

EP Championship | Prestige League Participation Event

HALF MARATHON 21.1KM / 5KM | ENTRY FORM

PLEASE TICK THE APPROPRIATE BLOCK:

MALE FEMALE 21.1KM 5KM



LICENCE NUMBER: _____

SURNAME: _____

FIRST NAME: _____

CLUB IN FULL: _____

DATE OF BIRTH: _____

AGE ON RACE DAY: _____

ID NUMBER: _____

POSTAL ADDRESS: _____

EMERGENCY CONTACT: _____ Nr: _____

I undertake to yield to traffic if I am still on the road after 3 hours and 30 minutes.

INDEMNITY/WAIVER

By entering this event I undertake to be bound by the rules and the regulations of the event including those of IAAF and ASA. I warrant that I am in good health and aware of the risks and dangers of physical nature of this sporting event, and do not claim ignorance of these risks and dangers. I hereby accept that I participate in the event entirely at my own risk and release and discharge, to the fullest extent allowed in law, the organisers of the event, all sponsors, persons and organisations assisting in the staging of the event, provincial and national athletics bodies and all local authorities from any responsibility, liability or costs relating to any injury, loss or damage of whatever nature, however caused, arising directly or indirectly from my participation in the event including pre- and post-race activities. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in the activity; MINOR RELEASE: and I, the minor's parent and/or legal guardian, understand the nature of athletic activities and the minor's experience and capabilities and believe the minor to be qualified, in good health, and in proper physical condition to participate in such activity and I enter into this indemnity/waiver on behalf of the minor.

SIGNATURE (PARENT IF UNDER 18)

LICENSED ATHLETES 65 YEARS AND OLDER ENTER FOR A REDUCED PRICE IN 21.1KM ONLY

21.1 KM ENTRY FEE: R120.00 (65 + yrs Reduced Price R60.00)	R
5 KM ENTRY FEE: R30.00	R
TEMP. LICENCE (ONLY 21.1KM): R40.00	R
TOTAL	R

GENERAL RULES

- Race held under the rules of ASA and the EPA. Athletes indemnify the National, Provincial and Regional Bodies, sponsors and organisers against all and any action of whatsoever nature, whatever same may be, arising out of their participation in the race.
- Races will start and finish at the Italian Club, Harold Road, Charlo, Port Elizabeth. 21.1km - 06h30 & the 5km - 07h00 on Saturday 30 May 2020.
- Club colours and 2020 licence number on front and back of the vest (21.1km).
- Temporary licence for 21.1km will be on sale at R40.00.
- Temporary licenced athletes must wear the issued number on the front of a plain vest or T-shirt.
- Age category tags to be worn to qualify for age category prizes and medals. Runners using a temporary licence shall produce proof of age on race day to qualify for prizes.
- Competitors must be 16 years of age or older. (21KM ONLY)
(9 Years of age or older 5km).
- No personal seconding allowed.
- All traffic officers and marshals must be obeyed at all times.
- Runners still on the road after 3 hours and 30 minutes will be regarded as non-finishers.
- Late entries taken and numbers collected at The Italian Club on Friday, 29 May 2020, from 17h00 – 19h00 as well as at the start on the morning of the race from 05h00 onwards.
- No earphones allowed.
- Closing date for Pre-entries is 27 May 2020 at the following sports shops:
Action Sports – Summerstrand
Brian Bands Sports – Cape Road
- Enter online at <https://sites.google.com/site/charloathleticclub/name> until 27 May 2020.
- Results will be available on the internet at www.whereinpe.co.za
- There will be water point +/- every 3km and litter bins at every water point.
- Walkers are welcome to start at 06h30.
- Toilets available. NO shower facilities.
- 19. Distance markers every 1 km. Refuse bins are available on the route. Please discard used water sachets into these bins. Failure to do so will result in disqualification.**
- Prize giving at 09h00.
- General Enquiries:**
Eusentha Pillay **084 665 0910** | Lisa Hen-Boisen **082 445 8866**



**SCAN ME
to enter
online!**

