

AFRI-SAVE CASH & CARRY MUIRITE 10KM - UITENHAGE - 2013/09/28

POS	R/NO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
1	1527	385	MASIBULELE	HEUGH	MOTHERWELL A C	M	19	JM	0.32.32	1
2	302	166	MAXWELL	GOODMAN	MALABAR	M	40	40-44M	0.33.16	1
3	1522	2045	SIBUSISO	THU	TRANSNET RE	M	25	SM	0.34.09	1
4	5126	5126	SHIRE	HASSAN	TEMP	M	22	SM	0.34.19	0
5	448	1641	ZAMUBUNTU	TEYISE	WARRIORS A C	M	37	35-39M	0.34.27	1
6	1590	558	BRENDON	EFFENAAR	MAXED ELITE EP	M	17	JM	0.35.24	1
7	1739	1739	MANDILAKHE	NEL	TRANSNET RE	M	16	JM	0.36.12	1
8	5151	5151	HOPEWELL	JABAVU	TEMP	M	29	SM	0.37.02	0
9	5148	5148	DEON	APPOLLIS	TEMP	M	34	SM	0.39.00	0
10	5127	5127	ABDI	BUDA	TEMP	M	21	SM	0.39.36	0
11	37	1163	ROBIN	FOURIE	ACHILLES AAA	M	50	50-54M	0.40.38	1
12	5140	5140	SYLVESTER	PLAAITJIES	TEMP	M	28	SM	0.41.23	0
13	1509	66	APHIWE	KISYANE	P.E.A.A.C.	M	22	SM	0.41.27	1
14	601	2539	ANNIL	SALMAN	MAXED ELITE EP	M	23	SM	0.41.39	1
15	1158	1749	PETER	WILDSCHUT	GELVAN A C	M	37	35-39M	0.42.23	1
16	1583	2152	COBUS	GERBER	ABSA NMMU A C	M	18	JM	0.43.18	1
17	5147	5147	EON	DE KLERK	TEMP	M	28	SM	0.43.37	0
18	5208	5208	SALIEM	DAYA	TEMP	M	21	SM	0.44.01	0
19	2571	1747	ROLAND	DU PREEZ	GELVAN A C	M	44	40-44M	0.44.04	1
20	5128	5128	WILLIE	KRUGER	TEMP	M	45	45-49M	0.44.21	0
21	82	1404	DEON	VAN DER MERWE	NEDBANK RC	M	44	40-44M	0.44.26	1
22	1159	1264	DESMOND	FOUCHE	ELITE A C	M	47	45-49M	0.44.36	1
23	164	1497	ASANDA	SOLANI	NEDBANK RC	F	30	SF	0.44.38	1
24	5124	5124	ELLIOT	JANTJIES	TEMP	M	32	SM	0.45.28	0
25	322	1391	JARROD	NASS	MADIBA BAY	M	22	SM	0.45.29	1
26	2558	2074	CAMERON	WESSON	ACHILLES AAA	M	16	JM	0.45.34	1
27	76	951	MEGAN	WILSON	CHARLO R R	F	18	JF	0.45.47	1
28	557	949	GRAHAM	MUNTON	CHARLO R R	M	52	50-54M	0.45.47	1
29	358	1111	GRAHAM	CHANNON	ACHILLES AAA	M	64	60-64M	0.45.52	1
30	362	1462	TERRAY	NEWCOMBE	ELITE A C	F	22	SF	0.46.13	1
31	2594	1125	JARRYD	HEUGH	ACHILLES AAA	M	21	SM	0.46.31	1
32	5141	5141	ABDULLAHI	HUSSEIN	TEMP	M	25	SM	0.46.32	0
33	425	1156	BRUCE	MCEWAN	ACHILLES AAA	M	60	60-64M	0.46.36	1
34	2534	1025	THEMBELIHLE	GXABEKA	BODY CONCEPT	M	38	35-39M	0.46.49	1
35	312	766	SYD	LIPPSTREU	CRUSADERS A C	M	65	65-69M	0.47.09	1
36	320	2505	NDILEKA	MVAKWENDLU	MOTHERWELL A C	F	22	SF	0.47.23	1
37	1530	2085	JACOBUS	WYATT	DESPATCH AC	M	50	50-54M	0.47.23	1
38	223	664	MNCEDISI	TIYO	MOTHERWELL A C	M	40	40-44M	0.47.38	1
39	5138	5138	JAN	LE ROUX	TEMP	M	40	40-44M	0.47.43	0
40	2156	2726	THEMBALETHU	MANGCANGAZA	CHARLO R R	M	19	SM	0.47.50	1
41	1152	148	NURUNNISA	MADATT	MALABAR	F	51	50-54F	0.48.03	1
42	389	1737	WERNER	KLUE	TRANSNET RE	M	21	SM	0.48.14	1
43	68	972	NTANDO	PORO	CHARLO R R	M	23	SM	0.48.24	1
44	2567	2061	DUANE	LERM	DESPATCH AC	M	42	40-44M	0.48.25	1
45	4142	4142	BENJAMIN	MIGGELS	TEMP	M	38	35-39M	0.48.38	0
46	3554	1117	PETER	POHLMANN	ACHILLES AAA	M	50	50-54M	0.48.40	1
47	2557	1155	ANDY	WESSON	ACHILLES AAA	M	43	40-44M	0.50.22	1
48	5207	5207	KENRICK	ADAMS	TEMP	M	22	SM	0.51.16	0
49	1157	2764	THOBELA	SKOSANA	SAP M C EP	M	34	SM	0.51.21	1
50	1576	190	MARIUS	FERREIRA	ST ALBANS CS EP	M	45	45-49M	0.51.32	1
51	45	2494	RYAN	CHAPMAN	CHARLO R R	M	38	35-39M	0.51.36	1
52	52	892	SHAYNE	HARDIMAN	CHARLO R R	M	42	40-44M	0.51.38	1
53	277	1286	PETER	VAN RENSBURG	ELITE A C	M	55	55-59M	0.51.41	1
54	1596	1199	AYDN	WILSON	ACHILLES AAA	M	49	45-49M	0.51.42	1
55	25	1174	PAULETTE	MCEWAN	ACHILLES AAA	F	48	45-49F	0.51.47	1
56	2573	1594	JANE	KEMP	NEDBANK RC	F	37	35-39F	0.52.02	1
57	1572	1220	NOEL	VAN WILLING	ELITE A C	M	47	45-49M	0.52.08	1
58	533	2701	DOREEN	FERREIRA	CHARLO R R	F	54	50-54F	0.52.33	1
59	72	920	DEON	TEUBES	CHARLO R R	M	46	45-49M	0.52.45	1
60	4133	4133	PANO	MANTATRIS	TEMP	M	44	40-44M	0.52.45	0
61	5129	5129	NEESHALON	COMERSAMY	TEMP	M	26	SM	0.52.53	0
62	535	950	SYDNEY	FORLEE	CHARLO R R	M	36	35-39M	0.53.05	1
63	2547	887	GRANT	HOYLE	CHARLO R R	M	40	40-44M	0.53.21	1
64	1575	1714	CONNIE	FELIX	GELVAN A C	F	47	45-49F	0.53.50	1
65	1525	2053	COENIE	KUKKUK	DESPATCH AC	M	51	50-54M	0.54.04	1
66	2600	615	ZOLANI	MQOQI	COEGA AC	M	36	35-39M	0.54.12	1
67	5122	5122	RICHARD	KUNNEKE	TEMP	M	42	40-44M	0.54.13	0
68	5121	5121	WERNER	VAN RENSBURG	TEMP	M	36	35-39M	0.54.23	0
69	2574	1753	DESIREE	EBRAHIM	GELVAN A C	F	48	45-49F	0.54.26	1
70	1505	831	PHILIPPA	FIELD	ALBANY R R	F	37	35-39F	0.54.31	1
71	5123	5123	RENDALL	WITBOOI	TEMP	M	45	45-49M	0.54.58	0

POS	R/NO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
72	5209	5209	WARREN	FURNISS	TEMP	M	31	SM	0.55.01	0
73	1523	189	ELIZE	SMALBERGER	ST ALBANS CS EP	F	57	55-59F	0.55.05	1
74	288	2019	MVULELI	MALAHLA	TRANSNET RE	M	40	40-44M	0.55.08	1
75	5150	5150	NALELI	WILLIAMS	TEMP	M	40	40-44M	0.55.16	0
76	75	952	KIMBERLEY	WILSON	CHARLO R R	F	18	JF	0.55.20	1
77	305	1165	LESLEY	MAGGOTT	ACHILLES AAA	F	46	45-49F	0.55.28	1
78	1153	1359	JEREMY	SCOTT	VWAC	M	42	40-44M	0.55.40	1
79	43	882	ARMIN	BRANDLE	CHARLO R R	M	61	60-64M	0.55.48	1
80	1507	552	PETER	PRINSLOO	VWAC	M	43	40-44M	0.55.48	1
81	967	967	MIKE	BURGER	CHARLO R R	M	54	50-54M	0.55.52	1
82	304	1121	ADRI	DU PLESSIS	ACHILLES AAA	F	40	40-44F	0.55.59	1
83	60	2072	LAUREN	MUNTON	CHARLO R R	F	21	SF	0.56.09	1
84	70	934	LEON	STEYN	CHARLO R R	M	45	45-49M	0.56.12	1
85	4	269	JODI	PIENAAR	WALMER AC	M	19	SM	0.56.23	1
86	16	1934	STEPHEN	COETZEE	BLUEWATER BAY	M	57	55-59M	0.56.28	1
87	5130	5130	MAGMOED	VAN WYK	TEMP	M	36	35-39M	0.56.33	0
88	2540	2070	FANIE	CLAASSEN	DESPATCH AC	M	55	55-59M	0.56.52	1
89	1160	579	BARRY	NELSON	LEGACY AC	M	62	60-64M	0.57.04	1
90	47	925	DEBBIE	DODD	CHARLO R R	F	42	40-44F	0.57.09	1
91	4140	4140	SHELAINIE	KRUGER	TEMP	F	42	40-44F	0.57.10	0
92	4139	4139	ERIKA	NELL	TEMP	F	39	35-39F	0.57.11	0
93	550	912	JONATHAN	MANDELL	CHARLO R R	M	49	45-49M	0.57.17	1
94	469	1273	AMANDA	PIETERSE	ELITE A C	F	36	35-39F	0.57.21	1
95	32	451	LYNETTE	CRAUSE	WALMER AC	F	53	50-54F	0.57.25	1
96	4141	4141	NAASIF	SIRKHOTTE	TEMP	M	32	SM	0.57.36	0
97	2	1294	ANDRE	FOURIE	ELITE A C	M	66	65-69M	0.57.37	1
98	77	1041	RIAAN	VAN DER MERWE	DESPATCH AC	M	42	40-44M	0.57.38	1
99	78	1355	MOSSIE	MOSTERT	VWAC	M	50	50-54M	0.57.38	1
100	58	942	BRONWIN	MEYER	CHARLO R R	F	41	40-44F	0.57.53	1
101	1151	149	ABDOELAZIES	MADATT	MALABAR	M	50	50-54M	0.57.54	1
102	1325	1325	STARLYNE	HASSIEN	TEMP	M	45	45-49M	0.58.15	0
103	2553	1948	NEVILLE	SCHMELZER	BLUEWATER BAY	M	62	60-64M	0.58.35	1
104	1502	709	SUZANNE	HARRIS	OLD SELBORNIAN	F	35	35-39F	0.59.10	0
105	34	1540	JOHAN	FERREIRA	NEDBANK RC	M	40	40-44M	0.59.35	1
106	5153	5153	HUBERT	FOURIE	TEMP	M	30	SM	0.59.37	0
107	480	1154	BILL	EMSLIE	ACHILLES AAA	M	61	60-64M	0.59.50	1
108	1506	2058	RONNIE	JONKER	DESPATCH AC	M	43	40-44M	1.00.04	1
109	5152	5152	NEIL	HARKER	TEMP	M	30	SM	1.00.05	0
110	1542	1468	BONGANI	NDZOMBANE	NEDBANK RC	M	37	35-39M	1.00.18	1
111	1520	2344	GEROME	MINTOOR	ABSA NMMU A C	M	46	45-49M	1.00.19	1
112	2556	113	KEVIN	BENADE	P.E.A.A.C.	M	45	45-49M	1.00.24	1
113	27	87	SHANNON	VAN DE PUTTE	P.E.A.A.C.	F	28	SF	1.00.25	1
114	124	1139	GRAHAM	NELL	ACHILLES AAA	M	62	60-64M	1.00.26	1
115	429	1311	MARYKA	ELS	VWAC	F	53	50-54F	1.00.29	1
116	17	761	CHARLENE	DE CONING	CRUSADERS A C	F	49	45-49F	1.00.33	1
117	2546	672	DENISE	FERREIRA	CRUSADERS A C	F	51	50-54F	1.00.37	1
118	1154	177	NAASIR	LOUIS	MALABAR	M	16	JM	1.00.46	1
119	289	216	SUNET	HARRIS	ST ALBANS CS EP	F	40	40-44F	1.00.48	1
120	2562	677	RAUL	ARCO	CRUSADERS A C	M	26	SM	1.00.55	1
121	63	929	ANUSHA	NAIDU	CHARLO R R	F	46	45-49F	1.01.23	1
122	36	1280	NICO	KOCK	ELITE A C	M	45	45-49M	1.01.25	1
123	5136	1427	ILZE	ALEXANDER	NEDBANK RC	F	30	SF	1.01.28	1
124	4136	4136	LOUISE	BENEKE	TEMP	F	39	35-39F	1.01.29	0
125	1155	131	FADIELA	JOHNSON	MALABAR	F	49	45-49F	1.01.33	1
126	2537	2018	THEOPHILUS	MBANGU	TRANSNET RE	M	47	45-49M	1.01.55	1
127	345	172	TULSIDAS	NARAN	MALABAR	M	59	55-59M	1.02.00	1
128	379	1418	DESMOND	MINNAAR	NEDBANK RC	M	50	50-54M	1.02.14	1
129	1	1293	HELEN	FOURIE	ELITE A C	F	43	40-44F	1.02.17	1
130	439	1679	GENEVIEVE	LAYCOCK	WARRIORS A C	F	44	40-44F	1.02.42	1
131	1503	2052	JHANINEN	BOSHOFF	DESPATCH AC	F	47	45-49F	1.03.05	1
132	409	120	ERIKA	WEYERS	P.E.A.A.C.	F	50	50-54F	1.03.29	1
133	81	271	JEAN-PIERRE	FERREIRA	DESPATCH AC	M	47	45-49M	1.03.37	1
134	2538	2088	RHYNO	OLIVIER	DESPATCH AC	M	44	40-44M	1.03.44	1
135	1519	1443	CATHY	ALLERS	NEDBANK RC	F	51	50-54F	1.03.49	1
136	1516	2086	AMANDA	BLIGNAULT	DESPATCH AC	F	54	50-54F	1.03.51	1
137	5146	5146	ALWYN	SINGLETON	TEMP	M	25	SM	1.04.01	0
138	210	218	ANDRE	LANDMAN	ST ALBANS CS EP	M	60	60-64M	1.04.05	1
139	5143	5143	THERESA	MATTHYSEN	TEMP	F	46	45-49F	1.04.06	0
140	1510	1761	NOLEEN	NORRIS	GELVAN A C	F	56	55-59F	1.04.16	1
141	388	2043	JAN	KLUE	TRANSNET RE	M	54	50-54M	1.04.49	1
142	1598	224	GERRIT	WELGEMOED	ST ALBANS CS EP	M	49	45-49M	1.04.57	1
143	54	881	LISA	HEN-BOISEN	CHARLO R R	F	40	40-44F	1.05.01	1

POS	R/NO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
144	573	961	LARA	VAN HEERDEN	CHARLO R R	F	37	35-39F	1.05.02	1
145	22	465	HELMUT	TERBLANS	WALMER AC	M	48	45-49M	1.05.03	1
146	483	500	ALAN	PENNEY	WALMER AC	M	66	65-69M	1.05.24	1
147	330	1483	FADILLA	FRITZ	NEDBANK RC	F	40	40-44F	1.05.50	1
148	7	473	DENISE	TERBLANCHE	WALMER AC	F	66	65-69F	1.06.17	1
149	21	2438	MYMOENA	ADAMS	NEDBANK RC	F	33	SF	1.06.24	1
150	2561	1371	PIERRE	KNOESEN	MADIBA BAY	M	59	55-59M	1.06.40	1
151	1508	1348	TOUGEEDA	RECIET	VWAC	F	42	40-44F	1.06.52	1
152	602	1118	RODNEY	MAGGOTT	ACHILLES AAA	M	55	55-59M	1.06.52	1
153	2545	2092	VERONICA	BOSHOFF	DESPATCH AC	F	52	50-54F	1.07.17	1
154	487	215	TANIA	TRUTER	ST ALBANS CS EP	F	41	40-44F	1.07.29	1
155	426	211	ELNA	JONCK	ST ALBANS CS EP	F	37	35-39F	1.07.30	1
156	1518	2080	REINET	STEYN	DESPATCH AC	F	52	50-54F	1.07.34	1
157	5	2379	HILTON	JOHNSON	PROFILES	M	45	45-49M	1.07.44	1
158	71	899	MARY-ANNE	STOTT	CHARLO R R	F	35	35-39F	1.08.01	1
159	5131	5131	YVETTE	BROPHY	TEMP	F	44	40-44F	1.08.07	0
160	5132	5132	RENAV	DU PLESSIS	TEMP	F	45	45-49F	1.08.12	0
161	603	202	LOUIS	RUDMAN	ST ALBANS CS EP	M	57	55-59M	1.08.23	1
162	2533	2779	HERMAN	DEKKER	SAP M C EP	M	68	65-69M	1.08.26	1
163	4135	4135	WAYNNE	HERSELMAN	TEMP	M	34	SM	1.08.43	0
164	46	983	MARIUS	CROUCAMP	CHARLO R R	M	59	55-59M	1.08.54	1
165	5142	5142	MARGARET	DYTER-VAN HUYSSTEEN	TEMP	F	45	45-49F	1.09.03	0
166	14	2114	DANIELLE	HARKIN	ABSA NMMU A C	F	17	JF	1.09.07	1
167	471	1279	JUDY	KOCK	ELITE A C	F	41	40-44F	1.09.22	1
168	18	2002	TERTIA	GROBLER	TRANSNET RE	F	54	50-54F	1.09.38	1
169	5210	5210	ALLIWIE	FRITZ	TEMP	M	31	SM	1.09.39	0
170	5145	5145	LIEZEL	VAN WILLING	TEMP	F	42	40-44F	1.09.40	0
171	6	494	STEPHANIE	HAY	WALMER AC	F	57	55-59F	1.10.07	1
172	2570	554	SHUKREE	RECIET	VWAC	M	43	40-44M	1.10.26	1
173	1591	208	ANNA	WELGEMOED	ST ALBANS CS EP	F	44	40-44F	1.10.26	1
174	466	20	BRIAN	SMITH	P.E.A.A.C.	M	70	70+M	1.10.33	1
175	450	91	SICELO	THABETHE	P.E.A.A.C.	M	39	35-39M	1.10.35	1
176	2586	205	YVONNE	RUDMAN	ST ALBANS CS EP	F	52	50-54F	1.10.41	1
177	38	1105	ROBIN	CLARK	ACHILLES AAA	M	72	70+M	1.10.43	1
178	5211	5211	KARIN	ROSSOUW	TEMP	F	49	45-49F	1.10.57	0
179	5212	5212	MARK	ROSSOUW	TEMP	M	47	45-49M	1.10.57	0
180	5206	5206	ADELE	KENNEDY	TEMP	F	39	35-39F	1.11.09	0
181	5149	5149	LIANA	LABUSCHAGNE	TEMP	F	51	50-54F	1.11.10	0
182	53	893	DOROTHY	HART	CHARLO R R	F	75	70+F	1.11.25	1
183	9	1954	NWABISA	MSUTHWANA	BLUEWATER BAY	F	33	SF	1.11.46	1
184	1513	1552	PHOLISA	MGIDLANA	NEDBANK RC	F	32	SF	1.11.47	1
185	5137	5137	MARLENE	VELDTMAN	TEMP	F	38	35-39F	1.12.01	0
186	536	976	ALMA	FOURIE	CHARLO R R	F	56	55-59F	1.12.30	1
187	74	962	MILê	VERMAAK	CHARLO R R	F	46	45-49F	1.12.31	1
188	5135	5135	LISA	NTSEPE	TEMP	F	30	SF	1.12.59	0
189	80	270	SALOME	FERREIRA	DESPATCH AC	F	44	40-44F	1.13.20	1
190	2531	2066	NICOLAAS	CLAASSEN	DESPATCH AC	M	60	60-64M	1.13.27	1
191	1517	2087	BLIKKIES	BLIGNAULT	DESPATCH AC	M	60	60-64M	1.13.28	1
192	1579	1322	JOHAN	NEL	VWAC	M	57	55-59M	1.13.29	1
193	2555	61	MIKE	DU TOIT	P.E.A.A.C.	M	47	45-49M	1.13.37	1
194	2564	186	JEAN-MARIE	FOREMAN	ST ALBANS CS EP	F	18	JF	1.13.51	1
195	342	191	ERIKA	FOREMAN	ST ALBANS CS EP	F	43	40-44F	1.13.51	1
196	341	1332	SANET	VAN NIEKERK	VWAC	F	44	40-44F	1.13.58	1
197	5213	5213	CHANTELLE	BOSHOFF	TEMP	F	35	35-39F	1.13.59	0
198	1161	142	FAYROEZ	ALLY	MALABAR	F	47	45-49F	1.14.19	1
199	33	1780	ESTERLEEN	GALLANT	GELVAN A C	F	35	35-39F	1.14.47	1
200	3	3	AUDIE	CLAASSEN	P.E.A.A.C.	M	61	60-64M	1.14.54	1
201	2560	65	CLAIRWEN	JONES	P.E.A.A.C.	F	35	35-39F	1.15.00	1
202	2559	2119	IVO	MEYER	ABSA NMMU A C	M	38	35-39M	1.15.00	1
203	8	2529	LEE-ANN	GARDINER	NO CLUB	F	51	50-54F	1.16.52	0
204	371	1958	PIETER	GERBER	BLUEWATER BAY	M	55	55-59M	1.17.23	1
205	370	1957	RITA	GERBER	BLUEWATER BAY	F	52	50-54F	1.17.23	1
206	108	219	RENE	POTGIETER	ST ALBANS CS EP	F	54	50-54F	1.17.42	1
207	5139	5139	SHARON	JANTJIES	TEMP	F	37	35-39F	1.18.28	0
208	1163	144	RAFICK	ALLY	MALABAR	M	46	45-49M	1.18.31	1
209	28	28	ELMARIE	HARMSE	P.E.A.A.C.	F	44	40-44F	1.19.13	1
210	2532	2067	HENDRINA	CLAASSEN	DESPATCH AC	F	57	55-59F	1.22.48	1
211	336	1229	RINA	BARNARD	ELITE A C	F	60	60-64F	1.23.12	1
212	445	210	GERT	DEYZEL	ST ALBANS CS EP	M	63	60-64M	1.26.01	1
213	5144	5144	LIESEL	MARAIS	TEMP	F	39	35-39F	1.30.56	0
214	1593	700	CHRIS	BEKKER	CRUSADERS A C	M	60	60-64M	1.30.57	1
HELPERS RUN										

POS	R/NO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
H1	49	1927	EMIL	VILJOEN	BLUEWATER BAY	M	40	40-44M	0.50.30	1
H2	502	303	DE WET	WILLIAMS	MUIRITE STRIDER	M	51	50-54M	0.50.36	1
H3	503	341	GRAHAM	HAYWARD	MUIRITE STRIDER	M	36	35-39M	0.53.29	1
H4	504	281	CHRISTO	VAN DER WALT	MUIRITE STRIDER	M	42	40-44M	0.54.14	1
H5	15	1899	ELWIN	WOODS	DESPATCH AC	M	50	50-54M	0.56.38	1
H6	506	282	DEWALD	VAN DER WALT	MUIRITE STRIDER	M	38	35-39M	0.56.42	1
H7	507	334	NEIL	GROBLER	MUIRITE STRIDER	M	53	50-54M	0.56.51	1
H8	508	337	JOHANNES	HERBST	MUIRITE STRIDER	M	67	65-69M	0.58.04	1
H9	509	509	CHARL	VAN DE MERWE	TEMP	M	18	JM	0.58.38	0
H10	510	285	ANTON	FOURIE	MUIRITE STRIDER	M	53	50-54M	1.00.30	1
H11	511	511	JACQUES	FOURIE	TEMP	M	24	SM	1.00.30	0
H12	4132	513	LIZANDRI	VAN DE MERWE	TEMP	F	20	SF	1.01.50	0
H13	514	514	GERRIE	VAN DE MERWE	TEMP	M	51	50-54M	1.02.33	0
H14	515	333	DERICK	BIRCH	MUIRITE STRIDER	M	58	55-59M	1.02.33	1
H15	516	2093	WILNA	BASSON	DESPATCH AC	F	50	50-54F	1.04.02	1
H16	517	357	STOMPIE	KILLIAN	MUIRITE STRIDER	M	58	55-59M	1.04.12	1
H17	519	326	ARNOLD	RAS	MUIRITE STRIDER	M	51	50-54M	1.06.46	1
H18	1962	1962	ANDRE	PIENAAR	BLUEWATER BAY	M	50	50-54M	1.10.11	1
H19	521	335	JEANETTE	FOURIE	MUIRITE STRIDER	F	45	45-49F	1.10.48	1
H20	522	2094	LOUWRENS	BASSON	DESPATCH AC	M	51	50-54M	1.11.02	1
H21	12	1342	ANTON	SNYMAN	VWAC	M	58	55-59M	1.11.02	1
H22	524	329	ORGIA	NELL	MUIRITE STRIDER	F	70	70+F	1.12.9	1
H23	430	331	MARGARET	DU TOIT	MUIRITE STRIDER	F	52	50-54F	1.14.20	1
H24	526	526	NICKI	VAN NIEKERK	TEMP	F	59	55-59F	1.24.25	0
H25	527	322	LEVONA	KILLIAN	MUIRITE STRIDER	F	50	50-54F	1.24.25	1
H26	528	528	ELMARI	VAN DE MERWE	TEMP	F	49	45-49F	1.35.15	0
H27	529	348	RITA	VOSLOO	MUIRITE STRIDER	F	57	55-59F	1.35.17	1
H28	530	325	ANNA	LE ROUX	MUIRITE STRIDER	F	66	65-69F	1.35.19	1
H29	531	308	MARINDA	DE VRIES	MUIRITE STRIDER	F	50	50-54F	1.38.08	1