO R R	M	35	35-40M	2.19.10	1	0
491	56	1204	ANDRE	FOURIE	ELITE A C	M	59	55-59M	2.19.36	1	0
492	83	601	CARMEN	JANTJIES	CADBURY A C	F	33	SF	2.19.39	1	0
493	152	2001	NICOLAAS	CLAASSEN	ALGOA AC	M	52	50-54M	2.20.55	1	0
494	1927	1927	ANDRE	KOEKEMOER	TEMP	M	48	45-49M	2.22.05	0	0
495	229	928	JENNIFER	WEBB	BLUFF A C	F	50	50-54F	2.22.06	0	0
496	513	72	IDA	PAPENFUS	P.E.A.A.C.	F	44	40-44F	2.22.07	1	0
497	46	56	SILVIA	EDWORTHY	P.E.A.A.C.	F	42	40-44F	2.22.15	1	0
498	77	860	MARLENE	HERSELMAN	LEGACY AC	F	44	40-44F	2.22.15	1	0
499	391	865	ESLY	STRYDOM	LEGACY AC	F	61	60-64F	2.22.56	1	0
500	521	1048	MARTIN	MUNNICK	EBENEZER	M	47	45-49M	2.23.04	1	0
501	148	1250	LIANA	VON MOLLENDORF	ELITE A C	F	24	SF	2.23.05	1	0
502	1239	1239	JEAN	BENCE	TEMP	M	28	SM	2.24.09	0	0
503	1931	1931	ELIZE	LYELL	TEMP	F	48	45-49F	2.24.27	0	0
504	1940	1940	ANTON	SCHOLTZ	TEMP	M	42	40-44M	2.25.05	0	0
505	606	331	MARGARET	DU TOIT	MUIRITE STRIDER	F	44	40-44F	2.25.07	1	0
506	1013	939	MELISSA	JACKSON	MUIRITE STRIDER	F	36	35-40F	2.25.45	1	0
507	1929	1929	MICHELLE	LAWSON	TEMP	F	47	45-49F	2.25.51	0	0
508	491	1679	GENEVIEVE	LAYCOCK	PEB PRINT	F	37	35-40F	2.26.00	1	0
509	24	24	SHARON	BROWN	P.E.A.A.C.	F	52	50-54F	2.26.02	1	0
510	1932	1932	CHERYL	MCDONALD	TEMP	F	36	35-40F	2.26.45	0	0
511	67	2152	JURGEN	GOUWS	MR PRICE NMMU	M	57	55-59M	2.29.34	1	0
512	132	2024	DEBBIE	OELOFSE	ALGOA AC	F	59	55-59F	2.30.06	0	0
513	374	881	SHELDINE	SEPTOE	LEGACY AC	F	44	40-44F	2.30.13	0	0
514	345	1545	BERENICE	SMITH	HARMONY AC EP	F	41	40-44F	2.30.37	0	0
515	379	20	BRIAN	SMITH	P.E.A.A.C.	M	63	60-64M	2.33.04	0	0
516	482	129	ANNA	POTGIETER	P.E.A.A.C.	F	60	60-64F	2.33.43	0	0
517	468	1239	MARIAAN	LANDMAN	ELITE A C	F	41	40-44F	2.34.19	0	0
518	317	1434	DIANNE	HARTZENBERG	HARMONY AC EP	F	47	45-49F	2.36.49	0	0
519	163	1197	ESTELLE	BARTHERS	ELITE A C	F	44	40-44F	2.37.54	0	0
520	232	868	STEPHANIE	PAUL	LEGACY AC	F	39	35-40F	2.40.59	0	0
521	1930	1930	ADRIAAN	LYELL	TEMP	M	51	50-54M	2.42.03	0	0
522	609	2072	CHRISTOPHER	COCKCROFT	ALGOA AC	M	50	50-54M	2.42.19	0	0
523	268	87	LYNETTE	RUDMAN	P.E.A.A.C.	F	34	SF	2.42.19	0	0
524	88	147	HILTON	JOHNSON	P.E.A.A.C.	M	38	35-40M	2.42.46	0	0

POS	R/NO	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
525	368	650	VAL	SANDOW	JEFFREYS BAY	F	60	60-64F	2.44.35	0	0
526	1920	1920	NAMBITHA	DAMBUZA	TEMP	F	41	40-44F	2.47.24	0	0
527	158	2018	ANNELIE	BOTHA	ALGOA AC	F	42	40-44F	2.47.30	0	0
528	93	505	SILVIA	JONCK	SPAR WALMER AC	F	45	45-49F	2.47.41	0	0
529	508	2004	AMANDA	SYMINGTON	ALGOA AC	F	48	45-49F	2.48.28	0	0
530	1233	1233	OLIVE	WILLIAMS	TEMP	M	57	55-59M	2.48.30	0	0
531	560	52	JUANITA	VAN ROOYEN	P.E.A.A.C.	F	54	50-54F	2.49.28	0	0
532	160	2104	ELSEBE	TERBLANCHE	ALGOA AC	F	39	35-40F	2.50.24	0	0
533	153	2002	HENDRINA	CLAASSEN	ALGOA AC	F	49	45-49F	2.50.24	0	0
534	172	208	ANNA	WELGEMOED	ST ALBANS CSEP	F	37	35-40F	2.53.20	0	0
HELPERS RUN											
H1	6001	1224	CLIVE	WEWERS	ELITE A C	M	45	45-49M	1.30.11	4	0
H2	6002	1223	CLIFFORD	HICKEN	ELITE A C	M	48	45-49M	1.30.44	4	0
H3	6003	1227	KEVIN	GILLMER	ELITE A C	M	45	45-49M	1.32.14	3	0
H4	6004	1212	DESMOND	FOUCHE	ELITE A C	M	40	40-44M	1.32.44	3	0
H5	6005	1206	ANTON	VON MOLENDORFF	ELITE A C	M	43	40-44M	1.33.07	3	0
H6	6006	1247	STEPHEN	KLUE	ELITE A C	M	47	45-49M	1.36.10	3	0
H7	6007	1226	LESLEY	WOOD	ELITE A C	F	49	45-49F	1.39.02	5	0
H8	6008	1242	ANDRE	WILLEMSE	ELITE A C	M	47	45-49M	1.41.03	2	0
H9	6009	1459	JACQUES	SNYMAN	HARMONY AC EP	M	37	35-40M	1.41.15	2	0
H10	6010	1235	HEINE	VAN EYK	ELITE A C	M	40	40-44M	1.42.10	2	0
H11	6011	6011	ANDREW	HAYWARD	TEMP	M	47	45-49M	1.43.13	0	0
H12	6012	6012	WILLIE	VAN JAARVELD	TEMP	M	54	50-54M	1.45.19	0	0
H13	6013	1221	WYNAND	DE GOEDE	ELITE A C	M	30	SM	1.47.05	2	0
H14	6014	224	GERRIT	WELGEMOED	ST ALBANS CSEP	M	42	40-44M	1.47.08	2	0
H15	6015	2006	GERALD	STRUWIG	ALGOA AC	M	37	35-40M	1.47.08	2	0
H16	6016	1199	PETRA	PIENAAR	ELITE A C	F	42	40-44F	1.50.36	2	0
H17	6017	1195	MARISA	FERRARIS	ELITE A C	F	35	35-40F	1.52.10	2	0
H18	6018	1234	ATTIE	ELS	ELITE A C	M	47	45-49M	1.52.26	2	0
H19	6019	1219	JOHAN	MINNIE	ELITE A C	M	38	35-40M	1.52.27	1	0
H20	6020	1220	NOEL	VAN WILLING	ELITE A C	M	39	35-40M	1.52.27	1	0
H21	6021	1200	ANDRE	PIENAAR	ELITE A C	M	43	40-44M	1.53.47	1	0
H22	6022	1639	SANET	NIIT	PEB PRINT	F	37	35-40F	1.54.47	2	0
H23	6023	1231	JOHANN	DORFLING	ELITE A C	M	48	45-49M	1.56.10	1	0
H24	6044	1244	GOOFEY	FOUCHE	ELITE A C	M	49	45-49M	1.57.25	1	0
H25	6024	6024	NICOLENE	WILKINSON	TEMP	F	24	SF	1.56.10	0	0
H26	6025	336	ARNOLD	RAS	MUIRITE STRIDER	M	44	40-44M	2.00.55	1	0
H27	6026	370	LUKAS	ELS	MUIRITE STRIDER	M	36	35-40M	2.00.55	1	0
H28	6027	1529	JOHN	PEO	HARMONY AC EP	M	57	55-59M	2.01.30	1	0
H29	6028	1561	LIZA	MASON	HARMONY AC EP	F	27	SF	2.01.30	1	0
H30	6029	1205	ROZELLE	VON MOLENDORFF	ELITE A C	F	42	40-44F	2.04.30	1	0
H31	6030	1195	MARISA	FERRARIS	ELITE A C	F	35	35-40F	2.04.31	1	0
H32	6031	2008	DANIEL	FERREIRA	ALGOA AC	M	47	45-49M	2.05.40	1	0
H33	6032	1257	ERNA	VAN ZYL	ELITE A C	F	34	SF	2.06.27	1	0
H34	6033	1229	RINA	BARNARD	ELITE A C	F	52	50-54F	2.06.49	1	0
H35	6034	1260	JOHAN	CHAMBERLAIN	ELITE A C	M	40	40-44M	2.07.09	1	0
H36	6035	760	ALETTA	JOUBERT	CRUSADERS A C	F	44	40-44F	2.10.26	1	0
H37	6036	495	CHARLENE	DE CONING	SPAR WALMER AC	F	41	40-44F	2.10.26	1	0
H38	6037	1470	MICHAEL	DEKKER	HARMONY AC EP	M	33	SM	2.14.10	1	0
H39	6038	1583	WERNER	MEYER	HARMONY AC EP	M	32	SM	2.14.11	1	0
H40	6039	1505	HESTER	DEKKER	HARMONY AC EP	F	34	SF	2.14.12	1	0
H41	6040	1466	IVAN	COWLEY	HARMONY AC EP	M	46	45-49M	2.14.12	1	0
H42	6041	1202	JAKKIE	GERBER	ELITE A C	M	45	45-49M	2.25.30	1	0
H43	6042	1201	ENID	GERBER	ELITE A C	F	45	45-49F	2.25.31	1	0
H44	6043	2037	ERIKA	STRUWIG	ALGOA AC	F	37	35-40F	2.25.31	1	0