

Nelson Mandela Bay CITY RELAY & 42.2 km

Uitenhage • Despatch • Port Elizabeth

Sunday
3 July 2016

Starts at Muir College Uitenhage
Finish at PE City Hall

Starting Times:
42.2km at 06h30
Relay at 07h00

Organized
by Eastern Province Athletics



ENTRY FORM

2016 Licence No : Club:

Surname:

Name :

ID No: Date of Birth:/...../.....

Gender: Age : Phone Cell :

Email Address:.....

I declare that I will abide by the rules of ASA and EPA and will obey traffic officers and officials at all times. I am medically fit and participate at my own risk and will not hold EPA, host club or sponsors liable for any claim, loss or injury incurred as a result of my participation in the event race.

Marathon R100.00 R.....
Marathon (60 – 69 years) R 50.00 R.....
Marathon (70 years or older) FREE R.....
Temporary License R30.00 R.....
Total R..... R.....

Signature:(Parent or Guardian if minor)



Prize money for Marathon - Men & Women

	1 st	2 nd	3 rd	4 th	5 th
Open	R10000	R6000	R4000	R3000	R1500
35-39	R 3000	R2000	R1500		
40-49	R 3000	R2000	R1500		
50-59	R 3000	R2000	R1500		
60-69	R 3000	R2000	R1500		
70+	R 3000	R2000	R1500		

NB: NO CASH PRIZE MONEY PAYOUTS, EFT ONLY

Format of Relay

Club Teams – 4 Club members per team, either male or female
Club Teams Mixed – 4 club members per team, 2 male and 2 female
Relay legs are divided into a 10km, 11.1km, 10km and 11.1km

Primary School teams (born after 2004) – 8 members per team
High Schools teams – 8 members per team
Social and Corporate – 8 members per team
Relay legs are 3x5km, 1 x 6.1, 3 x 5km, 1 x 6.1km

Prize money for Relay / PER TEAM

Pos	Clubs			Schools			Social
	Male	Female	Mixed	Primary	High		
1	R 20 000	R 20 000	R 6 000	R 4 000	R 4 000	R 4 000	
2	R 12 000	R 12 000	R 4 000	R 1 600	R 1 600	R 1 600	
3	R 10 000	R 10 000	R 3 000	R 1 200	R 1 200	R 1 200	
4	R 8 000	R 8 000	R 2 000				
5	R 6 000	R 6 000	R 1 000				
6	R 4 000	R 4 000					
7	R 3 200	R 3 200					
8	R 2 400	R 2 400					
9	R 1 600	R 1 600					
10	R 800	R 800					

Plus: R10000 bonus to the winning Primary and High School

ENQUIRIES: For further information on the event, contact Michael Mbambani – 0791496796 or EPA Office 041-3742818

ROUTE: Starts at Muir College, run through Uitenhage and Despatch and along Uitenhage Road to the City Hall. Please obey traffic officers and marshals at all times.