

MOFFET ON MAIN HEARTBREAK HILL 21.1KM - PORT ELIZABETH - 2013/06/29

POS	R/NO	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
1	573	573	ZOLANI	NGQAQA	MAXED EP	M	24	SM	1.07.37	5	25
2	3138	1574	MELIKHAYA	FRANS	NEDBANK	M	21	SM	1.08.44	5	24
3	2281	76	BULELINI	NIWA	PEAAC	M	27	SM	1.09.37	5	23
4	3235	385	MASIBULELE	HEUGH	IKHAMVA	M	18	JM	1.10.17	5	22
5	2321	372	MASIXOLE	DLAKU	MAXED EP	M	34	SM	1.11.09	5	21
6	3098	379	GIFT	ZET	IKHAMVA	M	25	SM	1.11.26	5	20
7	3189	1620	ANELE	MALIZA	NEDBANK	M	35	35-39M	1.11.27	5	19
8	2180	2045	SIBUSISO	THU	TREEC	M	25	SM	1.11.47	5	18
9	2280	2546	LUKHANYO	NGXOKO	SAPROF	M	16	JM	1.13.23	5	17
10	3201	1645	TERRANCE	MJEKULA	WARRIORS	M	40	40-44M	1.13.57	5	16
11	2357	2274	RYAN	PETER	NMMU	M	19	SM	1.14.08	5	15
12	3209	1402	SANDILE	NGUNUZA	NEDBANK	M	30	SM	1.14.41	5	14
13	9047	2535	ERIC	SIGXASHE	MAXED EP	M	34	SM	1.17.07	5	13
14	3057	1636	THANDO	BIXA	WARRIORS	M	33	SM	1.17.16	5	12
15	9050	1478	CHRISTOPHER	MABENGEZA	NEDBANK	M	47	45-49M	1.17.32	5	11
16	2298	799	BASIE	BONEPARTE	ALBANY	M	47	45-49M	1.17.46	5	10
17	3004	2440	PHUMZILE	SIKAWUTI	NEDBANK	M	33	SM	1.19.55	4	9
18	2153	1471	KHAYALETHU	MAKALIMA	NEDBANK	M	29	SM	1.19.56	4	8
19	3286	169	THANDO	NCIPHA	MALABAR	M	19	JM	1.21.19	4	7
20	2101	1599	LUVUYO	STEPHEN	NEDBANK	M	43	40-44M	1.21.22	5	6
21	2208	2082	JACQUES	BARNARD	DESPATCH	M	37	35-39M	1.21.24	4	5
22	2326	783	GRAHAM	ESHMADE	CRUSADE	M	36	35-39M	1.21.29	4	4
23	2172	2704	MICHAEL	BEKAPI	CHARLO	M	52	50-54M	1.21.55	5	3
24	2065	1446	KENNETH	MENZE	NEDBANK	M	51	50-54M	1.22.05	5	2
25	109	109	MONGEZI	MBOYA	PEAAC	M	35	35-39M	1.23.14	4	1
26	4925	4925	LUYANDA	MATIWANA	TEMP	M	34	SM	1.23.53	0	0
27	2107	1825	CARLIVE	PETERSON	KOUGA	M	21	SM	1.24.30	3	0
28	2372	1095	ADRIAN	CLARKE	BODYCON	M	48	45-49M	1.24.58	5	0
29	2364	1120	BENNIE	STADLER	ACH	M	50	50-54M	1.25.06	5	0
30	2297	11134	NTOMBESINTU	MFUNZI	BONITAS	F	31	SF	1.25.22	0	0
31	3054	188	RUAN	SMALBERGER	CSEP	M	23	SM	1.25.30	3	0
32	3084	1779	VERNON	NEWFELDT	GELVAN	M	47	45-49M	1.26.05	5	0
33	2259	1401	SAMKELO	SINYONGO	NEDBANK	M	32	SM	1.26.14	3	0
34	2146	1193	WAYNE	MITCHELL	ACH	M	40	40-44M	1.26.22	4	0
35	2126	1631	DARRELL	WICHT	WARRIORS	M	50	50-54M	1.26.48	5	0
36	2102	2009	NCEDO	BENYA	TREEC	M	35	35-39M	1.27.00	3	0
37	3184	2155	HEIN	LODEWYKS	NMMU	M	30	SM	1.27.07	3	0
38	9083	1285	LEWIS	SKADE	TREEC	M	35	35-39M	1.27.19	3	0
39	3074	2349	KURAUONE	MAZONGO	PROFILES	M	38	35-39M	1.27.34	3	0
40	2353	1749	PETER	WILDSCHUT	GELVAN	M	36	35-39M	1.27.45	3	0
41	3051	201	JOSEPH	BAIN	CSEP	M	53	50-54M	1.27.47	5	0
42	2210	383	NKOSINATHI	VLAKBOK	IKHAMVA	M	36	35-39M	1.27.55	3	0
43	3224	1609	MICHAEL	PRINCE	NEDBANK	M	39	35-39M	1.27.56	3	0
44	9086	1719	KAASHIEF	PIETERSEN	GELVAN	M	36	35-39M	1.28.51	3	0
45	9031	2324	JARRYD	COOKE	NMMU	M	19	SM	1.29.19	3	0
46	9045	2485	GURSHAN	PETERSEN	X-CEL	M	36	35-39M	1.29.21	3	0
47	3100	1664	SIMPHIWE	BLOU	WARRIORS	M	41	40-44M	1.29.30	3	0
48	2152	1032	JACOB	ABRAHAM	BODYCON	M	46	45-49M	1.29.47	4	0
49	3090	1078	CHRISTOPHER	GREEN	BODYCON	M	38	35-39M	1.29.55	3	0
50	3124	1773	GILROY	DOMINGO	GELVAN	M	41	40-44M	1.30.11	3	0
51	2181	1498	MARTIN	JANSEN	NEDBANK	M	45	45-49M	1.30.16	4	0
52	2304	1741	BASIL	STEVENS	GELVAN	M	41	40-44M	1.30.28	3	0
53	4871	4871	ADRI	WESSELS	TEMP	F	37	35-39F	1.30.29	0	0
54	3137	1163	ROBIN	FOURIE	ACH	M	50	50-54M	1.30.48	5	0
55	4896	4896	JULIE	TRUTER	TEMP	F	30	SF	1.31.01	0	0
56	9059	2404	NEIL	DE MEILLON	NEDBANK	M	50	50-54M	1.31.02	5	0
57	2319	135	KADER	ABDULLA	MALABAR	M	36	35-39M	1.31.19	3	0
58	2167	1076	JANE	BARNARDO	BODYCON	F	38	35-39F	1.31.21	5	25
59	9071	1194	CHRISTINE	CLAASEN	ACH	F	48	45-49F	1.31.36	5	24
60	2376	1161	SHANE	NORRIS	ACH	M	39	35-39M	1.31.53	3	0
61	3233	1653	THAMSANQA	MANGI	WARRIORS	M	29	SM	1.31.59	2	0
62	2156	854	DAVID	MAMA	ASPEN	M	37	35-39M	1.32.23	3	0
63	4024	4024	BARON	NAUDE	TEMP	M	35	35-39M	1.32.24	0	0
64	3280	2149	HANSIE	VOSLOO	NMMU	M	45	45-49M	1.32.30	3	0
65	2242	2028	FREEK	DANIELS	TREEC	M	46	45-49M	1.32.34	3	0
66	9048	375	BAFUMANE	NYANGA	IKHAMVA	M	52	50-54M	1.33.04	4	0
67	3071	1669	DISEMBA	BLOU	WARRIORS	M	55	55-59M	1.33.11	5	0
68	107	107	SIPHELO	NYOKA	PEAAC	M	35	35-39M	1.33.33	2	0
69	3171	1184	SIZINZO	KAMA	ACH	M	61	60-64M	1.33.37	5	0
70	4892	4892	NOLAN	BERRIMAN	TEMP	M	33	SM	1.33.44	0	0
71	4032	4032	JACQUES	TUSESE-MUSIMBI	TEMP	M	25	SM	1.34.05	0	0

POS	R/NO	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
72	9084	1168	ANDREW	PORTER	ACH	M	41	40-44M	1.34.16	3	0
73	2341	813	REVAN	FILLIS	ALBANY	M	22	SM	1.34.37	2	0
74	4926	4926	VUYISILE	NTONI	TEMP	M	39	35-39M	1.34.42	0	0
75	4910	4910	MICHAEL	SUTHERLAND	TEMP	M	28	SM	1.34.47	0	0
76	3266	1772	CYRIL	UITHALER	GELVAN	M	50	50-54M	1.34.51	4	0
77	840	9840	TOMMY	FITCHET	QH	M	43	40-44M	1.35.04	0	0
78	4906	4906	DEVAN	LOCHHEAD	TEMP	M	23	SM	1.35.09	0	0
79	2316	1025	THEMBELIHLE	GXABEKA	BODYCON	M	38	35-39M	1.35.36	2	0
80	2325	2359	DANIE	PIETERSE	PROFILES	M	39	35-39M	1.35.39	2	0
81	2328	1128	MARISA	FERRARIS	ACH	F	42	40-44F	1.35.40	4	23
82	3213	1177	DARYL	NORTH	ACH	M	36	35-39M	1.35.40	2	0
83	2220	1096	BRENDAN	DRYDEN	BODYCON	M	45	45-49M	1.35.48	3	0
84	3240	547	SISONKE	MABULU	MAXED EP	M	31	SM	1.36.03	2	0
85	4876	4876	CLYDE	ABRAHAMS	TEMP	M	34	SM	1.36.10	0	0
86	4022	4022	SHAUN	KORKIE	TEMP	M	30	SM	1.36.17	0	0
87	3258	2132	GRAHAM	TERBLANCHE	NMMU	M	48	45-49M	1.36.22	3	0
88	1387	1387	HANNES	ELS	MADIBA	M	63	60-64M	1.36.25	5	0
89	1611	1611	DELIWE	NYANGA	NEDBANK	F	24	SF	1.36.35	3	22
90	3153	1424	MARIETTE	HATTINGH	NEDBANK	F	47	45-49F	1.36.42	5	21
91	3127	1627	STEVEN	FANELLA	WARRIORS	M	50	50-54M	1.36.45	3	0
92	859	229	NELSON	VLAKBOK	SANDFEP	M	49	45-49M	1.36.49	3	0
93	3272	1048	KATHERINE	VAN DER WALT	BODYCON	F	37	35-39F	1.36.55	3	20
94	3176	865	LENNETH	ERASMUS	ASPEN	M	55	55-59M	1.37.01	4	0
95	9072	1328	URAN	LE ROUX	VWAC	M	46	45-49M	1.37.09	3	0
96	2349	444	STEPHEN	PENNEY	RFLG	M	39	35-39M	1.37.16	2	0
97	3248	2139	BRENDON	SLABBERT	NMMU	M	42	40-44M	1.37.32	2	0
98	3271	870	RICARDO	DAYA	ASPEN	M	41	40-44M	1.37.44	2	0
99	9046	1906	GRANT	BOWLES	BLUEBAY	M	31	SM	1.37.57	2	0
100	1259	1259	STEPHEN	KLUE	ELITEAC	M	54	50-54M	1.38.20	3	0
101	2345	840	RICHARD	FOSS	ALBANY	M	59	55-59M	1.38.22	4	0
102	2330	581	BRINK	EKSTEEN	MANSGE	M	43	40-44M	1.38.25	2	0
103	221	221	GRAHAM	BUBB	CSEP	M	45	45-49M	1.38.27	3	0
104	3139	2235	MICHELE	GALLOWAY	NMMU	F	26	SF	1.38.38	3	19
105	3197	1156	BRUCE	MCEWAN	ACH	M	59	55-59M	1.39.43	3	0
106	2109	1258	JOHANN	POSTMA	ELITEAC	M	48	45-49M	1.39.48	2	0
107	9081	162	EBRAHIM	GAFFORE	MALABAR	M	28	SM	1.39.49	2	0
108	3135	1015	JANINE	PRINS	BODYCON	F	33	SF	1.39.52	2	18
109	3107	2116	ANTHONY	BUTTON	NMMU	M	51	50-54M	1.40.01	3	0
110	3268	2329	MARIUS	VAN DER MERWE	NMMU	M	26	SM	1.40.02	2	0
111	2123	1861	ANDRE	NEETHLING	EBENEZER	M	22	SM	1.40.02	2	0
112	2300	1083	JOHN	EDWARDS	BODYCON	M	46	45-49M	1.40.05	2	0
113	354	354	MARIUS	HITGE	MUIRITE	M	40	40-44M	1.40.09	2	0
114	3155	1125	JARRYD	HEUGH	ACH	M	20	SM	1.40.10	2	0
115	3042	225	KERNEELS	MEINTJIES	CSEP	M	53	50-54M	1.40.13	3	0
116	3283	1155	ANDY	WESSON	ACH	M	43	40-44M	1.40.14	2	0
117	4031	4031	PAT	THOMSON	TEMP	F	53	50-54F	1.40.25	0	0
118	4875	1181	MIKE	WEBB	ACH	M	53	50-54M	1.40.25	3	0
119	4927	4927	KOBUS	DE VOS	TEMP	M	47	45-49M	1.40.39	0	0
120	3110	1129	NICK	CHAPMAN	ACH	M	41	40-44M	1.40.56	2	0
121	3275	1603	MORNE	VAN WYK	NEDBANK	M	43	40-44M	1.41.05	2	0
122	3173	1686	BILLY-BOY	KIETAS	WARRIORS	M	38	35-39M	1.41.10	2	0
123	2310	1361	IGHSAAN	ISAACS	MALABAR	M	48	45-49M	1.41.10	2	0
124	2149	1264	DESMOND	FOUCHE	ELITEAC	M	47	45-49M	1.41.30	2	0
125	2125	1707	SELWYN	UITHALER	GELVAN	M	57	55-59M	1.41.37	3	0
126	4866	4866	PETER	MARRIOTT	TEMP	M	46	45-49M	1.41.41	0	0
127	3151	2137	LINTON	HARMSE	NMMU	M	49	45-49M	1.41.42	2	0
128	3195	1225	LAURA	MARITZ	ELITEAC	F	52	50-54F	1.41.45	5	17
129	3009	2509	SHAUN	COETZEE	X-CEL	M	44	40-44M	1.41.45	2	0
130	9099	99	CHARLES	GOLDSWAIN	PEAAC	M	28	SM	1.41.46	2	0
131	2062	1450	DARRYL	BAGLEY	NEDBANK	M	38	35-39M	1.41.49	2	0
132	9089	1019	MILES	HOLLINS	BODYCON	M	40	40-44M	1.41.51	2	0
133	4893	4893	SADRICK	GROOTBOOM	TEMP	M	32	SM	1.41.59	0	0
134	4862	4862	JOHN	NELSON	TEMP	M	39	35-39M	1.42.01	0	0
135	3294	1544	ERIK	KEMP	NEDBANK	M	36	35-39M	1.42.03	2	0
136	2205	1978	HANSIE	ELS	SOMEAST	M	65	65-69M	1.42.04	5	0
137	2103	668	SIPHOKAZI	NOJOKO	SAPROF	F	18	JF	1.42.05	2	16
138	2213	1462	TERRAY	NEWCOMBE	ELITEAC	F	22	SF	1.42.07	2	14
139	4937	4937	JEFFREY	STUBBINGS	TEMP	M	33	SM	1.42.07	0	0
140	3158	1944	DEAN	HORNE	BLUEBAY	M	43	40-44M	1.42.59	2	0
141	4873	628	DAVID	MASTERTON	TEMP	M	42	40-44M	1.43.33	0	0
142	9093	1216	RUDI	VAN TONDER	ELITEAC	M	40	40-44M	1.43.49	2	0
143	2392	1286	PETER	VAN RENSBURG	ELITEAC	M	55	55-59M	1.43.49	3	0

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144	2061	1617	IVAN	MOSES	NEDBANK	M	51	50-54M	1.43.50	2	0
145	3269	1049	CHRIS	VAN DER WALT	BODYCON	M	37	35-39M	1.43.59	2	0
146	2207	736	BENITA	BARTON	CRUSADE	F	42	40-44F	1.44.00	3	15
147	2324	685	LOUIS	SMITH	CRUSADE	M	38	35-39M	1.44.03	2	0
148	9074	2363	JONATHAN	DOBSON	PROFILES	M	30	SM	1.44.05	2	0
149	2206	9121	WAKES	MJEKULA	IKHAYA	M	48	45-49M	1.44.07	0	0
150	2400	1111	GRAHAM	CHANNON	ACH	M	63	60-64M	1.44.11	3	0
151	3144	355	KEVIN	GILLMER	MUIRITE	M	52	50-54M	1.44.13	2	0
152	2335	1585	KOOS	OLIVIER	NEDBANK	M	55	55-59M	1.44.23	3	0
153	9041	1303	TIMOTHY	HERMANUS	VWAC	M	45	45-49M	1.44.25	2	0
154	3026	1905	GRAHAM	REYNOLDS	BLUEBAY	M	18	JM	1.44.26	2	0
155	2055	842	MAAHIR	ABRAHAMS	ASPEN	M	38	35-39M	1.44.28	2	0
156	2329	1743	GREGORY	ROSS	ASPEN	M	40	40-44M	1.44.29	2	0
157	4964	4964	EUGENE	OWEN	TEMP	M	40	40-44M	1.44.44	0	0
158	3168	2136	ANDREW	JONAS	NMMU	M	49	45-49M	1.44.52	2	0
159	3230	1781	GERRIE	HERMANN	KOUGA	M	56	55-59M	1.44.53	3	0
160	3123	1807	DAPPIE	PRINSLOO	KOUGA	M	57	55-59M	1.45.07	3	0
161	3015	2060	HENDRIK	VAN WYK	DESPATCH	M	49	45-49M	1.45.10	2	0
162	2333	1621	MARIUS	ZEELIE	WARRIORS	M	48	45-49M	1.45.10	2	0
163	2354	2388	DYLAN	BENYON	PROFILES	M	25	SM	1.45.15	2	0
164	4036	4036	SCOTT	WALKER	TEMP	M	41	40-44M	1.45.17	0	0
165	3121	2199	JOHNATHAN	DILLON	NMMU	M	31	SM	1.45.37	2	0
166	2148	1386	RYAN	KEMP	MADIBA	M	29	SM	1.45.41	2	0
167	4965	4965	MICHAEL	WALLIS	TEMP	M	35	35-39M	1.45.44	0	0
168	3001	244	BENNIE	THYSSE	CSEP	M	55	55-59M	1.45.44	3	0
169	2378	1038	GRANT	HECHTER	BODYCON	M	37	35-39M	1.46.04	2	0
170	3033	1942	MARESA	AH KUN	BLUEBAY	F	37	35-39F	1.46.07	2	13
171	3109	1901	TERTIUS	BUYS	BLUEBAY	M	48	45-49M	1.46.08	2	0
172	2322	1099	COLIN	ROBERTSON	BODYCON	M	47	45-49M	1.46.08	2	0
173	4917	4917	SHAUN	TIMM	TEMP	M	27	SM	1.46.28	0	0
174	3239	145	YASEEN	ABRAHAMS	MALABAR	M	41	40-44M	1.46.33	2	0
175	3199	2119	IVO	MEYER	NMMU	M	38	35-39M	1.46.34	2	0
176	3284	2457	ERROL	WHITTAL	ASPEN	M	38	35-39M	1.46.40	2	0
177	4869	4869	TYLER	WOOD	TEMP	M	26	SM	1.46.51	0	0
178	3147	1854	RODGER	GYSMAN	EBENEZER	M	39	35-39M	1.46.59	2	0
179	3231	283	LORENZO	SAMUELS	MUIRITE	M	28	SM	1.47.01	2	0
180	2221	2483	CHESTER	BROOKS	X-CEL	M	55	55-59M	1.47.02	2	0
181	233	233	GEDDES	GALLANT	SANDFEP	M	46	45-49M	1.47.18	2	0
182	2147	148	NURUNNISA	MADATT	MALABAR	F	51	50-54F	1.47.19	3	12
183	2356	34	ROBERT	RIETMULLER	PEAAC	M	57	55-59M	1.47.20	2	0
184	4882	4882	DIANA	GRANT	TEMP	F	41	40-44F	1.47.25	0	0
185	1089	1089	LIONEL	KROON	BODYCON	M	45	45-49M	1.47.26	2	0
186	3092	1295	ROZELLE	VON MOLENDORFF	ELITEAC	F	49	45-49F	1.47.29	3	11
187	2367	1079	ANNELIE	NEL	BODYCON	F	38	35-39F	1.47.31	2	10
188	8001	9078	LUYANDA	MBALEKWA	CHEETAH	M	37	35-39M	1.47.32	0	0
189	2320	1963	ANDRE	KLEYNHANS	BLUEBAY	M	50	50-54M	1.47.47	2	0
190	4918	4918	BRENTON	BLIGNAUT	TEMP	M	48	45-49M	1.47.47	0	0
191	3256	1465	DAVID	STUTHARD	NEDBANK	M	48	45-49M	1.47.53	2	0
192	3277	1432	DEAN	VENTER	NEDBANK	M	33	SM	1.47.53	2	0
193	2212	39	PHILBERT	TYOMBO	PEAAC	M	50	50-54M	1.48.06	2	0
194	2350	1140	LEE	BADENHORST	ACH	M	28	SM	1.48.10	2	0
195	2001	2001	FERDINAND	GROBLER	TREEC	M	55	55-59M	1.48.16	2	0
196	3149	1564	ZIRK	HAEFELE	NEDBANK	M	35	35-39M	1.48.16	2	0
197	3228	117	ERROL	ROSSOUW	PEAAC	M	63	60-64M	1.48.25	3	0
198	3167	249	RONALD	JANTJIES	GELVAN	M	41	40-44M	1.48.32	2	0
199	2057	1751	JACOBUS	JULIUS	GELVAN	M	38	35-39M	1.48.37	2	0
200	2215	2085	JACOBUS	WYATT	DESPATCH	M	50	50-54M	1.48.45	2	0
201	4878	4878	ABEL	ESTERHUYSEN	TEMP	M	45	45-49M	1.48.47	0	0
202	2239	1339	JUSTIN	RENZE	VWAC	M	32	SM	1.48.51	1	0
203	2105	593	JOHAN	ENGELBRECHT	MANSGE	M	49	45-49M	1.48.53	2	0
204	4864	4864	DANIEL	DU TOIT	TEMP	M	47	45-49M	1.48.58	0	0
205	3190	366	DONALD	MANCASA	TREEC	M	59	55-59M	1.49.04	2	0
206	2047	2063	TIANI	CLAASSEN	DESPATCH	F	22	SF	1.49.17	2	9
207	9082	168	TAURIQ	AGHERDIEN	MALABAR	M	27	SM	1.49.18	1	0
208	3299	1160	AFRIKA	MHLOPHE	ACH	M	35	35-39M	1.49.31	2	0
209	4034	4034	RIAAN	VAN JAARVELD	TEMP	M	38	35-39M	1.49.33	0	0
210	3165	1412	MARK	HOUWLAND	NEDBANK	M	51	50-54M	1.49.39	2	0
211	3187	1555	WAYNE	MAC GEAR	NEDBANK	M	50	50-54M	1.49.40	2	0
212	3290	1010	JAN	VAN EEDEN	NEDBANK	M	55	55-59M	1.49.42	2	0
213	3218	1953	COLIN	PARKINS	BLUEBAY	M	59	55-59M	1.49.43	2	0
214	3111	1241	CLIVE	CLAASSENS	ELITEAC	M	29	SM	1.49.49	1	0
215	4936	4936	MZINGISI	SONZABA	TEMP	M	50	50-54M	1.50.05	0	0

POS	R/NO	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
216	2377	1207	CANDICE	PITSILADI	ACH	F	34	SF	1.50.14	2	8
217	3142	1296	ANTON	VON MOLENDORFF	ELITEAC	M	50	50-54M	1.50.37	2	0
218	2352	1071	URSULA	DAVIDSON	BODYCON	F	40	40-44F	1.50.38	2	7
219	3204	1952	VUSI	MSUTHWANA	BLUEBAY	M	41	40-44M	1.50.41	2	0
220	9092	398	PRISCILLA	DYANTYI	NEDBANK	F	39	35-39F	1.50.45	2	6
221	2110	1757	PRISCILLA	MALEIBA	GELVAN	F	42	40-44F	1.50.48	2	5
222	2312	2062	DANIEL	PIETERSE	DESPATCH	M	50	50-54M	1.50.57	2	0
223	3183	766	SYD	LIPPSTREU	CRUSADE	M	65	65-69M	1.50.59	3	0
224	4867	4867	STEVEN	LANCASTER	TEMP	M	39	35-39M	1.51.28	0	0
225	9098	1251	DANIEL	FERREIRA	ELITEAC	M	54	50-54M	1.51.34	2	0
226	9057	1028	PAUL	JOHNSON	BODYCON	M	45	45-49M	1.51.36	2	0
227	341	341	GRAHAM	HAYWARD	MUIRITE	M	36	35-39M	1.51.37	1	0
228	3237	1017	ECKART	SCHUMANN	BODYCON	M	67	65-69M	1.51.47	3	0
229	3044	1699	SCHOOMBEE	PRETORIUS	WARRIORS	M	55	55-59M	1.51.52	2	0
230	3021	198	RIAAN	SMALBERGER	CSEP	M	58	55-59M	1.51.57	2	0
231	2398	2447	JL	THERON	NEDBANK	M	26	SM	1.52.11	1	0
232	9091	1502	CAMARIN	VAN EYK	NEDBANK	F	31	SF	1.52.23	2	4
233	2104	1501	CLIFFORD	HICKEN	NEDBANK	M	56	55-59M	1.52.23	2	0
234	6001	6001	ENRICO	ELS	TEMP	M	34	SM	1.52.31	0	0
235	3129	1486	JOHAN	FERREIRA	NEDBANK	M	51	50-54M	1.52.43	2	0
236	3103	2304	ANDILE	BOVONGANA	NMMU	M	46	45-49M	1.53.14	2	0
237	3052	1449	JOHAN	BARNARD	NEDBANK	M	58	55-59M	1.53.15	2	0
238	2394	598	BRANDEN	POTGIETER	MANSGE	M	36	35-39M	1.53.15	1	0
239	2337	1268	SIDWELL	MATINYANE	ELITEAC	M	47	45-49M	1.53.35	1	0
240	2331	1494	WERNER	MEYER	NEDBANK	M	40	40-44M	1.53.55	1	0
241	3188	2019	MVULELI	MALAHLA	TREEC	M	40	40-44M	1.53.59	1	0
242	2150	1283	JACQUES	BARNARD	ELITEAC	M	37	35-39M	1.53.59	1	0
243	3163	1940	SUNELLE	HORNE	BLUEBAY	F	39	35-39F	1.54.01	2	3
244	3212	2006	CHRISTOPHER	NJIKELANA	TREEC	M	42	40-44M	1.54.10	1	0
245	4894	4894	PAUL	FREETH	TEMP	M	26	SM	1.54.23	0	0
246	3276	2282	HENNIE	VAN ZYL	NMMU	M	49	45-49M	1.54.32	1	0
247	2116	730	RENIER	VAN VUUREN	CRUSADE	M	56	55-59M	1.54.50	2	0
248	3108	2115	CHARMAINE	BUTTON	NMMU	F	49	45-49F	1.55.13	2	2
249	3289	1899	ELWIN	WOODS	DESPATCH	M	49	45-49M	1.55.14	1	0
250	9061	323	CLIVE	VAN RAYNER	MUIRITE	M	46	45-49M	1.55.15	1	0
251	9036	2055	COBUS	SPIES	DESPATCH	M	37	35-39M	1.55.23	1	0
252	4904	4904	REFILOE	MANCAPA	TEMP	M	19	SM	1.55.29	0	0
253	4916	4916	DEON	BOSHOFF	TEMP	M	53	50-54M	1.55.33	0	0
254	2334	1496	PAUL	STEFFENS	NEDBANK	M	61	60-64M	1.55.37	2	0
255	2399	2768	CLINTON	SMITH	WARRIORS	M	27	SM	1.55.44	1	0
256	9060	2503	EUGENE	VAN WYK	X-CEL	M	41	40-44M	1.55.46	1	0
257	3253	2732	WIM	ESTERHUYSEN	MANSGE	M	36	35-39M	1.55.47	1	0
258	2382	1117	PETER	POHLMANN	ACH	M	49	45-49M	1.55.52	1	0
259	4006	4006	JESSICA	CHARLES	TEMP	F	37	35-39F	1.56.15	0	0
260	4884	4884	ESTEE	COCKCROFT	TEMP	F	28	SF	1.56.15	0	0
261	4883	4883	DOUGLAS	COCKCROFT	TEMP	M	36	35-39M	1.56.18	0	0
262	4039	4039	JOHAN	WOLMARANS	TEMP	M	40	40-44M	1.56.26	0	0
263	2361	744	ANDREW	DEALTRY	CRUSADE	M	57	55-59M	1.56.33	2	0
264	3022	1334	NOEL	MCMASTER	VWAC	M	47	45-49M	1.56.36	1	0
265	3279	29	WILLIAM	VORSTER	PEAAC	M	67	65-69M	1.56.50	2	0
266	4027	4027	WENDY	RAW	TEMP	F	53	50-54F	1.56.50	0	0
267	9095	1119	TREMAINE	WESSON	ACH	M	52	50-54M	1.56.58	1	0
268	3263	1312	BERES	GOLIATH	VWAC	M	49	45-49M	1.57.06	1	0
269	3226	4	JUSTIN	REINECKE	PEAAC	M	39	35-39M	1.57.08	1	0
270	3236	36	SHANE	SAUNDERS	PEAAC	M	45	45-49M	1.57.09	1	0
271	4025	4025	BERNICE	NEL	TEMP	F	25	SF	1.57.19	0	0
272	2058	1195	MARIETJIE	PIETERSEN	ACH	F	56	55-59F	1.57.35	2	1
273	2375	1706	DERRICK	GALLANT	GELVAN	M	43	40-44M	1.57.39	1	0
274	4002	4002	LUVUYO	BANGAZI	TEMP	M	36	35-39M	1.57.42	0	0
275	3202	1594	JANE	KEMP	NEDBANK	F	36	35-39F	1.57.51	1	0
276	2217	1114	GAIL	KLICHOWICZ	ACH	F	46	45-49F	1.57.52	2	0
277	2119	1131	YADRE	GOUWS	ACH	M	40	40-44M	1.57.53	1	0
278	4861	4861	GARY	GEYER	TEMP	M	50	50-54M	1.58.03	0	0
279	9090	9	ELMARIE	BOTHA	PEAAC	F	46	45-49F	1.58.04	2	0
280	9049	1714	CONNIE	FELIX	GELVAN	F	47	45-49F	1.58.13	2	0
281	4035	4035	WILLIE	VAN WYK	TEMP	M	45	45-49M	1.58.14	0	0
282	3140	748	STEPHEN	HAWKINS	CRUSADE	M	23	SM	1.58.17	1	0
283	4919	4919	YOLANDE	BEKKER	TEMP	F	24	SF	1.58.18	0	0
284	2395	737	ROSEMARY	JOUBERT	CRUSADE	F	52	50-54F	1.58.20	2	0
285	3099	2	MARVIN	DRAAI	NBALAGN	M	42	40-44M	1.58.21	0	0
286	4026	4026	IMRAAN	PETERSEN	TEMP	M	43	40-44M	1.58.28	0	0
287	3141	8	KOBUS	GERBER	PEAAC	M	69	65-69M	1.58.32	2	0

POS	R/NO	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
288	4020	4020	HELEN	JOHN	TEMP	F	39	35-39F	1.58.34	0	0
289	2318	850	THANDILE	FRANS	ASPEN	M	34	SM	1.58.39	1	0
290	2157	846	PEDRE	BOOYSEN	ASPEN	M	29	SM	1.58.47	1	0
291	2302	646	VUSIKAYA	MANCAPA	SAPROF	M	47	45-49M	1.58.49	1	0
292	3059	2185	SYLVAN	BLIGNAUT	NMMU	M	53	50-54M	1.58.50	1	0
293	3292	189	ELIZE	SMALBERGER	CSEP	F	57	55-59F	1.58.56	2	0
294	3254	713	MBULELO	SOBIKWA	CRUSADE	M	59	55-59M	1.59.01	1	0
295	3058	9963	IDA	FIVAZ	HBOSDRAW	F	39	35-39F	1.59.06	0	0
296	3220	9975	NIEL	FIVAZ	HBOSDRAW	M	46	45-49M	1.59.07	0	0
297	3282	2435	TOEGEDA	VYVER	NEDBANK	F	41	40-44F	1.59.16	1	0
298	2286	1909	WIMPIE	HERBST	BLUEBAY	M	51	50-54M	1.59.21	1	0
299	3245	1939	ANNELIZE	SHERGOLD-SMITH	BLUEBAY	F	32	SF	1.59.23	1	0
300	3040	1742	BENNIE	HEYNIKE	MANSGE	M	42	40-44M	1.59.25	1	0
301	2050	2064	WERNER	CLAASSEN	DESPATCH	M	49	45-49M	1.59.26	1	0
302	3219	728	BRONWEN	PERRY	CRUSADE	F	31	SF	1.59.39	1	0
303	4008	4008	CONRAD	CLOETE	TEMP	M	41	40-44M	1.59.43	0	0
304	2368	777	CHARLES	RENNIE	CRUSADE	M	49	45-49M	1.59.47	1	0
305	3214	1514	DAVID	O'RIELLY	NEDBANK	M	65	65-69M	1.59.58	2	0
306	2293	223	SHARON	SMUTS	CSEP	F	47	45-49F	2.00.07	2	0
307	3017	1533	LEONIE	AH KEE	NEDBANK	F	40	40-44F	2.00.09	1	0
308	2118	1623	CLEMENT	VENTER	WARRIORS	M	29	SM	2.00.22	1	0
309	3287	350	GEORGE	WINSHIP	MUIRITE	M	47	45-49M	2.00.36	1	0
310	3104	1300	SHONISANI	RAPEA	VWAC	M	35	35-39M	2.00.41	1	0
311	2294	1548	KEVIN	NEFDT	NEDBANK	M	26	SM	2.00.42	1	0
312	4890	4890	ADAM	MACKENZIE	TEMP	M	29	SM	2.00.52	0	0
313	4888	4888	JUANITA	MACKENZIE	TEMP	F	30	SF	2.00.52	0	0
314	4012	4012	MICHELLE	ELFICK	TEMP	F	42	40-44F	2.01.06	0	0
315	3122	2298	JEREMY	DOBBIN	NMMU	M	25	SM	2.01.11	1	0
316	2222	1123	LINDSAY	PILLAY	ACH	M	59	55-59M	2.01.17	1	0
317	793	793	HUBERT	BOTHA	ALBANY	M	57	55-59M	2.01.30	1	0
318	2383	596	RUDI	MILLS	MANSGE	M	38	35-39M	2.01.42	1	0
319	4865	4865	CHARL	VAN DER MERWE	TEMP	M	38	35-39M	2.01.43	0	0
320	2059	1663	JOSH	KENNELLY	WARRIORS	M	23	SM	2.01.49	1	0
321	2497	2497	COREEN	LEANDER	X-CEL	F	39	35-39F	2.01.57	1	0
322	2267	864	FAIQ	JAPPIE	MALABAR	M	40	40-44M	2.01.59	1	0
323	1157	1157	GEOFF	ROBERTS	ACH	M	61	60-64M	2.02.05	1	0
324	4885	4885	YVONNE	FISHER	TEMP	F	54	50-54F	2.02.09	0	0
325	4887	4887	DEBBIE	GREY	TEMP	F	43	40-44F	2.02.09	0	0
326	4935	856	CHANTEL	MARAIS	ASPEN	F	36	35-39F	2.02.11	1	0
327	3125	1753	DESIREE	EBRAHIM	GELVAN	F	47	45-49F	2.02.22	1	0
328	4963	4963	KEITH	ROBINSON	TEMP	M	40	40-44M	2.02.52	0	0
329	9096	1394	JANNIE	GOOSEN	MADIBA	M	41	40-44M	2.03.08	1	0
330	3250	1093	GREG	SMITH	BODYCON	M	47	45-49M	2.03.10	1	0
331	4868	4868	JEANNE	BEARY	TEMP	F	37	35-39F	2.03.19	0	0
332	3089	2100	ARTHUR	WILLIAMS	DESPATCH	M	50	50-54M	2.03.22	1	0
333	3251	2095	CHRISTINE	SNYMAN	DESPATCH	F	57	55-59F	2.03.23	2	0
334	1269	1269	DIVAN	DE LANGE	ELITEAC	M	27	SM	2.03.32	1	0
335	3106	1261	LANA	BRUYNS	ELITEAC	F	45	45-49F	2.03.48	1	0
336	1558	1558	NEIGEL	MWELI	NEDBANK	M	45	45-49M	2.03.53	1	0
337	2338	1301	PIETER	STEYN	VWAC	M	54	50-54M	2.04.07	1	0
338	9087	782	KATIE	MORRIS	CRUSADE	F	30	SF	2.04.09	1	0
339	3281	2242	KOBUS	VOSLOO	NMMU	M	36	35-39M	2.04.19	1	0
340	2386	1199	AYDN	WILSON	ACH	M	48	45-49M	2.04.30	1	0
341	4863	4863	ROBERT	DEAS	TEMP	M	40	40-44M	2.04.32	0	0
342	3255	452	NIKKI	STROOH	WAC	F	37	35-39F	2.04.34	1	0
343	2359	1179	MERLE	NAIR	ACH	F	51	50-54F	2.04.34	1	0
344	3126	1154	BILL	EMSLIE	ACH	M	61	60-64M	2.04.37	1	0
345	3210	197	RONELL	NIKSCH	CSEP	F	50	50-54F	2.04.39	1	0
346	3288	196	AUBREY	LE ROUX	CSEP	M	60	60-64M	2.04.39	1	0
347	3035	106	HELOUISE	ERASMUS	PEAAC	F	32	SF	2.04.43	1	0
348	2373	1369	MONICA	KEMP	MADIBA	F	57	55-59F	2.04.43	2	0
349	3102	2214	NATALIE	BOSHOFF	NMMU	F	26	SF	2.04.43	1	0
350	3273	119	MARK	VAN DER WALT	PEAAC	M	51	50-54M	2.04.47	1	0
351	3105	23	SHANE	BROWN	PEAAC	M	52	50-54M	2.04.47	1	0
352	2355	476	INA	MEAKER	WAC	F	51	50-54F	2.05.05	1	0
353	4881	4881	DIRK	JACHENS	TEMP	M	45	45-49M	2.05.11	0	0
354	3274	2240	THEO	VAN NIEKERK	NMMU	M	50	50-54M	2.05.13	1	0
355	2173	1573	TAMSANQA	JUSAYI	NEDBANK	M	71	70+M	2.05.21	2	0
356	2362	709	GILLIAN	DEALTRY	CRUSADE	F	54	50-54F	2.05.42	1	0
357	4011	4011	JACO	DU PLESSIS	TEMP	M	36	35-39M	2.05.54	0	0
358	4015	4015	THEUNS	FERREIRA	TEMP	M	35	35-39M	2.05.55	0	0
359	3101	2504	DAVID	BAINS	X-CEL	M	47	45-49M	2.05.56	1	0

POS	R/NO	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
360	9055	2361	KELLIE	HARRIS	PROFILES	F	23	SF	2.06.08	1	0
361	9056	2374	BRENDAN	HAYWARD	PROFILES	M	26	SM	2.06.09	1	0
362	4897	4897	TAMLIN	FUTTER	TEMP	F	20	SF	2.06.10	0	0
363	4003	4003	ROCHELLE	BARR	TEMP	F	40	40-44F	2.06.28	0	0
364	3166	1136	CATHY	IVES	ACH	F	60	60-64F	2.06.38	2	0
365	2348	1126	TOM	D'ARCY	ACH	M	67	65-69M	2.07.00	1	0
366	2366	1165	LESLEY	MAGGOTT	ACH	F	46	45-49F	2.07.16	1	0
367	3270	1185	CHRIS	VAN DER WALT	ACH	M	66	65-69M	2.07.17	1	0
368	4033	4033	LAZOLA	TUTANI	TEMP	M	20	SM	2.07.22	0	0
369	3156	1044	NOMFUNDO	HLELA	BODYCON	F	31	SF	2.07.23	1	0
370	3003	1532	BRENT	AH KEE	NEDBANK	M	44	40-44M	2.07.27	1	0
371	2060	1703	GODFREY	KARIEM	GELVAN	M	72	70+M	2.07.27	1	0
372	554	554	SHUKREE	RECIET	VWAC	M	43	40-44M	2.07.29	1	0
373	2296	1253	MIEMSIE	SWANEPOEL	ELITEAC	F	51	50-54F	2.07.37	1	0
374	9075	1282	DORIS	LIBERTY	ELITEAC	F	53	50-54F	2.07.38	1	0
375	4902	4902	BARBARA	TRZEBIATOWSKY	TEMP	F	43	40-44F	2.07.48	0	0
376	4903	4903	ELAINE	FABRELLO	TEMP	F	42	40-44F	2.07.49	0	0
377	9097	1392	LIZ	GOOSEN	MADIBA	F	40	40-44F	2.07.51	1	0
378	4954	4954	MORNE	ETSEBETH	TEMP	M	40	40-44M	2.07.59	0	0
379	3086	2500	DEAN	KIVIDO	X-CEL	M	41	40-44M	2.08.03	1	0
380	2046	1550	CLAUDETTE	LESCH	NEDBANK	F	39	35-39F	2.08.06	1	0
381	2290	1209	TIM	GENDALL	ACH	M	52	50-54M	2.08.09	1	0
382	3025	1144	KEN	BARWOOD	ACH	M	58	55-59M	2.08.12	1	0
383	4874	4874	LIFA	MAPU	TEMP	M	27	SM	2.08.13	0	0
384	3157	1205	WARREN	HOOLE	PROFILES	M	36	35-39M	2.08.13	1	0
385	4922	4922	JADE	MEYER	TEMP	M	22	SM	2.08.31	0	0
386	3232	2493	YUSUF	SAMUELS	X-CEL	M	54	50-54M	2.08.34	1	0
387	3132	2499	FRANCOIS	PETERSE	X-CEL	M	47	45-49M	2.08.42	1	0
388	3264	187	SYLMA	WATKINS	CSEP	F	45	45-49F	2.09.01	1	0
389	3175	2232	JACO	KLOPPER	NMMU	M	50	50-54M	2.09.02	1	0
390	3246	93	LANCE	SHORTT	PEAAC	M	62	60-64M	2.09.03	1	0
391	4907	4907	BELINDA	HAUPTFLEISCH	TEMP	F	41	40-44F	2.09.13	0	0
392	2214	1524	SAM	ERASMUS	NEDBANK	M	55	55-59M	2.09.21	1	0
393	4900	4900	JANNIE	VAN GREUNEN	TEMP	M	57	55-59M	2.09.22	0	0
394	2342	723	BARBARA	FOOT	CRUSADE	F	53	50-54F	2.09.38	1	0
395	4953	4953	SCOTT	ZAMBONINI	TEMP	M	25	SM	2.09.40	0	0
396	4899	4899	TIAAN	CONRADIE	TEMP	M	25	SM	2.09.41	0	0
397	3148	1596	ARUSHKE	HAEFELE	NEDBANK	F	33	SF	2.10.00	1	0
398	9052	2059	YVETTE	JONKER	DESPATCH	F	41	40-44F	2.10.01	1	0
399	3031	2070	FANIE	CLAASSEN	DESPATCH	M	55	55-59M	2.10.01	1	0
400	3070	1288	JAN	LE ROUX	ELITEAC	M	53	50-54M	2.10.13	1	0
401	3120	1505	AMEERA	CAMPBELL	NEDBANK	F	39	35-39F	2.10.20	1	0
402	9051	1697	REAN	THERON	WARRIORS	M	50	50-54M	2.10.55	1	0
403	3114	1637	JACQUES	VAN ROOYEN	WARRIORS	M	39	35-39M	2.10.56	1	0
404	4009	4009	JONITA	DE KOKER	TEMP	F	41	40-44F	2.10.59	0	0
405	4017	4017	DEBBIE	FLYNN	TEMP	F	43	40-44F	2.11.00	0	0
406	4013	4013	MARALIE	ERASMUS	TEMP	F	23	SF	2.11.00	0	0
407	3056	113	KEVIN	BENADE	PEAAC	M	44	40-44M	2.11.01	1	0
408	3048	1151	LIZ	AUSTIN	ACH	F	54	50-54F	2.11.15	1	0
409	4921	4921	ALTA	ADLAM	TEMP	F	43	40-44F	2.11.19	0	0
410	4967	4967	JACKIE	VAN HEERDEN	TEMP	F	33	SF	2.11.20	0	0
411	4966	4966	WONGA	MFULA	TEMP	M	41	40-44M	2.11.45	0	0
412	4932	4932	SIYABULELA	MPENGESI	TEMP	M	31	SM	2.11.46	0	0
413	3119	151	FAISEL	DE DONCKER	MALABAR	M	52	50-54M	2.11.51	1	0
414	9054	700	CHRIS	BEKKER	CRUSADE	M	60	60-64M	2.11.57	1	0
415	2309	724	JAMES	FOOT	CRUSADE	M	55	55-59M	2.12.19	1	0
416	3198	290	ZANELE	MDODANA	NMMU	F	29	SF	2.12.21	1	0
417	4920	4920	LAWRENCE	GLOVER	TEMP	M	41	40-44M	2.12.21	0	0
418	3164	2106	DERRICK	HOSHE	NMMU	M	54	50-54M	2.12.23	1	0
419	3145	1634	LEANDA	GRAY	WARRIORS	F	38	35-39F	2.12.25	1	0
420	2151	1658	SHARON	JESSOP	WARRIORS	F	43	40-44F	2.12.34	1	0
421	2022	1711	ASHWELL	BURGINS	GELVAN	M	42	40-44M	2.12.35	1	0
422	3146	334	NEIL	GROBLER	MUIRITE	M	53	50-54M	2.12.46	1	0
423	4891	4891	SIPHO	KUHLASE	TEMP	M	41	40-44M	2.13.04	0	0
424	1761	1761	NOLEEN	NORRIS	GELVAN	F	56	55-59F	2.13.17	1	0
425	2327	556	ANDREW	BOSHOFF	MAXED EP	M	43	40-44M	2.13.32	1	0
426	2108	1046	HEATHER	PATON	BODYCON	F	31	SF	2.13.32	1	0
427	2114	1091	WARREN	COLLIER	BODYCON	M	55	55-59M	2.13.42	1	0
428	3154	2481	IVOR	WINDVOGEL	X-CEL	M	44	40-44M	2.13.43	1	0
429	4933	4933	ANDRIO	SNYMAN	TEMP	M	41	40-44M	2.13.49	0	0
430	9077	1485	RIAAN	OLIVIER	NEDBANK	M	42	40-44M	2.13.52	1	0
431	9076	1619	CARL	TERBLANCHE	NEDBANK	M	43	40-44M	2.13.54	1	0

POS	R/NO	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
432	9069	2616	TYRONE	BLIGNAUT	X-CEL	M	50	50-54M	2.13.54	1	0
433	3161	1535	JOSEPH	GUNN	NEDBANK	M	39	35-39M	2.13.55	1	0
434	9053	2058	RONNIE	JONKER	DESPATCH	M	43	40-44M	2.14.11	1	0
435	9078	1426	CHARMELL	JANSEN	NEDBANK	F	33	SF	2.14.21	1	0
436	4908	4908	INA	DE VILLIERS	TEMP	F	39	35-39F	2.14.21	0	0
437	2106	1790	LINDI	MEYER	KOUGA	F	34	SF	2.14.44	1	0
438	2391	44	RONEL	SCHEEPERS	PEAAC	F	38	35-39F	2.14.48	1	0
439	3211	1458	MARILYN	BULL	NEDBANK	F	35	35-39F	2.14.49	1	0
440	9079	1440	TOYS	WATSON	NEDBANK	M	46	45-49M	2.14.59	1	0
441	2301	1459	JACQUES	SNYMAN	NEDBANK	M	44	40-44M	2.14.59	1	0
442	3223	1592	GORDON	POTGIETER	NEDBANK	M	42	40-44M	2.15.12	1	0
443	2292	191	ERIKA	FOREMAN	CSEP	F	42	40-44F	2.15.23	1	0
444	2113	1648	CISCO	STRYDOM	WARRIORS	M	43	40-44M	2.15.41	1	0
445	2347	1147	RONALD	FIELD	ACH	M	65	65-69M	2.16.12	1	0
446	3172	123	ELIAS	KASE	PEAAC	M	44	40-44M	2.16.28	1	0
447	3278	2366	BEVERLEY	VILJOEN	PROFILES	F	42	40-44F	2.16.29	1	0
448	3178	1279	JUDY	KOCK	ELITEAC	F	41	40-44F	2.16.29	1	0
449	3179	1280	NICO	KOCK	ELITEAC	M	45	45-49M	2.16.29	1	0
450	4889	4889	ROCHELLE	DE KLERK	TEMP	F	42	40-44F	2.16.53	0	0
451	3169	760	ALETTA	JOUBERT	CRUSADE	F	51	50-54F	2.17.02	1	0
452	3117	761	CHARLENE	DE CONING	CRUSADE	F	48	45-49F	2.17.15	1	0
453	4005	4005	DEBORAH	BUHAGIAR	TEMP	F	34	SF	2.17.16	0	0
454	2204	707	HELENE	OPPEL	CRUSADE	F	63	60-64F	2.17.31	1	0
455	3115	1934	STEPHEN	COETZEE	BLUEBAY	M	57	55-59M	2.17.49	1	0
456	2381	1135	MOF	BOTHA	ACH	M	57	55-59M	2.17.51	1	0
457	3225	1421	ANNELINE	RAUTENBACH	NEDBANK	F	45	45-49F	2.17.59	1	0
458	4898	4898	MARITZA	HANEKOM	TEMP	F	31	SF	2.18.18	0	0
459	3128	672	DENISE	FERREIRA	CRUSADE	F	51	50-54F	2.18.28	1	0
460	3075	2772	BONISILE	MGODUKA	SAPPE	M	56	55-59M	2.18.28	1	0
461	3242	1359	JEREMY	SCOTT	VWAC	M	41	40-44M	2.18.47	1	0
462	2111	1639	DEVON	DARLOW	WARRIORS	M	15	JM	2.18.55	1	0
463	2124	85	AYANDA	MJI	PEAAC	F	43	40-44F	2.18.57	1	0
464	2336	172	TULSIDAS	NARAN	MALABAR	M	59	55-59M	2.18.58	1	0
465	2344	1139	GRAHAM	NELL	ACH	M	62	60-64M	2.19.05	1	0
466	3301	2779	HERMAN	DEKKER	SAPPE	M	68	65-69M	2.19.16	1	0
467	3053	1326	LANCE-KEVIN	JACOBS	VWAC	M	40	40-44M	2.19.18	1	0
468	2164	1314	ERIKA	BOUWER	VWAC	F	28	SF	2.19.19	1	0
469	9088	2086	AMANDA	BLIGNAULT	DESPATCH	F	53	50-54F	2.20.06	1	0
470	3047	2052	JHANINEN	BOSHOFF	DESPATCH	F	47	45-49F	2.20.13	1	0
471	2339	2427	THEMBELANI	MABONGO	NEDBANK	M	35	35-39M	2.20.25	1	0
472	4021	4021	YOLANDI	KLINKENBURG	TEMP	F	35	35-39F	2.20.27	0	0
473	78	78	JEANETTE	PIENAAR	PEAAC	F	65	65-69F	2.20.35	1	0
474	9094	2358	MELISSA	KOCK	PROFILES	F	24	SF	2.20.41	1	0
475	2314	1683	DOROTHY	ROSSOUW	WARRIORS	F	36	35-39F	2.21.44	1	0
476	3259	465	HELMUT	TERBLANS	WAC	M	48	45-49M	2.21.44	1	0
477	844	844	WENDY	DENSTON	ASPEN	F	40	40-44F	2.22.24	1	0
478	2179	2154	SIMON	STRIMLING	NMMU	M	51	50-54M	2.22.37	1	0
479	3061	111	NIKITA	BENTLEY	PEAAC	F	21	SF	2.22.50	1	0
480	9070	1345	BANDILE	GWAMANDA	VWAC	M	43	40-44M	2.22.56	1	0
481	4010	4010	NICOLE	DESCHAMPS	TEMP	F	25	SF	2.23.05	0	0
482	3014	363	CAROL	BOOYSEN	MUIRITE	F	44	40-44F	2.23.11	1	0
483	4934	4934	LARA	NOBLE	TEMP	F	28	SF	2.23.36	0	0
484	3049	1540	JOHAN	FERREIRA	NEDBANK	M	40	40-44M	2.23.57	1	0
485	2056	1324	OPHELIA	EDWARDS	VWAC	F	34	SF	2.24.25	1	0
486	9043	1477	KAYA	MHLANTLA	NEDBANK	F	50	50-54F	2.24.42	1	0
487	4968	4968	LARA	MEIRING	TEMP	F	20	SF	2.25.23	0	0
488	2117	1250	ZALITA	LE ROUX	ELITEAC	F	33	SF	2.25.23	1	0
489	2169	2078	HENRY	HULME	DESPATCH	M	48	45-49M	2.25.23	1	0
490	2370	612	JANETTE	VAN DER KOLF	COEGA AC	F	53	50-54F	2.25.24	1	0
491	2371	611	HENNIE	VAN DER KOLF	COEGA AC	M	54	50-54M	2.25.24	1	0
492	3229	2341	PIET	ROODT	NMMU	M	56	55-59M	2.25.25	1	0
493	4030	4030	CINDY	SNYDERS	TEMP	F	32	SF	2.25.29	0	0
494	4872	4872	TREVLYN	LOTZ	TEMP	F	57	55-59F	2.25.48	0	0
495	2067	860	LUCIANO	MOSS	ASPEN	M	29	SM	2.26.21	1	0
496	4970	4970	MANDY	MOSS	TEMP	F	33	SF	2.26.22	0	0
497	3260	1474	ROCHELLE	THORNE	NEDBANK	F	43	40-44F	2.26.31	1	0
498	2216	1491	DEON	PRETORIUS	NEDBANK	M	47	45-49M	2.26.31	1	0
499	2226	1009	MARCELLE	HARRAN	BODYCON	F	58	55-59F	2.26.39	1	0
500	2308	1427	ILZE	ALEXANDER	NEDBANK	F	30	SF	2.26.46	1	0
501	2066	213	JAMES	GEORGE	CSEP	M	50	50-54M	2.26.52	1	0
502	4001	4001	BELINDA	BAARD	TEMP	F	41	40-44F	2.27.02	0	0
503	2253	1884	TSEPO	SALION	TREEC	M	32	SM	2.27.24	1	0

POS	R/NO	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
504	4018	4018	DEON	HATTINGH	TEMP	M	42	40-44M	2.27.25	0	0
505	2254	2069	SIYABULELA	THOBA	TREEC	M	34	SM	2.27.26	1	0
506	3185	1569	KIRSTIN	LOO	NEDBANK	F	33	SF	2.27.36	1	0
507	3261	82	MINNIE	TRIMALLY	PEAAC	F	63	60-64F	2.27.36	1	0
508	4909	4909	NEVILLE	MARTIN	TEMP	M	53	50-54M	2.28.13	0	0
509	2360	446	RINA	PELSER	RFLG	F	61	60-64F	2.28.40	1	0
510	4023	4023	ANNEMARIE	MATTHEUS	TEMP	F	40	40-44F	2.29.10	0	0
511	4004	4004	GAVIN	BOUCHER	TEMP	M	40	40-44M	2.29.11	0	0
512	4038	4038	VANNESSA	WEBB	TEMP	F	38	35-39F	2.29.31	0	0
513	2112	1644	BEVERLEY	DARLOW	WARRIORS	F	41	40-44F	2.29.31	1	0
514	4924	4924	PATRICK	WEBSTER	TEMP	M	16	JM	2.29.32	0	0
515	9080	1483	FADILLA	FRITZ	NEDBANK	F	40	40-44F	2.29.54	1	0
516	2264	2462	LAVINIA	PIETERSE	GELVAN	F	38	35-39F	2.31.28	1	0
517	3191	2378	MARINA	PONTICAKIS	PROFILES	F	53	50-54F	2.31.48	1	0
518	3221	1962	ANDRE	PIENAAR	BLUEBAY	M	50	50-54M	2.31.49	1	0
519	2379	1395	KESHAN	NAIDOO	MALABAR	M	33	SM	2.32.01	1	0
520	4950	4950	ARINDA	VAN DER LINDE	TEMP	F	23	SF	2.32.03	0	0
521	3116	2145	JACQUELINE	CROZIER	NMMU	F	26	SF	2.32.28	1	0
522	4895	4895	JORDAN	DRURY	TEMP	M	24	SM	2.32.32	0	0
523	3257	473	DENISE	TERBLANCHE	WAC	F	65	65-69F	2.32.32	1	0
524	4915	4915	LOREN	ALLISON	TEMP	F	24	SF	2.33.37	0	0
525	4029	4029	ANRI	SCHEEPERS	TEMP	F	25	SF	2.33.59	0	0
526	3182	1678	BUSISIWE	LESORO	WARRIORS	F	42	40-44F	2.34.05	1	0
527	2313	2422	CLAUDE	JACOBS	NEDBANK	M	40	40-44M	2.34.12	1	0
528	2343	2080	REINET	STEYN	DESPATCH	F	51	50-54F	2.34.14	1	0
529	2315	853	BABALWA	MELITAFA	ASPEN	F	33	SF	2.34.29	1	0
530	4928	4928	JUSTIN	RASI	TEMP	M	29	SM	2.34.48	0	0
531	4901	4901	ETIENNE	POTGIETER	TEMP	M	31	SM	2.35.06	0	0
532	9044	1476	ZINE	MEKUTO	NEDBANK	F	43	40-44F	2.35.19	1	0
533	2396	61	MIKE	DU TOIT	PEAAC	M	46	45-49M	2.35.48	1	0
534	329	329	ORGIA	NELL	MUIRITE	F	69	65-69F	2.35.54	1	0
535	4951	192	SUNET	HARRIS	CSEP	F	40	40-44F	2.36.06	1	0
536	2045	202	LOUIS	RUDMAN	CSEP	M	56	55-59M	2.36.07	1	0
537	2390	693	MXOLISI	BOVULA	CRUSADE	M	59	55-59M	2.37.46	1	0
538	3085	115	HENDRIK	SCHOLTZ	PEAAC	M	54	50-54M	2.38.30	1	0
539	3291	17810	JUDE	BENFIELD	RFLCG	F	65	65-69F	2.39.47	0	0
540	3200	90	PHINEAS	MHLAULI	PEAAC	M	62	60-64M	2.40.48	1	0
541	2289	580	THEMBAKAZI	MTWAZI	LEGACY	F	39	35-39F	2.41.54	1	0
542	9085	1545	BERENICE	SMITH	NEDBANK	F	48	45-49F	2.42.13	1	0
543	4923	4923	NAMHLA	DAYILE	TEMP	F	44	40-44F	2.42.35	0	0
544	4931	4931	ELIDA	BOTHA	TEMP	F	36	35-39F	2.43.02	0	0
545	4955	4955	KAY-LYN	OEOFSE	TEMP	F	20	SF	2.43.03	0	0
546	2262	2461	DELIA	NORKIE	GELVAN	F	33	SF	2.44.09	1	0
547	3152	893	DOROTHY	HART	CHARLO	F	75	70+F	2.45.41	1	0
548	9073	1434	DIANE	HARTZENBERG	NEDBANK	F	54	50-54F	2.46.08	1	0
549	3095	91	SICELO	THABETHE	PEAAC	M	39	35-39M	2.47.39	1	0
550	4952	4952	CAYLEIGH	BARTON	TEMP	F	23	SF	2.47.51	0	0
551	2223	1353	DEBBIE	KENDALL	VWAC	F	34	SF	2.48.31	1	0
552	4969	4969	BRADLEY	THYSSE	TEMP	M	32	SM	2.48.31	0	0
553	358	358	DEBBY-LYNN	VAN DYK	MUIRITE	F	33	SF	2.51.06	1	0
554	4028	4028	IVAN	SAVY	TEMP	M	51	50-54M	2.54.10	0	0
555	3180	1679	GENEVIEVE	LAYCOCK	WARRIORS	F	44	40-44F	2.55.27	1	0
556	2307	1360	ZOLISWA	HEWU	VWAC	F	37	35-39F	2.56.23	1	0
557	4879	4879	RITA	GERBER	TEMP	F	52	50-54F	2.56.23	0	0
558	4014	4014	HANEEM	ESAU	TEMP	F	38	35-39F	2.56.42	0	0
559	4956	4956	MARITSA	NIEMAND	TEMP	F	30	SF	2.57.10	0	0
560	9058	1691	JACQUELINE	OOSTHUIZEN	WARRIORS	F	35	35-39F	3.01.04	0	0
561	4880	4880	PIETER	GERBER	TEMP	M	55	55-59M	3.03.53	0	0
562	3186	1455	EDITH	MAC GEAR	NEDBANK	F	45	45-49F	3.06.07	0	0
563	3150	28	ELMARIE	HARMSE	PEAAC	F	44	40-44F	3.07.39	0	0
564	3205	275	CAROL	NEPGEN	KOWIE	F	62	60-64F	3.11.16	0	0
565	3206	277	JEAN	NEPGEN	KOWIE	M	68	65-69M	3.11.17	0	0
566	4877	4877	TASNEEM	ISMAIL	TEMP	F	37	35-39F	3.13.16	0	0
567	4905	4905	LISA	NTSEPE	TEMP	F	30	SF	3.15.33	0	0
568	4870	4870	FRANCOIS	TIMOTHEUS	TEMP	M	35	35-39M	3.26.25	0	0
HELPERS RUN											
H1	6001	991	MZAMO	FOKWANA	CHARLO	M	35	35-39M	1.26.48	3	0
H2	1409	1409	ADRIAAN	GOUWS	NEDBANK	M	40	40-44M	1.34.38	3	0
H3	6003	1191	ALAN	TAYLOR	ACH	M	56	55-59M	1.34.41	5	0
H4	5001	5001	CRAIG	MCCARTHY	TEMP	M	45	45-49M	1.44.08	0	0
H5	6004	930	ELMARIE	BEZUIDENHOUT	CHARLO	F	31	SF	1.44.08	2	0
H6	6005	949	GRAHAM	MUNTON	CHARLO	M	52	50-54M	1.45.06	2	0

POS	R/NO	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
H7	6006	995	PADDY	HODGSON	CHARLO	M	50	50-54M	1.46.41	2	0
H8	6007	988	DERICK	NORRIS	CHARLO	M	34	SM	1.47.47	2	0
H9	6008	951	MEGAN	WILSON	CHARLO	F	17	JF	1.48.18	2	0
H10	6009	1363	LEON	GROENEWALD	MADIBA	M	46	45-49M	1.48.18	2	0
H11	1410	1410	SHARON	GOUWS	NEDBANK	F	42	40-44F	1.48.15	2	0
H12	6010	925	DEBBIE	DODD	CHARLO	F	42	40-44F	1.49.15	2	0
H13	6011	972	NTANDO	PORO	CHARLO	M	22	SM	1.49.47	1	0
H14	6012	919	REON	VAN RENSBURG	CHARLO	M	41	40-44M	1.50.39	2	0
H15	6013	967	MIKE	BURGER	CHARLO	M	54	50-54M	1.51.50	2	0
H16	6014	871	RICHARD	DE ANDRADE	CHARLO	M	52	50-54M	1.52.23	2	0
H17	6015	997	ROSS	LANDY	CHARLO	M	50	50-54M	1.54.11	2	0
H18	6016	941	ANGELA	PARKER	CHARLO	F	36	35-39F	1.55.15	2	0
H19	6017	2706	CARL	GEYER	CHARLO	M	33	SM	1.55.15	1	0
H20	6018	883	BLAINE	NELL	CHARLO	M	39	35-39M	1.55.16	1	0
H21	6019	897	PAUL	SCHEWITZ	CHARLO	M	44	40-44M	1.55.45	1	0
H22	6020	878	SHANNON	SWART	CHARLO	F	30	SF	1.56.15	1	0
H23	6021	2701	DOREEN	FERREIRA	CHARLO	F	54	50-54F	2.00.18	2	0
H24	6022	892	SHAYNE	HARDIMAN	CHARLO	M	42	40-44M	2.00.20	1	0
H25	6023	920	DEON	TEUBES	CHARLO	M	45	45-49M	2.00.20	1	0
H26	6024	946	JUDY	BEENS	CHARLO	F	46	45-49F	2.00.57	1	0
H27	6025	882	ARMIN	BRANDLE	CHARLO	M	61	60-64M	2.06.31	1	0
H28	6026	965	TAMMY	SOUTHBY	CHARLO	F	39	35-39F	2.07.03	1	0
H29	6027	971	JEFFREY	VAN NIEKERK	CHARLO	M	40	40-44M	2.07.06	1	0
H30	6028	943	DENISE	DARLOW	CHARLO	F	44	40-44F	2.11.48	1	0
H31	6029	938	JULIA	HOFART	CHARLO	F	30	SF	2.12.27	1	0
H32	6030	996	BEV	CUMISKEY	CHARLO	F	41	40-44F	2.14.07	1	0
H33	5002	5002	NICOLE	WHITEHEAD	TEMP	F	27	SF	2.14.21	0	0
H34	6031	933	JO-ANNE	OSBORN	CHARLO	F	41	40-44F	2.14.46	1	0
H35	6032	885	BIANCA	COLLETT	CHARLO	F	17	JF	2.14.57	1	0
H36	6033	912	JONATHAN	MANDELL	CHARLO	M	48	45-49M	2.15.25	1	0
H37	6034	884	BEVERLY	COLLETT	CHARLO	F	44	40-44F	2.16.16	1	0
H38	6035	2720	DANE	NORTH	CHARLO	M	34	SM	2.16.35	1	0
H39	6036	969	GARY	KELLEHER	CHARLO	M	55	55-59M	2.17.12	1	0
H40	6037	942	BRONWIN	MEYER	CHARLO	F	40	40-44F	2.17.12	1	0
H41	6038	2362	BRENDA	GREYBE	PROFILES	F	45	45-49F	2.19.47	1	0
H42	6039	927	MANIE	VAN DER MERWE	CHARLO	M	49	45-49M	2.19.49	1	0
H43	6040	910	MICHELLE	LAWSON	CHARLO	F	54	50-54F	2.20.18	1	0
H44	6041	986	MICHAEL	FOWLER	CHARLO	M	47	45-49M	2.20.18	1	0
H45	6042	948	KRISH	PILLAY	CHARLO	M	51	50-54M	2.20.19	1	0
H46	5003	5003	LAUREN	STRETCH	TEMP	F	28	SF	2.20.43	0	0
H47	6043	952	KIMBERLEY	WILSON	CHARLO	F	17	JF	2.20.59	1	0
H48	6044	979	DEREK	WILSON	CHARLO	M	49	45-49M	2.22.20	1	0
H49	6045	953	ELA	WILSON	CHARLO	F	43	40-44F	2.22.20	1	0
H50	6046	895	NEIL	WILLIAMS	CHARLO	M	41	40-44M	2.22.28	1	0
H51	6047	2727	PETER	MEYER	CHARLO	M	42	40-44M	2.22.22	1	0
H52	6048	968	STEPHANIE	SHARP	CHARLO	F	22	SF	2.25.10	1	0
H53	6049	963	NATALIE	SHARP	CHARLO	F	24	SF	2.25.10	1	0
H54	6050	932	LUCY	WENTZEL	CHARLO	F	43	40-44F	2.26.39	1	0
H55	6051	947	EUSENTHA	PILLAY	CHARLO	F	47	45-49F	2.29.52	1	0
H56	6052	922	DAVID	ENSLIN	CHARLO	M	55	55-59M	2.30.10	1	0
H57	6053	881	LISA	HEN-BOISEN	CHARLO	F	40	40-44F	2.33.58	1	0
H58	6054	961	LARA	VAN HEERDEN	CHARLO	F	37	35-39F	2.33.58	1	0
H59	6055	2002	TERTIA	GROBLER	TREEC	F	53	50-54F	2.34.34	1	0
H60	5004	5004	BRUCE	DARLOW	TEMP	M	42	40-44M	2.34.35	0	0
H61	6056	898	TERICA	BURGER	CHARLO	F	41	40-44F	2.34.40	1	0
H62	6057	455	ELIZABETH	PEREIRA	CHARLO	F	54	50-54F	2.36.36	1	0
H63	6058	1118	RODNEY	MAGGOTT	ACH	M	55	55-59M	2.38.29	1	0
H64	6059	903	TREVOR	SMITH	CHARLO	M	48	45-49M	2.39.22	1	0
H65	6060	976	ALMA	FOURIE	CHARLO	F	56	55-59F	2.42.06	1	0
H66	6071	983	MARIUS	CROUCAMP	CHARLO	M	59	55-59M	2.42.06	1	0