

Results per Club - Alpha Pharm Klinikare 10km - 2013/11/30

POS	NAME	SURNAME	LIC NO	SEX	AGE	CAT	HMS	Part Pts
ST ALBANS CS EP								
51	RUAN	SMALBERGER	188	M	23	SM	0.40.02	3
94	JOSEPH	BAIN	201	M	54	50-54M	0.44.17	3
99	GRAHAM	BUBB	221	M	45	45-49M	0.44.23	3
110	KERNEELS	MEINTJIES	225	M	53	50-54M	0.45.19	3
116	BENNIE	THYSSE	244	M	56	55-59M	0.45.55	3
131	MARIUS	FERREIRA	190	M	45	45-49M	0.47.04	2
202	RIAN	SMALBERGER	198	M	59	55-59M	0.51.08	2
211	ELIZE	SMALBERGER	189	F	58	55-59F	0.51.36	3
236	SYLMA	WATKINS	187	F	45	45-49F	0.52.44	2
290	SHARON	SMUTS	223	F	47	45-49F	0.55.46	1
308	SUNET	HARRIS	216	F	40	40-44F	0.56.55	1
346	ERIKA	FOREMAN	191	F	43	40-44F	0.58.26	1
377	AUBREY	LE ROUX	196	M	60	60-64M	1.01.25	1
385	ANDRE	LANDMAN	218	M	61	60-64M	1.01.58	1
408	LOUIS	RUDMAN	202	M	57	55-59M	1.04.13	1
450	GERRIT	WELGEMOED	224	M	49	45-49M	1.08.36	1
456	TANIA	TRUTER	215	F	41	40-44F	1.09.03	1
457	YVONNE	RUDMAN	205	F	52	50-54F	1.09.23	1
483	JEAN-MARIE	FOREMAN	186	F	18	JF	1.13.57	1
484	ANNA	WELGEMOED	208	F	44	40-44F	1.13.57	1
491	RENE	POTGIETER	219	F	54	50-54F	1.16.35	1