

Results per Club - Alpha Pharm Klinikare 10km - 2013/11/30

| POS | NAME | SURNAME | LIC NO | SEX | AGE | CAT | HMS | Part Pts |
|------------------|-----------|--------------|--------|-----|-----|--------|---------|----------|
| ELITE A C | | | | | | | | |
| 69 | RUDI | VAN TONDER | 1216 | M | 41 | 40-44M | 0.41.57 | 3 |
| 107 | LAURA | MARITZ | 1225 | F | 53 | 50-54F | 0.44.58 | 5 |
| 112 | PETER | VAN RENSBURG | 1286 | M | 55 | 55-59M | 0.45.24 | 3 |
| 138 | TERRAY | NEWCOMBE | 1462 | F | 22 | SF | 0.47.24 | 2 |
| 168 | CLAIRE | NAGEL | 1218 | F | 49 | 45-49F | 0.49.11 | 3 |
| 181 | SIDWELL | MATINYANE | 1268 | M | 48 | 45-49M | 0.49.48 | 2 |
| 183 | NOEL | VAN WILLING | 1220 | M | 47 | 45-49M | 0.49.54 | 2 |
| 209 | LANA | BRUYNS | 1261 | F | 45 | 45-49F | 0.51.34 | 2 |
| 227 | JOHAN | MINNIE | 1219 | M | 46 | 45-49M | 0.52.20 | 1 |
| 260 | DANIEL | FERREIRA | 1251 | M | 55 | 55-59M | 0.54.02 | 1 |
| 297 | MIEMSIE | SWANEPOEL | 1253 | F | 52 | 50-54F | 0.56.14 | 1 |
| 363 | NICO | KOCK | 1280 | M | 45 | 45-49M | 0.59.48 | 1 |
| 389 | JAN | LE ROUX | 1288 | M | 54 | 50-54M | 1.02.11 | 1 |
| 403 | CHRISTINE | FOURIE | 1287 | F | 67 | 65-69F | 1.03.38 | 1 |
| 412 | ELAINE | BOSCH | 1270 | F | 30 | SF | 1.04.49 | 1 |
| 413 | RIA | GREYLING | 1274 | F | 53 | 50-54F | 1.04.49 | 1 |
| 429 | YOLANDE | KNOETZE | 1281 | F | 46 | 45-49F | 1.06.41 | 1 |
| 485 | JUDY | KOCK | 1279 | F | 42 | 40-44F | 1.14.02 | 1 |
| 500 | LAURA | LE ROUX | 1299 | F | 50 | 50-54F | 1.19.45 | 1 |