

ROCKETS 21.1KM - UITENHAGE - 2016/09/04

POS	R/NO	L/NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
1	459	2580	ZOLANI	NGQAQA	TINARHA	M	27	SM	1.12.18	5
2	703	5015	MLULEKI	NOBANDA	MPTRA	M	47	45-49M	1.13.07	0
3	60	1905	MZWANELE	MAPHEKULA	BLUEBAY	M	40	40-44M	1.13.31	5
4	651	52453	RONNY	MABOTJA	SAPMPL	M	38	35-39M	1.13.40	0
5	685	50351	MPHUTHUMI	NGEDLE	HLAZO	M	38	35-39M	1.13.58	0
6	605	51833	WILDRED	LEEJW	SAPFS	M	33	SM	1.14.25	0
7	533	50112	MKHUSELI	DAYIYA	KIMR	M	25	SM	1.14.39	0
8	697	50019	MZUKISENI	MATYHWAPHULA	MR PRICE	M	33	SM	1.14.44	0
9	111	355	MELIKHAYA	FRANS	Ikhamva	M	26	SM	1.14.59	5
10	465	3761	MASANDE	MLONYENI	SANLAMC	M	35	35-39M	1.15.01	5
11	694	2877	SIPHO	NOVEMBER	GRAAFFR	M	35	35-39M	1.15.02	5
12	110	3316	ZOLANI	MABHONGO	Ikhamva	M	30	SM	1.15.25	5
13	593	4593	LINDOKUHLE	THUSI	TEMP	M	35	35-39M	1.15.58	0
14	464	1149	ZOLILE	MHLAHLA	ACH	M	41	40-44M	1.16.28	5
15	58	1620	ANELE	MALIZA	NEDBANK	M	38	35-39M	1.16.53	5
16	579	4579	TEBOHO	MAJORO	TEMP	M	32	SM	1.17.09	0
17	625	51962	DUMISANI	DOSI	PAARL	M	37	35-39M	1.17.14	0
18	563	3784	JAMES	MGCINA	SAPCG	M	40	40-44M	1.17.52	5
19	599	4599	ARANOLENG	MOGAPI	TEMP	M	34	SM	1.18.15	0
20	560	5070	JOHANNES	MOKOTO	SAPCG	M	31	SM	1.18.40	0
21	701	50780	SANDILE	TSHOLOBA	QH	M	38	35-39M	1.19.13	0
22	542	11305	MORIS	MBANTJWA	SAPSKZN	M	41	40-44M	1.20.15	0
23	634	52247	NGOAKO	MASIPA	SAPS LIM	M	31	SM	1.20.50	0
24	84	860	CHARLES	SEGALO	CHARLO	M	29	SM	1.20.54	4
25	550	9562	MBUYISENI	NGEMA	SAPSKZN	M	35	35-39M	1.21.19	0
26	565	14398	MADODA	MIYA	SAPCG	M	47	45-49M	1.21.19	0
27	557	4557	PHUTI	MPATI	TEMP	M	34	SM	1.21.40	0
28	547	11370	SIPHAMANDLA	MNGUNI	SAPSKZN	M	29	SM	1.21.58	0
29	690	1613	TUMELO	MOCHELENYANE	NEDBANK	M	34	SM	1.22.02	4
30	673	5591	TSHEPO	APHANE	PPOLICE	M	29	SM	1.22.05	0
31	682	50235	TEBOGO	MOOKETSI	NEDNWN	M	38	35-39M	1.22.06	0
32	540	50437	THAMSANQA	MFIEKA	MAXEDKZN	M	42	40-44M	1.22.13	0
33	656	52497	SELLO	MASOMBUKA	SAPMPL	M	34	SM	1.22.30	0
34	597	4597	MPHO	KGOBE	SEDGE	M	32	SM	1.22.47	0
35	499	1959	THOBILE	XATA	BLUEBAY	M	42	40-44M	1.23.18	5
36	695	50783	SIPHAMANDLA	THUNDZI	SAPSTRA	M	31	SM	1.23.25	0
37	602	51956	TSHEPO	MOTSEHELA	ESKOM	M	29	SM	1.23.45	0
38	669	50669	NICE	MASWANGANYE	MAUPA	M	31	SM	1.23.46	0
39	44	1607	EMERSON	KAYANA	NEDBANK	M	42	40-44M	1.23.52	4
40	243	531	NATHI	MDA	MOTHER	M	24	SM	1.23.53	3
41	604	52470	PATRICK	KHALATA	SAPFS	M	32	SM	1.23.57	0
42	225	1332	MZWABANTU	DABAZA	VWAC	M	28	SM	1.24.06	3
43	521	4521	ATLHOLAND	MOLAMI	TEMP	M	25	SM	1.24.09	0
44	603	52087	JONAS	NQOZO	SAPFS	M	32	SM	1.24.20	0
45	683	52405	GIFT	KEKANA	MMABATHO	M	35	35-39M	1.24.46	0
46	699	5832	LWANDILE	NGOBE	REALGIJ	M	32	SM	1.25.11	0
47	583	4583	MICHAEL	MATSEMELA	TEMP	M	33	SM	1.25.17	0
48	639	51566	SEPITILE	LESETJA	SAPS LIM	M	33	SM	1.25.17	0
49	640	5504	RAYMOND	RAMAGOSHI	SAPS LIM	M	27	SM	1.25.18	0
50	601	7078	TANKISO	LEKOTLO	SAPFS	M	30	SM	1.25.44	0
51	551	51234	NKOSINATHI	GAMA	KLIP	M	33	SM	1.25.56	0
52	650	52455	AGENT	MOAGI	SAPMPL	M	34	SM	1.26.22	0
53	439	1170	DESMOND	ZIBI	ACH	M	52	50-54M	1.26.46	5
54	272	2082	JACQUES	BARNARD	DESPATCH	M	40	40-44M	1.26.49	4
55	578	28157	MALESELA	SEGODI	SAPCG	M	32	SM	1.27.06	0
56	668	5614	AMOS	TSHUKUDY	SAPT	M	39	35-39M	1.27.10	0
57	535	50483	CHESTER	DIOKA	KUDUM	M	34	SM	1.27.13	0
58	202	1559	WELCOME	LOLIWE	NEDBANK	M	51	50-54M	1.27.33	5
59	263	2049	LEON	WEITSZ	DESPATCH	M	42	40-44M	1.27.39	3
60	66	1565	KHAYELIHLE	NCUBE	NEDBANK	M	29	SM	1.27.57	3
61	508	4508	MOSALA	PULE	TEMP	M	34	SM	1.28.09	0
62	323	3388	MANDISI	ZAMANI	VWAC	M	24	SM	1.28.10	3
63	676	10619	DITSHINI	MAHLANYA	SAPSPTA	M	42	40-44M	1.28.15	0

POS	R/NO	L/NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
64	657	52486	MANDLA	NHLEKO	SAPMPL	M	37	35-39M	1.28.26	0
65	582	4582	DAVID	TSIANE	TEMP	M	35	35-39M	1.28.27	0
66	596	4596	PAPA	MABUA	TEMP	M	31	SM	1.28.41	0
67	645	52008	MOHALE	RAHOLANE	SAPS LIM	M	45	45-49M	1.28.50	0
68	507	4507	ISRAEL	MPHELA	TEMP	M	40	40-44M	1.29.02	0
69	649	52440	MJABULISENI	SIBANYODI	SAPMPL	M	32	SM	1.29.17	0
70	689	1406	AUGUST	ESAU	NEDBANK	M	45	45-49M	1.29.31	4
71	590	4590	THULANE	MKATSHWA	TEMP	M	36	35-39M	1.29.37	0
72	509	903	ERROL	WHITTAL	CHARLO	M	41	40-44M	1.29.41	3
73	648	52476	SYDNEY	NKAMBULE	SAPMPL	M	31	SM	1.29.45	0
74	81	1609	MICHAEL	PRINCE	NEDBANK	M	42	40-44M	1.30.04	3
75	549	9536	MANDLA	NTULI	SAPSKZN	M	37	35-39M	1.30.07	0
76	684	5501	XOLELA	SIBUTA	TEMP	M	35	35-39M	1.30.36	0
77	548	9558	JABULISA	MGWABA	SAPSKZN	M	36	35-39M	1.30.48	0
78	419	4419	RIKUS	SAAYMAN	TEMP	M	21	SM	1.31.10	0
79	632	52011	CHOENE	MOJELA	SAPS LIM	M	34	SM	1.31.19	0
80	424	424	SITHEMBISO	YOZO	TEMP	M	52	50-54M	1.31.21	0
81	572	18727	MHLENGI	ZUNGU	SAPCG	M	33	SM	1.31.22	0
82	217	2069	MAURITZ	PRETORIUS	DESPATCH	M	26	SM	1.31.25	3
83	74	809	ALFRED	PAKKIES	CHARLO	M	48	45-49M	1.31.33	3
84	287	1002	CRAIG	WILLIAMS	BODYCON	M	39	35-39M	1.31.40	3
85	681	50401	KENNETH	MOTSOAI	SAPNW	M	52	50-54M	1.31.44	0
86	607	51428	ALEC	MADEBE	SAPFS	M	29	SM	1.31.53	0
87	248	510	SIPHOKAZI	NOJOKO	MOTHER	F	21	SF	1.31.54	4
88	479	1415	MICHAEL	MAGSON	NEDBANK	M	40	40-44M	1.32.06	3
89	473	1177	DARYL	NORTH	ACH	M	39	35-39M	1.32.07	3
90	65	797	THEMBEKILE	MSIPA	CHARLO	M	42	40-44M	1.32.15	3
91	623	8523	COERT	BLOM	TYGER	M	46	45-49M	1.32.17	0
92	620	51512	TERRENCE	WILLIAMS	WELLING	M	33	SM	1.32.28	0
93	446	1443	VUSUMZI	RUNELI	NEDBANK	M	43	40-44M	1.32.40	3
94	589	4589	THOKOZANI	XABA	TEMP	M	21	SM	1.32.57	0
95	492	1575	THABISO	JANTJIES	NEDBANK	M	34	SM	1.33.07	2
96	700	51479	MCEBISI	YOSE	ALLSTARS	M	38	35-39M	1.33.09	0
97	577	11773	SKHUMBUZO	LUBISI	SAPCG	M	31	SM	1.33.18	0
98	483	1005	JANE	BARNARDO	BODYCON	F	41	40-44F	1.33.26	5
99	313	1321	MHLANGANISI	MAKOSA	VWAC	M	27	SM	1.33.32	2
100	622	8098	WILHELM	HERRINGS	ARCELOR	M	38	35-39M	1.33.49	0
101	80	1441	ZOLILE	MADYO	NEDBANK	M	38	35-39M	1.33.55	2
102	312	1178	ASANDA	SOLANI	ACH	F	33	SF	1.34.13	3
103	241	2509	SHAUN	COETZEE	XCEL	M	47	45-49M	1.34.18	3
104	69	828	COLBEN	NGCUPE	CHARLO	M	53	50-54M	1.34.29	4
105	559	16043	ITANY	MUKHESI	SAPCG	M	39	35-39M	1.34.36	0
106	338	411	CARRIOT	GALELA	RFLG	M	47	45-49M	1.34.41	3
107	539	11312	STHEMBISO	ZONDI	SAPSKZN	M	37	35-39M	1.34.53	0
108	541	7077	MICHAEL	MAGWENYNE	PHUMA	M	42	40-44M	1.35.03	0
109	43	981	MZWANDILE	JULY	CHARLO	M	43	40-44M	1.35.12	3
110	280	1701	VERNON	NEWFELDT	GELVAN	M	50	50-54M	1.35.14	4
111	562	5587	JAN	LEBESE	PPMC	M	60	60-64M	1.35.18	0
112	600	4600	KAGISO	NTSHABELE	TEMP	M	30	SM	1.35.21	0
113	564	11110	MBHAZIMA	MAVUNDA	SAPCG	M	54	50-54M	1.35.30	0
114	522	4522	MIWIN	HENDRIKSE	TEMP	M	29	SM	1.35.31	0
115	402	1401	MARTIN	JANSEN	NEDBANK	M	48	45-49M	1.35.32	3
116	591	4591	RAKGOSANE	MOKHUTLE	TEMP	M	41	40-44M	1.35.44	0
117	663	52516	ELMON	NKAMBULE	SAPMPL	M	48	45-49M	1.35.51	0
118	643	5505	KGABO	MASOGA	SAPS LIM	M	38	35-39M	1.36.07	0
119	626	50508	GAVIN	JANTJIES	SEDGE	M	40	40-44M	1.36.18	0
120	654	5249	LUCKY	MATHEBULA	SAPMPL	M	32	SM	1.36.23	0
121	456	1709	STANTON	JACKSON	GELVAN	M	45	45-49M	1.36.37	3
122	259	2575	PETER	NTSHIKILA	TINARHA	M	54	50-54M	1.36.45	3
123	536	50108	TEBALO	JULIES	UPINGH	M	43	40-44M	1.36.51	0
124	237	222	JOHANNES	JONCK	CSEP	M	43	40-44M	1.37.00	2
125	500	2641	THEMBA	GXABEKA	NMBMUN	M	41	40-44M	1.37.05	2
126	267	2496	CRAIG	RENSBURG	XCEL	M	40	40-44M	1.37.52	2
127	674	11384	CALVIN	KHOSA	SAPSPTA	M	38	35-39M	1.37.55	0

POS	R/NO	L/NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
128	262	1542	WESSEL	WOLMARANS	NEDBANK	M	38	35-39M	1.38.09	2
129	525	4525	MOTHIBEDI	LEKEKA	TEMP	M	32	SM	1.38.22	0
130	478	1455	DAVERA	MAGSON	NEDBANK	F	41	40-44F	1.38.30	3
131	617	12420	PATRICK	VAN WYK	SAPWP	M	43	40-44M	1.38.37	0
132	633	52246	JOHANNES	MASEKWAMENE	SAPS LIM	M	41	40-44M	1.38.45	0
133	39	1072	ALVARO	HENRIQUES	ACH	M	38	35-39M	1.38.48	2
134	687	2798	NDYEDO	QWAKANISA	SAPPE	M	29	SM	1.38.59	2
135	691	50839	NKULULEKO	MTATI	REALGIJ	M	36	35-39M	1.39.12	0
136	488	2220	GRAHAM	TERBLANCHE	MADIBAZ	M	51	50-54M	1.39.23	3
137	546	52175	SIFISO	NTSHANGASE	RICHBAY	M	32	SM	1.39.40	0
138	646	52482	JULY	KABINI	SAPMPL	M	41	40-44M	1.40.01	0
139	575	16144	SARAH-JANE	KUMALO	SAPCG	F	41	40-44F	1.40.09	0
140	529	50482	TSHEPISO	DIOKA	KUDUM	M	38	35-39M	1.40.17	0
141	618	51925	MARIE	LOUW	MULTI	F	50	50-54F	1.40.20	0
142	206	623	ANTON	VAN TONDER	ASPEN	M	38	35-39M	1.41.12	2
143	457	2488	ROBERT	JORDAAN	XCEL	M	49	45-49M	1.41.15	2
144	692	5777	MTETELWA	HLAZO	HLAZO	M	52	50-54M	1.41.38	0
145	552	9533	SIBUSISO	DIDI	SAPSKZN	M	54	50-54M	1.42.06	0
146	667	5543	RIEME	ENGELBRECHT	PPMC	M	46	45-49M	1.42.50	0
147	8	845	DISEMBA	BLOU	CHARLO	M	58	55-59M	1.42.57	3
148	270	1070	KATHERINE	VAN DER WALT	BODYCON	F	40	40-44F	1.43.04	3
149	598	4598	NKULULEKO	MANGAYI	TEMP	M	30	SM	1.43.06	0
150	204	2040	HENRY	CRAUSE	DESPATCH	M	33	SM	1.43.07	2
151	5	930	ELMARE	BEZUIDENHOUT	CHARLO	F	34	SF	1.43.21	2
152	580	4580	SHADRICK	SHATA	TEMP	M	38	35-39M	1.43.31	0
153	630	50451	KOOS	VIVIERS	LANGHQN	M	54	50-54M	1.43.36	0
154	401	134	IGHSAAN	ISAACS	MALABAR	M	51	50-54M	1.43.43	2
155	530	51064	THULEBONA	NJILO	KIMR	M	41	40-44M	1.43.44	0
156	666	8080	KOTANE	THELELE	NEDRCAGN	M	41	40-44M	1.43.47	0
157	435	1952	VUSI	MSUTHWANA	BLUEBAY	M	44	40-44M	1.43.47	2
158	520	4520	HENDRIK	SNEL	TEMP	M	31	SM	1.43.54	0
159	104	1615	BISHO	NOMBEWU	NEDBANK	M	50	50-54M	1.44.04	2
160	95	1238	RUDI	VAN TONDER	ELITEAC	M	43	40-44M	1.44.24	2
161	283	2050	EDVIN	DONLEY	DESPATCH	M	39	35-39M	1.44.36	2
162	451	2503	EUGENE	VAN WYK	XCEL	M	44	40-44M	1.44.43	2
163	664	6411	JOSEPH	MUSHWANA	SAPT	M	50	50-54M	1.45.06	0
164	494	2584	PHUMZILE	JACK	TINARHA	M	42	40-44M	1.45.37	2
165	94	919	REON	VAN RENSBURG	CHARLO	M	44	40-44M	1.45.47	2
166	278	2051	HELGARD	POTGIETER	DESPATCH	M	44	40-44M	1.45.52	2
167	467	1730	CYRIL	UITHALER	GELVAN	M	53	50-54M	1.45.54	2
168	672	5514	FRANOICS	ROSSOUW	PPOLICE	M	42	40-44M	1.46.03	0
169	281	2501	NIGEL	DANIELS	XCEL	M	41	40-44M	1.46.08	2
170	606	52338	BOITSHOKO	GAETSEWE	SAPFS	M	37	35-39M	1.46.11	0
171	277	2483	CHESTER	BROOKS	XCEL	M	58	55-59M	1.46.17	2
172	624	5084	RIAAN	GROENEWALD	SAPWP	M	47	45-49M	1.46.18	0
173	655	52489	IMMANUEL	MKOKO	SAPMPL	M	29	SM	1.46.22	0
174	244	1361	SIDWEL	ROBOSHI	NEDBANK	M	56	55-59M	1.46.29	2
175	433	1298	MAKHOSANDILE	NGQUSE	VWAC	M	40	40-44M	1.46.30	2
176	245	525	MPUMELELO	NDLUMBINI	MOTHER	M	44	40-44M	1.46.44	2
177	285	601	MBULELO	KITAS	YOUTH	M	47	45-49M	1.46.45	2
178	443	1444	BONGISIZWE	VENA	NEDBANK	M	27	SM	1.46.57	2
179	686	1245	WILLEM	DAFEL	ELITEAC	M	48	45-49M	1.47.06	2
180	284	636	RICARDO	DAYA	ASPEN	M	44	40-44M	1.47.09	2
181	665	8899	XOLANI	MBOMBELA	GUGS	M	43	40-44M	1.47.31	0
182	662	52457	APRIL	KGOETE	SAPMPL	M	42	40-44M	1.47.37	0
183	475	2081	HANLIE	VAN DER WESTHUIZEN	DESPATCH	F	60	60-64F	1.47.38	5
184	257	1566	PAUL	NGWEMA	NEDBANK	M	43	40-44M	1.47.44	2
185	566	7767	LETTIE	SEABELA	SAPCG	F	30	SF	1.47.52	0
186	501	4501	AUBREY	XHUMA	TEMP	M	27	SM	1.47.54	0
187	214	1284	JEREMY	SCOTT	VWAC	M	45	45-49M	1.47.55	2
188	477	1538	TALANA	VOSLOO	NEDBANK	F	35	35-39F	1.47.58	2
189	621	5091	RODERICK	MORRISON	SAPWP	M	52	50-54M	1.48.00	0
190	506	4506	MPIYAKHE	MANTSHIANA	TEMP	M	47	45-49M	1.48.07	0
191	502	4502	KEBONEMODISA	LOBESSES	TEMP	M	32	SM	1.48.10	0

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192	545	9576	ELIZABETH	SQUIRES	SAPSKZN	F	46	45-49F	1.48.22	0
193	491	1522	SITHEMBILE	MPAKO	NEDBANK	M	55	55-59M	1.48.48	2
194	282	1075	SIERAAGH	NORDIEN	ACH	M	52	50-54M	1.49.01	2
195	333	1533	MTHUTHU	PIKOLI	NEDBANK	M	41	40-44M	1.49.05	2
196	587	4588	THIVHAVHUDZI	MIKOSI	TEMP	M	46	45-49M	1.49.19	0
197	635	5509	KENNETH	THUVHAKALE	SAPS LIM	M	35	35-39M	1.49.21	0
198	613	52067	MASAMUEL	MOYANA	SAPFS	F	51	50-54F	1.49.29	0
199	68	1221	TERRAY	NEWCOMBE	ELITEAC	F	25	SF	1.49.31	2
200	264	195	RUAN	WELGEMOED	CSEP	M	21	SM	1.49.31	1
201	670	10606	PELAELO	MASHILANGWAKO	SAPSPTA	M	46	45-49M	1.49.48	0
202	73	1915	CHRISTOPHER	NYODI	BLUEBAY	M	58	55-59M	1.49.55	2
203	448	1030	BASTIAN	DOMKE	BODYCON	M	31	SM	1.49.59	1
204	608	52066	MOYANA	MOYANA	SAPFS	M	54	50-54M	1.50.09	0
205	239	1092	EDEN	GRUNDLINGH	ACH	M	26	SM	1.50.11	1
206	92	971	JEFFREY	VAN NIEKERK	CHARLO	M	43	40-44M	1.50.22	2
207	661	52470	MANUEL	NGOBENI	SAPMPL	M	28	SM	1.50.34	0
208	232	2102	BILLY BOY	KIETAS	DESPATCH	M	41	40-44M	1.50.42	2
209	449	2205	LINTON	HARMSE	MADIBAZ	M	52	50-54M	1.50.49	2
210	290	190	MARIUS	FERREIRA	CSEP	M	48	45-49M	1.50.54	2
211	568	3326	MOTHEO	KGAPHOLA	SAPCG	F	39	35-39F	1.50.56	2
212	228	1069	BRUCE	GIE	BODYCON	M	43	40-44M	1.51.03	1
213	215	34	ROBERT	RIETMULLER	PEAAC	M	60	60-64M	1.51.04	2
214	205	1094	BRUCE	KING	ACH	M	50	50-54M	1.51.12	2
215	647	52500	LEON	VAN DEN BERG	SAPMPL	M	43	40-44M	1.51.24	0
216	437	2512	MARVIN	DRAAI	XCEL	M	45	45-49M	1.51.39	2
217	526	4526	SAMUEL	BEISE	TEMP	M	47	45-49M	1.52.08	0
218	83	805	GREGORY	ROSS	CHARLO	M	43	40-44M	1.52.42	1
219	679	12020	NTOMBIZODWA	BOVULA	SAPNW	F	33	SF	1.52.54	0
220	412	4412	ARNIELL	BERRY	TEMP	M	41	40-44M	1.53.01	0
221	638	50683	MARIBULLA	NTULI	SAPS LIM	M	34	SM	1.53.04	0
222	236	2043	ZIRK	HAEFELE	DESPATCH	M	39	35-39M	1.53.19	1
223	293	4293	NTSIKELELO	MAGAWU	TEMP	M	41	40-44M	1.53.26	0
224	544	9552	SENZENY	DUBE	SAPSKZN	F	27	SF	1.53.38	0
225	644	5506	BENJAMIN	MASHITISHO	SAPS LIM	M	40	40-44M	1.53.41	0
226	103	801	ANDREAS	WIID	CHARLO	M	23	SM	1.53.49	1
227	537	50486	BOITUMELO	MOTSETSE	KUDUM	M	35	35-39M	1.53.55	0
228	258	3038	ANELE	MRAMBA	Ikhamva	M	34	SM	1.54.11	1
229	527	50516	ANDRE	BROUWERS	KIMBH	M	49	45-49M	1.54.22	0
230	616	50504	GODFREY	JANTJIES	SEDGE	M	35	35-39M	1.54.22	0
231	235	1250	PETER	VAN RENSBURG	ELITEAC	M	58	55-59M	1.54.28	2
232	505	4505	GAERUTWE	TEKOLO	TEMP	M	32	SM	1.54.29	0
233	62	978	LOUISE	MAZUELAS	CHARLO	F	38	35-39F	1.54.30	2
234	12	967	MIKE	BURGER	CHARLO	M	57	55-59M	1.54.35	2
235	463	221	GRAHAM	BUBB	CSEP	M	48	45-49M	1.54.48	1
236	229	1665	NICO	SMITH	MADIBA	M	31	SM	1.54.49	1
237	641	5511	LENKWANG	RANGWATO	SAPS LIM	M	36	35-39M	1.55.11	0
238	24	1416	STEPHEN	DU PREEZ	NEDBANK	M	30	SM	1.55.17	1
239	40	953	RYAN	HOLDER	CHARLO	M	28	SM	1.55.18	1
240	22	871	RICHARD	DE ANDRADE	CHARLO	M	55	55-59M	1.55.24	2
241	201	2101	MOEGAMAT	JOHNSON	DESPATCH	M	47	45-49M	1.55.31	1
242	50	1073	KRISTEN	LAWSON	ACH	F	23	SF	1.55.55	1
243	326	4326	SIYABONGA	NKAYI	TEMP	M	29	SM	1.56.05	0
244	406	4406	MISIKHAYA	JOHNSON	TEMP	M	26	SM	1.56.10	0
245	489	506	OLWETHU	BOMVANA	MOTHER	F	30	SF	1.56.23	1
246	425	4425	ALLAN	VAN DEN BERG	TEMP	M	26	SM	1.56.25	0
247	101	1352	TOEGEDA	VYVER	NEDBANK	F	44	40-44F	1.56.30	2
248	440	1580	BENEDICT	WILSON	NEDBANK	M	38	35-39M	1.56.31	1
249	569	15001	BOITUMELO	SEHLOHO	SAPCG	F	32	SF	1.56.40	0
250	534	50595	CASSIUS	ROOIBAATJIE	KIMR	M	53	50-54M	1.56.50	0
251	693	50133	NOMXOLISI	VUKE	CHEETAH	F	36	35-39F	1.57.01	0
252	595	4595	PATRICIA	GALESHEWE	TEMP	F	33	SF	1.57.07	0
253	78	792	PETER	POHLMANN	CHARLO	M	53	50-54M	1.57.10	1
254	581	4581	KELEGOGILE	MOKGADI	TEMP	F	34	SF	1.57.18	0
255	416	4416	ETIENNE	POTGIETER	TEMP	M	34	SM	1.57.20	0

POS	R/NO	L/NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
256	72	1554	MASIXOLE	NTONGANA	NEDBANK	M	27	SM	1.57.29	1
257	230	3391	MTHETHELELI	MANQANA	SAPPE	M	31	SM	1.57.45	1
258	233	220	BENNIE	THYSSE	CSEP	M	59	55-59M	1.57.49	2
259	286	1251	CLIVE	WEWERS	ELITEAC	M	56	55-59M	1.57.52	2
260	224	2085	JACOBUS	WYATT	DESPATCH	M	53	50-54M	1.57.58	1
261	34	892	SHAYNE	HARDIMAN	CHARLO	M	45	45-49M	1.58.22	1
262	37	841	LESTER	HEN-BOISEN	CHARLO	M	48	45-49M	1.58.44	1
263	220	52081	ZIMKITHA	HOZI	BRAC	F	21	SF	1.58.54	0
264	543	9589	NOKUPHIWA	NDAWA	SAPSKZN	F	34	SF	1.59.01	0
265	417	4417	KAREL	DANIELS	TEMP	M	50	50-54M	1.59.16	0
266	268	1524	SAM	ERASMUS	NEDBANK	M	58	55-59M	1.59.21	1
267	85	939	MXOLISI	SIZIBA	CHARLO	M	45	45-49M	1.59.23	1
268	523	4523	JACOBUS	VAN DER WESTHUIZEN	TEMP	M	52	50-54M	1.59.25	0
269	55	840	WAYNE	MAC GEAR	CHARLO	M	53	50-54M	1.59.30	1
270	460	2600	VUYO	GROOTBOOM	TINARHA	M	39	35-39M	1.59.38	1
271	234	52762	KHULEKANI	KHUMALO	NRB	M	54	50-54M	2.00.00	0
272	247	526	ELSABE	NDLUMBINI	MOTHER	F	33	SF	2.00.02	1
273	432	1331	MAGMOED	VAN WYK	VWAC	M	39	35-39M	2.00.06	1
274	680	50882	DAVID	KGWEFANE	SAPNW	M	51	50-54M	2.00.38	0
275	422	4422	KOJI	SHIOTA	TEMP	M	35	35-39M	2.00.40	0
276	677	6682	MABATHO	LETAGENG	ZWAKALA	F	33	SF	2.00.52	0
277	631	51529	UNA	SAAYMAN	NEDBSWD	F	55	55-59F	2.00.53	0
278	431	1335	FAIZEL	NORDIEN	VWAC	M	43	40-44M	2.01.04	1
279	18	458	WYNAND	CRAUSE	WALMER	M	26	SM	2.01.21	1
280	218	1600	VUSUMZI	SIMAKUHLE	NEDBANK	M	51	50-54M	2.01.44	1
281	327	4327	MANDILAKHE	MKOSANI	TEMP	M	25	SM	2.01.46	0
282	455	2732	LIZETTE	SYDIEN	XCEL	F	30	SF	2.01.48	1
283	86	1632	ADELE	SLABBERT	MADIBA	F	45	45-49F	2.02.11	1
284	497	1313	STARLYNE	HASSIEN	VWAC	M	48	45-49M	2.02.23	1
285	410	4410	JUANITA	CLAASSEN	TEMP	F	27	SF	2.02.24	0
286	49	843	ROSS	LANDY	CHARLO	M	53	50-54M	2.02.24	1
287	223	3347	STEVEN	DONDASHE	TPTACEP	M	53	50-54M	2.02.32	1
288	576	18726	VICTORIA	NGOBESE	SAPCG	F	55	55-59F	2.02.34	0
289	420	4420	TSHILDA	TOMOYNKI	TEMP	M	29	SM	2.02.38	0
290	221	1111	GRAHAM	CHANNON	ACH	M	66	65-69M	2.02.40	2
291	61	1706	HENRY	MASCHAKA	GELVAN	M	50	50-54M	2.03.30	1
292	487	1311	LOYISO	MAZIBU	VWAC	M	35	35-39M	2.03.33	1
293	571	5309	SAGATHAVAN	PATHER	SAPCG	M	42	40-44M	2.03.40	0
294	1	158	LUQMAAN	ADAMS	MALABAR	M	45	45-49M	2.03.49	1
295	310	1739	DESIREE	TITUS	GELVAN	F	51	50-54F	2.03.53	1
296	567	18731	DUDUZILE	ZULU	SAPCG	F	37	35-39F	2.03.54	0
297	584	4584	THELMA	MAKOFANE	TEMP	F	31	SF	2.03.55	0
298	637	52005	PAKANA	SHILENGE	SAPS LIM	F	34	SF	2.03.56	0
299	642	28733	NNAKO	RAMOSIBUDI	SAPS LIM	F	38	35-39F	2.04.22	0
300	269	1082	LINETTE	VON MANSBERG	ACH	F	42	40-44F	2.05.03	1
301	436	1114	GAIL	KLICHOWICZ	ACH	F	49	45-49F	2.05.13	1
302	276	476	INA	MEAKER	WALMER	F	55	55-59F	2.05.16	2
303	70	1928	CONROY	NOTLEY	BLUEBAY	M	35	35-39M	2.05.24	1
304	442	2057	LESLEY ANN	BUSH	DESPATCH	F	44	40-44F	2.05.25	1
305	105	2046	HEINRICH	BLUMENTHAL	DESPATCH	M	51	50-54M	2.05.30	1
306	27	1486	JOHAN	FERREIRA	NEDBANK	M	54	50-54M	2.05.42	1
307	59	912	JONATHAN	MANDELL	CHARLO	M	51	50-54M	2.05.45	1
308	289	406	ZOLANI	MQOQI	VUKANI	M	39	35-39M	2.06.07	1
309	407	4407	LUZANNE	LARTER	TEMP	F	33	SF	2.06.13	0
310	14	30370	ROBERT	BUTTON	OLDSELB	M	57	55-59M	2.06.37	0
311	486	1309	THANDEKILE	GAXAMBA	VWAC	M	45	45-49M	2.06.52	1
312	675	4237	SEGAMETSI	MADUENYANE	FORDMC	F	42	40-44F	2.06.53	0
313	212	571	ARTHUR	WILLIAMS	RUN4C	M	53	50-54M	2.07.10	1
314	41	1136	CATHY	IVES	ACH	F	63	60-64F	2.07.29	2
315	4	846	BELINDA	BAIN	CHARLO	F	54	50-54F	2.07.39	1
316	450	1157	GEOFF	ROBERTS	ACH	M	64	60-64M	2.08.02	1
317	452	1521	ANDRE	NEL	NEDBANK	M	49	45-49M	2.08.15	1
318	698	1603	MORNE	VAN WYK	NEDBANK	M	46	45-49M	2.08.17	1
319	415	4415	DANIEL	TRUTER	TEMP	M	39	35-39M	2.08.21	0

POS	R/NO	L/NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
320	652	52463	NOMASONTO	MAKHOPA	SAPMPL	F	41	40-44F	2.08.35	0
321	23	2138	WAYNE	DRAAI	MADIBAZ	M	50	50-54M	2.08.42	1
322	20	943	DENISE	DARLOW	CHARLO	F	47	45-49F	2.08.43	1
323	461	2216	KOBUS	VOSLOO	MADIBAZ	M	39	35-39M	2.08.43	1
324	484	1187	THERESA	LILLIS	ACH	F	60	60-64F	2.09.04	1
325	10	882	ARMIN	BRANDLE	CHARLO	M	64	60-64M	2.09.06	1
326	17	451	LYNETTE	CRAUSE	WALMER	F	56	55-59F	2.09.17	1
327	411	4411	RENIER	VAN VUUREN	TEMP	M	59	55-59M	2.09.21	0
328	504	4504	SIMON	MATLOA	TEMP	M	44	40-44M	2.09.22	0
329	63	52165	BUNTU	MBONDA	BUFFALO	M	30	SM	2.09.27	0
330	531	50187	MELATO	SEPHIRI	KIMR	M	52	50-54M	2.09.48	0
331	408	4408	NZUZO	NOQEKWA	TEMP	M	38	35-39M	2.10.02	0
332	423	1602	WENDY	VAN DER MERWE	NEDBANK	F	41	40-44F	2.10.03	1
333	610	52386	MPHO	LECHLE	SAPFS	F	31	SF	2.10.25	0
334	609	52076	MOLEBOHENG	MOSOEU	SAPFS	F	37	35-39F	2.10.25	0
335	458	2187	SYLVAN	BLIGNAUT	MADIBAZ	M	56	55-59M	2.10.51	1
336	447	2076	MICHELLE	CLAASSENS	DESPATCH	F	48	45-49F	2.11.03	1
337	611	52387	NOZIPHO	MABASO	SAPFS	F	27	SF	2.11.17	0
338	660	52469	SANTA	VAN HEERDEN	SAPMPL	F	42	40-44F	2.11.27	0
339	254	2074	MOSSIE	MOSTERT	DESPATCH	M	53	50-54M	2.11.32	1
340	573	53758	LEBOGANG	MANAIOA	SAPCG	F	33	SF	2.11.43	0
341	109	895	WESLEY	DREVER	CHARLO	M	26	SM	2.11.44	1
342	493	777	CHARLES	RENNIE	CRUSADE	M	52	50-54M	2.11.54	1
343	558	4558	NTSWAKI	NGAMOLE	TEMP	F	25	SF	2.11.57	0
344	3	1470	LYNDON	BAGLEY	NEDBANK	M	47	45-49M	2.12.42	1
345	107	3383	ETIENNE	GERBER	VWAC	M	46	45-49M	2.12.42	1
346	106	1294	CLINTON	FRANCIS	VWAC	M	42	40-44M	2.13.05	1
347	594	4594	BETHAMA	MULAUDZI	TEMP	F	36	35-39F	2.13.05	0
348	658	52485	JUDDY	NYALUNGU	SAPMPL	F	37	35-39F	2.13.31	0
349	441	2132	ROLAND	KAYSTER	MADIBAZ	M	41	40-44M	2.13.32	1
350	485	1071	THEA	PRETORIUS	ACH	F	28	SF	2.13.37	1
351	25	922	DAVID	ENSLIN	CHARLO	M	58	55-59M	2.13.42	1
352	231	1144	KEN	BARWOOD	ACH	M	61	60-64M	2.13.49	1
353	56	1165	LESLEY	MAGGOTT	ACH	F	49	45-49F	2.13.51	1
354	249	521	MZINGISI	SONZABA	MOTHER	M	53	50-54M	2.13.52	1
355	476	41	THEMBISILE	NTONI	PEAAC	M	68	65-69M	2.13.59	1
356	438	1147	LIZ	PRINS	ACH	F	47	45-49F	2.14.08	1
357	16	901	GERALDINE	COLVIN	CHARLO	F	48	45-49F	2.14.11	1
358	403	4403	SANDISWA	ADAMS	TEMP	F	31	SF	2.14.34	0
359	653	52451	PHINDIWE	NGQAYI	SAPMPL	F	34	SF	2.14.42	0
360	102	989	MONIQUE	WESTRAADT	CHARLO	F	23	SF	2.14.43	1
361	413	4413	ELMAR	LANDMAN	TEMP	M	23	SM	2.14.57	0
362	227	1141	JACOBUS	STADLER	ACH	M	16	JM	2.14.58	1
363	226	1120	BENNIE	STADLER	ACH	M	53	50-54M	2.14.59	1
364	266	1466	AT	SCHOEMAN	NEDBANK	M	59	55-59M	2.15.09	1
365	275	474	ROXY	MEAKER	WALMER	F	23	SF	2.15.38	1
366	99	859	MALCOLM	VORSTER	CHARLO	M	32	SM	2.15.39	1
367	496	701	BEVAN	BARKHUIZEN	CRUSADE	M	47	45-49M	2.16.00	1
368	337	4337	DEON	PRINSLOO	TEMP	M	50	50-54M	2.16.07	0
369	332	2283	VUYOKAZI	MBASA	MADIBAZ	F	35	35-39F	2.16.23	1
370	299	50582	FREDERICK	FERREIRA	BORN	M	61	60-64M	2.17.15	0
371	615	5085	CRYSTLE-LYNNE	MOORE	SAPWP	F	29	SF	2.17.19	0
372	524	4524	JUANITA	KOTZE	TEMP	F	45	45-49F	2.17.26	0
373	466	1514	DAVID	O'REILLY	NEDBANK	M	68	65-69M	2.17.27	1
374	445	1346	ZOLISA	NCEZULA	NEDBANK	M	38	35-39M	2.17.28	1
375	260	16	MAUSEREEN	PETERSEN	PEAAC	F	42	40-44F	2.17.37	1
376	629	50452	CHARMAINE	VIVIERS	LANGHQN	F	52	50-54F	2.17.43	0
377	428	4428	AMEEN	DAVIDS	TEMP	M	31	SM	2.17.53	0
378	261	2754	CRAIG	PETERSEN	SAPPE	M	42	40-44M	2.17.54	1
379	300	1703	GODFREY	KARIEM	GELVAN	M	75	70+M	2.18.01	1
380	298	1969	NICK	FERREIRA	BLUEBAY	M	65	65-69M	2.18.08	1
381	555	9596	GAVIN	BAZLEY	SAPSKZN	M	52	50-54M	2.18.10	0
382	472	93	LANCE	SHORTT	PEAAC	M	65	65-69M	2.18.11	1
383	481	1283	PETER	PRINSLOO	VWAC	M	46	45-49M	2.18.16	1

POS	R/NO	L/NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
384	592	4592	KGOMOTSO	SEKOELE	TEMP	F	37	35-39F	2.18.21	0
385	93	3427	NEELS	VAN RENSBURG	CSEP	M	46	45-49M	2.18.23	1
386	256	2114	LANA	BRUYNS	MADIBAZ	F	48	45-49F	2.18.25	1
387	585	4585	CATE	MALATJI	TEMP	F	35	35-39F	2.18.43	0
388	519	50155	KELVIN	BROWN	SPRINGB	M	37	35-39M	2.18.43	0
389	15	1185	CAROL-ANNE	CASH	ACH	F	46	45-49F	2.18.49	1
390	659	52435	PHILISIWE	NKOSI	SAPMPL	F	33	SF	2.18.59	0
391	240	1685	JANNIE	GOOSEN	MADIBA	M	45	45-49M	2.19.22	1
392	252	1301	PIETER	STEYN	VWAC	M	57	55-59M	2.19.25	1
393	430	4430	WIEHAM	BOSHOFF	TEMP	M	23	SM	2.19.28	0
394	636	52017	RAMAESELA	MALULEKE	SAPS LIM	F	37	35-39F	2.19.28	0
395	311	1747	ANTOINETTE	HUMAN	GELVAN	F	48	45-49F	2.19.45	1
396	208	1228	ERIC	BOSCH	ELITEAC	M	35	35-39M	2.20.01	1
397	209	1229	ELAINE	BOSCH	ELITEAC	F	32	SF	2.20.02	1
398	242	1031	LAUREN	SMITH	BODYCON	F	33	SF	2.20.23	1
399	291	223	SHARON	SMUTS	CSEP	F	50	50-54F	2.20.26	1
400	51	928	PAIGE	LEE	CHARLO	F	50	50-54F	2.20.51	1
401	48	861	PAMELA	LABUSCHAGNE	CHARLO	F	44	40-44F	2.20.51	1
402	619	51088	SANDRA	JONATHAN	VOB	F	50	50-54F	2.21.06	0
403	503	4503	TLHATSE	MOSIKARE	TEMP	F	38	35-39F	2.21.15	0
404	207	2052	JHANINEN	BOSHOFF	DESPATCH	F	50	50-54F	2.21.17	1
405	678	50770	KHUMO	MASENYA	SAPNW	F	41	40-44F	2.21.24	0
406	554	11369	MEGGINIA	HLATSHWAYO	SAPSKZN	F	36	35-39F	2.22.05	0
407	553	10389	SAMKE	MNCUBE	SAPPMB	F	30	SF	2.22.05	0
408	495	1741	DEON	SMITH	GELVAN	M	48	45-49M	2.22.34	1
409	405	4405	CRAIG	GLEAVES	TEMP	M	48	45-49M	2.22.44	0
410	688	1195	MARIETJIE	PIETERSEN	ACH	F	59	55-59F	2.22.54	1
411	67	52943	PHUNYEZWA	NDEVU	SABC	F	50	50-54F	2.22.59	0
412	409	4409	XABISA	SOBUWA	TEMP	F	31	SF	2.23.02	0
413	627	51488	HENDRICA	LEKAY	NEDBSWD	F	37	35-39F	2.23.03	0
414	28	461	ELDON	FORTMANN	WALMER	M	66	65-69M	2.23.04	1
415	294	472	LETA	DOS SANTOS	WALMER	F	52	50-54F	2.23.06	1
416	421	4421	ALBERTO	VILA	TEMP	M	32	SM	2.23.09	0
417	71	1929	LIZELLE	NOTLEY	BLUEBAY	F	33	SF	2.24.05	1
418	54	1386	NOYISE	LUVALO	NEDBANK	F	36	35-39F	2.24.20	1
419	427	4427	JANI	DEYZEL	TEMP	F	22	SF	2.24.31	0
420	426	4426	DANIELLE	BOTHA	TEMP	F	22	SF	2.24.31	0
421	528	51616	PIET	MOKOENA	KIMR	M	47	45-49M	2.24.49	0
422	418	4418	LINTON	ROHL	TEMP	M	48	45-49M	2.24.50	0
423	52	1678	BUSISIWE	LESORO	MADIBA	F	45	45-49F	2.25.10	1
424	474	1938	SONJA	OLIVIER	BLUEBAY	F	49	45-49F	2.25.10	1
425	7	2086	AMANDA	BLIGNAULT	DESPATCH	F	56	55-59F	2.25.11	1
426	203	1549	CHANTELLE	ROHL	NEDBANK	F	36	35-39F	2.25.23	1
427	273	2033	ADELE	BARNARD	DESPATCH	F	36	35-39F	2.25.27	1
428	238	211	ELNA	JONCK	CSEP	F	40	40-44F	2.25.28	1
429	292	2059	YVETTE	JONKER	DESPATCH	F	44	40-44F	2.25.28	1
430	98	1673	ANITA	VISAGIE	MADIBA	F	38	35-39F	2.25.32	1
431	532	50544	AUBREY	MGADI	KIMR	M	42	40-44M	2.26.22	0
432	324	594	VELILE	SALMAN	YOUTH	M	43	40-44M	2.26.43	1
433	470	2099	ELZABE	PHILLIPSON	DESPATCH	F	33	SF	2.26.45	1
434	213	2054	MELISSA	BERG	DESPATCH	F	46	45-49F	2.26.46	1
435	574	52880	THOBEKA	MHLAHO	SAPCG	F	42	40-44F	2.27.03	0
436	490	776	PIETER	VAN NIEKERK	CRUSADE	M	42	40-44M	2.27.05	1
437	35	893	JACKIE	HAY	CHARLO	F	51	50-54F	2.27.07	1
438	482	1139	GRAHAM	NELL	ACH	M	65	65-69M	2.27.58	1
439	614	6542	BERNISE	VINELLO-LIPPERT	TYGER	F	43	40-44F	2.28.23	0
440	588	4588	AMBULANCE	MAGOMANI	TEMP	M	49	45-49M	2.28.26	0
441	612	52193	SIZIWE	LUKA	SAPFS	F	43	40-44F	2.29.01	0
442	47	1924	MARKUS	KUNNEKE	BLUEBAY	M	47	45-49M	2.30.48	1
443	216	85	AYANDA	MJI	PEAAC	F	46	45-49F	2.31.30	1
444	79	1592	GORDON	POTGIETER	NEDBANK	M	45	45-49M	2.32.23	1
445	274	718	OCTAVIA	BOSHOFF	CRUSADE	F	46	45-49F	2.32.24	1
446	570	50012	BENEDICT	MATHEBULA	SAPCG	M	50	50-54M	2.34.43	0
447	538	11341	NOXOLO	MDUBEKI	SAPSKZN	F	31	SF	2.34.44	0

POS	R/NO	L/NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
448	91	961	LARA	VAN HEERDEN	CHARLO	F	40	40-44F	2.35.01	1
449	38	881	LISA	HEN-BOISEN	CHARLO	F	43	40-44F	2.35.04	1
450	77	78	JEANETTE	PIENAAR	PEAAC	F	68	65-69F	2.35.45	1
451	279	2036	LYDIA	POTGIETER	DESPATCH	F	41	40-44F	2.36.31	1
452	271	2098	ELIZNA	BASSON	DESPATCH	F	53	50-54F	2.36.31	1
453	89	473	DENISE	TERBLANCHE	WALMER	F	69	65-69F	2.36.48	1
454	211	1336	LINDY	JONAS	VWAC	F	33	SF	2.36.56	1
455	210	3384	DEAN	BOSMAN	VWAC	M	34	SM	2.36.57	1
456	295	1646	ANDRE	COETZER	MADIBA	M	45	45-49M	2.37.37	1
457	414	4414	VICKY	TSOUKNIDAS	TEMP	F	38	35-39F	2.37.56	0
458	429	361	VUYOLWETHU	MAFIKA	Ikhamva	F	38	35-39F	2.39.22	1
459	671	6412	HLUPHELA	MALULEKE	SAPT	F	42	40-44F	2.39.35	0
460	480	2079	SANET	VAN NIEKERK	DESPATCH	F	47	45-49F	2.39.36	1
461	33	1403	NOMATEMBA	GUM	NEDBANK	F	42	40-44F	2.40.38	1
462	251	2080	REINET	STEYN	DESPATCH	F	55	55-59F	2.41.07	1
463	462	2289	THEMBI	KLAAS	MADIBAZ	M	40	40-44M	2.41.27	1
464	288	1135	MOF	BOTHA	ACH	M	60	60-64M	2.41.40	1
465	253	1500	JAN	LE ROUX	NEDBANK	M	57	55-59M	2.41.41	1
466	90	465	HELMUT	TERBLANS	WALMER	M	51	50-54M	2.41.42	1
467	628	5100	ZONA	VAN SCHOOR	SAPWP	F	51	50-54F	2.41.45	0
468	556	9590	ADELE	BAZLEY	SAPSKZN	F	49	45-49F	2.41.46	0
469	468	1619	PUMEZA	KETSHENGANA	NEDBANK	F	35	35-39F	2.41.55	1
470	469	2728	GCOBISA	JOXO	VUKANI	F	38	35-39F	2.41.55	1
471	297	215	TANIA	TRUTER	CSEP	F	44	40-44F	2.42.00	1
472	296	1655	ANITA	COETZER	MADIBA	F	43	40-44F	2.42.01	1
473	36	494	STEPHANIE	HAY	WALMER	F	60	60-64F	2.43.01	1
474	255	1233	CHRISTINE	FOURIE	ELITEAC	F	70	70+F	2.44.21	1
475	9	482	RITA	BOUCHER	WALMER	F	66	65-69F	2.44.33	1
476	76	1962	ANDRE	PIENAAR	BLUEBAY	M	53	50-54M	2.46.43	1
477	222	51056	NONTYISWA	QULU	REALGIJ	F	32	SF	2.47.29	0
478	434	1954	NWABISA	MSUTHWANA	BLUEBAY	F	36	35-39F	2.49.07	1
479	444	1347	ANDISWA	NCEZULA	NEDBANK	F	33	SF	2.49.09	1
480	82	1955	VICKI	REYNOLDS	BLUEBAY	F	52	50-54F	2.49.50	1
481	19	983	MARIUS	CROUCAMP	CHARLO	M	62	60-64M	2.51.34	1
482	75	500	ALAN	PENNEY	WALMER	M	69	65-69M	2.52.09	1
483	108	2359	DEIDRE	GERBER	MADIBAZ	F	45	45-49F	2.55.36	1
484	453	559	SILVIA	JONCK	RUN4C	F	55	55-59F	2.55.59	1
485	265	208	ANNA	WELGEMOED	CSEP	F	47	45-49F	2.57.05	1
486	471	192	HANNELIE	FERREIRA	CSEP	F	41	40-44F	2.57.06	1
487	498	702	VANESSA	BARKHUIZEN	CRUSADE	F	49	45-49F	2.57.22	1
488	250	1434	DIANNE	HARTZENBERG	NEDBANK	F	57	55-59F	2.57.43	1
489	29	1447	ANDRE	FOURIE	NEDBANK	M	69	65-69M	2.59.10	1
490	30	1446	HELEN	FOURIE	NEDBANK	F	46	45-49F	2.59.11	1
491	325	3317	NOMBULELO	NDZUZO	Ikhamva	F	35	35-39F	3.05.17	1
492	219	1249	RINA	BARNARD	ELITEAC	F	63	60-64F	3.14.08	1
HELPERS RUN										
H1	121	310	BENJAMIN	MIGGELS	MUIRITE	M	41	40-44M	1.41.25	2
H2	122	301	IAN	PATTERSON	MUIRITE	M	53	50-54M	1.47.41	2
H3	123	272	MARIUS	HITGE	MUIRITE	M	43	40-44M	1.53.48	1
H4	124	327	ELWIN	WOODS	MUIRITE	M	53	50-54M	1.53.48	2
H5	125	737	ROSEMARY	JOUBERT	CRUSADE	F	55	55-59F	2.00.58	2
H6	127	337	JOHANNES	HERBST	MUIRITE	M	70	70+M	2.06.04	1
H7	128	321	STEPHEN	PHILLIPSON	MUIRITE	M	52	50-54M	2.06.23	1
H8	129	2926	CHRISTOPHER	NJIKELANA	TPTACEP	M	45	45-49M	2.06.30	1
H9	130	288	WARREN	GRIFFITHS	MUIRITE	M	51	50-54M	2.10.23	1
H10	131	323	CLIVE	VAN RAYNER	MUIRITE	M	49	45-49M	2.12.50	1
H11	132	4132	JUAN	SWANEPOEL	TEMP	M	38	35-39M	2.13.00	0
H12	133	2095	CHRISTINE	SNYMAN	DESPATCH	F	60	60-64F	2.21.23	1
H13	134	1248	CHARLENE	DE CONING	ELITEAC	F	51	50-54F	2.21.47	1
H14	135	1571	DORIS	GERBER	NEDBANK	F	45	45-49F	2.21.47	1
H15	136	290	GAYNOR	NEL	MUIRITE	F	34	SF	2.22.00	1
H16	137	296	LIZ	GRUNDLINGH	MUIRITE	F	69	65-69F	2.30.00	1
H17	138	300	CAROL	BOOYSEN	MUIRITE	F	47	45-49F	2.30.00	1
H18	139	287	RIA	GREYLING	MUIRITE	F	55	55-59F	2.30.00	1

POS	R/NO	L/NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
H19	140	1679	GENEVIEVE	LAYCOCK	MADIBA	F	47	45-49F	2.31.10	1
H20	142	2092	VERONICA	BOSHOFF	DESPATCH	F	55	55-59F	2.34.42	1
H21	143	336	ARNOLD	RAS	MUIRITE	M	54	50-54M	2.36.30	1
H22	145	4145	ELAINE	HUMAN	TEMP	F	38	35-39F	2.37.03	0
H23	147	315	STEPHANUS	PRETORIUS	MUIRITE	M	59	55-59M	2.37.15	1
H24	148	331	MARGARET	DU TOIT	MUIRITE	F	55	55-59F	2.41.26	1
H25	149	311	NICKI	VAN NIEKERK	MUIRITE	F	62	60-64F	2.41.26	1
H26	150	644	WENDY	DENSTON	ASPEN	F	43	40-44F	2.41.30	1
H27	151	297	HILLARY	DE JAGER	MUIRITE	F	45	45-49F	2.47.24	1
H28	152	334	NEIL	GROBLER	MUIRITE	M	56	55-59M	3.00.10	1